

4 Eat it up

Glossary

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- 4.1 eat up** (phr v) /i:t ʌp/
to eat all your food • *Eat your breakfast up. The school bus is coming!* ❖ aufessen
- 4.2 prepare** (v) /prɪ'peə(r)/
to make sth ready to use/eat • *Ken is preparing the salad for dinner.* > preparation (n)
❖ vorbereiten
- 4.3 eat out** (phr v) /i:t aʊt/
to have a meal at a restaurant • *I like eating out with my family at weekends. We often go to a fish restaurant near the sea.* ❖ auswärts essen

Reading Pages 42–43

- 4.4 supermarket** (n) /'su:pəmə:kɪt/
a big shop where you can buy food and other things • *I'm going to the supermarket to buy some cat food.* ❖ der Supermarkt
- 4.5 recipe** (n) /'resəpi/
instructions for making food • *Jeanne uses her grandma's recipe to make pizza.*
❖ das Rezept
- 4.6 cookbook** (n) /'kʊkbʊk/
a book with recipes for making food • *Olivia wrote a cookbook with recipes for traditional Mexican dishes.* ❖ das Kochbuch
- 4.7 decide** (v) /dɪ'saɪd/
to think about things, and then make a choice • *Greta decided to order a pizza and watch a film.* > decision (n), decisive (adj)
❖ (sich) entscheiden
- 4.8 match** (n) /mætʃ/
sth that goes well together with sth else and has similar qualities • *Fried chicken goes well with rice. They're the perfect match.*
> match (v) ❖ die Kombination
- 4.9 mainly** (adv) /,meɪnli/
mostly • *The island's restaurants serve mainly fish.* > main (adj) ❖ hauptsächlich
- 4.10 smart** (adj) /smɑ:t/
controlled by a computer so that it responds and acts by itself • *The smart lights outside our building switch on if you walk by at night.*
❖ smarter, smarte, smartes
- 4.11 meal** (n) /mi:l/
the food you eat at one time, e.g. lunch, dinner • *We have a big meal in the evening when my parents come home from work.* ❖ die Mahlzeit

- 4.12 ingredient** (n) /ɪn'grɪ:dɪənt/
sth that is included to make or bake different food • *The main ingredients you need to make a cake are flour, eggs, sugar and butter or oil.*
❖ die Zutat
- 4.13 trolley** (n) /'trɒli/
a shopping cart for carrying things in a shop • *The children put some more cereal into the shopping trolley.* ❖ der Einkaufswagen
- 4.14 credit card** (n) /'kredɪt kɑ:d/
a card from a bank which you can use to buy sth and pay for it later • *Can I pay for my tickets by credit card?* ❖ die Kreditkarte
- 4.15 add up** (phr v) /æd 'ʌp/
to calculate the total of two or more numbers, prices, etc. • *If you add up the numbers in this line, you'll get 100.* ❖ zusammenrechnen
- 4.16 save money** (phr) /seɪv 'mʌni/
to keep money that you don't need to spend right now • *It's difficult to save money when you don't have a good job.* ❖ Geld sparen
- 4.17 conclude** (v) /kən'klu:d/
to end a piece of writing or a speech • *I concluded my email with 'See you soon!'. > conclusion (n), conclusive (adj)
❖ schlussfolgern*
- 4.18 diet** (n) /'daɪət/
what you usually eat • *It's important to include the right kind of food in your daily diet.*
> dietician (n), dietary (adj) ❖ die Ernährung
- 4.19 habit** (n) /'hæbɪt/
sth you do regularly • *Alan is trying to improve his sleeping habits by not using the internet at night.* ❖ die Gewohnheit, die Angewohnheit
- 4.20 still** (adv) /stɪl/
not stopping up to a certain time • *Dad's aunt is 90 and she still goes for long walks every day.* ❖ noch
- 4.21 once** (adv) /wʌns/
one time • *Sally played golf once, but she didn't enjoy it.* ❖ einmal
- 4.22 shopping list** (n) /'ʃɒpɪŋ lɪst/
a note that you write with all the things you need to buy • *I'll write a shopping list for the party food.* ❖ die Einkaufsliste
- 4.23 cupboard** (n) /'kʌpbəd/
a piece of furniture that has space to store things in and has doors on the front • *Put away your coat in the hall cupboard.*
❖ der Schrank

- 4.24 fridge** (n) /frɪdʒ/
an electronic device that keeps food and drinks cold • *Katrina put the milk and cheese into the fridge.* ❖ der Kühlschrank
- 4.25 onion** (n) /'ʌnjən/
a hard round vegetable that has many layers inside and a purple or brown skin outside
• *Cutting up onions always makes my eyes hurt.* ❖ die Zwiebel
- 4.26 delicious** (adj) /dɪ'lɪʃəs/
having a very nice taste • *This cake is delicious. May I have another piece?*
❖ köstlicher, köstliche, köstliches
- 4.27 omelette** (n) /'ɒmlət/
a dish made from mixing eggs together and frying them with other foods • *For breakfast, we sometimes have a cheese omelette with toast.* ❖ das Omelette
- 4.28 butter** (n) /'bʌtə(r)/
a soft yellow kind of fat made from cream
• *Do you like butter on your toast or just honey?* > butter (v) ❖ die Butter
- 4.29 automatically** (adv) /ɔ:tə'mætɪkli/
without anybody touching a control or switch
• *The oven goes off automatically when the time ends.* > automatic (adj)
❖ automatisch
- 4.30 perhaps** (adv) /pə'hæps/
maybe • *Perhaps we'll go to the Thai restaurant on my birthday, but I'm not sure.*
❖ vielleicht
- 4.31 (my) own** (adj) /('maɪ) əʊn/
belonging to me • *I'd like to have my own car when I'm older.* > own (v), owner (n)
❖ (mein) eigener, (meine) eigene, (mein) eigenes

LOOK!

Remember that in Unit 2 we saw the expression *on my own*, which means 'by myself'. We can also use the word *own* in phrases like *my own / your own*, with the meaning of 'belonging to me / to you'.
I enjoy painting on my own. (without anyone else around)
These are my own paintings. (the paintings are mine)

- 4.32 weigh** (v) /weɪ/
to measure sb/sth to see how heavy they are/it is; to have a particular weight • *Weigh the ingredients before you put them into the bowl.*
> weight (n) ❖ wiegen
- 4.33 calculate** (v) /'kælkjəleɪt/
to work out an amount • *This watch can calculate how far you walk every day.*
> calculation (n) ❖ berechnen

- 4.34 culture** (n) /'kʌltʃə(r)/
the beliefs, art and way of life in a country
• *We learnt a lot about Chinese food and culture on our holiday in Beijing.*
> cultural (adj) ❖ die Kultur

Vocabulary Page 44

- 4.35 meat** (n) /mi:t/
the soft part of an animal's body that other animals eat as food • *Heather doesn't eat meat, so she ate a cheese pie.* ❖ das Fleisch
- 4.36 garlic** (n) /'gɑ:lɪk/
a small vegetable with a very strong taste and smell • *Let's put some garlic sauce on the fish.*
❖ der Knoblauch
- 4.37 pasta** (n) /'pæstə/
spaghetti, noodles, etc. • *Italy is famous for its pasta dishes.* ❖ die Teigwaren (plural), die Nudeln (plural)
- 4.38 chilli** (n) /'tʃɪli/
a kind of small thin red or green pepper that has a very hot taste • *I put a few chillies in the sauce to make it spicy.* ❖ der Chili
- 4.39 grape** (n) /greɪp/
a small round green or dark red fruit that is soft inside • *On our farm, we grow juicy grapes.*
❖ die Traube
- 4.40 mushroom** (n) /'mʌʃrʊm/
a kind of fungus that has a soft round top and a thick stem • *I love mushrooms on my pizza.*
❖ der Champignon
- 4.41 pepper** (n) /'pepə(r)/
a kind of green, red or yellow vegetable that you can eat cooked or uncooked, e.g. in salads • *We made a salad with tomatoes, green peppers and onions.* ❖ die Paprika
- 4.42 lemon** (n) /'lemən/
a yellow fruit that has a bitter taste • *Mum likes to drink tea with honey and a piece of lemon.*
❖ die Zitrone
- 4.43 vegetable** (n) /'vedʒtəbl/
a plant or part of a plant that you can eat
• *Carrots are my favourite vegetables.*
❖ das Gemüse
- 4.44 dairy** (adj) /'deəri/
made from milk • *David has cows on his farm and he makes dairy foods like butter and milk.*
> dairy (n) ❖ Milch-
- 4.45 fruit** (n) /fru:t/
the soft part of a plant that has seeds inside
• *Louisa eats a lot of fruit, like bananas and apples.* ❖ das Obst
- 4.46 carbohydrate** (n) /,kɑ:bəʊ'hɑ:dreɪt/
something in food like bread, potatoes and pasta which gives your body energy • *Maria eats a big meal with carbohydrates before she*

- goes for a long walk. ❖ das Kohlenhydrat
- 4.47 cook** (n) /kʊk/
a person who cooks food; sb who cooks food as a job • *My aunt is a good cook. She makes great pizzas.* > cook (v), cooking (n), cooker (n) ❖ der Koch/die Köchin
- 4.48 vegetarian** (n) /ˌvedʒə'teəriən/
a person who doesn't eat meat or fish • *A lot of my friends are vegetarians because they love animals.* > vegetarian (adj) ❖ der/die Vegetarier/-in
- 4.49 strawberry** (n) /'strɔːbəri/
a small, juicy, red, summer fruit • *We're having ice cream with strawberries after lunch.* ❖ die Erdbeere
- 4.50 fresh** (adj) /frefʃ/
food that has been made, picked or collected not long ago • *There aren't many fresh strawberries in the shops in winter.* > freshness (n), freshly (adv) ❖ frischer, frische, frisches

Buying food

Nouns

credit card
market
restaurant
shopping list
supermarket
trolley

Verbs

add up
calculate
save money
weigh

Grammar Page 45

- 4.51 market** (n) /'mɑːkɪt/
a place where you can go to buy or sell things on a street or in a special building • *People buy fruit and vegetables at the street market here on Tuesdays.* > market (v) ❖ der Markt
- 4.52 sandwich** (n) /'sænwɪtʃ/
a snack that you make from two pieces of bread put together with food in between them • *Would you like a cheese and tomato sandwich?* ❖ das belegte Brot, das/der Sandwich
- 4.53 actually** (adv) /'æktʃʊəli/
in fact • *I didn't know that Marie was actually from France.* > actual (adj) ❖ tatsächlich
- 4.54 prediction** (n) /prɪ'dɪkʃn/
what sb says will happen in the future • *What's my prediction for the match? Roger's team will win again.* > predict (v), predictable (adj) ❖ die Prognose
- 4.55 hope** (v) /həʊp/
to wish that sth good is possible • *I hope Grandad will enjoy his dinner.* > hope (n) ❖ hoffen
- 4.56 sure** (adj) /ʃʊə(r)/
certain of sth • *I'm sure you'll like this cake.* ❖ sicherer, sichere, sicheres
- 4.57 offer** (n) /'ɒfə(r)/
an act of saying that you will do sth for sb if they need help • *Charles made a kind offer to wash the dishes.* > offer (v) ❖ das Angebot
- 4.58 promise** (n) /'prɒmɪs/
an act of saying that you will do sth for sure • *I'll make the best chocolate cake in the world. That's a promise!* > promise (v) ❖ das Versprechen
- 4.59 sudden** (adj) /'sʌdn/
that happens fast when you don't expect it • *We were watching TV, when we heard a sudden noise outside.* > suddenly (adv) ❖ plötzlicher, plötzliche, plötzliches
- 4.60 decision** (n) /dɪ'sɪʒn/
a choice you make after thinking about sth • *Paul made a decision to become a cook.* > decide (v) ❖ die Entscheidung
- 4.61 ham** (n) /hæm/
a kind of meat from a pig's leg • *Do you want a ham and cheese sandwich?* ❖ der Schinken
- 4.62 I'm afraid** (phr) /aɪm ə'freɪd/
used to introduce sth that isn't good or to say that you're sorry about sth • *I'm afraid I can't meet you tomorrow. I'll be at my grandparents' house.* ❖ Ich fürchte, ...
- 4.63 restaurant** (n) /'restrɒnt/
a place where you can sit and buy meals to eat • *Sometimes I eat at a restaurant with my family.* ❖ das Restaurant
- 4.64 fantastic** (adj) /fæn'tæstɪk/
very good; wonderful • *Greta had a fantastic holiday in Crete with her family. They want to go back there next year.* ❖ fantastischer, fantastische, fantastisches
- 4.65 as well** (phr) /əz wel/
also; too • *I'm not very hungry. I can't eat fish with salad and have ice cream as well.* ❖ auch noch
- 4.66 answer (the phone)** (v) /'ɑːnsə(r) (ðə fəʊn)/
to pick up the phone when sb calls • *Don't answer the phone! It will be somebody selling something again.* > answer (n) ❖ ans Telefon gehen
- 4.67 pass** (v) /pɑːs/
to do well in an exam, a course, etc. • *I hope you'll pass your French exam.* > pass (n) ❖ bestehen
- 4.68 anyway** (adv) /'eniweɪ/
used to change the subject to a main point in a conversation • *It's a bit late to eat now. Anyway, shall we watch a film?* ❖ jedenfalls

- 4.69** **luck** (n) /lʌk/
sth that makes sth good or bad happen by chance • *Good luck with your new cookbook.*
> lucky (adj) ❖ das Glück

Listening Page 46

- 4.70** **add** (v) /æd/
to put sth in sth else • *Add a little salt to the soup.* > addition (n) ❖ hinzufügen
- 4.71** **last** (adv) /lɑːst/
after all other things • *We waited a long time in the restaurant and they brought our food last.*
❖ zuletzt
- 4.72** **item** (n) /'aɪtəm/
an object • *I made a list of items that I needed to buy for the meal.* ❖ der Artikel
- 4.73** **form** (n) /fɔːm/
a kind • *What form of transport do you prefer to use? A car or a bus?* ❖ die Form, die Methode
- 4.74** **underline** (v) /ˌʌndə'laɪn/
to draw a line under a word • *I underlined this word because I like it.* ❖ unterstreichen
- 4.75** **girlfriend** (n) /'gɜːlfrend/
a close female friend • *My brother is going to the cinema with his girlfriend.* ❖ die Freundin
- 4.76** **popular** (adj) /'pɒpjələ(r)/
liked by many people • *Is tennis a popular sport in your country?* > popularity (n)
❖ beliebter, beliebte, beliebtes
✎ Opp: unpopular
- 4.77** **seafood** (n) /'siːfuːd/
any fish and other sea creatures that you can eat • *We ate fresh seafood at the restaurant by the beach.* ❖ die Meeresfrüchte (plural)

Speaking Page 47

- 4.78** **taco** (n) /'tækəʊ/
a small Mexican flat bread filled with different food and often served with chilli sauce • *At this Mexican restaurant, they make great cheese tacos.* ❖ der Taco
- 4.79** **nacho** (n) /'næːtʃəʊ/
a small piece of fried Mexican bread often eaten with a sauce or cheese • *Let's buy some nachos for our film night.* ❖ der Nacho
- 4.80** **smoothie** (n) /'smuːði/
a drink made from fruit or vegetables mixed with fruit juice, milk or yoghurt • *I had a banana and apple smoothie for breakfast.*
❖ der Smoothie
- 4.81** **vanilla** (n) /və'nɪlə/
a sweet flavouring made from the seeds of a plant that we add to give taste to food like

cakes or ice cream • *Which ice cream do you like best? Chocolate, strawberry or vanilla?*
❖ die Vanille

- 4.82** **garlic bread** (n) /'gɑːlɪk 'bred/
bread heated with garlic and butter inside
• *In Italian restaurants, you can have garlic bread with your pasta.*
❖ das Knoblauchbrot
- 4.83** **Mediterranean** (adj) /,medɪtə'reɪniən/
of the sea between Europe and Africa and its coasts > the Mediterranean (n)
❖ das Mittelmeer
- 4.84** **tuna** (n) /'tjuːnə/
a large sea fish with red meat • *Tony makes delicious pizza with tuna and other seafood.*
❖ der Thunfisch
- 4.85** **curry** (n) /'kʌrɪ/
a type of Asian food with a hot spicy sauce
• *Indian curry with rice is a popular meal in the UK.* > curry (v) ❖ der/das Curry
- 4.86** **chocolate brownie** (n) /'tʃɒklət 'braʊni/
a kind of square chocolate cake • *How many eggs do I need to make chocolate brownies?*
❖ der Schokoladenbrownie
- 4.87** **takeaway** (n) /'teɪkəweɪ/
a meal that you can collect or order from a restaurant to eat somewhere else
• *Thomas was too tired to cook, so he ordered a takeaway.* > take away (phr v)
❖ das/der Take-away
- 4.88** **busy** (adj) /'bɪzi/
that has a lot of people • *The streets are always busy in the morning.*
❖ betriebsamer, betriebsame, betriebsames
- 4.89** **crowded** (adj) /'kraʊdɪd/
that has a lot of people close together
• *This café is very crowded. We can't sit down here.* > crowd (n) ❖ überfüllter, überfüllte, überfülltes

Vocabulary Page 48

- 4.90** **biscuit** (n) /'bɪskɪt/
a thin crispy cake • *Have a biscuit with your hot chocolate.* ❖ der Keks
- 4.91** **pre-heat** (v) /,priː'hiːt/
to switch on an oven to make it hot before cooking food in it • *Pre-heat the oven to 180°C while you're mixing the ingredients.*
> preheated (adj) ❖ vorheizen
- 4.92** **oven** (n) /'ʌvən/
the inside part of a cooker where food is cooked • *The cakes are still in the oven. They will be ready soon.* ❖ der Backofen
- 4.93** **almond** (n) /'ɑːmənd/
a small oval nut with a smooth hard shell
• *There are some almonds in this cake.*
❖ die Mandel

- 4.94 dough** (n) /dəʊ/
a mixture of flour and other ingredients used to make bread, pies or biscuits • *The cook mixed the dough and left it in the fridge for an hour.*
❖ der Teig
- 4.95 bake** (v) /beɪk/
to cook food in an oven • *Put the biscuits in the oven and bake them for 15 minutes.*
> baker, baking (n), baked (adj)
❖ backen
- 4.96 chopped** (adj) /tʃɒpt/
sth cut into small pieces with a knife • *Put the chopped carrots and onions in the soup.*
> chop (v) ❖ gehackter, gehackte, gehacktes
- 4.97 gram** (n) /græm/
a small unit for measuring how heavy sth is
• *You'll need 250 grams of butter for this recipe.* ❖ das Gramm
- 4.98 icing sugar** (n) /'aɪsɪŋ ʃʊɡə(r)/
a kind of soft white sugar usually used on the top of cakes or biscuits • *Cheryl is going to put some icing sugar on the brownies.* ❖ der Puderzucker
- 4.99 flour** (n) /'flaʊə(r)/
a soft white or brown powder made from wheat or other grain, used to make bread, biscuits, cakes, etc. • *Put the flour into a bowl with the butter and sugar.* ❖ das Mehl
- 4.100 flavouring** (n) /'fleɪvərɪŋ/
sth added to food to give it more taste
• *This biscuit has strawberry flavouring.*
> flavour (n, v) ❖ das Aroma
- 4.101 finally** (adv) /'faɪnəli/
at the end • *Finally, cut the cake and eat it.*
> final (n, adj) ❖ endlich
- 4.102 mix** (v) /mɪks/
to put two or more things together to make sth different • *Mix the butter and sugar before you add the eggs.* > mixture (n) ❖ mischen
- 4.103 spoon** (n) /spuːn/
an object that has a long handle with a small round bowl shape at the end, used for mixing or picking up food • *Henry was eating his soup with a silver spoon.* ❖ der Löffel
- 4.104 roll out** (phr v) /rɒl aʊt/
to make sth flat using a special kitchen tool or your hands • *Roll out the dough and put it into the baking tin.* ❖ ausrollen
- 4.105 board** (n) /bɔːd/
a thin flat piece of wood or plastic, etc. often used for preparing food • *Chop the carrots on the board.* ❖ das Brett
- 4.106 piece** (n) /piːs/
a part of sth • *Have a piece of cake.*
❖ das Stück
- 4.107 occasion** (n) /ə'keɪʒn/
an event; a specific time when sth happens
• *Maisie wears a dress on special occasions, like parties or weddings.* ❖ der Anlass
- 4.108 measurement** (n) /'meɪʒəmənt/
how big, heavy, long or hot, etc. sth is
• *The recipe has all the measurements for the ingredients of the cake.* > measure (v)
❖ die Maßangabe
- 4.109 centimetre** (n) /'sentɪmɪtə(r)/
a small unit for measuring how long or high sth is or how tall sb is • *There are 100 centimetres in a metre.* ❖ der Zentimeter 📏 Abbrev: cm
- 4.110 metre** (n) /'mi:tə(r)/
a unit for measuring how long or high sth is or how tall sb is; 100cm • *The table is two metres long.* ❖ der Meter 📏 Abbrev: m
- 4.111 kilo** (n) /'ki:ləʊ/
a unit for measuring how heavy sb or sth is; 1,000 grams; a kilogram • *I'll buy a kilo of tomatoes at the market.* ❖ das Kilo
- 4.112 degree** (n) /dɪ'ɡriː/
a unit used to measure temperature • *The oven needs to be 20 degrees hotter.*
❖ das Grad
- 4.113 kilometre** (n) /kɪ'lɒmɪtə(r)/
a unit used to measure distance; 1,000 metres
• *Our house is four kilometres from the school.*
❖ der Kilometer 📏 Abbrev: km
- 4.114 length** (n) /lɛŋkθ/
how long sth is • *What's the length of the room?* > long (adj), lengthen (v)
❖ die Länge
- 4.115 weight** (n) /weɪt/
how heavy sth is • *Check the weight of your bags before you travel by plane.* > weigh (v)
❖ das Gewicht
- 4.116 temperature** (n) /'temprətʃə(r)/
how hot or cold sb or sth is • *The temperature is very low in Greenland in winter.*
❖ die Temperatur
- 4.117 pot** (n) /pɒt/
a container for keeping food fresh • *There's a pot of yoghurt on the table.* ❖ der Behälter
- 4.118 yoghurt** (n) /'jɒɡə(r)t/
a thick white food made from milk that you can eat with fruit or other flavourings • *I often have yoghurt and fruit for breakfast.* ❖ der Joghurt
- 4.119 oil** (n) /ɔɪl/
a thick liquid, usually made from plants, used for cooking or preparing food • *Dad always puts oil on salads.* > oil (v), oily (adj)
❖ das Öl
- 4.120 first of all** (phr) /fɜːst əv ɔːl/
before anything else • *First of all, look for a nice recipe.* ❖ zunächst 📖 Syn: firstly
- 4.121 Celsius** (n) /'selsiəs/
the measure used for temperatures in centigrade • *Water boils at 100 degrees Celsius.* ❖ das Celsius

Cooking

Nouns

| | |
|------------|--------|
| board | meal |
| cook | oven |
| cookbook | recipe |
| dough | piece |
| flavouring | pot |
| fridge | spoon |
| ingredient | |

Verbs

| |
|---------|
| add |
| bake |
| chop |
| mix |
| preheat |
| prepare |
| weigh |

Measurement

| | |
|------------|-------------|
| Celsius | length |
| centimetre | metre |
| degree | temperature |
| gram | weight |
| kilo | |

Grammar Page 49

- 4.122 dollar** (n) /'dɒlə(r)/
the kind of money used in some countries, e.g. the USA, Canada and Australia • *The taxi ride from the airport costs 40 dollars.* ❖ der Dollar
- 4.123 furniture** (n) /'fɜːnɪtʃə(r)/
things like tables, chairs, cupboards, etc.
• *We're buying new furniture for the living room.* ❖ die Möbel (plural)
- 4.124 advice** (n) /əd'vaɪs/
sth you tell sb to help them with a problem
• *Ask your granny for advice in the kitchen. She's a great cook!* > advise (v), advisable (adj)
❖ der Rat
- 4.125 luggage** (n) /'lʌɡɪdʒ/
all the bags you carry when you're travelling
• *Simon's putting his luggage into the car to go on holiday.* ❖ das Gepäck
- 4.126 news** (n) /njuːz/
a piece of information about sth new that happened • *I've got some good news. I'm going to be in Happy Cook on TV!*
❖ die Neuigkeiten
- 4.127 equipment** (n) /ɪ'kwɪpmənt/
the things you need to do a job or an activity
• *The school has modern equipment in the computer lab.* ❖ die Ausstattung

Writing Pages 50–51

- 4.128 try out** (phr v) /traɪ aʊt/
to use or do sth to see how good or bad it is
• *Bob and Martha are going to try out the new Indian restaurant.* ❖ ausprobieren
- 4.129 tour** (n) /tuə(r)/
a trip to visit different places or parts of a place
• *We went on a tour of the castle.* > tour (v)
❖ die Rundfahrt, die Reise
- 4.130 excited** (adj) /ɪk'saɪtɪd/
feeling very happy about sth you're doing or going to do • *The children are excited about going to the party.* ❖ aufgeregt
- 4.131 fortune cookie** (n) /'fɔːtʃuːn kʊki/
a thin Chinese biscuit with a small note inside that says sth about your future • *My fortune cookie says I'll get a visit from a friend.*
❖ der Glückskeks
- 4.132 come round** (phr v) /kʌm raʊnd/
to come to a place for a short visit • *My friends often come round to my house to listen to music.* ❖ vorbeikommen
- 4.133 lovely** (adj) /'lʌvli/
nice; enjoyable • *We had a lovely meal at Francine's.* ❖ wunderbarer, wunderbare, wunderbares
- 4.134 look forward to** (phr v) /lʊk 'fɔːwəd tu/
to be happy waiting for sth good that is going to happen • *Are you looking forward to your holiday?* ❖ sich freuen auf
- 4.135 pretty** (adv) /'prɪtli/
quite • *The food at Jerry's is pretty good. You'll love it!* ❖ ziemlich
- 4.136 sound** (v) /saʊnd/
to seem to be a particular way, from what you hear or read • *The new Thai restaurant sounds fantastic! Let's try it out.* > sound (n)
❖ klingen
- 4.137 a bit** (adv) /ə bɪt/
a little; a small amount • *The players were a bit tired at the end of the match.* ❖ ein wenig
- 4.138 relaxing** (adj) /rɪ'læksɪŋ/
helping you to rest • *A day at the beach will be relaxing.* > relax (v), relaxation (n)
❖ entspannender, entspannende, entspannendes

Phrasal verbs

| | | |
|------------|-----------------|----------|
| come round | eat up | roll out |
| eat out | look forward to | try out |

- 4.139 eyeball** (n) /'aɪbɔːl/
a complete eye, including the round part at the back • *I can't imagine eating an animal's eyeballs.* ❖ der Augapfel
- 4.140 blood** (n) /blʌd/
the red liquid that flows inside your body
• *There was blood on my shirt because I cut my finger.* ❖ das Blut
- 4.141 tortilla** (n) /tɔː'tiːə/
a thin, flat Mexican bread • *Pablo is eating tortillas with cheese and tomato.* ❖ die Tortilla
- 4.142 larva** (n) /'lɑːvə/
an insect when it first comes out of its egg and looks like a thick worm • *A bee begins as an egg for three days, and then becomes a larva.*
❖ die Larve 📖 Plural: larvae /'lɑːvi/
- 4.143 fast food** (n) /,fɑːst 'fuːd/
hot food that is cooked and served quickly, especially as a takeaway • *Jim sometimes orders fast food, like tacos, when he doesn't have time to cook.* ❖ das Fastfood
- 4.144 Maasai** (n) /'mɑːsaɪ/
a member of a specific group of people from East Africa • *The Maasai people live in a traditional way in parts of Kenya and Tanzania.*
❖ der/die Massai
- 4.145 taste** (v) /teɪst/
to have a specific flavour • *Cheese tacos taste delicious with chilli sauce.* > taste (n), tasty (adj) ❖ schmecken
- 4.146 gross** (adj) /grəʊs/
horrible; not nice • *The plate of cooked insects looks completely gross!* ❖ ekliger, eklige, ekliges 📖 Syn: disgusting, revolting
- 4.147 revolting** (adj) /rɪ'vɒʊl,tɪŋ/
horrible • *Food made from insect larvae sounds revolting!* ❖ abscheulicher, abscheuliche, abscheuliches
📖 Syn: disgusting, gross

Adjectives

| | |
|-----------|-----------|
| crowded | fresh |
| delicious | gross |
| excellent | revolting |
| excited | popular |

Types of food

| | |
|-------------------|------------|
| almond | mushroom |
| biscuit | oil |
| butter | omelette |
| carbohydrate | onion |
| chilli | pasta |
| chocolate brownie | pepper |
| curry | sandwich |
| dairy | seafood |
| fast food | smoothie |
| fortune cookie | strawberry |
| fruit | taco |
| garlic | tortilla |
| garlic bread | tuna |
| grape | vanilla |
| icing sugar | vegetable |
| lemon | yoghurt |
| meat | |