**2** Global culture?

**Glossary**

**Page 17**

* 1. **global** (adj) /ˈɡləʊbl/

relating to the whole world ● *The global temperature has risen significantly in the last century.* ➣ globe (n) ❖ światowy

* 1. **culture** (n) /ˈkʌltʃə(r)/

the common habits and beliefs of a particular group of people ● *Each culture has different ways of celebrating important events.*

➣ cultural (adj) ❖ kultura

* 1. **server** (n) /ˈsɜːvə(r)/

a person who serves food

* + - *Did you ask the server for a napkin?*
* kelner ✎ Syn: waiter/waitress

Reading **Pages 18–19**

* 1. **funeral** (n) /ˈfjuːnərəl/

a ceremony that takes place when sb’s dead body is buried ● *In Greece, most people wear black at funerals.* ❖ pogrzeb

* 1. **identity** (n) /aɪˈdentəti/

the things that make you different from others

* + - *Even though they share a language, Britain and the United States have different cultural identities.* ➣ identical (adj) ❖ tożsamość
  1. **lifestyle** (n) /ˈlaɪfstaɪl/

sb’s way of living ● *He needs a lot of money to support his expensive lifestyle.* ❖ styl życia

* 1. **reflect** (v) /rɪˈflekt/

show or express the nature of sth ● *The story reflects the author’s political ideas.* ➣ reflection (n), reflective (adj) ❖ odzwierciedlić

* 1. **tribe** (n) /traɪb/

a group of related families who live in the same area and share a culture ● *Native American tribes have lived in this area for hundreds of years.* ➣ tribal (adj) ❖ plemię

* 1. **lead** (v) /li:d/

live (a particular type of life) ● *He managed to lead a normal life in spite of his disability.*

* prowadzić
  1. **sensibly** (adv) /ˈsensəbli/

in a way that is logical and practical ● *You should dress sensibly for our walk in the mountains.* ➣ sensible (adj) ❖ mądrze

* 1. **bead** (n) /bi:d/

a small, round piece (usually of glass, plastic or wood) with a hole through it ● *She used sixty black beads to make her necklace.*

* koralik
  1. **head wrap** (n) /hed ræp/

a head covering made of cloth that you wear around the head ● *You can style a head wrap in many different ways.* ❖ chusta na głowę

* 1. **turban** (n) /ˈtɜːbən/

a head covering made of cloth ● *He was wearing a black turban that covered his hair completely.* ❖ turban

* 1. **kilt** (n) /kɪlt/

a skirt that men in Scotland traditionally wear

* + - *A group of men in kilts performed a Scottish country dance.* ❖ kilt
  1. **tartan** (n) /ˈtɑːtən/

a pattern of coloured squares and lines on cloth, typical of Scotland ● *He was wearing a green tartan kilt.* ❖ tartan

* 1. **warrior** (n) /ˈwɒriə(r)/

skilled fighter ● *Viking warriors were usually buried together with their weapons.*

* wojownik
  1. **form** (n) /fɔːm/

type, kind ● *Bicycles are probably the cheapest form of transport.* ❖ forma

* 1. **wearer** (n) /ˈweərə(r)/

sb who wears sth ● *Clothes can tell you a lot about the wearer’s personality.* ➣ wear (v), worn (adj) ❖ osoba nosząca

* 1. **status** (n) /ˈsteɪtəs/

sb’s position in a social group ● *Following her death, the author gained unexpected celebrity status.* ❖ status

* 1. **inspire** (v) /ɪnˈspaɪə(r)/

give sb a creative idea ● *This view really inspires me to paint.* ➣ inspiration (n), inspirational (adj) ❖ inspirować

* 1. **trademark** (v) /ˈtreɪdmɑːk/

register a name or design to protect it from illegal copying ● *The first thing they did was to trademark the new company name.*

➣ trademark (n) ❖ znak towarowy

* 1. **fashion house** (n) /ˈfæʃən haʊs/

a company that designs and sells clothes, shoes and accessories ● *Chanel founded her own fashion house in 1910.* ❖ dom mody

* 1. **permission** (n) /pəˈmɪʃn/

the act of allowing sb to do sth *● You'll need your parents' permission to go on the school trip.* ➣ permit (v) ❖ pozwolenie

* 1. **date back** (phr v) /deɪt bæk/

have existed for a particular length of time

* + - *The church dates back to the 12th century.*
* pochodzić z
  1. **sea shell** (n) /ˈsi: ʃel/

the hard outer covering that protects some sea creatures ● *The children were collecting sea shells on the beach.* ❖ muszla

* 1. **series** (n) /ˈsɪəriːz/

a number of events or things that are similar or related ● *My mother is giving a series of lectures on global warming*. ❖ seria

* 1. **hold** (v) /həʊld/

have an event, e.g. a sports event, a meeting, an election, etc. ● *The marathon will be held in May*. ❖ zorganizować

* 1. **state** (v) /steɪt/

say or write sth in a clear and careful way

* + - *In her application, she had to state why she wanted the job.* ❖ stwierdzić
  1. **settle** (v) /setl/

go to live in a new place ● *When his grandfather came to America, he settled in Boston.*

➣ settlement (n), settler (n) ❖ osiedlać się

* 1. **plaid** (n) /plæd/

cloth with a pattern of lines and squares

* + - *This shirt is made in plain grey or plaid.*
* tkanina w kratę
  1. **originally** (adv) /əˈrɪdʒənəli/

in the beginning ● *This was a kitchen originally, but we turned it into a bathroom.* ➣ origin (n)

* pierwotnie
  1. **impressive** (adj) /ɪmˈpresɪv/

important or very large ● *Her command of the English language is impressive.*

* imponujący
  1. **astonishing** (adj) /əˈstɒnɪʃɪŋ/

very surprising ● *His talent for languages is really astonishing – he can speak five foreign languages and he’s only 16.* ➣ astonish (v), astonishment (n) ❖ zadziwiający

* 1. **massive** (adj) /ˈmæsɪv/

very large ● *There’s a massive traffic jam due to the terrible weather.* ❖ ogromny

* 1. **store** (v) /stɔː(r)/

keep sth in a special place so that you can use it in future ● *I stored all my furniture in my brother’s house and rented out my apartment while I was in Mexico.* ➣ storage (n) ❖ przechowywać

* 1. **weapon** (n) /ˈwepən/

an object such as a gun or a knife used in fighting ● *The police searched the suspect for weapons.* ❖ broń

* 1. **pierced** (adj) /pɪəst/

with a small hole used for jewellery ● *She’s got pierced ears, but she doesn’t usually wear earrings.* ➣ pierce (v) ❖ przebity, przekłuty

* 1. **pirate** (n) /ˈpaɪrət/

a person who sails in a ship and attacks and steals from other ships ● *300 years ago there were many pirates in the Caribbean.*

➣ piracy (n) ❖ pirat

* 1. **equator** (n) /ɪˈkweɪtə(r)/

the line around the middle of the Earth ● *He comes from an island in Indonesia, close to the equator.* ❖ równik

* 1. **proper** (adj) /ˈprɒpə(r)/

suitable, correct ● *I’m very organised. I can’t work unless everything is in its proper place.*

➣ properly (adv) ❖ właściwy

* 1. **wax** (n) /wæks/

the substance used to make candles

* + - *The wax from the candle dripped onto the tablecloth.* ❖ wosk
  1. **plug** (v) /plʌɡ/

fill a hole with suitable material ● *He tried plugging the hole with newspaper to stop the leak.* ➣ plug (n) ❖ zatykać

* 1. **fire** (v) /ˈfaɪə(r)/

use a weapon to shoot ● *He fired his gun into the air as a warning.* ❖ strzelać

* 1. **cannon** (n) /ˈkænən/

a large gun on wheels that fired heavy metal balls ● *The four cannons at the top of the hill opened fire at the same time.* ❖ armata

* 1. **illegal** (adj) /ɪˈliːɡl/

against the law, not allowed by law ● *It’s illegal to make photocopies of this book.* ➣ illegally (adv) ❖ nielegalny ✎ Opp: legal

* 1. **substance** (n) /ˈsʌbstəns/

a type of matter/material ● *Nicotine is an addictive substance found in tobacco.*

* substancja
  1. **record** (n) /ˈrekɔːd/

information about things that happened, e.g. objects related to events ● *In this folder, there’s a record of every single time I’ve been to a show.* ➣ record (v) ❖ zapis

* 1. **unaware** (adj) /ˌʌnəˈweə(r)/

not knowing or not realising sth ● *We weren’t afraid, because we were unaware of the danger.* ❖ nieświadomy ✎ Opp: aware

* 1. **special occasion** (n) /ˈspeʃəl əˈkeɪʒn/

an important day or event ● *For her birthday she decided to wear a long dress, as it was a special occasion.* ❖ specjalna okazja

**Jewellery**

beads bracelet earring

necklace ring

Vocabulary **Page 20**

* 1. **misty** (adj) /ˈmɪsti/

with a light fog that makes it difficult to see

* + - *The misty morning soon became a clear, sunny day.* ➣ mist (n) ❖ mglisty
  1. **riverbank** (n) /ˈrɪvəˌbæŋk/

the land by a river ● *We decided to sit and have a picnic on the riverbank.* ❖ brzeg rzeki

* 1. **parade** (n) /pəˈreɪd/

a large number of people walking in an organised way to celebrate a special occasion

* + - *A parade will be held tomorrow to celebrate the 100th anniversary of the revolution.*

➣ parade (v) ❖ parada

* 1. **tradition** (n) /trəˈdɪʃn/

a very old belief, principle or way of acting

* + - *Eating turkey on the 25th of December is an important tradition in my family.* ➣ traditional (adj), traditionally (adv) ❖ tradycja

✎ Syn: custom

* 1. **spectator** (n) /spekˈteɪtə(r)/

sb who watches a sports event or other activity without taking part ● *The new stadium holds 80,000 spectators.* ❖ widz

* 1. **origin** (n) /ˈɒrɪdʒɪn/

the beginning or cause of sth ● *The word ‘millennium’ is Latin in origin.* ➣ original (adj)

* pochodzenie
  1. **spectacle** (n) /ˈspektəkl/

a public event that is exciting to watch ● *The opening ceremony was a fantastic spectacle.*

* spektakl, pokaz
  1. **dress up** (phr v) /dres ʌp/

put on special clothes ● *I dressed up as a pirate for the party.* ❖ przebrać się

* 1. **costume** (n) /ˈkɒstʃuːm/

a set of clothes worn in a particular country or for a special activity ● *The dancers were*

*all dressed in traditional costumes.*

* kostium
  1. **mask** (n) /mɑːsk/

a covering for the face that protects or hides it

* + - *All the children were wearing animal masks.*
* maska
  1. **scare (sb) away** (phr v) /skeər (ˈsʌmbədi) əˈweɪ/ frighten sb so that they go away ● *They kept moving to scare the birds away.*
* odstraszyć (kogoś)
  1. **according to** (prep) /əˈkɔːdɪŋ tə/

in the words of ● *According to my teacher, phrasal verbs are not at all difficult.*

* według
  1. **legend** (n) /ˈledʒənd/

a very old story, usually untrue, that people tell about a famous event or person ● *The old man told us the legend of the headless horseman.*

➣ legendary (adj) ❖ legenda

* 1. **represent** (v) /ˌreprɪˈzent/

be a sign or symbol of sth ● *Each colour on the map represents a different country.*

➣ representative (adj) ❖ reprezentować

* 1. **festivities** (n) /fesˈtɪvətiz/

parties and other activities that celebrate a special occasion ● *You are all invited to join in the festivities for the New Year.* ❖ uroczystości

* 1. **bonfire** (n) /ˈbɒnfaɪə(r)/

large fire that you burn outdoors ● *At the end of the celebration, we’re going to have a bonfire and a firework display.* ❖ ognisko

* 1. **serve** (v) /sɜːv/

be used for a particular purpose, usually different to the main or original purpose ● *Our coffee table also serves as a desk for our young daughter to draw on.* ❖ służyć

* 1. **ritual** (n) /ˈrɪtʃuəl/

a series of actions performed as part of a ceremony ● *The funeral followed the ritual of the Orthodox Church.* ❖ rytuał

* 1. **come of age** (expr) /kʌm ɘv eɪdʒ/

reach the age when you are considered an adult ● *He will receive his inheritance when he comes of age.* ❖ osiągnąć pełnoletność

* 1. **ash** (n) /æʃ/

the soft grey or black powder that is left when sth burns ● *Ash from the volcano covered the area.* ❖ popiół

* 1. **role** (n) /rəʊl/

the position or purpose that sb has in an organisation or in a relationship ● *We need to decide what our roles will be in this project.*

* rola
  1. **ceremony** (n) /ˈserɪməni/

a set of traditional actions performed on a special social or religious occasion ● *Only a few close friends of the couple attended the wedding ceremony.* ❖ ceremonia

* 1. **festival** (n) /ˈfestɪvl/

an organised series of performances and public events ● *The summer film festival attracts thousands of visitors each year.*

* festiwal
  1. **witness** (n) /ˈwɪtnəs/

a person present at an event that signs their name to show everything was done correctly

* + - *She signed her will in the presence of two witnesses.* ➣ witness (v) ❖ świadek
  1. **certificate** (n) /səˈtɪfɪkət/

an official document that states sth is true

* + - *They need a birth certificate to issue a new passport.* ❖ certyfikat
  1. **reception** (n) /rɪˈsepʃn/

a formal party ● *Is champagne going to be served at the wedding reception?*

* przyjęcie
  1. **ancestor** (n) /ˈænsestə(r)/

a person in your family who lived a long time ago ● *The old house belonged to a distant ancestor of mine.* ❖ przodek

* 1. **strengthen** (v) /ˈstreŋkθn/

make stronger ● *The trainer showed me some exercises to strengthen my legs.*

➣ strength (n), strong (adj) ❖ wzmacniać

✎ Opp: weaken

* 1. **bond** (n) /bɒnd/

a close connection between people

* + - *In Greece, family bonds are still very strong.*
* więź
  1. **preserve** (v) /prɪˈzɜːv/

keep sth as it is, make sure that it is not damaged ● *The architect managed to preserve the original character of the building.*

➣ preservation (n) ❖ zachować

* 1. **speech** (n) /spiːtʃ/

a formal talk that sb gives on a special occasion ● *My sister asked me to make a speech at her wedding.* ❖ przemówienie

**Celebrations**

bonfire ceremony costume festival festivities

mask parade reception spectacle

Grammar **Page 21**

* 1. **race** (v) /reɪs/

move or run fast ● *She raced down the street as fast as she could.* ❖ pędzić

* 1. **chase** (v) /tʃeɪs/

run after sb/sth in order to catch them/it

* + - *My favourite part of the film was when she was chasing her dog through the streets.*
* ścigać
  1. **hang** (v) /hæŋ/

fasten sth at the top leaving the rest free to move ● *You can hang your coat on the rack over there.* ❖ powiesić

* 1. **flat** (adj) /flæt/

level and smooth ● *The sea was completely flat, as there was no wind that day.* ➣ flatten (v), flatness (n) ❖ płaski

* 1. **archaeologist** (n) /ˌɑːkiˈɒlədʒɪst/

a scientist who studies object and structures from past civilizations ● *Howard Carter and his team of archaeologists discovered King Tutankhamun's tomb.* ➣ archaeological (adj), archaeology (n) ❖ archeolog

* 1. **trace** (n) /treɪs/

a very small amount of sth left behind

* + - *The police found traces of poison in his tea.*

➣ trace (v) ❖ ślad

* 1. **rosewater** (n) /ˈrəʊzˌwɔːtə(r)/

a liquid made from water and roses ● *You can add cinnamon and rosewater before serving the dish.* ❖ woda różana

* 1. **famously** (adv) /ˈfeɪməsli/

in a way that is well known ● *This famously expensive dress was once worn by Marilyn Monroe.* ➣ fame (n), famous (adj) ❖ słynnie

* 1. **comparison** (n) /kəmˈpærɪsən/

the act of comparing two or more people or things ● *By comparison with Silvia,*

*I think Jane is much more fashionable.*

➣ comparable (adj), compare (v)

* porównanie
  1. **considerably** (adv) /kənˈsɪdərəbli/

to a large degree ● *He’s considerably better- dressed since he started dating Alice.*

➣ consider (v), considerable (adj)

* w dużym stopniu

Listening **Page 22**

* 1. **spread** (v) /spred/

communicate, make sth known ● *I don’t know who’s been spreading the news, but the whole town knows about it already.*

* rozpowszechnić
  1. **phenomenon** (n) /fəˈnɒmɪnən/

sb/sth that is extremely successful and well known ● *Pablo Picasso was a phenomenon in art – there has never been anyone like him.*

* zjawisko ✎ Plural: phenomena or phenomenons
  1. **access** (v) /ˈækses/

be able to get to a place ● *You can use the lift to access the top floor.* ➣ access (n), accessible (adj), inaccessible (adj)

* zyskać dostęp
  1. **institution** (n) /ˌɪnstɪˈtʃuːʃən/

a large and important organisation

* + - *The Professor has worked for a number of universities and other educational institutions.*
* instytucja
  1. **film viewing** (n) /ˈfɪlm vjuːɪŋ/

an occasion where a film is shown to people

* + - *I was invited to a private film viewing, before it was shown in cinemas.* ❖ pokaz filmowy

**LOOK!**

The following words either add an ‘s’ in the plural or form an irregular plural:

millennium – millennia or (less common) millenniums

* *The third* ***millennium*** *CE started a couple of decades ago.*
* *For* ***millennia****, people believed that the Earth was flat.*
* *It remained undiscovered for two* ***millenniums***. phenomenon – phenomena or phenomenons
* *The young singer is* ***a phenomenon****.*
* *She investigates* ***social phenomena****.*
* *These* ***phenomenons*** *are associated with hot, dry weather.*

Speaking **Page 23**

* 1. **meme** (n) /miːm/

an idea, image or video that spreads very quickly on the internet ● *There are a lot of memes making fun of politicians on the internet.* ❖ mem

* 1. **viral** (adj) /ˈvaɪrəl/

very popular on the internet ● *Within a few hours, the video of my cat typing on the computer went viral. It now has 100,000 views.*

* popularny
  1. **workshop** (n) /ˈwɜːkʃɒp/

a meeting in which people discuss and do practical work on a specific topic ● *I took part in a poetry workshop last month.*

* warsztaty
  1. **collaborative** (adj) /kəˈlæbərətɪv/

involving two or more people working together

* + - *I didn’t do it all alone; it was a collaborative effort.* ➣ collaborate (v), collaboration (n)
* wspólny
  1. **technique** (n) /tekniːk/

a particular way of doing sth that requires skill

* + - *I am learning a new painting technique.*
* technika

Grammar **Page 24**

* 1. **emphasis** (n) /ˈemfəsɪs/

attention and importance given to sth ● *The teacher put emphasis on the fact that the exam started at 8:00.* ➣ emphasise (v) ❖ nacisk

* 1. **give (sth) up** (phr v) /ɡɪv (ˈsʌmθɪŋ) ʌp/ stop trying or doing sth ● *After three*

*unsuccessful attempts, I decided to give up.*

* zarzucić robienie (czegoś)
  1. **bestseller** (n) /ˌbestˈselə(r)/

a book that is very popular and has been bought by a very large number of people

* + - *Her latest book became an international bestseller and sold over a million copies.*
* bestseller
  1. **copy** (n) /ˈkɒpi/

a single example of a book, record, newspaper, etc. of which many have been produced ● *I have two copies of that book. I can give you one.* ➣ copy (v) ❖ kopia

* 1. **oversleep** (v) /ˌəʊvəsliːp/

sleep for longer than you wanted to

* + - *I overslept this morning and was really late for work.* ❖ zaspać
  1. **gradually** (adv) /ˈɡrædʒuəli/

slowly, over a period of time ● *She hated him at first, but gradually she began to like him.*

➣ gradual (adj) ❖ stopniowo

* 1. **emerge** (v) /ɪˈmɜːdʒ/

come out of a place and appear ● *My sister finally emerged from her room at midday.*

➣ emergence (n), emerging (adj)

* pojawić się
  1. **talk (sb) into** (phr v) /tɔːk (ˈsʌmbədi) ɪntə/ make sb change their mind and do sth
     + *He didn’t want to join us at first, but I managed to talk him into it.* ❖ namówić (kogoś) na coś
  2. **have a go at** (expr) /hæv ə gəʊ ət/

make an attempt to do sth ● *Let me have a go at fixing your computer. I think I can do it.*

* spróbować

Use your English **Page 25**

* 1. **identify with** (phr v) /aɪˈdentɪfaɪ wɪð/

feel that you are similar to sb and be able to understand how they feel ● *The reason I liked the film so much is that I could identify fully with the main character.* ❖ identyfikować się z

* 1. **look back (at)** (phr v) /lʊk bæk (æt)/ think about what happened in the past
     + *Looking back, I can see exactly what the problem was.* ❖ spojrzeć wstecz (na)
  2. **spread (sth) out over** (phr v) /spred (ˈsʌmθɪŋ)

aʊt ˈəʊvə(r)/

make sth happen over a longer period of time

* + - *You don’t have to pay the whole sum now; you can spread the payments out over three or four months.* ❖ rozłożyć (coś) w czasie
  1. **call (sth) off** (phr v) /kɔl (ˈsʌmθɪŋ) ɒf/ decide not to do sth that you had planned
     + *They have called off the wedding at the last minute.* ❖ odwołać (coś)
  2. **go ahead** (phr v) /gəʊ əˈhed/

begin to do sth after sb has given you permission ● *You can go ahead now, there’s no problem.* ❖ śmiało

* 1. **reputation** (n) /ˌrepjəˈteɪʃn/

the opinion most people have about sb/sth

* + - *The hotel has an excellent reputation, which is why it’s always full.* ❖ reputacja
  1. **root** (n) /ruːt/

the cause or origin of sth usually bad ● *I won’t rest until I find the root of the problem.*

* przyczyna
  1. **widely** (adv) /ˈwaɪdli/

by many people ● *He is widely admired as an actor, but not many people know he has also written ten books.* ❖ powszechnie

Writing **Pages 26–27**

* 1. **conclusion** (n) /kənˈkluːʒn/

the opinion you form after considering all the information you have ● *I have come to the conclusion that the accident was your fault.*

➣ conclude (v) ❖ wniosek

* 1. **to my mind** (expr) /tə maɪ maɪnd/

in my opinion ● *That was a very clever move, to my mind.* ❖ moim zdaniem

* 1. **summarise** (v) /ˈsʌməraɪz/

express the most important facts about sth in a few words ● *Shall we summarise the main points we have discussed?* ➣ summary (n)

* podsumować
  1. **sum up** (phr v) /sʌm ʌp/

describe only the important facts or characteristics of sth ● *To sum up, the only solution at this point is to cancel the event.*

* podsumować ✎ Syn: summarise
  1. **briefly** (adv) /ˈbriːfli/

using few words ● *Let me tell you briefly what happened – it’ll only take a minute.*

➣ brief (adj) ❖ krótko

* 1. **globalisation** (n) /ˌɡləʊbəlaɪˈzeɪʃn/

the process in which different cultures and economic systems around the world become connected ● *Globalisation has greatly influenced the way we work and the way we communicate.* ❖ globalizacja

* 1. **effectively** (adv) /ɪˈfektɪvli/

in a way that achieves what you want ● *Your ability to communicate effectively will be assessed during the interview.* ➣ effective (adj) ❖ efektywnie

* 1. **major** (adj) /ˈmeɪdʒə(r)/

bigger or more important than others ● *This is going to be a major problem, I’m afraid.*

* poważny
  1. **awareness** (n) /əˈweənəs/

knowledge and understanding of a fact or a situation ● *The public’s awareness of the seriousness of the problem was limited.*

➣ aware (adj), unaware (adj) ❖ świadomość

* 1. **method** (n) /ˈmeθəd/

a way of doing sth ● *She uses a new teaching method, which emphasises fun and games.*

* metoda

**Phrasal Verbs**

call off date back give up go ahead

identify with

look back scare away

spread out over sum up

talk sb into

Video **Page 28**

* 1. **intercultural** (adj) /ˌɪntəˈkʌltʃərəl/ having to do with more than one culture
     + *A common language can make intercultural communication easier.* ❖ międzykulturowy

✎ Syn: cross-cultural

* 1. **turbulent** (adj) /ˈtɜːbjələnt/

involving a lot of sudden changes, arguments or even violence ● *This has been quite a turbulent week at work, with the new bosses arriving.* ❖ burzliwy

* 1. **bouncy slide** (n) /ˌbaʊnsi slaɪd/

a plastic slide filled with air that children can play on ● *I let the children play on the bouncy slide and sat down to read my newspaper*.

* dmuchana zjeżdżalnia
  1. **background** (n) /ˈbækɡraʊnd/

your family and education ● *We come from very different backgrounds, but we’re very good friends*. ❖ tło

* 1. **self-awareness** (n) /ˌselfəˈweənəs/ knowledge and understanding of your own character and behaviour ● *Self-awareness is the first step towards becoming a better*

*person.* ➣ self-aware (adj) ❖ samoświadomość

* 1. **courage** (n) /ˈkʌrɪdʒ/

the ability to do sth dangerous or difficult without being afraid ● *It takes courage to sing in front of an audience.* ➣ encourage (v), courageous (adj) ❖ odwaga

* 1. **put yourself in (sb’s) shoes** (expr) /pʊt jəˈself ɪn (ˈsʌmbədiz) ʃu:z/

imagine how sb feels in a difficult situation

* + - *Try putting yourself in my shoes – what would you have done differently?*
* postawić się w (czyimś) położeniu
  1. **open** (adj) /ˈəʊpən/

willing to listen to new ideas and think about them ● *I haven’t decided yet. I’m open to suggestions.* ➣ openness (n) ❖ otwarty

* 1. **cross-cultural** (adj) /ˌkrɒsˈkʌltʃərəl/ having to do with two or more cultures
     + *They have formed a cross-cultural team of artists from Asia, Europe and Africa.*
* międzykulturowy ✎ Syn: intercultural
  1. **openness** (n) /ˈəʊpənnəs/

willingness to listen to and think about new ideas ● *I really admire her openness; she will consider carefully everyone’s ideas before she makes a decision!* ➣ open (adj)

* otwartość
  1. **assumption** (n) /əˈsʌmpʃn/

sth that you think is true but have no proof about ● *I’m afraid your assumption that I would be interested is not true; I am not interested at all.* ➣ assume (v) ❖ założenie

* 1. **bitterness** (n) /ˈbɪtənəs/

an angry and unhappy feeling about sth that has happened ● *His bitterness comes from his unhappy childhood.* ➣ bitter (adj)

* gorycz
  1. **bubble** (n) /ˈbʌbl/

a group of people who have similar ideas and often get together ● *If you don’t meet many people you have no way of knowing what’s happening outside your bubble.*

* bańka
  1. **divided** (adj) /dɪˈvaɪdɪd/

split into groups that cannot agree

* + - *Opinions on how to achieve cross-cultural understanding are divided.* ❖ podzielony
  1. **bridge the gap** (expr) /brɪdʒ ðə gæp/ make the differences between two things or

people smaller ● *He was trying to bridge the gap between his hopes and reality.*

* wypełnić lukę
  1. **tend** (v) /tend/

be likely to behave in a particular way ● *I tend to go to sleep later in the summer.* ➣ tendency

(n) ❖ mieć skłonności

* 1. **internalise** (v) /ɪnˈtɜːnəlaɪz/

accept an idea so that it becomes part of your character ● *People often internalise elements from other cultures when they live abroad.*

* przyswajać
  1. **take (sth) out on (sb)** (phr v) /teɪk (ˈsʌmθɪŋ)

aʊt ɒn (ˈsʌmbədi)/

treat sb badly because of sth that is not their fault ● *I was angry with my brother and I took it out on you; I’m sorry.* ❖ wyżyć się (na kimś za coś)

* 1. **question** (v) /ˈkwestʃən/

express doubts about sth ● *He questioned whether the course would benefit him.*

➣ question (n) ❖ kwestionować