

Unit 4: The Body

Supporting Details

- A** Read the paragraph and underline the topic sentence. Remember, the topic sentence says the main idea of the paragraph.

There are many things you can do to help a bad cold. Last week, I had a sore throat, a cough, and a stuffy nose. My mom gave me some warm tea with honey. I also took some cough medicine. In addition, I went to bed early and drank a lot of water. After four days, my cold was finally gone.

- B** A good paragraph contains a topic sentence and supporting details. Supporting details provide more information to back up the idea in the topic sentence. Write the supporting details from the paragraph in the correct columns.

The Symptoms	The Mother's Actions	The Writer's Actions	How long was the illness?

- C** Read the paragraph. Then cross out the sentence that does NOT have a good supporting detail. Remember, supporting details should always be about the topic sentence.

I do several things every day to stay healthy. For example, I always get some exercise. On some days, I run or play tennis, and on other days, I just go for a long walk. Another thing I do to stay healthy is to watch my diet. I avoid sweets, and I eat as many vegetables as possible. My dad is the best cook in the family. Finally, I get enough sleep at night. That way, I feel good in the morning, and I have the energy to exercise.

- D** Write two more sentences with supporting details for this paragraph.

My brother Paul has an unhealthy lifestyle. He works too hard, and he never takes any time to relax.

In addition, _____

_____. He also _____

_____.

I worry about my brother because of these unhealthy habits.