

1 Who am I?

Glossary

Page 5

- 1.1 grandmother** (n) /'grænmlðə(r)/
the mother of your mother or father • *Nicola's Italian grandmother is her dad's mother.* ❖ babcia
- 1.2 grandfather** (n) /'grænfɑ:ðə(r)/
the father of your mother or father • *My grandfather is 62 years old.* ❖ dziadek
- 1.3 son** (n) /sʌn/
a boy child • *Tom and Mary's son is a really handsome boy.* ❖ syn
- 1.4 daughter** (n) /'dɔ:tə(r)/
a girl child • *Mr Smith's daughter Sharon is doing her homework.* ❖ córka

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- 1.5 activity** (n) /æk'tɪvəti/
something that you do to have fun • *My favourite activity is playing tennis.* > act (v), active (adj), actively (adv) ❖ aktywność
- 1.6 explorer** (n) /ɪk'splɔ:rə(r)/
sb who travels to new places to find out about them • *Christopher Columbus was an explorer. He sailed to America.* > explore (v), exploration (n) ❖ odkrywca
- 1.7 diver** (n) /'daɪvə(r)/
sb who swims underwater, using special equipment to breathe • *The diver put on his mask and jumped off the boat.* ❖ nurek
- 1.8 French** (adj) /frentʃ/
from France > French (n) ❖ francuski
- 1.9 France** (n) /frɑ:ns/
a country in Europe > French (adj, n) ❖ Francja
- 1.10 hardly ever** (adv) /'hɑ:dli 'evə(r)/
not very often; almost never • *We hardly ever see Uncle Joe because he lives in New Zealand.* ❖ prawie nigdy
- 1.11 around** (prep) /ə'raʊnd/
in many parts of a place • *I've got lots of friends from all around the world.* ❖ dookoła
- 1.12 leader** (n) /'li:də(r)/
a person or animal who shows the others in a group what to do • *Janice is the leader of our school band. She writes and sings all the songs.* > lead (v) ❖ przywódca
- 1.13 team** (n) /ti:m/
a group of people that work together or play a sport together • *I'm in the school basketball team.* ❖ zespół, drużyna
- 1.14 Pole** (n) /pəʊl/
one of the two points at the north or south end of the Earth • *The South Pole is in Antarctica.* ❖ biegun
- 1.15 scientist** (n) /'saɪəntɪst/
sb who studies and works with science • *Scientists are studying the sea levels around Antarctica.* > science (n), scientific (adj) ❖ naukowiec
- 1.16 sailor** (n) /'seɪlə(r)/
sb who works on a ship; sb who sails a boat • *Dave wants to become a sailor and travel around the world in a small boat.* ❖ marynarz, żeglarz
- 1.17 explore** (v) /ɪk'splɔ:r(r)/
to go around a place to learn things about it • *Let's leave our boat here and explore the island.* ❖ odkrywać, badać
- 1.18 usually** (adv) /'ju:ʒuəli/
as a usual routine; normally • *We usually walk to school, but today we're going in Mum's car.* > usual (adj), unusual (adj) ❖ zazwyczaj
- 1.19 travel** (v) /'trævl/
to go from one place to another • *My grandma likes travelling around France in summer.* ❖ podróżować
- 1.20 icy** (adj) /'aɪsi/
covered in ice; very cold • *It's dangerous to drive on icy roads.* ❖ oblodzony
- 1.21 land** (n) /lænd/
a piece of ground • *The land next to our house is Mr Smith's garden.* ❖ teren, grunt
- 1.22 part** (n) /pɑ:t/
a piece of a place or thing • *There are a lot of farms in this part of the country.* ❖ część
- 1.23 like** (prep) /laɪk/
for example • *Tim enjoys doing sports in the sea like diving and swimming.* ❖ (taki) jak
- 1.24 Greenland** (n) /'gri:n,lænd/
a large island in the Arctic Ocean > Greenlandic (adj) ❖ Grenlandia
- 1.25 Antarctica** (n) /æ'n'tɑ:ktɪkə/
a continent in the Southern Ocean > Antarctic (adj) ❖ Antarktyka

- 1.26 Hawaii** (n) /hə'waɪi/
an American state in the Pacific Ocean
> Hawaiian (adj, n) ❖ Hawaje
- 1.27 Tahiti** (n) /tɑ:'hi:ti/
an island in the Pacific Ocean
> Tahitian (adj, n) ❖ Tahiti
- 1.28 film** (n) /fɪlm/
moving pictures with sound that show a story or information • *We're watching a film about the life of sharks.* > film (v) ❖ film
- 1.29 take photos** (phr) /teɪk 'fəʊtəʊz/
take pictures with a camera • *Liz loves taking photos of her friends.* ❖ robić zdjęcia
- 1.30 adventure** (n) /əd'ventʃə(r)/
a journey or experience that is exciting and may be dangerous • *The first time I travelled by plane was a big adventure for me.*
> adventurous (adj) ❖ przygoda
- 1.31 dive** (v) /daɪv/
to swim underwater using equipment to help you to breathe • *Would you like to learn to dive to look at the animals in the sea?*
> diver, diving (n) ❖ nurkować
- 1.32 underwater** (adv) /ˌʌndə'wɔ:tə(r)/
below the surface of the water • *Can you swim underwater with your eyes open?*
> underwater (adj) ❖ podwodny
- 1.33 sometimes** (adv) /sʌmtaɪmz/
not always • *Harry sometimes meets his friends after school, but not every day.*
❖ czasami
- 1.34 across** (adv) /ə'krɒs/
from one side of a place to another • *The boat is sailing across the sea to France.*
❖ przez
- 1.35 return (to)** (v) /rɪ'tɜ:n (tʊ)/
to go back to • *When we return to Italy, we want to see Mount Vesuvius.* > return (n)
❖ wracać (do)
- 1.36 visit** (v) /'vɪzɪt/
to go and see a place or person • *How often do you visit your cousins?* > visit (n), visitor (n)
❖ odwiedzać
- 1.37 student** (n) /'stju:dnt/
a person who studies at a school, university, etc. • *There are 25 students in our class.*
> study (v) ❖ uczeń, student
- 1.38 work** (n) /wɜ:k/
the things you do which are part of your job
• *Ella is a teacher and she does a lot of work with young children.* > work (v), worker (n)
❖ praca
- 1.39 country** (n) /'kʌntri/
an area of land that has its own government, laws and way of life • *Which country is Miguel from? Spain or Italy?* ❖ kraj
- 1.40 also** (adv) /'ɔ:lsəʊ/
too; as well • *I love football, but I also go swimming.* ❖ także
- 1.41 parent** (n) /'peərənt/
a mother or father • *Gina's parents are from Crete.* ❖ rodzic
- 1.42 child** (n) /tʃaɪld/
a person who is not an adult yet, e.g. someone under 18 years old • *How many children are in your class at school?* ❖ dziecko
📎 Plural: children /'tʃɪldrən/
- 1.43 mum** (n) /mʌm/
a mother • *My mum drives me to school every day.* ❖ mama 📎 Syn: mummy, mom
- 1.44 swimming** (n) /'swɪmɪŋ/
the activity of moving through water by moving your arms and legs • *Eleni goes swimming in the sea in summer.* > swim (v), swimmer (n)
❖ pływanie
- 1.45 diving** (n) /'daɪvɪŋ/
the activity or sport of swimming underwater, using special equipment so you can breathe
• *I want to go diving in the Caribbean Sea.*
> dive (v), diver (n) ❖ nurkowanie
- 1.46 important** (adj) /ɪm'pɔ:tnt/
having a strong effect on sb/sth • *My parents are the most important people in my life.*
> importance (n) ❖ ważny
📎 Opp: unimportant
- 1.47 member** (n) /'membə(r)/
a person who is or becomes part of a group
• *Sandy is a member of the swimming club.*
❖ członek
- 1.48 job** (n) /dʒɒb/
the work that sb does to get money • *My aunt has two jobs. She cleans houses in the morning and works in a café in the evening.*
❖ praca, posada
- 1.49 bark** (v) /bɑ:k/
to make a loud short noise (which dogs make) • *That dog barks every time another dog comes near the house.* > bark (n) ❖ szczekać
- 1.50 polar bear** (n) /'pəʊlə(r) beə(r)/
a large white bear from the area around the North Pole • *Polar bears are the biggest bears on Earth and weigh up to 720 kilos.*
❖ niedźwiedź polarny
- 1.51 control** (n) /kən'trəʊl/
the power to decide how things should be and tell other people what to do • *The captain is in control of the ship.* ❖ kontrola, nadzór
- 1.52 group** (n) /gru:p/
people, animals or things that are together for some reason • *Many groups of visitors come to the island every year.* ❖ grupa, gromada

- 1.53 study** (v) /'stʌdi/
to read and practise a subject to learn about it
• *My sister is studying for her maths test.*
> student (n) ❖ uczyć się
- 1.54 science** (n) /'saɪəns/
the study of things in the natural and man-made world by looking at facts • *Norma studies biology at college. It's her favourite science.* > scientist (n), scientific (adj)
❖ nauka
- 1.55 different** (adj) /'dɪfrənt/
not the same • *Your hair looks different today. It's very nice!* > difference (n) ❖ różny, inny
- 1.56 live** (v) /lɪv/
to have your home in a place • *My cousins live in a small house in France.* ❖ mieszkać
- 1.57 stay** (v) /steɪ/
to live in a place for a short time; to be in a place for some time without leaving • *We're staying at our grandma's house this week.*
❖ zostawać, zatrzymywać się
- 1.58 understand** (v) /ˌʌndə'stænd/
to know the meaning of sth • *I can't understand this word. Do you know what it means?* ❖ rozumieć
- 1.59 refer to** (phr v) /rɪ'fɜː(r) tʊ/
to talk about or be connected with • *The questions on the form refer to where you live now.* ❖ mówić o, odnosić się do
- 1.60 scientific** (adj) /ˌsaɪən'tɪfɪk/
related to science • *Please include scientific facts about the sea in your project.*
❖ naukowy
- 1.61 learn** (v) /lɜːn/
to find out about and understand sth • *I want to learn to ride a horse.* ❖ dowiadywać się, uczyć

LOOK!

Remember that the verb *learn* means 'to get knowledge or skill', whereas the verb *teach* means 'to give someone knowledge'.

Martha and Daniel are students. They're learning Spanish.

Mr Wilson is our teacher. He teaches Spanish to secondary school students.

- 1.62 share** (v) /ʃeə(r)/
use sth together with other people • *Mum and Dad have only got one car, so they share it to go to work.* ❖ dzielić, wspólnie korzystać
- 1.63 information** (n) /ˌɪnfə'meɪʃn/
facts about sb or sth • *You can find some information about photography online.*
> inform (v) ❖ informacja

- 1.64 special** (adj) /'speʃl/
designed for a particular use or purpose • *You can take a special course to learn how to dive.*
❖ specjalny
- 1.65 danger** (n) /'deɪndʒə(r)/
sth that can hurt people or damage things
• *The sign tells you about the danger of diving from the rocks.* > dangerous (adj)
❖ niebezpieczeństwo
- 1.66 research** (n) /rɪ'sɜːtʃ/
a study to find out or prove facts about sth • *In our science class, we did some research about healthy eating.* ❖ badanie
- 1.67 advantage** (n) /əd'vɑːntɪdʒ/
sth that is good about sth • *The advantage of using the school bus is that you can chat with your classmates on the way home from school.*
> advantageous (adj) ❖ korzyść, zaleta
- 1.68 disadvantage** (n) /ˌdɪsəd'vɑːntɪdʒ/
sth that is bad about sth • *The disadvantage of living in the UK is that it rains a lot.*
❖ wada, niekorzyść
- 1.69 prefer** (v) /prɪ'fɜː(r)/
like sb/sth better than sb/sth else • *I prefer swimming to running. It's a good way to relax.*
> preference (n) ❖ woleć, preferować
👉 prefer sb/sth to sb/sth else

Vocabulary Page 8

- 1.70 island** (n) /'aɪlənd/
an area of land that has water all around it
• *We are sailing to the island on our boat.*
❖ wyspa
- 1.71 Greece** (n) /griːs/
a country in Europe > Greek (adj, n)
❖ Grecja
- 1.72 Greek** (adj) /griːk/
from Greece > Greek (n) ❖ grecki
- 1.73 China** (n) /'tʃaɪnə/
a country in Asia > Chinese (adj, n)
❖ Chiny
- 1.74 Chinese** (adj) /tʃaɪ'nɪz/
from China > Chinese (n) ❖ chiński
- 1.75 spaghetti** (n) /spə'geti/
a kind of pasta in long thin pieces • *Do you want some spaghetti with tomato sauce?*
❖ spaghetti
- 1.76 dish** (n) /dɪʃ/
food made in a certain way as part of a meal
• *Spaghetti with cheese is Tony's favourite Italian dish.* ❖ danie, potrawa
- 1.77 dance** (n) /dɑːns/
a set of special moves that sb performs to music • *Mary is showing us how to do the samba and other Brazilian dances.* > dance (v), dancer (n), dancing (n) ❖ taniec

- 1.78 Spain** (n) /speɪn/
a country in Europe > Spanish (adj, n)
❖ Hiszpania
- 1.79 Spanish** (adj) /'spæɪnɪʃ/
from Spain > Spanish (n) ❖ hiszpański
- 1.80 Japan** (n) /dʒə'pæn/
a country in Asia > Japanese (adj, n)
❖ Japonia
- 1.81 Japanese** (adj) /,dʒæpə'ni:z/
from Japan > Japan, Japanese (n)
❖ japoński
- 1.82 Britain** (n) /'brɪtn/
an island which is part of the United Kingdom
> British (adj, n pl) ❖ Brytania
- 1.83 British** (adj) /'brɪtɪʃ/
from Great Britain > Britain, British (n pl)
❖ brytyjski
- 1.84 Brazil** (n) /brə'zɪl/
a country in South America > Brazilian (adj, n)
❖ Brazylia
- 1.85 Brazilian** (adj) /brə'zɪliən/
from Brazil > Brazilian (n) ❖ brazylijski
- 1.86 nationality** (n) /,næʃə'næləti/
the state of belonging to a particular country
• *Kenneth was born in Oxford and his parents are from there, so his nationality is British.*
❖ narodowość
- 1.87 date** (n) /deɪt/
the day when sth happens • *What's the date today? Is it the fifth or the sixth?* ❖ data
- 1.88 fact** (n) /fækt/
sth that is true • *It's a fact that summer is very hot in Egypt.* ❖ fakt
- 1.89 fresh water** (n) /fref 'wɔ:tə(r)/
water that is not salty • *Everyone needs fresh water to drink.* ❖ słodka woda, świeża woda
- 1.90 population** (n) /,pɒpjə'leɪʃn/
the number of people who live in an area
• *The UK has a population of over 65 million and the number is growing every day.*
> populate (v) ❖ populacja
- 1.91 town** (n) /taʊn/
a place with houses, shops, etc. that is smaller than a city • *Brighton is an English town by the sea.* ❖ miasteczko
- 1.92 national** (adj) /'næʃnəl/
relating to all parts of one country • *The first of January is a national holiday in the UK.*
> nationality (n) ❖ narodowy
- 1.93 Australia** (n) /ɒ'streɪliə/
a country in Oceania > Australian (adj, n)
❖ Australia
- 1.94 Bolivia** (n) /bə'lɪviə/
a country in South America > Bolivian (adj, n)
❖ Boliwia
- 1.95 Egypt** (n) /'i:dʒɪpt/
a country in Africa > Egyptian (adj, n) ❖ Egipt
- 1.96 Ghana** (n) /'gɑ:nə/
a country in Africa > Ghanaian (adj, n)
❖ Ghana
- 1.97 Indonesia** (n) /,ɪndə'ni:zə/
a country in Southeast Asia
> Indonesian (adj, n) ❖ Indonezja
- 1.98 Kazakhstan** (n) /,kæzək'stɑ:n/
a country mostly within Central Asia
> Kazakh (adj, n) ❖ Kazachstan
- 1.99 Poland** (n) /'pɒlənd/
a country in Europe > Polish (adj), Pole (n)
❖ Polska
- 1.100 be born** (v) /bi bɔ:n/
to begin your life • *Their first child was born in Paris in 2018.* ❖ urodzić się
- 1.101 June** (n) /dʒu:n/
the month between May and July
❖ czerwiec
- 1.102 twenty-first** (number) /'twenti fɜ:st/
the number 21st ❖ dwudziesty pierwszy
- 1.103 ninth** (number) /naɪnθ/
the number 9th ❖ dziewiąty
- 1.104 January** (n) /'dʒænjuəri/
the month between December and February
❖ styczeń
- 1.105 February** (n) /'februəri/
the month between January and March
❖ luty
- 1.106 March** (n) /mɑ:(r)tʃ/
the month between February and April
❖ marzec
- 1.107 April** (n) /'eɪprəl/
the month between March and May
❖ kwiecień
- 1.108 May** (n) /meɪ/
the month between April and June
❖ maj
- 1.109 July** (n) /dʒu'laɪ/
the month between June and August
❖ lipiec
- 1.110 August** (n) /ɔ:'gʌst/
the month between July and September
❖ sierpień
- 1.111 September** (n) /sep'tembə(r)/
the month between August and October
❖ wrzesień
- 1.112 October** (n) /ɔ:k'təʊbə(r)/
the month between September and November
❖ październik
- 1.113 November** (n) /nəʊ'vembə(r)/
the month between October and December
❖ listopad
- 1.114 December** (n) /dɪ'sembə(r)/
the month between November and January
❖ grudzień

Dates

the first	the seventeenth
the second	the eighteenth
the third	the nineteenth
the fourth	the twentieth
the fifth	the twenty-first
the sixth	the twenty-second
the seventh	the twenty-third
the eighth	the twenty-fourth
the ninth	the twenty-fifth
the tenth	the twenty-sixth
the eleventh	the twenty-seventh
the twelfth	the twenty-eighth
the thirteenth	the twenty-ninth
the fourteenth	the thirtieth
the fifteenth	the thirty-first
the sixteenth	

Months

January	May	September
February	June	October
March	July	November
April	August	December

- 1.115 online** (adj) /ˌɒnˈlaɪn/
that you can use on the internet • *Do you play online games on your computer?* > online (adv) ❖ online, internetowy 📧 Opp: offline
- 1.116 profile** (n) /ˈprəʊfaɪl/
a short description of who a person is, what they like, etc. • *Mum put a photo of our cat on her online profile.* ❖ profil
- 1.117 penpal** (n) /ˈpenpæl/
sb that you make friends with by email or letters • *Ilona and Joan were penpals for two years before they met face to face.* ❖ korespondencyjny przyjaciel 📧 Syn: penfriend
- 1.118 Malaysian** (adj) /məˈleɪzən/
from Malaysia ❖ malezyjski
- 1.119 date of birth** (n) /deɪt əv bɜːθ/
the day you first come into the world as a baby • *Please write your name and date of birth on the entry form.* ❖ data urodzenia 📧 short form = D.O.B.
- 1.120 dad** (n) /dæd/
a father • *Adele's dad is a sailor. He travels around the world.* ❖ tata 📧 Syn: daddy
- 1.121 sailing** (n) /ˈseɪlɪŋ/
a sport in which you travel on a boat with sails • *On our holiday in Greece, we went sailing around the islands on a small boat.* > sail (v, n), sailor (n) ❖ żeglarstwo

- 1.122 best friend** (n) /best frend/
the friend that you like spending time with most • *I know many people, but George is my best friend. We go everywhere together.* ❖ najlepszy przyjaciel
- 1.123 favourite** (adj) /ˈfeɪvərɪt/
which you like best • *Sally's favourite hobby is reading books.* > favourite (n) ❖ ulubiony

Countries and Nationalities

Australia – Australian	India – Indian
Bolivia – Bolivian	Indonesia – Indonesian
Brazil – Brazilian	Italy – Italian
Britain – British	Japan – Japanese
Chile – Chilean	Kazakhstan – Kazakh
China – Chinese	Malaysia – Malaysian
Egypt – Egyptian	Mexico – Mexican
France – French	Poland – Polish
Greece – Greek	Spain – Spanish
Greenland – Greenlandic	Tahiti – Tahitian
Hawaii – Hawaiian	Turkey – Turkish

Exploring

Verbs	Nouns	
dive	country	science
explore	danger	sea turtle
learn	diving	work
share	job	
study	land	
travel	polar bear	
understand	Pole	
visit	research	

Grammar Page 9

- 1.124 India** (n) /ˌɪndiə/
> Indian (adj, n) ❖ Indie
- 1.125 library** (n) /ˈlaɪbrəri/
a building which has books, magazines and other things for people to read or borrow to read or study • *I can find books to help with my project in the school library.* ❖ biblioteka
- 1.126 always** (adv) /ˈɔːlweɪz/
all the time; on all occasions • *I always go to school by bus.* ❖ zawsze
- 1.127 often** (adv) /ˈɒfn/
a lot of times; many times • *How often do you go swimming?* ❖ często
- 1.128 never** (adv) /ˈnevə(r)/
not at any time • *Maisie doesn't like football, so she never watches it on TV.* ❖ nigdy
- 1.129 specific** (adj) /spəˈsɪfɪk/
particular; exact • *I know that the game is on Saturday, but I don't know the specific time.* ❖ konkretny, określony

- 1.130 reason** (n) /'ri:zn/
the fact or event that makes sth happen • *The reason why Tina is happy is that she is going on holiday.* ❖ powód
- 1.131 open** (v) /'əʊpən/
to be ready for people to go into at the start of a day, week, etc. • *The supermarket opens at eight o'clock every morning.* ❖ otwierać
- 1.132 next to** (prep) /'nekst tə/
beside • *My best friend sits next to me in school.* ❖ obok
- 1.133 homework** (n) /'həʊmwɜ:k/
school work to do at home • *I always do my homework in my bedroom after school.* ❖ zadanie domowe

Time

Adverbs of frequency

never
hardly ever
sometimes
often
usually
always

Time phrases and adverbs

at the moment
at the weekend
every day
free time
half past
right now
today
spend time

Listening Page 10

- 1.134 surname** (n) /'sɜ:neɪm/
your family name; your last name • *Write your name and surname on the front page of your test.* ❖ nazwisko
- 1.135 address** (n) /ə'dres/
your house number and street name, etc. that shows where you live • *Write your address at the top of your letter.* ❖ adres
- 1.136 first name** (n) /'fɜ:st neɪm/
the name that you got when you were born, which comes before your surname • *My aunt's first name is Maria and her surname is Brown.* ❖ imię
- 1.137 photography** (n) /fə'tɒgrəfi/
the activity of taking photos • *My aunt is good at photography. She takes photos of animals.* > photograph (v, n), photo (n), photographer (n) ❖ fotografowanie
- 1.138 price** (n) /praɪs/
the money you need to buy sth • *The price of the swimming lessons is £80.* ❖ cena
- 1.139 course** (n) /kɔ:s/
a group of lessons on one subject • *My sister is doing a one-year course to learn Chinese.* ❖ kurs
- 1.140 begin** (v) /bɪ'ɡɪn/
to start • *What time does the lesson begin?* > beginning (n) ❖ rozpoczynać

- 1.141 cost** (v) /kɒst/
to need a certain amount of money to buy something • *How much does the book cost?* > cost (n), costly (adj) ❖ kosztować
- 1.142 total** (adj) /'təʊtl/
the whole amount/number of; all of • *What is the total cost of the course?* ❖ całkowity, łączny
- 1.143 instructions** (n pl) /ɪn'strʌkʃnz/
information about how to do or use sth • *Read the instructions on the packet before you put the pizza in the oven.* > instruct (v), instructor (n) ❖ instrukcje
- 1.144 cost** (n) /kɒst/
the amount you pay for sth • *What is the total cost of a holiday in Hawaii?* ❖ koszt

Personal information

address	nationality
date of birth	surname
first name	title

Speaking Page 11

- 1.145 half past** (phr) /hɑ:f pa:st/
30 minutes after • *The film starts at half past eight.* ❖ wpół do
- 1.146 practise** (v) /'præktɪs/
to do sth often to get better at it • *Pavlina had a chance to practise speaking German when she went to Austria.* ❖ ćwiczyć
- 1.147 secondary school** (n) /'sekəndri sku:l/
a school for students from about 11 to 18 years old • *Eva is 12 and she's in her first year at secondary school.* ❖ szkoła średnia
📎 Syn: high school
- 1.148 hard** (adj) /hɑ:d/
not easy • *It isn't hard to make a sandwich. I can show you.* ❖ trudny 📎 Syn: difficult
- 1.149 early** (adv) /'ɜ:li/
before the usual time; at the start of a period of time • *The school bus is hardly ever early. It's often late.* ❖ wcześniej
- 1.150 subject** (n) /'sʌbdʒɪkt/
a lesson you study at school • *My favourite subject at school is maths.* ❖ przedmiot
- 1.151 free time** (n) /fri: taɪm/
the time when you don't need to study or work, etc. • *In my free time, I often play games with my sister.* ❖ czas wolny
- 1.152 spend time** (phr) /spend taɪm/
to use your time • *I like spending time with my dog Fred.* ❖ spędzać czas

Vocabulary Page 12

- 1.153** **daddy** (n) /'dædi/
father; dad • *Daddy! Can you help me with my homework?* ❖ tatuś
- 1.154** **grandad** (n) /'grændæd/
grandfather • *We sometimes visit our grandad in Glasgow at the weekend.* ❖ dziadek
📖 Syn: grandpa
- 1.155** **grandma** (n) /'grænma:/
grandmother • *Teresa's grandma in Spain is her mum's mum.* ❖ babcia 📖 Syn: granny
- 1.156** **grandpa** (n) /'grænpɑ:/
grandfather • *My grandma and grandpa live in a town near the sea.* ❖ dziadzius
📖 Syn: grandad
- 1.157** **granny** (n) /'græni/
grandmother • *My granny in Mexico City is my dad's mother.* ❖ babunia 📖 Syn: grandma
- 1.158** **mummy** (n) /'mʌmi/
mother • *Mummy's home! Let's have lunch.* ❖ mamusia 📖 Syn: mum, mommy
- 1.159** **grandparent** (n) /'grænpɛərənt/
the mother or father of one of your parents
• *My grandparents live near us, so I see them often.* ❖ dziadkowie
- 1.160** **married** (adj) /'mærid/
not single; having a husband or a wife
• *Uncle Rick is married to my Aunt Jane.* ❖ żonaty, zamężna
- 1.161** **famous** (adj) /'feɪməs/
very well-known • *Giannis Antetokounmpo is a famous basketball player.* > fame (n)
❖ sławny
- 1.162** **conservationist** (n) /,kɒnsə'veɪʃənɪst/
sb who helps to protect the natural world
• *A group of conservationists look after the sea turtles' eggs on the beach.* ❖ ekolog
- 1.163** **wife** (n) /waɪf/
a woman who is married to sb • *The farmer's wife is collecting the eggs from the chickens.* ❖ żona
- 1.164** **aunt** (n) /ɑ:nt/
a sister of your father or mother • *My aunt in London is my dad's sister.* ❖ ciocia
- 1.165** **husband** (n) /'hʌzbænd/
a man who is married to sb • *Tina's sister is married. Her husband Jack works at a diving school.* ❖ mąż
- 1.166** **uncle** (n) /'ʌŋkl/
a brother of your father or mother
• *David is my uncle. He's my mum's brother.* ❖ wuja
- 1.167** **nephew** (n) /'nefju:/
a son of your brother or sister • *My cousin Tom is my dad's nephew.* ❖ bratanek, siostrzeniec

- 1.168** **cousin** (n) /'kʌzn/
a son or daughter of your mother's or father's brother or sister • *I've got two aunts and three cousins, Meg, Martin and Eddie.*
❖ kuzyn, kuzynka
- 1.169** **niece** (n) /ni:s/
a daughter of your brother or sister • *Fiona's niece in Australia is her brother's daughter.*
❖ bratanica, siostrzenica

Jobs

conservationist	sailor
diver	scientist
explorer	student
leader	

Family Members

Male	Female	Male or Female
dad	aunt	child
daddy	daughter	cousin
father	grandma	grandparent
grandad	grandmother	parent
grandfather	granny	
grandpa	mother	
husband	mum	
nephew	mummy	
son	niece	
	wife	

Grammar Page 13

- 1.170** **college** (n) /'kɒlɪdʒ/
a kind of school where people can study a special subject; a name for a school for children, especially one where parents pay for education • *I'm taking painting lessons at art college.* ❖ uczelnia, szkoła wyższa
- 1.171** **hit** (v) /hɪt/
to move your hand or an object quickly against sth/sb to make it/them move or hurt it/them • *Natalie is hitting the tennis ball over the net.* ❖ uderzać
- 1.172** **shop** (v) /ʃɒp/
to buy things in a shop or online • *Diana is shopping with her friend. She's buying a present for her grandma.* > shop, shopping, shopper (n) ❖ kupować
- 1.173** **Chile** (n) /'tʃɪli/
a country in South America > Chilean (adj, n)
❖ Chile
- 1.174** **until** (prep) /ən'tɪl/
up to a certain time • *I'm staying with my granny until August.* ❖ do, dopóki
- 1.175** **Turkey** (n) /'tʃɜ:ki/
a country located mainly in Asia and partly in Europe > Turk (n), Turkish (adj, n) ❖ Turcja

Writing Pages 14–15

- 1.176 at the moment** (phr) /æt ðə 'məʊmənt/
now • *I can't talk to you at the moment. I'm doing my homework.* ❖ w tej chwili
- 1.177 right now** (adv) /raɪt naʊ/
exactly at this moment • *Can I ask you something or are you busy right now?*
❖ teraz
- 1.178 action** (n) /'ækʃn/
sth that sb does • *Write four sentences about actions you do every day.* > act (v, n), active (adj), actively (adv), actor (n)
❖ czynność
- 1.179 happen** (v) /'hæpən/
to take place • *What's happening out there? The street is very noisy.* ❖ dziać się, zdarzać się
- 1.180 temporary** (adj) /'tempərəri/
happening only for a short time • *Dan has got a temporary job in a café just for the summer.*
❖ tymczasowy
- 1.181 situation** (n) /,sɪtʃu'eɪʃn/
the things that are happening at a specific time and place • *The country is in a difficult situation.* ❖ sytuacja
- 1.182 conversation** (n) /,kɒnvə'seɪʃn/
a talk between two or more people • *We had a long conversation about life in Australia.*
❖ rozmowa
- 1.183 really** (adv) /ri:əli/
very much • *It's really hot in here. Please open the window.* > real (adj) ❖ naprawdę
- 1.184 interesting** (adj) /'ɪntrəstɪŋ/
different or exciting and special • *There are interesting courses to do here.* > interest (v, n)
❖ ciekawy
- 1.185 exactly** (adv) /ɪg'zæktli/
used to give or ask for more details
• *Where exactly do you live?* > exact (adj)
❖ dokładnie
- 1.186 hurt** (v) /hɜ:t/
to cause pain to sb/sth • *Ow! My leg hurts. I think it's broken.* ❖ boleć, ranić
- 1.187 instead** (adv) /ɪn'sted/
in place of sth/sb else • *They didn't want to stay at home, so they went for a walk instead.*
❖ zamiast
- 1.188 make sense** (phr) /meɪk sens/
be logical • *Dad doesn't like that book because the story doesn't make sense.*
❖ mieć sens
- 1.189 accuracy** (n) /'ækjərəsi/
the state of being completely correct • *Read your answers again to check the accuracy before you send the form.* > accurate (adj), accurately (adv) ❖ poprawność
- 1.190 complete** (v) /kəm'pli:t/
to write information needed on a form, test paper, etc. • *Make sure you complete all the answers in the test.* > complete (adj), completely (adv) ❖ wypełniać
- 1.191 form** (n) /fɔ:m/
a paper with questions and spaces for answers on it • *Write your name, age and address on the form to join our club.* ❖ formularz
- 1.192 following** (adj) /'fɒləʊɪŋ/
which comes next • *Answer the following questions about the article.* > follow (v)
❖ następny
- 1.193 title** (n) /'taɪtl/
a word or letters in front of your name that show a certain job or if you are married
• *Patrick's title is Dr because he's a doctor.*
❖ tytuł
- 1.194 Mr** (abbrev) /'mɪstə(r)/
a title used before a man's (name and) surname • *Mr Black is my uncle.*
❖ Pan
- 1.195 Mrs** (abbrev) /'mɪs.ɪz/
a title used before a woman's (name and) surname which shows that she is married
• *Mr and Mrs Gibson are on holiday in Greece.*
❖ Pani
- 1.196 Ms** (abbrev) /mɪz/
a title used before a woman's (name and) surname which doesn't show if she is married
• *Ms Jones is our new maths teacher. I like her.* ❖ Pani
- 1.197 Miss** (n) /mɪs/
a title used before the (name and) surname of a young girl or unmarried woman • *Miss Smith lives in that house.* ❖ Panna
- 1.198 membership** (n) /'membəʃɪp/
the state of belonging to a group, club, etc.
• *My membership for the sports club is from January to December.* > member (n)
❖ członkostwo
- 1.199 application** (n) /,æplɪ'keɪʃn/
a form you write on to give your personal details needed for a certain reason • *Keith is sending an application for a job in Australia.*
> apply (v), applicant (n) ❖ wniosek

- 1.200 advert** (n) /'ædvɜ:t/ an advertisement; sth printed or shown to attract you to buy or do sth • *I looked at loads of hotel adverts on the internet to find the perfect place for a holiday.* > advertise (v), advertising (n) ❖ reklama
- 1.201 volunteer** (n) /ˌvɒlən'tɪə(r)/ sb who does a job because they want to and not for money • *A group of volunteers were planting new trees where the forest fire occurred last year.* > volunteer (v), voluntary (adj) ❖ wolontariusz
- 1.202 skill** (n) /skɪl/ sth you are good at • *Molly is learning new painting skills in her art class.* > skilful (adj) ❖ umiejętność
- 1.203 include** (v) /ɪn'klu:d/ to have sth as part of sth else • *The party food included sandwiches, popcorn and small cheese pies.* > inclusion (n), inclusive (adj) ❖ obejmować, zawierać
- 1.204 look after** (phr v) /lʊk 'ɑ:ftə(r)/ to take care of sb/sth • *Granny looks after our pets when we go on holiday.* ❖ opiekować się
- 1.205 Mexico** (n) /'meksɪkəs/ a country in North America > Mexican (adj, n) ❖ Meksyk
- 1.206 the Caribbean (Sea)** (n) /ðə ˌkæriˈbiːən (siː)/ a sea between the Gulf of Mexico and South America ❖ Karaibskie (Morze)
- 1.207 sea turtle** (n) /siː 'tɜ:tl/ a large reptile that has a hard shell on its back and lives in the sea • *Some volunteers were looking after injured sea turtles at the rescue centre.* ❖ żółw morski
- 1.208 marine** (adj) /mə'ri:n/ related to things in the sea, including sea creatures and plants • *Dropping plastic in the sea can harm marine life.* ❖ morski
- 1.209 amazing** (adj) /ə'meɪzɪŋ/ surprising; wonderful • *Your holiday photos are amazing. What a beautiful place.* > amaze (v), amazed (adj), amazement (n) ❖ niezwykły, cudowny
- 1.210 join** (v) /dʒɔɪn/ to become a member of sth; to take part in sth • *A new boy wants to join our basketball team.* ❖ wstępować, dołączać
- 1.211 future** (n) /'fju:tʃə(r)/ the time after now • *In the future, Ted wants to be a teacher.* ❖ przyszłość
- 1.212 improve** (v) /ɪm'pru:v/ to make sth better • *Your French is improving. Do you enjoy the lessons?* > improvement (n) ❖ poprawiać
- 1.213 language** (n) /'læŋgwɪdʒ/ the way of speaking and writing in a particular country • *Greta can speak Italian and three other languages.* ❖ język
- 1.214 details** (n pl) /'di:teɪls/ personal information • *Write your details on the form. We need your address, phone number and email.* ❖ dane, szczegóły
- 1.215 beginner** (n) /bɪ'ɡɪnə(r)/ sb who is just starting to learn sth • *The picture dictionary is for beginners.* > begin (v), beginning (n) ❖ nowicjusz, początkujący
- 1.216 intermediate** (adj) /ˌɪntə'mi:diət/ at the middle level where you know more than a beginner, but are not at a higher level • *I was a beginner at sailing last year and now I'm at intermediate level.* ❖ średniozaawansowany ❖ pre-intermediate = between beginner and intermediate
- 1.217 advanced** (adj) /əd'vɑ:nst/ at a high or difficult level • *Lisa is taking an advanced class in photography to improve her skills.* ❖ zaawansowany
- 1.218 goal** (n) /gəʊl/ sth you want to do in the future • *Anita's goal is to learn Spanish.* ❖ cel

Live well, study well

Page 16

- 1.219 friendship** (n) /'frendʃɪp/ the feelings between friends; the state of being friends • *Most people have their first friendships outside their family when they start school.* ❖ przyjaźń
- 1.220 average** (adj) /'ævərɪdʒ/ ordinary; normal • *The average tourist doesn't know much about the history of our country.* > average (n) ❖ przeciętny
- 1.221 close** (adj) /kləʊs/ that you know very well and like very much • *Kate and Pauline are close friends and they go everywhere together.* > closely (adv) ❖ bliski
- 1.222 mind** (v) /maɪnd/ to be careful with • *Mind how you speak to your teachers. Be polite.* ❖ uważać
- 1.223 mind** (n) /maɪnd/ the power to think; the part of your brain that you think and feel with • *Tell me what's on your mind. Have you got a problem?* ❖ umysł
- 1.224 hobby** (n) /'hɒbi/ an activity that sb does for fun • *Lesley's hobbies are playing the piano and swimming.* ❖ hobby

- 1.225 interest** (n) /'ɪnrəst/
sth that you enjoy doing or want to know more about • *Tracy and I have the same interests – we both like dancing and art.* > interest (v), interesting (adj), interested (adj)
❖ zainteresowanie
- 1.226 similar** (adj) /'sɪmələ(r)/
like sb/sth but not the same • *My friend and I have got similar interests. We both love music and art.* > similarity (n) ❖ podobny
- 1.227 nervous** (adj) /'nɜːvəs/
worried about or scared of sth • *Karen was very nervous about learning to dive.*
❖ zdenerwowany
- 1.228 matter** (v) /'mætə(r)/
to be important • *It doesn't matter where we go. We just need a holiday somewhere.*
❖ mieć znaczenie
- 1.229 comfortable** (adj) /'kʌmfətəbl/
feeling relaxed; that has a relaxing feeling to wear or sit on, etc. • *Wendy doesn't feel comfortable about talking in front of the class.*
> comfort (v, n) ❖ wygodny, komfortowy
📝 Opp: uncomfortable
- 1.230 tip** (n) /tɪp/
a piece of advice • *There are some useful writing tips at the back of the book.*
❖ rada
- 1.231 useful** (adj) /'juːsfəl/
helping to do sth • *The internet is useful for finding out information.* > use (v), use, usefulness (n) ❖ przydatny
- 1.232 create** (v) /kri'eɪt/
to make sth • *Our class is creating a musical about friendships.* > creative (adj), creation (n)
❖ tworzyć
- 1.233 each other** (pron) /iːtʃ 'ʌðə(r)/
used to show that two or more people do sth the same as the others in a pair/group • *On this special day, we give presents to each other.* ❖ sobie, wzajemnie

- 1.234 encourage** (v) /ɪn'kʌrɪdʒ/
to say things to sb to help them believe they can do sth • *My grandma encourages me to study more to have a better future.*
> encouragement (n), encouraging (adj)
❖ zachęcać
- 1.235 introduce** (v) /,ɪnrə'djuːs/
to tell people each other's names when they meet for the first time • *I introduced my new friend to my parents.* > introduction (n)
❖ przedstawiać
- 1.236 shake hands** (phr) /ʃeɪk hændz/
to take sb's hand and move it up and down to say 'hello' when you meet them • *People in the UK usually shake hands when they meet each other.* ❖ uścisnąć sobie rękę

Meeting People

Nouns	Verbs	Adjectives
best friend	encourage	close (friend)
conversation	introduce	comfortable
friendship	meet	different
hobby	shake hands	nervous
interest		similar