

## Glossary

### Reading Pages 114–115

- 10.1** **tourism** (n) /'tʊərɪzəm/  
the business of arranging and providing services, like accommodation, transport and entertainment, for people going on holiday  
• *The island economy depends on income from tourism.* > tour (n, v), tourist (n), touristic (adj) ❖ turystyka
- 10.2** **accommodation** (n) /əkəmə'deɪʃn/  
a place where you stay • *Our holiday accommodation was a horrible room without a bathroom, so we weren't happy.*  
> accommodate (v) ❖ zakwaterowanie
- 10.3** **eco-hut** (n) /i:kəʊ hʌt/  
a simple small shelter, built and functioning in a way that doesn't damage the environment  
• *The small group of eco-huts were built with locally-sourced recycled materials.*  
❖ eko-chatka
- 10.4** **youth hostel** (n) /ju:θ 'hɒstl/  
a building where young people can stay cheaply for a holiday • *When the rain got too heavy, the boys packed up their tents and went to stay in a youth hostel for the rest of the week.* ❖ schronisko młodzieżowe
- 10.5** **cabin** (n) /'kæbɪn/  
a simple small house or shelter, often made of wood • *They stayed in a log cabin in the mountains for the weekend.* ❖ chatka
- 10.6** **holiday home** (n) /'hɒlədeɪ həʊm/  
a house or flat that sb has as well as their main home to use for holidays • *We usually spend a few weeks in summer at our holiday home in Cornwall.* ❖ domek letniskowy
- 10.7** **campsite** (n) /'kæmpsaɪt/  
an enclosed place where you can camp  
• *They put up their tent as soon as they found a suitable campsite.* ❖ biwak, obozowisko
- 10.8** **pristine** (adj) /'prɪsti:n/  
clean and pure, in a perfect condition  
• *They drank from the pristine waters of the mountain spring.* ❖ nieskazitelny, dziewiczy
- 10.9** **tropical** (adj) /'trɒpɪkl/  
in or from the areas not far from the equator  
• *Would you like to spend a holiday on a tropical island?* > Tropics (n pl), ❖ tropikalny
- 10.10** **cloud forest** (n) /'klaʊd ˌfɒrɪst/  
a thick tropical forest, constantly covered in low clouds • *In the cloud forest in Costa Rica, we couldn't see the other end of the bridge in the fog.* ❖ las mglisty
- 10.11** **for real** (expr) /'fə 'ri:əl/  
in reality • *I had never seen an elephant for real, so it was an amazing sight to see at the nature reserve.* ❖ na żywo
- 10.12** **cosmopolitan** (adj) /kɒzmə'pɒlɪtən/  
with many people from different places and of different cultures • *Many large European cities are cosmopolitan places with people from all over the world.* ❖ kosmopolityczny
- 10.13** **head** (v) /hed/  
to go towards • *We left the city and headed for the countryside to see the archaeological site.*  
❖ kierować się
- 10.14** **check into** (phr v) /tʃek 'ɪntu:/  
to arrive at a hotel and collect your key  
• *You can't check in at the hotel before midday.* > check-in (n) ❖ zameldować się  
📎 Also: check in
- 10.15** **budget** (adj) /'bʌdʒɪt/  
low-priced • *I found a cheap room at a budget hotel near the station.* > budget (v, n)  
❖ tani, w przystępnej cenie
- 10.16** **downtown** (adj) /'daʊntaʊn/  
situated in the central part of a city  
• *They took a taxi to downtown Boston.*  
> downtown (n, adv) ❖ śródmieście
- 10.17** **explore** (v) /ɪk'splɔ:(r)/  
to go around a place to learn things about it  
• *We put up our tents and began to explore the island.* > explorer, exploration (n)  
❖ zwiedzać
- 10.18** **loads (of)** (n) /ləʊdz (əv)/  
a large amount (of) • *We've got loads of time before the boat comes. Let's go to the café.*  
> load (v) ❖ mnóstwo
- 10.19** **trendy** (adj) /'trendi/  
fashionable • *Her clothes are always trendy.*  
> trend (n) ❖ modny
- 10.20** **plaza** (n) /'plɑ:zə/  
a public square, especially in a Spanish-speaking country • *Local people and tourists can enjoy tapas at the cafés in the town plaza.*  
❖ plac, rynek

- 10.21 architect** (n) /'ɑ:kɪtekt/  
a person who designs buildings • *The architect designed a beautiful modern home for us.* > architecture (n), architectural (adj)  
❖ architekt
- 10.22 reasonably-priced** (adj) /'ri:zənəbli praɪst/  
not expensive • *This sofa is reasonably-priced at 300 euros.* ❖ w rozsądnej cenie
- 10.23 stall** (n) /stɔ:l/  
a table with goods for sale in the street • *The stalls were full of fresh fruit and vegetables for people to buy.* ❖ stragan
- 10.24 jungle** (n) /'dʒʌŋgl/  
a forest, especially tropical, where plants and trees grow thickly and close together • *The story of Mowgli is about a child who was lost in the jungle in India and was raised by animals.* ❖ džungla
- 10.25 sustainable** (adj) /sʌs'teɪnəbl/  
which can keep an ecological balance by not overusing natural resources • *Solar power is a sustainable form of energy as compared with fossil fuels, which are running out.* > sustain (v), sustainability (n) ❖ zrównoważony  
📖 Opp: unsustainable
- 10.26 environmentally-friendly** (adj) /ɪn,vaɪərə'mentəli 'frendli/  
not harmful to the environment  
• *Environmentally-friendly material, made from recycled clothes, is now used by some clothing companies.* ❖ przyjazny środowisku
- 10.27 coral reef** (n) /'kɒrəl ri:f/  
a long narrow line of coral, rocks and other substances near the surface of the sea  
• *You can swim here in the sea and look at the beautiful coral reef.* ❖ rafa koralowa
- 10.28 swamp** (n) /swɒmp/  
a flat area of land that is very wet or has a lot of water where plants and/or trees grow  
• *After the heavy rain, our garden was like a swamp!* ❖ bagno, mokradło
- 10.29 dry forest** (n) /'draɪ ˌfɒrɪst/  
a thick tropical forest which has very little rain  
• *The dry forests of Madagascar are home to many rare species of animals, such as lemurs.* ❖ suchy las
- 10.30 tour guide** (n) /tuə(r) gaɪd/  
a person who takes tourists to interesting places and gives information about them  
• *The tour guide on our safari warned us not to feed the animals.* ❖ przewodnik
- 10.31 canopy** (n) /'kænəpi/  
the top layer of a forest, like a roof made of leaves and branches • *Whoever wants to climb up the pyramid will have an amazing view of the rainforest canopy.* ❖ warstwa koron
- 10.32 rope** (n) /rəʊp/  
very thick strong string • *The climbers used ropes to pull themselves up the steep cliff.* ❖ sznur
- 10.33 misty** (adj) /'mɪsti/  
with light fog • *The boat disappeared in the distance across the misty lake.* > mist (n)  
❖ mglisty
- 10.34 haze** (adj) /heɪz/  
air with small drops of water that makes it difficult to see through • *A light haze covered the sea in the morning.* > hazy (adj)  
❖ zamglony
- 10.35 brightly** (adv) /'braɪtli/  
with a lot of light • *The streets were decorated with brightly-coloured lights.* > bright (adj), brighten (v), brightness (n) ❖ jasny, promienny
- 10.36 toucan** (n) /'tu:kæn/  
a tropical bird with colourful feathers and a large beak • *Nora captured a shot of a toucan as it flew into its nest with a lizard in its mouth.* ❖ tukan
- 10.37 hummingbird** (n) /'hʌmɪŋbɜ:d/  
a very small bird that makes a sound when it flies in the same place by moving its wings fast  
• *I recorded the sound of a tiny hummingbird as it flew above a flower.* ❖ koliber
- 10.38 orchid** (n) /'ɔ:kɪd/  
a tropical flower • *The air was filled with the scent of orchids.* ❖ orchidea
- 10.39 terrifyingly** (adv) /'terɪfaɪɪŋli/  
in a frightening way • *The jungle was filled with terrifyingly loud sounds.* > terrify (v), terrified, terrifying (adj) ❖ przerażająco
- 10.40 go-to** (adj) /'gəʊ tu:/  
which many people want to go to, use or refer to for a particular purpose • *Athens is a go-to destination for visitors to Greece.* ❖ najlepszy, odpowiedni
- 10.41 consist (of)** (v) /kən'sɪst (ɒv)/  
to be formed from two or more things  
• *This book consists of ten chapters and twenty illustrations.* ❖ składać się z
- 10.42 branch** (n) /brɑ:ntʃ/  
a part of a tree • *Look how many olives are growing on that branch!* ❖ gałąź
- 10.43 droplet** (n) /'drɒplət/  
a small drop of liquid • *After the rain, the grass was covered with droplets of water.* ❖ kropelka
- 10.44 variety** (n) /və'reɪəti/  
a lot of different things of the same type  
• *There's a wide variety of plants and trees in the rainforest.* > vary (v), varied (adj)  
❖ różnorodność

- 10.45 fancy** (adj) /'fænsi/  
expensive and fashionable • *Mia took us to a fancy restaurant on her birthday.* ❖ luksusowy, wymyślny
- 10.46 wildlife** (n) /'waɪldlaɪf/  
animals and plants that live naturally in an area  
• *Water pollution in the lake is very bad for the wildlife, so the plants and animals are dying.*  
❖ fauna i flora
- 10.47 harm** (v) /hɑ:m/  
to hurt; to damage • *Eating too much junk food can harm your health and make you overweight.* > harm (n), harmful (adj)  
❖ szkodzić
- 10.48 sustainability** (adj) /sʌs'teɪnəbɪləti/  
the use of energy and things in an environmentally-friendly way by not using up natural resources • *The sustainability of wind turbines as a source of energy is uncertain.*  
> sustain (v), sustainable (adj)  
❖ zrównoważony rozwój

## Vocabulary Page 116

- 10.49 break** (n) /breɪk/  
a short holiday • *If you don't like beach holidays, you could take a city break in Amsterdam.* ❖ krótki wyjazd
- 10.50 excursion** (n) /ɪks'kɜ:ʃn/  
a short trip • *We went on a school excursion to London for two days.* ❖ wycieczka, wyprawa
- 10.51 road trip** (n) /'rəʊd trɪp/  
a long-distance trip by car • *We drove through several mountain villages on our road trip.*  
❖ wycieczka samochodem
- 10.52 room service** (n) /'ru:m sɜ:vɪs/  
a service provided at a hotel, where guests order food or drinks which are brought to their room • *Our hotel breakfast was delivered by room service.* ❖ obsługa pokojowa
- 10.53 resort** (n) /rɪ'zɔ:t/  
a place where many people go on holiday  
• *Majorca is a very popular resort for young people.* ❖ resort
- 10.54 cruise** (n) /kru:z/  
a journey by sea, sometimes with accommodation on a ship • *The travel agent offered us tickets for a cruise on the River Seine.* > cruise (v) ❖ rejs
- 10.55 day trip** (n) /deɪ trɪp/  
a short journey to a place and back on the same day • *You can go on a day trip on a boat to some of the islands near the coast.*  
❖ wycieczka jednodniowa
- 10.56 package tour** (n) /'pækɪdʒ tuə(r)/  
an organised holiday that includes the cost of travel to different places, hotel, etc.  
• *The cost of our package tour included the coach trips, hotel room and meals.*  
❖ wycieczka zorganizowana
- 10.57 booking** (n) /'bʊkɪŋ/  
an arrangement you make to use sth in the future, e.g. tickets, restaurant table, etc.  
• *She made her hotel booking online a few months before the trip.* > book (v)  
❖ rezerwacja 📞 Syn: reservation
- 10.58 receptionist** (n) /rɪ'sepʃənɪst/  
a person in a hotel, office, etc. who helps people when they arrive, answers the telephone, etc.  
• *I asked the receptionist if I could have breakfast in my hotel room.* > reception (n)  
❖ recepcjonista
- 10.59 reservation** (n) /,rezə'veɪʃn/  
an arrangement you make to use sth in the future, e.g. tickets, restaurant table, etc.  
• *The restaurant is so popular that you can't get in without making a reservation.*  
> reserve (v) ❖ rezerwacja 📞 Syn: booking
- 10.60 query** (n) /'kwɪəri/  
a question asking for information about sth  
• *The tour guide on the day trip answered all our queries about Delphi.* > query (v)  
❖ zapytanie
- 10.61 place an order** (expr) /'pleɪs ən 'ɔ:də(r)/  
to order sth • *She called the restaurant and placed an order for a takeaway.*  
❖ złożyć zamówienie
- 10.62 stay** (n) /steɪ/  
a visit to a place where you stay for a limited time • *I hope you enjoy your stay in our town.*  
> stay (v) ❖ pobyt
- 10.63 reserve** (v) /rɪ'zɜ:v/  
to keep sth for a particular purpose or time  
• *Those seats are reserved for visitors.*  
> reservation (n) ❖ rezerwować
- 10.64 tip** (v) /tɪp/  
to give sb extra money to thank them for a service they have done for you • *It's considered polite to tip taxi drivers in New York.* > tip (n) ❖ dawać napiwek
- 10.65 unpack** (v) /,ʌn'pæk/  
to take things out of a bag or box • *When I got to my hotel room, I unpacked my suitcase and put on my swimsuit ready for the beach.*  
❖ rozpakowywać 📞 Opp: pack
- 10.66 unfamiliar with** (adj) /,ʌnfə'mɪliə(r) wɪθ/  
not knowing or having experience of sth  
• *As I was unfamiliar with the language, it was helpful to have a tour guide in Moscow.*  
❖ nieobyty z
- 10.67 currency** (n) /'kʌrənsi/  
the money used in a country • *The currency used in Australia is the Australian dollar.*  
❖ waluta

- 10.68** **patiently** (adv) /'peɪʃntli/  
calmly, without getting annoyed • *The receptionist listened patiently to our comments about the room.* > patient (adj), patience (n)  
❖ cierpliwie 📖 Opp: impatiently
- 10.69** **turn** (v) /tɜːn/  
to change into a different condition  
• *The weather turned cold as the wind blew from the north.* > turn (n) ❖ zamieniać
- 10.70** **amusement park** (n) /ə'mjuːzmənt paːk/  
a place where people can pay to go on rides to have fun • *Have you tried a ride on the big wheel at the amusement park? It's so exciting.*  
❖ park rozrywkowy

## Grammar Page 117

- 10.71** **beetle** (n) /'biːtl/  
an insect that folds its wings inside a hard covering on its back • *The shiny green beetle flew down and landed on a flower.* ❖ żuk, chrząszcz
- 10.72** **paella** (n) /paɪ'elə/  
a Spanish dish made with rice, chicken, fish and vegetables cooked together • *The first meal I had in Madrid was a huge plate of delicious paella.* ❖ paella
- 10.73** **deal** (n) /diːl/  
a low-priced offer • *If we can find a good last-minute hotel deal, we'll take a short city break.*  
❖ okazja, oferta
- 10.74** **tapas** (n) /'tæpəs/  
a variety of Spanish foods in small dishes, usually served as snacks • *We ate lunch on the plane to Spain, so we just had some tapas in the evening.* ❖ tapas
- 10.75** **palace** (n) /'pæləs/  
a building that is the home of a king, queen or other important person • *Were you impressed when you saw Buckingham Palace on your tour of London?* ❖ pałac, zamek

### Places to stay

|               |              |
|---------------|--------------|
| accommodation | holiday home |
| cabin         | palace       |
| campsite      | resort       |
| eco-hut       | youth hostel |

## Listening Page 118

- 10.76** **amazed** (adj) /ə'meɪzd/  
very surprised • *He was amazed to see his old friend sitting next to him on the plane.*  
> amaze (v), amazing (adj), amazement (n)  
❖ zdumiony

- 10.77** **amused** (adj) /ə'mjuːzd/  
thinking that sth is funny • *The teacher wasn't the slightest bit amused when his students played a trick on him.* > amuse (v), amusing (adj), amusement (n) ❖ rozbawiony
- 10.78** **annoyed** (adj) /ə'nɔɪd/  
a little bit angry • *I got annoyed at the neighbour's car alarm, which kept me awake all night.* > annoy (v), annoying (adj), annoyance (n) ❖ poirytowany
- 10.79** **anxious** (adj) /'æŋkʃəs/  
nervous or worried • *She felt anxious before her driving test.* > anxiety (n), anxiously (adv)  
❖ zdenerwowany
- 10.80** **delighted** (adj) /dɪ'laitɪd/  
very pleased or happy • *Tommy was delighted with his presents.* > delight (n), delightful (adj) ❖ zachwycony, rozradowany
- 10.81** **convenient** (adj) /kən'viːniənt/  
useful because it saves you time or does not cause you problems • *Modern appliances are convenient and make life much easier.*  
> convenience (n) ❖ praktyczny, poręczny  
📖 Opp: inconvenient
- 10.82** **zip-line** (n) /'zɪp laɪn/  
a rope between two points high above the ground for people to slide along it for fun • *The children had great fun riding down the zip-line in the adventure park.* > zip-lining (n)  
❖ kolejka tyrolska
- 10.83** **concerned** (adj) /kən'sɜːnd/  
worried about sb/sth • *Her parents are concerned because she is not doing well at school.* > concern (v, n) ❖ zaniepokojony
- 10.84** **fed up** (adj) /'fed 'ʌp/  
bored or tired of doing sth • *After living in Morocco for years, he got fed up with the hot weather and moved back to the UK.*  
❖ znudzony
- 10.85** **humid** (adj) /'hjuːmɪd/  
wet; damp • *The atmosphere was hot and humid.* > humidity (n) ❖ wilgotny
- 10.86** **run out (of)** (phr v) /rʌn aʊt (əv)/  
to finish a supply of sth • *We didn't reach the top of the mountain because we ran out of time before dark.* ❖ skończyć się

## Speaking Page 119

- 10.87** **air conditioning** (n) /eə kən'dɪʃənɪŋ/  
a system that cools the air in a building  
• *It's very hot today, so I'll turn on the air conditioning.* > air condition (n) ❖ klimatyzacja
- 10.88** **eye contact** (n) /'aɪ 'kɒntækt/  
looking into sb's eyes • *Making eye contact*

is important for communication. ❖ kontakt wzrokowy

- 10.89 holiday maker** (n) /'hɒlɪdeɪ ,meɪkə(r)/  
a tourist • *In the summer, the islands fill with holiday makers.* ❖ wczasowicz

## Grammar Page 120

- 10.90 wake-up call** (n) /'weɪk ʌp kɔ:l/  
a phone call that you ask sb to make to wake you up at a certain time • *The ferry leaves at 8.15, so I've ordered a wake-up call for 6.45.* ❖ budzenie
- 10.91 satnav** (n) /'sætneɪv/  
a computer that uses information from satellites to show or tell a driver of a vehicle how to get to a place • *You won't get lost if you get a satnav for your car.* ❖ nawigacja satelitarna 📡 NB: *Satnav* is an abbreviation for 'satellite navigation'.
- 10.92 guide book** (n) /'gaɪd bʊk/  
a book with information about a place for visitors • *This is a useful guide book for anyone travelling to Crete. It has loads of information about the sights.* ❖ przewodnik

## Use your English Page 121

- 10.93 permit** (v) /pə'mɪt/  
to allow • *Students are not permitted to leave the room during the exam.* > permission, permit (n) ❖ pozwalać
- 10.94 permission** (n) /pə'mɪʃn/  
the act of saying that sb is allowed to do sth • *Our teacher gave us permission to leave the room when we finished our test.* > permit (v, n) ❖ pozwolenie
- 10.95 surprisingly** (adv) /sə'praɪzɪŋli/  
in a way you didn't expect • *Surprisingly, the hotel was much better than the reviews we had read.* > surprise (n, v), surprising, surprised (adj) ❖ nieoczekiwanie
- 10.96 backpacking** (n) /'bækpækɪŋ/  
travelling for pleasure and carrying a backpack • *They went backpacking around Wales and stayed at youth hostels.* > backpack (v), backpacker (n) ❖ podróżowanie z plecakiem
- 10.97 helpful** (adj) /'helpfl/  
useful • *The guide gave us some helpful advice about where to eat out in the city.* > helpfully (adv), help (n, v) ❖ pomocny
- 10.98 ease** (n) /i:z/  
lack of difficulty • *The road was clearly shown on the map, so we found our way back with ease.* > easy (adj), easily (adv), ease (v) ❖ łatwość

- 10.99 common sense** (n) /'kɒmən sens/  
the ability to make sensible decisions • *Please use your common sense and don't go climbing in a storm.* ❖ zdrowy rozsądek
- 10.100 translate** (v) /trænz'leɪt/  
to change writing or speech into another language • *Can you translate this letter into Spanish?* > translation, translator (n) ❖ tłumaczyć, przekładać
- 10.101 translation** (n) /trænz'leɪʃn/  
words that have been changed from one language into another • *The book contains English translations of Italian poetry.* > translate (v), translator (n) ❖ tłumaczenie
- 10.102 sandstorm** (n) /'sændstɔ:m/  
a desert storm in which strong winds blow sand into the air • *The sandstorm prevented them from going any further across the Sahara Desert.* ❖ burza piaskowa
- 10.103 depart** (v) /dɪ'pɑ:t/  
leave • *The train departs at nine and arrives in London two hours later.* > departure (n) ❖ odjeżdżać, odlatywać
- 10.104 departure** (n) /dɪ'pɑ:tʃə(r)/  
leaving a place at a particular time • *All the flight departures from Zurich were late because of bad weather.* > depart (v) ❖ odlot, odjazd
- 10.105 board** (v) /bɔ:d/  
to get on a plane, boat, etc. to start travelling • *The passengers waited for three hours to board the plane that arrived late.* > boarding (adj, n) ❖ wsiadać, wchodzić na pokład
- 10.106 boarding pass** (n) /'bɔ:dɪŋ pɑ:s/  
a card that you show to board a plane • *I printed out our boarding passes from the internet so that we didn't waste time at the airport.* ❖ karta pokładowa
- 10.107 architecture** (n) /'ɑ:kɪtektʃə(r)/  
buildings and other structures • *The Ariana Museum in Geneva is a beautiful example of 19th century architecture.* > architect (n) ❖ architektura
- 10.108 highlands** (n pl) /'haɪləndz/  
an area of land that has a lot of high mountains • *They went climbing in the rocky highlands of the Andes in Bolivia.* > highland (adj), highlander (n) ❖ obszar górski
- 10.109 mountainous** (adj) /'maʊntənəs/  
with a lot of mountains • *The Scottish Highlands are a famous mountainous area which attracts many climbers from around the world.* > mountain, mountaineer, mountaineering (n) ❖ górzysty

- 10.110 region** (n) /'ri:dʒən/  
area • *He knows every mountain path in this region.* > regional (adj) ❖ region, obszar
- 10.111 bumpy** (adj) /'bʌmpɪ/  
a bumpy journey is uncomfortable because the car or plane moves up and down because of bad road or weather conditions • *It's a bumpy road because it is full of holes.* > bump (v, n)  
❖ wyboisty
- 10.112 landing** (n) /'lændɪŋ/  
the act of bringing an aircraft down to the ground • *It was a smooth flight all the way to Vienna, but the landing was a bit scary due to the snowstorm.* > land (v) ❖ lądowanie
- 10.113 drop off** (phr v) /drɒp ɒf/  
to take sb somewhere by car and leave them there • *Can you drop me off at the station?*  
❖ podrzucić
- 10.114 get around** (phr v) /get ə'raʊnd/  
to move from place to place • *The tourists get around the island on scooters.* ❖ poruszać się
- 10.115 get away** (phr v) /get ə'weɪ/  
to escape • *The actor rushed to his car to get away from the fans at the airport.* ❖ zbiec, wydostać się
- 10.116 get on** (phr v) /get ɒn/  
to board a plane, train, etc. • *They got on the plane last.* ❖ wsiadać 📖 Opp: get off
- 10.117 put up** (phr v) /pʊt ʌp/  
to put sth together or build sth • *We put up the tent and got inside.* ❖ postawić, budować
- 10.118 see off** (phr v) /si: ɒf/  
to say or wave goodbye to sb leaving from an airport, station, etc. • *Her parents saw her off at the station when she left for Amsterdam.*  
❖ żegnać
- 10.119 set off** (phr v) /set ɒf/  
to start a journey • *Let's set off early so we don't get stuck in traffic.* ❖ wyruszać
- 10.120 escape** (v) /ɪ'skeɪp/  
to get away from a place where you do not want to be • *They were lucky to escape from the avalanche alive.* > escape (n)  
❖ uciekać
- 10.121 wave** (v) /weɪv/  
to raise your arm and move your hand to say hello or goodbye to sb • *As they sailed away, many of the ship's passengers waved to the people standing at the harbour.* > wave (n)  
❖ machać
- 10.122 assemble** (v) /ə'sembəl/  
to put together • *Please help me assemble this cupboard as the instructions don't make sense.* > assembly (n) ❖ składać

- 10.123 regular** (adj) /'regjələ(r)/  
done often • *Although she doesn't see her grandparents often, they make regular phone calls to catch up.* > regularly (adv) ❖ regularny
- 10.124 street food** (n) /'stri:t ,fu:d/  
food cooked and sold by people outside to eat immediately • *Hot roasted corn is my favourite street food.* ❖ street food
- 10.125 heat** (n) /hi:t/  
the quality of being hot • *I sat under the beach umbrella to avoid the heat of the sun.* > heat (v), hot (adj) ❖ gorąco, upał
- 10.126 plantation** (n) /plɑ:n'teɪʃn/  
a large area of land where a particular type of crop is grown • *Sri Lanka is known for its tea plantations.* ❖ plantacja
- 10.127 camper** (n) /'kæmpə(r)/  
sb who is living in a tent, usually for a holiday • *The campers put up their tents quickly, and then cooked their food on a barbecue.* > camp (v), camping (n) ❖ obozowicz
- 10.128 trail** (n) /treɪl/  
a path through the countryside • *The trail led to the lake.* ❖ szlak, ścieżka
- 10.129 get on** (phr v) /get ɒn/  
to manage • *How are you getting on at your new school?* ❖ dawać sobie radę

### Phrasal verbs

|                       |              |
|-----------------------|--------------|
| check in / check into | put up       |
| drop off              | run out (of) |
| get around            | see off      |
| get away              | set off      |
| get on (x2)           |              |

## Writing Pages 122–123

- 10.130 filthy** (adj) /'fɪlθi/  
very dirty • *Take your muddy boots off before you come into the house. They're filthy!* > filth (n) ❖ brudny
- 10.131 second-class** (adj) /'sekənd kla:s/  
not new • *You can buy second-hand clothes here at cheap prices.* ❖ drugiej kategorii
- 10.132 non-stop** (adj) /nɒn-stɒp/  
continuous • *The whole holiday was a non-stop party!* ❖ nieprzerwanie
- 10.133 picturesque** (adj) /pɪktʃə'resk/  
beautiful to look at • *The picturesque islands in the Mediterranean are great places to take photos.* ❖ malowniczy

- 10.134 once-in-a-lifetime** (adj) /wʌnz ɪn ə 'laɪftaɪm/  
very special because it probably won't happen again (chance, experience, etc.) • *They went on a once-in-a-lifetime cruise in the Caribbean.* ❖ zdarzający się raz w życiu
- 10.135 breathtaking** (adj) /'breɪtkeɪɪŋ/  
very exciting or impressive • *The view from our room was breathtaking!* ❖ zapierający dech w piersiach
- 10.136 idyllic** (adj) /ɪ'dɪlɪk/  
extremely, beautiful, pleasant and peaceful • *The idyllic beach was the perfect place to relax.* ❖ idylliczny
- 10.137 scenery** (n) /'si:nəri/  
the natural features of a part of a country, such as mountains, forests, etc. • *The scenery around the red rocks of Utah is utterly breathtaking.* ❖ sceneria
- 10.138 abroad** (adv) /ə'brɔ:d/  
in or to another country • *I've never been abroad, but I'd like to travel to other countries when I can afford it.* ❖ za granicą
- 10.139 (be) in for (a surprise)** (expr) /'(bi:) ɪn fər (ə sə'praɪz)/  
to be about to get a surprise or shock • *If you think there's no nightlife on the island, you're in for a surprise.* ❖ szykować się na niespodziankę
- 10.140 well** (adv) /wel/  
very much; used to emphasise some adjectives • *The Louvre Museum is well worth a visit.* ❖ bardzo
- 10.141 miss** (v) /mɪs/  
not to do, experience or see sth • *The awesome scenery around Lake Carrezza is not to be missed.* ❖ przegapić, przeoczyć
- 10.142 officially** (adv) /ə'fɪʃli/  
formally • *The new bridge was officially opened in 2004.* > official (adj) ❖ oficjalnie
- 10.143 let-down** (n) /'let,daʊn/  
a disappointment • *The resort was a let-down. In fact, it was terrible.* > let down (phr v) ❖ rozczarowanie, zawód
- 10.144 roller-coaster** (n) /'rəʊlə,kəʊstə(r)/  
a track with very steep slopes, which people ride on in a small train at amusement parks • *Maria got really scared on the roller-coaster because she hates going on such fast rides.* ❖ kolejka górską
- 10.145 catchy** (adj) /'kætʃi/  
nice and easy to remember • *You need a catchy tune for the advert so people will remember it.* ❖ wpadający w ucho, chwytliwy
- 10.146 overpriced** (adj) /əʊvə'praɪst/  
more expensive than sth is worth • *Some of the cafés in the centre are overpriced and you'll pay a lot for a soft drink.* > overprice (v) ❖ zbyt drogi, w zawyżonej cenie

- 10.147 live up to (my) expectations** (expr) /lɪv ʌp tʊ (maɪ) ɛkspek'teɪʃnz/  
to be as good as sb hopes • *I thought the film would be funny, but it didn't live up to my expectations; it was silly.* ❖ spełniać (moje) oczekiwania 📝 Syn: meet my expectations

## Adjectives

|                          |                    |
|--------------------------|--------------------|
| amazed                   | helpful            |
| amused                   | humid              |
| annoyed                  | idyllic            |
| anxious                  | lively             |
| breathtaking             | non-stop           |
| bumpy                    | once-in-a-lifetime |
| classic                  | picturesque        |
| concerned                | pristine           |
| convenient               | reasonably-priced  |
| delighted                | regular            |
| environmentally-friendly | second-class       |
| fatal                    | sustainable        |
| fed up                   | trendy             |
| filthy                   | tropical           |

## Video Page 124

- 10.148 kayaker** (n) /'kaɪ,æk ə(r)/  
sb who is travelling by kayak • *A group of kayakers passed our boat on the river.* > kayak (n, v), kayaking (n) ❖ kajakarz
- 10.149 helmet** (n) /'helmt/  
a hard hat that protects your head • *In Formula 1 racing, the drivers wear helmets to protect their heads.* ❖ kask
- 10.150 kayak** (n) /'kaɪ,æk/  
a light narrow boat that you sit in and move it with paddles • *She paddled her kayak across the lake against the current.* > kayak (n, v), kayaking, kayaker (n) ❖ kajak
- 10.151 paddle** (n) /'pædl/  
a pole with a flat end that you use to row a boat • *Tom's raft got out of control when he dropped a paddle in the river.* > paddle (v), ❖ wiosło
- 10.152 rapids** (n pl) /'ræpɪdz/  
a part of a river where the water flows fast over rocks • *He fell into the river when he tried to go down the rapids in his kayak.* > rapid (adj) ❖ bystrza
- 10.153 strap** (n) /stræp/  
a long narrow piece of strong material • *We tied the kayaks onto the top of the car with long straps.* > strap (v) ❖ pasek
- 10.154 lively** (adj) /'laɪvli/  
full of energy; interesting and exciting • *The lively young goats ran across the field after their mother.* ❖ pelen życia

- 10.155 fatal** (adj) /'fɛtl/  
causing death • *He never looked after his health and, at the age of 50, he died of a fatal illness.* > fatality (n), fatally (adv) ❖ śmiertelny
- 10.156 headwaters** (n pl) /'hedwɔ:təz/  
small streams where they join and form the start of a river • *We carried our kayaks down past the headwaters until the river was wide enough to paddle on.* ❖ górne dopływy rzeki
- 10.157 classic** (adj) /'klæsɪk/  
typical; ordinary • *He made the classic mistake of putting up his tent in the sun. It got too hot too early.* > classic (n) ❖ klasyczny
- 10.158 glacier** (n) /'glæsiə(r)/  
a large mass of ice formed by snow on mountains that moves very slowly down a valley • *We stepped carefully onto the glacier as the ice was dangerous.* ❖ lodowiec

- 10.159 portage** (v) /'pɔ:tɪdʒ/  
to carry a boat between two rivers or parts of a river • *They had to portage their boats for a few metres between the canal and the river.* > portage (n) ❖ transportować łódź lądem

### Geographical features

|              |            |        |
|--------------|------------|--------|
| cloud forest | glacier    | rapids |
| coral reef   | headwaters | swamp  |
| dry forest   | jungle     |        |