

New Close-up A2

Unit 7

Time to relax

Reading

Pages 78–79

7.1 collect (v) /kə'lekt/ - sbírat

to find and keep things of a particular kind as a hobby • *My dad likes collecting stamps from different countries.* ➤ collection, collector (n) ❖

7.2 reading (n) /'ri:diŋ/ - čtení

the activity of reading books as a hobby • *Sam's favourite hobby is reading, so he spends a lot of time at the library.* ➤ read (v), reader (n) ❖

7.3 blog (n) /blɒg/ - blog

a text on a website about events, opinions, etc. • *Have you read my new blog about the travels of Heracles?* ➤ blog (v), blogger (n) ❖

7.4 snowboarding (n) /'snəʊbɔ:diŋ/ - snowboarding

the sport of riding a board on snow down a hill • *Did you know that snowboarding is a sport in the Winter Olympics?* ➤ snowboard (v, n), snowboarder (n) ❖

7.5 windsurfing (n) /'wɪndzɜ:fɪŋ/ - windsurfing

the sport of standing on a board that has a sail to move across water with the power of the wind • *Lots of people go sailing or windsurfing on the lake at weekends.* ➤ windsurf (v), windsurfer (n) ❖

7.6 card (n) /kɑ:d/ - karta

a piece of hard paper that has a picture on the front and sometimes has a message inside or on the back • *My uncle keeps all his birthday cards in this box.* ❖

7.7 comic book (n) /'kɒmɪk bʊk/ - komiks

a magazine that tells stories with pictures, usually for children • *Do you like reading comic books like Superman or Wonder Woman?* ➤ comic, comical (adj), comic (n) 📖 Syn: comic (UK English) ❖

7.8 passion (n) /'pæʃn/ - vášně

sth you love doing, like an activity or hobby • *Leo's always had a passion for football.* ➤ passionate (adj) ❖

7.9 make a difference (phr) /'meɪk ə 'dɪfrəns/ - změnit k lepšímu

to change sth in a way that makes it better • *The internet has made a difference to the way people communicate.* ❖

7.10 broken (adj) /'brəʊkən/ - rozbitý
not working in the correct way; hurt or damaged • *I can't send a text with my phone because the screen is broken.* ➤ break (v, n) ❖

7.11 radio (n) /'reɪdiəʊ/ - rádio

a machine used for listening to or sending sounds, like music, news programmes or plays • *My mum listens to the news on the radio every morning.* ❖

7.12 battery (n) /'bætri/ - baterie

sth that you put in a machine or device to give it electricity to make it work • *The TV remote control isn't working because it needs new batteries.* ❖

7.13 provide (v) /prə'vaɪd/ - poskytnout
give sth to sb to use • *The sports centre provides everything you need to play tennis.* ➤ provider (n), provision (n) ❖

7.14 equipment (n) /i'kwɪpmənt/ - vybavení

the things you need to do something • *The school needs some new equipment, like computers and tablets.* ➤ equip (v) ❖

7.15 community (n) /kə'mju:nəti/ - obec; komunita
a group of people who live in one place • *Carol has lived here for years, so she knows nearly everyone in the community.* ❖

7.16 radio station (n) /'reɪdiəʊ 'steɪʃn/ - rádiová stanice

a radio company and all the programmes it plays • *They play the same songs every day on this radio station, so it's a bit boring.* ❖

7.17 DJ (abbrev) /'di: dʒeɪ/ - dýdžej

short form of 'disc jockey'; sb who plays

recorded music in a public place • *We asked the DJ to play our favourite Justin Bieber song.* ❖

7.18 grow up (phr v) /grəʊ up/ - dospět to become an adult • *James grew up on a farm, but now he's moved to the city.* ➤ grownup (adj, n) ❖

7.19 street food (n) /'stri:t fu:d/ - jídlo ze stánku food you can buy from sellers on the street to eat right away • *You can buy a variety of street food, like hamburgers and popcorn, at the festival.* ❖

7.20 stall (n) /stɔ:l/ - stánek an outdoor table or cart with things for sale • *I bought some fresh strawberries from a stall outside the train station.* ❖

7.21 win (v) /wɪn/ - vyhrát to be the first in a competition, match or race, etc. • *Which football team won the last World Cup?* ➤ winner (n), winning (adj) ❖

7.22 medal (n) /'medl/ - medaile a metal disc that you get for winning or doing well in a competition • *George got a silver medal when he finished second in the swimming race.* ❖

7.23 the Asian Games (n pl) /ði 'eɪzn geɪmz/ - Asijské hry an event with different sports competitions that takes place every four years for athletes from Asian countries • *The Chinese women's volleyball team won a gold medal at the Asian Games in 2018.* ❖

7.24 Braille (n) /breɪl/ - brejlovo písmo a system of writing letters of the alphabet with raised marks on a page for blind people to read by touching them • *Jack learnt to read books in Braille because he can't see.* ❖

7.25 cheap (adj) /tʃi:p/ - laciný not expensive; not costing a lot of money • *It's the best hotel in town and it isn't cheap.* ➤ cheaply (adv) ❖

7.26 company (n) /'kʌmpəni/ - firma

an organisation that makes and sells things or provides services • *Dad works in a factory that makes clothes for a famous company.* ☞ Syn: business ❖

7.27 try (v) /'traɪ/ - zkusit to attempt to do sth to see if it's possible • *I tried to learn Japanese, but it was too difficult for me.* ➤ try, trial (n) ❖

7.28 make money (phr) /meɪk 'mʌni/ - vydělávat peníze to get money from your job or by selling sth • *Steve makes money by selling his old clothes and other things on the internet.* ❖

7.29 device (n) /dɪ'vaɪs/ - přístroj sth like a small machine that you use for a particular purpose • *We usually have to switch off our devices, like mobile phones, in the classroom.* ❖

7.30 business (n) /'bɪznəs/ - podnikání; firma an organisation or company that makes or sells things • *Irene has a business making clothes for children.* ❖

Vocabulary

Page 80

7.31 board game (n) /bɔ:d geɪm/ - stolní hra any game that you play by moving pieces on a board (on a table, etc.) • *Sometimes I play board games like Monopoly™ with my family.* ❖

7.32 camping (n) /'kæmpɪŋ/ - kempování the activity of staying in a tent, usually for a short time • *This summer, we're going camping in a forest near a beach.* ➤ camp (v), camp, camper (n) ❖

7.33 chess (n) /tʃes/ - šachy a game for two people played by moving specially shaped pieces on a board with black and white squares • *Alice plays chess as a hobby with her friends.* ❖

7.34 cycling (n) /'saɪklɪŋ/ - jízda na kole the activity of riding a bike • *Tim goes cycling around the park on his new bike.* ❖

7.35 drawing (n) /'drɔ:ɪŋ/ - kreslení
the activity of making pictures by using a pencil or pen • *Janet is good at drawing and painting pictures of birds.* ➤ draw (v)



7.36 sporty (adj) /'spɔ:ti/ - sportovně založený
good at or liking sports • *I'm not a very sporty person, but I enjoy dancing.* ➤ sport (n) ❖

7.37 tent (n) /tent/ - stan
a shelter held up by poles and ropes that you use for camping • *Ben put up his tent next to ours on the campsite.* ❖

7.38 piece (n) /pi:s/ - kus; figurka
a small specially shaped object that you move on a board to play a game, e.g. chess • *I have only two pieces left on the chess board, so I think you're winning.* ❖

7.39 sheet of paper (n) /ʃi:t əv 'peɪpə(r)/ - list papíru
a piece of paper for writing or drawing on • *I put some sheets of paper in the printer.* ❖

Grammar

Page 81

7.40 smartphone (n) /'smɑ:tfəʊn/ - chytrý telefon
a mobile phone that has internet access and apps • *Carol often sends emails from her smartphone.* ❖

7.41 helmet (n) /'helmit/ - helma
a hard hat that you wear on your head to protect it • *Put on your helmet before you start skateboarding.* ❖

7.42 laugh out loud (phr) /'la:f aʊt laʊd/ - smát se nahlas
to find sb/sth very funny and laugh, making a noise • *This comic book made me laugh out loud. It's really funny!* ➤ laugh-out-loud (adj) 📞 Abbrev: LOL ❖

7.43 better (adv) /'betə(r)/ - lépe
healthy again • *If you have a rest, you'll feel better.* ❖

Listening

Page 82

7.44 competitive (adj) /kəm'petətɪv/ - soutěživý

wanting very much to win or be more successful than other people • *Donna is very competitive. She's trying to win another gold medal.* ➤ compete (v), competition (n), competitor (n) ❖

7.45 absolutely (adv) /'æbsəlu:tli/ - naprosto
very much; completely • *'Did you like the film?' 'Absolutely! It was fantastic.'* ➤ absolute (adj) ❖

7.46 you're right (phr) /jɔ:(r) raɪt/ - máš pravdu
your opinion is correct • *You're right about Max. He's very competitive.* ❖

Speaking

Page 83

7.47 stage (n) /steɪdʒ/ - jeviště; pódium
the part of a theatre where people perform • *Natalie was nervous about going on stage to sing.* ❖

7.48 take part in (phr v) /teɪk pɑ:t ɪn/ - zúčastnit se
to join in and do sth; to be involved in • *We're taking part in the school sports day.* ❖

7.49 exhibition (n) /,eksɪ'bɪʃn/ - výstava
a show of things for people to see, e.g. in a museum • *There was an exhibition of Van Gogh paintings in the museum.* ➤ exhibit (v, n), exhibitor (n) ❖

7.50 public (adj) /'pʌblɪk/ - veřejný
for all people; not private • *My parents went to a public meeting about the new road.* ➤ public (n) ❖

7.51 actor (n) /'æktə(r)/ - herec
a person who acts in a film or theatre play • *Who's the new actor who's going to play James Bond?* ➤ act (v) ❖

7.52 dancer (n) /'dɑ:nsə(r)/ - tanečník

a person who dances • *Margaret is a famous ballet dancer.* ➤ dance (v), dancing (n) ❖

7.53 performance (n) /pə'fɔ:məns/ - představení

sth that people do in front of others to entertain them, e.g. acting, dancing or singing • *We saw a great performance of a play by Aristophanes.* ➤ perform (v), performer (n) ❖

7.54 next (adj) /nekst/ - příští
that comes after sth else • *Next year, Gina wants to go to Iceland.* ➤ next (n, adv) ❖

Vocabulary

Page 84

7.55 CD (n, abbrev) /,si: 'di:/ - cédéčko
a plastic disc with music, other sounds or written information that you can listen to or read on a device; short form of the words 'compact disc' • *My sister has all the Ed Sheeran CDs.* ❖

7.56 classical (adj) /'klæsɪkl/ - klasický; vážný
a style of music that most people know from many years ago, usually with lots of instruments playing • *Sonia likes playing classical music on the piano.* ➤ classic (n, adj) ❖

7.57 disco (n) /'diskəʊ/ - disko (hudba)
a kind of pop music for people to dance to; a place or party where people dance to pop music • *We danced a lot to disco music at the party.* ❖

7.58 drum (n) /drʌm/ - buben
a musical instrument that is round and is empty inside, which you play by hitting with sticks or your hands • *I couldn't hear the TV because my brother was making so much noise on his drums.* ➤ drum (v), drummer (n) ❖

7.59 hip hop (n) /'hɪp hɒp/ - hip hop
a kind of music with spoken words, a fast electronic beat and a modern dance style • *We're doing a hip hop dance for the school show.* ❖

7.60 keyboard (n) /'ki:bɔ:d/ - klávesy
a musical instrument like an electronic piano with keys that you press to make sounds like different instruments • *She didn't have enough money for a piano, so she bought a keyboard.* 📖 Syn: synthesiser ❖

7.61 MP3 player (n) /,em pi: 'θri: pleɪə(r)/ - MP3 přehrávač
an electronic device with which you can listen to digital music files • *John often listens to music on his MP3 player on the school bus.* ❖

7.62 opera (n) /'ɒpərə/ - opera
a kind of play by performers who sing the words with an orchestra playing music • *My grandma saw Maria Callas performing at the opera.* ❖

7.63 pop (n, adj) /pɒp/ - pop (hudba)
a type of music that has simple words and beats to sing and dance to • *Georgina loves dancing to her favourite pop songs.* ❖

7.64 violin (n) /,vaɪə'li:n/ - housle
a stringed musical instrument that you hold on your shoulder to play • *Marinos began to play a beautiful tune on his violin.* ➤ violinist (n) ❖

7.65 way (n) /weɪ/ - způsob
how sth happens; the manner that sth happens • *Listening to the radio is a good way to hear music when you're travelling.* ❖

7.66 beginning (n) /bɪ'gɪnɪŋ/ - začátek
the start of sth • *At the beginning of the story, Harry goes to a new school.* ➤ begin (v), beginner (n) ❖

7.67 fix (v) /fɪks/ - spravit
to repair sth that is broken; to make sth work better • *My computer isn't working. Can you fix it for me?* ❖

7.68 quickly (adv) /'kwɪkli/ - rychle
fast • *The actors left the theatre quickly after the performance.* ➤ quick (adj) ❖

7.69 live (adv) /laɪv/ - živě
in person, not from a recording • *I've got tickets for the concert to see the band live.*

➤ live (adj) ❖

7.70 personally (adv) /'pɜːsənəli/ - osobně from your own opinion • *Personally, I don't like hip hop very much.* ➤ personal (adj) ❖

7.71 be into (phr v) /bi 'ɪntə/ - líbit se to enjoy (sth) • *My dad's really into rock music from the 1970s.* ❖

7.72 completely (adv) /kəm'pli:tli/ - úplně in all ways possible; including everything • *The band sounded completely different when we saw them live.* ➤ complete (adj) ❖

7.73 be involved (adj) /ɪn'vɒlvd/ - zapojit se; zúčastnit se doing sth; taking part in sth • *Our teacher is involved in planning the school sports competition.* ➤ involve (v), involvement (n) ❖

7.74 crazy (adj) /'kreɪzi/ - šílený enthusiastic or excited about sth • *I'm not crazy about gaming because I can't sleep well if I play at night.* ❖

7.75 keen (adj) /ki:n/ - nadšený interested in sth • *Jim is very keen on football and he goes to watch matches every Saturday.* ❖

7.76 fit (adj) /fɪt/ - v dobré kondici strong and healthy because you do regular exercise • *Dad runs in the park every morning, so he's quite fit.* ➤ fitness (n) 📖
Opp: unfit ❖

7.77 storyteller (n) /'stɔːrɪtelə(r)/ - vypravěč sb who writes stories or tells them to other people • *The children listened carefully to the storyteller on the radio.* ➤ storytelling (n) ❖

7.78 Iceland (n) /'aɪslənd/ - Island a country in Europe ➤ Icelandic (adj, n) ❖

7.79 musician (n) /mju'zɪʃn/ - hudebník sb who plays, sings or writes music, especially as a job • *It was so exciting when the musicians came on stage and*

began playing their instruments. ➤ music (n), musical (adj, n) ❖

7.80 songwriter (n) /'sɒŋraɪtə(r)/ - skladatel písni sb who writes the music and words for new songs • *Ed Sheeran became a songwriter when he was a high-school student.* ➤ songwriting (n) ❖

7.81 album (n) /'ælbəm/ - album a collection of pieces of music • *I've just bought Franz Ferdinand's new album. It has some great songs.* ❖

7.82 record (v) /rɪ'kɔːd/ - nahrát to store music, other sounds or images to listen to or see them again • *During the concert, Terry recorded the band's songs on his smartphone.* ➤ recorded (adj), record, recording (n) ❖

7.83 solo (adj) /'səʊləʊ/ - sólový done alone by only one person • *Steve was worried about doing his first solo performance in front of so many people.* ➤ solo (adv, n) ❖

7.84 tour (n) /tʊə(r)/ - turné a series of performances in different places by a musician or band • *Mum and Dad went to see Sting in concert on his European tour.* ➤ tour (v) ❖

7.85 dreamy (adj) /'driːmi/ - zasněný; pohádkový relaxing and making you think of nice things • *The dreamy sounds of Vivaldi's music filled the room.* ➤ dream (v, n), dreamer (n) ❖

7.86 image (n) /'ɪmɪdʒ/ - představa; obraz a picture of sb/sth that you think of • *This music makes me think of images of summer.* ❖

7.87 path (n) /pɑːθ/ - stezka a narrow track where people can walk • *We walked up the path right to the top of Ben Nevis.* ❖

Grammar

Page 85

7.88 throw (v) /θrəʊ/ - hodit

to make sth move from your hand through the air • *If I throw a ball, my dog will bring it back.* ➤ throw (n) ❖

Writing

Pages 86–87

7.89 convinced (adj) /kən'vɪnst/ - přesvědčený

sure that sth is true • *My parents weren't convinced that playing the drums at home was a good idea.* ➤ convince (v), convincing (adj) ❖

7.90 strongly (adv) /'strɒŋli/ - silně
very much; certainly • *My dad strongly disagreed with my suggestion to go to the music festival.* ➤ strong (adj), strength (n) ❖

7.91 term (n) /tɜ:m/ - pololetí; semestr
a period of time that is part of the school year • *We're having a school concert at the end of the term.* ❖

7.92 sound (n) /saʊnd/ - zvuk
sth that you can hear • *I like the words of this song, but I hate the sound of the singer's voice.* ➤ sound (v) ❖

7.93 be in favour of (phr) /ɪn 'feɪvə(r) əv/ - být pro
in agreement with • *I'm not in favour of the government's decision to build a new road around the town.* ❖

7.94 against (prep) /ə'genst/ - proti
in disagreement with • *Mark is against the idea of a camping holiday. He prefers to stay at a hotel.* ❖

7.95 session (n) /'seʃn/ - schůze; lekce; trénink
a period of time set for an activity • *I've just had a two-hour swimming session, so I'm very tired.* ❖

7.96 skate park (n) /'skeɪt pɑ:k/ - skate park
an area where people go skating and skateboarding • *Jerry spends his free time at the skate park with his friends after school.* ❖

7.97 pro (n) /prəʊ/ - profesionál

(short form of 'professional') sb who is really good at sth; sb who does sth, e.g. a sport, as a job • *I didn't know you could play the guitar so well. You're a real pro!* ➤ professional (adj, n) ❖

Live well, study well

Page 88

7.98 tai chi (n) /,taɪ tʃi:/ - tajči
a kind of exercise in which you make very slow movements • *Rick goes to tai chi classes to relax his mind after work.* ❖

7.99 focus (on) (v) /'fəʊkəs (ɒn)/ - soustředit se
to give all your attention (to sth) • *I can't go out much this week because I need to focus on studying for my exams.* ➤ focused (adj), focus (n) ❖

7.100 breathing (n) /'bri:ðɪŋ/ - dýchání
the process of taking air into your body through your nose or mouth, and then letting it out • *It was so quiet that the only sound I heard was my own breathing.* ➤ breathe (v), breath (n) ❖

7.101 stretching (n) /stretʃɪŋ/ - protahování
the action of making your arms and legs straight and reaching as far as they can to exercise them, or to relax them after doing a sport • *If you do some stretching after running, your legs won't hurt the next day.* ➤ stretch (v, n) ❖

7.102 position (n) /pə'zɪʃn/ - poloha
the way that sb's body is when lying, sitting or standing • *A good mattress will help you to sleep in a comfortable position.* ❖

7.103 balance (n) /'bæləns/ - rovnováha
being able to keep control of your body in a position standing or sitting up without falling • *Kiki lost her balance and fell on a rock when she was walking up the mountain.* ➤ balance (v), balanced (adj) ❖

7.104 slow down (phr v) /sləʊ daʊn/ - zpomalit; ubrat

to stop doing so many activities and relax; to do sth more slowly • *Dina takes a walk in the park at lunchtime to slow down and rest from her busy job.* ❖

7.105 strength (n) /streŋθ/ - síla
how strong sb/sth is • *After her illness, Liz got her strength back with a few minutes exercise every day.* ➤ strengthen (v), strong (adj) ❖

7.106 speed (n) /spi:d/ - rychlost
how fast sb/sth moves • *Mary walks at a speed of six kilometres per hour around the park.* ➤ speed (v), speedy (adj) ❖

7.107 push (yourself) (v) /pʊʃ (jɔ:'self)/ - přemoci se
to make yourself do more or try harder • *Marios was very tired, but he pushed himself to finish the marathon.* ➤ push (n) ❖

7.108 spin (n) /spɪn/ - jízda na rotopedu
a kind of exercise that involves cycling fast on an indoor exercise bike • *I enjoy cycling, so I practise spin at the gym.* ➤ spin (v) 📖 Syn: spinning ❖

7.109 high-intensity interval training (HIIT) (n) /haɪ ɪn'tensəti 'ɪntəvl ,treɪnɪŋ (,eɪtʃ aɪ aɪ 'ti:)/ - vysoce intenzivní intervalový trénink
a way of exercising that involves doing sth very fast for a short time, resting, doing more exercise, then resting again • *High-intensity interval training is a great way to build your strength in a short time at the gym.* ❖

7.110 rest (n) /rest/ - odpočinek
a period when you relax; a break • *It's important to get enough rest and sleep as well as exercise to stay healthy.* ➤ rest (v) ❖

7.111 in total (phr) /ɪn 'təʊtl/ - celkem
all together; including everything • *We've walked 16 kilometres in total today.* ➤ total (adj, v, n) ❖

7.112 beat (v) /bi:t/ - tlouci

to make a regular movement or sound, like a rhythm • *The doctor listened to the child's heart beating.* ➤ beat (n) ❖

7.113 benefit (n) /'benɪfɪt/ - výhoda; přínos
an advantage • *One benefit of swimming is that you don't need any equipment.* ➤ benefit (v), beneficial (adj) ❖

7.114 physical (adj) /'fɪzɪkl/ - tělesný; fyzický
related to the body • *Going to spin classes will help build your physical strength.* ➤ physically (adv) ❖

7.115 mental (adj) /'mentl/ - duševní; mentální
related to the mind or process of thinking • *Grandpa likes doing puzzles like crosswords for mental exercise.* ➤ mentally (adv) ❖

7.116 stressed (adj) /strest/ - vystresovaný
worried; not relaxed • *I always get stressed about taking exams.* ➤ stress (v, n), stressful (adj) ❖

7.117 ability (n) /ə'biləti/ - schopnost
being able to do sth • *Simon has the ability to play the piano and sing.* ➤ able (adj) 📖 Opp: inability ❖

7.118 endorphin (n) /en'dɔ:fin/ - endorfin
a kind of chemical that the brain produces which makes you relax or stop feeling pain • *When we laugh, we feel good because laughing makes our brains produce endorphins.* ❖