

Reflect Listening & Speaking 2

Unit 1 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
access*	n.	a way of reaching or going into something	1	B1
anyone	pron.	any person; a word used when it's not important to say who it is	2	A2
around	prep.	in or near a particular place	2	A2
average	adj.	usual; typical	2	B1
busy	adj.	full of people or cars and activity	1	A2
cost	n.	the amount of money you pay for something	1	A2
destroy	v.	to break or damage something completely	2	B1
familiar	adj.	known to you; not new or strange	2	B1
get around	v. phr.	to go different places	1	A2
grow up	v. phr.	to go from being a child to an adult	1	A2
gun	n.	a weapon that shoots bullets and can kill	2	B1
island	n.	a piece of land with water all around it	2	A2
join	v.	to become a member of	1	A2
large	adj.	big	2	A2
local	adj.	nearby; in the same neighborhood or area	1	B1
nature	n.	the world not made by humans; plants and animals	1	A2
prefer	v.	to like one thing better than another	1	A2
resident*	n.	a person who lives in a particular place	2	B2
trip	n.	a journey from one place to another	2	A2
variety	n.	many different kinds of something	1	A2

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Unit 2 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
angry	adj.	having strong bad feelings about something	2	B1
argue	v.	to disagree with someone, sometimes in an angry way	2	A2
argument	n.	a fight with words	2	A2
attention	n.	listening to, watching, or thinking about something carefully	2	B1
be born	v. phr.	to begin life (as a person or animal)	2	A2
careful	adj.	trying not to make mistakes, do something wrong, or hurt anyone	1	A2
chore	n.	a small job you do regularly, like cleaning at home	2	B1
confident	adj.	sure that you are correct or have the ability to do things well	1	B1
consider	v.	to think about something carefully before you make a choice or decision	1	A2
creative*	adj.	showing imagination and having the ability to think of new ideas	1	A2
dangerous	adj.	not safe; likely to cause harm or problems	1	B1
difference	n.	a way that two people or things are not the same	1	A2
everywhere	adv.	in or to all places	2	A2
get along	v. phr.	to have a friendly relationship (with someone)	2	A2
independent	adj.	able to do things by yourself without help from other people	1	B1
in general	phr.	usually; in most cases	1	A2
share	v.	to let someone else use something of yours	2	A2
similar*	adj.	almost the same	1	B2
smart	adj.	intelligent; able to learn information easily	1	A2
wonder	v.	to think and ask yourself questions about something	2	A2

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Unit 3 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
alone	adj.	by oneself; not with other people	1	A2
annoyed	adj.	unhappy; a little angry	1	B1
connected	adj.	feeling close (to someone)	1	B1
convenient	adj.	easy to use or get	2	B1
crazy about	adj. phr.	liking someone or something a lot	2	-
digital	adj.	using computer technology	2	A2
disagree	v.	to have a different opinion	1	B1
global*	adj.	relating to the whole world	2	B2
instrument	n.	a thing you use to make music, such as a guitar	1	A2
last	adj.	nearest in the past to the present time	2	B1
loud	adj.	making a lot of sound or noise; not quiet	1	A2
memory	n.	something you remember from the past	1	B1
old-fashioned	adj.	not modern in style	2	-
percent*	n.	one part in a hundred; %	2	B1
remind	v.	to make someone remember	1	B1
spend	v.	to use time doing an activity	2	A2
stadium*	n.	a very big building, often without a roof, for concerts or sports	1	A2
streaming	adj.	playing on a phone or computer while coming from the Internet	2	-
surprising	adj.	not expected; unusual	2	B1
well-known	adj.	famous; known by many people	2	B2

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Unit 4 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
disease	n.	an illness	1	B1
experiment	n.	a test to learn something new	1	B1
explode	v.	to break up into pieces, usually with noise	2	B1
fall	v.	to move or drop to the ground	1	A2
go out	v. phr.	to stop burning	2	B1
gravity*	n.	the force that pulls things toward each other and to the ground	1	-
heavy	adj.	opposite of light in weight	1	A2
hit	v.	to touch someone or something quickly and with force	1	A2
light (n)	n.	something that allows us to see things	1	A2
light (v)	v.	to make something start burning	2	B1
medicine	n.	something that you take when you are ill or sick	1	A2
mix	v.	to put two or more things together	2	A2
pour	v.	to move a liquid from one place to another	2	B1
prove	v.	to show that something is true	1	B1
pull	v.	to move closer	2	A2
push	v.	to move away	2	A2
react*	v.	to change; to respond to something	2	B2
rise	v.	to move up	2	B1
scientist	n.	a person who studies or works in science	1	B1
toward	prep.	in the direction of someone or something	2	B1

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Unit 5 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
another	det.	one more thing of the same kind	1	A2
bank account	n.	where you keep money at a bank	1	B1
bill	n.	a statement that says the amount of money you need to pay	1	A2
borrow	v.	to use something that belongs to another person for a short time	1	A2
can afford	v. phr.	to have enough money to buy or do something	1	-
collect	v.	to get and keep a set of things of the same kind because you enjoy having them	1	B1
credit card	n.	a plastic card you can use to buy things and pay for them later	1	A1
discount	n.	an amount of money less than the normal price	2	A2
extra	adj.	more than usual	2	A2
fee*	n.	an amount of money you must pay	1	B1
instead of	prep.	in place of someone or something	2	A2
lend	v.	to give something to someone for a short time, not forever	2	A2
likely	adj.	describes something that will probably happen	2	B1
make	v.	to get or earn by working	1	A1
on sale	phr.	at a lower price for a short period of time	2	A2
post	v.	to put something on the Internet to share with other people	1	A2
rent	n.	the money you pay to live in a house or apartment when it's not yours	2	A2
skip*	v.	to not do something that you usually do	2	B2
transfer*	v.	to move from one place to another	2	B1
waste	v.	to use too much or use badly	2	B1

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Unit 6 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
blind	adj.	unable to see	1	B1
bone	n.	a part of your body that supports you and gives you shape	2	B1
brain	n.	a part of your body that receives, organizes, and sends information to other parts of your body	2	A2
clearly	adv.	in a way that is easy to hear, see, or understand	1	A2
condition	n.	the physical situation that someone or something is in	2	B1
degrees	n.	units for measuring the size of an angle	1	A2
easily	adv.	without difficulty or problems	1	A2
enormous*	adj.	very big	2	B1
female	adj.	relating to women	2	B1
focus*	v.	to move one's eyes to see something more clearly	1	B2
injure*	v.	to cause harm to a person or animal	2	B1
keep	v.	to stay; to remain; to make stay or remain	2	A2
male	adj.	relating to men	2	B1
notice	v.	to realize something exists because you see, hear, or feel it	1	B1
scared	adj.	afraid; nervous	1	B1
stomach	n.	the part of your body where food goes first after you eat it	2	A2
straight	adj.	with no bends or curves	2	A2
tiny	adj.	very, very small	1	B1
unfortunately	adv.	sadly; without luck; a word often used to introduce bad news	1	A2
vision*	n.	the ability to see	1	B2

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Unit 7 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
ancient	adj.	very old; from a very long time ago	1	B1
application	n.	a formal written request, such as for a job or admission to a school	1	B1
apply	v.	to make a formal request, such as for a job or admission to a school	1	B1
complete	v.	to fill out; to write the information that is asked for on a form	1	A2
contact*	n.	a person you know and can ask for help	2	A2
dream	n.	a wish or hope to do, become, or have something in the future	1	B1
expect	v.	to think that something will happen	1	B1
experience	n.	understanding or skill you get by doing something	1	B1
goal*	n.	something you want to do or finish in the future	1	B1
indoors	adv.	inside a building	2	B1
interest	n.	something a person wants to learn about	2	B1
match	v.	to be a good fit; to go together well	2	A2
opportunity	n.	a good situation or chance for success	2	B1
reach	v.	to get to; to succeed in doing	1	B2
respect	n.	a positive feeling you have for someone who you think is good or important	2	B1
salary	n.	money earned from a job, usually paid every month	2	B1
skill	n.	an ability to do something well	2	B1
step	n.	one of a series of things you need to do to finish something	1	B1
unemployed*	adj.	not having a job	2	B1
uniform*	n.	a set of special clothes that a person has to wear for work or school	2	A2

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Unit 8 Vocabulary List

WORD	POS	DEFINITION	VIDEO/ LISTENING	CEFR
achieve*	v.	to reach a goal or get a good result, especially after a lot of work	2	B1
basic	adj.	the most necessary or important	1	B1
calm	adj.	relaxed and quiet; without showing strong emotions	2	B1
cell	n.	the smallest part of a living thing	1	B2
challenge*	n.	a task that is difficult to do	1	B1
concentrate*	v.	to focus attention; to think hard about something	2	B1
control	v.	to have power over something and be able to tell it what to do	2	B1
deal with	v. phr.	to take action on; to handle	1	B1
depend on	v. phr.	to need the help or support of	2	B1
diet	n.	the food a person or animal usually eats	1	B1
explain	v.	to give information about something so others can understand it	2	A2
grateful	adj.	thankful	2	B1
human	adj.	relating to people, especially compared with animals or machines	1	B1
look like	v. phr.	to seem	1	B1
luck	n.	good things happening by chance	2	A2
major*	adj.	main or very important	1	B2
object	n.	a thing you can see or touch	2	B1
produce	v.	to make something or cause an effect	1	B1
technique*	n.	a way of doing something; a method	1	B1
work	v.	to have the effect you want or succeed at reaching a goal	2	A2

* Academic Word