

# 7 Have a great trip!

## Glossary

### Reading Pages 78–79

- 7.1 attitude** (n) /'ætɪtju:d/  
the way that sb thinks or behaves towards sb/sth • *The local people on the island have a positive attitude towards tourists.*  
❖ podejście
- 7.2 tourism** (n) /'tʊərɪzəm/  
the business related to providing services for people travelling on holiday • *The islanders depend on tourism to make a living.* > tour (v, n), tourist (n) ❖ turystyka
- 7.3 sustainable** (adj) /sʌ'steɪnəbl/  
keeping a natural balance by not using up natural resources • *Wind power is a sustainable form of energy while fossil fuels are running out.* > sustain (v), sustainably (adv), sustainability (n) ❖ zrównoważony Opp: unsustainable
- 7.4 hidden** (adj) /'hɪdn/  
not able to be seen or found easily • *There was a hidden door behind the cupboard.*  
> hide (v) ❖ ukryty
- 7.5 time off** (n) /taɪm ɒf/  
a period of time when you do not go to work or school, e.g. because of illness or for a break • *The manager wouldn't let anyone take time off until the project was finished.*  
❖ czas wolny
- 7.6 carbon footprint** (n) /,kɑ:bən 'fʊtprɪnt/  
the amount of carbon dioxide your activities produce • *Sophie reduced her carbon footprint by taking cold showers to save electricity.*  
❖ ślad węglowy
- 7.7 return flight** (n) /rɪ'tɜ:n flɑɪt/  
a ticket for a journey by plane that covers going to and back from somewhere • *We booked a return flight to Paris for our short holiday.* ❖ lot powrotny
- 7.8 CO<sub>2</sub>** (n) /si: əv tʊ/  
the gas produced when animals breathe out, or when carbon is burnt • *CO<sub>2</sub> is one of the gases that cause global warming.*  
❖ CO<sub>2</sub> Syn: carbon dioxide /'kɑ:bən daɪ'ɒksaɪd/
- 7.9 generate** (v) /'dʒenəreɪt/  
produce • *The sun's energy can be used to generate electricity.* > generator (n)  
❖ generować, produkować
- 7.10 harmful** (adj) /'hɑ:mfl/  
causing harm or injury to sb/sth • *Overeating can be harmful to your health.* > harm (v, n)  
❖ szkodliwy Opp: harmless
- 7.11 avoid** (v) /ə'vɔɪd/  
keep away from sb/sth • *You should avoid sitting in the sun around midday or you'll get burnt.* > avoidance (n) ❖ unikać
- 7.12 ferry** (n) /'feri/  
a ship that carries passengers and vehicles across an area of water • *Kelly rode her motorbike onto the ferry to travel to Samos.*  
> ferry (v) ❖ prom
- 7.13 offset** (v) /ɒf'set/  
to reduce by comparison • *The speed of air travel offsets the dangers involved.*  
❖ wyrównywać
- 7.14 balance out** (phr v) /'bæləns aʊt/  
to be the same in value to something that has an opposite effect • *The pleasures of travelling to another country must balance out the cost.*  
❖ równoważyć
- 7.15 destination** (n) /destɪ'neɪʃn/  
the place you are going to • *Good morning, ladies and gentlemen. We are about to take off from Athens and our destination is Frankfurt.*  
❖ cel podróży, miejsce przeznaczenia
- 7.16 suffer** (v) /'sʌfə(r)/  
to be negatively affected by sth • *The country is suffering from a lack of rain.* ❖ cierpieć, ponosić skutki
- 7.17 over-** (prefix) /'əʊvə(r)/  
too much • *Edinburgh Festival events became so popular that the residents were worried about over-tourism.* ❖ zbyt, za dużo
- 7.18 overcrowding** (n) /,əʊvə'kraʊdɪŋ/  
bad conditions when there are too many people • *Our day trip to the city was spoiled by overcrowding on public transport. It was impossible to find a seat on a bus.*  
> overcrowded (adj) ❖ zatłoczenie
- 7.19 increase** (v) /ɪn'kri:s/  
to become or make sth greater in amount, number, etc. • *The average temperature of the Earth is increasing because of climate change.*  
> increase (n), increasingly (adv)  
❖ wzrastać

- 7.20 sustainably** (adv) /sʌs'teɪnəbli/  
in a way that keeps a natural balance by not using up natural resources • *This furniture is made from sustainably produced materials, like locally grown cotton.* > sustain (v), sustainable (adj), sustainability (n)  
❖ w sposób zrównoważony
- 7.21 seasonal** (adj) /'si:zənəl/  
available or happening only in part of the year  
• *The town always gets flooded during the seasonal rains.* > season (n), seasonally (adv)  
❖ sezonowy
- 7.22 rather than** (phr) /'rɑ:ðə(r) ðæn/  
instead of • *I prefer walking to work rather than taking a bus.* ❖ zamiast
- 7.23 chain** (n) /tʃeɪn/  
a group of business that all belong to one company • *William owns a chain of fast food shops across the country.* ❖ sieć
- 7.24 distance** (n) /'dɪstəns/  
how far it is between two places or things  
• *They travelled a long distance by coach from England to Spain.* > distance (v), distant (adj)  
❖ odległość
- 7.25 fill up** (phr v) /fɪl ʌp/  
to make sth full • *The walking group stopped to fill up their water bottles at the tap by the road.* ❖ napełniać
- 7.26 hug** (v) /hʌg/  
to put your arms around something or someone to show that you care for it/them  
• *She hugged her grandchildren as soon as they arrived.* > hug (n) ❖ przytulać
- 7.27 cheetah** (n) /'tʃi:tə/  
a large wild cat that has yellow-brown fur with black spots • *Cheetahs can run faster than any other animal.* ❖ gepard
- 7.28 equal** (adj) /'i:kwəl/  
that is the same as sb/sth else • *Men and women should receive equal pay for doing the same job.* > equally (adv), equal (n)  
❖ równy
- 7.29 care** (v) /keə/ to be interested in or worried about sb/sth and to make sure sb/sth is OK  
• *If you care about me, why don't you ever call me?* > care (n), caring (adj) ❖ dbać, obchodzić, przejmować się
- 7.30 company** (n) /'kʌmpəni/  
a business • *Dad works for a company that makes clothes.* ❖ firma, spółka  
📖 Syn: business
- 7.31 business** (n) /'bɪznəs/  
an organisation or company that makes or sells things • *Katy has a business making clothes for children.* ❖ biznes, przedsiębiorstwo

- 7.32 conditions** (n pl) /kən'dɪʃnz/  
the way things are around you • *The walking conditions were difficult because it had snowed a lot the day before.* ❖ warunki
- 7.33 cheaply** (adv) /'tʃi:pli/  
without spending a lot of money • *Camping is a good way to stay at different places cheaply.*  
> cheap (adj) ❖ tanio

## Vocabulary Page 80

- 7.34 fare** (n) /feə(r)/  
the amount you pay for a ticket to travel • *How much is the bus fare from Athens to Patra?*  
❖ opłata za przejazd
- 7.35 baggage** (n) /'bægrɪdʒ/  
travelling bags • *The taxi driver helped us with our baggage because our suitcases were very heavy.* ❖ bagaż 📖 Syn: luggage
- 7.36 reservation** (n) /ˌrezə'veɪʃn/  
a booking • *The hotel is popular in summer, so you won't get a room unless you make a reservation.* > reserve (v) ❖ rezerwacja
- 7.37 currency** (n) /'kʌrənsi/  
the money used in a country • *The currency used in Australia is the Australian dollar.*  
❖ waluta
- 7.38 border** (n) /'bɔ:də(r)/  
the official line between two countries • *We had to show our passports before driving across the border from Greece into Albania.*  
> border (v) ❖ granica
- 7.39 visa** (n) /'vi:zə/  
an official paper needed for the right to travel in some countries • *Travellers from the UK have to get a visa to enter Turkey.* ❖ wiza
- 7.40 arrangement** (n) /ə'reɪndʒmənt/  
a plan or agreement to make sth happen  
• *We made arrangements to meet after school.* > arrange (v) ❖ przygotowanie, plan
- 7.41 permission** (n) /pə'mɪʃn/  
the act of saying that sb is allowed to do sth  
• *Our teacher gave us permission to leave the room when we finished our test.* > permit (v)  
❖ pozwolenie
- 7.42 particular** (adj) /pə'tɪkjələ(r)/  
used to emphasise that you are referring to one person or thing, not others • *I like this particular pair of jeans, not the other one.*  
> particularly (adv) ❖ konkretny, określony
- 7.43 suitcase** (n) /'su:tkeɪs/  
a large bag with flat sides that you can pack clothes in when you travel • *Sally packed all her best summer clothes and swimsuits in her suitcase and took a taxi to the port.*  
❖ walizka

- 7.44 coach** (n) /kəʊtʃ/  
a bus for transporting people long distances  
• *We're going to Larissa by coach.* ❖ autokar
- 7.45 boarding pass** (n) /'bɔːdɪŋ pɑːs/  
a document which allows you to get on a plane  
• *I had to show my boarding pass to get on the plane.* ❖ karta pokładowa
- 7.46 check out** (phr v) /tʃek aʊt/  
to pay for your stay as you are leaving a hotel  
• *We checked out of the hotel and caught a bus to the airport.* ❖ wymeldować się
- 7.47 customs** (n pl) /'kʌstəmz/  
the part of an airport or port where baggage is checked when you enter a country  
• *We weren't allowed to take our Turkish spices through customs when we arrived in Australia.*  
❖ odprawa celna
- 7.48 double room** (n) /ˌdʌbl 'ruːm/  
a bedroom for two people  
• *My friend and I shared a double room when we stayed at a hotel in Berlin.* ❖ pokój dwuosobowy
- 7.49 duty free** (n) /ˌdjuːti 'friː/  
a shopping area at an airport where you can buy things tax free  
• *Before her flight, Natalia bought some perfume and gifts at the duty free.* > duty-free (adj) ❖ sklep wolnocłowy
- 7.50 reception** (n) /rɪ'sepʃn/  
the front desk in a hotel or company where visitors go when they arrive  
• *The hotel manager welcomed us at reception.* > receive (v), receptionist (n) ❖ recepcja
- 7.51 roundabout** (n) /'raʊndəbaʊt/  
a crossroads where you drive round a circle to enter another street  
• *Take the first right at the roundabout to get to the port.* ❖ rondo
- 7.52 traffic jam** (n) /'træfɪk dʒæm/  
a lot of vehicles that cannot move because there are so many of them  
• *The bad weather caused a traffic jam on the road and it took hours to get home.* ❖ zator, korek
- 7.53 alarm** (n) /ə'laɪm/  
a loud sound made by a clock or phone at a particular time to wake sb up  
• *I was so tired that I switched off the alarm and went back to sleep.* > alarm (v) ❖ budzik
- 7.54 departure lounge** (n) /dɪ'pɑːtʃə(r) laʊndʒ/  
an area where passengers wait for their flight at an airport  
• *As we were waiting in the departure lounge at the airport, we heard that our flight was late.* > depart (v) ❖ hala odlotów
- 7.55 realise** (v) /'riːəlaɪz/  
to understand or become aware of a fact or situation  
• *I wanted to become an actor, but then one day I realised I wasn't talented enough.* > realisation (n) ❖ zdawać sobie sprawę

- 7.56 stressful** (adj) /'stresfl/  
making you feel worried and nervous  
• *Her new job is very stressful as there's so much to do in one day.* > stress (n) ❖ stresujący
- 7.57 tour guide** (n) /tuə(r) gaɪd/  
a person who takes tourists to interesting places and gives information about them  
• *The tour guide told us some interesting facts about the Tower of London.* ❖ przewodnik
- 7.58 arrival** (n) /ə'raɪvl/  
the act of reaching a place  
• *They were waiting for the arrival of the train from Liverpool.* > arrive (v) ❖ przyjazd, przybycie
- 7.59 announcement** (n) /ə'naʊnsmənt/  
an important statement that is made to give people information about sth  
• *We arrived at the airport in time to hear the announcement that our flight was cancelled.* > announce (v), announcer (n) ❖ ogłoszenie
- 7.60 gate** (n) /geɪt/  
the part of an airport where you go to get on a plane  
• *If you don't have any luggage, you can check in online and go straight to the boarding gate at the airport.* ❖ bramka

## Grammar Page 81

- 7.61 reserve** (v) /rɪ'zɜːv/  
to book sth for a particular purpose or time  
• *The restaurant gets quite busy in the evening, so call them early to reserve a table.*  
❖ rezerwować
- 7.62 flight attendant** (n) /flaɪt ə'tendənt/  
sb who serves food and drinks to passengers on a plane and looks after them  
• *Flight attendants are usually very kind with passengers who are scared of flying.*  
❖ steward
- 7.63 passport** (n) /'pɑːspɔːt/  
an official travel document  
• *If you forget your passport, you won't be allowed on the plane.*  
❖ paszport
- 7.64 cruise ship** (n) /kruːz ʃɪp/  
a large passenger ship for pleasure trips, sometimes with accommodation and entertainment  
• *A huge cruise ship, like a floating hotel, arrived at the island's port.*  
❖ statek wycieczkowy

# Listening Page 82

- 7.65 ticket office** (n) /'tɪkɪt 'ɒfɪs/  
a place where tickets are sold for journeys or events • *We booked our ferry tickets online, but we had to wait in a queue to collect them from the ticket office before sailing.*  
❖ kasa biletowa
- 7.66 delighted** (adj) /dɪ'laɪtɪd/  
very pleased or happy • *Tommy was delighted with his presents.* > delight (n), delightful (adj)  
❖ zachwycony

# Speaking Page 83

- 7.67 souvenir** (n) /ˌsuːvə'nɪə(r)/  
sth you buy to remember a place you're visiting • *His T-shirt with the Eiffel Tower on it is a souvenir from Paris.* ❖ pamiątka
- 7.68 in the distance** (phr) /ɪn ðə 'dɪstəns/  
far away • *From the beach, we could see the ferries passing in the distance.* ❖ w oddali

# Vocabulary Page 84

- 7.69 cabin** (n) /'kæbɪn/  
a small house, usually made of wood, in the countryside • *They spent the weekend hiking and stayed in a cabin in the mountains.*  
❖ domek, chatka
- 7.70 campsite** (n) /'kæmpsaɪt/  
a place where people on holiday can camp • *The campsite where we put up our tent had toilets and showers, and a small shop.*  
> camp (n, v), camper (n) ❖ pole namiotowe
- 7.71 holiday home** (n) /'hɒlədeɪ həʊm/  
a home that sb uses to stay in for short periods of time • *Many buildings on the island are holiday homes which are only used in summer, so it's very quiet in winter.* ❖ dom letniskowy
- 7.72 hostel** (n) /'hɒstl/  
a building where people can stay cheaply for a holiday, usually in shared rooms • *When the rain got too heavy, they packed up their tents and went to stay in a hostel for the rest of the week.* ❖ hostel
- 7.73 on board** (phr) /ɒn bɔːd/  
on a plane, ship or train • *When everybody was on board the plane, the captain made an announcement about the weather.*  
❖ na pokładzie
- 7.74 petrol station** (n) /'petrəl 'steɪʃn/  
a place where you stop to put petrol in a car • *They were lucky to find a 24-hour petrol station on the motorway after driving so far.*  
❖ stacja benzynowa

- 7.75 lively** (adj) /'laɪvli/  
enthusiastic and cheerful • *The party went well because everybody was happy and lively.*  
❖ wesoły, rażny

## Travel

arrival	destination	return flight
baggage	distance	roundabout
border	duty free	souvenir
check in	fare	suitcase
check out	ferry	ticket office
cruise ship	gate	time off
currency	on board	tourism
customs	passport	traffic jam
delay	petrol station	visa
departure	reception	
lounge	reservation	

## Accommodation

cabin	holiday home
campsite	hostel
double room	

# Grammar Page 85

- 7.76 skier** (n) /'skiːə(r)/  
sb who skis • *The winter sports centre at Florina is popular with skiers and snowboarders.* > ski (n, v), skiing (n)  
❖ narciarz
- 7.77 dig** (v) /dɪg/  
to make a hole in the ground by moving the soil • *When they were digging the garden at their new home, they found a metal box.*  
❖ kopać
- 7.78 bury** (v) /'beri/  
hide sth in the ground • *The pirates buried the gold coins in a deep cave.* > burial (n)  
❖ zakopywać
- 7.79 treasure** (n) /'treʒə(r)/  
valuable things such as gold or jewellery • *In the book, the children had an adventure and found the treasure.* ❖ skarb
- 7.80 climber** (n) /'klaɪmə(r)/  
a person who climbs mountains • *The climbers managed to reach the top of the mountain.* > climb (v, n) ❖ alpinista, wspinacz

## People

tour guide	skier
climber	flight attendant



# Writing Pages 86–87

- 7.81 narrative** (adj) /'nærətɪv/  
telling a story, giving an account of sth  
• *My cousin has written a beautiful narrative poem.* > narrate (v), narrator, narrative (n)  
❖ narracyjny
- 7.82 structure** (n) /'strʌktʃə(r)/  
the way in which the parts of sth are connected and form a whole • *We are studying the structure of the human body at school.*  
> structural (adj) ❖ struktura
- 7.83 set the scene** (phr) /set ðə si:n/  
describe the place and time where and when a story takes place • *The author set the first scene of his play in sixteenth-century Florence.*  
❖ przedstawić sytuację
- 7.84 interrupt** (v) /ɪntə'rʌpt/  
to make sb stop what they are doing • *I'm speaking now, so please don't interrupt.*  
> interruption (n) ❖ przerywać
- 7.85 narrative** (n) /'nærətɪv/  
a story; an account of sth • *It was an exciting narrative with lots of action.* > narrate (v), narrator (n), narrative (adj) ❖ narracja, opowiadanie
- 7.86 shine** (v) /ʃaɪn/  
to be very bright • *The sun was shining on the sea.* > shiny (adj) ❖ świecić
- 7.87 brightly** (adv) /'braɪtli/  
with a lot of light • *The moon shone brightly above the sea.* > brightness (n), bright (adj), brighten (v) ❖ jasno
- 7.88 blow** (v) /bləʊ/  
if the wind blows, it moves • *A cool breeze blew in from the coast.* ❖ dmuchać, wiać
- 7.89 softly** (adv) /'sɒftli/  
quietly and without force • *She sang softly to the baby, who soon fell asleep.* > softness (n), soft (adj), soften (v) ❖ delikatnie, czule
- 7.90 knock** (n) /nɒk/  
the sound of sb hitting a door with their hand • *I heard a knock on the door, but nobody was there when I opened it.* > knock (v) ❖ pukanie
- 7.91 delay** (n) /dɪ'leɪ/  
a period of time when sb/sth waits because of a problem that makes sth late • *There was a delay at the airport because of the fog, but eventually our flight left four hours late.*  
> delay (v) ❖ opóźnienie
- 7.92 flash** (n) /flæʃ/  
a sudden bright light that shines for a moment • *When he saw a flash of light from the boat, he realised the sailor was in trouble.*  
> flash (v) ❖ błysk
- 7.93 lightning** (n) /'laɪtnɪŋ/  
a flash of light in the sky caused by electricity • *Lightning struck the tree and it caught fire.*  
❖ błyskawica

- 7.94 lead** (v) /li:d/  
to show sb the way to a particular place  
• *Maria led the group of hikers up the mountain.* ❖ prowadzić, przewodzić
- 7.95 exhausted** (adj) /ɪg'zɔ:stɪd/  
very tired • *The explorers walked in the jungle all day and were exhausted by the evening.*  
> exhausting (adj), exhaust (v), exhaustion (n)  
❖ wyczerpany, wycieńczony
- 7.96 crisis** (n) /'kraɪsɪs/  
a time when a country's economy is not healthy • *Greta is a good leader as she stays calm in any crisis that happens.* ❖ kryzys
- 7.97 setting** (n) /'setɪŋ/  
a location where a story takes place • *The Scottish Highlands were a perfect setting for his detective story.* > set (n, v, adj) ❖ sceneria
- 7.98 mystery** (n) /'mɪstri/  
a situation that is difficult to explain • *What happened to the young princess is still a mystery.* > mysterious (adj) ❖ zagadka
- 7.99 suspense** (n) /sə'spens/  
excitement about sth that will happen • *He loves films about disasters as there is a lot of suspense surrounding the main characters and what is going to happen to them.* ❖ suspens, niepewność

## Live well, study well

### Page 88

- 7.100 performance** (n) /pə'fɔ:məns/  
how well sb does sth • *His poor performance at work was caused by his long illness.*  
> perform (v), performer (n) ❖ wyniki
- 7.101 motivated** (adj) /'mɔ:tɪveɪtɪd/  
very keen to do sth because you find it interesting or exciting • *The young pupils were motivated to try because their teacher gave them stickers for good marks.* > motivation (n)  
❖ zmotywowany
- 7.102 recover** (v) /rɪ'kʌvə(r)/  
get better from an illness • *Grandpa has recovered from his bad cold and now he feels great.* > recovery (n) ❖ zdrowieć, wracać do zdrowia
- 7.103 improvement** (n) /ɪm'pru:vmənt/  
making sth better • *I got a better mark in my maths test this time and I hope my parents are pleased with my improvement.* > improve (v)  
❖ poprawa, ulepszenie

### Adjectives

delighted	hidden	seasonal
equal	independent	stressful
exhausted	motivated	sustainable
harmful	particular	