

Unit 2

Vocabulary and Grammar **Extend** Worksheet 2.2.B

1. **Unscramble the words in the box that name things can make people ill.** Then complete the web.

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2. **Match the sentence halves.**

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| ___ 1. Happiness and sadness are | a. have a good night's sleep. |
| ___ 2. I feel very positive about the results of | b. more comfortable. |
| ___ 3. Some viruses can | c. examples of human emotions. |
| ___ 4. Your brain works better when you | d. this new research. |
| ___ 5. A recent theory connects intelligence | e. and have a rest. |
| ___ 6. If you feel tired, you should sit down | f. with sleep quality. |
| ___ 7. A soft pillow can make your bed | g. a sore throat. |
| ___ 8. I can't speak much today; I've got | h. survive for thousands of years. |

3. Read the paragraph about medical advice for holidays. Complete the missing words. Use the first two letters to help you.

When you go on holiday to another country, don't forget to research what (1) il_____ are common in that country. Maybe they have different (2) ba_____ and viruses than in your country, and you might need a (3) va_____. Also, always get travel insurance. If you get ill with an ear or throat (4) in_____ and need to go to the hospital, the doctors will (5) tr_____ you, but it could be very expensive without insurance. Lastly, if you go to a hot country on holiday, don't forget to (6) pr_____ yourself from the sun. Sunburn is very dangerous and very sore!

4. Read and circle the correct word. Then tick (✓) the sentences that are true for you.

1. My mum drinks coffee to **make / makes him / make her** wake up in the morning.
2. Swimming **make me / makes me / makes it** tired.
3. Rainy days **makes me / make me / makes them** depressed.
4. My dad enjoys running. It **makes her / makes him / makes** happy.
5. My family goes to the supermarket at the weekend. It always **makes we / make us / makes us** hungry.
6. If my parents don't sleep much, it **make / makes they / makes them** grumpy.
7. Watching a lot of TV **makes me / make / make me** really bored.
8. Exams **make / makes / make us** all my friends feel nervous.

5. Read the dialogue between two students about their *Make an Impact* project (plan and conduct sleep research). Complete the dialogue with words from the box.

always	carefully	well	feel	makes	me	usually
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- Polly: So much research (1) _____ my head hurt! We need four questions, right?
- Ross: No, Polly, the teacher said five! You (2) _____ do this, in every project!
You need to listen more (3) _____ and pay attention.
- Polly: Sorry! It's because I'm tired – I'm not sleeping (4) _____ at night.
- Ross: Oh, are you worried about your exams?
- Polly: Yes, I am. But it's OK. Drinking coffee makes (5) _____ wake up. Do you want some?

Polly: No thanks. It makes me (6) _____ weird. Why don't you drink water instead? It (7) _____ makes me feel much better.

Ross: Good idea. Then we can start doing the survey!

6a. Read. Answer the questions. Use the sentence starter and the word in **bold**.

1. How can you protect yourself against getting a **virus**?

If you regularly _____

2. What **symptoms** do you sometimes have when you're feeling ill?

Often, an illness can make me _____

3. How do some kinds of **bacteria** help us stay healthy?

They make our _____

6b. Work in pairs. Share answers with your partner. Then ask your partner another question using the a word from Activity 6a.

7. Read and circle.

Self-assess	
Have I used the words in bold ?	Yes / No
Have I used adverbs to say how and how often correctly?	Yes / No
Have I used <i>make</i> + adjective correctly?	Yes / No
If you have answered 'no' in any of the questions, look at Unit 2 of your <i>Impact Student's Book, Workbook and Grammar Book</i> for review.	