

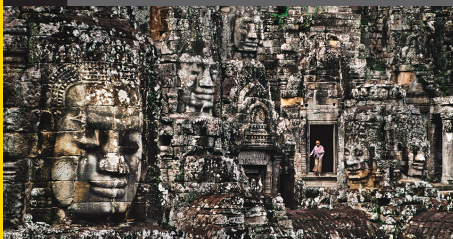





Unit	Unit Goals	Grammar	Vocabulary
1 Food for Life Page 2 	<ul style="list-style-type: none"> • Contrast General and Current Actions • Describe Regional Foods • Describe Favorite Dishes • Discuss Diet Trends • Give Details to Support Your Ideas 	Verb Tense Review: Simple Present and Present Continuous <i>I almost never buy fruit at the supermarket.</i> <i>My father is buying all our food at the farmers' market.</i> Simple Past (Regular and Irregular) <i>We walked to the restaurant last night.</i>	Healthy Diets Types of Food
2 Express Yourself Page 16 	<ul style="list-style-type: none"> • Talk about Yourself • Make Small Talk with New People • Start a Conversation • Discuss Endangered Languages • Give Examples 	The Present Perfect vs. The Simple Past <i>He has traveled to many countries.</i> <i>We met 10 years ago.</i> <i>Already, Yet, Ever, and Never + the Present Perfect</i> <i>We've already finished this unit.</i>	Culture and Communication Starting a Conversation
3 Cities Page 30 	<ul style="list-style-type: none"> • Make Predictions about Your City or Town • Explain What Makes a Good Neighborhood • Discuss the Pros and Cons of City Life • Evaluate Solutions to a Problem • Explain What Makes a Good City 	Future with <i>Will</i> <i>Cities will be noisier in the future.</i> <i>Will + Time Clauses</i> <i>Before I move to the city, I'll look for a job.</i>	Changing Cities City Life
4 The Body Page 44 	<ul style="list-style-type: none"> • Discuss Ways to Stay Healthy • Talk about Healthy Lifestyles • Suggest Helpful Natural Remedies • Describe the Benefits of a Positive Attitude • Explain an Idea Using Details 	The Comparative, Superlative, and Equative <i>Henry is healthier than his father.</i> Infinitive of Purpose <i>You can drink tea with honey to help a sore throat.</i>	Human Organs Everyday Ailments
5 Challenges Page 58 	<ul style="list-style-type: none"> • Talk about Facing Challenges • Describe Past Accomplishments • Use <i>Too</i> and <i>Enough</i> to Talk about Abilities • Discuss Steps Toward a Goal • Describe a Personal Challenge 	Past Continuous vs. the Simple Past <i>I saw him yesterday. He was riding a bike.</i> Past Continuous with the Simple Past <i>We were eating dinner when you called.</i> <i>Enough, Not Enough, Too + Adjective</i> <i>He was old enough to sail alone.</i>	Physical and Mental Challenges Phrasal Verbs
6 Transitions Page 72 	<ul style="list-style-type: none"> • Talk about Different Stages in Your Life • Talk about the Best Age to Do Something • Ask Questions to Get More Information • Discuss Changes Caused by Technology • Describe an Important Transition in Your Life 	The Past Perfect <i>I had lived alone before I moved to Mexico.</i> <i>How + Adjective or Adverb</i> <i>How tall is he?</i>	Describe Life Events Adjectives for Age

Listening	Speaking and Pronunciation	Reading	Writing	Video Journal
General and Focused Listening An Interview: Rice Farming	Comparing Diets Discussing Types of Food Linking Words Together	The Paleo Diet: Natural and Healthy?	Writing Main Ideas and Supporting Details	Wide Awake Bakery This National Geographic Short Film Showcase video describes how baking delicious bread can change your life.
General and Focused Listening Conversations: Small Talk	Talking about Yourself Starting a Conversation <i>Have</i> or <i>Has</i> vs. Contractions	Endangered Languages	Giving Examples	Marie's Dictionary This National Geographic Short of the Week video, describes Marie's efforts to archive her native Wukchumni language and save her language and culture for others.
General and Focused Listening A Radio Interview: Jardin Nomade in Paris	Discussing the Future of Your City Describing the Pros and Cons of Cities Stressed Syllables Before <i>-tion</i> Suffix	Streets for People	Writing a Paragraph With a Good Topic Sentence	How to Reinvent the Apartment Building In this TED Talk, Moshe Safdie talks about reinventing high-rise apartment buildings and making them better.
Focused Listening Discussions: Different Lifestyles	Talking about Staying Healthy Suggesting Easy Remedies Linking with the Comparative and Superlative	Attitude Is Everything	Writing a Paragraph Using Supporting Details	Living Beyond Limits In this TED Talk, Amy Purdy explains how obstacles can help us be creative.
General and Focused Listening An Interview: Dr. Jenny Daltry: Wildlife Conservationist and Ecologist	Discussing Challenges Talking about Abilities Words That End in <i>-ed</i>	Making a Difference	Writing a Paragraph about a Challenging Experience	Success Story: Recycling in the Philippines In this National Geographic video, we learn how communities in the Philippines created a solution for discarded plastic fishing nets.
General and Focused Listening Conversation: Becoming an Adult	Talking about Events in Your Life Getting More Information The Schwa Sound /ə/ in Unstressed Syllables	Innovation in Africa	Writing a Paragraph to Describe a Life Transition	The Magic Washing Machine In this TED Talk, Hans Rosling explains the incredible effect a simple machine can have on our lives.

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7 Things that Matter Page 86 	<ul style="list-style-type: none"> • Discuss Spending Habits • Talk about Needs and Wants • Discuss What Makes People's Lives Better • Talk about Different Lifestyles • Set Priorities 	Passive Voice (Present Tense) <i>A large amount of plastic is thrown away every day.</i> Passive Voice with <i>By</i> <i>The plastic bottles are washed by powerful machines.</i>	Spending Habits Irregular Past Participles
8 Conservation Page 100 	<ul style="list-style-type: none"> • Talk about Consequences • Discuss Ways to Solve Future Problems • Describe a Situation • Discuss Conservation Projects • Explain a Conservation Issue 	Real Conditionals in the Future <i>If we don't control pollution, more sea animals will become extinct.</i> Review of Quantifiers <i>There are too many endangered species.</i>	Climate Change Adverbs of Manner
9 Life Now and in the Past Page 114 	<ul style="list-style-type: none"> • Discuss Life in the Past • Contrast Different Ways of Life • Talk about How Things Were Done in the Past • Discuss Historical Facts • Describe a Historical Wonder 	<i>Used to</i> <i>People used to travel by horse and cart.</i> Passive Voice in the Past <i>A large amount of plastic bags were used every day.</i>	Life in the Past Separable Phrasal Verbs
10 Travel Page 128 	<ul style="list-style-type: none"> • Talk about Organizing a Trip • Talk about Different Kinds of Vacations • Use English at the Airport • Discuss Travel • Describe a Cultural Event 	Expressing Necessity <i>I must make a reservation.</i> Expressing Prohibition <i>You must not take pictures here.</i>	Travel Preparations At the Airport
11 Careers Page 142 	<ul style="list-style-type: none"> • Discuss Career Choices • Ask and Answer Job-Related Questions • Talk about Career Planning • Explain New Careers • Create a Personal Profile 	Modals for Giving Advice <i>You should choose a career that fits your personality.</i> Indefinite Pronouns <i>Everyone in the audience was laughing.</i>	Careers and Jobs Participial Adjectives
12 Celebrations Page 156 	<ul style="list-style-type: none"> • Describe a Celebration • Compare Holidays in Different Countries • Express Congratulations and Good Wishes • Talk about Rituals • Share Opinions about Holidays 	Comparisons with <i>as ... as</i> <i>New Year's is as exciting as Independence Day.</i> <i>Would rather</i> <i>I'd rather have a big party.</i>	Festivals and Holidays Expressions for Celebrations

Listening	Speaking and Pronunciation	Reading	Writing	Video Journal
General and Focused Listening Discussions: Needs and Wants	Discussing Spending Habits Talking about Priorities Content vs. Function Words	A Zero-Waste Lifestyle	Writing about Your Future Life	The Dogist In this National Geographic Short Film Showcase video, Elias Weiss Friedman explains how he finds happiness while taking photos of dogs.
General and Focused Listening A Radio Program: The Bluefin Tuna	Talking about Issues That Affect Nature and Their Consequences Talking about Protecting Animals Phrases in Sentences	Making a Difference	Writing a Paragraph about an Environmental Issue	Life Lessons from Big Cats In this TED Talk, Beverly and Dereck Joubert explain how getting to know the personalities of big cats can help protect Africa.
General and Focused Listening A Talk: The Sami People	Comparing Life Now and in the Past Discussing How Things Used to Be in the Past Reduction of <i>Used to</i>	The Silk Routes	Writing a Paragraph on One of the New 7 Wonders of the World	Searching for Genghis Khan In this National Geographic Learning video, Albert Lin talks about the power of technology and the contributions of non-scientists in the search for historical sites.
General and Focused Listening Conversations: Vacations	Discussing Preparing for a Trip Describing Things You Do at the Airport Reduction of <i>have to</i> and <i>has to</i>	Four Reasons Why Traveling Is Good for You	Writing a Travel Blog	Why Art Thrives at Burning Man In this TED Talk, Nora Atkinson describes how curiosity and engagement are inspired by this art festival.
General and Focused Listening An Interview: A Restaurant Owner in Thailand	Discussing Career Choices Talking about Career Planning Intonation in Questions	Changing Careers	Writing a Personal Profile	Joel Sartore: The Photo Ark In this National Geographic video, Joel Sartore talks about his work documenting animal species.
General and Focused Listening Discussions: Local Celebrations or Holidays	Describing Celebrations Expressing Congratulations and Good Wishes Question Intonation with Lists	The Rituals of Life Events	Writing a Substantiated Opinion	Dance of the Flyers: Jacinta's Journey In this National Geographic Short Film Showcase video, Jacinta describes her journey as the first female flyer in Mexico.