

Reflect Reading & Writing 5

Unit 1 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
assemble*	v.	to put together	2	C2
course (of events)	n.	progress over time	1	C1
deliberately*	adv.	not by accident; on purpose	1	B2
demonstrate*	v.	to show; to prove	2	B2
engage	v.	to hold people's attention	1	C1
exclusively*	adv.	only	2	C1
formal	adj.	serious; official	1	B2
habitat*	n.	a place where an animal normally lives	1	C1
humanity	n.	human beings as a group	1	C1
implications*	n.	possible future effects	2	C1
link*	n.	one connection in a series	1	B2
mode	n.	a way of doing something	2	C1
portrait	n.	a picture or photo of a person	1	B2
prompt	v.	to cause something to happen	1	C2
recall	v.	to remember	2	B2
remote	adj.	far away from other places	1	B2
slightly	adv.	a little	2	B2
store	v.	to put something away until you need it	2	B2
superior	adj.	much better	2	C2
trigger*	v.	to make something happen quickly in response	2	C1

* Academic Word

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Unit 2 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
claim	v.	to say something is true	1	B2
collaborate	v.	to work together	1	C1
component	n.	a part	1	C1
demand	n.	the need for goods or services	2	B2
eliminate*	v.	to end completely	1	C1
extend	v.	to make something last longer	2	B2
extract*	v.	to take out	1	B2
flaw	n.	a mistake	1	C1
harmony	n.	peaceful cooperation	1	B2
key	n.	the most important thing	2	B1
ownership	n.	the state of owning something	2	C1
possession	n.	a thing that you own	2	B2
principle*	n.	a basic rule	1	C1
purchase*	n.	a thing that you buy	2	B2
renewable	adj.	able to be replaced or renewed	2	C1
survey*	n.	a set of questions to find out what people think or do	2	B2
sustainable*	adj.	able to last a long time	1	C1
turn to	v. phr.	to get help from someone	2	B2
upgrade	v.	to improve something or exchange it for something better	2	B2
wear out	v. phr.	to become damaged or useless	1	B1

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Unit 3 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
adapt*	v.	to change something for different conditions or use	1	B2
bacteria*	n. pl.	very small organisms that live everywhere and sometimes cause disease	1	C1
break down	v. phr.	to change chemically into smaller parts	1	B1
critical	adj.	very important; necessary	1	B2
drawback	n.	a disadvantage	2	C1
fake	adj.	not real	2	C1
flexible*	adj.	able to bend	2	B2
fragile	adj.	easily broken	2	C2
ironically	adv.	in an unexpected way	2	C2
limitation	n.	something that controls or reduces activity	1	C1
luxury	adj.	very expensive but not necessary	2	C1
nutritious	adj.	containing substances that are necessary for growth and good health	1	C1
preserve	v.	to prepare food so it does not go bad	1	B2
scarce	adj.	hard to find	2	C1
settle	v.	to go live somewhere permanently	1	B2
stiff	adj.	hard to bend	2	B2
take off	v. phr.	to suddenly become successful	2	B2
tightly	adv.	firmly; in a way that is difficult to open again	1	B2
transform*	v.	to change completely	1	B2
wire	n.	a thin piece of metal	2	B2

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Unit 4 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
ambitious	adj.	requiring a great deal of time, effort, and skill to achieve	1	B2
appeal to	v. phr.	to attract; to please	2	B2
assertive	adj.	confident and direct	1	C2
contemplate	v.	to think about carefully	2	C2
credit*	n.	praise and approval	1	B2
current	adj.	happening now	2	B2
determined	adj.	wanting something a lot and not letting anything stop you	1	B2
disrupt	v.	to change the traditional way that something works	1	B2
gap	n.	something missing	2	C2
harmful	adj.	causing hurt or damage	2	B2
insurance	n.	protection against a future problem	1	B2
investor*	n.	a person who puts money into a company	2	B2
network*	n.	a group of people or organizations that are connected	1	B2
pursue*	v.	to try hard to achieve something	1	C1
remarkable	adj.	unusually good; special	1	B2
secure*	adj.	safe; without risk	1	B2
setback	n.	something that stops or slows a process	2	C1
supply	n.	amount available	2	B2
supportive	adj.	helpful and encouraging	2	C1
texture	n.	the way something feels when you touch it	2	C1

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Unit 5 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
adorable	adj.	lovable	2	-
apparent*	adj.	clear	2	B2
assume*	v.	to think something is true without proof	2	B2
bond*	n.	a connection	2	B2
bully	v.	to scare and threaten	2	C1
contagious	adj.	easily spread from one person to another	1	-
distinguish	v.	to recognize or understand the difference between two things	1	B2
emerge*	v.	to come out or start to develop	1	B2
engage in	v. phr.	to take part in	1	C2
episode	n.	an event	2	B2
evolve*	v.	to change slowly over time	1	C1
humorous	adj.	funny	2	C1
industrialized*	adj.	describing places with well-developed manufacturing	1	C1
innate*	adj.	natural from birth	1	C2
origin	n.	the beginning or cause of something	1	B2
primarily*	adv.	mainly	1	B2
purely*	adv.	completely	2	C1
tease	v.	to make fun of	2	B2
threatening	adj.	showing the possibility that something bad will happen	1	B2
turn out	v. phr.	to happen; to end up	2	B2

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Unit 6 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
aggressive	adj.	threatening and unfriendly	1	B2
calculate	v.	to get a general idea about a cost or amount	2	B2
circumstance*	n.	a condition	1	B2
contaminate	v.	to make something dirty or less pure by adding something harmful	2	-
critic	n.	a person who says they don't approve of something	2	B2
gene	n.	a part of a cell passed from parent to child	1	C1
harvest*	n.	to pick and collect crops (e.g. apples)	2	B2
import	v.	to bring in goods from another country	2	B2
impractical	adj.	not sensible or easy to do	2	-
integrate*	v.	to combine two things into one	2	C1
potential*	n.	the ability to develop and succeed	2	B2
predator*	n.	an animal that kills other animals	1	C1
random*	adj.	done by chance, not planned	1	C1
suited to	adj.	well matched for	1	C1
surface	n.	the top layer	1	B2
territory	n.	an area that an animal or group of animals uses	1	B2
thrive	v.	to live successfully	1	C1
trait*	n.	a characteristic	1	C2
vertical*	adj.	at a 90-degree angle from the ground	2	C1
yield	n.	the amount that is produced	2	C2

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Unit 7 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
account	n.	a description of an event	1	B2
capture	v.	to record	2	B2
distressing	adj.	upsetting	2	B2
eager	adj.	really wanting to do something	1	B2
inferior*	adj.	not as good as others	2	C1
infrastructure*	n.	the basic systems and structures that a city or country needs to work effectively	1	C1
make a living	v. phr.	to earn enough money	2	B2
peer	n.	a person who is similar to another, particularly in age	1	C1
penetrate	v.	to go through	2	-
potential*	adj.	likely to develop into something	1	B2
prohibit*	v.	to not allow; to ban	2	B2
replicate*	v.	to do again in the same way	2	-
reveal*	v.	to show	1	B2
ruin	v.	to destroy	2	B2
shot	n.	a photo	2	B2
show off	v. phr.	to attract attention to	1	B2
sincere	adj.	honest and real		C1
steady	adj.	smooth and constant	1	B2
stunning	adj.	extremely beautiful	1	B2
worthy of	adj.	deserving of	1	C1

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Unit 8 Vocabulary List

WORD	POS	DEFINITION	READING	CEFR
absorb*	v.	to take in	1	B2
apparel	n.	clothing; things to wear	2	-
bounce	v.	to move up or away after hitting a surface	2	B2
crucial*	adj.	extremely important	1	B2
dimensions*	n.	measurements	2	B2
distribution*	n.	the way things or people are spread out in an area	1	C1
dominate*	v.	to be the most important or to control	1	B2
drain*	v.	to reduce; to take away	2	C2
elite*	adj.	best; most skilled	2	C1
endurance	n.	the ability to do something difficult or painful for a long time	1	C2
explosive	adj.	having sudden and great force	1	C2
frontier	n.	the border between what is known and what is unknown	2	C2
have to do with	v. phr.	to be about; to be related to	2	B2
indicator*	n.	a signal or sign	2	-
momentum*	n.	the force that keeps an object moving	2	C2
monitor*	v.	to watch a situation carefully	2	C2
peak	n.	the highest point	1	B2
profile	n.	a description of someone's characteristics	1	B2
resistance	n.	a force that stops something or slows it down	1	C2
stimulate	v.	to encourage growth or development	1	B2

* Academic Word