Letter-formation words (in frequency order)

s up and round and down and round and up.
S the same as for the lower case letter.
t down and out, to the middle, across.
T across, then down.
p down and up and round and down and up.
P the same as for the lower case letter.
a up and round and down and up and down and out.
A down, to the top, down, to the middle, across.
i down and out, to the top, dot.
I down, to the top, across, to the middle, across.
n down and up and round and down and out.
N down, to the top, down and up.
m down and up and round and down and up and round and down and out.
M down, to the top, down and up and down.
d up and round and down and round and up and down and out.
D down, to the top, round and down and round.
o up and round and down and round and up.
O the same as for the lower case letter.
b down and up and round and down and round.
B down, to the top, round and down, and round and down.
c up and round and down and round.
C the same as for the lower case letter.
k down, to the top, down to the middle and down.
r down and up and across.
R down, to the top, round and down, and down.
e across and up and round and down and round.
E down, to the top, across, to the middle, across, to the bottom, across.
h down and up and round and down and out.
H down, down, to the middle, and across.
u down and round and up and down and out.
U down and round and up.
g up and round and down and round and up and down and back and out.
G up and round and down and round and up, to the middle and across.
f up and round and down and back and out, to the middle, across.
F down, to the top, across, to the middle, across.
j down and back and out, to the top, dot.
J down and round and back and up, to the top, across.
l down and out.
L down and across.
v down and up.
v down and up.
y down and round and up and down and back and out.
Y down, to the top and down and down.
x down, to the top and down.
X the same as for the lower case letter.
w down and up and down and up.
W the same as for the lower case letter.
qu up and round and down and round and up and down and out. Then: down and round and up and down and out.
QU Up and round and down and round and up, to the middle and down. Then: down and round and up.
Z Across and back and across
Z the same as for the lower case letter

Numbers

0 Up and round and down and round and up.
1 Start at the top, and down.
2 Up and round and down and across.
3 Up and round and down and round, up and round and down and round.
4 Down and across, to the middle and down.
5 Down, up and round and down and round, to the top, and across.
6 Down and round.
7 Across and down.
8 Round and down and round and up.
9 Up and round and down and round and up, and down

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