

# Glossary

### Reading Pages 42-43

- **fural** (adj) /'rʊərəl/
   in the countryside She lives in a small rural town in the south of France. ♦ kırsal
   ♥ Opp: urban
- 4.2 commercial (adj) /kəˈmɜːʃl/ related to buying and selling ● Don't forget this is a commercial operation and our top priority is to make money. > commerce (n)
   ☆ ticari
- **4.3** identical (adj) /ar'dentɪkl/ exactly the same ● *His shirt is identical to mine* – *we bought them together.* ◆ aynı
- 4.4 rapid (adj) /'ræpīd/ fast ● The patient made a rapid recovery and was sent home in two days. ➤ rapidly (adv)
   ♦ hizli
- **4.6** urban (adj) /'3ːbən/ of a city or town ● *Heavy traffic is mainly an urban problem.* ◆ kentsel <sup>©</sup> Opp: rural
- 4.7 block of flats (n) /blok əv 'flæts/ a large building divided into apartments
  There used to be a beautiful old house there, but now it's been replaced by a block of flats.
  \* apartman
- **4.8** pace (n) /peis/ the speed at which sth happens ● She walked at a rapid pace across the street.
  ♦ hiz
- 4.9 shortage (n) /'jɔ:trdʒ/ a situation where there isn't enough of sth needed ● Schools are suffering from a shortage of teachers. > short (adj)
   ♦ eksiklik Syn: lack
- 4.10 entertainment (n) /entəˈteɪnmənt/ films, music, shows, etc. that help people have fun ● Stars from the world of entertainment usually have thousands of followers on social media. >> entertain (v), entertaining (adj)
   ♦ eğlence

- 4.11 commute (v) /kə'mjuːt/ travel between work and home regularly
  He's prepared to commute long distances if necessary, as he has been jobless for a year. ➤ commute (n), commuter (n) ❖ ev ile iş arasında gidip gelmek
- 4.12 outskirts (n) /'aʊtsk3:ts/ the area around a town or city ● Factories are usually built on the outskirts of cities.
   ♦ kenar mahalle
- 4.13 inhabitant (n) /ɪn'hæbɪtənt/ a person or animal that lives in a place
  Nowadays, the village has around 100 inhabitants.
- 4.14 historical (adj) /hr'storikl/ connected with the past or with the study of the past 
   • The library houses a large collection of historical documents. 
   > historic (adj), history (n) 
   • tarihi
- 4.15 devote (v) /dɪ'vəʊt/ give time, attention or energy to sth ● *I can* only devote one hour a day to the project.
   > devotion (n) ◆ adamak
- 4.16 walkable (adj) /'wɔːkəbl/ suitable for walking ● *Cities aren't usually as walkable as smaller towns.* ◆ yürümeye elverişli
- 4.17 pedestrian (n) /pə'destriən/ a person who is walking ● The bridge is designed for pedestrians only so no cars are allowed. ◆ yaya
- **4.18 housing** (n) /'haʊzɪŋ/ buildings for people to live in ● *The cost of housing in London is extremely high.* ♦ konut
- 4.19 linear (adj) /'Innie(r)/ continuing logically from one part to the next
  The story doesn't move in a linear fashion; it begins with the death of the hero.
  ♦ lineer
- 4.20 approach (n) /ə'prəʊtʃ/ a way of doing sth or thinking about sth
  Since we haven't been able to come up with a solution, I thought we might consider a new approach to the problem. ➤ approach (v)
  ♦ yaklaşım

#### **4.21** growth (n) /grəʊθ/

an increase in the size or the importance of sth
The growth of the company led to many new employees being hired. ➤ grow (v) ❖ büyüme

4.22 residential (adj) / rezi'den[l/ having mainly private houses, not offices or factories • The house is in a beautiful residential area with a lot of green space. oturmaya ayrılmış 4.23 reduce (v) /rɪ'dʒuːs/ make or become smaller • They have reduced the price of these shoes to just 20 euros. ➤ reduction (n) azaltmak Syn: decrease 4.24 get around (phr v) /get ə'raund/ travel to different places • We mainly used public transport to get around. • gezinmek 4.25 expand (v) /1k'spænd/ make sth bigger • They are planning to expand the airport. > expansion (n) ✤ genişletmek 4.26 modernist (adj) / mpdanist/ related to the modern art movement Modernist cinema can sometimes be difficult to understand. The modernist 4.27 propose (v) /prə'pəʊz/ suggest a plan for other people to think about • The marketing manager proposed changing the name of the company. > proposal (n) ✤ teklif etmek 4.28 raise (v) /reiz/ lift to a higher position • Please raise your hand if you want to say something.  $\succ$  raise (n) vükseltmek 4.29 spread (v) /spred/ reach or cover a wider area • The virus spread quickly through physical contact. > spread (n) vavilmak 4.30 claim (v) /kleim/ sav that sth is true without being able to prove it • He claimed he was very poor, but we didn't *believe him.*  $\succ$  claim (n)  $\clubsuit$  iddia etmek 4.31 end up (phr v) /end Ap/ reach a particular place or situation after completing other activities • After travelling around Europe for two months, we ended up in Prague. \$ sonuçlanmak 4.32 humanistic (adj) / hjuzma'nıstık/ treating people with respect, making sure they are happy, safe and healthy • The new director had a more humanistic approach to the treatment of prisoners. < insancıl 4.33 course (n) /kors/ the direction in which sth moves • We decided to change course as we weren't getting anywhere. \* yol 4.34 commuter (n) /kə'mjuxtə(r)/ sb who travels to and from work every day • The train is always packed with commuters on weekday mornings. \* evle is arası seyahat eden

 4.35 continually (adv) /kən'tınjuəli/ without a break ● *It was difficult to make a decision as the situation was continually changing.* ≻ continue (v) ♦ kesintisiz
 Syn: continuously

 uninviting (adj) /,∧nın'vaıtıŋ/ not attractive or pleasant ● The hotel looked cold and uninviting; we definitely didn't want to stay there. ◆ itici S Opp: inviting

- 4.37 demand (v) /dɪ'mɑːnd/ ask for sth forcefully ● *l've had enough. I demand to see the manager immediately.*> demand (n), demanding (adj) \* talep etmek
- 4.38 fence (n) /fens/ a barrier between two areas of land, usually made of wood or wire ● The house was surrounded by a beautiful old wooden fence.
   ❖ çit
- gated community (n) /,geɪtɪd kə'mjuːnəti/ a group of houses surrounded by walls or fences that you need the residents' permission to enter ● The house is in a gated community, so you'll all be safe. ◆ kapalı site
- unfenced (adj) /∧n'fenst/ not surrounded by a fence • The park is unfenced, so you can go and have a walk there any time you like. 
   Çitle çevrili olmayan
   Opp: fenced
- 4.41 low-rise (adj) /'ləʊraɪz/ not tall, with only a few floors ● l'd prefer to live in a low-rise building rather than a tower block.
  ♦ asansörsüz ve alçak (bina)

#### Words related to cities

block of flats commute gated community housing outskirts pedestrian pollution population resident residential urban walkable

# Vocabulary Page 44

**4.42 profit** (n) /'profit/ money that you earn from a transaction or business after paying the costs ● *She made a big profit when she sold her house.* > profit

#### **4.44 district** (n) /'dɪstrɪkt/ an area of a town or country that has a particular purpose ● *His shop is in the most fashionable shopping district.* ◆ bölge

- 4.45 industrial (adj) /In'd∧striəl/ related to factories ● Industrial production has increased by 3% in the last six months.
   > industry (n) ◆ endüstriyel
- 4.46 estate (n) /r'stert/ a group of houses or factories built according to a plan ● They bought a three-bedroom house on a new housing estate.
  ☆ site
- 4.47 consist of (phr v) /kən'sɪst əv/ made or formed of various things ● A first-aid kit consists of plasters, dressings, bandages, tweezers and gloves. ❖ içermek
- 4.48 bike lane (n) /'bark ,lein/ a part of the road that can only be used by people riding bicycles ● Cars and pedestrians are not supposed to be in the bike lane.
  ♦ bisiklet yolu
- **4.49** pavement (n) /'peɪvmənt/ a path on the side of the road that people can walk on ● You're not supposed to ride your bike on the pavement. ❖ kaldırım
- 4.50 crossroads (n) /'krosrəʊdz/ a place where two roads meet and cross each other ● When we came to the crossroads, we didn't know which way to turn.
  ☆ kavşak
- 4.51 roadworks (n pl) /'rəʊdwɜːks/ repair or building work on a road ● *The traffic is moving really slowly because of the roadworks ahead.* ❖ yol çalışmaları
- **junction** (n) /'dʒʌŋkʃn/
   the place where two or more roads or railways meet *It's a small town but it's an important railway junction.* ◆ birleşme noktası
- 4.53 pedestrian crossing (n) /pə,destriən 'krosıŋ/ a place in a road where traffic must stop so that pedestrians can cross ● All cars ought to stop at pedestrian crossings, but they don't always do so. ◆ yaya geçidi
- **4.54** pedestrian zone (n) /pə,destriən 'zəʊn/ an area where no vehicles are allowed ● *This is a pedestrian zone. You can't ride your bike here.* ◆ yaya bölgesi
- 4.55 speed camera (n) /'spi:d ,kæmrə/ a camera at the side of the road that takes pictures of cars that are going too fast • Drivers are more careful when they know there is a speed camera on the road.
  \$ hız kamerası
- 4.56 speed limit (n) /'spi:d ,Imit/ the fastest you are allowed to drive in a specific area ● You need to slow down – the speed limit here is only 30 miles per hour.
  ♦ hiz siniri

- **4.57 facilities** (n pl) /fə'sɪlətiz/ buildings, equipment and services available for a particular purpose ● *The hotel has special facilities for disabled people.* **♦** tesisler
- **4.58** venue (n) /'venju:/ the place where an event or meeting takes place ● *The room provides an ideal venue for business meetings.* ◆ yer
- 4.59 urbanisation (n) /,3:bənar'zeı∫n/ the process in which towns and cities are built where there was countryside before
  The early 20th century was a time of rapid urbanisation. ♦ kentselleşme
- 4.60 goods (n pl) /gʊdz/ products ● We will send you the goods you ordered tomorrow morning. ❖ mallar
- **4.61 boundary** (n) /'baʊndəri/ a line that marks the limit of sth ● *The fence marks the boundary between our garden and theirs.* ◆ sınır

#### Getting around

bike lane
crossroads
junction
pavement

pedestrian crossing pedestrian zone roadworks

### Grammar Page 45

- **4.62** set off (phr v) /set of/ begin a trip ● We're going to set off for the station in half an hour. ◆ yola çıkmak
- **4.63** hopefully (adv) /<sup>t</sup>həʊpfəli/ saying what you hope will happen ● *Hopefully, we'll be there by six, but it depends on the traffic.* ◆ umarım
- evidence (n) /'evidens/
   one or more facts that make you believe that sth is true What evidence do you have that he took the money? >> evident (adj)
   ♦ delil
- 4.65 it's up to you (expr) /ɪts ∧p tə ju:/ you can make the decision, it's your responsibility • *It's up to you. I'll do whatever* you say. ◆ karar size kalmış
- 4.66 skyscraper (n) /'skai,skreipə(r)/ a very tall building ● The new skyscraper is going to be the tallest in the world.
   ♦ gökdelen

### Listening Page 46

- 4.67 inland (adv) /'ınlænd/ away from the sea ● Seabirds sometimes come inland looking for food. ♦ kara
- 4.68 dweller (n) /'dwelə(r)/ sb who lives in a particular place ● Most apartment dwellers cannot imagine what it's like to live in a house with a garden. ➤ dwell (v), dwelling (n) ❖ sakin
- 4.69 citizen (n) /'sɪtɪzən/ a person who has legal recognition as belonging to a particular country ● After living and working in the USA for ten years, I applied to become an American citizen. ➤ citizenship (n) ❖ vatandaş

#### LOOK!

The words *dweller*, *inhabitant* and *resident* refer to somebody who lives somewhere. However, their use differs. The word *citizen* also has a similar meaning.

- dweller is used to refer to the type of place where somebody lives, e.g. a cave dweller, a city dweller.
- *inhabitant* refers to a person living in an area or a country, e.g. *the island's inhabitants, the inhabitants of Australia.*
- *resident* refers to a person who lives in a particular country, town or building (permanently or temporarily): *The hotel restaurant is only open to residents*. *She is a United Kingdom resident although she has an Egyptian passport.*
- *citizen* refers to a person who is legally recognised as belonging to a particular country, and who may reside in that same country or a different one: *He's an American citizen, but he lives in Edinburgh*.
- **4.70 constant** (adj) /'konstənt/ happening all the time ● *Her constant criticism has begun to annoy me.* ◆ sürekli
- 4.72 regulate (v) /'regjəlert/ control how sth works ● The members of the European Union agreed to regulate their banks. ➤ regulation (n) ❖ düzenlemek
- 4.73 on a regular basis (phr) /ɔn ອ 'regjələ(r) 'beɪsɪs/ often or repeatedly ● *I suggest we meet on a regular basis from now on – how about every Tuesday?* ❖ düzenli olarak

- **4.74 town planner** (n) /taʊn 'plænə(r)/ a person whose job it is to plan how towns and cities are developed ● *As a town planner, where do you recommend we should build the new hospital?* **☆** şehir planlayıcı
- 4.75 mood swing (n) /'mu:d swiŋ/ a sudden change in the way you are feeling
  My constant mood swings worried me. One minute I was happy, the next I was in tears.
  ♦ duygu değişimi
- **4.76 sharply** (adv) /'∫ɑ:pli/ quickly and suddenly • *House prices have risen sharply in the last month.* **♦** hızla
- 4.77 homesick (adj) /'həʊmsɪk/ missing your home, family and friends ● After my first week in Madrid, I was feeling very homesick. ❖ memleket hasreti çeken
- **4.78** would rather (phr) /wʊd rɑ:ðə(r)/ would prefer to ● *I'd rather stay at home than go to the party with him.* ◆ tercih etmek
- 4.79 hometown (n) /'həʊmtaʊn/ the town or city that you were born in ● After spending a few years abroad, I returned to my hometown last week. � memleket
- eliminate (v) /i'lImIneIt/
   remove or get rid of sth *I'm trying to eliminate sugar from my diet.* > elimination (n)
   ¢ çıkarmak
- 4.81 majority (n) /məˈdʒɒrəti/ the larger number or part of sth ● The majority of people don't pay much attention to their diet.
   ♦ çoğunluk
- 4.82 standard of living (n) /,stændad av 'lıvıŋ/ the amount of money and level of comfort you have in your life ● Your standard of living doesn't only have to do with how much you get paid, but also how much free time you have.
   ♦ yaşam standartı
- 4.83 crime (n) /kraɪm/ activities that break the law ● *It is the job of the police to prevent crime.* > criminal (adj, n)
  ♦ suç
- **4.84** affect (v) /əˈfekt/ have an influence on ● *The disease mainly affects children.* � etkilemek
- **4.85** amygdala (n) /ə'mɪgdələ/ a part of the brain that affects how people feel fear and pleasure ● *The damage to his* amygdala meant that he could no longer feel anything. ◆ amigdal
- 4.86 health-care worker (n) /'helθ ,keə(r) 'w3:kə(r)/ a doctor, nurse or other person that works in the medical sector ● *It is important to keep health-care workers safe if we want to be safe ourselves.* ◆ sağlık çalışanı

# Speaking Page 47

- 4.87 interact (v) /,Intə'rækt/ communicate, react to ● Teachers should be able to interact well with their students.
   > interaction (n), interactive (adj)
   ♦ etkileşime girmek
- 4.88 car-free (adj) /ka: fri:/ without cars, where cars are not allowed
  The city centre has now been declared a car-free zone. <a href="https://www.arabasiz">w</a> arabasiz
- entirely (adv) /ın'taıəli/
   completely *I'm afraid I don't entirely agree* with you. ◆ tamamen
- 4.90 convince (v) /kən'vɪns/ make sb believe that sth is true ● I've given up trying to convince her; there's no way she'll change her mind. ◆ ikna etmek

### Grammar Page 48

- 4.91 experience (n, uncountable) /ɪk'spiəriəns/ the knowledge that you get from doing sth for a long time ● *The teacher had a lot of experience working with young children.* ☆ deneyim
- 4.92 experience (n, countable) /Ik'spIəriəns/ an event or activity that affects you ● Meeting my favourite author was an experience I'll never forget. ◆ deneyim
- **4.93 space** (n, countable) /speis/ an empty place or position ● *There is just one parking space left.* ◆ yer
- 4.94 space (n, uncountable) /speis/ empty room that you can use ● I need to make some space in my closet for all these new clothes. ♦ yer
- 4.95 competition (n, uncountable) /,kompə'tɪ∫n/ circumstances in which everyone tries to be more successful than the others ● There's a lot of competition between the two phone companies. ❖ rekabet
- **4.96** without fail (expr) /wīð'dʊt feɪl/ always, with no exceptions ● *She always hands in her homework assignments on time, without fail.* ◆ her zaman
- **4.97** avenue (n) /'ævənju:/
   a wide road with trees or buildings on both sides They drove silently along the wide avenue.
- 4.98 highway (n) /'haɪweɪ/ a public road, especially one that connects two cities ● You can drive faster on the highway, but there is still a speed limit. ◆ otoban

- **hand (sth) over** (phr v) /hænd ('sʌmθɪŋ)
   'əʊvə(r)/
   give sth to sb after you have been asked to do so The police officer asked me to hand over my driving licence. ◆ teslim etmek, vermek
- 4.100 wheelchair (n) /'wi:ltʃeə(r)/

   a chair on wheels that people who cannot
   walk use *It isn't always easy to get around if* you're in a wheelchair. ◆ tekerlekli sandalye
- 4.101 motor-driven (adj) /'məʊtə ,drɪvn/ using fuel or electricity to move ● *It's a motordriven boat, which is why it has no sails.*♦ motorlu
- 4.102 yell (v) /jel/ shout or make a loud noise because you are excited or angry ● There's no need to yell. I can hear you. ◆ bağırmak
- 4.103 make way for (expr) /meik wei fə(r)/ provide space for ● The people stepped back to make way for the actor's car.
  ♦ yol açmak
- **4.104** human being (n) /<sub>h</sub>jumən 'biɪŋ/ a person ● *The disease cannot be passed from animals to human beings.* ◆ insan

## Use your English Page 49

- 4.105 live on top of each other (expr) /lɪv ɒn tɒp əv i:t∫ ∧ðə(r)/ live very close to each other *In many modern cities, people have to live on top of each other, as housing is limited.* ◆ üst üste yaşamak
  4.106 resist the temptation (expr) /rɪ'zɪst ðə
  - temp'terJ∋n/ stop yourself from doing sth you like but shouldn't do • *I couldn't resist the temptation* to eat some more chocolate cake. ♦ şeytana uymamak
- 4.107 have the best of both worlds (expr) /hæv ðə best əv bəʊθ w3:ldz/ enjoy the advantages of two very different things at the same time He lives in the country but also keeps an apartment in the city for weekends, so he has the best of both worlds.
- 4.108 from all walks of life (expr) /frəm ɔ:l wɔ:ks əv larf/ with different jobs or positions in society
  There are people from all walks of life in my dance class, from lawyers to builders and hairdressers. ♦ toplumun her kesiminden
- 4.109 on the increase (phr) /ɒn ði 'ɪnkriːs/ getting larger ● His book collection is always on the increase; he must have more than 10,000 books already. ❖ artışta

- 4.110 take (sth) into consideration (expr) /teɪk ('sʌmθɪŋ) ɪntə kən,sɪdə'reɪʃn/ think about sth before making a decision ● *I took* all your views into consideration, but the final decision was mine. ◆ dikkate almak
- 4.111 the talk of the town (expr) /ðə tɔ:k əv ðə taʊn/ what everyone is talking about ● When her new book came out, she became the talk of the town. ◆ herkesin bildiği/üzerinde konuştuğu
- 4.112 the urban jungle (expr) /ði ,3:bən 'dʒʌŋgl/ city life (especially if you think it's unpleasant)
  With all the stress and the noise, I wouldn't survive in the urban jungle.
- 4.113 go to town (expr) /gəʊ tə taʊn/ do sth with energy and spending a lot on it
  She really went to town on her birthday party – it went on all night. <a href="https://www.alem.yapmak">a lot on it</a>
- 4.114 all over the place (expr) /ɔ:l əʊvə ðə pleɪs/ not tidy or not well organised ● Your work is all over the place. I'm afraid you'll have to do it again. ❖ darmadağın
- **4.115** ghost town (n) /'gəʊst ˌtaʊn/ a town that used to be busy but now has few or no people ● *The place looked like a ghost town with dark, empty streets.* ◆ ölü şehir
- 4.116 life in the fast lane (expr) /'laɪf ın ðə 'fɑ:st ,leɪn/ a busy and exciting way of life ● She used to enjoy life in the fast lane, but now she lives in a quiet village. ❖ uçlarda yaşam
- **4.117** private (adj) /'praɪvət/ only for one person or a few people ● You can't go in. It's a private room. >> privacy (n)
  ☆ özel
- 4.118 density (n) /'densīti/ the number of people or things in a place compared with the size of the place ● Traffic density has doubled in the last decade.
   > dense (adj) \$ yoğunluk
- 4.119 lead to (phr v) /li:d tə/ have a particular result ● *The scandal led to a* new government. ◆ yol açmak
- 4.120 rush (v) /rʌʃ/ go very quickly or be very quick ● Don't rush – we have plenty of time! > rush (n)
  ☆ acele etmek
- 4.121 peace and quiet (expr) /pi:s ən kwarət/ a situation in which nothing disturbs you and you are not stressed ● *I go to the library when I need some peace and quiet.* ◆ sükunet ve sakinlik
- **4.122 come across** (phr v) /kʌm əkrɒs/ find or meet sb by chance ● *We came across Mr Harry in the park.* � karşılaşmak

#### Verb collocations

be located in<br/>go to townlive on top of each other<br/>make way for<br/>resist the temptation<br/>take sth into consideration

Writing Pages 50–51

- 4.123 engage (v) /In'geIdʒ/ attract sb's interest ● The speaker engaged the audience fully. >> engagement (n)
   ♦ ilgisini çekmek
- 4.124 relevant (adj) /'reləvənt/ connected with people's own experience and therefore useful ● Although it was written in 1900, the novel is still relevant today.
   > relevance (n) ♦ ilgili
- 4.125 element (n) /'elɪmənt/ a necessary part of sth ● Humour is one of the key elements of a good lecture.
  ♦ unsur
- 4.126 rhetorical question (n) /rɪ,tɒrɪkl 'kwestʃn/ a question which you ask to make a point, without expecting an answer ● No need to answer. It was only a rhetorical question.
   ❖ cevabi beklenmeyen ve etkili olmak için sorulan soru
- 4.127 form (v) /fɔ:m/ give shape to sth ● *I* formed the impression that you didn't like what he said. > form (n)
  \$ şekillendirmek
- 4.128 persuasive (adj) /pə'sweisiv/ making you want to believe or do sth ● *His* argument was very persuasive so we had to agree. > persuade (v), persuasion (n)
   ♦ ikna edici
- 4.129 impersonal (adj) /ɪm'pɜːsənəl/ not referring to specific people ● I tried to keep my criticism impersonal as I didn't want him to feel bad. ◆ kişisel olmayan S Opp: personal
- 4.130 get through (phr v) /get θru:/ manage to do or complete ● Let's hurry up, because we have a lot of work to get through.
   ☆ zor bir zamanı geçirmek
- 4.131 make the most of (expr) /meik də məʊst əv/ use or enjoy sth as much as you can
  We've only got a day in Paris, so let's make the most of it and try and see all the sights.
  ☆ tadını çıkarmak
- 4.132 to be honest (expr) /tə bi: 'pnist/ to tell the truth ● *I didn't really like her new* song. To be honest, *I hated it!* > honesty (n)
  ♦ dürüst olmak
- 4.133 adventurous (adj) /əd'vent∫ərəs/ willing to try new and perhaps difficult things
  I decided to be adventurous and tried a completely new approach. ➤ adventure (n)
  ♦ maceracı

- 4.134 travel pass (n) /'trævəl pa:s/ a ticket that allows you to travel in a particular area for a period of time ● *If you are under 21, you can get a weekly travel pass for only five euros.* ◆ seyahat kartı
- 4.135 investment (n) /ɪn'vestmənt/ the act of spending money so that you can get benefits in the future ● *It's an expensive course, but considering the opportunities that I will have when I complete it, it's a good investment.* > invest (v), investor (n) ◆ yatırım
- 4.136 open up (phr v) /'əʊpən ∧p/ make sth available ● Internet advertising will open up new markets for our products.
   ❖ açmak
- 4.137 above all (expr) /ə'b∧v ɔ:l/ most importantly ● Above all, I'd like to emphasise the importance of humour.
   ♦ en önemlisi
- 4.138 socialise (v) /'səʊʃəlaɪz/ spend time with friends ● I work so hard I have no time to socialise; I haven't seen my friends for two months. ➤ social (adj) ❖ sosyalleşmek
- 4.139 outline (n) /'aʊtlaɪn/ the main facts, without any details ● She gave us a brief outline of what had happened.
   > outline (v) ◆ genel hatlar
- 4.140 support (v) /sə'pɔ:t/ help show that sth is true ● The evidence does not really support your claims. >> support (n), supportive (adj) ◆ desteklemek
- 4.141 lively (adj) /'laɪvli/ interesting and exciting ● We had a very lively discussion which I thoroughly enjoyed.
   ♦ canlı
- 4.142 picture (v) /'piktʃə(r)/
  imagine Can you picture yourself growing
  old? ☆ resim

#### Phrasal verbs

come across	hand over
end up	lead to
get around	open up
get through	set off
get to	

### Video Page 52

- **4.143** particle (n) /'pɑ:tɪkl/ an extremely small piece of sth ● Dust particles are everywhere but you can't always see them. ◆ partikül
- 4.144 app (n) /æp/ an application, a program that you can use on a phone, tablet or computer ● *l've downloaded* an app that organises my emails. ◆ uygulama

- 4.145 route (n) /ru:t/ a way that you can follow to go from one place to another ● Which is the quickest route to the museum? ❖ rota, yol
- 4.146 concentration (n) /,konsən'treı∫n/ the amount of sth that you find in a place
  They are measuring the concentration of dust in the atmosphere. ➤ concentrate (v)
  ♦ toplanma
- 4.147 dose (n) /dəʊs/ a measured amount of sth ● *Do not exceed the recommended dose.* ◆ doz
- 4.148 lung (n) /l∧ŋ/ one of the two organs in your chest that help you breathe ● *Take a deep breath and fill your lungs with the fresh air of the forest.*❖ akciğer
- 4.149 monitor (n) /'mpnɪtə(r)/ a machine that watches and records sth
  If the heart rate drops, the monitor will sound an alarm.

#### 4.150 exhaust (n) /ɪg'zɔ:st/ the gas that comes out of a vehicle or a machine ● The exhaust from the old bus in front of us smelled terrible. ◆ egzoz

#### 4.151 emission (n) /i'mɪʃn/ the gas (or light or heat) that is produced Electric cars do not produce any dangerous emissions. > emit (v) ◆ emisyon

- **4.152** respiration (n) /,respi'rei∫n/ breathing • *The patient's respiration is slow* and difficult. ♦ solunum
- 4.153 rate (n) /reit/ the speed at which sth happens ● If we keep going at this slow rate, it will take hours to finish the work. ◆ hiz
- 4.154 heart rate (n) /'hort ,reit/ the number of times your heart beats in a minute ● *It is normal for your heart rate to increase during exercise.* ◆ nabiz
- 4.155 blood pressure (n) /'bl∧d ,pre∫ə(r)/ the force with which blood travels in the body
  He suffers from high blood pressure and has to take pills to control it. tansiyon
- **4.156 GPS** (n) /,dʒiːpiː'es/ (Global Positioning System) a system that can show exactly where you are ● *Your mobile phone uses GPS to show your position on an online map.* **♦** GPS
- 4.157 device (n) /dr'vars/ an object or small machine that is designed for a particular purpose ● You can use any device to visit the site, but it looks best on a computer.
  ☆ cihaz

- 4.158 bloodstream (n) /'bl∧dstri:m/ the blood moving through your body • The test showed there was poison in his bloodstream.
   ♦ kan akışı
- 4.159 cardiovascular (adj) /ˌkɑːdiəʊ'væskjələ(r)/ related to the heart and the blood vessels (= the tubes through which the blood travels)
  - Smoking can cause cardiovascular disease.
  - ♦ kardiyovasküler

4.160 minimise (v) /'mɪnɪmaɪz/

reduce sth as much as possible ● *They are trying to minimise their costs as the company is having trouble.* > minimal (adj) � minimize etmek

 4.161 expose (v) /Ik'spəʊz/ put sb/sth in a dangerous situation ● Drive carefully and don't expose yourself to unnecessary risks. > exposure (n)
 ♦ maruz bırakmak