**4** It fits like a glove

**Glossary**

# Page 41

* 1. **fit like a glove** (expr) /fɪt laɪk ə glʌv/ fit perfectly and comfortably ● *My new*

*swimsuit fits like a glove.* ❖ pasować jak ulał

* 1. **dramatic** (adj) /drəˈmætɪk/

sudden and surprising ● *His new hair style made a dramatic change to his appearance.*

➣ dramatically (adv), drama (n) ❖ dramatyczny

* 1. **creation** (n) /kriˈeɪʃn/

sth that has been made, especially showing artistic skill or imagination ● *This painting was the artist’s first creation.* ➣ create (v), creator, creativity (n), creative (adj), creatively (adv)

* + - kreacja, twórczość
  1. **casual** (adj) /ˈkæʒuəl/

everyday, not formal ● *You can wear casual clothes because it isn’t a formal meeting.*

➣ casually (adv) ❖ codzienny, nieformalny

✎ Opp: formal

* 1. **meet-up** (n) /ˈmiːtʌp/

a social meeting ● *We usually have a family meet-up with our cousins once a month.*

➣ meet up (phr v) ❖ spotkanie

✎ Also: meetup

* 1. **formal** (adj) /ˈfɔːml/

serious and official ● *She made a formal complaint about the service at the restaurant.*

➣ formally (adv) ❖ formalny ✎ Opp: informal, casual

Reading **Pages 42–43**

* 1. **constant** (adj) /ˈkɒnstənt/

continual ● *The constant traffic noise kept them awake all night.* ➣ constantly (adv)

* + - ciągły
  1. **critic** (n) /ˈkrɪtɪk/

sb whose job is to judge the good and bad qualities of art, music, films, etc. ● *Critics gave the film very bad reviews.* ➣ criticise (v), critical (adj) ❖ krytyk

* 1. **reviewer** (n) /rɪˈvjuːə(r)/

sb who writes a review that gives an opinion about a new film, book, play, performance

* *Most of the reviewers recommend the book.*

➣ review (v, n) ❖ recenzent

* 1. **narrate** (v) /nəˈreɪt/

tell a story ● *Our guide narrated the history of the building and its artworks.* ➣ narrator, narration (n), narrative (adj, n) ❖ opowiadać

* 1. **motivation** (n) /ˌməʊtɪˈveɪʃn/

the reason why sb wants to do sth ● *What gave you motivation to become an artist?*

➣ motivate (v), motivating, motivated (adj)

* + - motywacja
  1. **innovative** (adj) /ˈɪnəvətɪv/

clever and new ● *There are some innovative machines in this shop.* ➣ innovate (v), innovation (n) ❖ innowacyjny

* 1. **impact** (v) /ɪmˈpækt/

have a strong effect on sb/sth ● *The economic crisis has impacted most people’s lives.*

* + - mieć silny wpływ na coś
  1. **age-old** (adj) /ˌeɪdʒ ˈəʊld/

which has existed for a long time ● *The festival celebrations combined age-old traditions*

*with modern music and dance.* ❖ odwieczny, wiekowy

* 1. **imitate** (v) /ˈɪmɪteɪt/

copy how sb/sth looks or behaves ● *Each performer in the talent show tried to imitate a singer they admired.* ➣ imitation (n)

* + - imitować
  1. **startling** (adj) /ˈstɑːtlɪŋ/

surprising ● *A startling number of artists died in poverty.* ➣ startle (v), startlingly (adv)

* + - zadziwiajacy
  1. **heartbreak** (n) /ˈhɑːtbreɪk/

deep sadness ● *They suffered the heartbreak of seeing their home burn down.*

➣ heartbroken, heartbreaking (adj)

* + - żal
  1. **ribbon** (n) /ˈrɪbən/

a long narrow piece of material used to tie things or for decoration ● *The parcel was tied with a red ribbon.* ❖ wstążka

* 1. **combine** (v) /kəmˈbaɪn/

join or mix things together ● *She joined a band to combine her love of music with performing.*

➣ combination (n) ❖ łączyć

* 1. **vast** (adj) /vɑːst/

extremely large ● *They have spent vast amounts of money on refurbishing their home.*

* + - duży, szeroki ✎ Syn: huge
  1. **the extent to which** (phr) /ðə ɪkˈstent tʊ wɪʧ/ how much ● *The extent to which some people will go to make money is startling.*
     + stopień, w którym / do którego
  2. **sensationalise** (v) /senˈseɪʃənəlaɪz/

make a story or event sound more exciting or extreme than it is ● *The mass media tend to sensationalise the everyday lives of celebrities.*

➣ sensational, sensalionalist (adj) ❖ robić z czegoś sensację

* 1. **suffering** (n) /ˈsʌfərɪŋ/

serious pain ● *Despite her injuries, she managed to withstand her suffering.*

➣ suffer (v) ❖ cierpienie

* 1. **crutch** (n) /krʌʧ/

a kind of stick you put under your arm to help you walk when you have hurt your leg

* *Mandy has got a broken ankle and she’s walking with crutches.* ❖ kula ortopedyczna
  1. **quote** (n) /kwəʊt/

a piece of writing or statement repeated from a written or spoken text, which has a useful meaning ● *The phrase ‘to be or not to be’ is a quote from a play by Shakespeare.*

➣ quote (v) ❖ cytat

* 1. **impose** (v) /ɪmˈpəʊz/

force to suffer ● *Climbing in freezing conditions imposed challenges on the climbers.* ❖ narzucać coś

* 1. **creativity** (n) /krɪeɪˈtɪvəti/

ability to make sth new and imaginative

* *He shows amazing creativity and paints beautiful portraits.* ➣ create (v), creation (n), creative (adj) ❖ kreatywność
  1. **craft** (v) /krɑːft/

make something using artistic skills

* *The jewellery was crafted from seashells.*

➣ craft (n) ❖ wytwarzać coś pracą rzemieślniczą

* 1. **crucial** (adj) /ˈkruːʃl/

very important ● *A source of financial support is crucial for any artist while they are creating new works.* ❖ kluczowy

* 1. **fame** (n) /feɪm/

being well-known ● *Fame comes with the price of having your personal life made public.*

➣ famous (adj) ❖ sława

* 1. **trait** (n) /treɪt/

a quality, good or bad, in sb’s character

* *Shyness was a personality trait he had learnt to overcome.* ❖ cecha
  1. **fashion statement** (n) /ˈfæʃn steɪtmənt/ clothes or other possessions that are unusual and intended to make others notice you
* *John's decision to wear that hat was a real fashion statement.* ❖ styl, wyrażanie siebie poprzez ubiór
  1. **transform** (v) /trænsˈfɔːm/

change the way sth is or looks ● *The makeup artist completely transformed the actor’s appearance.* ➣ transformation (n)

* + - przemieniać, zmieniać
  1. **canvas** (n) /ˈkænvəs/

a material or place you can paint on ● *The wall was a canvas for graffiti artists.* ❖ płótno

* 1. **arguably** (adv) /ˈɑːɡjuəbli/

used to describe an idea that can be supported ● *It was arguably the ugliest painting I had ever seen.* ➣ arguable (adj)

* + - niewątpliwie
  1. **take a backseat** (expr) /teɪk ə ˌbæk ˈsiːt/ allow others to make the main decisions
* *As he got older, Andrew took a back seat and left his daughter to run the family business.* ❖ wycofywać się, ustępować
  1. **self-portraiture** (n) /ˈself ˌpɔːtrəʧə(r)/ the art of creating pictures of yourself,

especially your face ● *It seems a huge waste of a good camera to use it for nothing but*

*self-portraiture!* ➣ (self-)portrait (n), portray (v)

* + - autoportret
  1. **endure** (v) /ɪnˈdjʊə(r)/

continue to exist through sth difficult ● *He endured two years of working in the factory before he found another job.* ➣ endurance (n), endurable (adj) ❖ wytrzymywać, trwać

* 1. **blazing** (adj) /ˈbleɪzɪŋ/

full of strong feelings ● *They broke up after a blazing argument.* ➣ blaze (n, v)

* + - oślepiający
  1. **take second place** (expr) /teɪk ˈsekənd pleɪs/ be less important ● *Nora refused to take second place to her brothers and became more successful than them in business.*
     + schodzić na dalszy plan
  2. **iconic** (adj) /aɪˈkɒnɪk/

famous as a symbol of an idea ● *The TV series was an iconic success, which changed the course of the author’s career.* ➣ icon (n)

* + - ikoniczny, symboliczny
  1. **secondary (to)** (adj) /ˈsekəndri (tə)/

less important (than) ● *He believes that having a high salary is secondary to job satisfaction.*

➣ second (n, adj) ❖ mniej ważny (niż)

* 1. **charismatic** (adj) /ˌkærɪzˈmætɪk/ having an attractive character ● *His charismatic presentations make his*

*lessons most enjoyable for his students.*

➣ charisma (n) ❖ charyzmatyczny

* 1. **tomb** (n) /tuːm/

a large grave ● *The ancient king’s remains were found in a tomb discovered by archaeologists.* ❖ grobowiec

* 1. **awe-inspiring** (adj) /ˈɔː ɪnspaɪərɪŋ/

very impressive ● *There was an awe-inspiring view of the Pyramids from the hotel room.*

➣ awe (n) ❖ budzący podziw

* 1. **moved** (adj) /muːvd/

having strong feelings of sadness, pity or sympathy ● *Harry was moved when I told him the story of my grandparents as immigrants.*

➣ move (v), moving (adj) ❖ poruszony

* 1. **wander** (v) /ˈwɒndə(r)/

walk in no particular direction ● *We wandered around the village to get to know our surroundings.* ❖ włóczyć się

* 1. **legacy** (n) /ˈleɡəsi/

a situation that is a result of past actions or events ● *We’re now suffering the legacy of waste left by the mass production of clothes in the last decades.* ➣ legacy (adj)

* + - dziedzictwo
  1. **excessive** (adj) /ɪkˈsesɪv/

more than is reasonable ● *An excessive amount of stress can cause health issues.*

➣ excess (n), excessively (adv)

* + - nadmierny
  1. **(my) heart sinks** (expr) /(maɪ) hɑːt sɪnks/

(I) suddenly feel depressed or disappointed ●

*His heart sank when he saw the electricity bill.*

* + - serce (mi) pęka
  1. **premise** (n) /ˈpremɪs/

the basis for doing sth, e.g. a show ● *The premise for the exhibition was to publicise his artwork.* ❖ przesłanka

* 1. **apparent** (adj) /əˈpærənt/

clear ● *It was soon apparent that my parcel had got lost in the post.* ➣ apparently (adv)

* + - jasny
  1. **separation** (n) /ˌsepəˈreɪʃn/

a division; the state of being separate from sth else ● *In British schools, there’s usually no separation between male and female students. Both have the same education.* ➣ separate, separated (adj), separately (adv)

* + - oddzielenie, separacja
  1. **one and the same** (expr) /ˈwʌn ənd ðə ˌseɪm/ the same person or thing ● *JK Rowling and Robert Galbraith are one and the same author. Rowling writes her detective novels as Galbraith.* ❖ jeden i ten sam
  2. **spectacular** (adj) /spekˈtækjʊlə(r)/

impressive ● *The band’s live performance was quite a spectacular show.* ➣ spectacle (n)

* + - spektakularny
  1. **essentially** (adv) /ɪˈsenʃəli/

basically, mainly ● *Rembrandt was essentially known for painting portraits.* ➣ essential (adj)

* + - przede wszystkim, zasadniczo
  1. **trapped** (adj) /træpt/

stuck in a place/position and unable to move; prevented from getting away ● *He felt trapped in his boring job and wanted to become an artist instead.* ➣ trap (n, v) ❖ uwięziony,

w pułapce

* 1. **moving** (adj) /ˈmuːvɪŋ/

which causes strong feelings, usually sadness

* *We watched a moving documentary about a family of wolves.* ➣ move (n, v), moved (adj)
  + - poruszający
  1. **possession** (n) /pəˈzeʃn/

sth that belongs to you ● *When they were poor, they owned only a few essential possessions.* ➣ possess (v) ❖ własność

* 1. **change your mind** (phr) /ʧeɪnʤ jɔː(r) maɪnd/ change your opinion or decision ● *She considered having a photo exhibition, but changed her mind when she realised the costs involved.* ❖ zmienić zdanie
  2. **reflection** (n) /rɪˈflekʃn/

sth that shows the state or result of sth

* *The plot was a reflection of the author’s own childhood.* ➣ reflect (v) ❖ odzwierciedlenie
  1. **output** (n) /ˈaʊtpʊt/

the amount of sth produced ● *As sales dropped, the clothing factory has decreased its output.* ➣ output (v) ❖ produkcja (wyprodukowana ilość)

* 1. **self-portrait** (n) /ˌselfˈpɔːtrət/

a picture or photograph of yourself ● *In this self-portrait the artist made himself look much more attractive than he actually was.*

* + - autoportret
  1. **symbolise** (v) /ˈsɪmbəlaɪz/

represent sth ● *The colour black symbolises sadness and death in many cultures.*

➣ symbol (n), symbolic (adj) ❖ symbolizować

Vocabulary **Page 44**

* 1. **cuff** (n) /kʌf/

the end part of a sleeve on a shirt or coat

* *The button fell off the cuff of my shirt, so I rolled up both sleeves.* ❖ mankiet
  1. **hood** (n) /hʊd/

a part of a coat, jacket, etc. that can cover your head ● *He put his jacket hood up to keep his ears warm.* ➣ hooded (adj) ❖ kaptur

* 1. **buckle** (n) /ˈbʌkl/

a piece of metal or plastic you use to do up a belt or strap ● *The buckle on my bag broke, so I can’t fasten it.* ➣ buckle (v) ❖ sprzączka

* 1. **lining** (n) /ˈlaɪnɪŋ/

a layer of fabric on the inside of an item of clothing ● *My winter boots have a soft thick lining.* ➣ line (v) ❖ podszewka

* 1. **zip** (n) /zɪp/

a metal fastener ● *The zip broke on his jeans, so now he can’t wear them.* ❖ suwak

* 1. **wrist** (n) /rɪst/

the part of the body which joins the hand to the arm ● *She was wearing a watch on her left wrist.* ❖ nadgarstek

* 1. **shoelace** (n) /ˈʃuːleɪs/

a long string-like material for fastening a shoe

* *Tie your shoelaces properly before you go running.* ❖ sznurówka
  1. **sole** (n) /səʊl/

the bottom part of a shoe ● *His shoes*

*were so old that they had holes in the soles.*

* + - podeszwa
  1. **catwalk** (n) /ˈkætwɔːk/

platform where models walk in fashion shows

* *The model walked down the catwalk wearing a strange-looking suit.* ❖ wybieg modowy
  1. **heel** (n) /hiːl/

the raised part at the back of the bottom of a shoe ● *The heel of her sandal came off, making it difficult to walk home.* ❖ obcas

* 1. **vest** (n) /vest/

a sleeveless T-shirt, sometimes worn under a shirt ● *It was so cold that I wore a vest under my jumper.* ❖ podkoszulek bez rękawów

* 1. **bead** (n) /biːd/

a small ball of hard material with a hole through it that can be used to make jewellery

* *The necklace was made from pink coral beads.* ❖ koralik
  1. **bow** (n) /bəʊ/

a shape made by tying a ribbon for decoration or for tying shoelaces, etc. ● *The little girl had a red bow in her hair.* ❖ kokarda

* 1. **checked** (adj) /ʧekt/

a pattern of squares, usually of two colours

* *Traditional Scottish fabric usually has a checked pattern.* ❖ w kratkę
  1. **waterproof** (adj) /ˈwɔːtəpruːf/

which stops water getting in ● *I took a thin waterproof jacket, just in case it might rain.*

* + - wodoodporny
  1. **flowery** (adj) /ˈflaʊəri/

with a flower pattern ● *Gemma wore a flowery dress for the summer beach party.* ➣ flower (n)

* + - kwiecisty
  1. **ragged** (adj) /ˈræɡɪd/

worn out and torn ● *Are you seriously going to wear those ragged old shorts to go camping again?* ➣ rag (n) ❖ obdarty

**Adjectives describing clothes**

casual checked fitted floaty

flowery formal loose

made to measure

ragged tailor-made waterproof

* 1. **fitted** (adj) /ˈfɪtɪd/

made to fit closely to the body ● *Jim wore a fitted shirt and formal trousers.* ➣ fit (n, v)

* + - dopasowany ✎ Opp: loose
  1. **loose** (adj) /luːs/

not tight; wide-fitting ● *I put on a loose cotton T-shirt to keep cool in the sun.* ➣ loosen (v)

* + - luźny ✎ Opp: tight, fitted
  1. **floaty** (adj) /ˈfləʊti/

thin and lightweight (material) ● *She wore a floaty top with her jeans.* ➣ float (v)

* + - zwiewny
  1. **browse** (v) /braʊz/

walk around a shop looking at different things before deciding what you want ● *He likes browsing for bargains in the antiques market.*

➣ browser (n) ❖ przeglądać

* 1. **price tag** (n) /ˈpraɪs tæɡ/

a label showing how much sth costs

* *Remember to cut off the price tag before you wrap the gift.* ❖ metka z ceną
  1. **bid** (n) /bɪd/

an amount offered to buy sth, e.g. at an auction ● *The owners have accepted his bid for the house.* ➣ bid (v), bidder (n)

* + - oferta (cenowa)
  1. **receipt** (n) /rɪˈsiːt/

a piece of paper showing you have bought sth

* *Keep your receipt in case there’s a problem with your purchase.* ❖ paragon
  1. **purchase** (n) /ˈpɜːʧəs/

sth you buy ● *My purchases included a few books.* ➣ purchase (v) ❖ zakup

* 1. **refund** (n) /ˈriːfʌnd/

money back for sth you have bought

* *The shoes were the wrong size, so I sent them back and got a refund.* ➣ refund (v)
  + - zwrot pieniędzy
  1. **debit card** (n) /ˈdebɪt kɑːd/

a card used to take money out of a bank account or to pay for sth ● *You can use your debit card to pay for purchases in most shops.*

➣ debit (n, v) ❖ karta debetowa

* 1. **loyalty card** (n) /ˈlɔɪəlti kɑːd/

a card that a shop gives to customers so they collect discount points when they shop there

* *Remember to take your loyalty card when you go to the furniture shop. Buying a new bed will earn a lot of points.* ❖ karta lojalnościowa

**Parts of clothing**

bead heel

bow hood

buckle lining

cuff ribbon

shoelace sole

vest zip

Grammar **Page 45**

* 1. **process** (v) /ˈprəʊses/

deal with sth in a systematic way ● *I had to wait a few minutes while the online shop*

*processed my debit card details.* ➣ process (n)

* + - przetwarzać
  1. **credit** (v) /ˈkredɪt/

put money into an account ● *Bill’s bank account is automatically credited with his salary at the end of each month.* ➣ credit (n)

* + - uznawać (konto bankowe daną kwotą)
  1. **account** (n) /əˈkoʊnt/

a record of money owed to or by a bank or other business ● *She puts aside a little money every month in her savings account.*

* + - konto, rachunek
  1. **mend** (v) /mend/

repair, fix ● *The heel of her shoe broke off, so she had it mended.* ❖ naprawiać

* 1. **invoice** (n) /ˈɪnvɔɪs/

a bill showing what you must pay for goods or a service ● *The phone company sent us an invoice which required immediate payment.*

* + - faktura
  1. **knit** (v) /nɪt/

make clothes using two long thin needles to join e.g. wool together following a pattern

* *Liz knitted little woollen jackets for her grandchildren.* ➣ knitting, knitter, knit (n), knitted (adj) ❖ robić na drutach
  1. **promote** (v) /prəˈməʊt/

give sb a higher position at work ● *After working hard for years, Sandie was promoted to head teacher.* ➣ promotion (n)

* + - awansować (kogoś)
  1. **stock** (n) /stɒk/

a supply of things available for sale in a shop

* *The shop didn’t have the shoes I wanted in stock, so I ordered a pair to collect next week.*
  + - zapas towaru
  1. **force** (v) /fɔːs/

make sb do sth they don’t want to do

* *Nobody is forcing you to spend so much on designer clothes! There are plenty of cheaper options.* ➣ force (n) ❖ zmuszać kogoś do czegoś
  1. **conscience** (n) /ˈkɒnʃəns/

a feeling of having done sth wrong; a natural sense that tells you what is right or wrong

* *She confessed to her part in the crime to clear her conscience.* ❖ sumienie
  1. **head** (v) /hed/

go in a certain direction ● *We were hungry, so we headed towards the nearest restaurant.*

* + - kierować się w dane miejsce
  1. **consumer** (n) /kənˈsjuːmə(r)/

a person who buys and uses goods ● *Most consumers are unaware of where the goods they buy are produced.* ➣ consume (v), consumerism, consumption (n) ❖ konsument

**Shopping**

account bid browse consumer credit debit card

invoice loyalty card panic buying price tag process purchase

receipt refund

self-service stock window shopping

Listening **Page 46**

* 1. **sustainable** (adj) /sʌsˈteɪnəbl/ conserving an ecological balance by not

depleting natural resources ● *Solar power is a more sustainable form of energy than some fossil fuels.* ➣ sustain (v) ❖ zrównoważony (ekologicznie) ✎ Opp: unsustainable

* 1. **unsure** (adj) /ˌʌnˈʃʊə(r)/

not sure about sth ● *He was unsure about whether to take the factory job.* ❖ niepewny czegoś ✎ Opp: sure

* 1. **ethical** (adj) /ˈeθɪkl/

right or acceptable ● *For ethical reasons, she refuses to eat meat.* ➣ ethics (n pl), ethically (adv) ❖ etyczny ✎ Opp: unethical

* 1. **deny** (v) /dɪˈnaɪ/

say that sth isn’t true ● *Julian denied that he had stolen the files, but somebody found them in his backpack.* ➣ denial (n) ❖ zaprzeczać

* 1. **regret** (v) /rɪˈɡret/

feel sorry about sth you did or did not do

* *She never regretted leaving her secure job to travel the world*. ➣ regret (n), regretful (adj)
  + - żałować
  1. **defend** (v) /dɪˈfend/

support ● *He defended his decision to close the company when the costs kept rising.*

➣ defence (n), defensive (adj) ❖ bronić

* 1. **justified** (adj) /ˈdʒʌstɪfaɪd/

having a good reason, being acceptable and reasonable ● *Her complaints at the restaurant were completely justified.* ➣ justification (n), justify (v) ❖ usprawiedliwiony, uzasadniony

* 1. **uncertain** (adj) /ʌnˈsɜːtn/

not sure about sth; doubtful ● *I was uncertain about giving the company my debit card details.* ❖ niepewny czegoś ✎ Opp: certain

✎ Syn: unsure

* 1. **structure** (n) /ˈstrʌktʃə(r)/

the way that sth is made ● *His unemployment had changed the structure of his daily life.*

* + - struktura
  1. **beneficial** (adj) /benɪˈfɪʃl/

good or helpful ● *A good night’s sleep is beneficial to health.* ➣ benefit (v, n)

* + - korzystny
  1. **frustrating** (adj) /frʌˈstreɪtɪŋ/

annoying because it makes sth impossible or difficult ● *It was so frustrating that the local shops closed at midday.* ➣ frustrate (v), frustration (n), frustrated (adj)

* + - frustrujący
  1. **rewarding** (adj) /rɪˈwɔːdɪŋ/

making you feel satisfied because you are doing sth useful or important ● *Seeing your own creations on display in an exhibition is a rewarding experience.* ➣ reward (v, n)

* + - opłacalny, wynagradzający
  1. **pointless** (adj) /ˈpɔɪntləs/

with no purpose ● *It is pointless getting a huge mortgage from the bank. You’ll never be able to repay it.* ➣ point (n) ❖ bezsensowny

* 1. **poorly** (adv) /ˈpɔːli/

badly ● *The child’s toy was so poorly made that it broke within a day.* ➣ poor (adj)

* + - słabo, źle
  1. **inefficient** (adj) /ɪnɪˈfɪʃnt/

not having or producing the best results; wasteful or unproductive● *Cars are the most inefficient way to travel in the city centre.*

➣ inefficiency (n), inefficiently (adv)

* + - nieskuteczny, niewydajny ✎ Opp: efficient
  1. **eco-friendly** (adj) /ˈiːkəʊˈfrendli/

not harmful to the environment ● *They must find more eco-friendly ways to produce energy without destroying the countryside.*

* + - przyjazny środowisku
  1. **cautious** (adj) /kɔːʃəs/

avoiding risk ● *We are being very cautious about cooking outdoors in summer. We don’t want to start a wildfire.* ➣ caution (n), cautiously (adv) ❖ ostrożny

* 1. **fabric** (n) /ˈfæbrɪk/

material or cloth for making clothes, etc.

* *Organic cotton is quite a common fabric these days.* ❖ materiał

Speaking **Page 47**

* 1. **speculate** (v) /ˈspekjʊleɪt/

think and guess ● *Many people speculate about whether we will find life on other planets in the future.* ➣ speculation (n) ❖ spekulować

* 1. **alter** (v) /ˈɔːltə(r)/

change sth to make it different ● *These trousers are too long for me, so I’ll have to alter them to make them fit.* ➣ alteration (n)

* + - odmieniać, zmieniać coś

Grammar **Page 48**

* 1. **assume** (v) /əˈsjuːm/

think that sth is true but without having proof

* *I assume everyone is coming to the party, but I’ll check.* ➣ assumption (n)
  + - przypuszczać
  1. **trending** (adj) /ˈtrendɪŋ/

which is popular on social media ● *The elections are the trending topic this week on Twitter.* ➣ trend (n, v), trendy (adj)

* + - popularny w mediach społecznościowych
  1. **claim** (v) /kleɪm/

say sth is true ● *The shop claims to have the widest range of goods in the country, but that sounds doubtful.* ➣ claim (n) ❖ twierdzić

* 1. **failure** (n) /ˈfeɪljə(r)/

lack of success ● *The film was so bad that it was a complete box-office failure.* ➣ fail (v)

* + - porażka
  1. **waistcoat** (n) /ˈweɪskəʊt/

a piece of clothing like a short jacket without a collar or sleeves ● *He felt too warm as he was wearing a waistcoat on top of his shirt.*

* + - kamizelka

Use your English **Page 49**

* 1. **at the drop of a hat** (expr) /æt ðə ˌdrɒp əv ə

ˈhæt/

straight away, without delay ● *I can’t simply leave my job at the drop of a hat. I’ll need to think it over first.* ❖ bez wahania, natychmiast

* 1. **set up** (phr v) /set ʌp/

create, start ● *Why not set up a shop where people can exchange second-hand clothing instead of buying more?* ❖ założyć, zorganizować

* 1. **pull your socks up** (expr) /pʊl jɔː ˈsɒks ʌp/ work, perform or behave better ● *If you want to get into university, you’ll have to pull your socks up and study more.* ❖ zakasać rękawy
  2. **burn a hole in my pocket** (expr) /bɜːn ə ˌhəʊl ɪn maɪ ˈpɒkɪt/

(money that you) can’t wait to spend

* *The minute Frank gets his pay, it burns a hole in his pocket and he has nothing left the next day.* ❖ o pieniądzach – świerzbią

w kieszeni, chce się je czym prędzej wydać

* 1. **below the belt** (expr) /bələʊ ðə belt/ unfair ● *Your comment about him getting*

*a promotion because his father is the manager was below the belt.* ❖ niesprawiedliwy

* 1. **roll up my sleeves** (expr) /rəʊl ʌp maɪ sliːvz/ get ready to work hard ● *It’s time to roll our sleeves up and get on with the project.*
     + zakasać rękawy
  2. **too big for my boots** (expr) /tuː bɪg fə maɪ bʊts/

acting like you are more important than you really are ● *I’m glad you got promoted, but don't get too big for your boots.*

* + - zgrywać kogoś ważniejszego, niż się jest
  1. **keep your hair on** (expr) /kiːp jɔː heər ɒn/ don’t get angry; calm down ● *Keep your hair on! I didn’t spend all your money at the shops.*
     + być spokojnym, wyluzować
  2. **cope (with)** (v) /kəʊp (wɪð)/

deal with something difficult successfully

* *When the sales began, the shop assistants were unable to cope with the number of customers.* ❖ radzić sobie z czymś
  1. **window shopping** (n) /ˈwɪndəʊ ˌʃɒpɪŋ/ looking at things for sale in shop windows, often without going inside to buy sth ● *It’s a rather expensive area for us, so we’re just window shopping. We won’t buy anything!*
     + oglądanie wystaw
  2. **panic buying** (n) /ˈpænɪk baɪɪŋ/

buying a large number of things suddenly, because you think there might not be enough or prices might rise soon ● *There was a wave of panic buying at petrol stations when the rise in fuel costs was announced.* ❖ wykupywanie towarów w panice

* 1. **on trend** (expr) /ɒn trend/

fashionable ● *Black is back on trend this season.* ❖ na topie, w modzie

* 1. **fashion-conscious** (adj) /ˈfæʃn ˌkɒnʃəs/ knowing what’s in fashion and wanting to dress fashionably ● *Stella is quite fashion-conscious and always wears shoes and accessories to match her clothes.* ❖ śledzący modę
  2. **tailor-made** (adj) /ˌteɪlə ˈmeɪd/

made to fit one person in particular ● *All the costumes for the dance performance have been tailor-made so each one is unique.*

* + - robiony na zamówienie
  1. **self-service** (adj) /ˌself ˈsɜːvɪs/

in which the customers themselves pick up the goods they want and then pay for them

* *We stopped for a snack at a self-service restaurant.* ❖ samoobsługa
  1. **profit margin** (n) /ˈprɒfɪt mɑːdʒɪn/

the percentage difference between the production cost and the final selling price

* *These shirts cost very little to make, so the company has a huge profit margin of 70%.*
  + - marża zysku
  1. **made to measure** (adj) /ˌmeɪd tə ˈmeʒə(r)/ made to fit one person or place in particular
* *We have very large windows, so we got curtains made to measure.* ❖ robiony na miarę
  1. **turn out** (phr v) /tɜːn aʊt/

end in a particular way ● *The day started out well, but turned out badly when he failed the audition.* ❖ okazać się

* 1. **compliment (on)** (v) /ˈkɒmplɪment (ɒn)/

say sth nice to sb ● *We complimented the chef on the delicious meal.* ➣ compliment (n)

* + - komplementować
  1. **disapprove (of)** (v) /ˌdɪsəˈpruːv (ɒv)/

say you don’t think sth/sb is good enough; not give permission (for sth) ● *At first, his parents disapproved of him becoming a musician.*

➣ disapproval (n) ❖ nie zgadzać się na coś

✎ Opp: approve

* 1. **addicted (to)** (adj) /ˈædɪktɪd (tuː)/

unable to stop doing sth ● *So many people have become addicted to watching TV series and they waste so much time on them.*

➣ addiction, addict (n), addictive (adj)

* + - uzależniony (od czegoś)
  1. **hesitation** (n) /ˌhezɪˈteɪʃn/

a pause before doing sth because you feel uncertain or worried ● *After a moment’s hesitation, she began to speak.* ➣ hesitate (v)

* + - niezdecydowanie, wahanie

**Expressions**

at the drop of a hat my heart sinks

below the belt on trend

burn a hole in my pocket one and the same change your mind pull your socks up

fashion conscious roll our sleeves up

fit like a glove too big for my boots keep your hair on

Writing **Pages 50–51**

* 1. **dress code** (n) /ˈdres kəʊd/

rules about what you should wear in a certain situation, e.g. for work, school, an event

* *Nobody had told him about the dress code for the party, so he was the only person wearing a formal suit.* ❖ zasady ubioru
  1. **enforce** (v) /ɪnˈfɔːs/

make sure people follow a law or rules ● *The government is looking into higher fines in order to enforce the law against using a phone while driving.* ➣ enforcement (n) ❖ egzekwować (przestrzeganie zasad, przepisów)

* 1. **experiment** (v) /ɪksˈperɪmənt/

do a scientific test to find out if an idea is true ● *Researchers are still experimenting to find a cure for the virus.* ➣ experiment (n), experimental (adj) ❖ eksperymentować

* 1. **occasional** (adj) /əˈkeɪʒənl/

happening only sometimes ● *They don’t go out often, but they enjoy an occasional trip to the theatre.* ➣ occasion (n), occasionally (adv)

* + - okazjonalny
  1. **exclude** (v) /ɪkˈskluːd/

not allow sb to take part in sth ● *After breaking the club rules, he was excluded from playing in the match.* ➣ exclusion (n), exclusive (adj)

* + - wykluczać
  1. **end up** (phr v) /end ʌp/

find yourself somewhere you didn’t want or expect to be ● *If you use your credit card too often, you’ll end up spending more than you earn.* ❖ kończyć (w dany sposób, gdzieś)

* 1. **appalling** (adj) /əˈpɔːlɪŋ/

shocking, very bad ● *The film was a disappointment as the acting was appalling.*

* + - przerażający, zatrważający
  1. **affordability** (n) / əˌfɔːdəˈbɪləti/

how affordable sth is ● *One factor affecting the running costs of electric cars is the affordability of electricity.* ➣ afford (v), affordable (adj)

* + - przystępność cenowa
  1. **opponent** (n) /əˈpəʊnənt/

sb who is against an idea; sb who is fighting or playing against sb ● *Opponents of the government had organised the demonstration.*

➣ oppose (v) ❖ oponent

**Other adjectives**

age-old appalling apparent awe-inspiring beneficial blazing cautious charismatic constant crucial

dramatic eco-friendly ethical excessive frustrating iconic inefficient innovative moving occasional

pointless rewarding secondary spectacular startling sustainable trapped unsure vast

Video **Page 52**

* 1. **persuade** (v) /pəˈsweɪd/

talk sb into doing sth or believing sth is true

* *Have you persuaded your parents to buy tickets for the concert?* ➣ persuasion (n), persuasive (adj) ❖ perswadować
  1. **evolution** (n) /iːvəˈluːʃn/

gradual change and development ● *At some point in their evolution, dolphins returned to the sea.* ➣ evolve (v), evolutionary (adj)

* + - ewolucja
  1. **utility bill** (n) /juːˈtɪləti bɪl/

the charge you pay for gas, electricity, water, etc. ● *Her income is very low, so she just manages to pay all her utility bills.*

* + - rachunek za media
  1. **wastewater** (n) /ˈweɪstwɔːtə(r)/

used water that comes from homes and other buildings ● *Wastewater from our city is processed to clean it before being released into the sea.* ❖ ścieki

* 1. **stand in the way (of)** (expr) /stænd ɪn ðə weɪ

(əv)/

prevent sth from happening; prevent sb from doing sth ● *When the local residents*

*complained about the destruction of the forest, the developers accused them of standing in the way of progress.* ❖ stać na drodze czemuś