**1** Who am I?

 Glossary

# Page 5

* 1. **grandmother** (n) /ˈɡrænmʌðə(r)/

the mother of your mother or father ● *Nicola’s Italian grandmother is her dad’s mother.*

* + - babcia
	1. **grandfather** (n) /ˈɡrænfɑːðə(r)/

the father of your mother or father ● *My grandfather is 62 years old.* ❖ dziadek

* 1. **son** (n) /sʌn/

a boy child ● *Tom and Mary’s son is a really handsome boy.* ❖ syn

* 1. **daughter** (n) /ˈdɔːtə(r)/

a girl child ● *Mr Smith’s daughter Sharon is doing her homework.* ❖ córka

Reading **Pages 6–7**

* 1. **activity** (n) /ækˈtɪvəti/

something that you do to have fun ● *My favourite activity is playing tennis.* ➣ act (v), active (adj), actively (adv) ❖ aktywność

* 1. **explorer** (n) /ɪkˈsplɔːrə(r)/

sb who travels to new places to find out about them ● *Christopher Columbus was an explorer. He sailed to America.* ➣ explore (v), exploration (n) ❖ odkrywca

* 1. **diver** (n) /ˈdaɪvə(r)/

sb who swims underwater, using special equipment to breathe ● *The diver put on his mask and jumped off the boat.* ❖ nurek

* 1. **French** (adj) /frentʃ/

from France ➣ French (n) ❖ francuski

* 1. **France** (n) /frɑːns/

a country in Europe ➣ French (adj, n)

* + - Francja
	1. **hardly ever** (adv) /ˈhɑːdli ˈevə(r)/

not very often; almost never ● *We hardly ever see Uncle Joe because he lives in New Zealand.* ❖ prawie nigdy

* 1. **around** (prep) /əˈraʊnd/

in many parts of a place ● *I’ve got lots of friends from all around the world.* ❖ dookoła

* 1. **leader** (n) /ˈliːdə(r)/

a person or animal who shows the others in a group what to do ● *Janice is the leader of our school band. She writes and sings all the songs.* ➣ lead (v) ❖ przywódca

* 1. **team** (n) /tiːm/

a group of people that work together or play a sport together ● *I’m in the school basketball team.* ❖ zespół, drużyna

* 1. **Pole** (n) /pəʊl/

one of the two points at the north or south end

of the Earth ● *The South Pole is in Antarctica.*

* + - biegun
	1. **scientist** (n) /ˈsaɪəntɪst/

sb who studies and works with science

* *Scientists are studying the sea levels around Antarctica.* ➣ science (n), scientific (adj)
	+ - naukowiec
	1. **sailor** (n) /ˈseɪlə(r)/

sb who works on a ship; sb who sails a boat

* *Dave wants to become a sailor and travel around the world in a small boat.*
	+ - marynarz, żeglarz
	1. **explore** (v) /ɪkˈsplɔː(r)/

to go around a place to learn things about it

* *Let’s leave our boat here and explore the island.* ❖ odkrywać, badać
	1. **usually** (adv) /ˈjuːʒuəli/

as a usual routine; normally ● *We usually walk to school, but today we’re going in Mum’s car.*

➣ usual (adj), unusual (adj) ❖ zazwyczaj

* 1. **travel** (v) /ˈtrævl/

to go from one place to another ● *My grandma likes travelling around France in summer.*

* + - podróżować
	1. **icy** (adj) /ˈaɪsi/

covered in ice; very cold ● *It’s dangerous to drive on icy roads.* ❖ oblodzony

* 1. **land** (n) /lænd/

a piece of ground ● *The land next to our house is Mr Smith’s garden.* ❖ teren, grunt

* 1. **part** (n) /pɑːt/

a piece of a place or thing ● *There are a lot of farms in this part of the country.* ❖ część

* 1. **like** (prep) /laɪk/

for example ● *Tim enjoys doing sports in the sea like diving and swimming.* ❖ (taki) jak

* 1. **Greenland** (n) /ˈɡriːnˌlənd/

a large island in the Arctic Ocean

➣ Greenlandic (adj) ❖ Grenlandia

* 1. **Antarctica** (n) /ænˈtɑːktɪkə/

a continent in the Southern Ocean

➣ Antarctic (adj) ❖ Antarktyka

* 1. **Hawaii** (n) /həˈwaɪi/

an American state in the Pacific Ocean

➣ Hawaiian (adj, n) ❖ Hawaje

* 1. **Tahiti** (n) /tɑːˈhiːti/

an island in the Pacific Ocean

➣ Tahitian (adj, n) ❖ Tahiti

* 1. **film** (n) /fɪlm/

moving pictures with sound that show a story or information ● *We’re watching a film about the life of sharks.* ➣ film (v) ❖ film

* 1. **take photos** (phr) /teɪk ˈfəʊtəʊz/

take pictures with a camera ● *Liz loves taking photos of her friends.* ❖ robić zdjęcia

* 1. **adventure** (n) /ədˈventʃə(r)/

a journey or experience that is exciting and may be dangerous ● *The first time I travelled by plane was a big adventure for me.*

➣ adventurous (adj) ❖ przygoda

* 1. **dive** (v) /daɪv/

to swim underwater using equipment to help you to breathe ● *Would you like to learn to dive to look at the animals in the sea?*

➣ diver, diving (n) ❖ nurkować

* 1. **underwater** (adv) /ˌʌndəˈwɔːtə(r)/

below the surface of the water ● *Can you swim underwater with your eyes open?*

➣ underwater (adj) ❖ podwodny

* 1. **sometimes** (adv) /ˈsʌmtaɪmz/

not always ● *Harry sometimes meets his friends after school, but not every day.*

* + - czasami
	1. **across** (adv) /əˈkrɒs/

from one side of a place to another ● *The boat is sailing across the sea to France.*

* + - przez
	1. **return (to)** (v) /rɪˈtɜːn (tʊ)/

to go back to ● *When we return to Italy, we want to see Mount Vesuvius.* ➣ return (n)

* + - wracać (do)
	1. **visit** (v) /ˈvɪzɪt/

to go and see a place or person ● *How often do you visit your cousins?* ➣ visit (n), visitor (n)

* + - odwiedzać
	1. **student** (n) /ˈstjuːdnt/

a person who studies at a school, university,

etc. ● *There are 25 students in our class.*

➣ study (v) ❖ uczeń, student

* 1. **work** (n) /wɜːk/

the things you do which are part of your job

* *Ella is a teacher and she does a lot of work with young children.* ➣ work (v), worker (n)
	+ - praca
	1. **country** (n) /ˈkʌntri/

an area of land that has its own government, laws and way of life ● *Which country is Miguel from? Spain or Italy?* ❖ kraj

* 1. **also** (adv) /ˈɔːlsəʊ/

too; as well ● *I love football, but I also go swimming.* ❖ także

* 1. **parent** (n) /ˈpeərənt/

a mother or father ● *Gina’s parents are from Crete.* ❖ rodzic

* 1. **child** (n) /tʃaɪld/

a person who is not an adult yet, e.g. someone under 18 years old ● *How many children are in your class at school?* ❖ dziecko

✎ Plural: children /ˈtʃɪldrən/

* 1. **mum** (n) /mʌm/

a mother ● *My mum drives me to school every day.* ❖ mama ✎ Syn: mummy, mom

* 1. **swimming** (n) /ˈswɪmɪŋ/

the activity of moving through water by moving your arms and legs ● *Eleni goes swimming in the sea in summer.* ➣ swim (v), swimmer (n)

* + - pływanie
	1. **diving** (n) /ˈdaɪvɪŋ/

the activity or sport of swimming underwater, using special equipment so you can breathe

* *I want to go diving in the Caribbean Sea.*

➣ dive (v), diver (n) ❖ nurkowanie

* 1. **important** (adj) /ɪmˈpɔːtnt/

having a strong effect on sb/sth ● *My parents are the most important people in my life.*

➣ importance (n) ❖ ważny

✎ Opp: unimportant

* 1. **member** (n) /ˈmembə(r)/

a person who is or becomes part of a group

* *Sandy is a member of the swimming club.*
	+ - członek
	1. **job** (n) /dʒɒb/

the work that sb does to get money ● *My aunt has two jobs. She cleans houses in the morning and works in a café in the evening.*

* + - praca, posada
	1. **bark** (v) /bɑːk/

to make a loud short noise (which dogs make) ● *That dog barks every time another dog comes near the house.* ➣ bark (n) ❖ szczekać

* 1. **polar bear** (n) /ˈpəʊlə(r) beə(r)/

a large white bear from the area around the North Pole ● *Polar bears are the biggest bears on Earth and weigh up to 720 kilos.*

* + - niedźwiedź polarny
	1. **control** (n) /kənˈtrəʊl/

the power to decide how things should be and tell other people what to do ● *The captain is in control of the ship.* ❖ kontrola, nadzór

* 1. **group** (n) /ɡruːp/

people, animals or things that are together for some reason ● *Many groups of visitors come to the island every year.* ❖ grupa, gromada

* 1. **study** (v) /ˈstʌdi/

to read and practise a subject to learn about it

* *My sister is studying for her maths test.*

➣ student (n) ❖ uczyć się

* 1. **science** (n) /ˈsaɪəns/

the study of things in the natural and

man-made world by looking at facts ● *Norma studies biology at college. It’s her favourite science.* ➣ scientist (n), scientific (adj)

* + - nauka
	1. **different** (adj) /ˈdɪfrənt/

not the same ● Y*our hair looks different today. It’s very nice!* ➣ difference (n) ❖ różny, inny

* 1. **live** (v) /lɪv/

to have your home in a place ● *My cousins live in a small house in France.* ❖ mieszkać

* 1. **stay** (v) /steɪ/

to live in a place for a short time; to be in a place for some time without leaving ● *We’re staying at our grandma’s house this week.*

* + - zostawać, zatrzymywać się
	1. **understand** (v) /ˌʌndəˈstænd/

to know the meaning of sth ● *I can’t understand this word. Do you know what it means?* ❖ rozumieć

* 1. **refer to** (phr v) /rɪˈfɜː(r) tʊ/

to talk about or be connected with ● *The questions on the form refer to where you live now.* ❖ mówić o, odnosić się do

* 1. **scientific** (adj) /ˌsaɪənˈtɪfɪk/

related to science ● *Please include scientific facts about the sea in your project.*

* + - naukowy
	1. **learn** (v) /lɜːn/

to find out about and understand sth ● *I want to learn to ride a horse.* ❖ dowiadywać się, uczyć

**LOOK!**

Remember that the verb *learn* means ʻto get knowledge or skillʼ, whereas the verb *teach* means ʻto give someone knowledgeʼ.

*Martha and Daniel are students. They’re* ***learning***

*Spanish.*

*Mr Wilson is our teacher. He* ***teaches*** *Spanish to secondary school students.*

* 1. **share** (v) /ʃeə(r)/

use sth together with other people ● *Mum and Dad have only got one car, so they share it to go to work.* ❖ dzielić, wspólnie korzystać

* 1. **information** (n) /ˌɪnfəˈmeɪʃn/

facts about sb or sth ● *You can find some information about photography online.*

➣ inform (v) ❖ informacje

* 1. **special** (adj) /ˈspeʃl/

designed for a particular use or purpose ● *You can take a special course to learn how to dive.*

* + - specjalny
	1. **danger** (n) /ˈdeɪndʒə(r)/

sth that can hurt people or damage things

* *The sign tells you about the danger of diving from the rocks.* ➣ dangerous (adj)
	+ - niebezpieczeństwo
	1. **research** (n) /rɪˈsɜːtʃ/

a study to find out or prove facts about sth ● *In our science class, we did some research about healthy eating.* ❖ badanie

* 1. **advantage** (n) /ədˈvɑːntɪdʒ/

sth that is good about sth ● *The advantage of using the school bus is that you can chat with your classmates on the way home from school.*

➣ advantageous (adj) ❖ korzyść, zaleta

* 1. **disadvantage** (n) /ˌdɪsədˈvɑːntɪdʒ/

sth that is bad about sth ● *The disadvantage of living in the UK is that it rains a lot.*

* + - wada, niekorzyść
	1. **prefer** (v) /prɪˈfɜː(r)/

like sb/sth better than sb/sth else ● *I prefer swimming to running. It’s a good way to relax.*

➣ preference (n) ❖ woleć, preferować

✎ prefer sb/sth to sb/sth else

Vocabulary **Page 8**

* 1. **island** (n) /ˈaɪlənd/

an area of land that has water all around it

* *We are sailing to the island on our boat.*
	+ - wyspa
	1. **Greece** (n) /ɡriːs/

a country in Europe ➣ Greek (adj, n)

* + - Grecja
	1. **Greek** (adj) /ɡriːk/

from Greece ➣ Greek (n) ❖ grecki

* 1. **China** (n) /ˈtʃaɪnə/

a country in Asia ➣ Chinese (adj, n)

* + - Chiny
	1. **Chinese** (adj) /ˌtʃaɪˈniːz/

from China ➣ Chinese (n) ❖ chiński

* 1. **spaghetti** (n) /spəˈɡeti/

a kind of pasta in long thin pieces ● *Do you want some spaghetti with tomato sauce?*

* + - spaghetti
	1. **dish** (n) /dɪʃ/

food made in a certain way as part of a meal

* *Spaghetti with cheese is Tony’s favourite Italian dish.* ❖ danie, potrawa
	1. **dance** (n) /dɑːns/

a set of special moves that sb performs to music ● *Mary is showing us how to do the samba and other Brazilian dances.* ➣ dance (v), dancer (n), dancing (n) ❖ taniec

* 1. **Spain** (n) /speɪn/

a country in Europe ➣ Spanish (adj, n)

* + - Hiszpania
	1. **Spanish** (adj) /ˈspænɪʃ/

from Spain ➣ Spanish (n) ❖ hiszpański

* 1. **Japan** (n) /dʒəˈpæn/

a country in Asia ➣ Japanese (adj, n)

* + - Japonia
	1. **Japanese** (adj) /ˌdʒæpəˈniːz/

from Japan ➣ Japan, Japanese (n)

* + - japoński
	1. **Britain** (n) /ˈbrɪtn/

an island which is part of the United Kingdom

➣ British (adj, n pl) ❖ Brytania

* 1. **British** (adj) /ˈbrɪtɪʃ/

from Great Britain ➣ Britain, British (n pl)

* + - brytyjski
	1. **Brazil** (n) /brəˈzɪl/

a country in South America ➣ Brazilian (adj, n)

* + - Brazylia
	1. **Brazilian** (adj) /brəˈzɪliən/

from Brazil ➣ Brazilian (n) ❖ brazylijski

* 1. **nationality** (n) /ˌnæʃəˈnæləti/

the state of belonging to a particular country

* *Kenneth was born in Oxford and his parents are from there, so his nationality is British.*
	+ - narodowość
	1. **date** (n) /deɪt/

the day when sth happens ● *What’s the date today? Is it the fifth or the sixth?* ❖ data

* 1. **fact** (n) /fækt/

sth that is true ● *It’s a fact that summer is very hot in Egypt.* ❖ fakt

* 1. **fresh water** (n) /freʃ ˈwɔːtə(r)/

water that is not salty ● *Everyone needs fresh water to drink.* ❖ słodka woda, świeża woda

* 1. **population** (n) /ˌpɒpjuˈleɪʃn/

the number of people who live in an area

* *The UK has a population of over 65 million and the number is growing every day.*

➣ populate (v) ❖ populacja

* 1. **town** (n) /taʊn/

a place with houses, shops, etc. that is smaller than a city ● *Brighton is an English town by the sea.* ❖ miasteczko

* 1. **national** (adj) /ˈnæʃnəl/

relating to all parts of one country ● *The first of January is a national holiday in the UK.*

➣ nationality (n) ❖ narodowy

* 1. **Australia** (n) /ɒˈstreɪliə/

a country in Oceania ➣ Australian (adj, n)

* + - Australia
	1. **Bolivia** (n) /bəˈlɪviə/

a country in South America ➣ Bolivian (adj, n)

* + - Boliwia
	1. **Egypt** (n) /ˈiːdʒɪpt/

a country in Africa ➣ Egyptian (adj, n) ❖ Egipt

* 1. **Ghana** (n) /ˈɡɑː.nə/

a country in Africa ➣ Ghanaian (adj, n)

* + - Ghana
	1. **Indonesia** (n) /ˌɪndəˈniːʒə/ a country in Southeast Asia

➣ Indonesian (adj, n) ❖ Indonezja

* 1. **Kazakhstan** (n) /ˌkæzəkˈstɑːn/

a country mostly within Central Asia

➣ Kazakh (adj, n) ❖ Kazachstan

* 1. **Poland** (n) /ˈpəʊlənd/

a country in Europe ➣ Polish (adj), Pole (n)

* + - Polska
	1. **be born** (v) /bi bɔːn/

to begin your life ● *Their first child was born in Paris in 2018.* ❖ urodzić się

* 1. **June** (n) /dʒuːn/

the month between May and July

* + - czerwiec
	1. **twenty-first** (number) /ˈtwenti fɜːst/

the number 21st ❖ dwudziesty pierwszy

* 1. **ninth** (number) /naɪnθ/

the number 9th ❖ dziewiąty

* 1. **January** (n) /ˈdʒænjueri/

the month between December and February

* + - styczeń
	1. **February** (n) /ˈfebrueri/

the month between January and March

* + - luty
	1. **March** (n) /mɑː(r)tʃ/

the month between February and April

* + - marzec
	1. **April** (n) /ˈeɪprəl/

the month between March and May

* + - kwiecień
	1. **May** (n) /meɪ/

the month between April and June

* + - maj
	1. **July** (n) /dʒuˈlaɪ/

the month between June and August

* + - lipiec
	1. **August** (n) /ɔːˈɡʌst/

the month between July and September

* + - sierpień
	1. **September** (n) /sepˈtembə(r)/

the month between August and October

* + - wrzesień
	1. **October** (n) /ɑːkˈtoʊbə(r)/

the month between September and November

* + - październik
	1. **November** (n) /noʊˈvembə(r)/

the month between October and December

* + - listopad
	1. **December** (n) /dɪˈsembə(r)/

the month between November and January

* + - grudzień
	1. **best friend** (n) /best frend/

**Dates**

the first the second the third the fourth the fifth the sixth

the seventh the eighth the ninth the tenth the eleventh the twelfth

the thirteenth the fourteenth the fifteenth the sixteenth

the seventeenth the eighteenth the nineteenth the twentieth the twenty-first

the twenty-second the twenty-third the twenty-fourth the twenty-fifth the twenty-sixth

the twenty-seventh the twenty-eighth the twenty-ninth the thirtieth

the thirty-first

the friend that you like spending time with most

* *I know many people, but George is my best friend. We go everywhere together.*
* najlepszy przyjaciel
	1. **favourite** (adj) /ˈfeɪvərɪt/

which you like best ● *Sally’s favourite hobby is reading books*. ➣ favourite (n)

* + - ulubiony

**Months**

January February March April

May June July August

September October November December

**Countries and Nationalities**

Australia – Australian India – Indian

Bolivia – Bolivian Indonesia – Indonesian

Brazil – Brazilian Italy – Italian

Britain – British Japan – Japanese

Chile – Chilean Kazakhstan – Kazakh

China – Chinese Malaysia – Malaysian

Egypt – Egyptian Mexico – Mexican

France – French Poland – Polish

Greece – Greek Spain – Spanish Greenland – Greenlandic Tahiti – Tahitian Hawaii – Hawaiian Turkey – Turkish

* 1. **online** (adj) /ˌɒnˈlaɪn/

that you can use on the internet ● *Do you play online games on your computer?* ➣ online (adv) ❖ online, internetowy ✎ Opp: offline

* 1. **profile** (n) /ˈprəʊfaɪl/

a short description of who a person is, what they like, etc. ● *Mum put a photo of our cat on her online profile.* ❖ profil

* 1. **penpal** (n) /ˈpenpæl/

sb that you make friends with by email or letters ● *Ilona and Joan were penpals for two years before they met face to face.*

* + - korespondencyjny przyjaciel

✎ Syn: penfriend

* 1. **Malaysian** (adj) /məˈleɪʒn/ from Malaysia ❖ malezyjski
	2. **date of birth** (n) /deɪt əv bɜːθ/

the day you first come into the world as a baby

* *Please write your name and date of birth on the entry form.* ❖ data urodzenia

✎ short form = D.O.B.

* 1. **dad** (n) /dæd/

a father ● *Adele’s dad is a sailor. He travels around the world.* ❖ tata

✎ Syn: daddy

* 1. **sailing** (n) /ˈseɪlɪŋ/

a sport in which you travel on a boat with sails ● *On our holiday in Greece, we went sailing around the islands on a small boat.*

➣ sail (v, n), sailor (n) ❖ żeglarstwo

Grammar **Page 9**

**Exploring**

**Verbs** dive explore learn share study travel

understand visit

**Nouns** country danger diving job land

polar bear Pole research

science sea turtle work

* 1. **India** (n) /ˌɪndiə/

➣ Indian (adj, n) ❖ Indie

* 1. **library** (n) /ˈlaɪbrəri/

a building which has books, magazines and other things for people to read or borrow to read or study ● *I can find books to help with my project in the school library.* ❖ biblioteka

* 1. **always** (adv) /ˈɔːlweɪz/

all the time; on all occasions ● *I always go to school by bus.* ❖ zawsze

* 1. **often** (adv) /ˈɒfn/

a lot of times; many times ● *How often do you go swimming?* ❖ często

* 1. **never** (adv) /ˈnevə(r)/

not at any time ● *Maisie doesn’t like football, so she never watches it on TV.* ❖ nigdy

* 1. **specific** (adj) /spəˈsɪfɪk/

particular; exact ● *I know that the game is on Saturday, but I don’t know the specific time.*

* + - konkretny, określony
	1. **reason** (n) /ˈriːzn/

the fact or event that makes sth happen ● *The reason why Tina is happy is that she is going on holiday.* ❖ powód

* 1. **open** (v) /ˈəʊpən/

to be ready for people to go into at the start of a day, week, etc. ● *The supermarket opens at eight o’clock every morning.* ❖ otwierać

* 1. **next to** (prep) /ˈnekst tə/

beside ● *My best friend sits next to me in school.* ❖ obok

* 1. **homework** (n) /ˈhəʊmwɜːk/

school work to do at home ● *I always do my homework in my bedroom after school.*

* + - * zadanie domowe
	1. **cost** (v) /kɒst/

to need a certain amount of money to buy

something ● *How much does the book cost?*

➣ cost (n), costly (adj) ❖ kosztować

* 1. **total** (adj) /ˈtəʊtl/

the whole amount/number of; all of ● *What is the total cost of the course?* ❖ całkowity, łączny

* 1. **instructions** (n pl) /ɪnˈstrʌkʃnz/ information about how to do or use sth
		+ *Read the instructions on the packet before you put the pizza in the oven.* ➣ instruct (v), instructor (n) ❖ instrukcje
	2. **cost** (n) /kɒst/

the amount you pay for sth ● *What is the total cost of a holiday in Hawaii?* ❖ koszt

**Time Adverbs of frequency** never

hardly ever sometimes often usually always

**Time phrases and adverbs** at the moment at the weekend every day

free time half past right now today spend time

**Personal information**

address nationality

date of birth surname

first name title

Listening **Page 10**

* 1. **surname** (n) /ˈsɜːneɪm/

your family name; your last name ● *Write your name and surname on the front page of your test.* ❖ nazwisko

* 1. **address** (n) /əˈdres/

your house number and street name, etc. that shows where you live ● *Write your address at the top of your letter.* ❖ adres

* 1. **first name** (n) /ˈfɜːst neɪm/

the name that you got when you were born, which comes before your surname ● *My aunt’s first name is Maria and her surname is Brown.*

* + - imię
	1. **photography** (n) /fəˈtɒɡrəfi/

the activity of taking photos ● *My aunt is good at photography. She takes photos of animals.*

➣ photograph (v, n), photo (n), photographer (n)

* + - fotografowanie
	1. **price** (n) /praɪs/

the money you need to buy sth ● *The price of the swimming lessons is £80.* ❖ cena

* 1. **course** (n) /kɔːs/

a group of lessons on one subject ● *My sister is doing a one-year course to learn Chinese.*

* + - kurs
	1. **begin** (v) /bɪˈɡɪn/

to start ● *What time does the lesson begin?*

➣ beginning (n) ❖ rozpoczynać

Speaking **Page 11**

* 1. **half past** (phr) /hɑːf pɑːst/

30 minutes after ● *The film starts at half past eight.* ❖ wpół do

* 1. **practise** (v) /ˈpræktɪs/

to do sth often to get better at it ● *Pavlina had a chance to practise speaking German when she went to Austria.* ❖ ćwiczyć

* 1. **secondary school** (n) /ˈsekəndri skuːl/

a school for students from about 11 to 18 years old ● *Eva is 12 and she’s in her first year at secondary school.* ❖ szkoła średnia

✎ Syn: high school

* 1. **hard** (adj) /hɑːd/

not easy ● *It isn’t hard to make a sandwich. I can show you.* ❖ trudny ✎ Syn: difficult

* 1. **early** (adv) /ˈɜːli/

before the usual time; at the start of a period of time ● *The school bus is hardly ever early. It’s often late.* ❖ wcześnie

* 1. **subject** (n) /ˈsʌbdʒɪkt/

a lesson you study at school ● *My favourite subject at school is maths.* ❖ przedmiot

* 1. **free time** (n) /friː taɪm/

the time when you don’t need to study or work, etc. ● *In my free time, I often play games with my sister.* ❖ czas wolny

* 1. **spend time** (phr) /spend taɪm/

to use your time ● *I like spending time with my dog Fred.* ❖ spędzać czas

Vocabulary **Page 12**

* 1. **daddy** (n) /ˈdædi/

father; dad ● *Daddy! Can you help me with my homework?* ❖ tatuś

* 1. **grandad** (n) /ˈɡrændæd/

grandfather ● *We sometimes visit our grandad in Glasgow at the weekend.* ❖ dziadek

✎ Syn: grandpa

* 1. **grandma** (n) /ˈɡrænmɑː/

grandmother ● *Teresa’s grandma in Spain is her mum’s mum.* ❖ babcia ✎ Syn: granny

* 1. **grandpa** (n) /ˈɡrænpɑː/

grandfather ● *My grandma and grandpa live in a town near the sea.* ❖ dziadziuś

✎ Syn: grandad

* 1. **granny** (n) /ˈɡræni/

grandmother ● *My granny in Mexico City is my dad’s mother.* ❖ babunia ✎ Syn: grandma

* 1. **mummy** (n) /ˈmʌmi/

mother ● *Mummy’s home! Let’s have lunch.*

* mamusia ✎ Syn: mum, mommy
	1. **grandparent** (n) /ˈɡrænpeərənt/

the mother or father of one of your parents

* + - *My grandparents live near us, so I see them often.* ❖ dziadkowie
	1. **married** (adj) /ˈmærid/

not single; having a husband or a wife

* + - *Uncle Rick is married to my Aunt Jane.*
* żonaty, zamężna
	1. **famous** (adj) /ˈfeɪməs/

very well-known ● *Giannis Antetokounmpo is a famous basketball player.* ➣ fame (n)

* sławny
	1. **conservationist** (n) /ˌkɒnsəˈveɪʃənɪst/

sb who helps to protect the natural world

* + - *A group of conservationists look after the sea turtles’ eggs on the beach.* ❖ ekolog
	1. **wife** (n) /waɪf/

a woman who is married to sb ● *The farmer’s wife is collecting the eggs from the chickens.*

* żona
	1. **aunt** (n) /ɑːnt/

a sister of your father or mother ● *My aunt in London is my dad’s sister.* ❖ ciocia

* 1. **husband** (n) /ˈhʌzbənd/

a man who is married to sb ● *Tina’s sister is married. Her husband Jack works at a diving school.* ❖ mąż

* 1. **uncle** (n) /ˈʌŋkl/

a brother of your father or mother

* + - *David is my uncle. He’s my mum’s brother.*
* wuja
	1. **nephew** (n) /ˈnefjuː/

a son of your brother or sister ● *My cousin Tom is my dad’s nephew.* ❖ bratanek, siostrzeniec

* 1. **cousin** (n) /ˈkʌzn/

a son or daughter of your mother’s or father’s brother or sister ● *I’ve got two aunts and three cousins, Meg, Martin and Eddie.*

* kuzyn, kuzynka
	1. **niece** (n) /niːs/

a daughter of your brother or sister ● *Fiona’s niece in Australia is her brother’s daughter.*

* bratanica, siostrzenica

**Jobs**

conservationist diver

explorer leader

sailor scientist student

**Family Members**

**Male** dad daddy father grandad

grandfather grandpa husband nephew son

**Female** aunt daughter grandma grandmother granny mother

mum mummy niece wife

**Male or Female**

child cousin

grandparent parent

Grammar **Page 13**

* 1. **college** (n) /ˈkɒlɪdʒ/

a kind of school where people can study a special subject; a name for a school for

children, especially one where parents pay for education ● *I’m taking painting lessons at art college.* ❖ uczelnia, szkoła wyższa

* 1. **hit** (v) /hɪt/

to move your hand or an object quickly against sth/sb to make it/them move or hurt it/

them ● *Natalie is hitting the tennis ball over the net.* ❖ uderzać

* 1. **shop** (v) /ʃɒp/

to buy things in a shop or online ● *Diana is shopping with her friend. She’s buying a*

*present for her grandma.* ➣ shop, shopping, shopper (n) ❖ kupować

* 1. **Chile** (n) /ˈtʃɪli/

a country in South America ➣ Chilean (adj, n)

* Chile
	1. **until** (prep) /ənˈtɪl/

up to a certain time ● *I’m staying with my granny until August.* ❖ do, dopóki

* 1. **Turkey** (n) /ˈtɜːki/

a country located mainly in Asia and partly in Europe ➣ Turk (n), Turkish (adj, n) ❖ Turcja

* 1. **at the moment** (phr) /æt ðə ˈməʊmənt/ now ● *I can’t talk to you at the moment. I’m doing my homework.* ❖ w tej chwili
	2. **right now** (adv) /raɪt naʊ/

exactly at this moment ● *Can I ask you something or are you busy right now?*

* teraz
	1. **action** (n) /ˈækʃn/

sth that sb does ● *Write four sentences about actions you do every day.* ➣ act (v, n), active (adj), actively (adv), actor (n)

* czynność
	1. **happen** (v) /ˈhæpən/

to take place ● *What’s happening out there? The street is very noisy.* ❖ dziać się, zdarzać się

* 1. **temporary** (adj) /ˈtempərəri/

happening only for a short time ● *Dan has got a temporary job in a café just for the summer.*

* tymczasowy
	1. **situation** (n) /ˌsɪtʃuˈeɪʃn/

the things that are happening at a specific time and place ● *The country is in a difficult situation.* ❖ sytuacja

* 1. **conversation** (n) /ˌkɒnvəˈseɪʃn/

a talk between two or more people ● *We had a long conversation about life in Australia.*

* rozmowa
	1. **really** (adv) /riːəli/

very much ● *It’s really hot in here. Please open the window.* ➣ real (adj) ❖ naprawdę

* 1. **interesting** (adj) /ˈɪntrəstɪŋ/

different or exciting and special ● *There are interesting courses to do here.* ➣ interest (v, n)

* ciekawy
	1. **exactly** (adv) /ɪɡˈzæktli/

used to give or ask for more details

* + - *Where exactly do you live?* ➣ exact (adj)
* dokładnie
	1. **hurt** (v) /hɜːt/

to cause pain to sb/sth ● *Ow! My leg hurts. I think it’s broken.* ❖ boleć, ranić

* 1. **instead** (adv) /ɪnˈsted/

in place of sth/sb else ● *They didn’t want to stay at home, so they went for a walk instead.*

* zamiast
	1. **make sense** (phr) /meɪk sens/

be logical ● *Dad doesn’t like that book because the story doesn’t make sense.*

* mieć sens

Writing **Pages 14–15**

* 1. **accuracy** (n) /ˈækjərəsi/

the state of being completely correct ● *Read your answers again to check the accuracy before you send the form.* ➣ accurate (adj), accurately (adv) ❖ poprawność

* 1. **complete** (v) /kəmˈpliːt/

to write information needed on a form, test paper, etc. ● *Make sure you complete all the answers in the test.* ➣ complete (adj), completely (adv) ❖ wypełniać

* 1. **form** (n) /fɔːm/

a paper with questions and spaces for answers on it ● *Write your name, age and address on the form to join our club.* ❖ formularz

* 1. **following** (adj) /ˈfɒləʊɪŋ/

which comes next ● *Answer the following questions about the article.* ➣ follow (v)

* następny
	1. **title** (n) /ˈtaɪtl/

a word or letters in front of your name that show a certain job or if you are married

* + - *Patrick’s title is Dr because he’s a doctor.*
* tytuł
	1. **Mr** (abbrev) /ˈmɪstə(r)/

a title used before a man’s (name and)

surname ● *Mr Black is my uncle.*

* Pan
	1. **Mrs** (abbrev) /ˈmɪs.ɪz/

a title used before a woman’s (name and) surname which shows that she is married

* + - *Mr and Mrs Gibson are on holiday in Greece.*
* Pani
	1. **Ms** (abbrev) /mɪz/

a title used before a woman’s (name and) surname which doesn’t show if she is married

* + - *Ms Jones is our new maths teacher. I like her.* ❖ Pani
	1. **Miss** (n) /mɪs/

a title used before the (name and) surname of a young girl or unmarried woman ● *Miss Smith lives in that house.* ❖ Panna

* 1. **membership** (n) /ˈmembəʃɪp/

the state of belonging to a group, club, etc.

* + - *My membership for the sports club is from January to December.* ➣ member (n)
* członkostwo
	1. **application** (n) /ˌæplɪˈkeɪʃn/

a form you write on to give your personal details needed for a certain reason ● *Keith is sending an application for a job in Australia.*

➣ apply (v), applicant (n) ❖ wniosek

* 1. **advert** (n) /ˈædvɜːt/

an advertisement; sth printed or shown to attract you to buy or do sth ● *I looked at loads of hotel adverts on the internet to find the perfect place for a holiday.* ➣ advertise (v), advertising (n) ❖ reklama

* 1. **volunteer** (n) /ˌvɒlənˈtɪə(r)/

sb who does a job because they want to and not for money ● *A group of volunteers were planting new trees where the forest fire*

*occurred last year.* ➣ volunteer (v), voluntary (adj) ❖ wolontariusz

* 1. **skill** (n) /skɪl/

sth you are good at ● *Molly is learning new painting skills in her art class.* ➣ skilful (adj)

* umiejętność
	1. **include** (v) /ɪnˈkluːd/

to have sth as part of sth else ● *The party food included sandwiches, popcorn and small cheese pies.* ➣ inclusion (n), inclusive (adj)

* objemować, zawierać
	1. **look after** (phr v) /lʊk ˈɑːftə(r)/

to take care of sb/sth ● *Granny looks after our pets when we go on holiday.* ❖ opiekować się

* 1. **Mexico** (n) /ˈmeksɪkəʊ/

a country in North America ➣ Mexican (adj, n)

* Meksyk
	1. **the Caribbean (Sea)** (n) /ðə ˌkærɪˈbiːən (siː)/ a sea between the Gulf of Mexico and South America ❖ Karaibskie (Morze)
	2. **sea turtle** (n) /siː ˈtɜːtl/

a large reptile that has a hard shell on its back and lives in the sea ● *Some volunteers were looking after injured sea turtles at the rescue centre.* ❖ żółw morski

* 1. **marine** (adj) /məˈriːn/

related to things in the sea, including sea creatures and plants ● *Dropping plastic in the sea can harm marine life.* ❖ morski

* 1. **amazing** (adj) /əˈmeɪzɪŋ/

surprising; wonderful ● *Your holiday photos are amazing. What a beautiful place.*

➣ amaze (v), amazed (adj), amazement (n)

* niezwykły, cudowny
	1. **join** (v) /dʒɔɪn/

to become a member of sth; to take part in sth

* + - *A new boy wants to join our basketball team.*
* wstępować, dołączać
	1. **future** (n) /ˈfjuːtʃə(r)/

the time after now ● *In the future, Ted wants to be a teacher.* ❖ przyszłość

* 1. **improve** (v) /ɪmˈpruːv/

to make sth better ● *Your French is improving. Do you enjoy the lessons?* ➣ improvement (n)

* poprawiać
	1. **language** (n) /ˈlæŋɡwɪdʒ/

the way of speaking and writing in a particular country ● *Greta can speak Italian and three other languages.* ❖ język

* 1. **details** (n pl) /ˈdiːteɪls/

personal information ● *Write your details on the form. We need your address, phone number and email.* ❖ dane, szczegóły

* 1. **beginner** (n) /bɪˈɡɪnə(r)/

sb who is just starting to learn sth ● *The picture dictionary is for beginners.* ➣ begin (v), beginning (n) ❖ nowicjusz, początkujący

* 1. **intermediate** (adj) /ˌɪntəˈmiːdiət/

at the middle level where you know more than a beginner, but are not at a higher level ● *I was a beginner at sailing last year and now I’m at intermediate level.* ❖ średniozaawansowany

✎ pre-intermediate = between beginner and

intermediate

* 1. **advanced** (adj) /ədˈvɑːnst/

at a high or difficult level ● *Lisa is taking an advanced class in photography to improve her skills.* ❖ zaawansowany

* 1. **goal** (n) /ɡəʊl/

sth you want to do in the future ● *Anita’s goal is to learn Spanish.* ❖ cel

Live well, study well

# Page 16

* 1. **friendship** (n) /ˈfrendʃɪp/

the feelings between friends; the state of being friends ● *Most people have their first friendships outside their family when they start school.* ❖ przyjaźń

* 1. **average** (adj) /ˈævərɪdʒ/

ordinary; normal ● *The average tourist doesn't know much about the history of our country.*

➣ average (n) ❖ przeciętny

* 1. **close** (adj) /kləʊs/

that you know very well and like very much

* + - *Kate and Pauline are close friends and they go everywhere together.* ➣ closely (adv)
* bliski
	1. **mind** (v) /maɪnd/

to be careful with ● *Mind how you speak to your teachers. Be polite.*

* uważać
	1. **mind** (n) /maɪnd/

the power to think; the part of your brain that you think and feel with ● *Tell me what’s on your mind. Have you got a problem?*

* umysł
	1. **hobby** (n) /ˈhɒbi/

an activity that sb does for fun ● *Lesley’s hobbies are playing the piano and swimming.*

* hobby
	1. **interest** (n) /ˈɪntrəst/

sth that you enjoy doing or want to know more about ● *Tracy and I have the same interests – we both like dancing and art.* ➣ interest (v), interesting (adj), interested (adj)

* zainteresowanie
	1. **similar** (adj) /ˈsɪmələ(r)/

like sb/sth but not the same ● *My friend and I have got similar interests. We both love music and art.* ➣ similarity (n) ❖ podobny

* 1. **nervous** (adj) /ˈnɜːvəs/

worried about or scared of sth ● *Karen was very nervous about learning to dive.*

* zdenerwowany
	1. **matter** (v) /ˈmætə(r)/

to be important ● *It doesn’t matter where we go. We just need a holiday somewhere.*

* mieć znaczenie
	1. **comfortable** (adj) /ˈkʌmftəbl/

feeling relaxed; that has a relaxing feeling

to wear or sit on, etc. ● *Wendy doesn’t feel comfortable about talking in front of the class.*

➣ comfort (v, n) ❖ wygodny, komfortowy

✎ Opp: uncomfortable

* 1. **tip** (n) /tɪp/

a piece of advice ● *There are some useful writing tips at the back of the book.*

* rada
	1. **useful** (adj) /ˈjuːsfəl/

helping to do sth ● *The internet is useful for finding out information.* ➣ use (v), use, usefulness (n) ❖ przydatny

* 1. **create** (v) /kriˈeɪt/

to make sth ● *Our class is creating a musical about friendships.* ➣ creative (adj), creation (n)

* tworzyć
	1. **each other** (pron) /iːtʃ ˈʌðə(r)/

used to show that two or more people do sth the same as the others in a pair/group ● *On this special day, we give presents to each other.* ❖ sobie, wzajemnie

* 1. **encourage** (v) /ɪnˈkʌrɪdʒ/

to say things to sb to help them believe they can do sth ● *My grandma encourages me to study more to have a better future.*

➣ encouragement (n), encouraging (adj)

* zachęcać
	1. **introduce** (v) /ˌɪntrəˈdjuːs/

to tell people each other’s names when they meet for the first time ● *I introduced my new friend to my parents.* ➣ introduction (n)

* przedstawiać
	1. **shake hands** (phr) /ʃeɪk hændz/

to take sb’s hand and move it up and down to say ‘hello’ when you meet them ● *People in the UK usually shake hands when they meet each other.* ❖ uścisnąć sobie ręce

**Meeting People**

**Nouns Verbs**

best friend encourage conversation introduce friendship meet

hobby shake hands interest

**Adjectives** close (friend) comfortable different nervous similar