

1 Read.



Why is Julia so upset?

She had been waiting for her dad to arrive, but he had to work late.

Past perfect continuous

We use the **past perfect continuous** to

- emphasise the duration of an action that was in progress before another action or time in the past.
*I **had been waiting** for Jane for half an hour before she finally arrived.*
- talk about an action that was in progress in the past which affected a later action or state.
*Our neighbours **had been making** a lot of noise, so we finally called the police.*

We form the affirmative with **had been** and the main verb with the ending **-ing**.
*Jennifer **had been shopping** for hours before she went home.*

In the negative form we use **hadn't been** and the main verb with the ending **-ing**.
*Paul **hadn't been working** for very long when he got a promotion.*

In the question form we use **had been** and the main verb with the ending **-ing**. In short answers we only use **had**. We don't use the main verb.

Had you been watching TV all evening before you went to bed?
*Yes, I **had**.*

Time expressions

We use the following **time expressions** with the **past perfect continuous**: **all day, for weeks/ages/a (very) long time, since four o'clock, at the time.**

Affirmative	Negative	Question	Short answers	
I had been waiting	I hadn't been waiting	Had I been waiting ...?	Yes, I had.	No, I hadn't.
you had been waiting	you hadn't been waiting	Had you been waiting ...?	Yes, you had.	No, you hadn't.
he had been waiting	he hadn't been waiting	Had he been waiting ...?	Yes, he had.	No, he hadn't.
she had been waiting	she hadn't been waiting	Had she been waiting ...?	Yes, she had.	No, she hadn't.
it had been waiting	it hadn't been waiting	Had it been waiting ...?	Yes, it had.	No, it hadn't.
we had been waiting	we hadn't been waiting	Had we been waiting ...?	Yes, we had.	No, we hadn't.
you had been waiting	you hadn't been waiting	Had you been waiting ...?	Yes, you had.	No, you hadn't.
they had been waiting	they hadn't been waiting	Had they been waiting ...?	Yes, they had.	No, they hadn't.

2 Complete the sentences with the past perfect continuous. Use the verbs in brackets.

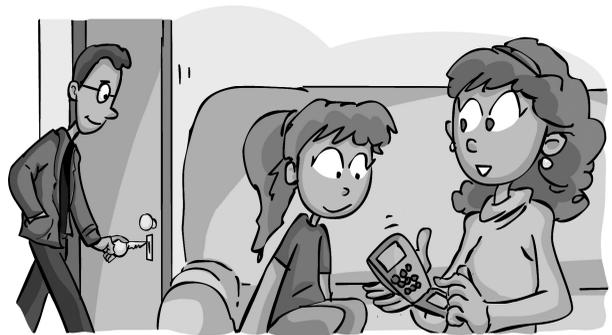
- 1 Billy had been working on a farm before he moved to the city. (work)
- 2 Marcia _____ all night before she saw the lights of the city. (drive)
- 3 I _____ on the rooftop for very long when it started to rain! (not sit)
- 4 We _____ the hospital for two hours before the ambulance finally arrived. (phone)
- 5 Tim and Wendy _____ tennis for long when Wendy hurt her leg. (not play)
- 6 Our teacher _____ about the pros and cons of exams all morning when suddenly there was a power cut. (talk)

3 Look at the pictures and complete the sentences with the correct form of the past perfect continuous. Use these verbs.

argue not talk ~~not wait~~ rely show study



- 1 Grandma hadn't been waiting for a long time when the bus arrived.



- 4 Mum _____ me how to use my new mobile phone just before Dad came home.



- 2 The girls _____ about what colour to paint their room before they agreed to paint it yellow.



- 5 Gemma fell asleep during the test because she _____ all night!



- 3 Joe _____ on his parents to drive him everywhere before he passed his driving test.



- 6 Kerry and Lily finally made up. They _____ for weeks!

4 Complete the questions with the past perfect continuous and the words in brackets. Then complete the short answers.

- 1 Had you been walking the dog before I arrived? (you / walk)
Yes, I had.
- 2 _____ in an office before he became a teacher? (Jack / work)
No, _____.
- 3 _____ in the fields when she found the stray cat? (Teresa / cycle)
Yes, _____.
- 4 _____ at Newcastle University before you moved to Manchester? (you / study)
No, _____.
- 5 _____ for a long time before she opened the door? (Clare's classmates / knock)
Yes, _____.

5 Complete the dialogue with the past perfect continuous. Use the verbs in brackets.

Freddie: How was your summer in New York?

Alice: Good.

Freddie: Good? You (1) 'd/had been talking (talk) about it day and night before you left!

Alice: I know. The truth is, I (2) _____ (look forward to) it for ages. I (3) _____ (not think) about anything else.

Freddie: I remember! And for a very long time, your cousin Trish (4) _____ (boast) about how big her college was and how great life was in New York.

Alice: Mm.

Freddie: So, isn't life great in The Big Apple?

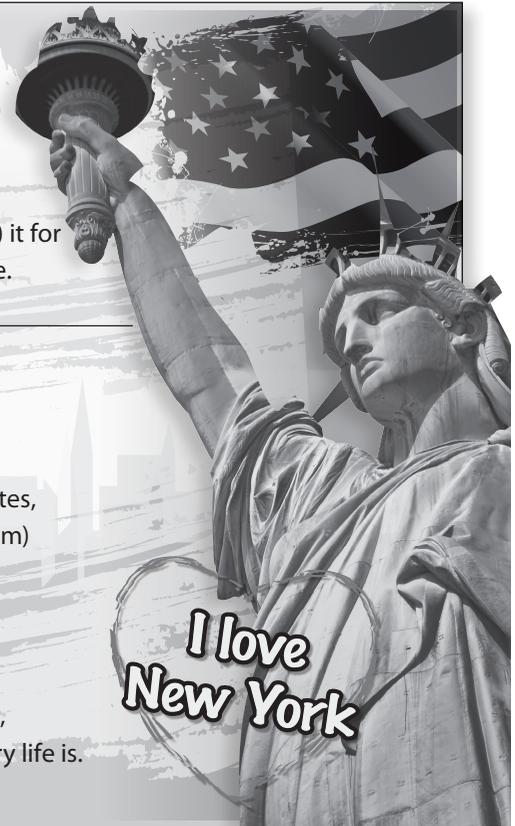
Alice: Well, it is. New York is amazing. It's absolutely beautiful, with many historic sites, museums and beautiful parks. I (5) _____ (dream) of walking through Central Park for years!

Freddie: So?

Alice: It made me realise how lucky we are to live in the countryside.

Freddie: I know. Trish doesn't think so though, does she? Before she went to the States, she (6) _____ (complain) about how dull country life is.

Alice: You're right! Trish loves it there.



6 Say it! Look at these pictures with you partner. Talk about what the children had been doing when the storm struck.



Some boys had been playing football when the storm struck.



These girls had been playing tennis when the storm struck.

Lesson 2

1 Read.



Past perfect simple

We use the **past perfect simple** to talk about

- something that happened in the past before another action in the past.
*I **had set** the security alarm before I left home.*
- something that happened before a specific time in the past. We often use the word **by** to mean before or not later than.
*By ten o'clock yesterday morning, we **had done** our shopping.*
- something that happened in the past and had an effect on a later action.
*Julie **had won** a lot of money so she decided to buy an apartment in the city centre.*

See the list of past participles on page 159.

Time expressions

We use the following **time expressions** with the **past perfect simple**: **after, already, as soon as, before, by (time or date), just, when.**

*Janet had **just** sat down when the phone rang.*

*Brian had **already** handed in his assignment.*

Affirmative	Negative	Question	Short answers	
I had found	I hadn't found	Had I found ...?	Yes, I had.	No, I hadn't.
you had found	you hadn't found	Had you found ...?	Yes, you had.	No, you hadn't.
he had found	he hadn't found	Had he found ...?	Yes, he had.	No, he hadn't.
she had found	she hadn't found	Had she found ...?	Yes, she had.	No, she hadn't.
it had found	it hadn't found	Had it found ...?	Yes, it had.	No, it hadn't.
we had found	we hadn't found	Had we found ...?	Yes, we had.	No, we hadn't.
you had found	you hadn't found	Had you found ...?	Yes, you had.	No, you hadn't.
they had found	they hadn't found	Had they found ...?	Yes, they had.	No, they hadn't.

2 Complete the sentences with the past perfect simple. Use the verbs in brackets.

- 1 When I arrived home, I realised I 'd/had forgotten my bag on the bus. (forget)
- 2 Mandy felt terrible because she _____ all night. (not sleep)
- 3 I only understood the film because I _____ the book. (read)
- 4 As soon as I _____ the room, my mum called me back. (leave)
- 5 Sebastian _____ the car when it started to rain. (just wash)
- 6 Tim _____ the question until Mr Jones explained it to him. (not understand)

3 Write questions.

- 1 Had you fallen asleep by ten o'clock last night?
Yes, I had fallen asleep by ten o'clock last night.
- 2 _____
No, Christine hadn't stayed on a farm before.
- 3 _____
Yes, our grandparents had lived in Ireland before we were born.
- 4 _____
No, they hadn't eaten all the ice cream before I arrived.
- 5 _____
Yes, I had just moved house when I met Sue.
- 6 _____
Yes, I had already replied to his email.

Past perfect simple vs past perfect continuous

We use both the **past perfect simple** and **past perfect continuous** to talk about actions that happened in the past before another past action.

*Natalie **had finished** her project before she went out.*

*We **had been waiting** for ages before the doctor arrived.*

However, we use the **past perfect continuous** to emphasise how long the first action was in progress for.

*My classmates and I **had been raising** money for stray animals for a very long time.*

We also use the **past perfect continuous** to show that we don't know whether the action was completed or not.

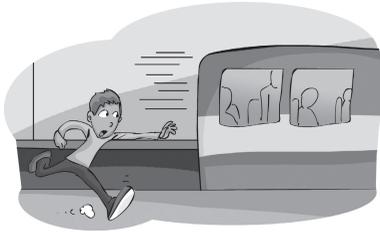
*Jason **had been exercising**, so he was tired.*

4 Circle the correct words.

- 1 Before we moved to the city, my family and I had always liked / **had always been liking** living in the suburbs.
- 2 I **had studied** / **had been studying** at the library all morning when I decided to take a break.
- 3 My classmates and I **hadn't noticed** / **hadn't been noticing** the adventure playground before Dad showed it to us.
- 4 Before I joined the local gym, I **hadn't realised** / **hadn't been realising** how important exercise is.
- 5 The children were exhausted because they **had swum** / **had been swimming** all afternoon.
- 6 The dog **had dug** / **had been digging** all morning before it finally found its bone.

5 Look at the pictures and complete the sentences with the correct form of the past perfect simple or the past perfect continuous. Use these verbs.

depart do do miss not leave train



1 When Tom got to the station the train had departed.



2 Mandy realised how much she _____ the peace and quiet of the countryside.



3 Dad was very tired at lunch. He _____ the gardening all morning.



4 Josh was angry as his little brother _____ him any biscuits.



5 Marcus was exhausted because he _____ all morning.



6 The children _____ the experiment before they wrote the report.

6 Complete the diary entry with the past perfect simple or the past perfect continuous. Use the verbs in brackets.

Last week, my cousin Oscar, who lives in a village, came to stay with me for the weekend. I (1) d/had been wondering (wonder) where to take him for hours when Oscar suggested going to the zoo. I (2) _____ (never be) keen on zoos, but Oscar (3) _____ (not visit) a zoo before, so we decided to go.

After we (4) _____ (travel) on the bus for an hour, we arrived at the zoo. There are many animals and exotic birds, and I was surprised because I (5) _____ (realise) how big the park was.

After Oscar and I (6) _____ (walk) around for hours, we decided to sit down and have a drink at the café. It was very peaceful and relaxing. Later, we continued walking and we saw some beautiful lions, tigers, zebras, bears and a giraffe. Oscar (7) _____ (not see) a giraffe before and he was thrilled!

I (8) _____ (never want) to visit a zoo, but I really enjoyed this experience.



7 Say it! Tom had lots of things to do before he went on holiday. Look at his list below and talk to you partner about what he had and hadn't done before he left for the airport.



Tom had packed his suitcase before he left for the airport.

Tom hadn't watered the plants before he left for the airport.

Lesson 3

1 Read.



The indefinite article

We use the **indefinite articles a/an**

- with a singular countable noun when we mention it for the first time.
*This is **an** amazing adventure park.*
- with a singular countable noun when making a general statement.
*You don't need **a** car in the city centre.*
- with nouns which refer to professions, nationalities or religions.
*Mr Greenhalf is **a** French teacher.*
*Philip is **an** American.*
- with certain numbers instead of **one**, and some quantifying phrases such as: **a thousand**, **twice a week**, **once an hour**, etc.
*Mum drives to work **once a week**.*

We don't use the indefinite articles **a/an** with

- plural countable nouns or uncountable nouns.
We always drink milk for breakfast.
- adjectives which aren't followed by a noun.
My cousin is adventurous!
- the names of meals, unless there is an adjective before them.
Can you come to my house for dinner?
*Mum cooked **a** lovely meal last night.*

Remember!

When a word begins with a vowel, but the vowel sounds like a consonant in the word, we use **a**.
Jennifer is **a** university graduate.

When a word begins with a consonant, but the consonant sounds like a vowel in the word, we use **an**.
I want to buy **an** MP4 player.

2 Complete the sentences with **a**, **an** or **-**.

- 1 Catherine's dad is an architect.
- 2 There's _____ great funfair just outside the city centre.
- 3 Our teacher is going to take us out for _____ lunch.
- 4 The flight to Paris is approximately _____ hour long.
- 5 Dad takes _____ sugar with his coffee.
- 6 I really need _____ new sofa for the living room.
- 7 We go skiing in the Swiss Alps once _____ year.
- 8 William wrote _____ interesting story.

The definite article

We use the **definite article the**

- with singular and plural countable and uncountable nouns to talk about something specific or when we mention something for a second time.

*Can you pass me **the** salt, please?*

*Mum bought me a T-shirt. **The** T-shirt is really cool.*

- before unique nouns, names of hotels, theatres and musical instruments.

*We haven't seen **the** sun for three days because it's been raining!*

*Are you staying at **the** Marriott Hotel?*

*Salma plays **the** trumpet.*

- for historical periods or events.

*At the moment, we're learning about **the** Middle Ages.*

- for groups of islands, mountain ranges, rivers and deserts.

*We're renting a house on one of **the** Greek islands.*

*Kate is doing a project on **the** Sahara Desert.*

- before superlatives.

*This is **the** most beautiful view I've ever seen.*

- before nationalities.

***The** Spanish are keen on football.*

- with dates and with the words **morning, afternoon, evening** and **night**.

*Amy was born on **the** 6th of November.*

- with adjectives referring to a group of people.

*We really should help **the** homeless more.*

We don't use the **definite article** with

- proper nouns.

James is a talented table tennis player.

- the names of sports, games, colours, days, months, holidays, subjects of study and languages (not followed by the word **language**).

Kylie plays ice-hockey for the national team.

*Luke speaks French. (But Luke speaks **the** French language.)*

- names of most countries (but the USA, the Netherlands), cities, streets (but the High Street), parks, bridges, islands, lakes and continents.

Marcus was born in Beirut.

We'll meet you at the café on Bond Street.

- with the words **school, hospital, prison, university** when they are used as a general term.

Helen's been at university for two years.

3 Complete the sentences with **the** or **-**.

- 1 My grandparents moved to _____ **the** _____ United States after _____ **the** _____ Second World War.
- 2 Every year, Elisa travels to _____ Sweden.
- 3 _____ Saturday is my favourite day of the week.
- 4 Is _____ head teacher at your school Australian?
- 5 This is _____ most spectacular concert I've ever been to!
- 6 We went on a boat trip along _____ River Nile.
- 7 Many people can speak _____ English language.
- 8 I used to love playing _____ hide-and-seek.

4 Complete the text with **a, an, the** or **-**.

Mount Snowdon is (1) _____ **the** _____ highest mountain in Wales and one of (2) _____ highest mountains in (3) _____ Great Britain. It is located in (4) _____ national park and is about 250 miles away from (5) _____ Cardiff, (6) _____ Wales' capital city.

In the past, (7) _____ only way to the top was on foot. Nowadays, there is (8) _____ railway.

Thousands of people climb (9) _____ mountain every year to enjoy (10) _____ amazing view.

5 Circle the correct words.

- 1 We're going backpacking around **Greek Islands** / the Greek Islands this summer.
- 2 Have you ever seen **an eagle** / **eagle**?
- 3 At the moment, we are learning about **the Battle of Trafalgar** / **Battle of Trafalgar** in history.
- 4 We have raised a large amount of money to help **the poor** / **poor**.
- 5 We had **a beautiful breakfast** / **beautiful breakfast** on the roof garden.
- 6 The new play is on at **Orion Theatre** / **the Orion Theatre**.

6 The words in bold are wrong. Write – or the correct words.

- 1 Let's go to **a** new shopping mall this afternoon. It's just opened!
- 2 These are **a** worst living conditions I have ever seen.
- 3 My parents and I are travelling to **the** Sharm El-Sheikh this summer.
- 4 Can you come to our country house for **the** lunch next Saturday?
- 5 This is **the** very nice violin.
- 6 Harry graduated from university and he became **the** lawyer.

_____ **the** _____

7 Say it! Talk to your partner about what you know about these places.

Everest

The River Nile

Adventure Park

Paris

New York

Petra

Library

The Alps

The Zoo

Mount Everest is the tallest mountain in the world.

Paris is a city in France.

Review

1 Complete the sentences with the present perfect simple. Use these verbs.

be buy give not finish take part visit

- 1 I 've/have never visited such a picturesque village before!
- 2 My classmates and I _____ in three competitions this year.
- 3 I _____ my homework yet.
- 4 My grandparents _____ just _____ a new apartment near the botanical gardens.
- 5 You _____ in the adventure park since eleven o'clock this morning! Aren't you tired?
- 6 The government _____ our local community some money for bicycle lanes.

2 Complete this text with the present perfect continuous. Use the verbs in brackets.

My family and I (1) have been looking for (look for) a cottage in Devon, but they all seem to be very expensive. We chose Devon because we (2) _____ (spend) our weekends there for years now. We all like peaceful weekends away from the hustle and bustle of the city centre. Dad and Joe, my brother, enjoy walking, and for the past three years, they (3) _____ (trek) with a group of people from the area. We (4) _____ (argue) about where to buy this cottage, as Dad, Mum and Joe want to be near the hills, but my sister and I (5) _____ (hope) to find a house nearer to the sea. We enjoy swimming and water sports. My sister (6) _____ (dive) since she was very young and I (7) _____ (sail) for two years. At the moment, we can't find anything, so we (8) _____ (stay) in a little hotel. I hope we find something soon.

3 Complete the dialogue with the present perfect simple or the present perfect continuous. Use the verbs in brackets.

Rosie: Billy, I think we (1) 've/have finally found (find) a solution for homeless people in our community.

Billy: Really? That's great. We (2) _____ (try) for so long!

Rosie: I spoke to the mayor and he (3) _____ (agree) to provide money for a shelter. He also wants to encourage residents to raise money for homeless people.

Billy: We (4) _____ (disagree) about this issue for the past year. Why (5) _____ he suddenly _____ (decide) to help?

Rosie: For a very long time, many people (6) _____ (complain) about the number of people living on the streets. I think he (7) _____ finally _____ (realise) how serious the problem is. We're meeting later on to discuss how to raise the money.

Billy: I'll come, too. We (8) _____ (worry) about this problem for ages!

4 The words in bold are wrong. Write the correct words.

- 1 This house, **where** has got a rooftop garden, is extremely expensive. _____ which _____
- 2 That's the girl **whom** won the scholarship to study abroad. _____
- 3 The botanical garden, **which** there is a huge variety of tropical plants, is on the outskirts of the city. _____
- 4 Can you please tell me the time **which** the library opens? _____
- 5 I know the lady **that** son owns a pet tarantula. _____
- 6 The sports centre, in **where** there'll be many new facilities, should open by the end of the year. _____

5 Choose the correct answers.

- Sam is _____ to go to the sports centre.
a enough tired
b too tired
c tired enough
- I'm not keen on the inner city. It's just _____ for me.
a noisy enough
b too noisy
c enough noisy
- There aren't any big animals in the country park. It is _____.
a not large enough
b too large
c small enough
- My neighbourhood is dull as there _____.
a aren't enough facilities
b are too many facilities
c are enough facilities
- You'll easily get into the local university. You're _____.
a too clever
b clever enough
c not clever enough
- This river is _____ to swim in. Let's go to the swimming pool.
a polluted enough
b enough polluted
c too polluted

6 Complete the sentences with the past perfect continuous. Use the words in brackets.

- Rosie and Clare had been talking during yesterday's lesson so they hadn't heard about today's test. (talk)
- _____ for long when the coach arrived? (you / practise)
- The local community _____ a new library before they ran out of money. (build)
- We were exhausted last night. We _____ the gardening all afternoon. (do)
- _____ for long before he found his way out of the maze? (Johnny / walk)
- Mum _____ for long before Dad got home. (not cook)
- Sarah _____ all day, so she was very tired. (study)
- _____ for long when she finally arrived? (you / wait)

7 Circle the correct words.

- Before last night, I hadn't watched / hadn't been watching a 3D film on TV.
- We **had hiked** / **had been hiking** all morning when we finally saw a café.
- Had Mr Terry taught** / **Had Mr Terry been teaching** for years before he decided to retire?
- Until I saw Max bungee jump off the bridge, I **had never wanted** / **had never been wanting** to try it myself.
- Mrs Robinson **had never realised** / **had never been realising** how dull the programme was.
- Harriet and James got home late. They **had sold** / **had been selling** tickets all evening.
- Mum **had cleaned** / **had been cleaning** the house all day before the guests arrived.
- I **had been seeing** / **had seen** that film before.

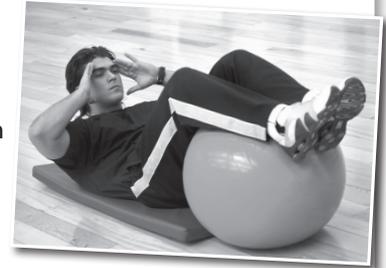
8 Complete the article with *a, an, the* or *-*.

PILATES



If you want to strengthen your muscles, Pilates is (1) _____ **a** _____ great idea. It is (2) _____ system of physical fitness, which has improved (3) _____ lives of people of all ages all over (4) _____ world.

People started practising (5) _____ Pilates in (6) _____ early twentieth century, when (7) _____ gymnast Joseph Pilates invented the system. His aim was to unite our body and mind, and therefore (8) _____ lot of concentration is required. (9) _____ basic aim of Pilates is to help you breathe properly and strengthen your muscles, making you feel healthier all round. It really is worth (10) _____ try, so why not give it a go!



WRITING PROJECT

9 Look at a project about the Old Town of Heidelberg. Choose the correct answers.

The Old Town of Heidelberg

The Old Town or Altstadt of Heidelberg is located on the southern side of (1) _____ Neckar River. It is (2) _____ beautiful town and many visitors walk through the maze of cobbled streets and admire the historical architecture. For example, the city hall, which (3) _____ in its present form since 1701; the Haus zum Ritter, which is one of (4) _____ oldest buildings in Heidelberg; and the Ruprecht Karls University, which dates back to the late 14th century, to name just a few.

Visitors can follow (5) _____ Hauptstrasse, (6) _____ is the city's high street, all the way to the ruins of the famous Heidelberg Castle. They can also visit antique shops, art galleries, trendy boutiques and department stores. Or they can just enjoy the view sitting at one of the many cafés. The Café Knoesel was opened in 1863 and (7) _____ popular. It is famous for its delicious chocolate praline.

Locals and visitors alike can enjoy the various events that take place during the year, such as the Heidelberg Castle Festival, which has fascinating theatrical productions and open-air events, and the Heidelberg Autumn Fair, (8) _____ people can try local specialities.



- | | | |
|-------------|-------------------|--------------------|
| 1 a - | b a | c the |
| 2 a - | b a | c the |
| 3 a exists | b has existed | c had existed |
| 4 a - | b a | c the |
| 5 a - | b a | c the |
| 6 a that | b where | c which |
| 7 a will be | b has always been | c have always been |
| 8 a that | b which | c where |

10 Now it's your turn to do a project about a town. Find or draw a picture of the town and write about it.