**1** Your world

Glossary

# Page 5

* 1. **railway** (n) /ˈreɪlweɪ/

the system of tracks that trains travel on

* + - *The children were playing with the trains*

*on their model railway*. ➣ railway (adj) ❖ kolej

Reading **Pages 6–7**

* 1. **celebration** (n) /ˌselɪˈbreɪʃn/

an event in which people do sth special to show that sth is important ● *The whole family got together for the New Year celebration.*

➣ celebrate (v) ❖ uroczystość, obchody

* 1. **danger** (n) /ˈdeɪndʒə(r)/

sth that might cause harm or damage

* + - *Elephants are in danger of becoming extinct.* ➣ endanger (v), dangerous (adj)
* niebezpieczeństwo
  1. **happiness** (n) /ˈhæpinəs/

the state of feeling happy ● *A look of happiness was on the child’s face as she opened her birthday present.*

➣ happy (adj), happily (adv) ❖ szczęście

✎ Opp: unhappiness

* 1. **power** (n) /ˈpaʊə(r)/

energy; strength ● *The power of the sun can be used to create electricity.* ➣ empower, power (v), powerful (adj), powerfully (adv)

* siła, moc
  1. **sadness** (n) /ˈsædnəs/

the state of feeling sad ● *Anna felt great sadness as she flew home after her wonderful holiday.* ➣ sad (adj), sadly (adv), sadden (v)

* smutek
  1. **lavender** (n) /ˈlævəndə/

a plant with small purple flowers that smell nice

* + - *She uses lavender from the garden to keep the clothes in her wardrobe smelling nice.*
* lawenda
  1. **pure** (adj) /pjʊə(r)/

with nothing extra added ● *This scarf is made from pure wool.* ➣ purity (n) ❖ czysty

* 1. **contrast** (v) /ˈkɒntrɑːst/

to have a clear difference from sth else

* + - *Living in our quiet village contrasts with life in the centre of London.* ➣ contrast (n)
* kontrastować
  1. **frame** (n) /freɪm/

a strong structure that goes around sth, e.g. a door, window, picture, to hold it in position

* + - *The house has old wooden window frames which need painting.* ➣ frame (v) ❖ rama
  1. **display** (n) /dɪˈspleɪ/

a show of sth happening ● *We sat on the balcony and watched the fireworks display in the distance.* ➣ display (v) ❖ pokaz, wystawa

* 1. **aurora borealis** (n) /əˌrɔːrə ˌbɔːriˈeɪlɪs/ coloured light that appears sometimes in the sky in the most northern countries ● *On our visit to northern Scotland, we stayed awake all night to watch the colourful aurora borealis in the sky.* ❖ zorza polarna ✎ Syn: the Northern Lights
  2. **impact** (n) /ˈɪmpækt/

a strong effect or reaction ● *Not eating properly when you are young can have an impact on your health when you get older.*

* wpływ
  1. **remind** (v) /rɪˈmaɪnd/

to cause you to remember sth you had forgotten ● *This painting reminds me of my grandparents’ house.* ➣ reminder (n)

* przypominać
  1. **cultural** (adj) /ˈkʌltʃərəl/

relating to the culture of one country, group, etc. ● *Since tourism has increased on the island, there have been cultural changes in the local lifestyle.* ➣ culture (n), culturally (adv)

* kulturowy
  1. **background** (n) /ˈbækɡraʊnd/

a person’s family and past experience of education, work, and living conditions

* + - *The writer came from a poor background, but managed to become successful.*
* pochodzenie
  1. **look** (n) /ˈlʊk/

an act of looking at sb/sth in order to find sth out ● *Have another good look at your*

*homework before you hand it in.* ❖ spojrzenie

* 1. **primary colour** (n) /ˌpraɪməri ˈkʌlə(r)/

one of the three main colours: red, blue or yellow ● *When you mix the primary colours, blue and yellow, you get green.* ❖ kolor podstawowy

* 1. **sunshine** (n) /ˈsʌnʃaɪn/

the heat and light from the sun ● *These plants will grow better if they get more sunshine.*

* słońce
  1. **eye-catching** (adj) /ˈaɪ kætʃɪŋ/

which can attract attention because it looks bright, special or different in some way

* + - *He wore an eye-catching bright green shirt.*
* przyciągający wzrok, przyciągający uwagę
  1. **energetic** (adj) /ˌenəˈdʒetɪk/

lively and with a lot of energy ● *I’m not going to the gym today as I don’t feel very energetic.* ➣ energy (n), energetically (adv)

* energiczny, pełen energii
  1. **enthusiastic** (adj) /ɪnˌθjuːziˈæstɪk/

excited and very interested about sth ● *She was really enthusiastic about her trip to Peru.*

➣ enthusiasm (n), enthusiastically (adv)

* entuzjastyczny, pełen entuzjazmu
  1. **sunflower** (n) /ˈsʌnflaʊə(r)/

a tall plant with yellow flowers whose seeds can be eaten or made into oil for cooking

* + - *I love this painting of bright yellow sunflowers growing in a field.* ❖ słonecznik
  1. **beauty** (n) /ˈbjuːti/

the quality of being beautiful ● *His painting showed the beauty of the countryside.*

➣ beautiful (adj) ❖ piękno, uroda

* 1. **caution** (v) /ˈkɔːʃn/

to tell someone about a danger or problem that they need to avoid ● *The police put up signs to caution drivers about the floods.* ➣ caution (n)

* przestrzegać
  1. **warn** (v) /wɔːn/

to tell someone about a danger or problem that they need to avoid ● *Her parents warned her not to walk home alone at night.* ➣ warning (n)

* ostrzegać
  1. **on board** (expr) /ɒn bɔːd/

in or on a vehicle, e.g. ship, train, plane ● *The pilot waited on board the plane to welcome the passengers.* ❖ na pokładzie ✎ Syn: aboard

* 1. **calm** (adj) /kɑːm/

not in a panic; not very excited ● *‘Please don’t panic and keep calm,’ said the flight attendant to the passengers.* ❖ spokojny

* 1. **represent** (v) /reprɪˈzent/

to symbolise ● *Red represents anger in some cultures.* ➣ representation (n)

* reprezentować
  1. **confidence** (n) /ˈkɒnfɪdəns/

a belief in your ability to do sth successfully

* + - *To be a successful athlete, you must have confidence in your abilities.* ➣ confident (adj), confidently (adv) ❖ pewność
  1. **seriousness** (n) /ˈsɪəriəsnəs/

the state of being serious ● *The news report showed the seriousness of the terrible storm.*

➣ serious (adj), seriously (adv) ❖ powaga

* 1. **suggest** (v) /səˈdʒest/

to give sb an idea indirectly ● *Wearing dark colours can suggest the idea of sadness.*

➣ suggestion (n) ❖ sugerować

* 1. **trust** (v) /trʌst/

to believe that sb is good, honest, capable, etc.

* + - *Of course I trust Julie. She’s my best friend.*

➣ trust (n), trustworthy, trusting (adj)

* ufać, wierzyć
  1. **stranger** (n) /ˈstreɪndʒə(r)/

sb that you do not know ● *My dad always told me not to accept anything from strangers.*

➣ strange (adj), strangely (adv) ❖ nieznajomy

* 1. **feel blue** (expr) /fiːl bluː/

to feel sad ● *It had been raining all day, which made him feel blue as he couldn’t go out.*

* być smutnym, być przygnębionym
  1. **depressed** (adj) /dɪˈprest/

very unhappy ● *I felt depressed after the film because it had a sad ending.* ➣ depress (v), depression (n), depressing (adj)

* przygnębiony, załamany
  1. **reduce** (v) /rɪˈdjuːs/

to make less or smaller ● *I am trying to reduce the amount of sugar I eat every day.*

➣ reduction (n) ❖ zmniejszać, redukować

* 1. **hunger** (n) /ˈhʌŋɡə(r)/

the feeling that you need to eat ● *He ate some fruit to stop the feeling of hunger on his journey.* ➣ hungry (adj), hungrily (adv) ❖ głód

* 1. **rarely** (adv) /ˈreəli/

not often, seldom ● *We rarely go to restaurants because they can be expensive.* ➣ rare (adj)

* rzadko
  1. **loss** (n) /lɒs/

no longer having sth ● *Renata was sad at the loss of her new mobile phone.* ➣ lose (v), lost (adj) ❖ strata

* 1. **advise** (v) /ədˈvaɪz/

to tell sb what might be the best thing to do

* + - *The doctor advised me to eat more fresh fruit.* ➣ advice (n) ❖ doradzać
  1. **trick** (v) /trɪk/

to make sb believe sth that is not true, usually to make them do sth ● *The salesperson tricked Tim into buying the old car by saying it was*

*in perfect condition.* ➣ trick (n) ❖ oszukiwać, nabierać

* 1. **nervous** (adj) /ˈnɜːvəs/

anxious about sth ● *He’s nervous about giving a speech in front of the class.*

➣ nervously (adv), nervousness, nerve (n)

* zdenerwowany
  1. **aggressive** (adj) /əˈgresɪv/

angry and ready to attack ● *This dog is aggressive, so don’t go near it or it might hurt you.* ➣ aggression (n) ❖ agresywny

* 1. **flag** (n) /flæɡ/

a piece of cloth that has a specific pattern and colours to represent a country or as a signal

* + - *The ship had a blue and white flag to show that it was Greek.* ❖ flaga
  1. **immediately** (adv) /ɪˈmiːdiətli/

straight away, without waiting ● *When she saw the accident, she immediately called the police.* ➣ immediate (adj) ❖ natychmiast, niezwłocznie

* 1. **possibility** (n) /ˌpɒsəˈbɪləti/

a chance that sth might happen ● *There’s a possibility of rain tonight, but it’s not for sure.*

➣ possible (adj), possibly (adv) ❖ możliwość

* 1. **aware** (adj) /əˈweə(r)/

if you are aware of sth, you notice it or you know it exists ● *Are you aware of the fact that films can cost millions of dollars to make?*

➣ awareness (n) ❖ świadomy, powiadomiony

✎ Opp: unaware

* 1. **appear** (v) /əˈpɪə(r/

to seem ● *From the sound of her voice, she appeared to be worried.* ➣ appearance (n)

* wydawać się ✎ Opp: disappear
  1. **wealth** (n) /welθ/

riches ● *The woman used her wealth to make the world a better place.* ➣ wealthy (adj)

* majątek, bogactwo
  1. **famously** (adv) /ˈfeɪməsli/

in a way that is well-known ● *They played a song which was famously sung by David*

*Bowie.* ➣ famous (adj) ❖ słynnie, doskonale

* 1. **ahead** (adv) /əˈhed/

into the future; in front ● *The snow was so heavy that he couldn’t see the road ahead.*

* naprzód
  1. **obvious** (adj) /ˈɒbviəs/

clear to see or understand ● *It was obvious that we were going in the wrong direction, so we turned back.* ➣ obviously (adv)

* oczywisty
  1. **avoid** (v) /əˈvɔɪd/

to keep away from ● *They went to the city by metro to avoid the busy roads.*

➣ avoidance (n) ❖ unikać

* 1. **alert** (v) /əˈlɜːt/

to tell sb about a danger ● *The police stopped the cars to alert drivers to the danger of floods ahead.* ➣ alert (adj), alertness (n) ❖ ostrzegać

* 1. **congratulate** (v) /kənˈɡrætʃəleɪt/

to express happiness to sb for their success at sth ● *I congratulated Maria on passing her driving test.* ➣ congratulations (n pl)

* gratulować
  1. **affect** (v) /əˈfekt/

to make sb/sth change in a particular way

* + - *His advice will not affect my decision.*
* wpływać, mieć wpływ
  1. **effect** (n) /ɪˈfekt/

a change sth has on sb/sth ● *Do you think some colours have an effect on your mood?*

➣ effective (adj) ❖ efekt, wpływ

**LOOK!**

**Affect vs effect**

Watch out for the difference between these two words. **Affect** is a verb, while **effect** is a noun.

*The weather can* ***affect*** *people’s feelings negatively*. *The* ***effect*** *of the weather on people’s feelings is sometimes negative*.

* 1. **react** (v) /rɪˈækt/

to behave in a particular way because of sth that has happened ● *The tennis player reacted slowly and didn’t manage to hit the ball.*

➣ reaction (n) ❖ reagować

Vocabulary **Page 8**

* 1. **care** (n) /keə(r)/

giving attention and looking after sb/sth

* + - *Parents should give their children love and care.* ➣ care (v), caring, careful, careless (adj)
* opieka
  1. **caring** (adj) /ˈkeərɪŋ/

full of love and affection ● *Susan is a caring person and likes babysitting the children.*

➣ care (v, n) ❖ troskliwy, opiekuńczy

* 1. **confident** (adj) /ˈkɒnfɪdənt/

feeling sure ● *She has a lot of experience and is confident that she can get the job.*

➣ confidence (n) ❖ pewny

* 1. **embarrassed** (adj) /ɪmˈbærəst/

feeling uncomfortable and worrying about what people think of you ● *He was so embarrassed when he spilt coffee on his boss’s laptop.*

➣ embarrass (v), embarrassment (n), embarrassing (adj) ❖ zawstydzony

* 1. **embarrassment** (n) /ɪmˈbærəsmənt/

the feeling of being embarrassed ● *Emma’s face went red with embarrassment when her mum read her diary.* ➣ embarrassed, embarrassing (adj), embarrass (v) ❖ wstyd

* 1. **enthusiasm** (n) /ɪnˈθjuːziæzəm/

a strong feeling of excitement and interest

* + - *There is a lot of enthusiasm for the project and many students want to take part.*

➣ enthusiastic (adj), enthusiastically (adv)

* entuzjazm
  1. **imagination** (n) /ɪˌmædʒɪˈneɪʃn/

the ability to think of new and exciting ideas which are not obvious ● *An artist needs to have a good imagination as well as talent.*

➣ imagine (v), imaginative, imaginary (adj), imaginatively (adv) ❖ wyobraźnia

* 1. **imaginative** (adj) /ɪˈmædʒɪnətɪv/

having new and exciting ideas ● *She is an imaginative author whose novels are brilliant.*

➣ imaginatively (adv), imagine (v), imagination (n), imaginary (adj) ❖ pomysłowy, obdarzony wyobraźnią

* 1. **loneliness** (n) /ˈləʊlinəs/

sadness because you are alone ● *He felt great loneliness on his first week at college when he knew nobody.* ➣ lonely (adj) ❖ samotność

* 1. **lonely** (adj) /ˈləʊnli/

feeling sad about being alone or not knowing people ● *Students might feel a bit lonely in their first weeks at university*. ➣ loneliness (n)

* samotny
  1. **pride** (n) /praɪd/

the feeling of being pleased at sb’s success

* + - *He felt a sense of pride at seeing his paintings in the exhibition.* ➣ proud (adj), proudly (adv) ❖ duma
  1. **proud** (adj) /praʊd/

pleased with yourself or sb else ● *She felt proud of herself when she won the tennis tournament.*

➣ pride (n), proudly (adv) ❖ dumny

* 1. **sense** (n) /sens/

the ability to make logical decisions

* + - *She had the sense to realise that it was too dangerous to continue driving in the fog.*
* rozsądek
  1. **sensible** (adj) /ˈsensɪbl/

able to make good judgements ● *It isn’t sensible to go hiking in a snowstorm.*

➣ sensibly (adv), sense (n) ❖ rozsądny

✎ Opp: silly

* 1. **stress** (n) /stres/

the feeling of being so worried or tired that you cannot relax ● *The stress of looking for a job keeps him awake at night.* ➣ stress (v), stressed, stressful (adj) ❖ stres

* 1. **stressed** (adj) /strest/

so worried or tired that you cannot relax

* + - *Most students get stressed before exams.*

➣ stress (v, n), stressful (adj) ❖ zestresowany

* 1. **original** (adj) /əˈrɪʤənl/

existing or happening first ● *The original owners of our house were a family who moved to Australia.* ➣ originality (n) ❖ pierwotny, początkowy

* 1. **rude** (adj) /ruːd/

not polite; showing no respect ● *Shouting at your teacher was very rude. You should*

*apologise to her.* ➣ rudeness (n), rudely (adv)

* niegrzeczny ✎ Opp: polite
  1. **easy-going** (adj) /ˈiːzi-gəʊɪŋ/

not easily upset, annoyed or worried ● *John will do whatever we want to do; he’s very easy- going, you know.* ❖ na luzie, bezproblemowy

* 1. **miserable** (adj) /ˈmɪzrəbl/

very unhappy ● *What’s wrong? You look so miserable.* ➣ misery (n), miserably (adv)

* nieszczęśliwy, marny
  1. **close** (adj) /kləʊs/

when sb likes and gets on well with sb else

* + - *They’ve been close friends since they were very young and they share all their secrets.*
* bliski
  1. **sibling** (n) /ˈsɪblɪŋ/

a brother or sister ● *Barbara is the oldest of four children, so she helps look after her younger siblings.* ❖ rodzeństwo

* 1. **relation** (n) /rɪˈleɪʃn/

how two people feel and behave towards each other ● *My relations with my wife's family have got better since our son was born.* ❖ relacja

* 1. **distant** (adj) /ˈdɪstənt/

related, but not closely ● *I discovered that we have some distant family members in Canada. Their parents were my grandfather’s cousins.*

➣ distance (n) ❖ daleki

* 1. **stepbrother** (n) /ˈstepbrʌðə(r)/

the son of your stepmother (= the new wife of your father) or your stepfather (= the new husband of your mother) from a previous marriage ● *After Mum and Dad’s divorce, Dad got married to Serena who already has two sons. So now I have two stepbrothers.*

* przyrodni brat
  1. **brother-in-law** (n) /ˈbrʌðər ɪn lɔː/

the brother of your husband or wife ● *Bob’s sister is married to Tom, so that’s his brother- in-law.* ❖ szwagier

* 1. **generous** (adj) /ˈdʒenərəs/

giving freely ● *Harry is very generous and pays his workers well.* ➣ generously (adv), generosity (n) ❖ hojny, szczodry ✎ Opp: mean

* 1. **mother-in-law** (n) /ˈmʌðər ɪn lɔː/

the mother of your husband or wife ● *Dan gets on quite well with his mother-in-law and he respects the way she brought up his wife.*

* teściowa
  1. **help out** (phr v) /help ˈaʊt/

to help sb in a difficult situation ● *At the weekend, I help out at the local animal shelter.* ❖ pomagać

**Feelings: nouns**

care confidence embarrassment happiness hunger

loneliness loss

pride sadness sense

seriousness stress support togetherness

Grammar **Page 9**

* 1. **powder** (n) /ˈpaʊdə(r)/

a dust-like substance ● *Flour is a powder used in baking bread and cakes.* ❖ proszek

* 1. **clue** (n) /kluː/

sth that helps you to solve a mystery

* + - *The detective who was investigating the disappearance of the old lady found a clue in her diary.* ❖ wskazówka
  1. **lead** (v) /liːd/

to show the way (to a place) ● *The narrow path led to the top of the hill.* ❖ prowadzić

* 1. **water level** (n) /ˈwɔːtə levl/

the height that the surface of water reaches above the ground ● *As the rain flooded the streets, the water level rose to 1.5 metres.*

* poziom wody
  1. **rise** (v) /raɪz/

to become higher or greater in amount or number ● *The sun came up and the temperature rose to 30oC.* ➣ rise (n)

* wzrastać, podnosić się
  1. **plot** (n) /plɒt/

the events in the story of a book, film or play

* + - *The plot in this film is about a father looking for his lost daughter.* ❖ fabuła
  1. **commentary** (n) /ˈkɒməntri/

a spoken description of an event while it is happening ● *We couldn’t go to the match, so we listened to the commentary of it on the radio.* ➣ comment (n, v), commentator (n)

* komentarz
  1. **continually** (adv) /kənˈtɪnjuəli/

all the time; repeatedly ● *She couldn’t sleep because of her neighbours continually playing loud music at night.* ➣ continue (v), continual

(n) ❖ nieprzerwanie

* 1. **behaviour** (n) /bɪˈheɪvjə(r)/

the way a person or animal does things

* + - *The biologist is studying the gorilla’s behaviour.* ➣ behave (v) ❖ zachowanie
  1. **right now** (adv) /raɪt naʊ/

exactly at this moment ● *I’m too busy to talk on the phone right now, so I’ll call you later.*

* teraz, w tej chwili
  1. **public transport** (n) /ˈpʌblɪk ˈtrænspɔːt/

all the ways for people to travel in a country/city that the government provides, e.g. bus, metro

* + - *It’s sensible to use public transport instead of cars, but the buses and metro are so crowded.*
* transport publiczny
  1. **outgoing** (adj) /ˌaʊtˈɡəʊɪŋ/

sociable; open and friendly towards other people ● *My sister is more outgoing than I am; she loves leading group activities, but I’m quite shy.* ❖ towarzyski

* 1. **excuse me** (expr) /ɪkˈskjuːz miː/ used to get sb’s attention to say sth
     + *Excuse me, do you have this T-shirt in blue?*
* przepraszam

Listening **Page 10**

* 1. **jigsaw puzzle** (n) /ˈdʒɪɡsɔː ˈpʌzl/

a picture on thin cardboard that is cut into small shapes for you to put together ● *On rainy days, I enjoy playing board games with friends or doing a jigsaw puzzle alone.* ❖ układanka, puzzle

* 1. **birth** (n) /bɜːθ/

the time when sb/sth is born; the act of being born ● *Shakespeare’s place of birth was a town called Stratford.* ❖ urodzenie

✎ Also: date of birth

* 1. **adventurous** (adj) /ədˈventʃərəs/

who enjoys trying new things or taking risks

* + - *George isn’t adventurous enough to go camping. He’s afraid of insects!*

➣ adventure (n) ❖ śmiały, żądny przygód

* 1. **expedition** (n) /ekspəˈdɪʃn/

a long, carefully organised journey to a dangerous or unfamiliar place ● *They made preparations for their expedition to Antarctica.*

* wyprawa
  1. **develop** (v) /dɪˈveləp/

improve ● *Our friendship has developed over the years and now we’re best friends.*

➣ development (n), developed (adj) ❖ rozwijać

* 1. **society** (n) /səˈsaɪəti/

an organisation for people with the same interest

* + - *Our local dramatic society is putting on a play next week.* ❖ stowarzyszenie, klub ✎ Syn: club

Speaking **Page 11**

* 1. **be mad about** (expr) /biː mædˈ əˈbaʊt/

to like or enjoy very much ● *I don’t understand why my friends are mad about sushi. I hate it!*

* przepadać za
  1. **fan** (n) /fæn/

sb who likes a particular activity, person or team ● *The fans cheered loudly when the band went on stage.* ❖ fan

* 1. **retire** (v) /rɪˈtaɪə/

to stop working because you have reached a certain age ● *Grandpa retired at 65 and he now relaxes at home.* ➣ retirement (n)

* przejść na emeryturę
  1. **talkative** (adj) /ˈtɔːkətɪv/

sb who likes to talk a lot ● *Terry is tired, so he’s very quiet and not as talkative as usual today.* ❖ gadatliwy

* 1. **by heart** (expr) /baɪ hɑːt/

from memory ● *I learnt this poem by heart when I was in primary school.* ❖ na pamięć

* 1. **though** (adv) /ðəʊ/

however ● *I get on well with Mike. I haven’t known him long, though.* ❖ jednak

* 1. **range** (n) /reɪndʒ/

a number of different things of the same kind

* + - *The shop has a wide range of souvenirs to choose from.* ❖ asortyment, gama
  1. **pretty** (adv) /ˈprɪti/

quite ● *We were pretty tired after the long walk.* ❖ całkiem, dość

Grammar **Page 12**

* 1. **high street** (n) /ˈhaɪ striːt/

the main street in a town, where most of the shops, businesses, etc. are ● *Have you been to that new restaurant on the high street?*

* główna ulica
  1. **childhood** (n) /ˈtʃaɪldhʊd/

the period of sb’s life when they are a child

* + - *He spent his childhood in the country, but when he was 16 his family moved to London.*

➣ child (n), childish (adj) ❖ dzieciństwo

* 1. **unattended** (adj) /ˌʌnəˈtendɪd/

an object left somewhere without being supervised ● *There are signs everywhere at the airport warning you not to leave your bags unattended.* ❖ bez dozoru

Use your English **Page 13**

* 1. **hang out** (phr v) /hæŋ aʊt/

to spend a lot of time somewhere or with sb

* + - *Ken hangs out with his friends at the mall every Saturday.* ❖ spędzać czas
  1. **have a lot in common** (expr) /həv ə lɒt ɪn

ˈkɒmən/

to have the same interests as sb; be like sb in a certain way ● *Eva has a lot in common with her sister.* ❖ mieć z kimś wiele wspólnego

* 1. **get on sb’s nerves** (expr) /get ɒn ˈsʌmbədiz nɜːvz/

to annoy sb ● *Steve plays his guitar badly all the time and it really gets on my nerves.*

* denerwować kogoś
  1. **keep in touch with** (expr) /kiːp ɪn tʌʧ wɪð/

to talk or write to sb ● *Billie moved to Canada, but he keeps in touch with his friends by email.*

* utrzymywać z kimś kontakt
  1. **be dying to/for** (expr) /biː ˈdaɪɪŋ tuː/fɔː/

to really want to do sth ● *I’m dying to paint my room orange, but my mum won’t let me.*

* chcieć czegoś bardzo
  1. **be a natural (at)** (expr) /biː ə ˈnæʧrəl (æt)/ be good at sth without having to try hard
     + *He’s a natural at swimming and spends all his summer in the sea.* ❖ być w czymś dobrym
  2. **fall out with** (phr v) /fɔːl aʊt wɪð/

to argue and stop being friends (with) ● *Steven fell out with his friends when he discovered they had told him lies.* ❖ pokłócić się z

* 1. **see red** (expr) /siː red/

to get angry ● *Katy saw red and started shouting angrily.* ❖ zezłościć się

* 1. **give sb the green light** (expr) /gɪv ˈsʌmbədi ðə griːn laɪt/to give sb permission to do sth
     + *When the doctor gives you the green light, you can start doing sports again.* ❖ dać komuś pozwolenie
  2. **black and white** (expr) /blæk ənd waɪt/ clear and simple ● *This is a difficult problem to solve. It’s not just black and white.*
* czarno-biały
  1. **straightforward** (adj) /ˌstreɪtˈfɔːwəd/

easy to understand and simple ● *Can you give me a straightforward explanation of what this text means?* ❖ prosty

* 1. **as good as gold** (expr) /əz gʊd əz gəʊld/ behaving very well ● *The children were as good as gold at dinner time and ate their meal quietly.* ❖ być bardzo grzecznym
  2. **naughty** (adj) /ˈnɔːti/

behaving badly ● *Tina has been very naughty. She’s hidden her brother’s tablet.*

* niegrzeczny, niesforny
  1. **well-behaved** (adj) /ˌwel bɪˈheɪvd/ behaving well ● *The fans were all well-*

*behaved at the basketball game.* ❖ ułożony, grzeczny

* 1. **show your true colours** (expr) /ʃəʊ jə(r) truː

ˈkʌləz/

to show your true character ● *Ben showed his true colours when he won $20,000 in the lottery.* ❖ pokazać swoje prawdziwe oblicze

* 1. **personality** (n) /pɜːsəˈnæləti/

character ● *She has a very calm and generous personality.* ➣ person (n), personal (adj)

* charakter, osobowość
  1. **sense of humour** (expr) /sens əv ˈhjuːmə(r)/ the ability to see the funny side of things
     + *My brother has no sense of humour. He never thinks my tricks are funny!* ❖ poczucie humoru
  2. **unkind** (adj) /ˌʌnˈkaɪnd/

slightly cruel ● *Why did you take your little brother’s toy away? It was unkind of you.*

➣ unkindly (adv), unkindness (n) ❖ niemiły

✎ Opp: kind

* 1. **spare time** (expr) /ˌspeə ˈtaɪm/

free time ● *I love to go hiking and kayaking in my spare time.* ❖ czas wolny

**Expressions and phrasal verbs**

as good as gold have a lot in common

be a natural at help out

be dying to keep in touch with

be mad about keep your word

black and white see red

fall out with sense of humour

feel blue show your true colours

get on my nerves spare time

give the green light take care hang out

Writing **Pages 14–15**

* 1. **similarity** (n) /sɪməˈlærəti/

If there is a similarity between things or people, they are almost the same. ● *There’s such a similarity between these two people that they must be twins.* ➣ similar (adj) ❖ podobieństwo

* 1. **graphic novel** (n) /ˌɡræfɪk ˈnɒvl/

a book with the story told in pictures, like a comic ● *The graphic novel was about a serious issue, but showed it in an amusing way through pictures and dialogue.*

* powieść graficzna
  1. **take care** (expr) /teɪk keə(r)/

used to say goodbye informally ● *He ended his email with ‘See you soon. Take care!’*

* trzymaj się

Live well, study well

# Page 16

* 1. **value** (v) /væljuː/

to think that sb/sth is important ● *I’ve always valued my mother’s advice.* ➣ value (n), valuable (adj) ❖ cenić

* 1. **accept** (v) /əkˈsept/

to agree to sth as it is; to say ‘yes’ to an invitation or offer ● *If you move to another country, you have to accept that the culture may be different to yours.* ➣ acceptance (n), acceptable (adj) ❖ zgadzać się, akceptować

* 1. **understanding** (adj) /ˌʌndəˈstændɪŋ/ showing that you understand sb’s situation and will offer to help or forgive sb ● *The police officer was kind and understanding when our car was stolen.* ➣ understand (v), understanding (n) ❖ wyrozumiały
  2. **judge** (v) /dʒʌdʒ/

to decide what you think of sb/sth from what you know ● *We shouldn’t judge a person’s character from the clothes they wear.*

➣ judge (n) ❖ oceniać, osądzać

* 1. **keep your word** (expr) /kiːp jɔː wɜːd/

to do what you told sb you would do ● *Ken kept his word and gave me back the money he’d borrowed as soon as he got paid.*

* dotrzymywać słowa
  1. **respect** (v) /rɪˈspekt/

to show you understand that sb/sth is important and make sure you do not do anything against them ● *You should respect other people’s wishes.* ➣ respect (n)

* szanować
  1. **listener** (n) /ˈlɪsənə(r)/

sb who listens ● *If you want to stay friends with him, try to be a better listener and don’t just talk about yourself all the time.* ➣ listen (v)

* słuchacz
  1. **treat** (v) /triːt/

to behave to sb in a particular way ● *He treats his dog well, and cooks chicken and steak for its meals.* ➣ treat, treatment (n) ❖ traktować

* 1. **feedback** (n) /ˈfiːdbæk/

comments or information about how good or useful sth is ● *So far, we’ve had positive feedback from our customers.* ❖ informacja zwrotna

* 1. **togetherness** (n) /təˈɡeðənəs/

the feeling of being with people you get on well with ● *During the camping weekend, the group developed a true sense of togetherness.*

➣ together (adv) ❖ więź

* 1. **quality time** (n) /ˈkwɒləti taɪm/

time you spend with sb when you can give them your complete attention ● *Stella feels she’d like to work fewer hours to spend more quality time with her family.* ❖ czas spędzony z bliskimi

* 1. **support** (n) /səˈpɔːt/

help given to sb by being kind to them during a difficult time ● *When I feel down, I can always rely on support from my friends.* ➣ support (v), supportive (adj) ❖ wsparcie

* 1. **encouragement** (n) /ɪnˈkʌrɪdʒmənt/

the act of doing sth that encourages sb ● *With her friend’s encouragement, Ellie applied for a better job.* ➣ encourage (v) ❖ zachęta

* 1. **willing** (adj) /ˈwɪlɪŋ/

open to doing sth ● *He’s always willing to help his friends when they need it most.*

➣ willingly (adv), willingness (n) ❖ skłonny, chętny

* 1. **compromise** (v) /ˈkɒmprəmaɪz/

to come to an agreement by leaving out some of the things you want ● *Fred wasn’t keen*

*on my idea to sleep in a tent, so we decided to compromise and stay in a caravan on a campsite.* ➣ compromise (n) ❖ pójść na kompromis

* 1. **responsibility** (n) /rɪˌspɒnsəˈbɪlɪti/ sth that sb has to do as a job or duty
     + *When Eddie’s parents are at work, it’s his responsibility to prepare dinner.* ➣ responsible (adj) ❖ obowiązek, odpowiedzialność
  2. **admit** (v) /ədˈmɪt/

to agree that you did sth bad or that sth bad is true ● *The teacher admitted that he had given us the wrong test.* ❖ przyznawać

* 1. **growth** (n) /ɡrəʊθ/

the process of developing ● *The teenage years are an important stage of a person’s emotional growth.* ➣ grow (v) ❖ rozwój

* 1. **additional** (adj) /əˈdɪʃn̩əl/

extra; more ● *The leaflet gave basic details about the castle, so I downloaded additional information about it from the internet.*

➣ addition (n), additionally (adv) ❖ dodatkowy

* 1. **potential** (adj) /pəˈtenʃl/

possible ● *Destroying the Amazon rainforest is a potential disaster for the whole world.*

➣ potential (n) ❖ potencjalny

* 1. **challenging** (adj) /ˈʧælənʤɪŋ/

difficult in an interesting way ● *This computer game is very challenging, but I’m not going to give up.* ➣ challenge (v, n) ❖ stanowiący wyzwanie, trudny

* 1. **point of view** (expr) /pɔɪnt əv vjuː/

an opinion ● *You can express your point of view after he finishes his presentation.*

* punkt widzenia
  1. **reasoning** (n) /ˈriːzənɪŋ/

the process of working things out and forming opinions logically ● *I still disagree with his decision although I understood his reasoning.*

➣ reason (n, v), reasonable (adj)

* rozumowanie, argumentacja
  1. **challenge** (v) /ˈʧælənʤ/

to question sb’s opinions ● *He challenged her view that it’s healthy to be a vegan*.

➣ challenge (n), challenging (adj) ❖ poddać w wątpliwość

* 1. **offensive** (adj) /əˈfensɪv/

rude and making sb feel upset ● *John felt annoyed when someone posted an offensive comment about him online.* ➣ offend (v), offence, offender (n) ❖ obraźliwy

* 1. **contract** (n) /ˈkɒntrækt/

a written agreement ● *Before signing the contract to rent the house, she read it carefully to check the details.* ➣ contractor (n) ❖ umowa

* 1. **accidentally** (adv) /ˌæksɪˈdentəli/

by mistake; without intending to ● *He accidentally sent the email to the wrong person.* ➣ accident (n), accidental (adj)

* przypadkowo, nieumyślnie
  1. **exchange** (v) /ɪksˈʧeɪnʤ/

to replace one thing with another ● *After work, they often meet at a café to exchange thoughts about their day.* ➣ exchange (n)

* wymieniać
  1. **currently** (adv) /ˈkʌrəntli/

at the moment; now ● *The restaurant is currently closed for repairs and will open again next month.* ➣ current (adj) ❖ obecnie

* 1. **speech** (n) /spiːtʃ/

a formal talk ● *The president will make a speech on TV tonight.* ➣ speak (v), speaker

(n) ❖ przemowa

**Adjective endings**

**-ic** energetic enthusiastic

**-ous** adventurous generous nervous

**-ing**

caring challenging easy-going eye-catching outgoing understanding willing

**-ed** ashamed depressed embarrassed stressed unattended

well-behaved

**-al** additional cultural original

**-ly**

lonely

**-ble** miserable sensible

**-ive** aggressive imaginative offensive supportive talkative

**Relationships: verbs**

accept compromise

admit congratulate

challenge judge

respect trust value