

Reflect Listening & Speaking 4

Unit 1 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
adapt*	v.	to make or accept changes	V	B2
aspect*	n.	one out of many parts of an idea, a situation, etc.	L	B2
associated with	adj.	related to	L	B2
attachment*	n.	a feeling of liking for a person, place, or thing	L	C2
convenience	n.	a thing that makes life easier	V	C1
distinctive*	adj.	having a special look or character that is different from others	L	C1
harvest*	v.	to collect food or crops	V	B2
historical	adj.	relating to the past	L	B1
industrial	adj.	relating to industry or factories	L	B2
livelihood	n.	how you make money	V	-
means	n.	methods; ways	V	B2
proud of	adj.	pleased about something you have done or are happy to be involved with	L	B1
quality of life	n. phr.	how good your life is	L	B1
rely on*	v. phr.	to depend on	V	B2
suburb	n.	an area where people live outside the central part of a city	L	B2
surroundings	n.	a person's environment and all the things in it	L	B2
survival*	n.	staying alive	V	B2
transformation*	n.	a big change	V	C1
typical	adj.	usual	V	B1
utilize*	v.	to make practical use of	V	-

* Academic Word

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Unit 2 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
admire	v.	to respect, approve of, or look at with great pleasure	V	B1
case	n.	an example, specific event, or instance of something	V	B1
complicated	adj.	difficult to understand because of its many parts or details	L	B1
debate*	n.	a discussion; a serious conversation with different ways of thinking	V	B2
expression	n.	a word or group of words with a particular meaning	L	B2
influence	n.	the power to persuade or change other people's minds or actions	V	B2
logical*	adj.	reasonable and sensible	L	B2
meaning	n.	the real value of something	V	B2
offend	v.	to hurt the feelings of someone with words or actions	V	B2
original	adj.	first, earliest; different from anyone or anything that came before	V	B2
particular	adj.	relating to a specific person, idea, item, etc.	V	B2
predictable*	adj.	acting or happening as you would expect	L	B2
pronounce*	v.	to make the sound of a word or letter	L	B1
replace	v.	to take the place of something else	L	B1
similarly*	adv.	in nearly the same way	L	C1
stereotype*	n.	a fixed, often negative, idea about a group of people	V	C1
suitable	adj.	having the right qualities for a particular purpose or situation	L	B1
translate	v.	to change words in one language into another	L	B1
valuable	adj.	having worth; important or precious	V	B1
version*	n.	a copy of something that is different in some ways from the original	L	B2

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Unit 3 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
abstract*	adj.	not close to real life	V	B2
apart	adv.	separated	V	B1
appropriate*	adj.	correct or suitable for a particular situation	L	B2
come across	v. phr.	to find something by chance	L	B2
come up with	v. phr.	to think of or invent something	L	B2
date back	v. phr.	to be from a particular time in the past	L	B2
diagram*	n.	a drawing that explains or shows the parts of something	V	B1
document*	v.	to write down	V	-
exact	adj.	precise	V	B1
form	n.	a shape	V	C1
indicate*	v.	to show or communicate	L	B2
initials	n.	the first letter of each of someone's names (first, middle, last)	L	B1
link*	n.	a connection	V	B2
represent	v.	to mean	V	B2
significant*	adj.	important	V	B2
species	n.	a type of animal or plant considered as a group	L	B2
stand for	v. phr.	to be an abbreviation or symbol for something	L	B2
start out	v. phr.	to begin	L	C1
symbol*	n.	a sign	V	B2
universal	adj.	true or the same in every situation	L	B2

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Unit 4 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
bet	v.	to think that something will probably or certainly happen	V	B1
breakthrough	n.	a significant discovery made after studying something for a long time	L	B2
characteristic	n.	a special quality or aspect of something	L	B2
commonplace	adj.	usual; appearing or happening in many places	V	-
congratulate	v.	to tell someone you are happy about their good luck or success	V	B2
contribution*	n.	something that you give or do to help make something successful	L	B2
curious	adj.	interested in finding out about something	L	B1
demonstration*	n.	showing how something works, is used, or is done	V	C1
detect*	v.	to discover or notice something, especially something not easily seen, heard, etc.	L	C1
device*	n.	an object, machine, or piece of equipment made for a special purpose	V	B2
dramatically*	adv.	in a great and sudden way	V	B2
draw conclusions*	v. phr.	to decide what's true after considering a subject or situation	L	B2
envision	v.	to imagine something that might happen in the future	V	C1
growth	n.	an increase in size, number, or amount	L	B2
impractical	adj.	not sensible or suitable for the situation	V	-
inspire	v.	to make someone have a strong, often positive, feeling or reaction	V	B2
invention	n.	a useful new tool, machine, or process	V	B1
phenomenon*	n.	a fact or event that is unusual or not fully understood	L	C1
revolutionize*	v.	to completely change the way people do or think about something	L	-
specialize in	v. phr.	to focus your study, business, etc., on a particular subject or activity	L	B2

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Unit 5 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
addicted to	adj. phr.	liking something so much you can't stop doing or having it	L	B2
alternative*	n.	something that can be chosen instead of something else	V	B2
be worth	v. phr.	to be important enough to cause you to do something	L	B1
by-product	n.	something created during the production or destruction of something else	V	-
concept*	n.	an idea of what something is or how it works	V	B2
conscious of *	adj. phr.	aware of something, such as a fact, situation, or feeling	L	B2
consumer*	n.	a person who buys goods and services	L	B2
estimate*	v.	to give a rough measure of value, cost, size, etc.	V	B2
invest in*	v. phr.	to spend money on something useful or helpful to you	L	B2
long-lasting	adj.	existing or continuing for a long time	V	C2
make up	v. phr.	to form something; to combine to make something larger	V	-
manufacturer	n.	a person or company that makes a product	V	B2
material	n.	a substance from which something is made, such as wood, metal, or cotton	L	B2
melt	v.	to change from a solid to a liquid, usually because of heat	V	B2
packaging	n.	the container or material that a product is sold in	L	-
recycle	v.	to make something new out of something that has been used before	L	B1
stuff	n.	a general term for things	V	B1
trial	n.	a test of the quality, value, or usefulness of something	V	C1
urgent	adj.	very important and needing immediate attention	L	B1
waste	n.	things that are left over or unwanted after something has been made, done, or used	L	B2

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Unit 6 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
affordable	adj.	at a price you can pay	V	C1
barrier	n.	a difficulty	V	B2
business model	n. phr.	a design for the successful operation of a business	L	C2
charity	n.	donations	V	C2
customer loyalty	n. phr.	a feeling that causes someone to keep buying from a company	L	B2
enable*	v.	to allow	V	B2
financially sustainable*	adj. phr.	making enough money to continue for a long time	L	C1
have a mission	v. phr.	to have task or vision that you consider important	L	B2
identify*	v.	to find	V	B2
income*	n.	money earned	V	B2
job prospect*	n. phr.	an opportunity to find employment	L	B2
make a profit	v. phr.	to earn more money than you spend on expenses	L	B2
market rate	n. phr.	the usual price for a product or service	L	B2
productive*	adj.	doing or achieving a lot	V	B2
provide	v.	to make available	V	B1
raise awareness*	v. phr.	to improve people's knowledge and understanding	L	C1
run a business	v. phr.	to direct the activities of a company or other business	L	A2
transform	v.	to change	V	B2
viable*	adj.	possible	V	C2
volunteer work*	n. phr.	wok done without pay	L	C1

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Unit 7 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
acknowledge*	v.	to say you accept that something is true	V	C1
appropriately*	adv.	in the right way	V	B2
blame	v.	to think a person is responsible for something bad that has happened	L	B1
confused	adj.	unable to think clearly or understand	V	B1
disappointment	n.	unhappiness when something isn't as expected	L	B1
expression	n.	a look on someone's face	V	B2
frustrated	adj.	upset or angry because you can't do or complete something	V	C1
genuinely	adv.	really and truly	V	B2
handle	v.	to manage; to deal with	V	B1
judge	v.	to form an opinion; to regard someone or something as either good or bad	L	C2
objective*	adj.	fair; not influenced by feelings	V	B2
overwhelmed	adj.	upset at having too many things to deal with	V	C1
perform	v.	to do an activity that usually requires some training or skill	L	B2
perspective*	n.	a way of thinking about something	L	C1
reaction*	n.	the way someone acts or feels in response to something	L	B2
realistic*	adj.	able to see things as they really are and deal with them in a particular way	L	B2
regret	n.	sadness about something that you did or did not do	L	B2
self-confident	adj.	believing you can do something well or succeed at something	L	B2
weakness	n.	a quality that prevents someone from being effective	L	B2
work through	v. phr.	to deal successfully with something difficult or unpleasant	V	-

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Unit 8 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
academic*	adj.	relating to schools and education	V	B2
bias*	n.	a belief that some people, ideas, etc. are better than others	V	C2
broaden	v.	to widen	L	C1
campus*	n.	a special area for school buildings	L	B2
concentration*	n.	attention	L	B2
concerned	adj.	worried	L	B2
discipline	n.	the ability to keep working at something that is difficult	V	C1
emerge*	v.	to appear; to come out	V	B2
formal	adj.	official; traditional; approved	V	C1
get involved in*	v. phr.	to become part of	L	B2
hard-working	adj.	spending a lot of time and energy to do work	V	B2
individual*	n.	a single person considered separate from the rest of a group	V	B2
intimidating	adj.	scary; threatening	L	-
make the most of	v. phr.	to use to the best advantage	L	B2
outgoing	adj.	sociable; not shy	L	C1
quit	v.	to stop something or leave a job, school, career, etc.	V	B1
resource*	n.	something needed to do a job or task	L	B2
state	n.	the way you think or feel; your physical or mental condition	V	B2
stress*	v.	to give extra importance to	L	B2
truth	n.	the real facts about something; the things that are true	V	B1

* Academic Word