

UPPER INTERMEDIATE WORD LISTS

Greek

Unit 1 p 9	POS	Pronunciation		Definition	Collocates	Examples	Word family
bond	Noun	/bɒnd/	δεσμός, δέσιμο	if there is a bond between people, they have developed an ability to work or live together based on trust and respect and friendship	a close/strong/deep bond create/develop/form a bond strengthen a bond	<i>there's a deep bond between us an emotional bond between the two survivors the ability of mother and daughter to form a bond with each other We spent long hours in the labs, but this only strengthened the bonds between fellow classmates</i>	Verb: <i>bond</i>
brother-in-law	Noun	/ˈbrʌðər ɪn lɔː/	κουινιάδος	your brother-in-law is the brother of your husband or wife. All the relatives of your husband or wife are your in-laws		<i>my brother-in-law lives in California I've got three sisters and one brother-in-law</i>	
faithful	Adjective	/ˈfeɪθf(ə)l/	πιστός, αφοσιωμένος	someone who is faithful is very loyal to someone else and always supports them		<i>her most faithful companion was her dog a talented and faithful servant to the emperor he remained faithful to her for the next forty four years</i>	Adverb: <i>faithfully</i> Noun: <i>faithfulness</i>
fiancée	Noun	/fiˈɒnseɪ/	αρραβωνιασικιά, μνηστή	someone's fiancée is a woman who they are going to marry. Someone's fiancé is a man they are going to marry		<i>he met his fiancée when they were at university let me introduce you to my fiancée, Jennifer we're looking forward to meeting your fiancé</i>	
flatmate	Noun	/ˈflæt meɪt/	συγκάτοικος	your flatmate is someone who shares the flat that you live in		<i>my flatmates usually go away at the weekend she lived there for two years with the same three flatmates I'm lucky, my flatmate is a brilliant cook the flatmates took it in turns to do the cleaning</i>	
good mate	Noun	/ɡʊd meɪt/	καλός φίλος, φιλαράκι	in informal English, a mate is a friend. If you say you are good mates with someone, you mean that you are close friends		<i>we were good mates at school Jonny and I have always been good mates she's my best mate</i>	
mutual	Adjective	/ˈmjuːtʃuəl/	αμοιβαίος	mutual feelings are shared by two people. For example, if you do not like someone and they do not like you, you can say that the feeling is mutual	mutual feelings a mutual friend	<i>the two shared a mutual respect they met through a mutual friend (someone that they both knew) without mutual understanding, there can be no friendship the divorce was by mutual consent</i>	Adverb: <i>mutually</i>
odd	Adjective	/ɒd/	παράξενος, αλλόκοτος	odd shoes, socks, etc., are a pair of them consisting of two items that do not match, instead of two that are the same. An odd couple are two people who are married or in a relationship, but who seem very different from each other	make an odd couple	<i>they made an odd couple – a sixty-year-old librarian and a thirty-year-old professional cyclist they might look like an odd couple, but they've been together for over thirty years</i>	
passing acquaintance	Noun	/ˈpɑːsɪŋ əˈkweɪntəns/	γνωστός, γνωριμία	an acquaintance is someone you know. A passing acquaintance is someone you might have met once or twice, so you know them, but not very well		<i>at the time she was just a passing acquaintance, but three years later we got married I had only a passing acquaintance with Angus</i>	
stuff	Noun uncount	/stʌf/	πράγματα, διάφορα	you can use stuff as a general word to refer to any kind of thing without saying exactly what it is		<i>you can buy all sorts of stuff there he put his stuff on the table whose is this stuff? they get stressed because of exams and stuff we did football and boxing and stuff like that I don't like poetry and that sort of stuff we need to buy some stuff for the party tomorrow</i>	

pp 10-11	POS	Pronunciation		Definition	Collocates	Examples	Word family
associate	Verb	/əˈsəʊsi,eɪt/	συνδέω, συσχετίζω	if you associate one thing with another, you see that there is a link between them and they have something in common, often that one is the cause of the other		<i>there are lots of risks associated with smoking I always associate Wales with stormy weather the financial costs associated with long-term illness</i>	
candy	Noun uncount	/ˈkændi/	καραμέλα	candy is small pieces of food made from sugar or that taste like fruit, which children like to eat. Candy is American English. In British English, people say sweets		<i>candy is bad for your teeth I never eat candy my uncle gave me some candy he ran a small candy store in Brooklyn</i>	
considerate	Adjective	/kənˈsɪd(ə)rət/	ευγενικός, προσεκτικός, διακριτικός	someone who is considerate thinks carefully about how they behave towards other people and always tries to make sure their actions do not have a bad effect on other people's feelings or needs		<i>he's great fun, and what's striking is how considerate he is Louis was a kind and considerate young man Anthea is polite, considerate and well-mannered please be considerate of our neighbours and leave the restaurant quietly</i>	Adverb: <i>considerately</i> Opposite – Adjective: <i>inconsiderate</i>
definite	Adjective	/ˈdef(ə)nət/	σίγουρος, οριστικός	something that is definite is certain or sure to be true		<i>no one can give a definite answer to this question I don't have any definite plans for tonight there's no definite right or wrong here – you have to use your judgement</i>	Adverb: <i>definitely</i>
dependable	Adjective	/dɪˈpendəb(ə)l/	αξιόπιστος	if someone is dependable , you can trust them and know that they will do the right thing every time		<i>Kate is a really dependable friend George is entirely trustworthy and dependable I need an assistant who will be completely reliable and dependable</i>	Verb: <i>depend</i>
energetic	Adjective	/ˌenə(r)ˈdʒetɪk/	δραστήριος, ζωηρός	something or someone that is energetic does things in a very lively and enthusiastic way		<i>the band were loud and energetic on stage the dogs were very active and energetic he had been much more energetic when he was younger</i>	Adverb: <i>energetically</i>

get on well with	Phrasal verb	/get ɒn wel wɪð/	τα πάω καλά, έχω καλές σχέσεις με	if you get on with someone, you like them and have a friendly relationship with them	get on with someone	<i>do you get on with the people you work with? I never got on with my boss we don't get on with our neighbours I get on well with the people in the office I had a feeling they wouldn't get on they get on together very well</i>	
go round to	Phrasal verb	/gəʊ raʊnd tuː/	περνάω, πηγαίνω	if you go round to someone's house or flat, you visit them there socially		<i>I've been round to his house several times she asked us to go round after work four of us are going round to Terry's on Saturday are you going round to Dan's later?</i>	
hang out with	Phrasal verb	/hæŋ aʊt wɪð/	κάνω παρέα με, περνά χρόνο με	if you hang out with someone, you spend a lot of your free time with them	hang out with someone hang out together	<i>she started hanging out with Ellie and Jay we used to hang out together all the time they hang out behind the bus station</i>	
hound dog	Noun	/haʊnd dɒg/	κυνηγόσκυλο	a hound dog is a dog, especially one that is used for or is good at hunting		<i>it was a tough, intelligent hound dog hound dogs have a very good sense of smell a pack of hound dogs (a group of them all together)</i>	
hug	Verb	/hʌg/	αγκαλιάζω	if you hug someone, you put your arms round them and hold them tightly because you want to show them love or friendship		<i>she's always hugging me. I wish she wouldn't he hugged us all, then waved as the train left the station I love kissing and hugging my children everyone screamed with delight and hugged each other</i>	Noun: hug
keep up with	Phrasal verb	/kiːp ʌp wɪð/	κρατάω επαφή, μαθαίνω νέα	if you keep up with someone, you are in contact with them regularly and share information about your lives with each other		<i>we keep up with each other on Facebook I kept up with her for years after we left university it's a shame you didn't keep up with Geoff</i>	
laid-back	Adjective	/leɪd bæk/	χαλαρός, άνετος	if someone is laid-back , they are always very calm and relaxed and never seem to worry about anything		<i>he's very laid-back and just seems to lie around all day they have a rather laid-back approach to parenting she was very laid-back about her exams I enjoyed the laid-back atmosphere at my last school</i>	
outgoing	Adjective	/aʊtˈgəʊɪŋ	κοινωνικός, εξωστρεφής	someone who is outgoing is friendly and lively, and likes meeting new people		<i>Sandra remembers him as a very outgoing person he's very funny and outgoing we're both quite chatty and outgoing she has a very outgoing personality</i>	
sanctuary	Noun	/ˈsæŋktʃuəri/	καταφύγιο, άσυλο	a sanctuary is a place where people or animals are cared for and looked after, and protected from danger		<i>a bird sanctuary a wildlife sanctuary (where animals are protected) he sought sanctuary in a nearby church</i>	
sociable	Adjective	/ˈsəʊʃəb(ə)/	κοινωνικός	someone who is sociable likes meeting other people and being with other people in social situations		<i>some people are just naturally sociable I wish my flatmate was more sociable they're very sociable and always have people staying with them they didn't speak much English, but they were friendly and sociable</i>	Adverb: sociably Opposite – Adjective: unsociable
stand by	Phrasal verb	/stænd baɪ/	υποστηρίζω, στέκομαι στο πλευρό κάποιου	if you stand by someone, you help and support them when they have problems or difficulties		<i>Kate has always stood by me when I've needed help he was the only one to stand by the president during the trial don't worry, I'll stand by you</i>	
striking	Adjective	/ˈstraɪkɪŋ/	εντυπωσιακός, καθηλωτικός	something that is striking catches your attention because it is very noticeable and makes you look at it or think about it a lot		<i>the two books have striking similarities the second example was even more striking what's striking is how considerate he was her Facebook page had a number of striking photos</i>	Adverb: strikingly Verb: strike
unreliable	Adjective	/ˌʌrɪˈleɪəb(ə)/	αναξιόπιστος	if someone is unreliable , they often do not do what they need to do and you can never be sure that they will do what they say they will do. If something is unreliable , it does not always work properly or in the way that it is meant to		<i>Tony's a lovely man but he's so unreliable the buses here are a bit unreliable the newspaper report was based on an unreliable source the ferry was slow and unreliable</i>	Opposite – Adjective: reliable

pp 12-13	POS	Pronunciation		Definition	Collocates	Examples	Word family
burden	Noun	/ˈbɜː(r)d(ə)n/	βάρος	a burden is something difficult or unpleasant that you have to deal with, especially because you feel responsible for it	be a burden on someone bear/carry a burden	<i>we don't want to be a burden on her I was tired of bearing the whole burden of childcare it's an unfair burden to place on anyone</i>	Adjective: burdened Verb: burden
dutiful	Adjective	/ˈdjuːtɪf(ə)/	ευσυνείδητος, υπάκουος	someone who is dutiful makes sure they do everything that they are asked to do or are expected to do in a loyal way		<i>I'm sure she will be dutiful and look after us a dutiful daughter he was dutiful towards his parents the children were taught to be dutiful and obedient</i>	Adverb: dutifully Noun: duty
ideology	Noun	/ˌaɪdɪˈɒlədʒi/	ιδεολογία	an ideology is a particular set of opinions and beliefs about the world that influence the way people choose to live and organise themselves		<i>different ideologies are fighting against each other a dangerous mix of nationalist ideology and international politics the army was used as an instrument for spreading ideology his writing is a challenge to Western ideology</i>	Adjective: ideological
material benefit	Noun	/məˈtɪəriəl ˈbenɪft/	υλικό όφελος	material benefits are things that help to make people's lives more comfortable, such as warm and dry housing with a clean water supply, availability of fresh food, good quality clothing, etc.		<i>the economic boom has brought enormous material benefits life in the city offered material benefits compared to life in the country we enjoy many more material benefits than our grandparents did</i>	
nursing home	Noun	/ˈnɜːsɪŋ həʊm/	οίκος ευγηρίας	a nursing home is a place where people live and are looked after, especially older people who are no longer able to look after themselves		<i>I want the best nursing home money can buy for my parents her mother has been in a nursing home for the last three years he died a week later in a nursing home</i>	
overtake	Verb	/ˌəʊvə(r)ˈteɪk/	ξεπερνάω, υπερνικώ	if you have overtaken someone, you have developed and improved more quickly than them and are now more successful or at a more advanced stage in a process		<i>she has now overtaken her parents in spoken English the internet is fast overtaking TV as a popular form of entertainment she overtook me in our last year at university and got much better exam results</i>	
rebellious	Adjective	/rɪˈbeljəs/	επαναστατικός, αντιδραστικός	if someone is rebellious , they start to fight against or oppose the people who have authority over them		<i>rebellious teenagers his rebellious attitude caused him problems at school</i>	Adverb: rebelliously Noun: rebel /ˈreb(ə)/ Verb: rebel /rɪˈbel/ Noun: rebellion

slang	Noun uncount	/slæŋ/	αργκό	slang is language that is considered to be very informal or even wrong, used by particular groups of people such as young people or criminals		<i>prison slang she taught her mother the latest slang a dictionary of slang my dad hates it when I use slang</i>	
supportive	Adjective	/sə'pɔ:(r)tv/	υποστηρικτικός	if people are supportive , they understand your situation and help you		<i>her parents want to be supportive my colleagues are very supportive luckily, I've got a supportive boss thank you for being so supportive while I've been in hospital</i>	Verb: <i>support</i> Noun: <i>support</i>

pp 14-15	POS	Pronunciation		Definition	Collocates	Examples	Word family
ancestral roots	Noun plural	/æn'sestrəl ru:ts/	κληρονομικές/προπατορικές/πατρογονικές ρίζες	your ancestral roots are your family and the places they lived a long time ago in the past		<i>landing in Jamaica felt like returning to my ancestral roots his mother had ancestral roots in Massachusetts the McNeil family had ancestral roots in both Ireland and Scotland</i>	
approval	Noun uncount	/ə'pru:v(ə)/	έγκριση	someone's approval of something is their saying that they think it is good or right and they think it should continue	give your approval	<i>you need your parents' approval if you want to leave school before you're 17 he couldn't get the prime minister's approval so the project never got started will you give your approval to the proposal? the agreement is awaiting approval from the president</i>	Verb: <i>approve</i> Opposite – Noun: <i>disapproval</i> Verb: <i>disapprove</i>
characteristic	Noun	/,kærɪktə'rɪstɪk/	χαρακτηριστικό γνώρισμα	a characteristic is a particular quality or feature that is typical of someone or of a group of people		<i>the men in the village shared a number of physical characteristics our personality characteristics influence the decisions we make it's a family characteristic</i>	
common sense	Noun uncount	/'kɒmən sɛns/	κοινή λογική	common sense is an ability to make good judgements about things and make sensible decisions		<i>it's common sense to want a secure job a common sense suggestion just use your common sense and you'll be fine</i>	
free spirit	Noun	/fri:'spɪrɪt/	ελεύθερο πνεύμα	a free spirit is someone who does exactly what they want to do in life, and does not care if they do not do what is expected of them		<i>we were young, in love, and free spirits Beverly was a free spirit and always said exactly what she thought Nick has always been a free spirit by nature</i>	
inherit	Verb	/ɪn'herɪt/	κληρονομώ	if you inherit characteristics from your parents, you have those characteristics because of the genes you share with them		<i>she has dark brown hair, probably inherited from her Mexican grandmother she suffers from a condition inherited from both her parents he had inherited his father's nose</i>	
make sense	Phrase	/meɪk sɛns/	βγάζω νόημα, έχει λογική	if something makes sense , it seems sensible and right to you	make sense to someone make sense to do something	<i>we all agreed that it made sense to wait till it had stopped raining it doesn't make any sense to emigrate if you're happy here her suggestion made perfect sense to me</i>	
melting pot	Noun	/'meltɪŋ pɒt/	χωνευτήρι	a melting pot is a place where there are lots of different sorts of people or things all existing together		<i>New York has always been a big melting pot London is a melting pot of different cultures Boston is just as big a melting pot as New York City</i>	
sense of belonging	Noun singular	/sɛns ɒv bɪ'lɒŋɪŋ/	αίσθηση του ανήκειν, αίσθηση ότι ανήκω/έντάσσομαι κάπου	if you have a sense of belonging , you feel comfortable somewhere and think that it is the right place for you to live		<i>we all have a strong sense of belonging here I never had any sense of belonging when I was living in Berlin children really need a sense of belonging</i>	
sense of direction	Noun uncount	/sɛns ɒv dɪ'rekʃən/	αίσθηση προσανατολισμού	your sense of direction is your instinctive ability to know where you are relative to other places and to be able to find your way somewhere without needing to look at a map	lose your sense of direction a good sense of direction	<i>once it got dark I lost all sense of direction she had a terrible sense of direction and got lost within minutes Jo had a good sense of direction and got us back to the hotel in time for dinner</i>	
sense of duty	Noun singular	/sɛns ɒv 'dju:ti/	αίσθημα ευθύνης/καθήκοντος	your sense of duty is the feeling you have that makes you do everything that you are responsible for		<i>my grandfather had a strong sense of duty the king said he felt a sense of duty to the country as a doctor, he felt a sense of duty to the weak and sick I visited him out of a sense of duty</i>	
stepmother	Noun	/'step,mɪðə(r)/	μητριά	someone's stepmother is the woman who has married their father after their biological mother has died or divorced		<i>Tomas didn't like his new stepmother her stepmother was very good to her it's not easy being a stepmother</i>	
trace	Verb	/treɪs/	εντοπίζω, ανακαλύπτω, ανιχνεύω	if you trace the beginning and development of something, you find out how it started and what happened as it developed through time		<i>the project aims to trace the route taken by our ancestors from Africa I've traced my family tree back to the start of the fifteenth century the article traces the history of cricket from its origins to the present day</i>	
turn to	Phrasal verb	/tɜ:n tu:/'	στρέφομαι, απευθύνομαι σε	if you turn to someone when you have problems, you go to them for help, advice and support		<i>I had no one else to turn to you know you can turn to me if you have any problems she's the first person I would turn to</i>	

pp 16-17	POS	Pronunciation		Definition	Collocates	Examples	Word family
ask after	Phrasal verb	/ɑ:sk 'ɑ:ftə/	ρωτάω για κάποιον	if you ask after someone, you ask someone else about them because the other person has seen them more recently and can tell you if they are well and what they are doing now		<i>he was asking after you, actually she always asks after him when I see her did he ask after me? Mr Barrell asked after my wife</i>	
fingers crossed	Phrase	/'fɪŋgəz krɒst/	ας ελπίσουμε, εύχομαι να πάνε όλα καλά	if you say " fingers crossed ", you are saying that you hope something will be successful		<i>I've sent off my job application – fingers crossed fingers crossed for good weather tomorrow</i>	
freelance	Adjective	/'fri:lɑ:ns/	ελεύθερος επαγγελματίας, ανεξάρτητος/εξωτερικός συνεργάτης	a freelance journalist, photographer, etc., is someone who works for different organisations, but not as an employee		<i>he's working as a freelance photographer a freelance translator Marvin quit his job to become a freelance editor</i>	Adverb: <i>freelance</i> Noun: <i>freelance</i> or <i>freelancer</i>
get on	Phrasal verb	/get ɒn/	τα πάω καλά, προοδεύω	if someone is getting on well, they are successful in what they are doing and making progress		<i>how is George getting on? she's getting on very well since she started her new job how do you think he'll get on in his exams? parents need to know how their children are getting on at school</i>	
plantation	Noun	/plɑ:n'teɪʃ(ə)n/	φυτεία	a plantation is a large area of land where crops such as tea, rubber, sugar, etc., are grown		<i>before 1865, large southern plantations used slaves his grandfather established a tea plantation here they worked on a banana plantation</i>	

rush	Verb	/rʌʃ/	βιάζομαι, σπεύδω, βιασύνη	if you rush , or rush somewhere, you try and go there as soon as you can and as quickly as possible	rush to do something	<i>no need to rush, the train's not due for another ten minutes he rushed to the hospital as soon as he heard the news people rushed to lift the car off him he rushed in ten minutes late for the lesson we all rushed out when the fire alarm went off</i>	Noun: <i>rush</i>
tanned	Adjective	/tænd/	μαυρισμένος	someone who is tanned has healthy skin that is darker than normal because they have been out in the sun		<i>you're looking very tanned and relaxed his arms were nicely tanned she had fair hair and perfectly tanned skin</i>	
pp 18-19	POS	Pronunciation		Definition	Collocates	Examples	Word family
devastation	Noun uncount	/dɪvəsteɪʃən/	όλεθρος, απόγνωση, καταστροφή	devastation is a lot of destruction and damage over a wide area		<i>it's difficult for us to understand the sheer scale of the devastation the storm caused widespread devastation across the region a scene of utter devastation</i>	Verb: devastate Adjective: devastating Adverb: devastatingly Adjective: devastated
dubious distinction	Noun	/dʊbiəs dɪstɪŋkʃən/	θλιβερή/αρνητική διάκριση	a dubious distinction is an achievement that you are not proud of		<i>they had the dubious distinction of losing the first five matches of the season our school holds the dubious distinction of never sending anyone to university the city has the dubious distinction of having more pubs than shops</i>	
faith	Noun uncount	/feɪθ/	πίστη, εμπιστοσύνη	if you have faith in someone or something, you believe in them and trust them very strongly	have faith (in someone or something) lose faith (in someone or something) restore faith (in someone or something)	<i>I have faith in people to do the right thing he has lost faith in the present government we need to restore people's faith in the national football team</i>	
gutsy	Adjective	/ˈɡʌtsi/	τολμηρός, θαρραλέος	someone who is gutsy shows a lot of courage and determination		<i>my grandmother was a gutsy and adventurous woman the team put in a gutsy performance against a strong Barcelona side it was a very gutsy attempt to beat the record</i>	
infrastructure	Noun uncount	/ˈɪnfɹəˌstrʌktʃə(r)/	υποδομές	infrastructure is all the basic facilities and services that are required for a city or town to operate successfully, such as roads, water supply, electricity supply, etc.		<i>they built 200 new houses but there's no infrastructure in place yet the transport infrastructure has been improved over the last five years over the past 30 years, China has concentrated on building physical infrastructure such as roads and ports</i>	
moving	Adjective	/ˈmuːvɪŋ/	συγκινητικός	something that is moving makes you feel a strong emotion such as happiness, sadness, or sympathy		<i>I found his poetry very moving a really moving story the scene at the end was very moving I find the music really moving seeing them together again was a very moving sight</i>	Verb: <i>move</i>
process	Verb	/ˈprəʊses/	επεξεργάζομαι, διεκπεραιώνω	to process a claim, application, business transaction etc. means to check that everything is acceptable and to approve it		<i>it takes three weeks to process a passport application the machine wouldn't process the transaction all the applications are now processed electronically (using computers) we'll process the claim and the money should reach your bank account early next week</i>	Noun: <i>process</i>
renovation	Noun uncount	/ˌrenəʊˈveɪʃən/	ανακαίνιση	renovation is the activity of repairing and improving a building		<i>the building needs some renovation, but it's basically in good condition renovation of the station cost over £2m the renovation took over three years to complete the last major renovation was in 1984</i>	Verb: <i>renovate</i>
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support network	Noun	/səˈpɔːtˈnetwɜːk/	δίκτυο υποστήριξης	a support network is a group of people who can provide help, advice, and support to people who have problems or difficulties on their life		<i>we've lost a valuable support network now that we're all in nuclear families having a good support network is essential an online support network you should consider joining a support network</i>	
Unit 2	POS	Pronunciation		Definition	Collocates	Examples	Word family
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adaptation	Noun	/ˌædæpˈteɪʃ(ə)n/	προσαρμογή, διασκευή	an adaptation of a book or play for cinema or television is a version of it that has been written as a film script	a film/television/TV adaptation a faithful adaptation a loose adaptation	<i>some film adaptations work very well a television adaptation of Orwell's 1984 she's working on an adaptation of her second novel a faithful adaptation of King's novel (one that stays very close to the original story) the film was a loose adaptation of Madame Bovary (did not follow the original story very closely)</i>	Verb: <i>adapt</i>
box office	Noun	/ˈbɒks ɒfɪs/	ταμείο, εκδοτήριο	at a theatre or cinema, the box office is the place where you can buy tickets. A box-office success is a play or film that is very popular and sells a large number of tickets		<i>the film was a box-office success despite what the critics wrote Jaws was the first film to take \$100 million at the box office his second film did not do well at the box office It has broken box-office records in 15 countries</i>	
budget	Noun	/ˈbʌdʒɪt/	προϋπολογισμός	the budget for a particular activity is the amount of money that is available to be spent on it	a tight budget go over budget	<i>his next film had a budget of \$1 million he made his first film on a very tight budget (with very little money) a low-budget film (one that did not cost a lot of money to make) the project went over budget (spent more money than it had available)</i>	
capture	Verb	/ˈkæptʃə(r)/	πιάνω, συλλαμβάνω, σκιαγραφώ	something that captures the meaning or importance of something else is able to express that meaning so that people recognise and understand it		<i>the film brilliantly captures the atmosphere of wartime London the photographs capture the essence of life in Eastern Siberia That description captures perfectly the feeling of being a stranger in big city</i>	
cast	Noun	/kɑːst/	συντελεστές, καστ, θίασος	the cast of a film or play is all the actors who play the individual parts	an all-star cast	<i>the film had a great cast the all-star cast included Cate Blanchett and Kate Beckinsale she joined the cast of East Enders in 2015 the whole cast performed brilliantly posters for the film announced a cast of thousands</i>	Verb: <i>cast</i>
imaginary	Adjective	/ɪˈmædʒɪnəri/	φανταστικός, πλασματικός	something that is imaginary is not real but exists only in someone's mind		<i>Tolkien created a very original imaginary world as a child, I had an imaginary friend called Daisy he pulled out an imaginary gun and pretended to shoot me doctors encounter a number of imaginary diseases</i>	

native	Adjective	/ˈneɪtv/	πατριδα, γενέτειρα, ντόπιος, γηγενής	someone's native country, town, city, etc. is the country, town, or city where they were born and grew up		<i>Jackson returned to his native New Zealand I live in Manchester but my native town is Windsor</i>	
spirit	Noun	/ˈspɪrɪt/	πνεύμα, ουσία	the spirit of an action or statement is the way it is meant to be understood, not necessarily its literal meaning	the spirit of something	<i>the film remains true to the spirit of the book complaints are made in the spirit of improving a service the display was put on in the spirit of fun this is certainly against the spirit of the law (even if it is legal, it is not what the law intended to allow)</i>	
storyline	Noun	/ˈsto:riˌlaɪn/	πλοκή, υπόθεση	the storyline of a book or film is the plot and the development of everything that happens in it		<i>a film with a great storyline the storyline was just ridiculous the main storyline involved a man whose children had been killed</i>	
stunning	Adjective	/ˈstʌnɪŋ/	εκθαμβωτικός, συγκλονιστικός	something that is stunning is extremely impressive and beautiful	absolutely stunning stunning scenery a stunning view	<i>the film is visually stunning a stunning building the room looked stunning and was decorated beautifully a stunning view from the hotel window the cottage is set in stunning scenery the stunning countryside of Wensleydale</i>	Adverb: <i>stunningly</i>
varied	Adjective	/ˈveəriəd/	διάφορος, ποικίλος	something that is varied consists of lots of different kinds of things		<i>the varied scenery of New Zealand it's a very varied job the work is interesting and very varied a very varied group of people a varied range of products</i>	Verb: <i>vary</i> Noun: <i>variety</i>

pp 22-23	POS	Pronunciation		Definition	Collocates	Examples	Word family
approach	Noun	/əˈprəʊtʃ/	προσέγγιση	your approach to a problem or situation is the way you decide to deal with it or think about it	a new/different/alternative approach a traditional approach take an approach (to something)	<i>Lauda and Hunt had a very different approach to life a traditional approach to staff development it is time for a dramatically new approach if it is impossible to find an alternative approach, then the experiment should be halted</i>	Verb: <i>approach</i>
background	Noun	/ˈbækˌgraʊnd/	ιστορικό, υπόβαθρο	the background to a story is all the things that lead up to the events of the story but are not part of the main action	the background to something	<i>chapter one provides all the background the reader needs let me give you a little background to the story</i>	
baking hot	Adjective	/beɪkɪŋ ˈhɒt/	βράζει ο τόπος, καυτός	if it is baking hot , the air around you is very hot indeed		<i>it was baking hot on the beach last summer was baking hot a baking hot day in August</i>	
bank	Noun	/bæŋk/	όχθη	a bank is a raised area of ground, often along the side of something such as a field, river, canal, road etc.		<i>the car hit a bank and burst into flames there was a ditch on the other side of the bank</i>	
bonnet	Noun	/ˈbɒnɪt/	καπό	the bonnet of a vehicle such as a car or van is the front part that covers the engine		<i>the cow landed on the bonnet of their van she opened the bonnet to check the oil the bonnet was a different colour from the rest of the car he leaned against the bonnet of the car and waited</i>	
bounce back	Phrasal verb	/ˌbaʊns ˈbæk/	αναπηδῶ πίσω, επιστρέφω	if something bounces back , it moves quickly in the direction it came from after forcefully crashing into something solid		<i>the car bounced back and burst into flames the ball hit the tree next door and bounced back into the garden</i>	
bumpy	Adjective	/ˈbʌmpɪ/	ανώμαλος, γεμάτος λακούβες ή αναταράξεις	a bumpy surface is very uneven and has a lot of raised parts on it. A bumpy ride is uncomfortable because the car or plane you are in is bouncing up and down a lot	a bumpy road/track a bumpy ride/drive/journey	<i>the path was bumpy in places after a very bumpy ride, they arrived at the farmhouse the plane made a bumpy landing a bumpy flight through a thunderstorm</i>	Noun: <i>bump</i>
burst into flames	Phrase	/ˌbɜ:(r)st ɪntə ˈfleɪmz/	τυλίγομαι στις φλόγες, πιάνω φωτιά	if something bursts into flames , it suddenly starts to burn with a lot of uncontrollable flames		<i>the car burst into flames the plane hit the ground and burst into flames two men died after their helicopter burst into flames</i>	
cliff	Noun	/klɪf/	γκρεμός	a cliff is an area of land which has an extremely steep side that goes down a long way, usually to the sea or a river		<i>he looked down over the cliff a high cliff rose above the sea a rocky cliff above the waves of the Atlantic keep away from the edge of the cliff</i>	
collapse	Verb	/kəˈlæps/	καταρρέω	if a building or something solid collapses , it becomes destroyed because it breaks and falls to the ground		<i>part of the mine collapsed, blocking their exit the bridge collapsed during the floods I put up some shelves on Sunday but they collapsed on Monday! a boy was killed when the wall of his classroom collapsed yesterday afternoon</i>	Noun: <i>collapse</i>
context	Noun	/ˈkɒntekst/	πλαίσιο, συνθήκες	the context in which something happens is the particular set of circumstances around it that might influence it or help to explain it		<i>the novel reflects two very different cultural contexts with no sensible context the film was just a series of violent scenes</i>	
copper miner	Noun	/ˈkɒpə(r) maɪnə(r)/	ανθρακωρύχος	a copper miner is a worker who works in a copper mine, getting copper out of the ground		<i>33 copper miners were trapped for over two months in 1797, copper miners here earned around £2 a month her father was a copper miner copper miners went on strike demanding better pay</i>	Noun: <i>copper mine</i>
emerge	Verb	/ɪˈmɜ:(r)dʒ/	αναδύομαι, εμφανίζομαι, ξεπροβάλλω	if someone or something emerges , they appear from somewhere where they have been hidden or out of sight		<i>after 69 days, 33 copper miners emerged into the sunlight the road ran through a short tunnel before emerging again at the other end the moon emerged from behind a cloud</i>	
extreme	Adjective	/ɪkˈstri:m/	ακραίος	extreme means very great in degree or very severe in effect		<i>he suffered extreme burns how would you define extreme poverty? extreme cold kills twice as many people as extreme heat Arkansas is known for extreme weather and many storms such extreme temperatures can be a threat to health (very hot or very cold temperatures) crop damage was extreme</i>	Adverb: <i>extremely</i>
faint	Verb	/feɪnt/	λιποθυμώ	if you faint , you become unconscious, for example because you are not well or because you are too hot or because you have had a strong emotional shock		<i>his wife fainted when she saw his face I think I'm going to faint she almost fainted when she heard the news he had never fainted in his life she was the sort of girl who wouldn't scream and faint in a crisis</i>	Adjective: <i>faint</i>
go ahead	Phrasal verb	/ˌgəʊ əˈhed/	προχωράω, συνεχίζω	if something goes ahead , it takes place as it was planned to do and is not cancelled		<i>Hunt wanted the race to go ahead the project is still going ahead despite the budget cuts the game will go ahead as planned unless the weather gets a lot worse</i>	
intense	Adjective	/ɪnˈtens/	έντονος	something that is intense is very extreme in strength, degree, or amount		<i>he was trapped in the intense heat for over a minute a week of intense cold weather an emotionally intense conversation he was under intense pressure to resign</i>	Adverb: <i>intensely</i> Noun: <i>intensity</i> Verb: <i>intensify</i>

marshal	Noun	/ˈmɑː(r)ʃ(ə)l/	υπεύθυνος ασφάλειας, αστυνόμος	a marshal is one of the people whose job is to supervise everything that happens at a public event including controlling the crowds who are there		<i>two safety marshals pulled him out of the car all the marshals were wearing yellow jackets marshals asked the crowd to stand back while the ambulance came through</i>	
pits	Noun plural	/pɪts/	κοιλότητες	in motor racing, the pits are the places at the edge of the track where the drivers bring their cars when they need to get petrol or change tyres during a race		<i>he came into the pits three times during the race the mechanics waited in the pits with the new tyres there was nearly a crash as they both left the pits at the same time</i>	
plastic surgery	Noun uncount	/ˌplæstɪk ˈsɜː(r)dʒəri/	πλαστική επέμβαση/πλαστική χειρουργική	if someone has plastic surgery , they have a medical operation to repair damage to their skin or to improve their appearance		<i>just six weeks after his plastic surgery he was back in a racing car my plastic surgery cost over £4,000 he had to undergo plastic surgery after the accident she denied having had plastic surgery</i>	Noun: <i>plastic surgeon</i>
plot	Noun	/plɒt/	πλοκή, υπόθεση	the plot of a story, film, or play is all the events that happen during it and the way they are connected to each other	a complicated/simple plot a plot twist	<i>the film had a very complicated plot it was a long book with a surprisingly simple plot can you describe the plot in two sentences? a great story with a shocking plot twist at the end (an unexpected event in the story that is meant to surprise people)</i>	
plunge	Verb	/plʌndʒ/	βουτάω, ορμώ, κατακυλώ	if someone or something plunges , they fall a long way downwards and very quickly		<i>it plunged 70 metres to the road below she plunged into the water the car plunged over the edge of the bridge</i>	Noun: <i>plunge</i>
put to sleep	Phrase	/ˌpʊt tə ˈsliːp/	κάνω ευθανασία, θανατώνω	to put an injured animal to sleep is to kill it without pain because it is too ill to survive and would suffer a lot otherwise		<i>the cow had to be put to sleep as a vet, I often have to put an animal to sleep we were worried that our dog would have to be put to sleep</i>	
set off	Phrasal verb	/ˌset ˈɒf/	ξεκινώ, αναχωρώ για κάπου	if someone sets off , they begin a journey		<i>the runners set off at 12:00 we're setting off at 6am tomorrow they set off early the next day do you want something to eat before we set off?</i>	
setting	Noun	/ˈsetɪŋ/	σκηνικό, διαδραματίζομαι	the setting for the story in a book or film is the place and time where the action happens		<i>the plot and setting of the film reminded me of Mad Max the second series introduced new characters but kept the same setting a version of Hamlet in a modern setting</i>	Verb: <i>set</i>
trapped	Adjective	/træpt/	παγιδευμένος	if someone is trapped somewhere, they cannot move, for example because they are held there by something heavy or because something is blocking their way out		<i>he was trapped inside the burning car twenty people were trapped when the building collapsed we were trapped for over two hours a tree fell across the doorway leaving us trapped seven miners were trapped underground</i>	Verb: <i>trap</i>
turning point	Noun	/ˈtɜː(r)nɪŋ pɔɪnt/	σημείο καμπής	a turning point is a moment during a process or sequence of events when things start to change and develop in a different way and therefore change the eventual result		<i>the turning point in the story came when the narrator's wife left him the election marked a turning point in the country's history a turning point in the strike came a week later the invasion of Russia proved to be a turning point in the war</i>	

pp 24-25	POS	Pronunciation	Definition	Collocates	Examples	Word family
animation	Noun	/ˌænɪˈmeɪʃ(ə)n/	κινούμενα σχέδια an animation is a film that uses drawings or computer images that appear to move, rather than using real people or objects. Animation is also the process used in making these films		<i>a studio that specializes in video animations Disney films use both traditional and computer animation animation software we used a combination of animation and live-action (involving real people)</i>	Adjective: <i>animated</i> Noun: <i>animator</i>
blogging	Noun uncount	/ˈblɒɡɪŋ/	γράφω σε ιστολόγιο blogging is the activity of regularly writing for a particular blog (a page or set of pages on a website where someone writes short articles and where other people can add things)		<i>I started blogging three years ago she stopped blogging when she got a Twitter account blogging took up a lot of my time last year</i>	Noun: <i>blog</i> Noun: <i>blogger</i> Verb: <i>blog</i>
bring a story to life	Phrase	/ˌbrɪŋ ə ˈstoːri tə laɪf/	ζωντανεύω μια ιστορία, αναβιώνω if you bring a story to life , you tell it or show it in an exciting way that makes your reader or audience very interested in it		<i>not everyone can bring a story to life visually his excellent Russian accent really brought the story to life she used music as well as pictures to bring the story to life</i>	
combine	Verb	/kəmˈbaɪn/	συνδυάζω if you combine a number of different things, you mix them or join them together to make a single thing	combine something with something	<i>the show combines music and drama a holiday which combined culture and sunbathing a busy city which successfully combines the ancient and the modern different methods may be combined together to get the best results video games combine physical actions with expression</i>	Noun: <i>combination</i> Adjective: <i>combined</i>
data	Noun	/ˈdeɪtə/	δεδομένα data is facts or information that can be analysed and used for making calculations or decisions	data analysis	<i>in infographics, people combine data and images to communicate information none of the personal data collected is ever passed on the data is then analysed and recorded data analysis the study was based on data from 1000 adults aged between 20 and 35</i>	
delight	Noun uncount	/dɪˈlaɪt/	απόλαυση, χαρά delight is a feeling of great pleasure and happiness	to someone's delight feel delight at something	<i>their youthful delight is clearly visible in the photo to my surprise and delight, Jenny organised a big party for my 40th birthday you can imagine my delight when I saw what she'd posted on Facebook about me she felt huge delight at the idea of returning to Venice</i>	Adjective: <i>delightful</i> Adjective: <i>delighted</i> Verb: <i>delight</i>
engage	Verb	/ɪnˈɡeɪdʒ/	εμπλέκω, προσελώνω, τραβάω την προσοχή if you engage someone or engage their attention, you make them interested in what you are saying or doing so that they pay close attention to it	engage the reader/viewer/listener engage the audience	<i>a good photo engages the viewer immediately she really engaged the audience from the very beginning of the show the party never engaged the public properly and lost the election heavily a well-written novel that engages the reader from the very first page</i>	Noun: <i>engagement</i> Adjective: <i>engaged</i>
express	Verb	/ɪkˈspres/	εκφράζω if you express something, especially an emotion, you communicate it to someone using words, pictures, music, etc.		<i>the frequent use of images to express ideas I just want to express my thanks for your help last week she expressed a desire to visit her nephew in Godalming everyone has the right to express their opinion on this topic he'd always found it hard to express his feelings</i>	Noun: <i>expression</i> Adjective: <i>expressive</i> Adverb: <i>expressively</i>

icon	Noun	/ˈaɪkɒn/	εικονίδιο	an icon is an image on a computer screen that is used to represent a particular function or idea as a picture rather than as words		<i>click on the icon to open the document what does this icon mean? the screen was full of icons use this icon to delete the file</i>	
infographic	Noun	/ˌɪnfəˈɡræfɪk/	ενημερωτικό γράφημα	an infographic is a visual charts or graph that represents information in an interesting and understandable way		<i>she uses a lot of infographics in her blog I saw an interesting infographic on his Twitter feed an infographic about the amount of sugar in the average person's diet infographics are very effective because they catch the eye in a way that words on the page simply can't</i>	
insert	Verb	/ɪnˈsɜː(r)t/	εισάγω, βάζω	if you insert something into something else, you put it inside the other thing	insert something in/into something	<i>the user can easily insert a photo into their tweet insert the new battery into the back of the phone how can I insert my signature into a pdf document? the doctor inserted a needle into my arm her hand shook slightly as she inserted the key in the lock</i>	Noun: <i>insertion</i> Noun: <i>insert</i>
launch	Verb	/lɔːntʃ/	κυκλοφορώ για πρώτη φορά, λανσάρω	if you launch a new product, book, website, etc., you start to make it available and let a lot of people know about it so that they can buy it or make use of it		<i>Facebook was launched in 2004 we're launching a new product next month they're launching an electric car at the Motor Show they've launched a new range of laptop computers</i>	Noun: <i>launch</i>
life jacket	Noun	/ˈlaɪf,dʒækɪt/	σωσίβιο	a life jacket is a jacket with no sleeves that helps you float in water, for example if you have fallen into a river or the sea		<i>put your life jacket on before getting into the boat there were no life jackets on board the ship tell your friends that wearing a life jacket is important a bright orange life jacket was floating on the sea</i>	
migrant crisis	Noun	/ˈmaɪɡrənt ˌkraɪsɪs/	μεταναστευτική κρίση	the migrant crisis is the situation in which millions of people from a number of countries are forced to leave their homes because of war, poverty, or hunger and try to reach safety in Europe		<i>he helped bring the migrant crisis to the world's attention Europe needs to do more to solve the migrant crisis the migrant crisis has got worse over the last year</i>	
refugee	Noun	/ˌrefjuːˈdʒiː/	πρόσφυγας	a refugee is someone who has had to leave their country because of a war or their political or religious beliefs, or because of an event such as an earthquake, flood, etc.		<i>the ship's captain agreed to take the refugees to the safety of Malaysia the war has created thousands of refugees Germany welcomed more than 1 million refugees in 2015 there were over 2,000 people in the refugee camp</i>	
risk	Verb	/rɪsk/	διακινδυνεύω, ρισκάρω	if you risk doing something, you do it because you want the benefit it will give you if it succeeds, even though there is a strong chance that it will fail and have a bad effect on you	risk doing something	<i>they risked crossing the sea to get to Greece we'll just have to risk telling him he can't come it's dangerous, but I'll risk it if you will</i>	Noun: <i>risk</i> Adjective: <i>risky</i>
social networking	Noun uncount	/ˌsəʊʃəl ˈnetwɜː(r)kɪŋ/	κοινωνική δικτύωση	social networking is the use of social media, such as Facebook, Twitter, Instagram etc. to share information, find people with similar interests, etc.		<i>Vkontakte is a Russian social networking site social networking played an important part in the American presidential election social networking has changed the way we interact with each other the site offers plenty of social networking features</i>	Noun: <i>social network</i>
striking	Adjective	/ˈstraɪkɪŋ/	εντυπωσιακός, καθηλωτικός	something that is striking is very noticeable and impressive		<i>the website has some striking images a striking example of modern architecture a striking feature of the house was the huge window at the back an unusual, striking and very beautiful design</i>	Adverb: <i>strikingly</i> Verb: <i>strike</i>
take off	Phrasal verb	/ˌteɪk ˈɒf/	απογειώνομαι, έχω μεγάλη επιτυχία	if an activity takes off , it starts to become popular and involve a large number of people		<i>blogging took off in the mid-2000s hockey didn't take off here until after the Olympic Games in 2016</i>	
upload	Verb	/ˈʌp,ləʊd/	ανεβάζω, μεταφορτώνω	if you upload data files, you transfer them from your personal computer, tablet, or phone to a larger computer where other people will be able to find them and open them		<i>it's easy to upload your photos it took nearly an hour to upload all my video files we'll email you instructions on how to upload your files</i>	Noun: <i>upload</i> Opposites – Verb: <i>download</i> Noun: <i>download</i>
visual	Adjective	/ˈvɪʒʊəl/	οπτικός	something that is visual involves the use of pictures or other things that you can see		<i>these charts are a very useful visual tool he's an expert at visual storytelling try and create a visual image in your mind I prefer painting and other visual arts to music in my presentation I used a lot of visual aids (images to help the audience understand what was being said)</i>	Adverb: <i>visually</i> Verb: <i>visualize</i>
youthful	Adjective	/ˈjuːθf(ə)l/	νεανικός	behaviour or feelings that are youthful are typical of children and young people, especially showing enthusiasm and lack of worry		<i>their youthful delight is clearly visible in the photo his piano playing shows a youthful exuberance (energy and cheerfulness) the girls were full of youthful enthusiasm he is youthful, passionate and fearless</i>	Noun: <i>youthfulness</i>

pp 26-27	POS	Pronunciation		Definition	Collocates	Examples	Word family
acceptable	Adjective	/əkˈseptəb(ə)l/	αποδεκτός	something that is acceptable is agreed by people to be suitable for a particular situation or group	be acceptable to someone be acceptable to do something	<i>he wanted the stories to be acceptable to children's parents it took hours of talking to reach an acceptable solution a driving licence is acceptable as proof of identity it's not acceptable to fall asleep during the lesson a solution that was acceptable to both companies</i>	Verb: <i>accept</i> Noun: <i>acceptance</i>
bad temper	Noun uncount	/ˌbæd ˈtempə(r)/	οξυθυμία, ευέξαπτος	if someone has a bad temper , they become angry very quickly and easily, even if there is not really a good reason		<i>my father had a really bad temper a young boy with a very bad temper he walked out in a fit of bad temper (a sudden moment of anger and annoyance) he arrived in a bad temper because he had had to walk from the station</i>	Adjective: <i>bad-tempered</i>
claim	Verb	/kleɪm/	ισχυρίζομαι	if you claim something is true, you say it is true even though other people do not believe it		<i>the brothers claimed they were just keeping records of tales he also claimed that his laptop had been stolen police said 1,000 people were on the march, but organisers claimed the figure was closer to 10,000 he claimed that he never met the president</i>	Noun: <i>claim</i>

devoted	Adjective	/dɪˈvəʊtɪd/	αφιερωμένος	if something is devoted to a particular topic or activity, everything about it is related to that topic or activity	devoted to something	<i>a theme park devoted to the stories of the Brothers Grimm the evening was devoted to music by Chopin his whole life is devoted to football – playing it, watching it, and reading about it a museum devoted to photography</i>	Verb: <i>devote</i>
edition	Noun	/ɪˈdɪʃ(ə)n/	έκδοση	an edition is a particular version of a book that is printed and put on sale at one time		<i>early editions had no illustrations a first edition of Moby Dick is worth about \$50,000 later editions corrected some of the mistakes I bought a new edition of my chemistry textbook</i>	
enchanting	Adjective	/ɪnˈtʃɑːntɪŋ/	μαγευτικός, σαγηνευτικός	something that is enchanting is extremely attractive and pleasant		<i>a library of old books with tales more enchanting than they had ever heard before the view from the hotel window was enchanting Venice is the most enchanting city in Italy the most enchanting place to spend a holiday</i>	Verb: <i>enchant</i> Adjective: <i>enchanted</i> Noun: <i>enchantment</i> Adverb: <i>enchantingly</i>
ensure	Verb	/ɪnˈʃʊː(r)/	εξασφαλίζω, φροντίζω να	to ensure that something happens means to do something that makes certain that it will happen	ensure that something happens	<i>please ensure your child returns the signed letter to us you must ensure that all the doors are locked when you leave the house precautions to ensure the safety of all passengers use a tape measure to ensure you know the exact size you need</i>	
evil	Adjective	/ˈiːv(ə)/	κακός, σατανικός	someone who is evil is very cruel and enjoys hurting other people		<i>the evil stepmother in the story of Snow White the judge described the three men as evil and sentenced them to life in prison I don't believe that people are born evil she was unpleasant, but I wouldn't call her evil</i>	Noun: <i>evil</i>
fairy tale	Noun	/ˈfeəri teɪl/	παραμύθι	a fairy tale is a story for children involving magic and imaginary beings		<i>a book of fairy tales fairy tales help children to understand how the world works as a child, I never liked fairy tales most fairy tales have happy endings, but not all</i>	
faraway	Adjective	/ˈfɑːrəˈweɪ/	μακριά	a faraway place is a long way from where you are	a faraway land/place	<i>stories that would fascinate people in faraway lands a series of films about faraway places they spent two weeks on a faraway beach where the sun shone every day</i>	
fascinate	Verb	/ˈfæsɪneɪt/	συναρπάζω, γοητεύω, σαγηνεύω	if something fascinates you, you are very attracted to it and think it is extremely interesting		<i>geology is a subject that has always fascinated me a book that will fascinate all its readers her beauty and charm fascinated him Shakespeare's plays have fascinated audiences for over 400 years</i>	Adjective: <i>fascinating</i> Adjective: <i>fascinated</i> Adverb: <i>fascinatingly</i>
fatten	Verb	/ˈfæt(ə)n/	παχαίνω	to fatten an animal is to provide it with plenty of food before killing it so that it will provide a lot of meat for people to eat		<i>sheep were being fattened ready to go to market the barley is useful for fattening the pigs</i>	Adjective: <i>fattened</i>
folk tale	Noun	/ˈfəʊkteɪl/	θρύλος, μύθος	a folk tale is an old story that has existed for hundreds of years by people telling it to each other rather than writing it down formally		<i>the brothers listened carefully to the folk tales that people told them according to folk tales, the town fell into the sea an old Danish folk tale he spent years studying Ukrainian folk tales</i>	
folklore	Noun uncount	/ˈfəʊk.lɔːr/	λαογραφία, λαογραφική παράδοση	folklore is all the traditional stories and beliefs from a particular community		<i>a student of local folklore Sadko became a hero of Russian folklore their aim is to preserve Slovak folklore tradition Bolivia has a rich folklore</i>	
illustration	Noun	/ɪˌlɪəˈstreɪʃ(ə)n/	εικονογράφηση	an illustration is a picture in a book that shows a scene from a story or provides information about something		<i>there are 16 colour illustrations in the middle of the book a book with beautiful illustrations the illustrations were mostly photographs, with a few drawings as well the illustrations are simple and very colourful</i>	Verb: <i>illustrate</i> Adjective: <i>illustrated</i> Noun: <i>illustrator</i>
inspired	Adjective	/ɪnˈspaɪə(r)d/	εμπνευσμένος, συνεπαρμένος, ενθουσιασμένος	if someone is inspired , something has given them a lot of enthusiasm which makes them want to do or get involved in something		<i>inspired, the brothers began collecting their own stories feeling inspired, she began writing a novel I'm sorry you were bored - I honestly thought you'd be inspired</i>	Verb: <i>inspire</i> Adjective: <i>inspiring</i> Noun: <i>inspiration</i> Opposites – Adjective: <i>uninspired</i> Adjective: <i>uninspiring</i>
keep a diary	Phrase	/ˌkiːp ə ˈdaɪəri/	διατηρώ/γράφω/κρατώ ημερολόγιο	if you keep a diary , you regularly write something in it about yourself. A diary is a book which has a space for every day of the year, and you use it to write down the interesting things that happen to you every day		<i>I've been keeping a diary since I was 14 many people find it helpful to keep a diary of their activities I kept a diary for three years until I left university</i>	
keep an eye on	Phrase	/ˌkiːp ən ˈaɪ ɒn/	έχω τον νου μου, προσέχω	if you keep an eye on a situation, you make sure you know what is happening so that you can take action at the right moment or if something goes wrong or needs attention		<i>I need to keep an eye on the time as I've got a train at six they have to keep an eye on the weather because a frost can destroy the crop keep an eye on the petrol gauge – we might not have enough to get home</i>	
keep records	Phrase	/ˌkiːp ˈreɪkɔː(r)dz/	τηρώ αρχεία	if you keep a record of something or keep records , you write down things that have happened so that you can check the information at a later date	keep a record of something	<i>we keep records of all our students' exam results the brothers were just keeping records of tales you should keep detailed records of every meeting records are kept for ten years and then destroyed</i>	Noun: <i>record-keeping</i>
keep track of	Phrase	/ˌkiːp ˈtræk ɒv/	παρακολουθώ, καταγράφω	if you keep track of something, you follow what is happening so that you are always aware of how it is developing		<i>it's difficult to keep track of all the changes make sure you keep track of your progress he started a diary to keep track of how much he was eating</i>	
keep you	Phrase	/ˈkiːp juː/	κρατάω/καθυστερώ κάποιον	if you say to someone "I don't want to keep you", you mean that you need their attention for a short time but that you do not want to make them spend more time than is absolutely necessary with you because you know they have other things they want or need to do		<i>I don't want to keep you – I've just got a quick question don't let me keep you if you've got a train to catch</i>	

keep your chin up	phrase	/ˌkiːp ʃɪn ʌp/	κράτα ψηλά το κεφάλι, κουράγιο	if you say to someone " keep your chin up ", you are encouraging them to stay positive and cheerful even though they are in a difficult situation		<i>try to keep your chin up – things can't get any worse keep your chin up, and good luck with the exam keep your chin up, and it will all be over by tomorrow</i>	
manual	Noun	/ˈmænjʊəl/	εγχειρίδιο	a manual is a book that gives instructions about how to do certain things or how to behave in certain situations	an instruction manual	<i>I've lost the instruction manual for the dishwasher the owner's manual for the car he said he couldn't get the TV to work so I told him to read the manual the manual is available online</i>	
monstrous	Adjective	/ˈmɒnstərəs/	τερατώδης, αποκρουστικός, θεόρατος	something that is monstrous is large, unpleasant, and ugly		<i>she sees past the monstrous looks of the Beast a group of seven monstrous creatures</i>	
obey	Verb	/əˈbeɪ/	υπακούω	if you obey someone or obey an order or set of rules, you do what you have been told to do or what you are expected to do		<i>he reluctantly obeyed his father and took a job in the family firm if you don't obey, you will be punished their orders must be obeyed without question children are taught to obey their parents</i>	Adjective: <i>obedient</i> Adverb: <i>obediently</i> Noun: <i>obedience</i> Antonyms -- Verb: <i>disobey</i> Adjective: <i>disobedient</i> Noun: <i>disobedience</i>
oral	Adjective	/ˈɔːrəl/	προφορικός	something that is oral involves speech and not writing		<i>the Carrier language has an oral tradition oral history interviews (interviews asking people about things they experienced a long time ago to try and learn about the past) the exam involved a written test and an oral presentation I had an oral agreement with him, so there are no documents we can refer to I failed my French oral exam (a test to see how well I could speak French)</i>	Adverb: <i>orally</i>
phenomenon	Noun	/fəˈnɒmɪnən/	φαινόμενο	a phenomenon is something that can be seen to exist or be happening. If you refer to a particular sort of phenomenon , you mean it is an excellent or impressive example of what it is. The plural is <i>phenomena</i>		<i>a global publishing phenomenon the film became a cultural phenomenon The most interesting phenomena in nature are mind, life, and the universe itself</i>	Adjective: <i>phenomenal</i> Adverb: <i>phenomenally</i>
rags to riches	Phrase	/ˌrægz tə ˈrɪtʃɪz/	απ' τ' αλώνια στα σαλόνια	you use rags to riches when talking about people who began life very poor but who later become successful and rich		<i>Cinderella is a classic 'rags to riches' story his life was one of rags to riches, but then sadly back to rags her journey from rags to riches is an inspiration to us all a classic tale of rags to riches</i>	
reshape	Verb	/ˌriːʃeɪp/	αναμορφώνω, αλλάζω	if you reshape something, you make changes to the way it is organised		<i>Wilhelm continued to reshape and improve the stories the new boss arrived determined to reshape the department they want to reshape Irish society it will take years to reshape the economy</i>	
take up	Phrasal verb	/ˌteɪk ʌp/	καταλαμβάνω, μου παίρνει ώρα	if something takes up a certain amount of space or time or energy, it uses up that amount of it		<i>the footnotes took up as much space as the stories the wardrobe took up half the bedroom learning French was taking up all my spare time</i>	
theme park	Noun	/ˈθiːm pɑː(r)k/	θεματικό πάρκο	a theme park is a large area outside with a lot of activities for people to enjoy. You have to pay to go into a theme park, and the activities are usually based on the same topic		<i>my friend used to spend her whole holiday at a theme park the number of theme parks in China is growing they visited the Disneyland theme park in Paris we went on some great rides at the theme park</i>	
untouched	Adjective	/ʌnˈtʌtʃt/	άθικτος, ανέγγιχτος	something that is left untouched is not changed, edited, or affected by anyone or anything else	leave something untouched remain untouched	<i>unpleasant details of the stories were left untouched the beauty of the Lake District remains untouched they reorganised most of the company but our department was untouched</i>	
wise	Adjective	/waɪz/	σοφός	someone who is wise knows and understands a lot of things and can make sensible decisions. If someone's actions or choices are wise, they have used their knowledge and understanding very well		<i>my English teacher was a very wise man it was a wise decision to go to university my grandad was the wisest man I ever met mixing orange juice with milk was not a wise choice</i>	Adverb: <i>wisely</i> Noun: <i>wisdom</i> Opposite – Adjective: <i>unwise</i> Adverb: <i>unwisely</i>
pp 28-29	POS	Pronunciation	Definition	Collocates	Examples	Word family	
animal trap	Noun	/ˈænɪm(ə)l ˌtræp/	παγίδα, δόκανο	an animal trap is a device that someone puts down on the ground in order to catch a wild animal		<i>Rowan's foot was caught in a metal animal trap animal traps are cruel when I was a boy I used to put animal traps out to catch rabbits</i>	
awkward	Adjective	/ˈɔːkwə(r)d/	άβολος, αμήχανος	an awkward situation is one in which people feel embarrassed because it is difficult for them all to do what they want to do, and they do not want to make things difficult for the others		<i>it's a bit awkward with three people trying to use the kitchen at once it was quite awkward having his ex-wife at the wedding she thought it would be too awkward if all her friends were there too</i>	Adverb: <i>awkwardly</i> Noun: <i>awkwardness</i>
bend	Verb	/bend/	λυγίζω, κάμπτω	if you bend something that was straight, or of it bends , it stops being straight and starts to have a curve or an angle in it		<i>I bent the key trying to force it into the lock a strong metal that won't bend easily I can't bend my arm it was very difficult to bend the wire if you use cheap metal it can easily bend or break</i>	Adjective: <i>bent</i>
bump	Noun	/bʌmp/	εξόγκωμα, καρούμπαλο, ανωμαλία δρόμου	a bump is a raised, uneven part on a surface		<i>one of the tyres burst when I hit a bump in the road he braked too late and hit the bump at speed the car rattled loudly as it went over the bumps a speed bump (a deliberately raised strip across a road which is meant to make drivers slow down)</i>	Adjective: <i>bumpy</i>
catch	Verb	/kætʃ/	πιάνω, ακούω, προλαβαίνω	if you catch what someone is saying, you manage to hear it and understand it. If you don't catch what they are saying, you don't hear it properly and do not understand what they mean		<i>He mumbled something about it being unfair, but I couldn't catch his exact words they spoke so fast I didn't catch anything at all can you say that again? I didn't quite catch it I waited by the door trying to catch what they were saying sorry, I never caught your name</i>	
cautiously	Adverb	/ˈkoːʃəsli/	προσεκτικά, συνετά	if you do something cautiously , you do it very carefully, making sure not to take any risks		<i>we moved cautiously along the narrow path the proposals were cautiously welcomed by teachers she held out her hand cautiously the company adopted new technology more cautiously than its rivals</i>	Adjective: <i>cautious</i> Noun: <i>caution</i>

clamp	Verb	/klæmp/	σφίγγω	if you clamp things together or if something clamps itself, two things are held together very firmly so that neither of them can move	clamp something to something clamp things together	<i>an animal trap had clamped itself firmly to his ankle be careful not to clamp them together too firmly or they might break then another frame is clamped tightly to the first frame</i>	Noun: <i>clamp</i>
cover	Verb	/ˈkʌvə(r)/	καλύπτω, διανύω	if you cover a certain distance, that is how far you manage to walk, cycle, drive, etc., at one time		<i>they had only covered a kilometre in the last half an hour we tried to cover twenty miles before stopping for lunch they'd covered only half the distance by the time it got dark</i>	
cry	Verb	/kraɪ/	φωνάζω, ουρλιάζω, κλαίω	if someone cries or cries out , they say something in a very loud voice, for example because they are in pain or trying to get someone's attention	cry for something	<i>"I can't move," cried Rowan "I hate you," she cried angrily the wounded men were crying for help Alan suddenly cried out and pointed to the smoke coming from the house</i>	Noun: <i>cry</i>
encouragingly	Adverb	/ɪnˈkʌrɪdʒɪŋli/	ενθαρρυντικά	if you do something encouragingly , you do it in a way that you hope will help someone, for example by saying positive things to them in order to make them do something good		<i>"it's not much further now," he said encouragingly the teacher smiled encouragingly</i>	Adjective: <i>encouraging</i> Verb: <i>encourage</i> Noun: <i>encouragement</i>
get caught on	Phrase	/get ˈkɔːt ɒn/	πιάνομαι, σκαλώνω, κολλάω	if something gets caught on something else, it becomes hooked or trapped on the other thing and cannot move freely		<i>my trousers got caught on the door handle the fishing line got caught on a branch her scarf got caught in the wheel of the car</i>	
get stuck	Phrase	/get ˈstʌk/	κολλάω	if someone or something gets stuck somewhere, they cannot move easily or get away even though they want to		<i>the lift got stuck between two floors we got stuck behind a tractor on a narrow road my wedding ring got stuck on my finger and I haven't taken it off for 12 years the key got stuck in the door</i>	
hiking	Noun uncount	/haɪkɪŋ/	πεζοπορία	hiking is the activity of walking for pleasure over a long distance in the country		<i>he was tired from hiking through the jungle a hiking holiday in Scotland my hobbies are cycling and hiking</i>	Verb: <i>hike</i> Noun: <i>hike</i> Noun: <i>hiker</i>
leap to one's feet	Phrase	/ˌliːp tə wʌnz ˈfiːt/	σηκώνομαι απότομα, πηδάω	if you leap to your feet , you suddenly get up very quickly from where you have been sitting or lying		<i>he leapt to his feet and ran to the door she leapt to her feet when the doorbell rang</i>	
moan	Verb	/məʊn/	γκρινιάζω, παραπονιέμαι	if you moan about someone or something, you complain about them in a very unhappy way	moan about something or someone	<i>Rowan was moaning about his sore feet will you stop moaning! she's always moaning about the buses there's no point moaning; it won't change anything don't be such a moaning Minnie (someone who is annoying because they are always complaining) "I hate you! You never let me stay out late," he moaned</i>	Noun: <i>moan</i> Noun: <i>moaner</i>
mumble	Verb	/ˈmʌmb(ə)/	μουρμουράω	if you mumble , you say something in a way that is difficult for people to hear clearly		<i>he mumbled something about it being unfair stop mumbling! he doesn't say much to other people, but he's often mumbling to himself he didn't answer directly, just mumbled something we couldn't understand</i>	Noun: <i>mumble</i>
mutter	Verb	/ˈmʌtə(r)/	ψελλίζω, παραμιλάω, μουρμουρίζω	if you mutter , you say something very quietly in a way that is difficult for people to hear clearly		<i>Jess kept muttering something under her breath he walked out of the room muttering to himself she muttered an apology he heard several voices muttering angrily still muttering, he got out of the car and opened the gate</i>	Noun: <i>mutter</i> Noun: <i>muttering</i>
odd	Adjective	/ɒd/	περίεργος, αλλόκοτος	something that is odd is strange or unusual		<i>I had a very odd phone call from Jennifer this morning it seemed odd watching my brother in a Hollywood movie did you notice anything odd about his behaviour that evening? I know it might sound odd, but I can assure you it's true</i>	Adverb: <i>oddly</i>
panic	Verb	/ˈpæɪnɪk/	πανικοβάλλομαι	if you panic , you suddenly start behaving in a slightly wild way because you are very frightened or worried about something	panic about something	<i>two people completely panicked when the lift got stuck whatever you do, don't panic there's no need to panic just stop panicking about it and calm down I panicked and ran into the garden everyone was panicking and trying to find a way out</i>	Noun: <i>panic</i> Adjective: <i>panicky</i>
reboot	Verb	/ˌriːˈbuːt/	επανεκκινώ	if a computer reboots , or if you reboot it, it closes down completely and then starts up again		<i>all my files were still there after I rebooted the computer no one could do anything until they rebooted the central server close all your applications, then reboot you will need to reboot after you've installed the program</i>	Noun: <i>reboot</i>
regain	Verb	/ˌrɪˈɡeɪn/	ανακτώ, ξαναβρίσκω	if you regain something you once had but have now lost, such as an ability or quality, you get it back again	regain control regain your health regain consciousness	<i>she almost fell but managed to regain her balance the important thing is to rest and regain your health he collapsed and never regained consciousness (he died) Radcliffe regained the lead 500 metres from the finish and held on to win government forces regained control of the city after a night of heavy fighting</i>	
relief	Noun singular	/ˌrɪˈliːf/	ανακούφιση	if something is a relief , it manages to stop you worrying about a bad or difficult situation. If something provides relief from pain, it stops the pain for a while		<i>it must have been a relief to get your money back it was such a relief to know I'd passed the exam effective methods of pain relief</i>	Verb: <i>relieve</i>
sigh	Noun	/saɪ/	αναστεναγμός	a sigh is a deep breath that someone lets out, for example when they are disappointed, very tired, or suddenly relieved	heave a sigh a sigh of relief	<i>"Let's try your way," she said with a sigh he gave a sigh of relief, then turned and smiled at me Edmund heaved a disappointed sigh (breathed out very heavily because of disappointment) there was an audible sigh of relief (a sigh that could be heard) from the audience</i>	Verb: <i>sigh</i>
steep	Adjective	/stiːp/	απότομος	a steep hill, slope, etc. rises very quickly and so is difficult to go up or down	a steep hill/path/road/slope	<i>there was a steep drop to our left be careful how you walk, the steps are very steep just here it was a steep climb back to the hotel</i>	Adverb: <i>steeply</i>
straighten	Verb	/ˈstreɪt(ə)n/	ισιώνω	if you straighten something, or if it straightens , it becomes straight again after it has become bent or crooked		<i>the key snapped when I tried to straighten it I can't straighten my leg the road curved round the hill then straightened again make sure you straighten your tie before you go into the interview room</i>	

stranded	Adjective	/ˈstrændɪd/	αποκλεισμένος, παρατημένος	if someone is stranded somewhere, they are in a place where they do not want to be any more and are not able to get away from it		<i>the last train had just left so I was stranded in Manchester for the night she drove off and left me stranded in Ipswich some stranded motorists had to sleep in their car the boat drifted into the middle of the lake leaving us stranded</i>	
struggle	Verb	/ˈstrʌɡ(ə)/	πασχίζω, αγωνίζομαι	if someone is struggling , they are trying hard to do something that is very difficult	struggle with something struggle to do something	<i>Chris knew that Rowan was struggling Anna has always struggled with maths we're struggling to cope with all this work this is a subject where I'm really struggling</i>	Noun: <i>struggle</i>
sympathise	Verb	/ˈsɪmpəθaɪz/	συμπάσχω, συµμερίζομαι, συµπονώ	if you sympathise with someone or with their problems, you feel sorry for them because they are sad or in a bad situation	sympathise with someone or something	<i>the neighbours came round to sympathise when they heard the news why should I sympathise with a criminal? I didn't expect him to understand or sympathise believe me, I can sympathise with your problem</i>	Noun: <i>sympathy</i> Adjective: <i>sympathetic</i> Adverb: <i>sympathetically</i>
thorn bush	Noun	/ˈθɔː(r)n bʊʃ/	ακανθώδης θάμνος	a thorn bush is any sort of bush that has thorns (thin sharply pointed parts) sticking out of the branches		<i>I scratched myself on a thorn bush the ball was stuck deep in a thorn bush so I left it there she tore her skirt on a thorn bush</i>	
transfer	Verb	/ˈtrænsˈfɜː(r)/	μεταφέρω(-ομαι), μετεπιβιβάζομαι	if you transfer to one thing or place from another thing or place, or if someone transfers you, you move to a different place or thing from where you were to start with	transfer to somewhere (from somewhere)	<i>another bus came along and we all transferred onto that one at Folkestone, passengers transfer from the train to a coach to go through the tunnel several employees chose to transfer to the Glasgow branch I started doing philosophy at university but then transferred to the law department</i>	Noun: <i>transfer</i>
trip	Verb	/trɪp/	σκοντάφτω, παραπατώ	if you trip , your foot hits something by accident and you fall or lose your balance	trip on/over something	<i>Jenny tripped on a rock and almost fell I tripped over the cable it's really icy so be careful you don't trip! she tripped while she was running down the stairs</i>	Noun: <i>trip</i>
under one's breath	Phrase	/ˌʌndə(r) wʌnz ˈbreθ/	ψιθυρίζω, μέσα απ' τα δόντια μου	if you say something under your breath , you say it very quietly so that people near you cannot hear what you are saying		<i>Jess kept muttering something under her breath he swore under his breath she laughed softly under her breath</i>	
walk back	Phrasal verb	/ˌwɔːk ˈbæk/	γυρίζω πίσω με τα πόδια	if someone walks back somewhere, they return in the direction they came from by walking		<i>Chris walked back slowly to see what the problem was I had to walk back home after the car broke down we walked back along the footpath looking for my scarf</i>	
worn	Adjective	/wɔː(r)n/	φθαρμένος	if something is worn , the surface has become smooth because it has been used a lot		<i>the tyres are badly worn the carpets were old and worn replace any damaged or worn parts in the engine</i>	
pp 30-31	POS	Pronunciation		Definition	Collocates	Examples	Word family
awesome	Adjective	/ˈɔːs(ə)m/	φοβερός, απίστευτος	something that is awesome is extremely impressive and sometimes a little frightening		<i>getting to the top of the mountain was awesome the equipment in the new gym is awesome your bike looks awesome Ray did an awesome job of the cooking</i>	
bummer	Noun	/ˈbʌmə(r)/	απογοήτευση, τι κρίμα, ξενέρα	in very informal English, a bummer is a bad or unpleasant situation		<i>it was a big bummer discovering we'd climbed the wrong mountain Monday's a real bummer this term – maths in the morning and again in the afternoon your dad won't let you come to the party? What a bummer! it will be a real bummer if we miss the last train home</i>	
in good time	Phrase	/ɪn ˌɡʊd ˈtaɪm/	έγκαιρα, πάνω στην ώρα	if you start doing something in good time , you make sure that you have more than enough time available for you to finish it so that you will not be late. If you arrive somewhere in good time , you arrive some time before you need to be there		<i>we set off in good time, but the car broke down outside Abingdon he got to the cinema in good time and had a cup of coffee while he waited for Alex we got everything ready for the party in good time</i>	
off-route	Adjective	/ˈɒfruːt/	εκτός πορείας, χάνω τον δρόμο	if you are off-route or go off-route , you are following a path or course which is not the one that you had originally planned to use or wanted to use		<i>maybe we're a bit off-route we went a few hundred metres off-route to visit the church in a field when we saw the bridge, we realised we were seriously off-route</i>	
peak	Noun	/piːk/	κορυφή	a peak is the top of a mountain		<i>we reached the peak just as the sun was coming up Mont Blanc is the highest peak in Europe the mountain peak was still a long way ahead of us snow-covered peaks</i>	
peel off	Phrasal verb	/ˌpiːl ˈɒf/	ξεφλουδίζω	if something peels off , or if you peel it off , it comes away from the surface it was attached to in a thin layer		<i>the rock was peeling off like sheets of paper I fell asleep on the beach and now my skin is peeling off paint was peeling off the doors and window frames can you peel the skin off this garlic for me?</i>	
pick one's way	Phrase	/ˌpɪk wʌnz ˈweɪ/	ανοίγω/επιλέγω προσεκτικά δρόμο	if you pick your way somewhere, you walk or climb there very carefully, picking (choosing) where to put your feet with great care		<i>we picked our way up the side of the mountain she picked her way through the puddles (pools of rainwater) outside the bus station I picked my way down the ladder</i>	
register	Noun	/ˈredʒɪstə(r)/	μητρώο, κατάλογος	a register is a book which records events that happen, for example the names and numbers of visitors to a place or the attendance of children in a class at school		<i>we looked at the summit register (a book signed by the people who have reached the summit of the mountain) the hotel register showed that he had stayed there in July the teacher called the register (read out the name of each child to find out who is present and who is absent)</i>	
ridge	Noun	/rɪdʒ/	κορυφογραμμή	a ridge is a long thin area where the land drops away on either side, usually high up on a mountain		<i>we started to make our way across the ridge there's a narrow ridge leading up to the main peak a ridge extends northwards with narrow valleys on either side he pointed to a small ridge of land ahead of them the city was surrounded by various mountains and ridges</i>	
summit	Noun	/ˈsʌmɪt/	κορυφή	the summit of a mountain is its highest point		<i>we needed to reach the summit before dark the summit of Everest is over 29,000 feet up he's the youngest person to have climbed the seven summits (the highest mountain of each of the seven continents)</i>	

tough	Adjective	/tʌf/	δύσκολος, σκληρός	something that is tough is very difficult to do successfully. A tough situation is one that is difficult to deal with		<i>the race was tough, but I managed to get through it and finish I ran a marathon last year; it was tough, but I really enjoyed it it's a very tough exam it was a tough decision to leave she had a tough time at school (had many problems)</i>	
treacherous	Adjective	/ˈtreɪtʃərəs/	αναξιόπιστος, επισφαλής	a path, road, or route that is treacherous is dangerous, for example because it is not smooth or because it is icy		<i>the ridge they had to go along was treacherous the roads were treacherous after the snow had fallen a steep and treacherous path up the side of the hill police warned of treacherous road conditions in the north</i>	
vertical	Adjective	/ˈvɜː(r)ɪk(ə)l/	κατακόρυφος	something that is vertical rises or goes straight up		<i>below us was a vertical drop of 200 feet to the road on this chart, the rows go across horizontally and the columns are vertical a jacket with vertical stripes the wall was not quite vertical</i>	Adverb: vertically
vertical face	Noun	/ˌvɜː(r)ɪk(ə)l ˈfeɪs/	κάθετη πλαγιά	on a mountain, a vertical face is a part where the side of the mountain goes straight up, making it impossible to walk up it		<i>the western side was a vertical face, so we approached from the east we started up a steep slope which quickly became a vertical face the vertical face of the cliff rose 100 metres above the beach</i>	

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global warming	Noun uncount	/ˈɡləʊbəl ˈwɔːmɪŋ/	υπερθέρμανση του πλανήτη	global warming is the gradual and dangerous increase in the temperature of the Earth, caused by things such as the burning of coal, petrol, etc.		<i>global warming is the biggest problem we face at the moment just because it's snowing doesn't mean that global warming isn't happening scientists are agreed that we need to act to stop global warming</i>	
only a matter of time	Phrase	/ˈəʊnli ə ˈmætər ɒv taɪm/	είναι μόνο θέμα χρόνου	if you say that it is only a matter of time before something happens, you mean that it is almost certain that it will happen		<i>it's only a matter of time before someone works out how to do it if he hasn't succeeded yet, it's only a matter of time until he does another economic crisis is only a matter of time</i>	

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appropriate	Adjective	/ə ˈprəʊpriət/	κατάλληλος, ενδεδειγμένος	something that is appropriate is suitable for a particular purpose or situation		<i>shouting at your teacher is not an appropriate way to show you disagree the only appropriate response is to say you're sorry is this an appropriate use of the money? we need to decide whether further action is appropriate</i>	Adverb: appropriately Opposite – Adjective: inappropriate
congestion	Noun uncount	/kən ˈdʒestʃ(ə)n/	κυκλοφοριακή συμφόρηση	congestion is a situation when there is so much traffic on the roads that vehicles can only move very slowly and spend a lot of time not moving at all	severe congestion ease congestion	<i>the radio warned us of congestion on the roads into Manchester the bridge was closed, causing severe congestion on the roads nearby the government brought in controls on car use to try and ease congestion traffic congestion is a serious problem here</i>	Adjective: congested
epidemic	Noun	/ˌepɪˈdemɪk/	επιδημία	when there is an epidemic , a serious disease affects a large number of people at the same time		<i>the flu epidemic of 1919 the epidemic spread very rapidly into neighbouring countries the epidemic caused at least 1000 deaths they suffered epidemics throughout the 19th century</i>	
era	Noun	/ˈɪərə/	εποχή	an era is a long period of time that has a particular feature or characteristic		<i>back in the Soviet era, there weren't many cars on the roads in Russia the Internet era took off in the 1990s the industrial era the era of social media has just begun</i>	
famine	Noun	/ˈfæmɪn/	λιμός, πείνα	a famine is a period of time when there is not enough food to supply a large area and many people become ill or die		<i>the district suffered a severe famine in 1770 the Irish famine of 1846-1847 approximately 3 million people died during the famine governments need to do more to prevent famine</i>	
hungry	Adjective	/ˈhʌŋɡri/	πεινασμένος, πεινάω	if you are hungry , you want to eat something. If people go hungry , they do not have enough food to live a healthy life	go hungry	<i>my mother often went hungry to make sure we children had enough to eat close to a billion people go hungry in the world every day if children go hungry, their bones won't develop properly</i>	Noun: hunger
nanotechnology	Noun	/ˈnænəʊteknɒlədʒi/	νανοτεχνολογία	nanotechnology involves making and using things that are extremely small by controlling and moving individual atoms or molecules		<i>scientists have made great progress with nanotechnology cheaper food might be possible with the help of nanotechnology nanotechnology is increasingly important in medical research</i>	
peak	Noun	/piːk/	αποκορύφωμα, αιχμή	the peak of something is the time when it is biggest or most successful	hit/reach a peak	<i>the prison population hit a peak of 450,000 in 2006 inflation reached a peak of 15% last year share prices have risen to an all-time peak the peak period for tourism the price of petrol has fallen from its peak of £1.49 a litre a young tennis player who hasn't reached his peak yet Murray is at his peak now</i>	Verb: peak
pesticide	Noun	/ˈpestɪsaɪd/	παρασιτοκτόνο, φυτοφάρμακο	pesticides are chemicals that are used to kill insects and stop them from eating crops that farmers are growing		<i>better pesticides helped boost food production I don't use pesticides in the garden some of the pesticide was washed off the soil into the river</i>	
starve	Verb	/stɑː(r)v/	λιμοκτονώ, πεθαίνω της πείνας	if people starve , they have so little food that they become seriously ill or die	starve to death	<i>if we don't send help, a million people will starve to death there we starved for weeks until finally food arrived by ship he was starved and kept in a cell for months millions were starving during the war</i>	Adjective: starving Noun: starvation
turn down	Phrasal verb	/tɜːn daʊn/	χαμηλώνω την ένταση	if you turn down a piece of equipment, you make it work less hard so that it becomes quieter, cooler, less bright, etc.		<i>could you turn the lights down, please? it's too loud – turn it down! I'm just going to turn down the heating</i>	Opposite – Phrasal verb: turn up

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bond	Verb	/bɒnd/	δένω, ενώνω	if things bond , or if you bond them, they become firmly stuck to each other		<i>the two panels are bonded together using a very strong glue a layer of pure silver was permanently bonded to the surface the two items will bond within five minutes</i>	Noun: bond
brick	Noun	/brɪk/	τούβλο	bricks are solid blocks that are laid on the ground, then put together one on top of another in order to make walls and build houses	lay bricks	<i>a brick building he had a job laying bricks (putting them in place) the houses were built of red bricks a pile of bricks a brick wall</i>	

cardboard	Noun uncount	/ˈkɑː(r)d.bɔː(r)d/	χαρτόνι	cardboard is very thick, stiff paper used to make boxes		<i>a cardboard box we can recycle cardboard here but not plastic bottles cardboard won't burn easily when it's wet he used cardboard to make a model ship</i>	
cartridge	Noun	/ˈkɑː(r)trɪdʒ/	φυσίγγιο, μελανοδοχείο	a cartridge , or an ink cartridge , is a container for powdered ink that is used in office or home printers		<i>a replacement cartridge the ink cartridge is empty can you believe how much the cartridge cost? the cartridge should last at least three months</i>	
charger	Noun	/ˈtʃɑː(r)dʒə(r)/	φορτιστής	a charger is a device that puts electricity back into batteries so that you can use them again. Batteries that let you do this are called rechargeable batteries		<i>can I borrow your phone charger? I bought a battery charger for my camera unplug the charger when it's not in use</i>	Verb: charge
concrete	Noun uncount	/ˈkɒŋkriːt/	σκυρόδεμα, μπετόν	concrete is a solid substance used for building, made from water, sand, small stones and cement		<i>the kitchen floor is concrete a concrete road surface the tunnel had concrete walls</i>	
customised	Adjective	/ˈkʌstəˌmaɪzɪd/	εξατομικευμένος	something that is customised has been specially made for a particular customer		<i>customised products are very expensive many insurance companies offer fully customised services the kitchen had customised units along one wall</i>	Verb: customise
hook	Noun	/hʊk/	γάντζος, άγκιστρο, αγκίστρι	a hook is a curved piece of metal, wood, or plastic that is attached to a vertical surface such as a wall or door, where you can hang a coat, jacket, hat, etc.		<i>a coat hook leave your jacket on the hook there you can use the hook behind the door is there a hook where I can put my hat?</i>	
layer	Noun	/ˈleɪə(r)/	στρώση, επίστρωση	a layer is a flat amount of something that covers something else, or that is between two other things	a layer of something	<i>the 3D printer builds them up layer by layer if you peel the tape away, some layers of ink come off the roof was a single layer of steel sheets put a layer of potatoes in the bottom of the dish, then a layer of onions</i>	
mass-produce	Verb	/mæs prəˈdjuːs/	μαζική παραγωγή	to mass-produce things means to make a large number of them to be sold, usually quickly and efficiently in a factory		<i>you can't mass-produce things with a 3D printer they started mass-producing motor cars in the 1920s it became cheaper to mass-produce them once we installed new equipment in the factory they were mass-produced and very cheap</i>	Noun: mass-production
replacement	Noun	/rɪˈpleɪsmənt/	αντικατάσταση	a replacement is something that takes the place of another thing that you no longer have or can use	a replacement for something	<i>they gave him a replacement for his watch a hip replacement (an artificial hip used to replace someone's real hip) replacement car parts some of the furniture requires replacement several of the sales team are leaving, so we'll have to find replacements for them if a suitable replacement is not available, a full refund will be issued a replacement TV</i>	Verb: replace
set	Verb	/set/	πήζω, σταθεροποιούμαι, σκληραίνω	when a liquid or a soft substance sets , it becomes hard and solid		<i>some materials set naturally it takes several hours for the concrete to set wait a few minutes for the glue to set I put the jelly in the fridge to make it set faster</i>	

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affordable	Adjective	/əˈfɔː(r)dəb(ə)/	οικονομικά προσιτός	if something is affordable , it has a reasonable price that is not too expensive, so most people would be able to buy it	affordable technology affordable housing	<i>mobile phones are an example of affordable technology they're looking for an affordable flat there isn't enough affordable housing in the city good quality products at affordable prices health insurance simply isn't affordable for people on low wages</i>	Verb: afford
cutting-edge	Adjective	/ˈkʌtɪŋ eɪʒ /	προηγμένος, τελευταία λέξη της τεχνολογίας	cutting-edge techniques or products are the very latest and most advanced that are available		<i>cutting-edge technology cutting-edge video equipment social media is no longer cutting-edge she is conducting cutting-edge research</i>	Noun: cutting edge
eco-friendly	Adjective	/ˈiːkəʊ-ˈfrendli/	φιλικός προς το περιβάλλον	something that is eco-friendly does not cause damage to the environment		<i>an eco-friendly electric car hire scheme an eco-friendly tourist agency offering cycle tours an eco-friendly alternative to air travel</i>	
economical	Adjective	/ˌiːkəˈnɒmɪk(ə)/	οικονομικός	something that is economical does not need a lot of money or energy to work efficiently		<i>it's a very economical car – it costs about 7 pence a mile to run advertising on the web is more economical than advertising on TV an economical method of making plastic</i>	Adverb: economically
empower	Verb	/ɪmˈpaʊə(r)/	επιτρέπω, δίνω τη δυνατότητα	if something empowers someone, it helps them become independent and no longer reliant on other people or organisations		<i>he wanted to empower the poorer villagers of India we empower our employees to take decisions for themselves my grandfather was determined to empower himself by studying in the evenings</i>	Noun: empowerment Adjective: empowering Adjective: empowered
handy	Adjective	/ˈhændi/	χρήσιμος, πρακτικός	something that is handy is useful, efficient, and easy to use		<i>a handy little tool a handy kitchen gadget a handy app that shows you the weather forecast for the next week it's very handy and fits into a jacket pocket easily</i>	
highlight	Verb	/ˈhaɪˌlaɪt/	υπογραμμίζω, επισημαίνω, τονίζω	if you highlight something, you talk or write about it in a way that draws special attention to it because you think it is important	highlight issues/concerns/areas	<i>psychologists highlight several stages that nearly everyone goes through the report highlights four key trends in youth crime the minister was right to highlight the issue she also highlighted concerns about late-night traffic noise</i>	
labour-saving	Adjective	/ˈleɪbə-ˈseɪvɪŋ/	βοηθητικός, εξοικονόμηση εργασίας	labour-saving devices do things quickly and effectively so that people do not have to spend time or effort doing them		<i>if you can afford it, buy a labour-saving device such as a washing machine a kitchen full of labour-saving gadgets labour-saving machinery</i>	
neat	Adjective	/niːt/	καθαρός, φίνος, τέλειος	something that is neat is simple and effective		<i>this was a neat solution to the problem that's a neat way of looking at the issue this is a really neat website that's a neat idea</i>	Adverb: neatly
recycled	Adjective	/ˌriːˈsaɪklɪd/	ανακυκλωμένος	if you recycle things that you no longer need or use, you send them away so that they can be treated in special factories and used again somehow. Recycled things and materials are the result of this process		<i>a table made from recycled packing cases we use recycled materials for our products recycled plastic bags</i>	Verb: recycle Noun: recycling

run on	Phrasal verb	/rʌn ɒn /	λειτουργώ με	if a machine runs on a particular source of energy, that is the kind of energy it needs to operate properly		<i>the central heating system runs on oil a car that runs on petrol the whole village runs on solar panels</i>	
sewing machine	Noun	/ˈseʊɪŋ məˈʃiːn/	ραπτομηχανή	a sewing machine is a device that you use for sewing, usually powered by electricity but sometimes by pushing a pedal with your feet or by turning a wheel with your hand		<i>a 60-year-old sewing machine it was much quicker to make the curtains using a sewing machine I'm going to buy a new sewing machine next week</i>	
shell	Verb	/ʃel/	καθαρίζω, αφαιρώ το τσόφλι	if you shell corn, you separate the kernels (small yellow pieces) from the cob (the main part of the plant)		<i>a device for shelling corn</i>	
sophisticated	Adjective	/səˈfɪstɪˌkeɪtɪd/	εκλεπτυσμένος, εξελιγμένος	something that is sophisticated is very complicated, advanced, and efficient		<i>a sophisticated solution to the problem of dirty drinking water a sophisticated car alarm system sophisticated electronic equipment they use sophisticated software to identify new customers</i>	Noun: sophistication
time-consuming	Adjective	/taɪm kənˈsjuːmɪŋ/	χρονοβόρος	an activity or process that is time-consuming takes up a lot of time		<i>the job-interview process was time-consuming and stressful backing up the computer is a time-consuming activity film editing is time-consuming and expensive writing dictionaries is a time-consuming job</i>	
water purifier	Noun	/ˈwɔːtə ˈpjʊəɹɪfaɪə/	συσκευή καθαρισμού νερού	a water purifier is a device that removes harmful or dirty substances from water to make it good to drink		<i>if you don't have a water purifier, you should boil the water before drinking it I drink water from the tap, but only after it's been through the water purifier</i>	

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adjust	Verb	/əˈdʒʌst/	προσαρμόζω	to adjust something means to change it slightly in order to make it better or more effective		<i>the machine adjusts the temperature automatically the body adjusts how much cholesterol it produces based on what you eat you'll probably need to adjust the seatbelt add the cream and adjust the seasoning</i>	Adjective: adjustable Noun: adjustment
basin	Noun	/ˈbeɪs(ə)n/	λεκάνη, νιπτήρας	a basin is an open container that you can fill with water and use for washing things		<i>the basin in the bathroom is blocked a wash basin fill the basin with water</i>	
code	Noun	/kəʊd/	κώδικας	a code is a sequence of letters and or numbers that are used to let you unlock something, operate an alarm, etc.		<i>enter the code then press the button at the side I've forgotten the code for the burglar alarm you need to remember the code, and don't give it to anyone else</i>	
flicker	Verb	/ˈflɪkə(r)/	τρεμοπαιζω, αναβοσβήνω	if something such as a flame or a light flickers , it shines in an irregular way		<i>the light bulb is flickering on and off the lights on car began to flicker if the screen flickers, switch it off then switch it back on again the candle flickered briefly, then went out</i>	Noun: flicker
manual	Noun	/ˈmænjʊəl/	εγχειρίδιο	a manual is a small book or a document on a computer that gives information and instructions about how to use a particular piece of equipment	a user manual	<i>I've lost the manual for the camera there's no printed manual, you have to read it online the manual is available in 14 different languages please refer to the user manual if this warning light comes on</i>	
my pleasure	Phrase	/maɪ ˈpleɪzə/	ευχαρίστησή μου	you say " my pleasure " to someone after they have thanked you for something you have done as a way of saying that you were happy to have helped them		<i>"Thank you so much for your help this afternoon" – "My pleasure"</i>	
override	Verb	/ˌəʊvəˈraɪd/	ανατρέπω, αναιρώ, παρακάμπτω	if you override an action or decision that has already been made, you use your authority to change it or cancel it. An override is the action of doing this		<i>these controls usually allow a manual override there is an override code, but I need to get it from the manager</i>	Verb: override
pop over	Phrasal verb	/pɒp ˈəʊvəl/	πετάγομαι κάπου	if you pop over somewhere that is not very far away, you go there quickly and not for a long time		<i>could you pop over and look at my bike some time? I'm just popping over to see Auntie Jenny. Won't be long I was just about to pop over and see you</i>	
purchase	Noun	/ˈpɜː(r)tʃəs/	αγορά	purchase is the act of buying something. A purchase is something that you have bought		<i>an impulse purchase (something you buy suddenly without planning to buy it) I went home with my purchases they put pressure on us to make a purchase the receipt shows the date of purchase local restaurants offer delicious food for purchase the full purchase price will be returned, excluding shipping costs</i>	Verb: purchase Noun: purchaser
refund	Noun	/ˈriːfʌnd/	επιστροφή χρημάτων	if you get a refund, a shop gives you back the money you paid for something because it is broken or does not work properly. You can also get a refund if you have accidentally paid too much for something or if you have paid for a service that was not properly provided	claim/request/demand a refund receive/obtain/get a refund	<i>he took the watch back and they gave him a refund I got a tax refund passengers can claim a refund if they are delayed more than two hours we received a refund after we complained to the manager return order within seven days for replacement or refund if goods are unsatisfactory</i>	Verb: refund
signal	Noun	/ˈsɪgn(ə)/	σήμα	a signal is electrical waves that carry sound and pictures to mobile phones, computers, etc.		<i>I can't hear you very well, there's a really bad signal here I can never get a signal in the back garden there's no signal on the island, so I'll send you a postcard! the wi-fi signal is very weak on the fourth floor</i>	
tip	Noun	/tɪp/	συμβουλή	a tip is a piece of useful advice	give someone a tip	<i>each speaker offers a travel tip do you have any tips on where to stay in Volgograd? she gave me a few tips about the German railways system if you want any gardening tips, ask my uncle Stan a few tips on how to make your computer run faster</i>	
undo	Verb	/ʌnˈduː/	ξεκουμπώνω, ανοίγω, λύνω	if you undo something that is tied or fastened together, you loosen it or release it so that it can open		<i>he undid the strap round the suitcase he undid the top button on his shirt the knot was so tight I couldn't undo it</i>	
upgrade	Noun	/ʌpˈɡreɪd/	αναβάθμιση	an upgrade is a change to a better or more recent form of something that you already have		<i>do you need help to install the upgrade? my laptop needs an upgrade I downloaded an upgrade from the Internet I can get an upgrade for my phone next month</i>	Verb: upgrade

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flex	Verb	/fleks/	τεντώνω	if you flex a muscle or a part of your body, you move or bend it slightly, often as a part of doing exercise		<i>if I flex my muscles, the artificial hand opens and closes the fingers lie on your back and flex your knees he held up his hands and flexed his fingers</i>
prototype	Noun	/ˈprəʊtətaɪp/	πρωτότυπο	a prototype is the first example of a device or machine to be made. It is tested to see if it works well and changes are made to it if necessary, after which large numbers are made to be sold		<i>this is the prototype, and we start production next month the prototype collapsed during testing we're still developing the prototype the prototype flew for the first time last year we're still at the prototype stage but hope to start production next year</i>
range	Noun	/reɪndʒ/	εύρος τιμών, προσιτός, out of my range = πολύ ακριβό για την τσέπη μου	a range is the limit of what someone is able to do or afford. If something is within your range , you can afford it. If it is out of your range , it costs more money than you are prepared to pay		<i>at £1,200 it's within range of most families it's nice, but it's out of my range, I'm afraid it was the only laptop within my range</i>
underserved	Adjective	/ˈʌndəːsɜːvd/	υποεξυπηρετούμενος	if a group of people are underserved , they do not have access to as much help or assistance as most other people		<i>children are still underserved by the prosthetics industry they live in an underserved area, with no hospital within 40 miles we are trying to improve things for underserved groups</i>

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emit	Verb	/ɪˈmɪt/	εκπέμπω, εκλύω	to emit harmful gases or other substances is to release them into the atmosphere		<i>we need to produce electricity without emitting CO2 using wind power means we won't emit dangerous gases the explosion emitted clouds of poisonous gas into the air</i>	Noun: emission
storage	Noun uncount	/ˈstɔːrɪdʒ/	αποθήκευση	storage is the activity of keeping something in the same place over a period of time so that it is available for you when you need it		<i>there's a lot of storage space above the garage the energy storage market is about to boom research into carbon storage improved energy storage will bring a long-term benefit</i>	

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acrobat	Noun	/ˈækrəˌbæʃ/	ακροβάτης	an acrobat is someone who entertains people by doing difficult and impressive physical actions, such as jumping, balancing, or moving their body in artistic ways		<i>a circus acrobat he's a very good acrobat I prefer watching the acrobats to seeing animals in a circus he started work as an acrobat when he was 18</i>	Adjective: acrobatic Noun: acrobatics
busker	Noun	/ˈbʌskə(r)/	πλανόδιος μουσικός, μουσικός του δρόμου	a busker is someone who plays music in the street and gets money from some of the people who walk past		<i>I stopped to listen to the busker outside the tube station I usually give buskers money if I like their music there's often a busker singing by the Town Hall a good busker can earn over £30 an hour</i>	Verb: busk Noun: busking
gig	Noun	/gɪg/	νούμερο, μοναδική παράσταση	a gig is a performance in public, usually by a musician or band of musicians	play a gig	<i>we played 25 gigs in 28 days on tour the gig was cancelled after she fell ill in Denver their first live gig was a huge success I helped my cousin organise the gig</i>	
put on	Phrasal verb	/pʊt ɒn/	ανεβάζω, διοργανώνω	if you put on something such as a performance or a show, you organise it by booking the venue and the performers, selling the tickets, etc.		<i>she puts on shows of circus skills most weekends I didn't realise how much work was involved in putting on a gig they put on a fantastic firework display for New Year</i>	
stand out	Phrasal verb	/stænd aʊt/	ξεχωρίζω	if someone stands out , you notice them because they are slightly different from the other people around and often more interesting or exciting		<i>he never really stands out in a group as soon as I arrived, one person stood out and grabbed my attention I don't want to stand out, I'd prefer to remain in the background</i>	Adjective: standout
venue	Noun	/ˈvenjuː/	τόπος, χώρος	a venue is the place where an event is happening or is going to happen		<i>it's an amazing venue for a party a perfect venue for weddings a popular concert venue the World Cup is held at various venues across the country the venue we'd chosen for the gig was just outside the city</i>	

pp 46-47	POS	Pronunciation		Definition	Collocates	Examples	Word family
arty	Adjective	/ˈɑː(r)tɪ/	κουλουριάρης, άνθρωπος των τεχνών	someone who is arty is very interested in the arts – films, poetry, music, painting, etc.		<i>the cafe was full of arty people discussing the latest exhibition at Tate Modern my roommate was very arty and put a lot of pictures up on the wall I've never been very arty – I prefer playing football</i>	
attention	Noun uncount	/əˈtenʃ(ə)n/	προσοχή	attention is the thought or interest you give to something you are watching or listening to. If you draw attention to something, you make people notice it and think about it	pay attention (to something) give your attention to something draw someone's attention to something	<i>we just want to draw their attention to the problem babies cry when they want attention you need to pay attention in class can I have your attention, please? he loves being the centre of attention (with everyone looking at him) I could tell that he wasn't giving me his attention you have my full attention (I am listening to you very carefully)</i>	
blank	Adjective	/blæŋk/	κενός, άδειος	a blank surface has no writing, pictures, or decoration on it		<i>a blank piece of paper the wall was blank my laptop screen suddenly went blank if you don't know what to put, just leave that part of the form blank</i>	
commit	Verb	/kəˈmɪt/	διαπράττω	if someone commits a crime or other illegal act, they do it		<i>he hadn't committed any crime he admitted that he committed murder his second attempt to commit suicide since leaving prison he has not committed any further offences</i>	
consideration	Noun	/kənˌsɪdəˈreɪʃ(ə)n/	σκέψη, μελέτη, εξέταση	consideration for something is careful thought about it so that you can make a sensible decision about it	give consideration to something be under consideration	<i>they never gave any consideration to the cost they gave serious consideration to the idea of opening a new shop in Leeds after long consideration, the judge decided not to send him to prison two new laws are under consideration</i>	Verb: consider
demolish	Verb	/dɪˈmɒlɪʃ/	κατεδαφίζω	to demolish a building means to destroy it completely, for example because it is old and no longer safe or because you are going to put a new building there. Demolish is a formal word; in ordinary spoken English, people usually say <i>knock down</i>		<i>the slums were demolished to make way for a golf course they demolished the old cinema last week the old school is going to be demolished most of the remaining buildings were demolished in 2010 the farm buildings were demolished and replaced by four new houses</i>	Noun: demolition

drastic	Adjective	/ˈdræstɪk/	δραστικός	something that is drastic is very serious and severe		<i>the government took drastic measure to control inflation a drastic reduction in the number of people who smoke there have been drastic changes in the weather over the last ten years what happened later was even more drastic</i>	Adverb: <i>drastically</i>
effort	Noun	/ˈefə(r)t/	προσπάθεια	effort is the work involved in trying to do something. If you make an effort to do something, you try very hard to do it	make an effort (to do something) take effort put effort into something	<i>they think cheating will bring success without effort it took a lot of effort to get the piano up the stairs he put a lot of effort into his language studies if you don't make an effort, you'll never pass the exam</i>	
fine arts	Noun plural	/faɪn ɑ:ts/	καλές τέχνες	fine arts are things such as paintings and sculptures that are made to be looked at and enjoyed		<i>he studied fine arts at university a museum of fine arts the fine arts section of the bookshop Chicago is home to a lively fine arts community</i>	Noun: <i>fine artist</i>
mural	Noun	/ˈmjʊərəl/	τοιχογραφία	a mural is a picture that is painted directly onto a wall		<i>there are two important murals in the church the first mural was painted here in 1473 the mural took 14 weeks to complete the two artists created the mural in 2002</i>	
spray-paint	Verb	/spreɪ peɪnt/	σπρέι βαφής, μπογιά σε σπρέι	if you spray-paint something, you paint on it using a can that forces the paint out under pressure rather than with a brush		<i>he spray-painted the car blue take the cover off then spray-paint the inside the wall was spray-painted with stars</i>	Noun: <i>spray-paint</i>
the arts	Noun plural	/ði ɑ:ts/	οι τέχνες	you use the arts to refer to all the activities such as painting, writing poetry, dance, etc. that involve creative imagination		<i>government funding for the arts her personal interests include foreign travel and the arts we're very grateful that many local businesses support the arts</i>	
tunnel	Noun	/ˈtʌn(ə)l/	σήραγγα, τούνελ	a tunnel is a long passage under the ground that carries trains, cars, etc. underneath hills, rivers, etc.		<i>the tunnel is 20 metres long the train broke down (stopped working) halfway through the tunnel the tunnel was dark and wet the tunnel under the English Channel</i>	Verb: <i>tunnel</i>
ultimately	Adverb	/ˈʌltɪmətli/	τελικά, στην τελική	you use ultimately to emphasize that you are referring to the most important consideration in a situation		<i>making a profit is ultimately what matters to me all laws were ultimately based on religious beliefs</i>	

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buzzing	Adjective	/ˈbʌzɪŋ/	βουίζω/σφύζω/δονούμαι από	something that is buzzing is very lively and involves lots of interesting things and people		<i>there's a buzzing arts scene in Sydney the place is buzzing with new ideas London was the crazy, buzzing capital of fashion</i>	
carnival	Noun	/ˈkɑ:(r)nɪv(ə)l/	καρναβάλι	a carnival is a big public event in a city when people parade in the streets, often singing and dancing, wearing special costumes		<i>the children wore carnival masks and costumes the city is transformed during the carnival carnival is next weekend, the most important weekend of the year for us there's a carnival atmosphere out there today</i>	
cosmopolitan	Adjective	/ˌkɒzməˈpɒlɪt(ə)n/	κοσμοπολίτικος	somewhere that is cosmopolitan has people from lots of different countries and cultures		<i>Vilnius is a cosmopolitan city with interesting architecture an attractive town with a cosmopolitan atmosphere Odessa's cosmopolitan nature was described by Pushkin who lived there for a year two words sum up Milan today: modern and cosmopolitan</i>	
muddy	Adjective	/ˈmʌdi/	λασπωμένος	if something is muddy , it is covered in mud		<i>the camp site was really muddy muddy boots my clothes had got muddy the floor was all muddy</i>	Noun: <i>mud</i>
non-participation	Noun uncount	/nɒn pɑ: ˌtɪsɪˈpeɪʃən/	μη συμμετοχή	non-participation is the fact of not taking part in an event		<i>one of the main reasons for non-participation was fear of failure he warned me that there would be consequences for non-participation</i>	
participate	Verb	/pɑ:(r)ˈtɪsɪpeɪt/	συμμετέχω	if you participate in an activity, you take part in it. Participate is a slightly formal word		<i>we try and encourage more people to participate in the arts 12 students participated in the research programme the defence minister participated in talks with the Russians our school team participated in the national tournament</i>	Noun: <i>participant</i>

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conquest	Noun	/ˈkɒŋkwɛst/	κατάκτηση	conquest is success in getting control or full understanding of something		<i>a kind of intellectual conquest the conquest of space (when humans were finally able to send people into space)</i>	
fortune	Noun	/ˈfɔ:(r)tʃən/	περιουσία	a fortune is a large amount of money	cost/spend/pay a fortune earn/make a fortune be worth a fortune	<i>he spent an absolute fortune on his cars the house must be worth a small fortune now (a surprisingly large amount of money) your salary is a fortune compared to mine he made a fortune on the stock market</i>	
fulfil	Verb	/fʊlˈfɪl/	εκπληρώνω	to fulfil a duty, requirement, or obligation means to succeed in doing or providing what is necessary		<i>music fulfils a deep psychological need for calm and order on top of his research, he had to fulfil his normal teaching duties the school made sure it fulfilled its legal obligations</i>	Noun: <i>fulfilment</i>
goosebumps	Noun plural	/ˈgu:sbʌmps/	ανατριχίλα, ανατριχιάζω	if something gives you goosebumps or if you get goosebumps , you feel a sudden thrill of excitement or shock		<i>hearing 70,000 Welshmen sing gave me goosebumps I get goosebumps just thinking about it we both got goosebumps watching the video</i>	
injustice	Noun	/ɪnˈdʒʌstɪs/	αδικία	injustice is unfair treatment of people		<i>she had a strong feeling of injustice the fight against racism and injustice she sang about the pain of social injustice</i>	
intellectual	Adjective	/ɪntəˈlektʃuəl/	διανοούμενος, πνευματικός	intellectual means relating to someone's ability to think in an intelligent way and understand ideas and information clearly		<i>everyone has different intellectual strengths and weaknesses an intellectual conversation the film was too intellectual for me she had a high degree of intellectual curiosity music operates on an intellectual as well as an emotional level</i>	Noun: <i>intellectual</i> Noun: <i>intellect</i>
key	Adjective	/ki:/	βασικός, κείριος, σημαντικός	a key event, thing, or person is one that is very important in a particular situation		<i>two key events had an important influence on the region a key figure in the French Revolution a key part of the course is the two weeks work experience on a farm write down the three key points from chapter 1</i>	

lullaby	Noun	/ˈlʌləbaɪ/	βανούρισμα	a lullaby is a song with a soft, gentle rhythm that you sing quietly to a baby to help him or her get to sleep		<i>a calming lullaby can help babies sleep he sang her a lullaby he fell asleep before the lullaby had finished</i>	
pattern	Noun	/ˈpæʔə(r)n/	μοτίβο, σχέδιο	a pattern is a series of repeated shapes, lines, or sounds		<i>pop music follows different patterns to traditional Chinese music these patterns are very strong, even though we don't notice them straight away I love the pattern on your curtains the vase was decorated with geometric patterns (with regular shapes like squares and triangles)</i>	Adjective: <i>patterned</i>
regulate	Verb	/ˈregjuleɪt/	ρυθμίζω, ελέγχω	if you regulate something, you control the intensity of it so that it does not become too strong or powerful		<i>sad music can help us regulate negative feelings a device that regulates the temperature in the building</i>	
soothe	Verb	/suːð/	κατευνάζω, ανακουφίζω, παρηγορώ, ηρεμώ	if something soothes you, it makes you feel calm and less stressed		<i>just being by the water soothes many people Dan was trying to soothe the baby music can soothe the soul</i>	Adjective: <i>soothing</i>
stimulate	Verb	/ˈstɪmjuleɪt/	δίνω ερέθισμα, διεγείρω	if you stimulate someone, you make them think a lot in an enjoyable or useful way		<i>music can stimulate us both emotionally and intellectually toys help stimulate the child's creativity getting a new teacher really stimulated his interest in the subject</i>	Adjective: <i>stimulating</i>
unpredictable	Adjective	/ˌʌnpɪrɪˈdɪktəb(ə)l/	απρόβλεπτος	something that is unpredictable behaves or acts in a way that you cannot guess in advance		<i>the music moved in an unpredictable direction his rate of recovery is unpredictable, I'm afraid the ending of the film was totally unpredictable the weather round here is highly unpredictable</i>	Opposite – Adjective: <i>predictable</i>

pp 52-53	POS	Pronunciation		Definition	Collocates	Examples	Word family
bear	Verb	/beə(r)/	αντέχω	if you can't bear something, you dislike it very much and do not want it to continue any more		<i>I'm thinking of leaving. I just can't bear it here he couldn't bear the pain of losing his only son I couldn't bear the thought of waking up in prison they couldn't bear the idea of being separated</i>	
convex	Adjective	/ˈkɒnveks/	κυρτός	a convex surface curves outward		<i>a convex mirror makes everything look upside-down the marble floor was slightly convex each wing has a convex upper surface and a flat lower surface</i>	Opposite – Adjective: <i>concave</i>
out of place	Phrase	/aʊt ɒv pleɪs/	παράταιρος, εκτός τόπου	if something is out of place , it does not fit in very well with its surroundings		<i>the new office block is rather out of place next to a fifteenth century church she felt very out of place as the only woman in the meeting his suit was fine but the trainers were out of place</i>	
scene	Noun	/siːn/	σκηνή	a scene is a part of a film or play that happens in the same place. To set the scene is to describe or act out something that gives the audience an idea of where the action is happening and gives them some information that will help them understand the rest of the film or play as it progresses		<i>the opening scene of the Lion King is brilliant the final scene was terribly sad all the animals appeared on the stage to set the scene</i>	
spellbound	Adjective	/ˈspelˌbaʊnd/	μαγεμένος, συνεπαρμένος	if you are spellbound , you are so interested in something that is happening that you cannot look at or think about anything else	keep someone spellbound hold someone spellbound	<i>the film kept the children spellbound for an hour and a half everyone in the audience was spellbound she sat in front of the TV, spellbound the last few pages of the book held me spellbound</i>	Adjective: <i>spellbinding</i>
tint	Noun	/tɪnt/	απόχρωση, χροιά	a tint is a small but noticeable amount of a particular colour		<i>you can see the reflection of the sky, but with a red tint Jan dyed her hair in a stronger red tint</i>	Adjective: <i>tinted</i>

p 54-55	POS	Pronunciation		Definition	Collocates	Examples	Word family
anonymous	Adjective	/əˈnɒnɪməs/	ανώνυμος	if someone is anonymous , they do not let anyone know their name	remain anonymous	<i>she won over £1m on the lottery and chose to remain anonymous an anonymous caller told the police where to find the body we don't allow anonymous blog postings on our site</i>	Adverb: <i>anonymously</i> Noun: <i>anonymity</i>
auction	Noun	/ˈɔːkɪ(ə)n/	δημοπρασία, πλειστηριασμός	an auction is a sale at which people offer increasing amounts of money until nobody wants to offer any more. The item is then bought by the person who made the last and highest offer	hold/conduct an auction buy/sell something at auction	<i>let's hold an auction to raise some money the contents of the house were sold at public auction the eight paintings were sold at auction an auction house (a business which holds auctions) an online auction site (where you can make offers over the Internet) a charity auction raised nearly £1 million</i>	Verb: <i>auction</i> Noun: <i>auctioneer</i>
campaign	Noun	/kæmˈpeɪn/	εκστρατεία, καμπάνια	a campaign is a set of organised activities that people do because they want to change a situation or persuade people about something	a campaign against something a campaign for something an advertising/marketing campaign an election campaign	<i>a campaign against the new tourist development an extensive public education campaign the campaign was successful and management dropped the plan the election campaign was limited to 90 days</i>	Verb: <i>campaign</i> Noun: <i>campaigner</i>
elusive	Adjective	/ɪˈluːsɪv/	άπιαστος, ασύλληπτος, που υπεκφεύγει	someone or something that is elusive is difficult to find		<i>he's one of the world's most famous and elusive artists the truth of the matter was highly elusive they are shy and elusive animals he's very elusive, and I only ever met him once</i>	
epitomize	Verb	/ɪˈpɪtəmaɪz/	είμαι η επιτομή, αντιπροσωπεύω	if one thing epitomizes another, it is a good and typical example or reflection of the other thing		<i>she epitomizes the capability and independent spirit of modern women both actors came to epitomize the Hollywood star</i>	Noun: <i>epitome</i>
expose	Verb	/ɪkˈspəʊz/	εκθέτω, αποκαλύπτω	if you expose something, you take away any covering it has so that you can see what is inside or underneath		<i>she dug away the soil to expose the roots of the tree they took up the carpet to expose the wooden floor underneath he pulled up his sleeve to expose the scar</i>	Adjective: <i>exposed</i>
ideal	Adjective	/aɪˈdɪəl/	ιδανικός	something or someone that is ideal is the most suitable person or thing for a particular situation		<i>the setting for this sort of at is ideal swimming conditions at the beach are ideal she was the ideal choice for the job the hotel was in an ideal location</i>	Adverb: <i>ideally</i>
phone booth	Noun	/fəʊn buːð/	τηλεφωνικός θάλαμος	a phone booth is a small building or shelter in a public place with a telephone in it that people can pay to use. Phone booths were used much more in the days before mobile phones		<i>a typical red phone booth in London do you know where the nearest phone booth is? the last time I used a phone booth was to keep dry while it was raining</i>	

protest	Noun	/ˈprəʊtest/	διαμαρτυρία	protest is action or behaviour that shows strong and sometimes violent disagreement with a plan or situation		<i>a protest by students she went on a protest march the city saw a weekend of violent protest peaceful protests continued for several weeks</i>	Verb: <i>protest</i> Noun: <i>protester</i>
slave labour	Noun uncount	/sleɪv ˈleɪzə/	σκλάβος	slave labour is the use of people as workers without paying them wages but treating them as property, owned by their bosses. Slave labour was common in the South of the United States until the middle of the nineteenth century, when it became illegal to buy and sell people as slaves		<i>the local people were used as slave labour cotton production depended on slave labour thousands of people were transported to America as slave labour</i>	
spy	Noun	/spaɪ/	κατάσκοπος	a spy is someone whose job is to find secret information about another country or organisation and pass this information to their own government or employer		<i>he told us he'd been a spy but no one believed him it's a dangerous job being a spy three men were arrested and shot for being spies he denied being a spy</i>	Verb: <i>spy</i>
tear off	Phrasal verb	/teər ɒf/	σχιζώ, αποκόπτω	if you tear something off , you use force to remove it from the surface it is attached to		<i>people are willing to tear the boards off to get to the pictures underneath I tore off a strip of loose wallpaper the roof was torn off during the storm</i>	

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launch	Verb	/ˈprəʊtest/	αρχίζω, κυκλοφορώ για πρώτη φορά, εκτοξεύω	to launch a major activity, a career, a big investigation, etc means to start it going in a successful way		<i>the festival has launched the careers of several famous comedians they launched an enquiry into the causes of the accident his latest book was launched at a party in Oxford last Thursday this was the film that launched her on a fifty-year career as a Hollywood star</i>	Noun: <i>launch</i>

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boost	Verb	/buːst/	τονώνω, ενισχύω, δίνω ώθηση	to boost something means to improve it or increase it.		<i>this could help to boost profits an attempt to boost tourism in the area this win has boosted the team's confidence the hot weather dramatically boosted demand for cold drinks</i>	Noun: <i>boost</i>
diversity	Noun uncount	/daɪˈvɜː(r)səti/	ποικιλία, ποικιλομορφία	a diversity of things is a lot of different sorts of them in the same place or area	a diversity of something	<i>there's a great diversity of wildlife around the lake its cultural diversity was what attracted me to Cardiff the quality and diversity of the restaurants in the city is amazing</i>	Adjective: <i>diverse</i> Verb: <i>diversify</i> Noun: <i>diversification</i>
enhance	Verb	/ɪnˈhɑːns/	βελτιώνω, αυξάνω	to enhance something means to improve it or make it look more attractive		<i>moving to the country enhanced our quality of life this skill will greatly enhance your musical creativity in what ways can technology enhance traditional methods? hearing poetry enhances our understanding of it</i>	Noun: <i>enhancement</i>
renewable	Adjective	/rɪˈnjuːəb(ə)l/	ανανεώσιμος	renewable energy and materials do not use up the earth's supply of things like coal, oil, or gas, but instead use the power of the sun or the power of wind or waves that will not run out	renewable energy	<i>the boat is powered by renewable energy the water used for renewable power generation we should get this material from renewable sources forests are renewable natural resources</i>	Noun: <i>renewable</i>
reservoir	Noun	/ˈrezə(r),vwaː(r)/	δεξαμενή, τεχνητή λίμνη, ταμιευτήρας	a reservoir is a deep hole covering a large area of land and holding water that is used to supply towns and cities		<i>if we don't get some rain soon the reservoirs will dry out the western reservoir has a capacity of 2,180 million litres the two reservoirs are situated south of the A3050 Hurst Road</i>	
thrive	Verb	/θraɪv/	ακμάζω, ευημερώ	someone or something that is thriving is very successful and developing or living in a very healthy way	thrive on something	<i>she's at university now, and thriving the arts thrive in a multicultural environment like this one as an actor, he thrives on all this attention very few insects thrive in the winter other department stores thrive in the city centre</i>	Adjective: <i>thriving</i>

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ambitious	Adjective	/æmˈbɪʃəs/	φιλόδοξος	someone who is ambitious wants to be very successful and works hard to make sure that they succeed. A project that is ambitious is one that is difficult, but that people work hard to achieve		<i>their business plan was very ambitious the project was too ambitious and eventually they ran out of money he's very bright, but not very ambitious I was very ambitious at the start of my career</i>	Noun: <i>ambition</i> Adverb: <i>ambitiously</i>
block	Noun	/blɒk/	συγκρότημα	a block is a large building in a town or city, for example one containing a lot of offices (an office block) or a lot of apartments (an apartment block)		<i>they knocked down the old cinema and built a new apartment block I work in an office block in the city centre a 12 storey tower block</i>	
drug dealing	Noun uncount	/drʌg ˈdiːlɪŋ/	διακίνηση ναρκωτικών	drug dealing is the illegal buying and selling of drugs		<i>he was arrested on suspicion of drug dealing the area is known for drug dealing there are problems with drug dealing on the estate he served a prison term for drug dealer</i>	Noun: <i>drug dealer</i>
heritage	Noun uncount	/ˈherɪtɪdʒ/	κληρονομιά	a country's heritage is its cultural traditions that have developed over a long time, its important and historical buildings, and its history	a rich heritage a national/cultural heritage	<i>people should appreciate their own heritage buildings that are part of our heritage the country's rich cultural heritage I think Dubai has rejected its heritage</i>	
high-rise	Adjective	/haɪ raɪz/	πολυώροφος	a high-rise building is one that is very tall and has lots of floors		<i>she lives on the twelfth floor of a high-rise apartment block high-rise development has been banned here high-rise residential buildings</i>	Noun: <i>high-rise</i>
intersection	Noun	/ˈɪntə(r),sekʃ(ə)n/	διασταύρωση	an intersection is a place where two large roads come together and cross each other		<i>most motorcycle accidents occur at intersections a large motorway intersection at the next intersection, leave the motorway and get onto the A38 a busy intersection</i>	Verb: <i>intersect</i>
knock down	Phrasal verb	/nɒk daʊn/	κατεδαφίζω	to knock down a building means to destroy it completely, for example because it is old and no longer safe or because you are going to put a new building there. Knock down is used in informal and spoken English; a more formal word is <i>demolish</i>		<i>the slums were knocked down to make way for a golf course they thought the Eiffel Tower was so ugly it should be knocked down my old school is going to be knocked down they're knocking down some of the old high-rise blocks I think it's time they knocked it down</i>	

leisure	Noun uncount	/ˈleɪʒə(r)/	ελεύθερος χρόνος, αναψυχή	leisure is the activities that you do for pleasure when you are not working. A leisure centre is a place with rooms and equipment where you can exercise, play basketball, go swimming, etc		<i>there are two swimming pools in the leisure centre what do you like to do in your leisure time? leisure activities I'll have plenty of leisure after I retire</i>	
mall	Noun	/mɔːl/	εμπορικό κέντρο	a mall , or a shopping mall , is a very large building in a city with a lot of shops inside it		<i>the main shopping mall gets over 5 million visitors a year the downtown mall was nearly empty a retail mall there was a police car parked outside the mall</i>	
modernise	Verb	/ˈmɒdə(r)naɪz/	εκμοντερνίζω	if something modernises , or if you modernise it, it changes because methods, equipment, ideas, etc are replaced by new ones		<i>they've got plans to modernise the old factory the existing buildings were modernised and extended the money was aimed at modernising learning spaces this profession is changing rapidly as the insurance industry modernises</i>	Noun: modernisation
pearl diver	Noun	/pɜːl ˈdaɪvə/	δύτης μαργαριταριών	a pearl diver is someone whose job is to dive into the sea to find oysters (a kind of sea creature with a hard shell) that have pearls (small round white balls that are used to make necklaces) inside them		<i>the village relied on its fishermen and pearl divers pearl divers can swim as deep as 30 metres below the surface his older sister married a pearl diver in Bandar Abbas</i>	
pedestrian	Noun	/pəˈdestriən/	πεζός	a pedestrian is someone who is walking in a street, rather than driving or cycling or being a passenger on a bus. A pedestrian zone is a street or set of streets where motor vehicles are not allowed		<i>most of the Old Town is a pedestrian zone during the day the car ran off the road and hit a pedestrian watch out for pedestrians round this corner a pedestrian crossing (a place where people can cross safely to the other side of the road)</i>	Adjective: pedestrianised
redevelop	Verb	/ˌriːdiˈveləp/	ανοικοδομώ, αναπλάθω	to redevelop an area of land means to knock down the buildings that were there and replace them with new buildings, streets, etc		<i>there are plans to redevelop the site of the old car factory the site was redeveloped as a luxury hotel the city has redeveloped the area along the canal the centre was redeveloped after the war</i>	Noun: redevelopment
residential	Adjective	/ˌrezɪˈdenʃ(ə)l/	οικιστικός	a residential area is one where most of the buildings are houses and flats where people live, rather than shops or offices	a residential area/neighbourhood/suburb	<i>a popular residential area to the south of the city the campus is largely surrounded by residential neighbourhoods the suburb is primarily residential a mix of commercial, residential and industrial areas</i>	Noun: resident Noun: residence
scale	Noun	/skeɪl/	κλίμακα, έκταση	the scale of something is its size or extent	the (sheer) scale of something on a big/small etc scale	<i>it's difficult for us to understand the sheer scale of the devastation they had never seen flooding on such a scale before the scale of the problem was frightening a large scale research project there was evidence of fraud on a massive scale</i>	
suspicion	Noun	/səˈspɪʃ(ə)n/	υποψία	if you have a suspicion about someone or something, you think there is probably something wrong or dishonest about them	raise/arouse suspicion dispel suspicion	<i>I have the suspicion that he knows something our suspicions turned out to be unfounded (not true) any of these signs should arouse suspicion his attempts failed to dispel the suspicion (make people stop having the suspicion)</i>	Adjective: suspicious Adverb: suspiciously Verb: suspect Noun: suspect
wonder	Noun uncount	/ˈwʌndə(r)/	κατάπληξη, θαυμασμός	wonder is the feeling of surprise and admiration you get when you see or hear of something that is very impressive		<i>she watched with a mixture of wonder and amazement she held her breath with wonder and delight a place of magic, mystery, and wonder my children give me a sense of wonder</i>	Adjective: wonderful
zone	Noun	/zəʊn/	ζώνη	a zone is an area where particular activities happen or are allowed		<i>they're going to turn the High Street into a pedestrian zone an industrial zone (where there are a lot of factories) many civilians were trying to escape the war zone</i>	

pp 60-61	POS	Pronunciation		Definition	Collocates	Examples	Word family
balance	Noun	/ˈbæləns/	ισορροπία	if there is a balance between two things, there is not too much of either of them and they exist together very well	strike a balance	<i>do you have a good balance between work and relaxation? it can be hard to find the right balance between work and leisure I'm trying to strike a balance between explaining what I feel and listening to others</i>	Verb: balance Adjective: balanced
competitive	Adjective	/kəmˈpetətɪv/	ανταγωνιστικός	if an activity is competitive , everyone doing it is trying hard to do better and be more successful than everyone else		<i>an enjoyable and competitive match between Arsenal and Spurs advertising is a highly competitive industry a very competitive market the mobile phone business is very competitive</i>	Verb: compete Noun: competition
cultivate	Verb	/ˈkʌltɪveɪt/	καλλιεργώ	if someone cultivates plants, they prepare the land and grow plants on it in a methodical way, especially for food		<i>rice and other crops are cultivated in the valleys for centuries these farmers have cultivated this land with amazing skill coffee is cultivated commercially on five continents</i>	Noun: cultivation
decent	Adjective	/ˈdiːs(ə)nt/	αξιοπρεπής, ικανοποιητικός, της προκοπής	something that is decent is of a reasonable or acceptable quality		<i>she had to move to the city to find a decent job are there any decent schools near here? you can get a pretty decent meal there I think the carpenter did a decent job of those bookshelves</i>	
demonstrator	Noun	/ˈdɛmənˌstreɪtə(r)/	διαδηλωτής	demonstrators are people who go onto the streets in large numbers to protest about something		<i>demonstrators marched from Trafalgar Square to Parliament police arrested over 100 demonstrators twelve demonstrators were injured during the protest demonstrators set fire to the American flag</i>	Verb: demonstrate
exotic	Adjective	/ɪgˈzɒtɪk/	εξωτικός	somewhere that is exotic is far away and very different from the place where you live, and seems to be very interesting and exciting		<i>she loves going on holiday to exotic places it was so exotic, sailing through the South Pacific islands they shot the film in several exotic locations I don't think you can call Huddersfield exotic</i>	
fertile	Adjective	/ˈfɜː(r)tʌɪl/	γόνιμος, εύφορος	land that is fertile is very good for growing things in because the soil is very good quality		<i>the land here is incredibly fertile the fertile regions of Ukraine these herbs don't need very fertile soil fertile farm land</i>	Noun: fertility
green	Adjective	/griːn/	πράσινος	you use green to refer to things or places that are natural and good for the environment, and not spoiled by things humans have done or made, such as cars, buildings, etc		<i>there aren't enough green spaces in the city it's a really green city, with lots of parks and gardens the company is trying to be more green (trying to help the environment) a discussion about green issues I'm a member of the Green Party</i>	

hectic	Adjective	/ˈhektɪk/	πυρετώδης	if things are hectic , you are very busy and have to deal with lots of different things very quickly	a hectic lifestyle at a hectic pace a hectic day/week/month	<i>she leads a really hectic life life continues at a hectic pace on the farm high-stress jobs and hectic lifestyles another hectic day at the office work has been hectic for months this week has been pretty hectic</i>	Adverb: <i>hectically</i>
knowledgeable	Adjective	/ˈnɒlɪdʒəb(ə)l/	γνώστης, ενημερωμένος	someone who is knowledgeable knows quite a lot about something, or quite a lot about a number of different things	knowledgeable about something	<i>our guide spoke good English and was very knowledgeable she became quite knowledgeable about Egyptian history he was a knowledgeable and thoughtful politician a highly knowledgeable expert</i>	Noun: <i>knowledge</i> Verb: <i>know</i>
literate	Adjective	/ˈlɪt(ə)rət/	μορφωμένος, εγγράμματος	someone who is literate can read and write	highly literate	<i>most of the population is highly literate over 90% of the population is literate in 1600, very few ordinary people were literate an influential and literate middle class</i>	Noun: <i>literacy</i> Opposite – Adjective: <i>illiterate</i>
peaceful	Adjective	/ˈpiːsf(ə)l/	γαλήνιος, ήσυχος, ειρηνικός	somewhere that is peaceful is pleasantly quiet and does not have any lively activity going on		<i>I found a peaceful spot to sit and eat my sandwiches a peaceful village on the Norfolk coast it feels very peaceful here after a week spent in London</i>	Adverb: <i>peacefully</i> Noun: <i>peacefulness</i> Noun: <i>peace</i>
quality of life	Noun uncount	/ˈkwɒlɪti ˈæv ˈlaɪf/	ποιότητα ζωής	your quality of life is how much you are able to enjoy it and stay healthy		<i>we have a good quality of life here in Skye she earned a lot of money, but her quality of life was not good we moved out of London to get a better quality of life</i>	
reform	Noun	/rɪˈfɔː(r)m/	μεταρρύθμιση	a reform is a change to an existing law, system, or institution		<i>the reforms introduced last year have brought about a recovery in the economy the reforms came too late educational reform was an important topic during the election the last major tax reform was in 1986 the process of carrying out the reforms took several years</i>	Verb: <i>reform</i> Noun: <i>reformer</i>
remarkable	Adjective	/rɪˈmɑː(r)kəb(ə)l/	αξιοσημείωτος, αξιόλογος	something or someone that is remarkable is unusual in a way which makes people surprised or impressed	truly/quite remarkable	<i>Kerala is a remarkable place we met some truly remarkable people a remarkable journey she made a remarkable recovery it's a remarkable achievement the show was a remarkable success</i>	Adverb: <i>remarkably</i>
strike	Noun	/straɪk/	απεργία	if there is a strike , people refuse to work because they want their employer to make changes, such as increase their pay or improve their conditions	go/be on strike come out on strike	<i>we're thinking of going on strike if they don't agree to our demands a strike over pay and working conditions a strike for better pay 200 workers have come out on strike more people have now joined the strike there are often strikes on the buses we were on strike for three weeks</i>	Verb: <i>strike</i> Noun: <i>striker</i>
tolerant	Adjective	/ˈtɒlərənt/	ανεκτικός	if you are tolerant , you accept other people's right to have opinions and beliefs that are different from your own		<i>the people here are very tolerant of the different groups in society a tolerant and open-minded father we're an open and tolerant society</i>	Noun: <i>tolerance</i> Noun: <i>toleration</i> Verb: <i>tolerate</i> Adjective: <i>tolerable</i> Adverb: <i>tolerably</i> Opposites – Noun: <i>intolerance</i> Adjective: <i>intolerant</i> Adjective: <i>intolerable</i> Adverb: <i>intolerably</i>
tranquil	Adjective	/ˈtræŋkwɪl/	γαλήνιος, ήρεμος	somewhere that is tranquil is very quiet and peaceful		<i>the tranquil atmosphere of the church a colourful, tranquil flower garden his tranquil life was about to change for ever a tranquil residential area not far from the sea</i>	Noun: <i>tranquillity</i>
wealthy	Adjective	/ˈwelθi/	πλούσιος	someone who is wealthy has a lot of money or owns a lot of property. A place that is wealthy has a lot of wealthy people living in it		<i>he had married a wealthy businesswoman you'll need to work hard if you want to become wealthy she was born in a wealthy suburb of Paris his wife was from a wealthy family</i>	Noun: <i>the wealthy</i> Noun: <i>wealth</i> Opposite – Adjective: <i>poor</i>
well-off	Adjective	/wel ɒf/	εύπορος, ευκατάστατος	someone who is well-off has enough money to be able to live comfortably, even though they might not be very rich		<i>most of the people round here are reasonably well-off she's a doctor, and comes from a well-off family we were well-off enough to have two cars and two foreign holidays a year you could hardly describe him as well-off</i>	

pp 62-63	POS	Pronunciation		Definition	Collocates	Examples	Word family
adaptable	Adjective	/əˈdæptəb(ə)l/	προσαρμόσιμος	someone or something that is adaptable can change when necessary in order to succeed at something		<i>these plants are highly adaptable to most environments the recipe is very adaptable; for example you could use carrot instead of celery you need to hire someone who is more adaptable</i>	Verb: <i>adapt</i> Noun: <i>adaptation</i>
adolescence	Noun uncount	/ˌædəˈles(ə)ns/	εφηβεία	adolescence is the period of time in your life when you start to change physically, and when you start to change from being a child to being an adult		<i>many smokers began the habit in their adolescence she had a very ordinary childhood and adolescence adolescence can be a very confusing time of life once he reached adolescence, his parents could no longer control him</i>	Noun: <i>adolescent</i>
fall apart	Phrasal verb	/fɔːl əˈpɑːt/	καταρρέω, διαλύομαι	if something falls apart , it breaks into pieces because it is old or not well made		<i>my shoes are falling apart an old book that was falling apart the suitcase just fell apart while I was packing it the shed fell apart as soon as we tried to move it</i>	
fall behind	Phrasal verb	/fɔːl bɪˈhænd/	μένω πίσω	if you fall behind , you do not make as much progress as you should in a particular job or activity	fall behind with something	<i>after a week off school, I fell behind with my maths if you don't make more effort, you'll fall behind the others don't fall behind with your project work several students fell behind during the winter and never caught up</i>	
fall for	Phrasal verb	/fɔːl fɔː/	ερωτεύομαι, δαγκώνω τη λαμαρίνα, την πατάω	if you fall for someone, you fall in love with them		<i>she fell for him straight away we had already fallen for each other before we left school I couldn't fall for someone who watches football all the time</i>	

fall out	Phrasal verb	/fɔ:l aʊt/	τσακώνομαι, μαλώνω	if you fall out with someone, you have an argument with them and you both stop being friends or talking to each other	fall out with someone fall out over something	<i>we fell out over a girl look – I don't want to fall out with you about this have those two fallen out or something?</i>	Noun: <i>falling out</i>
fall through	Phrasal verb	/fɔ:l θru:z/	αποτυγχάνω	if an arrangement, plan, or agreement falls through , it doesn't happen because something goes wrong or because someone decides they do not want to be involved		<i>I couldn't find my tent, so the camping trip fell through the house sale fell through because our buyer couldn't raise the money the plan fell through because of objections by local residents the proposal fell through after a couple of weeks</i>	
infancy	Noun uncount	/ˈɪnfənsi/	βρεφική/νηπιακή ηλικία	your infancy was the period of time in your life when you were an infant – a baby or very young child		<i>his brother died in infancy during his infancy they lived in Wolverhampton throughout infancy and childhood, a personality develops she showed an interest in music, even in early infancy</i>	Noun: <i>infant</i>
novelty	Noun uncount	/ˈnɒv(ə)lti/	φρεσκάδα, η ιδιότητα του καινούργιου	novelty is the quality of being new and still being interesting	be (something of) a novelty the novelty wears off	<i>having a gas cooker was still something of a novelty after two weeks, the novelty of my new job wore off (it became less interesting because I had become familiar with it) I enjoyed the novelty of being married</i>	Adjective: <i>novel</i>
peer	Noun	/piə(r)/	ομότιμος, συνάδελφος	your peers are people who are the same as you in terms of education, age, and status	peer pressure	<i>engineers in the UK are not as well paid as their peers in France he started smoking because of peer pressure (because he wanted to be like the other people he was friends with and who smoked) by the age of 13 she was noticeably taller than most of her peers</i>	
seek	Verb	/si:k/	ψάχνω, αναζητώ, επιδιώκω	if you seek something, you try very hard to find it or get it		<i>sensation-seeking teenagers if you still feel ill after a week, then seek medical advice police are still seeking a third suspect you should seek another opinion before agreeing to have the operation</i>	Noun: <i>seeker</i>
spur of the moment	Noun singular	/spɜ:r ɒv ðə 'mɔ:mənt/	αυθόρμητα, παρόρμηση της στιγμής	if you do something on the spur of the moment , you suddenly decide to do it without having planned it or thought about doing it before	on the spur of the moment	<i>on the spur of the moment, I decided to book a holiday to Tunisia it was a spur of the moment decision I usually do my clothes shopping on the spur of the moment</i>	
stair rail	Noun	/steə reɪl/	κουπαστή σκάλας	a stair rail is the top part of a banister (a thing like a wall at the side of steps that you can hold on to and that stops you falling over the side)		<i>he tried skateboarding down the stair rail a wooden stair rail the stair rail was broken</i>	
stereotypical	Adjective	/ˌsteriəˈtɪpɪk(ə)l/	στερεότυπος	something that is stereotypical is thought to be typical of a particular person, place, or thing, especially when this belief is unfair or untrue		<i>she spoke with a stereotypical Liverpool accent a stereotypical businessman with briefcase and umbrella a stereotypical adolescent, staring forever at his phone</i>	Noun: <i>stereotype</i> Adverb: <i>stereotypically</i> Verb: <i>stereotype</i>
toddler	Noun	/ˈtɒdlə(r)/	νήπιο	if small children toddle somewhere, they walk there in a rather unsteady way taking short steps. Young children who are just starting to walk are called toddlers because of the unsteady way in which they walk		<i>when Jake was a toddler, I did the childcare most days I sat down on the bus opposite a young man and his toddler son I go to a mother and toddler group on Tuesday mornings these toys have been designed by parents for toddlers and young kids</i>	Verb: <i>toddle</i>
vital	Adjective	/ˈvaɪt(ə)l/	ζωτικής σημασίας, κρίσιμος	something that is vital is very important and is needed in order for something to work properly and be successful	vital that vital to something be vital to do something	<i>it's vital that we help each other effective communication is vital to all businesses it's vital to keep the equipment clean these are vital work skills the captain of a cricket team plays a vital role this is another vital area of research</i>	Adverb: <i>vitality</i>
willingness	Noun uncount	/ˈwɪlɪŋnəs/	προθυμία, θέληση	willingness is being ready and prepared to do something without complaining or objecting to it	willingness to do something	<i>his willingness to help was appreciated they showed a willingness to take risks willingness to learn is very important a good language learner demonstrates a willingness to practise and use the language in real communication.</i>	Adjective: <i>willing</i> Adverb: <i>willingly</i> Opposites: Noun: <i>unwillingness</i> Adjective: <i>unwilling</i> Adverb: <i>unwillingly</i>

pp 64-65	POS	Pronunciation		Definition	Collocates	Examples	Word family
as a result	Phrase	/æz ə rɪˈzʌlt/	ως αποτέλεσμα, ως εκ τούτου	you use as a result to say what happens or what a situation is after you have mentioned a cause or reason for it	as a result of something	<i>he fell ill and, as a result, lost his job she was very shy, and as a result very lonely one person was injured as a result of flying glass</i>	
concentrated	Adjective	/ˈkɒns(ə)nˌtreɪtɪd/	συγκεντρωμένος, εστιασμένος	if something is concentrated , there is a lot of it in a very small area or in a very short time		<i>the problems are more concentrated in the city a concentrated burst of gunfire the industry became concentrated in three major regions</i>	Verb: <i>concentrate</i>
disturbance	Noun	/dɪˈstɜ:(r)bəns/	διατάραξη, αναταραχή, φασαρία	a disturbance is something annoying and unpleasant that happens which spoils the peace and quiet of a place	cause a disturbance	<i>we'll try not to cause too much disturbance during the building work there were complaints about noise disturbance from the park police arrived following reports of a disturbance in the town centre we've had no more disturbances since the neighbours moved out</i>	Verb: <i>disturb</i>
emergence	Noun uncount	/ɪˈmɜ:(r)dʒ(ə)ns/	εμφάνιση	the emergence of something is when it first comes into existence	the emergence of something	<i>the 1960s saw the emergence of new political organisations the emergence of digital learning has transformed higher education the sudden emergence of new technologies in the music industry we have seen the emergence of what are called megacities</i>	Verb: <i>emerge</i> Adjective: <i>emerging</i>
exaggeration	Noun	/ɪgˌzædʒəˈreɪʃ(ə)n/	υπερβολή	an exaggeration is a statement that claims something is bigger, better or more extreme than it really is	a gross/slight exaggeration	<i>OK, I admit, that was a slight exaggeration to describe it as a failure is a gross exaggeration it was a ridiculous exaggeration, and no one believed him the report was full of exaggeration and lies</i>	Verb: <i>exaggerate</i>
factor	Noun	/ˈfæktə(r)/	παράγοντας	a factor is one of several things that have to be considered when discussing a particular problem or situation		<i>what factors are important for a good quality of life? factors such as smoking and bad diet can lead to heart attacks this is only one of many factors involved even the environment and pollution can be factors</i>	

in addition	Phrase	/ɪn əˈdɪʃ(ə)n/	επιπλέον	you use in addition when adding extra information to what you have just said	in addition to something	<i>in addition, around one million birds a year are killed by plastic pollution this will bring your temperature down and in addition it will help you sleep better in addition, they can provide jobs and a more interesting life this payment will be made in addition to your normal salary</i>
on the other hand	Phrase	/ɒn ðɪ ˈlðə hænd/	αφετέρου, από την άλλη πλευρά	you use on the other hand to introduce a fact that is different from what you have been saying but that is just as important		<i>on the other hand, LED lights are more expensive I'd like to visit Florence, but on the other hand I need to save money to buy a car his TV was very old, but his computer, on the other hand, was very new</i>
outweigh	Verb	/ˌaʊtˈweɪ/	υπερτερώνω, υπερέρχω	if one consideration outweighs another, it is considered to be more important or useful than the other thing	far outweigh something outweigh the benefits/advantages/disadvantages	<i>I think the negatives far outweigh the positives it seems these fears are outweighed by real concern about rising food costs but the possible gains outweigh any risks that might be made the needs of the group outweigh the needs of the individual the benefits of quitting smoking outweigh the disadvantage of weight gain</i>
ramp	Noun	/ræmp/	ράμπα, κεκλιμένο επίπεδο	a ramp is a slope between two level pieces of land		<i>they built a ramp outside the library so people in wheelchairs could get in a skateboard ramp</i>
spoil	Verb	/spɔɪl/	χαλάω	to spoil something means to do something that stops it being good, pleasant, or enjoyable		<i>I don't want to spoil their fun, but I think they should have to stop before midnight Jen's parents were there the whole time which completely spoiled the party my new shoes got spoiled in the rain</i>

pp 66-67	POS	Pronunciation		Definition	Collocates	Examples	Word family
barrier	Noun	/ˈbæriə(r)/	εμπόδιο, φράγμα	a barrier is a physical object or area that makes it difficult to get from one side of a place to another		<i>the English Channel served as an effective barrier during World War II the police put a metal barrier at the entrance to the square the river has always been a barrier separating the two halves of the city the car crashed into a concrete barrier</i>	
consortium	Noun	/kənˈsɔː(r)tiəm/	κοινοπραξία	a consortium is a group of separate companies who come together to work on a single very large project		<i>the consortium consists of 22 companies from 12 different countries a consortium of three Sydney businesses the plane was built by consortium partners from all over Europe a British-based consortium bought the site for redevelopment</i>	
converge	Verb	/kənˈvɜː(r)dʒ/	συγκλίνω, συμπίπτω, ενώνομαι	if two or more things converge , they come together and join at a particular point		<i>the rivers converge just north of the city three roads converge on the town you can take either path as they converge after another half a mile</i>	
dangle	Verb	/ˈdæŋg(ə)l/	αιωρούμαι, κρέμομαι	something that is dangling is hanging in the air quite loosely		<i>a single electric bulb dangled from the ceiling his tie was dangling in the soup I could see the phone wire dangling outside the window the bridge dangles from 160 cables</i>	
from scratch	Phrase	/frɒm skrætʃ/	από την αρχή, από το μηδέν	if you do something from scratch , you do it without using anything that had been used or prepared before		<i>they had to build the whole from scratch you'll just have to start again from scratch the station was rebuilt from scratch in 1968 I've never made a cake from scratch before</i>	
frustrating	Adjective	/ˈfrʌstreɪtɪŋ/	εκνευριστικός, απογοητευτικός, κουραστικός	something that is frustrating is very annoying because it stops you from doing what you want to do		<i>having to wait so long is incredibly frustrating this has been an extremely frustrating experience we spent a frustrating three hours at the embassy waiting to see someone it's incredibly frustrating having to stay indoors and revise when the weather is so good outside</i>	Noun: frustration Verb: frustrate
metropolis	Noun	/ˈmɜː(r)dʒ(ə)ns/	μητρόπολη	a metropolis is a very large city with a a lot of exciting and interesting activity going on in it		<i>there are numerous museums throughout the metropolis Tokyo is a lively metropolis after ten years in the metropolis, village life felt very slow and dull</i>	
obstruct	Verb	/əbˈstrʌkt/	εμποδίζω	if something obstructs you, or obstructs your view, it is in your way and making it difficult to move past it or see past it		<i>the new building completely obstructs our view of the park please do not obstruct this doorway do not stop on the trail and obstruct the traffic the trees were obstructing the traffic light</i>	Noun: obstruction
setback	Noun	/ˈsetˌbæk/	κώλυμα, εμπόδιο, αναποδιά	a setback is a sudden problem that temporarily stops you making progress in what you are trying to achieve	suffer a setback overcome a setback	<i>hopefully this is just a setback rather than an end to his career prospects I wouldn't say it's a disaster – just a slight setback her preparations for the World Cup suffered a serious setback when she broke her leg in training within days she had overcome this setback and astonished doctors with the speed of her recovery</i>	Phrasal verb: set back
shoreline	Noun	/ˈʃɔː(r)laɪn/	ακτογραμμή	the shoreline is the land next to the sea or a river, where the water and land come together		<i>the airport is situated right by the shoreline the resort has 12 miles of shoreline the railway line ran parallel with the shoreline which US state has the longest ocean shoreline?</i>	
soar	Verb	/sɔː(r)/	υψώνομαι, ίπταμαι	if something soars , it is impressively tall or high up in the air		<i>the Burj Khalifa soars over Dubai a city of soaring skyscrapers eagles soared high above us</i>	
strait	Noun	/streɪt/	πορθμός, στενό	a strait is a narrow strip of water between two larger areas of water		<i>there's a strong current in the strait car ferries cross the strait three times a day several bridges cross the strait</i>	
unleash	Verb	/ʌnˈliːʃ/	εξαπολύω, αμολάω	if you unleash something strong or powerful, you take away any control over it so that it can operate freely without interference		<i>they threatened to unleash a new wave of terrorism the speech unleashed a political storm news of the murder unleashed protests across the capital</i>	

p 68	POS	Pronunciation		Definition	Collocates	Examples	Word family
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drawback	Noun	/ˈdrɔː.bæk/	μειονέκτημα, αρνητικό	a drawback is a disadvantage in a plan or course of action		<i>we want to keep a balance between benefits and drawbacks one obvious drawback was that the battery had a very short life the only drawback was that the screen was too small the weight of the equipment was a serious drawback</i>	
fund	Verb	/fʌnd/	χρηματοδοτώ	if someone funds something, they provide the money that is needed to pay for it		<i>the government should fund more research the project was funded by a major oil company the latest study was funded by Goethe University we're looking for someone to fund an expedition to the South Pole</i>	Noun: <i>funding</i>
impact	Noun	/ˈɪmpækt/	επίπτωση	the impact of something is the strong effect it has on a situation	a major/enormous/significant impact a negative/serious/disastrous impact have an impact an impact on something	<i>the campaign had little impact on the way people voted it seemed important, but it had a relatively small impact exercise can reduce the impact of the disease cleaning the water supply will have a significant impact on public health unemployment is known to have a negative impact on health</i>	Verb: <i>impact</i>
plant	Noun	/plɑːnt/	μονάδα	a plant is a large industrial site such as a factory or power station		<i>the plant has helped Laos to become energy independent the biggest car plant in Europe they have eight manufacturing plants across the country his first job was at an aircraft assembly plant</i>	
resettle	Verb	/ˌriːˈset(ə)l/	επανεγκαθίσταμαι	when people are resettled , they are provided with a new home after they have been forced to leave the place where they used to live because of war, natural disaster, etc.		<i>thousands of people had to be resettled after the war 52,000 families had been resettled by the end of last year we need to do more to help resettle these people Sweden accepted 18,000 and Australia resettled a further 6,000</i>	

Unit 6 p 69	POS	Pronunciation		Definition	Collocates	Examples	Word family
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airline	Noun	/ˈeə(r),laɪn/	αεροπορική εταιρεία	an airline is a company that makes regular plane flights carrying passengers from one place to another		<i>a low-cost airline (that charges only a small amount of money) an airline pilot the airline flies to 87 different airports across Europe and Asia how many airlines operate out of Heathrow?</i>	
cable car	Noun	/ˈkeɪbl kɑː/	τελεφερίκ	a cable car is a small vehicle that hangs from wires overhead and is used for carrying people up mountains, for example when they want to go skiing		<i>it takes ten minutes to get to the top in a cable car there's been a cable car here since the 1950s we had to wait 20 minutes for a cable car</i>	
day off	Noun	/deɪ ɒf/	ρεπό	a day off is a working day or a school day when you are allowed not to go to work or school		<i>they let me take the day off on Friday how many days off do you get a year? I always have a day off on my birthday enjoy your day off tomorrow!</i>	
downside	Noun	/ˈdaʊn.saɪd/	ελάττωμα, μειονέκτημα	a downside is a disadvantage that exists in a situation that is otherwise very good		<i>the only downside is that it's not cheap the other downside is that you have to get up at five in the morning you need to think about possible downsides you have to pay three months in advance, and that's a big downside</i>	
dramatic	Adjective	/drəˈmætɪk/	επεισοδιακός, έντονος, θεατρικός	if something is dramatic , it is quite exciting and impressive		<i>a dramatic painting of the Battle of Trafalgar Cumbria is famous for its dramatic scenery the story ended in a highly dramatic fashion the whole experience was quite dramatic</i>	Adverb: <i>dramatically</i> Noun: <i>drama</i>
self-catering	Adjective	/selfˈkeɪtərɪŋ/	αυτόνομος	self-catering houses, flats, accommodation etc are places where you can stay for a while and where you can cook and eat your own food instead of having to use restaurants or cafes		<i>we rented a self-catering cottage for a week in North Wales a self-catering holiday all our cottages are self-catering</i>	

pp 70-71	POS	Pronunciation		Definition	Collocates	Examples	Word family
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anything goes	Phrase	/ˈeniθɪŋ ɡəʊz/	όλα επιτρέπονται	you say anything goes to refer to a situation where there are no strict rules and where people can do whatever they want to do		<i>it's a school where anything goes they're very casual and relaxed there – anything goes I asked about what I should wear and they said anything goes</i>	
barbecue	Noun	/ˈbɑː(r)bɪ.kjuː/	μπάρμπεκιου, ψητός στα κάρβουνα	a barbecue is a meal cooked outdoors, for example in someone's garden or on the beach, often as a social occasion		<i>we've been invited to a barbecue tomorrow night there were over thirty guests at the barbecue the garden has a barbecue area away from the house I hope it doesn't rain for the barbecue</i>	Verb: <i>barbecue</i> Noun: <i>barbecue</i>
delay	Noun	/dɪˈleɪ/	καθυστέρηση	if there is a delay , something is not going to happen when it is meant to but will happen at a later time	a long/short/brief delay a delay of something without delay	<i>there were long traffic delays because of the accident after a brief delay, the concert continued there will be a delay of about half an hour you must leave the country without delay (immediately)</i>	Verb: <i>delay</i>
hiking	Noun uncount	/ˈhaɪkɪŋ/	πεζοπορία	if you go hiking , you walk a long distance in the country for pleasure		<i>we went hiking in the mountains in Scotland my hobbies are hiking and playing the piano a hiking holiday</i>	Verb: <i>hike</i> Noun: <i>hiker</i>
itinerary	Noun	/aɪˈtɪnərəri/	πρόγραμμα, δρομολόγιο	an itinerary is a list of all the places that you will go to and activities you will do on a journey		<i>a busy itinerary have you seen the itinerary for tomorrow? you can see the itinerary on their web page I'm afraid the museum is not on the itinerary</i>	
put off	Phrasal verb	/pʊt ɒf/	αποτρέπω, απωθώ, αποθαρρύνω	if something puts you off something, it makes you dislike it or not want to do it	put someone off doing something	<i>don't be put off by the cost – I can lend you some money if we punish these two it might put the others off I felt so sick afterwards that it put me off smoking for life the smell from the kitchen put me off eating there don't let that one bad experience put you off golf</i>	
rafting	Noun uncount	/ˈrɑːftɪŋ/	ράφτινγκ	rafting is the activity of sailing down a river on a raft (a platform that floats, made from pieces of wood or other material that are tied together)		<i>I love rafting on the Zambezi I was too scared to try white-water rafting (rafting down a very fast flowing river) we spent the afternoon river rafting</i>	Noun: <i>raft</i>

Segway	Noun	/seg weɪ/	Segway, ηλεκτρικό πατίνι	a Segway is a short platform for your feet with a wheel underneath at each end and a central upright post to hold on to, that has a motor and that you can ride		<i>riding a Segway is easier than it looks we rented Segways for the afternoon how much does a new Segway cost?</i>	
snorkelling	Noun uncount	/ˈsnɔːkəlɪŋ/	κατάδυση με αναπνευστήρα	snorkelling is the activity of swimming just below the surface of the water, using a pipe that sticks out above the water so that you can breathe in air		<i>it's a popular spot for snorkelling we tried rafting, windsurfing, and snorkelling guests can enjoy snorkelling in the clear, warm water</i>	Verb: <i>snorkel</i> Noun: <i>snorkel</i>
soap opera	Noun	/səʊp ˈɒpərə/	σαπουνόπερα	a soap opera is a TV show that is on several times a week, telling a story about the same group of people		<i>Coronation Street is Britain's longest-running soap opera we never watched soap operas at home when I was growing up do you like soap operas? I'm sure I've seen her in a soap opera</i>	
thrill	Noun	/θrɪl/	έξαψη	a thrill is a feeling of great excitement or fear that you get, for example when doing something different or dangerous	experience/feel a thrill a thrill of something	<i>the thrill of white-water rafting Harry felt a thrill of excitement when he saw the mountain experience the thrill of flying your own plane seeing Niagara Falls was the biggest thrill of the holiday</i>	Verb: <i>thrill</i> Adjective: <i>thrilling</i> Adjective: <i>thrilled</i>

pp 72-73	POS	Pronunciation		Definition	Collocates	Examples	Word family
boarding pass	Noun	/ˈbɔːdɪŋ pɑːs/	κάρτα επιβίβασης	to board a plane or ship means to get on it. A boarding pass is the piece of paper or the screenshot on your phone that you show as you get on to prove that you should be allowed on		<i>you should print your boarding pass at home before you set off for the airport I dropped my boarding pass when we went through the security checks the boarding pass has your seat number on it they insisted on seeing my boarding pass before letting me on the plane</i>	Verb: <i>board</i>
bush walk	Noun	/bʊʃ wɔːk /	βόλτα στην ύπαιθρο, περίπατος	the bush is the wild areas in Australia or some countries in Africa. A bush walk is when someone goes on foot into one of these areas, for pleasure or to explore it and learn about it		<i>we went for a ten-hour bush walk a guided bush walk an early evening bush walk along an elephant path</i>	
chef	Noun	/ʃef/	μάγειρας, σεφ	a chef is someone who works in the kitchen of a restaurant or hotel and prepares the food		<i>he's the head chef in a big London hotel chefs have to work very long hours her ambition is to become a chef</i>	
crop	Noun	/krɒp/	σοδειά, καλλιέργεια	a crop is a plant such as wheat or corn that is grown by farmers in order to sell it		<i>a frost can destroy the crop they grow a variety of crops a staple crop (that provides most of someone's food) a cash crop (that someone grows to sell) they grew crops in large open fields rice is the princPronunciation! crop cultivated here</i>	
disabled	Adjective	/ˈdɪsˈeɪb(ə)ld/	ανάπηρος, με αναπηρία	someone who is disabled cannot use all their body completely or easily because of illness, injury etc.		<i>you have to overcome many barriers when you're disabled he's been disabled since birth a car crash left him disabled at the age of 17 the cinema has disabled access (there are no steps and people in wheelchairs can get in easily) a summer camp for disabled children</i>	Noun: <i>disability</i>
fill out	Phrasal verb	/fɪl aʊt/	συμπληρώνω	if you fill out a form, you write information in spaces on a piece of paper or on a computer screen, for example your name, address, credit card number, etc		<i>please fill out this form and return it to the hospital I had to fill out a lot of forms to get my new passport fill out our fast, online application there's five pages of questions, but it's quite easy to fill out</i>	
gap year	Noun	/gæp jɪə/	διάλειμμα ενός χρόνου από τις σπουδές	a gap year is a year between finishing school and starting university, when some people do not study but work or travel in order to earn some money or have interesting experiences	take/have a gap year	<i>she spent a gap year travelling across Asia and Australia taking a gap year was the best thing I did at the interview, they'll ask you why you want to have a gap year Mark is working in Mumbai during his gap year</i>	
host	Noun	/həʊst/	οικοδεσπότης	your host is the person whose home you are staying in, or the person who has invited you to an event such as a party		<i>we need to take a present for our host our host welcomed us at the door I spent six months living with a host family in Rome</i>	Verb: <i>host</i>
lotion	Noun	/ˈləʊʃ(ə)n/	λοσιόν	lotion is a thick liquid. Suntan lotion is a thick liquid that you put on your skin to stop yourself getting burnt when you are out in the sun		<i>don't forget to pack your suntan lotion apply the lotion before you go outside do not spread the lotion near your eyes a bottle of hand lotion</i>	
monastery	Noun	/ˈmɒnəst(ə)ri/	μοναστήρι, μονή	a monastery is a building or set of buildings where monks (Christian men who live apart from other people) live and work		<i>they've been restoring a 300-year-old monastery the most important monastery in Italy he spent the next ten years of his life in a monastery the monastery was built in 1608</i>	
restore	Verb	/rɪˈstɔː(r)/	επαναφέρω, αποκαθιστώ	if you restore something that was very old, broken, or not working properly, you repair it so that it is as good as it was when it was new		<i>they've been restoring the old palace for years they restored the old mosque to its original condition the church has been beautifully restored he spends his weekends restoring old cars</i>	Noun: <i>restoration</i>
rewarding	Adjective	/rɪˈwɔː(r)dɪŋ/	προσφέρω ικανοποίηση, ανταμοιβή	an activity that is rewarding is good because you get pleasure or some benefit from it	hugely/richly rewarding a rewarding hobby/pastime a rewarding experience	<i>the journey was a hugely rewarding experience it's a very rewarding job it's financially rewarding emotionally rewarding</i>	Verb: <i>reward</i> Noun: <i>reward</i>
site	Noun	/saɪt/	τοποθεσία, χώρος	a site is a place where something is or where something happens	a building site	<i>it's on the site of a much older church a building site (where building work is going on) an ancient burial site a landfill site (for burying rubbish in the ground) the most visited archaeological site in Mexico the power station occupies a 24 hectare site</i>	Verb: <i>site</i>
trail	Noun	/treɪl/	μονοπάτι	a trail is a path that that goes through countryside		<i>we walked the trail from Winchester to Eastbourne you can see the trail on the map here follow the trail for another three miles, then you'll see the youth hostel on your right</i>	
upcoming	Adjective	/ˈʌp kɪmɪŋ/	επερχόμενος	an upcoming event is going to happen fairly soon		<i>dates of upcoming courses can be found on our website we're busy with the arrangements for our upcoming wedding check on their upcoming concerts on their Facebook page</i>	Phrasal verb: <i>come up</i>
vaccination	Noun	/ˌvæksɪˈneɪʃ(ə)n/	εμβολιασμός	a vaccination is a medical injection of a substance into your body that is intended to prevent you catching a particular disease		<i>I had to have several vaccinations before I went to Malawi some parents are still refusing vaccination for their children doctors recommend that people receive annual influenza vaccinations</i>	Verb: <i>vaccinate</i> Noun: <i>vaccine</i>

valid	Adjective	/ˈvælɪd/	έγκυρος, σε ισχύ	an official document that is valid is still acceptable because it has not yet reached the date when it expires (stops being acceptable)	<i>my passport is valid for another three years if your passport is no longer valid, you'll have to get a new one before you go to Finland is your driving licence still valid?</i>		
wildlife reserve	Noun	/ˈwaɪldlaɪf rɪˈzɜːv/	καταφύγιο άγριων ζώων	a wildlife reserve is a large area of land where wild animals are protected	<i>I spent a year working in a wildlife reserve in West Africa we saw a lot of elephants in the wildlife reserve explore the wildlife reserve from the comfort of a Jeep</i>		
pp 74-75	POS	Pronunciation		Definition	Collocates	Examples	Word family
badly-behaved	Adjective	/ˈbædli biˈheɪvd/	ανάγωγος, κακομαθημένος, με κακή συμπεριφορά	if someone is badly-behaved , they are rude or do annoying things		<i>my niece is an incredibly badly-behaved little girl badly-behaved pupils will be reported to the headteacher</i>	
balcony	Noun	/ˈbælkəni/	μπαλκόνι	a balcony is a platform outside a window upstairs where you can sit or stand		<i>I stood on the balcony watching the traffic we keep pots of flowers on the balcony our hotel room had a lovely large balcony I have a balcony where I can hang the washing</i>	
blank	Adjective	/blæŋk/	κενός, άδειος, που έχει κολλήσει	if your mind is blank or goes blank , you suddenly cannot think properly and cannot remember something that is actually quite obvious		<i>she asked me how to say "I love you" in Russian and my mind just went blank she looked up confidently, then suddenly her mind went blank for a moment my mind was blank, then it all came back to me</i>	
change your mind	Phrase	/tʃeɪndʒ jɔː maɪnd/	αλλάζω γνώμη	if you change your mind , you make a different decision from one that you have already made		<i>I was going to go out this evening, but then I changed my mind if you change your mind, ring me and I'll come and pick you up it's too late to change your mind now, you've already accepted the invitation</i>	
chest of drawers	Noun	/tʃest ɒv drɔːz/	συρταριέρα	a chest of drawers is a piece of furniture with several drawers (containers) that you can pull out and push back in, used for storing clothes, sheets, etc		<i>there's a wardrobe and a chest of drawers in the bedroom we'll have to empty the chest of drawers before we move it the cat was hiding under the chest of drawers</i>	
claustrophobic	Adjective	/ˌkloːstrəˈfəʊbɪk/	κλειστοφοβικός	claustrophobia is a fear of being of being in a very small space. Someone who is claustrophobic suffers from claustrophobia. A space that is claustrophobic is very small and makes you feel very uncomfortable		<i>the rooms are small and incredibly claustrophobic my husband is claustrophobic and won't travel by plane I hope you're not claustrophobic – the car's very tiny inside the cave it was dark and claustrophobic</i>	Noun: <i>claustrophobia</i>
corridor	Noun	/ˈkɒrɪdɔː(r)/	διάδρομος	a corridor is a passage in a building with doors to rooms on one or both sides of it		<i>go down the corridor and you'll find my office on the left a corridor ran the length of the building (went from one end to the other) go up the stairs at the end of the corridor</i>	
damp	Adjective	/dæmp/	νωπός, υγρός	something that is damp is slightly wet in a unpleasant way		<i>the room was cold, damp and dark my shirt is still damp it was very damp in the cellar the carpet feels damp</i>	Noun: <i>dampness</i>
former	Adjective	/ˈfɔː(r)mə(r)/	πρώην	you use former to say what someone or something was in the past, because they are no longer the same now		<i>St Petersburg is the former capital of Russia a former police officer Rob is a former electrician who has become a successful singer the restaurant is in the former town prison</i>	Adverb: <i>formerly</i>
ghost town	Noun	/ɡəʊst taʊn/	πόλη - φάντασμα	a ghost town is a town where no one lives any more, because there are no jobs and everyone has left to go and work somewhere else		<i>within four months, it became a ghost town there used to be 3,000 people living here, but now it's a ghost town without any tourists, this place would become a ghost town</i>	
gold rush	Noun	/ɡəʊld rʌʃ/	πυρετός χρυσοθηρίας	a gold rush is a period of time when lots of people go to a particular area because they think they will be able to find gold in the ground and become rich. The first famous gold rush was in California in 1848		<i>the town was built during the first great gold rush the Australian gold rush started in 1851 he made a lot of money in the gold rush</i>	
have a lot on your mind	Phrase	/hæv ə lɒt ɒn jɔː maɪnd/	έχω πολλά στο μυαλό μου	if you have a lot on your mind , you have a lot of problems that you think about all the time		<i>I've had a lot on my mind recently, which is why I haven't been in touch don't disturb your dad this evening, he's got a lot on his mind</i>	
in two minds	Phrase	/ɪn tuː maɪndz/	είμαι αναποφάσιτος, αμφιταλαντεύομαι	if you are in two minds , you are having difficulty making a decision about something	be in two minds about something	<i>I'm in two minds about taking the job I was in two minds until the last minute she was in two minds about what to do</i>	
makeover	Noun	/ˈmeɪk ʔu:və(r)/	αλλάζω εμφάνιση, ριζική αλλαγή, ανακαίνιση	if you give something a makeover , you clean it or repair it or change it in some way to make it more attractive	give something a makeover	<i>we've given the kitchen a complete makeover the house is in need of a makeover the hotel has had a £1 million makeover</i>	
mattress	Noun	/ˈmætrəs/	στρώμα	a mattress is a soft surface on a bed that you lie on to sleep		<i>a really comfortable mattress this mattress is too soft for me we need a new mattress for the spare bed you should replace your mattress every eight years</i>	
mind you	Phrase	/maɪnd ju/	να ξέρεις, σκέψου, έχει υπ' όψιν σου	you say " mind you " when you are about to say something that explains or emphasizes what you have just said		<i>It's not a nice room. Mind you, for \$12 a night, what do you expect? yes, that's me. Mind you, the photo is twelve years old</i>	
peasant	Noun	/ˈpeɪz(ə)nt/	χωρικός, χωριάτης	in the past, a peasant was someone who worked as a farmer and did not have much money or education		<i>peasants left the countryside to look for work in the big cities her grandfather was a peasant who could not read or write life as a peasant was very hard the peasants there lived in wooden huts</i>	
period	Noun	/ˈpɪəriəd/	εποχής	period furniture, costume, cars, etc are typical of a particular time in history		<i>they filled the house with period furniture the actors all wore period costume we had to find several period cars for the film</i>	
porch	Noun	/pɔː(r)tʃ/	βεράντα	a porch is a small roof over the entrance to a house or church		<i>we took shelter from the rain under the porch the church porch dates back to the 15th century the front porch was damaged in the storm</i>	
primitive	Adjective	/ˈprɪmɪtɪv/	πρωτόγονος, ξεπερασμένος	something that is primitive is not very modern, and is uncomfortable or does not work very well		<i>conditions in the hotel were primitive a primitive washing machine their website is really primitive</i>	
prospector	Noun	/prəˈspektə(r)/	μεταλλοδότης, χρυσοθήρας	a prospector is someone who goes to an area and tries to find something valuable in the ground such as gold or diamonds		<i>the bar was full of prospectors prospectors found several oil fields in the state most of the prospectors left without finding anything</i>	Verb: <i>prospect</i>
put your mind to something	Phrase	/pʊt jɔː maɪnd tuː ˈsʌmθɪŋ/	βάζω κάτι στο μυαλό μου	if you put your mind to something, you make a determined effort to do it		<i>you'll succeed if you put your mind to it if Ken had really put his mind to it, he'd have finished by now this shows what people can achieve if they only put their mind to it</i>	

shutters	Noun plural	/ˈʃʌtəz/	παραθυρόφυλλα, παντζούρια	shutters are solid pieces of wood or metal that swing across to cover a window		<i>there were wooden shutters in the upstairs windows I've never lived in a house with shutters he got up and opened the shutters to let in the morning light</i>	
vaulted	Adjective	/ˈvoʊl.tɪd/	θολωτός	if something such as a ceiling is vaulted , it is not flat but curves upwards towards the middle then back down again		<i>the room has white walls and a high vaulted ceiling a vaulted stone arch a vaulted cellar</i>	
pp 76-77	POS	Pronunciation		Definition	Collocates	Examples	Word family
alternatively	Adverb	/ɔːlˈtɜː(r)nətɪvli/	εναλλακτικά, αλλιώς	you use alternatively when making a new or different suggestion		<i>you could take a taxi, or alternatively use the bus the document is available as a pdf, or alternatively in Microsoft Word</i>	Noun: <i>alternative</i>
compensation	Noun uncount	/ˌkɒmpənˈseɪʃ(ə)n/	αποζημίωση	compensation is money or goods that you are given because a person or organisation has done something bad to you	compensation for something in compensation as compensation demand/claim compensation award someone compensation	<i>they offered a gift as compensation she is demanding compensation for the damage to her property he was later awarded £10,000 in compensation we were given just £20 as compensation</i>	Verb: <i>compensate</i>
couch	Noun	/kaʊtʃ/	καναπές	a couch is a long, soft chair that two or more people can sit on at the same time		<i>there's a big couch in the living room they sat down on the couch we need to buy a new couch she lay on the couch for a few minutes a comfortable couch we sat on the couch watching TV</i>	
dissatisfaction	Noun uncount	/dɪsˌsætɪsˈfækʃ(ə)n/	δυσανεχία	dissatisfaction is a feeling of unhappiness and disappointment that you get because something is not acceptable	dissatisfaction with something	<i>there was widespread dissatisfaction with the proposals she wrote an email expressing her dissatisfaction with the hotel I share your dissatisfaction there was deep dissatisfaction that the police hadn't done more to prevent the violence</i>	Adjective: <i>dissatisfied</i> Opposites – Noun: <i>satisfaction</i> Adjective: <i>satisfied</i>
feel free	Phrase	/fiːl ˈfriː/	μπορείς ελεύθερα, παρακαλώ, μην διστάσεις	you say feel free to do something when telling someone that they have your permission to do it	feel free to do something	<i>feel free to call round any time feel free to send us your suggestions please feel free to pick the apples</i>	
hospitality	Noun uncount	/ˌhɒspɪˈtæləti/	φιλοξενία	hospitality is friendly and welcoming behaviour towards visitors		<i>we pride ourselves on our hospitality thanks for your warm and generous hospitality we accepted their hospitality for the night (we stayed at their house overnight)</i>	Adjective: <i>hospitable</i> Adverb: <i>hospitably</i> Opposite – Adjective: <i>inhospitable</i>
impression	Noun	/ɪmˈpreʃ(ə)n/	εντύπωση	if you get an impression about something, you get a feeling about it or form an opinion about it	get an impression (about something) give someone an impression leave someone with an impression a first/initial impression a strong impression a good/bad impression a vivid impression	<i>I got the distinct impression (the very strong impression) that we weren't welcome I don't want to give you the wrong impression it left me with the impression that she's not very happy what was your first impression of her? the painting gives a vivid impression of London in 1850</i>	
obligation	Noun	/ˌɒblɪˈgeɪʃ(ə)n/	υποχρέωση	an obligation is something that you have to do, especially as a duty	be under obligation to do something feel an obligation	<i>your only obligation is to make a room available in your own home you mustn't feel under any obligation to help out I felt an obligation to stay and wash up</i>	Adjective: <i>obliged</i>
opt	Verb	/ɒpt/	επιλέγω, διαλέγω	if you opt to do something, you decide to do that thing rather than something else. If you opt for something, you choose it from among several possibilities	opt to do something opt for something	<i>we opted to dine in the hotel restaurant several states have opted to increase taxes I opted for drama school rather than university she opted for a leather jacket and jeans</i>	Noun: <i>option</i> Adjective: <i>optional</i>
pick up	Phrasal verb	/pɪk ʌp/	πάρνω κάποιον με το αυτοκίνητο	if you pick someone up in a car, you collect them and drive them somewhere		<i>they sent a taxi to pick me up at the station I'll come and pick you up at the airport I have to pick the children up from school</i>	
pp 78-79	POS	Pronunciation		Definition	Collocates	Examples	Word family
blame	Verb	/bleɪm/	κατηγορώ	if you blame someone, you accuse them of being responsible for something bad that has happened	blame someone for something blame something on someone or something be to blame	<i>don't blame me if your life is a disaster! nobody is blaming you – it was an accident Murray blamed his defeat on a lack of concentration she blamed me for the accident he was to blame for our being late</i>	Noun: <i>blame</i> Adjective: <i>blameless</i> Adverb: <i>blamelessly</i>
catch	Verb	/kætʃ/	προλαβαίνω	if you catch someone, you succeed in seeing them to talk to before they have left somewhere and gone somewhere else		<i>I wanted to catch you before you left for the airport you'll have to hurry if you want to catch him I managed to catch her just as she was going out the door</i>	
figure out	Phrasal verb	/ˈfɪɡər aʊt/	καταλαβαίνω, βγάζω άκρη	if you figure out a problem or a situation, you think about it until you have an answer to it or an understanding of it		<i>I'm trying to figure out where you are it didn't take long to figure out that he had stolen all my money she wouldn't tell me where she'd put it, so I had to figure it out for myself</i>	
shot	Noun	/ʃɒt/	φωτογραφία, λήψη, στιγμιότυπο	a shot is a picture taken by a camera or a sequence of pictures in a film	a close-up shot	<i>he managed to get an exclusive shot of Madonna as she left the hotel he took several shots of the inside of the restaurant a close-up shot of her earrings the film opened with a shot of Obama entering the White House</i>	Verb: <i>shoot</i>
stick to	Phrasal verb	/stɪk tuː/	διατηρώ, μένω πιστός, εμμένω	if you stick to something, you continue to do it or use it rather than changing to something different		<i>let's stick to the original plan I always find it hard to stick to a diet he stuck to his principles she stuck to her word (she did what she had promised to do)</i>	
tough	Adjective	/tʌf/	δύσκολος	something that is tough is very difficult to do successfully. A tough situation is one that is difficult to deal with		<i>I ran a marathon last year; it was tough, but I really enjoyed it it's a very tough exam it was a tough decision to leave she had a tough time at school (with many problems)</i>	
weird	Adjective	/weɪə(r)d/	παράξενος, αλλόκοτος	something that is weird is very strange		<i>it was a great exhibition, but the paintings were a bit weird her brother's rather weird we listened to some weird music it felt weird having lunch outside with snow on the ground I know it sounds weird, but that's how it was</i>	Adverb: <i>weirdly</i>
Unit 7 p 81	POS	Pronunciation		Definition	Collocates	Examples	Word family

attentive	Adjective	/əˈtɛntɪv/	περιποιητικός, εξυπηρετικός, προσηλωμένος	if you are attentive , you are paying attention to what is happening and to what people are saying to you	attentive to something	<i>they're less attentive than I'd like them to be she was very attentive to what they were saying to her he was considered an attentive student</i>	Adverb: <i>attentively</i> Noun: <i>attentiveness</i>
backpack	Noun	/ˈbæk.pæk/	σακίδιο πλάτης	a backpack is a large bag that you carry on your back, for example when you are hiking or travelling		<i>leave your backpack in the tent my backpack was absolutely full I could see her brightly-coloured backpack from a long way away a waterproof backpack</i>	Noun: <i>backpacking</i>
chew	Verb	/tʃuː/	μασάω	when you chew food, you use your teeth to squash the food in your mouth so that you can then swallow it		<i>he carried on chewing the crust without speaking it's polite to chew with your mouth closed I chewed the sweet and found it tasted of lemon don't chew gum during the lecture</i>	
grain	Noun	/greɪn/	δημητριακό	grains are the seeds of cereals such as wheat or corn, used as food		<i>vegetables, grains, meat and fish the main crops were fruit and grain we feed our chickens grain grain supplies were at a very low level a sack of grain</i>	
heart condition	Noun	/ha:t kənˈdɪʃən/	καρδιακή πάθηση	a heart condition is a serious problem with someone's heart that might make them seriously ill if it is not treated or controlled		<i>his doctor wouldn't let him fly because of his heart condition she was born with a heart condition if you've got a heart condition, you should stop now his father and grandfather both died of a heart condition</i>	
intrigued	Adjective	/ɪnˈtriːɡd/	μου κινεί την περιέργεια/το ενδιαφέρον	if you are intrigued by something, it interests you and makes you want to find out more about it	intrigued by something intrigued to do something	<i>I was intrigued to read that they only eat fish during the winter he sounded intrigued when I told him I'd just come back from Ulan Bator her colleagues were intrigued by her ideas</i>	
mask	Noun	/mɑːsk/	μάσκα, προσωπίο	a mask is something that covers part or all of someone's face. People sometimes wear masks when they have a cold to stop their breath or germs reaching other people		<i>you often see people in the street wearing masks a face mask you can get a disposable mask from the chemist</i>	
processed food	Noun	/ˈprəʊsest fu:d/	επεξεργασμένα τρόφιμα	processed food is food that has been prepared in a factory and has had substances added to it to make it keep longer, taste sweeter, improve its colour, etc		<i>eating too much processed food is not good for you eat fresh rather than processed food the western diet has too many processed foods</i>	
range	Noun	/reɪndʒ/	γκάμα, σειρά, ποικιλία	a range of things is a number of them that are all different, but of the same sort or type	a range of something	<i>we have a wide range of electric cookers in stock this is the best one in the entire range you should eat a range of foods</i>	Verb: <i>range</i>
respectful	Adjective	/rɪˈspektf(ə)l/	ευσεβής, με σεβασμό	if you are respectful , you behave in a way that shows you believe someone is important and should be treated politely	be respectful of/towards someone or something	<i>he was always very respectful towards my parents she appreciated his respectful manner it's not very respectful to keep your hat on in church</i>	Adverb: <i>respectfully</i> Noun: <i>respect</i> Verb: <i>respect</i> Adjective: <i>respected</i>
rush hour	Noun uncount	/rʌʃˈaʊə/	ώρα αιχμής	rush hour is the time of day in the morning and evening when there is a lot of traffic and a lot of people on buses and trains because everyone is going to work or school or going home after work or school	rush hour traffic	<i>I left an hour early to avoid the rush hour the roads were full of rush hour traffic there's a train every ten minutes during the rush hour rush hour starts at four in the afternoon the morning rush hour</i>	
shelf	Noun	/ʃelf/	ράφι	a shelf is a flat surface attached to a wall or in a cupboard, which you can put things on	a shelf of something the top shelf the bottom shelf	<i>the batteries are on the bottom shelf the shelves were full of tins of food there are some towels on the top shelf in the bathroom I need more shelves for my books the shelves in the supermarket were nearly empty at the end of the day</i>	
sneeze	Verb	/sniːz/	φτερνίζομαι	if you sneeze , you suddenly force a lot of air out your nose or mouth without being able to prevent it, for example, when you have a cold		<i>my eyes get red and I sneeze all the time he was coughing and sneezing all night the dust was making me sneeze he sneezed loudly</i>	Noun: <i>sneeze</i>
stare	Verb	/steə(r)/	κοιτάζω επίμονα	if you stare at something or someone, you look at them for a long time and with a lot of concentration	stare at someone or something	<i>don't just stare at your phone the whole time they have to stare at a computer all day it's rude to stare at people she was staring into space I couldn't stop staring at her he stared intently at the floor</i>	
sugary	Adjective	/ˈʃʊɡəri/	γλυκός	something that is sugary contains a lot of sugar		<i>sugary foods sugary drinks are not good for you the dessert looked nice but was too sugary</i>	Noun: <i>sugar</i>
pp 82-83	POS	Pronunciation		Definition	Collocates	Examples	Word family
bring up	Phrasal verb	/brɪŋ ʌp/	αναθρέφω, μεγαλώνω	when parents bring up their children, they look after them and care for them until they become adults		<i>I didn't want to bring up my children in a city, so we moved to a small village in Suffolk I was brought up in a small town in Lancashire it's hard work bringing up three children as a single parent a well-brought-up child</i>	
charity shop	Noun	/ˈtʃærɪti ʃɒp/	κατάστημα μεταχειρισμένων ειδών	a charity shop is a shop that sells things that people give for free in order to raise money for charity		<i>I found this book in a charity shop he's always coming back with things from the charity shop there are three charity shops in the High Street</i>	
disobey	Verb	/ˌdɪsəˈbeɪ/	δεν υπακούω, απειθώ	if you disobey someone, or disobey an order, you deliberately do not do what you were told to do		<i>if you disobey me again you will be punished Nelson won the battle, but had disobeyed direct orders those who appeared to disobey were quickly arrested don't you dare disobey me! his instructions were disobeyed by the whole class he would never dare to disobey his father</i>	Adjective: <i>disobedient</i> Noun: <i>disobedience</i> Antonyms: Verb: <i>obey</i> Adjective: <i>obedient</i> Adverb: <i>obediently</i> Noun: <i>obedience</i>
doll's house	Noun	/dɒlz haʊs/	κουκλόσπιτο	a doll's house is a small model of a house that children use for playing with dolls		<i>I still have the doll's house my grandfather made for me when I was four she got a doll's house for Christmas an expensive doll's house</i>	
fizzy drink	Noun	/ˈfɪzi drɪŋk/	ανθρακούχο ποτό	a fizzy drink is a sweet drink with lots of bubble of air in it		<i>fizzy drinks will damage your teeth my parents never let us have fizzy drinks when we were young you can have water, or there are some fizzy drinks if you prefer</i>	
nag	Verb	/næg/	πρήζω κάποιον, γκρινιάζω, ενοχλώ	if you nag someone, you keep telling them to do something in a very annoying way	nag someone to do something nag someone about something	<i>my mum's always nagging me to clean my room the doctor keeps nagging me about giving up smoking I don't mean to nag, but when are you going to pay back the £10 you borrowed?</i>	

proficient	Adjective	/prə'fɪʃ(ə)nt/	ικανός, επιδέξιος	if you are proficient at something, you are very good at it and can do it very well	proficient at something	<i>Noun: proficiency Adverb: proficiently</i>
rebel	Verb	/ˈreb(ə)l/	επαναστατώ	if you rebel against someone or something, you deliberately refuse to do what they tell you to do or what you are expected to do	rebel against someone or something	<i>I started rebelling against my parents when I was about 14 when she was told she could not go to university, she openly rebelled he eventually rebelled and left home without even saying goodbye</i>
reward	Verb	/rɪ'wɔ:(r)d/	επιβραβεύω, ανταμείβω	to reward someone means to give them something that they want or like after they have done something good or that you approve of	be handsomely/generously rewarded reward someone with something	<i>my mum used to reward me with chocolate if I tried hard in my music lessons they were handsomely rewarded for their hard work our patience was rewarded when the results were announced</i>
shame	Verb	/ʃeɪm/	ντροπιάζω	to shame someone means to make them feel guilty and bad about something wrong that they have done	shame someone into doing something	<i>he tried to shame them into changing their behaviour there was no need to shame them in public I felt so shamed I didn't go out for a week</i>
soft	Adjective	/sɒft/	μαλακάς, επιεικής	you can say that someone is soft if they are not strict enough and if they allow things to happen that they do not want	be soft on someone or something	<i>these mothers are too soft on their children the government is soft on drugs he's too soft with his kids community service is seen as a soft option (prison would be a better punishment)</i>
spoil	Verb	/spɔɪl/	κακομαθαίνω	to spoil children means to always give them what they want or ask for, with the result that their characters and personalities develop in a very selfish way		<i>my older brother was spoiled because my parents didn't know any better my grandmother would spoil us the whole time we were there her parents spoiled her rotten (spoiled her very much) for the first six years of her life I always thought my mother spoiled my brother and was cruel to me</i>
strict	Adjective	/strikt/	αυστηρός	someone who is strict makes sure people obey rules all the time	be strict with someone	<i>my dad was very strict with us a strict teacher the school is very strict about what students wear I'm under strict orders from the doctor to rest (the doctor says it's very important for me to rest) the school applies strict discipline I had a very strict upbringing (my parents were very strict when I was growing up)</i>
tell off	Phrasal verb	/tel ɒf/	επιπλήττω, μαλώνω	if you tell someone off , you speak to them angrily and in a strongly critical way after they have done something wrong		<i>she told me off for getting my shirt dirty they were told off for making too much noise on the bus he's always telling me off and I've never done anything wrong!</i>

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bacon	Noun uncount	/ˈbeɪkən/	μπέικον	bacon is meat from a pig that has been cured (treated with smoke or dried in a special way to make it keep longer) and that you eat as food		<i>bacon and eggs a rasher (slice) of bacon you don't need to cook the bacon for long a bacon sandwich</i>
cereal	Noun	/ˈsiəriəl/	δημητριακά	cereal , or breakfast cereal, are a food made from dried grain, usually eaten with milk at breakfast		<i>a bowl of cereal do you put sugar on your cereal? I have orange juice instead of milk with my cereal would you like cereal for breakfast?</i>
dairy	Adjective	/ˈdeəri/	γαλακτοκομικά	dairy foods are things such as milk, butter, and cheese that come from cow's milk		<i>the dairy section of the supermarket I can't eat dairy products dairy farmers they sell a wide range of dairy foods</i>
indigenous	Adjective	/ɪnˈdɪdʒənəs/	ιθαγενής, γηγενής, ντόπιος	the indigenous people of a place are the people who belong there and already lived there before other people came		<i>the indigenous people of northern Alaska the island has no indigenous inhabitants the sport is very popular among the indigenous community</i>
ketchup	Noun uncount	/ˈketʃəp/	κέτσαπ	ketchup is a cold, sometimes spicy tomato sauce that you eat with a main meal		<i>a bottle of tomato ketchup does anyone want some ketchup? is there any ketchup left I got some ketchup on my shirt</i>
lamb	Noun uncount	/læm/	αρνί	lamb is the meat from a young sheep that you eat as food		<i>roast lamb and new potatoes garlic goes well with lamb trim the fat away from the lamb before you put it in the oven lamb is my favourite meat</i>
napkin	Noun	/ˈnæpkɪn/	πετσέτα, χαρτοπετσέτα	a napkin is a piece of cloth or paper that you use when you are eating food to stop the food going onto your clothes accidentally		<i>a clean napkin a paper napkin put the napkins on the table a box of six napkins</i>
nutrient	Noun	/ˈnju:triənt/	θρεπτική ουσία	nutrients are the substances in food that people, animals, and plants need in order to grow and stay healthy		<i>essential nutrients a range of nutrients are present in green leaf vegetables eat healthy meals full of nutrients and vitamins</i>
protein	Noun	/ˈprəʊti:n/	πρωτεΐνη	protein is an important substance in some foods such as eggs, meat, milk, etc, that you need to eat in order to have a healthy body		<i>it's important to have enough protein in your diet you'll get ill if you don't eat enough protein egg white is 87% water and 10% protein the meat has about 28 grams of protein per portion</i>
vitamin	Noun	/ˈvɪtəɪn/	βιταμίνη	vitamins are substances in food which are necessary to keep your body healthy. Each vitamin is given a name using a letter of the alphabet		<i>fresh fruit is full of vitamins green vegetables are a great source of essential vitamins vitamin C tablets vitamin pills nuts contain vitamin E vitamin B12</i>

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account	Noun	/əˈkaʊnt/	απολογισμός, περιγραφή, δίνω εξηγήσεις	an account of an event is a written or spoken description of what happened	give an account an account of something	<i>he gave an account of what happened after the car came round the corner according to her account, the man slipped at the top of the stairs the police didn't believe his account and arrested him</i>
all the same	Phrase	/ɔ:l ðə seɪm/	όπως και να 'χει, καμία διαφορά	if something is all the same to you, you do not mind whether it happens in one way or another way	all the same to someone	<i>it's all the same to me if you stay or go we could eat out or cook something at home – it's all the same to me I'll take the red one if it's all the same to you</i>
anecdotal	Adjective	/ˌænɪkˈdəʊt(ə)l/	ανεπίσημος, ατεκμηρίωτος	something that is anecdotal is based on stories that someone has heard rather than on proper evidence	anecdotal evidence	<i>there is only anecdotal evidence to support this belief the reasons he gave were mostly anecdotal any supposed benefits are just anecdotal his book is based on research rather than being anecdotal</i>

casually	Adverb	/ˈkæʒjuəli/	πρόχειρα, ανεπίσημα	if people dress casually , they wear comfortable clothes that are suitable for informal occasions	dress casually casually dressed	<i>he was casually dressed in trainers, jeans and a sweatshirt more and more employees are dressing casually for work you shouldn't dress casually for the interview</i>	Adjective: <i>casual</i>
difference of opinion	Noun	/ˈdɪfrəns əv əˈpɪnjən/	διαφορά απόψεων	if you have a difference of opinion with someone, you disagree with them about something		<i>we didn't argue – we just had a difference of opinion they've had their differences of opinion in the past he quit the company after a difference of opinion with his boss we occasionally have a difference of opinion, but it's never very serious</i>	
fold	Verb	/fəʊld/	διπλώνω, σταυρώνω	if you fold your arms, you bend them and hold them across your body		<i>she folded her arms and stared at him he sat there with his arms folded</i>	
insignificant	Adjective	/ˌɪnsɪɡˈnɪfɪkənt/	ασήμαντος, αμελητέος	something that is insignificant is not very important		<i>the differences between the two are insignificant his threats were insignificant he spent too much of his essay discussing insignificant details my problems were insignificant compared to hers</i>	Adverb: <i>insignificantly</i> Noun: <i>insignificance</i> Opposites – Adjective: <i>significant</i> Adverb: <i>significantly</i> Noun: <i>significance</i>
lean	Verb	/li:n/	γέρνω	if you lean , you move your body forward, backward, or sideways slightly so that you are not standing or sitting straight	lean forward/back	<i>she smiled and leaned forward to hear better Alexandra leaned back against the cushions Matt leaned over and handed me an envelope he leant out of the window and shouted after me</i>	
make no difference	Phrase	/meɪk nəʊ ˈdɪfrəns/	δεν έχει καμία διαφορά, δεν με πειράζει	if you say that something makes no difference , you mean that you do not mind how something happens because you will feel the same about it whatever happens	make no difference to someone	<i>it makes no difference to me where we eat – the Ivy will be fine if you want to go there well if it makes no difference to you, let's watch another episode on Netflix</i>	
minimal	Adjective	/ˈmɪnɪm(ə)l/	ελάχιστος, απειροελάχιστος	something that is minimal uses or involves the smallest amount possible of something		<i>the difference between the two is minimal he went into the exam after minimal preparation trade between the two countries was minimal</i>	Adverb: <i>minimally</i>
norm	Noun	/nɔː(r)m/	κανόνας	the norm is the usual or expected way that something happens		<i>we quickly notice any variation from the norm in our team, working together is the norm heavy rain is the norm at this time of year beards were the norm in Victorian England</i>	
pause	Noun	/pɔːz/	παύση	a pause is a short period of time between one thing happening or being said and the next thing happening or being said		<i>there was a long pause before he started his reply there are lots of pauses in Chekhov's plays an uncomfortable pause let's take a pause before we go on to the next topic</i>	Verb: <i>pause</i>
perceive	Verb	/pə(r)ˈsiːv/	αντιλαμβάνομαι	if you perceive something, you experience it and think about it in a particular way	perceive someone or something as someone or something	<i>different cultures perceive space differently I perceived an atmosphere of unhappiness in the house women are often perceived as better designers Paris is perceived as a city of rich culture</i>	Noun: <i>perception</i>
respond	Verb	/rɪˈspɒnd/	απαντάω, αντιδρώ	if you respond , you do or say something as a reply to what someone else has said or done		<i>how long does the other person wait before responding Jerry responded by saying he'd never been there before we will try and respond to all emails within 24 hours the police responded by arresting two of the organisers</i>	Noun: <i>response</i>
sing a different tune	Phrase	/sɪŋ ə ˈdɪfrənt tjuːn/	αλλάζω τροπάρι	if you say that someone is singing a different tune , you mean that they have changed their mind and are now saying something that is the opposite of what they previously said		<i>if you had no money you'd be singing a different tune he always said the Oscars were stupid, but now that he's won one he's singing a different tune</i>	
smartly	Adverb	/ˈsmɑːtli/	κομψά, περιποιημένα	if someone dresses smartly , they wear clothes that are clean and nice		<i>dress smartly for your interview a smartly-dressed young man she was dressed very smartly for the occasion</i>	Adjective: <i>smart</i>
supposed	Adjective	/səˈpəʊzd/	υποτιθέμενος	when you talk about supposed things, you are saying that some people believe they are true but you do not think that they really are true		<i>I decided to investigate these supposed differences in more detail and when did this supposed attack take place? police are investigating the real or supposed threats</i>	
talk over	Phrasal verb	/tɔːk ˈəʊvə/	μιλάω ταυτόχρονα και πιο δυνατά από κάποιον άλλο	if you talk over someone, you speak at the same as they do and make it difficult for what they say to be heard		<i>they often talk over one another when they get excited I can't hear what Sam is saying if you talk over her don't talk over me like that – wait till I've finished</i>	
variation	Noun	/ˌveəriˈeɪʃ(ə)n/	απόκλιση, διακύμανση, μεταβολή, παραλλαγή	a variation in things is a slight difference in the way they are or the way they happen	variation in something variation from something	<i>we quickly notice any variation from the norm there was never any variation in his morning routine small variations in colour are bound to occur there is great variation among the regions</i>	Verb: <i>vary</i> Adjective: <i>variable</i>
pp 88-89	POS	Pronunciation		Definition	Collocates	Examples	Word family
bride	Noun	/braɪd/	νύφη	at a wedding, the bride is the woman who is getting married		<i>a photo of the bride and groom the bride arrived at the door of the church with her father the best man proposed a toast to the bride the bride's mother looked so proud</i>	Adjective: <i>bridal</i>
climax	Noun	/ˈklaɪmæks/	κορύφωση, αποκορύφωμα, απόγειο	the climax of an event is the end of it, especially when this is the most exciting part of it		<i>a huge fireworks display came at the climax of the festival the music gradually built up to an emotional climax Saturday night sees the climax of the celebrations</i>	Verb: <i>climax</i>
engagement	Noun uncount	/ɪnˈɡeɪdʒmənt/	αρραβώνας	the engagement of two people is their decision that they will get married	announce an engagement	<i>they announced their engagement at a party for family and friends they got married after a 10 month engagement she broke off the engagement</i>	Adjective: <i>engaged</i>
fiancée	Noun	/fiˈɒnseɪ/	αρραβωνιαστικιά	someone's fiancée is the woman that they are going to marry. Someone's fiancé is the man that they are going to marry		<i>she met her fiancé while she was at university this is Simon, my fiancé his fiancée works for a bank in Amsterdam</i>	
groom	Noun	/ɡruːm/	γαμπρός	at a wedding, the groom is the man who is getting married		<i>the bride and groom left in a Rolls Royce here's a toast to the bride and groom on the day of the wedding, the groom is not meant to see his bride before the ceremony the bride and groom were followed by the best man and the bridesmaid</i>	

hen do	Noun	/hɛn duː/	μπάτσελορ νύφης, εργένικο πάρτι νύφης	a hen do is a party arranged for a woman and her female friends shortly before she gets married		<i>I'm going to Jenny's hen do on Thursday the bar was full of women on a hen do we've been organising your hen do</i>	
mark	Verb	/mɑː(r)k/	γιορτάζω το γεγονός	if something marks an important occasion, it is done or is made to celebrate the occasion		<i>a party to mark his retirement from the company the statue was placed there to mark the 100th anniversary of his birth we ought to do something special to mark the occasion</i>	
parade	Noun	/pəˈreɪd/	παρέλαση	a parade is a big public event when a lot of people or vehicles go through the streets of a town as part of a big celebration		<i>the parade took over an hour to pass by the front of our shop a military parade there were street parades and then fireworks in the evening the parade marched along 5th Avenue in Manhattan</i>	
prosperity	Noun uncount	/prɒˈsperəti/	ευημερία	prosperity is the state of being relatively rich		<i>the 1960s was a time of prosperity for his grandfather the country enjoyed greater prosperity after the war economic prosperity was short-lived (did not last long) trade led to increased prosperity our future prosperity depends on the result of this election</i>	Adjective: <i>prosperous</i> Verb: <i>prosper</i>
reception	Noun	/rɪˈsepʃ(ə)n/	δεξίωση	a reception is a big formal party for a celebration such as a wedding		<i>there were 200 guests at my wedding reception my brother's holding his wedding reception on a boat a reception for 500 people was held in the evening the couple were given £2,000 towards their wedding reception (to help pay for it)</i>	
stag do	Noun	/stæg duː/	μπάτσελορ γαμπρού	a stag do is a party arranged for a man and his male friends shortly before he gets married		<i>we're going to Glasgow for Henry's stag do the stag do is going to be a week before the wedding the bar was full of people on a stag do</i>	
symbolize	Verb	/ˈsɪmbəlaɪz/	συμβολίζω	if an object, picture, shape, or event symbolizes a particular idea, feeling, or occasion, it represents that idea, feeling, or occasion		<i>it symbolizes the end of life as a single person the cat symbolizes jealousy a dove is often used to symbolize peace the event symbolizes the country's struggle for democracy</i>	Noun: <i>symbol</i> Adjective: <i>symbolic</i> Noun: <i>symbolism</i>
unique	Adjective	/juːˈniːk/	μοναδικός	if something is unique , there is only one of it, and there is nothing else that is exactly the same		<i>the country's unique culture developed over the next 200 years this is a unique opportunity the band had a unique style of music I met a lot of interesting and unique people</i>	Adverb: <i>uniquely</i>
veil	Noun	/veɪl/	πέπλο, βέλο	a veil is a thin, mostly transparent piece of material that is worn over the face by a woman as part of her wedding dress		<i>she pulled back her veil before they walked out of the church a white net veil her veil was blowing about in the wind</i>	

pp 90-91	POS	Pronunciation		Definition	Collocates	Examples	Word family
advocate	Noun	/ˈædvəkeɪt/	υπέρμαχος, υπερασπιστής	an advocate of someone or something is someone who speaks strongly in support of them	an advocate of/for someone or something	<i>he became an advocate of healthy eating he remains a firm advocate of gun control she's a passionate advocate for change safety advocates worry that the new regulations are not strong enough</i>	Verb: <i>advocate</i>
brim	Verb	/brɪm/	ξεχειλίζω, βριθώ	if something or someone brims with a substance or quality, they are full of that substance or quality	brim with something	<i>insects are brimming with vitamins he was brimming with enthusiasm for his new job the kids are brimming with energy</i>	
cocktail	Noun	/ˈkɒk.teɪl/	κοκτέιλ, ποικιλία	a cocktail is a dish of food made up of several different foods mixed together, For example, a prawn cocktail contains prawns, salad and a sauce		<i>a prawn cocktail a seafood cocktail a fruit cocktail</i>	
dessert	Noun	/dɪˈzɜː(r)t/	επιδόρπιο	a dessert is a dish of sweet food that you eat at the end of a meal		<i>a fruit dessert I don't want dessert – just the bill please I never eat desserts would you like to see the dessert menu? what's for dessert? all the desserts were delicious</i>	
garnish	Noun	/ˈɡɑː(r)nɪʃ/	γαρνιτούρα, συνοδευτικό	a garnish is a small amount of food, such as herbs, that is put on a plate with the main items of food to make it look nice	a garnish of something	<i>the fish came with a simple garnish of herbs steak with a salad garnish the garnish looked nice, but I didn't want to eat it it's a perfect garnish for any fish dish</i>	Verb: <i>garnish</i>
gourmet	Adjective	/ˈɡʊə(r)meɪ/	εκλεκτό φαγητό, γκουρμέ	a gourmet is someone who enjoys and knows about good food. Gourmet foods are good quality foods		<i>a gourmet restaurant a gourmet fish recipe a range of gourmet meals turn your salad into a gourmet experience</i>	Noun: <i>gourmet</i>
lollipop	Noun	/ˈlɒli.pɒp/	γλειφιτζούρι	a lollipop is a piece of hard food on a stick that you lick. Lollipops are usually sweet, and are eaten especially by children		<i>a raspberry lollipop she was sucking a lollipop a sticky lollipop</i>	
munch	Verb	/mʌntʃ/	μασουλάω δυνατά	if you munch something or much on it, you eat it noisily and enthusiastically	munch on something	<i>kids aren't the only people munching on bugs he munched at the bread hungrily they sat munching their way through breakfast take this to munch on in case you get hungry</i>	
niche market	Noun	/nɪʃ ˈmɑːkɪt/	εξειδικευμένη αγορά, εξειδικευμένο μικρό τμήμα της αγοράς	a niche market is an opportunity to sell a special product to a small group of people		<i>there's a niche market for sugar-free chocolate it's aimed at a niche market, which is why it's so expensive electric cars are no longer a niche market</i>	
revolting	Adjective	/rɪˈvɔʊltɪŋ/	αηδιστικός, αποκρουστικός	something that is revolting smells or tastes horrible		<i>avocado ice cream sounds revolting our school dinners were absolutely revolting there's a revolting smell coming from the fridge a revolting mixture of cheese and rice</i>	
snob	Noun	/snɒb/	υπερόπτης, σνομπ, ψώνιο	a snob is someone who thinks they are better than other people because they come from a higher social class or because they have better taste in literature, music, etc.		<i>he's a complete snob and only talks to people who went to the 'right' school she's too much of a snob to wear jeans my brother's an intellectual snob who thinks Harry Potter books are only for children their clothes are expensive to give them snob appeal (make them attractive to snobs)</i>	Adjective: <i>snobbish</i> Adverb: <i>snobbishly</i> Noun: <i>snobbishness</i> Noun: <i>snobbery</i>
sound	Adjective	/saʊnd/	καλός, γερός, βάσιμος, αξιόπιστος	something that is sound is reliable and effective and acceptable to people		<i>eating insects is environmentally-sound (doesn't harm the environment) it was sound advice his judgement is usually sound the essence of your argument is sound enough it was a financially sound proposal</i>	

stir fry	Noun	/stɜː fraɪ/	μαγειρεύω σε γουόκ (σε δυνατή φωτιά με λίγο λάδι)	a stir fry is a dish of food that has been fried very quickly over a very hot heat with a small amount of oil		<i>I'm making a stir fry – it will be ready in a couple of minutes a delicious chicken stir fry eat your stir fry before it gets cold</i>	Verb: stir fry
p 92	POS	Pronunciation		Definition	Collocates	Examples	Word family
big deal	Noun	/bɪg di:l/	πολύ σημαντικό, σιγά το πράγμα! (ειρωνικό)	if you say that something is a big deal , you mean it is important and people are very serious about it		<i>here, lunch is a big deal starting college is a really big deal a bit of rain is no big deal</i>	
province	Noun	/ˈprɒvɪns/	επαρχία, γεωγραφικό διαμέρισμα	a province is a region of a country that is distant from the capital. When people talk about the provinces , they often mean that they think these places are not as advanced culturally as the capital		<i>each province has its own government the province has a large tourism industry she said she didn't want to live in the provinces out in the provinces, the shops stay shut on Sundays</i>	Adjective: provincial
Unit 8	POS	Pronunciation		Definition	Collocates	Examples	Word family
p 93							
ambition	Noun	/æmˈbɪʃ(ə)n/	φιλοδοξία	your ambition is your strong wish to become successful at what you do, or to achieve a particular thing	an ambition to do something realise/fulfil an ambition have high ambitions	<i>her ambition was to become a doctor he had high ambitions when he started at university she was determined to fulfil her ambition of playing professional soccer her ambitions to enter politics he realised a lifelong ambition by meeting the queen</i>	Adjective: ambitious Adverb: ambitiously
chalk	Noun	/tʃɔːk/	κιμωλία	chalk is a soft sort of rock that is made into short sticks that you can write with		<i>a stick of chalk teachers used to write on boards with chalk coloured chalks</i>	
expectation	Noun	/ˌekspekˈteɪʃ(ə)n/	προσδοκία	an expectation is a situation that you think will or should happen	exceed/surpass expectations fulfil/meet expectations	<i>the film exceeded all our expectations the meal surpassed my expectations (was much better than I thought it would be) unfortunately, the hotel did not meet our expectations if you keep your expectations reasonable, you won't be disappointed</i>	Verb: expect
goal	Noun	/ɡəʊl/	στόχος, επιδίωξη, σκοπός	your goals are the things you want to achieve in your life	achieve/accomplish a goal	<i>he has worked hard to achieve his goals my goal is to be a senior lecturer by the time I'm 35 write out a plan of how you can reach your goals make sure your goals are realistic and achievable</i>	
live up to	Phrasal verb	/lɪv ʌp tuː/	ανταποκρίνομαι/ικανοποιώ τις προσδοκίες	if you live up to what people expect you to be or do, you succeed in being as good as they hoped you would be	live up to expectations	<i>the hotel was called "Sea View" and it certainly lived up to its name the film didn't live up to expectations she certainly lived up to her reputation</i>	
overall	Adjective	/ˌəʊvərˈɔːl/	συνολικά, σε γενικές γραμμές	overall means including and considering every aspect of something, not just individual parts of it		<i>25% of the overall mark is from coursework the overall area of the flat is 60 square metres his overall score was 74% the overall winner is the rider that finishes first in the final round</i>	Adverb: overall
tap	Noun	/tæp/	βρύση	a tap is an object that controls the flow of water, for example into a sink or bath. If you drink tap water, you drink water that has come from a tap and not from a bottle	turn a tap on/off a hot/cold tap	<i>could we have a jug of tap water please? the bathroom had gold-coloured taps the cold tap was stuck (the tap that sends out cold water) turn the hot tap off if the water gets too hot</i>	
target	Noun	/ˈtɑː(r)ɡɪt/	στόχος	a target is something you are trying to achieve in your life or an objective you have as part of your job	reach a target miss a target set a target	<i>over 70% of students fail to reach their earnings target our target is to reduce inflation to less than 5% a meeting to set our targets for next year our initial target was to raise £3m he missed his sales target for March</i>	
pp 94-95	POS	Pronunciation		Definition	Collocates	Examples	Word family
bound for	Phrase	/baʊnd fɔː/	προορίζομαι για, με κατεύθυνση προς	if you are bound for somewhere, you are on a journey going to that place		<i>a spacecraft bound for the moon the bus set off, bound for the south of France we got on a ship bound for Cairo most of us in my class were bound for university</i>	
deserve	Verb	/dɪˈzɜː(r)v/	δικαιούμαι, μου αξίζει	if you say that someone deserves something, you think it is right for them to get it, either as a reward for something good that they have done, or as a punishment for something bad that they have done		<i>he doesn't deserve the extra money I think you deserve a holiday after all that studying we deserved to win that game you deserve to be thrown out of university if you cheat in an exam</i>	
flexible	Adjective	/ˈfleksəb(ə)l/	εύκαμπτος, ευλύγιστος	something that is flexible can be easily changed. A person who is flexible can make changes to the way they work or do things very easily		<i>flexible working hours (where you work the same number of hours each week but different numbers of hours each day) the arrangements are quite flexible, so you could come on Friday if you prefer a flexible management style that treated everyone as individuals</i>	Adverb: flexibly
legal firm	Noun	/ˈliːɡəl fɜːm/	νομική/δικηγορική εταιρεία	a legal firm is a company made up of lawyers who sell their services giving advice about the law and representing people in court		<i>she works for a top legal firm in New York a highly successful legal firm a London-based legal firm</i>	
numerous	Adjective	/ˈnjuːmərəs/	πολυάριθμος	something that is numerous exists in large numbers		<i>you can probably think of numerous similar examples she has written blogs about this on numerous occasions the crimes he's committed are too numerous to list in full over the years, he made numerous attempts to give up smoking</i>	
policy	Noun	/ˈpɒləsi/	πολιτική	a policy is a set of rules that a person or organisation decides to follow		<i>my policy is always to tell the truth it's company policy to employ equal numbers of men and women he made it his policy never to talk about his experiences in the war they've changed the policy on school uniform again</i>	
recognition	Noun uncount	/ˌrekəɡˈnɪʃ(ə)n/	αναγνώριση	if you get recognition for something, people see and understand what you have done and show their approval		<i>she hopes they will now get the recognition they deserve the campaign has received international recognition after years of effort, he finally got recognition for his achievements it's a shame she didn't get that public recognition during her lifetime</i>	Verb: recognise
successful	Adjective	/səkˈsesf(ə)l/	επιτυχημένος	if something or someone is successful , they manage to do what they were meant to do or wanted to do		<i>a successful businesswoman a successful space mission his attempt to swim across the English Channel was finally successful the operation was successful and he was able to walk again</i>	Adverb: successfully Noun: success Verb: succeed Opposite – Adjective: unsuccessful Adverb: unsuccessfully

pp 96-97	POS	Pronunciation		Definition	Collocates	Examples	Word family
accountant	Noun	/ə'kauntənt/	λογιστής	an accountant is someone whose job is to organise the financial records for a company or for a person		<i>he's an accountant for a big law firm I need to talk to my accountant my accountant sorts out all my finances a qualified accountant</i>	Noun: <i>accountancy</i>
airmiles	Noun plural	/eəmaɪlz/	αεροπορικά μίλια	airmiles are points that passengers can get when they pay for flights on some airlines. These points can then be used instead of money to pay for another flight		<i>he had enough air miles to fly to Zagreb she's been saving airmiles for a trip to Bermuda you get more air miles if you buy a business class ticket</i>	
pp 98-99	POS	Pronunciation		Definition	Collocates	Examples	Word family
alarmed	Adjective	/ə'la:(r)md/	ανήσυχος	if you are alarmed by something, you suddenly become very worried because of it	alarmed by something	<i>an alarmed neighbour called the police when she heard shouting she sounded quite alarmed when she phoned I was angry and alarmed they were alarmed by what they saw don't worry, there's nothing to be alarmed about</i>	Verb: <i>alarm</i> Adjective: <i>alarming</i>
axe	Noun	/æks/	τσεκούρι	an axe is a tool with a wooden handle and a heavy, sharp metal blade at the end, used for chopping up wood or cutting down trees		<i>using a hand axe, they cut down the tree can I borrow your axe for a while? he carried the axe on his shoulder</i>	
back-breaking	Adjective	/bæk-'breɪkɪŋ/	πολύ κουραστικός, σωματικά επίπονος	back-breaking work is very hard, physical work		<i>it took weeks of back-breaking work to get the garden finished he spent a back-breaking afternoon moving tons of earth it was a boring and back-breaking job</i>	
bleak	Adjective	/bli:k/	ζοφερός	if the future looks bleak , you think there is not much hope that things will improve or be good		<i>her prospects of finding a job in publishing were bleak the future is looking very bleak for the company the economic outlook is bleak chances of a recovery remain bleak the 1930s were a bleak time for my family</i>	Noun: <i>bleakness</i>
delight	Noun uncount	/dɪ'laɪt/	απόλαυση, χαρά	delight is a feeling of great pleasure and happiness about something		<i>I could see the delight in his face when he heard the news she gave a shout of delight a feeling of delight and relief came over him</i>	Verb: <i>delight</i> Adjective: <i>delighted</i> Adjective: <i>delightful</i>
desperate	Adjective	/'desp(ə)rət/	απελπισμένος	if someone or something is desperate , they are in a very difficult situation and want or need something very badly	be desperate for something be desperate to do something	<i>they're desperate for more staff the hungrier people are, the more desperate they are we were getting desperate he's desperate to get a job they're in desperate need of help a desperate effort to reach an agreement she grew more and more desperate as her money ran out</i>	Adverb: <i>desperately</i> Noun: <i>desperation</i>
greed	Noun uncount	/gri:d/	απληστία	greed is the quality of always wanting more of something than you need, especially food or money		<i>in an ideal world, there would be no greed or violence financial crime is motivated by pure greed there will always be human greed personal greed is just another aspect of human nature</i>	Noun: <i>greediness</i> Adjective: <i>greedy</i> Adverb: <i>greedily</i>
habitat	Noun	/'hæbɪtæt/	βιότοπος, περιβάλλον, οικότοπος	the habitat of living things such as animals or plants is the sort of place where they exist in nature, rather than a place that has been made or changed a lot by people	natural habitat	<i>we need to do more to protect their natural habitat these natural habitats are being destroyed by pollution it lives in forest habitats this is not the preferred habitat for foxes</i>	
majestic	Adjective	/mə'dʒestɪk/	μεγαλοπρεπής	something that is majestic is very large and impressive		<i>the majestic sight of Mount Snowdon came into view a majestic castle high on the hill a row of majestic trees led to the house the majestic central building of the university the mountains behind the village were majestic</i>	Adverb: <i>majestically</i> Noun: <i>majesty</i>
medicinal	Adjective	/mə'dɪs(ə)nəl/	θεραπευτικός, φαρμακευτικός	something that is medicinal can be used to cure or treat illnesses		<i>the area is rich in medicinal plants a herb with medicinal benefits olive oil is used for medicinal purposes he poured himself a glass of whisky saying it was medicinal</i>	
small-scale	Adjective	/smɔ:l skeɪl/	μικρής κλίμακας	something that is small-scale is very limited in size or extent		<i>can small-scale producers like them make a profit? the district has mostly small-scale industries a small-scale agricultural operation</i>	Noun: <i>small scale</i> Opposite – Adjective: <i>large-scale</i> Noun: <i>large scale</i>
timber	Noun uncount	/'tɪmbə(r)/	ξυλεία	timber is wood from trees that have been cut down to be used for things like building houses, making furniture, etc		<i>a lot of the forest has been cut down for timber we use only the best quality timber a timber merchant (someone who sells timber as a job) it's important to choose the right sort of timber</i>	
wide-eyed	Adjective	/waɪd aɪd/	έκπληκτος, με γουρλωμένα/ορθάνοιχτα μάτια	someone who is wide-eyed is very surprised and impressed by something		<i>the children sat there wide-eyed and delighted the whole class was wide-eyed watching the demonstration the visitors were wide-eyed with amazement</i>	
pp 100-101	POS	Pronunciation		Definition	Collocates	Examples	Word family
flashing	Adjective	/flæʃ/	αναβοσβήνω, αστράφτω	flashing pictures, screens, etc, shine very brightly for a short time, then go dark, then shine brightly again and so on		<i>flashing red lights mean you are meant to stop there are flashing yellow lights at the street crossing outside the school a police car with blue flashing lights</i>	
go one better	Phrase	/gəʊ wʌn 'betə/	τα πάω καλύτερα	if you go one better than someone, you succeed in doing something more successfully than they did		<i>advertisers try to go one better than their competitors Jack went one better than his brother and passed his driving test first time the girls' team went one better than the boys' and won their competition</i>	
laundry	Noun	/'lɔ:ndri/	καθαριστήριο, άπλυτα, πλυντήριο	a laundry is a place that washes clothes, towels, bed sheets, etc. Laundry is also clothes, towels etc. that need washing or have just been washed		<i>can you pick up the clothes from the laundry on your way home we send everything to the laundry at the end of the week I have my laundry done once a week the van collects the laundry every Monday and brings it back on Wednesdays</i>	Verb: <i>launder</i>
nosy	Adjective	/'nəʊzi/	περίεργος, αδιάκριτος	someone who is nosy is always trying to find out about things that are none of their business		<i>nosy neighbours don't be so nosy. It's private everyone in their family is really nosy</i>	
overheated	Adjective	/'əʊvə(r)'hi:tɪd/	υπερθερμασμένος	a place that is overheated is too warm because the heating system is turned up too high		<i>overheated hotel rooms make sure the bathroom isn't overheated when we went out it was too cold, and when we came back the room was overheated</i>	

spicy	Adjective	/ˈspaɪsi/	πικάντικος, μακριά	spicy food has a strong flavour because it is cooked with special seeds or powders called spices		<i>it was served with a spicy sauce it wasn't spicy enough for me I find Indian food too spicy</i>	Noun: <i>spice</i>
takeaway	Noun	/ˈteɪkəˌweɪ/	φαγητό για το σπίτι, παραγγέλνω φαγητό απ' έξω	a takeaway is a restaurant where you can buy a hot meal to take away and eat at home. You can also refer to the meal you have from there as a takeaway		<i>we got an Indian meal from the local takeaway shall we get something from the takeaway? there's a new takeaway opening on the High Street I don't want to cook tonight so I'll get us a takeaway</i>	Adjective: <i>takeaway</i>
whisper	Verb	/ˈwɪspə(r)/	ψιθυρίζω	if you whisper , you say something very quietly, not using your voice	whisper something to someone	<i>he whispered in the child's ear they whispered "I love you" to each other he leaned towards me and whispered his name speak up, James. Don't whisper</i>	Noun: <i>whisper</i>
pp 102-103	POS	Pronunciation		Definition	Collocates	Examples	Word family
contradiction	Noun	/ˌkɒntrəˈdɪkʃ(ə)n/	αντίφαση	a contradiction is something that is the opposite of something else, leading you to think that they cannot both be true at the same time		<i>there's a contradiction in what he says about money an apparent contradiction the article was full of contradictions</i>	Verb: <i>contradict</i>
desire	Verb	/dɪˈzaɪə(r)/	επιθυμώ, λαχταρώ	if you desire something, you want it very much	desire to do something	<i>if you desire it enough, you will succeed a talk aimed at anyone desiring to know more about local history he desperately desires to be liked and admired</i>	Noun: <i>desire</i> Adjective: <i>desirable</i>
faintest	Adjective	/ˈfeɪntɪst/	παραμικρός	you use faintest to emphasize something negative. For example, if you say you haven't the faintest idea, or haven't the faintest, you are emphasizing that you really do not know something. If someone hasn't the faintest hope of succeeding at something, it's almost impossible that they will succeed		<i>I haven't the faintest idea where he went have you the faintest idea how much that cost me? she hasn't the faintest hope of getting into university she hadn't the faintest doubt about what he really wanted</i>	
guidance	Noun uncount	/ˈgaɪd(ə)ns/	καθοδήγηση, οδηγία	if someone gives you guidance , they give you advice about something		<i>I want some careers guidance don't be afraid to ask for guidance he needed a lot of guidance during his first term at university</i>	
inspirational	Adjective	/ˌɪnspəˈreɪʃ(ə)n(ə)l/	που εμπνέει, εμπυχωτικός, ξεσηκωτικός	someone or something that is inspirational gives you an idea or makes you believe more strongly in yourself		<i>an inspirational speech she was an inspirational teacher her story was inspirational she became an inspirational leader</i>	Noun: <i>inspiration</i> Verb: <i>inspire</i> Adjective: <i>inspiring</i>
master	Noun	/ˈmɑːstə(r)/	δεξιότηχνης, αυθεντία μετρ, εξπέρ	a master of a particular activity is someone who can do it very well	a master of something	<i>she's a master of her sport a master tennis player she trained under a master instructor a master carpenter</i>	Verb: <i>master</i> Noun: <i>mastery</i>
miserable	Adjective	/ˈmɪz(ə)rəb(ə)l/	στεναχωρημένος, θλιμμένος, μίζερος	if someone is miserable , they are very sad		<i>I felt a bit miserable when everyone had left why are you always so miserable? a miserable old man he feels completely miserable going in to an office every day</i>	Noun: <i>misery</i>
no object	Phrase	/nəʊ ˈɒbdʒɪkt/	δεν είναι θέμα, άνευ σημασίας	if you say that money or expense is no object , you mean that you are willing to pay as much as is needed for something, even if it is a large amount of money		<i>choose whichever necklace you want – money is no object if expense is no object, there are plenty of hotels to choose from</i>	
retch	Verb	/retʃ/	αναγουλιάζω, ανακατεύομαι	if you retch , you cough uncomfortably as if you are about to be sick		<i>the smell made me retch he retched, then ran to open the window I could hear him coughing and retching in the bathroom she felt her stomach heave and retched again</i>	
vocational	Adjective	/vəʊˈkeɪʃ(ə)nəl/	επαγγελματικός	vocational means relating to the skills and knowledge needed for a particular job or profession		<i>the college offers a range of vocational training courses a national system of vocational qualifications an emphasis on practical and vocational skills</i>	
vomit	Verb	/ˈvɒmɪt/	κάνω εμετό, ξερνάω	if you vomit , food that you have eaten come backs from your stomach and out through your mouth		<i>I thought I was about to vomit and ran to the bathroom he began vomiting almost as soon as he got outside she vomited several times during the night</i>	
p 104	POS	Pronunciation		Definition	Collocates	Examples	Word family
socket	Noun	/ˈsɒkɪt/	πρίζα	a socket is a place with holes in a wall or machine where you can connect electrical equipment		<i>there's a socket behind you on the wall make sure you plug the keyboard into the correct socket</i>	
waterproof	Adjective	/ˈwɔːtə(r),pruːf/	αδιάβροχος	clothing that is waterproof is specially made to stop rain getting through, so that you will stay dry when you are wearing it		<i>a pair of waterproof trousers is your jacket waterproof? don't forget to take waterproof clothes if you go to Scotland I need some waterproof boots</i>	Noun: <i>waterproofs</i>
windproof	Adjective	/wɪnd pruːf/	αντιανεμικός	clothing that is windproof is specially made to stop the wind getting through so that you do not get too cold when you are wearing it on a windy day		<i>you need windproof clothing if you're going up the mountain my jacket isn't windproof a windproof cycling jacket a strong, windproof fabric</i>	
Unit 9	POS	Pronunciation		Definition	Collocates	Examples	Word family
p 105							
dedication	Noun uncount	/ˌdedɪˈkeɪʃ(ə)n/	αφοσίωση, προσήλωση	someone's dedication is their determination to do a task thoroughly and well		<i>his dedication to keeping fit was admirable finishing medical school took years of dedication her lifelong dedication to classical music</i>	Verb: <i>dedicate</i>
mat	Noun	/mæt/	χαλάκι, πατάκι	a mat is a piece of cloth that you put on the floor like a carpet		<i>wipe your feet in the mat before you come in a mat for doing yoga on we're just using a couple of mats until we can afford a carpet</i>	
only child	Noun	/ˈəʊnli ˈtʃaɪld/	μοναχοπαίδι	an only child is someone who doesn't have any brothers or sisters		<i>he was an only child of wealthy parents Cerys was single and an only child didn't you feel lonely as an only child?</i>	
settle	Verb	/ˈset(ə)l/	εγκαθίσταμαι, ησυχάζω, τακτοποιώ	if you settle someone somewhere, or if they get settled there, they become comfortable where they are and have become familiar with it	settle down	<i>parents are keen to settle them into college life we're happily settled here now the kids have settled down and are in bed now</i>	
pp 106-107	POS	Pronunciation		Definition	Collocates	Examples	Word family
accuse	Verb	/əˈkjuːz/	κατηγορώ	if you accuse someone of doing something, you tell them that you believe they have done something bad or illegal	accuse someone of (doing) something	<i>he's been accused of a number of crimes the two men were accused of murder opposition leaders regularly accuse the government of failure</i>	Noun: <i>accusation</i> Noun: <i>accuser</i> Noun: <i>the accused</i>

admit	Verb	/ədˈmɪt/	παραδέχομαι, ομολογώ	if you admit something, you say that you have done something wrong or something that people will not approve of	admit doing something admit to (doing) something admit that	<i>he admitted stealing the car he hasn't admitted anything yet they'll never openly admit being wrong he admitted to being a liar the farmers finally admitted that they had acted wrongly</i>	Noun: <i>admission</i>
beg	Verb	/beg/	ικετεύω, εκλιπαρώ	if you beg someone for something, you ask them for it in an anxious or desperate way	beg someone for something beg someone to do something beg for something beg something beg of someone	<i>he begged her forgiveness I beg you to reconsider let me have it, I beg of you can I beg a slice of bread from you? he came round begging for another chance</i>	
blanket	Noun	/'blæŋkɪt/	κουβέρτα	a blanket is a large, thick piece of cloth that you use as a cover to keep yourself warm when you are in bed		<i>we need to provide them with food and blankets the blanket slid off the bed during the night and I woke up really cold the blanket was the same colour as the curtains</i>	
claim	Verb	/kleɪm/	ισχυρίζομαι	if you claim something, you say it is true, although you do not give any proof, and so some people do not believe you	claim that	<i>he claimed that his father had been an MP she claimed that she had a degree, but I know that she never went to university he still claims that he is innocent he claimed that he never got my email</i>	Noun: <i>claim</i>
convince	Verb	/kənˈvɪns/	πείθω	if you convince someone, you succeed in making them believe something that they did not believe to start with	convince someone of something convince someone that	<i>the professor is trying to convince me that I could waste less he managed to convince them of his honesty the article wouldn't convince all its readers, but it was well written</i>	Adjective: <i>convincing</i> Adjective: <i>convinced</i>
deny	Verb	/dɪˈnaɪ/	αρνούμαι, διαψεύδω	if you deny something, you say that it is not true	deny doing something	<i>I thought he'd taken my laptop, but he denied it it was you wasn't it? Don't deny it he denied taking the laptop the rumours were denied by both policemen</i>	Noun: <i>denial</i>
erase	Verb	ɪˈreɪz/	διαγράφω, εξαλείφω	if you erase something, you do something that makes it go away or disappear as if it had never been there		<i>time had erased her youth all our progress was erased by the storm it will take a few years to erase the debt</i>	
hardship	Noun uncount	/'hɑ:(r)dʃɪp/	κακουχία, ταλαιπωρία	hardship is a situation in which your life is very difficult, for example because you do not have much money		<i>she suffered hardship throughout her childhood losing his job caused him great hardship he faced hardship to get through university the country went through a period of severe hardship during the war</i>	
invade someone's privacy	Phrase	/ɪnˈveɪd ˈsɪmɪwənz ˈprɪvəsi/	παραβίαση της ιδιωτικής ζωής	to invade someone's privacy means to do something without their permission that they do not like because it unfairly involves their private life		<i>they were worried about their privacy being invaded you can't just walk in and invade my privacy like that! ringing your doorbell isn't really invading your privacy</i>	Noun: <i>invasion of privacy</i>
refugee	Noun	/'refjuːdʒiː/	πρόσφυγας	a refugee is someone who has left their country to escape from war or danger		<i>the war has created thousands of refugees thousands of people live in the refugee camp more refugees arrived by boat last week life is very difficult as a refugee</i>	
swear	Verb	/sweə(r)/	ορκίζομαι	if you swear something, you promise very firmly that it is true or that you will do it	swear that	<i>I swear I didn't take your phone he had a gun, I swear it! Jan swore that the door was locked when he left the office</i>	
telephoto lens	Noun	/'teliːfəʊtəʊ lɛnz/	τηλεφακός	a telephoto lens is a piece of equipment on the front of a camera that allows you to take photographs of things or people that are a very long way away		<i>a new digital camera with a telephoto lens the safest way to photograph the tigers is with a telephoto lens</i>	
threaten	Verb	/'θret(ə)n/	απειλώ	if someone threatens you, they frighten you by telling you they will hurt you or do something bad to you	threaten to do something	<i>"I'll call the police," he threatened he followed me home and started threatening me the government threatened to close the university lack of money threatened the survival of the school the crowd was threatening violence against the president</i>	Noun: <i>threat</i> Adjective: <i>threatening</i>
unethical	Adjective	/ʌnˈeθɪk(ə)l/	ανήθικος, αντιδεοντολογικός	unethical behaviour is morally wrong		<i>is it unethical to take photos without people's permission? he was accused of unethical conduct his methods were clearly unethical it was neither illegal nor unethical</i>	Adverb: <i>unethically</i> Opposite – Adjective: <i>ethical</i> Adverb: <i>ethically</i>
urge	Verb	/ɜ:(r)dʒ/	παροτρύνω, προτρέπω	if you urge someone to do something, you encourage them very strongly to do it	urge someone to do something urge that	<i>he urged me to think again shoppers have been urged to change their habits parents who smoke are strongly urged to quit we strongly urge you to vote "no" we urge our best students to consider graduate study he urged that peace talks should start</i>	Noun: <i>urge</i>
victim	Noun	/'vɪktɪm/	θύμα	a victim is someone who suffers as a result of a crime committed against them or as a result of an event that they cannot control	a victim of something	<i>I've been a victim of three burglaries another victim died two days later about half of dog bite victims are children flood victims were unable to return to their homes for weeks</i>	
warn	Verb	/wɔ:(r)n/	προειδοποιώ	if you warn someone, you tell them about something bad that might happen to them	warn someone about something warn someone that warn someone not to do something	<i>she warned us that it was going to rain it's good to warn other people so they're prepared for the worst we were warned about the danger before we set off I warned you not to do that</i>	Noun: <i>warning</i>
weathered	Adjective	/'weðə@d/	φθαρμένος, ταλαιπωρημένος	if something is weathered , the surface has started to look old and worn, like something that has been outside in the wind and rain for a long time		<i>her skin had weathered over the years his face was weathered and he looked older than his 38 years the building had a weathered appearance</i>	
pp 108-109	POS	Pronunciation		Definition	Collocates	Examples	Word family
aerosol	Noun	/'eəəʊ.səl/	αερόλυμα, αεροζόλ	an aerosol is a liquid kept under pressure that you spray out of a metal container		<i>don't leave aerosol containers near the cooker don't use aerosol cleaners on the furniture aerosols are the main reason for the hole in the ozone layer</i>	
astonishing	Adjective	/'ə.stənɪʃɪŋ/	εκπληκτικός, εντυπωσιακός	something that is astonishing makes you very surprised and impressed		<i>it was an astonishing achievement the island is home to an astonishing variety of birds the paintings were absolutely astonishing the results were astonishing</i>	Adjective: <i>astonished</i> Noun: <i>astonishment</i> Verb: <i>astonish</i>
charming	Adjective	/'tʃɑ:(r)mɪŋ/	γοητευτικός, χαριτωμένος	someone or something that is charming is very pleasant and attractive		<i>she had such a charming personality he's a very charming man he found her utterly fascinating and charming she gave me a charming smile</i>	Noun: <i>charm</i>

cure	Noun	/kjuə(r)/	θεραπεία	a cure for an illness is something that stops the illness and makes someone well again	a cure for something	<i>there's no cure for the common cold scientists are still searching for a cure she wants to discover a cure for cancer this is not a permanent cure (it won't last for ever)</i>	Verb: <i>cure</i> Adjective: <i>curable</i> Opposite – Adjective: <i>incurable</i>
discipline	Verb	/ˈdɪsəplɪn/	τιμωρώ, επιπλήττω	to discipline someone means to punish them because they have broken the rules of an organisation that they are part of		<i>the bus company apologised and disciplined the driver six members of staff were disciplined for smoking in the toilets she threatened to discipline anyone who spoke to the local newspaper</i>	Noun: <i>discipline</i> Adjective: <i>disciplinary</i>
engaging	Adjective	/ɪnˈɡeɪdʒɪŋ/	καθηλωτικός, συναρπαστικός	something that is engaging keeps you interested all the time		<i>her lessons were always very engaging not all the stories in the book were so fresh and engaging an engaging, interactive display every night there were engaging and educational activities</i>	
entitled	Adjective	/ɪnˈtaɪtld /	δικαιούμαι	if you are entitled to have something or do something, you have a right to have it or do it	entitled to something entitled to do something	<i>the law says you are entitled to keep the car the bank is entitled to refuse to lend you the money I'm not entitled to a company car yet you are entitled to free legal advice</i>	Noun: <i>entitlement</i> Verb: <i>entitle</i>
fabric	Noun	/ˈfæbrɪk/	ύφασμα	fabric is cloth or material used for making clothes, sheets, covering for furniture, etc		<i>a light cotton fabric silk is my favourite fabric for this sort of dress a shop window displaying several colourful fabrics a roll of fabric</i>	
furnish	Verb	/ˈfɜː(r)nɪʃ/	επιπλώνω	if you furnish a house or flat, you get the furniture that you need and put it in there		<i>we gave him an armchair to help him furnish his flat over the years we furnished the house with some very fine furniture a fully-furnished flat</i>	Noun: <i>furniture</i>
honesty	Noun uncount	/ˈɒnɪsti/	ειλικρίνεια, τιμιότητα	honesty is the quality of always telling the truth and never cheating or stealing things		<i>honesty is very important in this job a high degree of honesty is required in this job you can go far through hard work and honesty I really appreciate your honesty</i>	Adjective: <i>honest</i> Adverb: <i>honestly</i> Opposites – Noun: <i>dishonesty</i> Adjective: <i>dishonest</i> Adverb: <i>dishonestly</i>
life expectancy	Noun uncount	/laɪf ɪksˈpektənsi /	προσδόκιμο ζωής	your life expectancy is the number of years you can reasonably expect to be alive		<i>life expectancy in the UK for women is now over 82 years life expectancy rose throughout the 20th century but might now drop the inhabitants of Liechtenstein have the longest life expectancy in Europe lower than average life expectancy the life expectancy of a horse is 25 to 30 years</i>	
lottery	Noun	/ˈlɒtəri/	λαχείο, λοταρία, λότηο	a lottery is a sort of game where you choose a set of numbers, and you win money if the numbers you chose are the right ones	do/play the lottery win the lottery win (money) on the lottery lottery ticket	<i>a weekly lottery a national lottery (you can buy tickets anywhere in the country) a lottery ticket I dream of winning the lottery the lottery jackpot (the biggest prize in the lottery) I do the lottery every week she won £200 on the lottery</i>	
ozone layer	Noun singular	/ˈəʊzəʊn ˈleɪə/	στρώμα όζοντος	the ozone layer is the part of the atmosphere about 10 km above the earth that is made up of ozone (a kind of oxygen) and that protects the earth from some of the possible harmful effects of strong sunshine		<i>there's a dangerous hole in the ozone layer these chemicals have a bad effect on the ozone layer during winter, the ozone layer increases in depth</i>	
riot shield	Noun	/ˈraɪət ʃɪːld/	ασπίδα προστασίας	a riot shield is a piece of equipment used by the police when there is a violent protest on the streets. It is made from thick, strong, transparent metal or plastic to protect them from stones, bottles, etc being thrown at them		<i>police with riot shields stood outside the station metal riot shields were introduced in 1970 some metal riot shields have a small window at eye level</i>	
sledge	Verb	/sledʒ/	έλκηθρο	a sledge is an object people use to travel over snow. It has pieces of metal or wood instead of wheels so that it can slide. If you sledge , you ride on a sledge		<i>we sledged down the hill they sledged 11 miles to reach the lake we sledged through the storm to get back to the cabin we spent the afternoon sledging down the hill behind the house</i>	Noun: <i>sledge</i>
slow down	Phrasal verb	/sləʊ daʊn/	επιβραδύνω, κόβω ταχύτητα, καθυστερώ	if a process or activity slows down , or if you slow it down , it starts to happen less quickly		<i>products that will slow down the ageing process is there any way we can slow down population growth? progress has been slowing down for several months now you can't stop the process, just slow it down if you're lucky</i>	

pp 110-111	POS	Pronunciation		Definition	Collocates	Examples	Word family
bad publicity	Noun uncount	/bæd pʌbˈlɪsɪti /	κακή δημοσιότητα	bad publicity is news or information about someone or about an organisation that has a bad effect on them because it makes people think worse of them		<i>afraid of bad publicity, he refused to do a newspaper interview last week, thanks to bad publicity, the airline backed down and offered everyone a refund we don't want any more bad publicity</i>	
be lost for words	Phrase	/biː lɒst fɔː wɜːdz/	δεν έχω λόγια, μένω άφωνος	if you are lost for words , you are so surprised or shocked by something that you cannot think of what to say		<i>she fell silent, lost for words I'm lost for words – I just never expected to win the whole tournament for once, Mr Trump seemed lost for words</i>	
betray	Verb	/bɪˈtreɪ/	προδίδω	if someone betrays you, they do something that has a bad effect on you when it was their job or duty to be loyal to you		<i>Judith was betrayed by her own brother if you betray me, I will kill you he felt betrayed by his boss he was accused of betraying his country by spying for the Russians</i>	Noun: <i>betrayal</i>
clear your name	Phrase	/kliə ʃɔː neɪm /	καθαρίζω/αποκαθιστώ το όνομά μου	if you clear your name , you prove that you are not guilty of something bad or illegal that you have been accused of doing		<i>it took me three years to clear my name he was able to clear his name thanks to a lot of help from a journalist friend he asked the company to issue a statement to clear his name</i>	
fail	Verb	/feɪl/	σταματάω, δεν υπακούω, δεν λειτουργώ σωστά	when something such as a machine or an important part of your body fails , it stops working properly		<i>both engines failed within an hour of taking off the brakes failed in the wet conditions she was only 11 when her kidneys failed</i>	Noun: <i>failure</i>
give your word	Phrase	/ɡɪv ʃɔː wɜːd /	δίνω τον λόγο μου, υπόσχομαι	if you give your word , you promise something	give someone your word	<i>I give you my word that I'll pay back the money he gave his word that he would keep the library open I want you to give me your word that you didn't steal it</i>	

let down	Phrasal verb	/let daʊn/	απογοητεύω	if someone lets you down, they don't do something that they were meant to do, and this causes a problem for you		<i>I'm determined not to let you down it wasn't the first time that she had been let down by her brother he had let down both his crew and his passengers we're relying on you, Wayne. Don't let us down</i>	Adjective: let down
miraculously	Adverb	/məˈrækjʊləsli/	ως εκ θαύματος	if something good happens miraculously , it actually happens even though people were afraid that it would not happen and that people would be hurt or things would be damaged		<i>he miraculously survived by holding onto a tree the operation as miraculously successful his mother and brother miraculously swam to safety</i>	Adjective: miraculous Noun: miracle
rumour	Noun	/ˈruːmə(r)/	φήμη	a rumour is information that passes from one person to another, and that is not certain to be true		<i>rumours started that he had been sacked have you heard the rumours about David Beckham? the rumours were obviously untrue it's surprising how quickly rumours spread</i>	Verb: rumour
runway	Noun	/ˈrʌnweɪ/	διάδρομος αεροδρομίου	a runway is a long, straight strip of land at an airport where planes take off and land		<i>the runway here is over 4,000 metres long nobody wants to see a third runway built at Heathrow a concrete runway was installed in 1954 the plane climbed steadily after leaving the runway</i>	
take someone's word for it	Phrase	/teɪk ˈsʌmwʌnz wɜːd fɔːr ɪt/	πιστεύω	if you take someone's word for it , you believe what they say even though they have given no evidence for it		<i>don't take my word for it, go and see for yourself it sounds unlikely, but I'll take your word for it we'll just have to take his word for it and hope he's right</i>	
transformation	Noun	/ˌtrænsfɔ(ɹ)ˈmeɪʃ(ə)n/	μεταμόρφωση, μετατροπή	a transformation is a complete change	the transformation of something (into something) a complete/total transformation undergo a transformation	<i>she proposed a radical transformation of the health service the transformation phase of the process she underwent an amazing transformation the building's transformation from a school to a community centre the party has undergone a complete transformation</i>	Verb: transform
wing flap	Noun	/wɪŋ flæp/	πτερύγιο κλίσης/καμπυλότητας	a wing flap is a section of the wing of an aeroplane that can be moved up or down in order to control the movement of the aeroplane		<i>wing flaps help reduce the plane's speed when landing the pilot adjusted the wing flaps ready for take-off</i>	
word goes round	Phrase	/wɜːd ɡəʊz əˈraʊnd/	διαδίδω, μαθεύεται ότι	if word goes round or gets round , information passes from one person to another so that eventually a lot of people know it		<i>word went round that McCartney was coming back to Liverpool word went round that our new neighbours were from Albania somehow, word got round that my dad had been in prison</i>	
word of mouth	Phrase	/wɜːd ɒv maʊθ/	από στόμα σε στόμα, προφορικά, δια ζώσης	if information is carried by word of mouth , it gets known by people talking to each other, rather than through advertisements, TV programmes, the Internet, etc		<i>the hotel relies on word of mouth for new customers the best sales technique is still word of mouth you should always listen to word-of-mouth recommendations</i>	

pp 112-113	POS	Pronunciation		Definition	Collocates	Examples	Word family
fake	Adjective	/feɪk/	πλαστός, ψεύτικος, απομίμηση	something that is fake is a copy of a real, valuable, or official object, that has been made in order to deceive people		<i>he was arrested for trying to enter the country on a fake passport a fake CV the paper was accused of publishing fake news the paintings were fake</i>	Noun: fake Verb: fake
genuine	Adjective	/ˈdʒenjuɪn/	γνήσιος, αυθεντικός, αληθινός, πραγματικός	someone who is genuine is really what they appear to be and does not pretend to be different		<i>he seems like a genuine guy she's honest, sincere, and genuine you've been a genuine friend to me</i>	
gossip	Noun uncount	/ˈɡɒsɪp/	κουτσομπολιό	gossip is talking about things in a not very serious way, often about personal things to do with other people that might not be true		<i>I try not to get involved in office gossip this wasn't idle gossip (probably untrue), it was absolutely true her divorce was in all the gossip columns (newspaper columns about famous people) he enjoys spreading gossip whenever he can</i>	Verb: gossip Noun: gossip
proper	Adjective	/ˈprɒpə(r)/	πραγματικός, κανονικός, κατάλληλος	someone or something that is proper is correct, and is exactly how they are meant to be		<i>he's a proper doctor you should eat a proper meal, just a sandwich my father always said that being a musician isn't a proper job you need to do a proper search of the house the proper way to carry them is like this make sure he gets proper medical treatment</i>	Adverb: properly

pp 114-115	POS	Pronunciation		Definition	Collocates	Examples	Word family
coordinate	Verb	/kəʊˈɔː(r)dɪneɪt/	συντονίζω, οργανώνω, κανονίζω	if you coordinate something with someone else, you arrange to do something at the same time as them so that you will get the exact result that you want		<i>they coordinate their attacks to overwhelm their prey we need to coordinate our approach to him you should coordinate this activity with the school librarian</i>	Adjective: coordinated
dip	Verb	/dɪp/	βουτάω, βυθίζω, βάζω μέσα	if you dip something in a liquid, you put it into a liquid briefly, just long enough to get it wet	dip something into something	<i>I like to dip my biscuits into my tea dip the brush into the paint pot I dipped my toe in the water to see how cold it was</i>	
flipper	Noun	/ˈflɪpə(r)/	πτερύγιο	a flipper is the flat arm or leg of a sea animal such as a whale or a penguin		<i>whales move easily through water because of their flippers it had flippers instead of feet the flippers help it swim very fast</i>	
immune	Adjective	/ɪˈmjuːn/	έχω ανοσία, ανοσοποιητικός	if you are immune to an illness, you cannot catch it because your body is able to resist it	immune to something	<i>I had measles as a baby so I'm immune to it now the doctor told me not to worry as I was immune the body's immune system (the chemicals in one's body that fight disease and infection)</i>	Noun: immunity
overwhelm	Verb	/ˌəʊvə(r)ˈwelɪm/	κυριεύω, συγκλονίζω, καταλαμβάνω, πλημμυρίζω	if you overwhelm someone or something, you manage to get complete control over them despite their attempts to stop you		<i>they coordinate their attacks to overwhelm their prey 3,00 troops overwhelmed the city in a night time attack we were overwhelmed by a much stronger army</i>	Adjective: overwhelming
pack	Noun	/pæk/	αγέλη	a pack is a group of animals that live and hunt together	a pack of something in packs	<i>a pack of dogs these animals hunt in packs a pack of eight wolves</i>	
prey	Noun uncount	/preɪ/	λεία, θήραμα	prey is an animal or animals that another animal is hunting to eat as food		<i>lions will attack prey that are larger than them a bird of prey (a bird that hunts and kills other animals) spiders use webs to catch their prey when chasing prey they can run at speeds of 30 km/h smaller snakes eat smaller prey</i>	Verb: prey

put off	Phrasal verb	/put ɒf/	αποθαρρύνω, απωθώ, αρχίζω να ανπιπαθώ	if something puts you off something, it makes you dislike it or not want to do it	put someone off (doing) something	<i>don't be put off by the smell – it tastes lovely I felt so sick afterwards that it put me off smoking for life the adverts for the film put me off wanting to see it don't let that one bad experience put you off golf</i>	Adjective: <i>off-putting</i>
ruthless	Adjective	/ˈruːθləs/	αδίστακτος, ανελέητος	someone who is ruthless makes sure they achieve what they want and does not care if other people are hurt in the process		<i>the newspaper described him as a ruthless killer Stalin was a ruthless dictator I never knew you could be so ruthless a ruthless enemy</i>	Adverb: <i>ruthlessly</i> Noun: <i>ruthlessness</i>
splash	Verb	/splæʃ/	πιτσιλάω, πετιέμαι, καταβρέχω	if liquid splashes , it flies up in small drops and makes something wet		<i>the coffee splashed over the tablecloth the paint splashed against the wall when I dropped the tin</i>	Noun: <i>splash</i>
swipe	Verb	/swaɪp/	χτυπάω, παίρνω σβάρνα	if you swipe something or swipe at it, you hit it in a slightly uncontrolled way		<i>she swiped at the wasp she swiped me right across the nose by accident the dog swiped him with its tail</i>	Noun: <i>swipe</i>
p 116	POS	Pronunciation		Definition	Collocates	Examples	Word family
misbehave	Verb	/ˌmɪsbɪˈheɪv/	φέρομαι άσχημα, παρεκτρέπομαι	if someone misbehaves , they behave very badly		<i>he'd been misbehaving all afternoon if you misbehave again you'll have to go to your room and stay there he always misbehaves when we have visitors they were severely punished if they misbehaved</i>	Noun: <i>misbehaviour</i> Opposite – Verb: <i>behave</i>
missing	Adjective	/ˈmɪsɪŋ/	που λείπει, χαμένος, απολεσθείς	something that is missing is not where it is meant to be and you do not know where it is. If someone goes missing , they disappear from their home and people worry about them because they do not know where the person is	go missing	<i>she's been missing for three weeks he went missing after school on Tuesday a missing child police found the missing couple in Barnsley</i>	
naughty	Adjective	/ˈnɔːti/	άτακτος	if children are naughty , they behave badly and do things they are not supposed to do		<i>Yamato did something very naughty his children are really naughty she can be quite naughty sometimes you've been a very naughty boy that was very naughty of you my neighbour talks to me as if I were a naughty schoolchild</i>	
shelter	Noun	/ˈʃeltə(r)/	καταφύγιο	a shelter is somewhere that gives you protection, for example from rain, cold, danger, etc	take shelter	<i>a bus shelter (where people keep dry when they are waiting for a bus) they took shelter under the entrance to a supermarket the lizard was looking for shelter under a rock the sun was very strong and there was no shelter in the middle of the field he found a military shelter in the forest</i>	Verb: <i>shelter</i> Adjective: <i>sheltered</i>
Unit 10	POS	Pronunciation		Definition	Collocates	Examples	Word family
p 117							
background	Noun	/ˈbækˌɡraʊnd/	ιστορικό, παρελθόν, υπόβαθρο	someone's background is the sort of family and education they have		<i>musicians from many different backgrounds she's a journalist now, but her background was in medicine (she studied medicine) a middle-class background</i>	
bathe	Verb	/beɪð/	πλένω, κάνω μπάνιο	to bathe a person or animal means to put them in a bath or other container of water in order to wash them. If you bathe , you wash yourself in a bath or you swim in some water outdoors		<i>the elephant has to be fed and bathed every day we bathed in the sea twice when we were on holiday are you going to bathe the twins tonight?</i>	
log	Noun	/lɒɡ/	κούτσουρο	a log is a long piece of wood that has been cut from a tree, either from the trunk or a branch		<i>some elephants will carry logs down the hill a log cabin (a simple house or hut made from logs) a log fire you have to leave the logs for a year before they will burn properly</i>	
pass down	Phrasal verb	/pɑːs daʊn/	κληροδοτώ, περνάω από γενιά σε γενιά	something that is passed down is given by parents to their children, who then give it to their children, and so on		<i>the family Bible has been passed down through seven generations of my family these skills have been passed down from mother daughter I promised my grandfather I would pass it down to my own son when he reached the age of 21</i>	
qualification	Noun	/ˌkwɒlɪfɪˈkeɪʃ(ə)n/	προσόν, ικανότητα	your qualifications are the exams you have passed and the courses of study you have successfully completed, for example at university		<i>do you have any qualifications? he left school with no qualifications if you don't get any qualifications, you won't get a good job</i>	
quality	Noun	/ˈkwɒləti/	γνώρισμα, χαρακτηριστικό	someone's qualities are the natural characteristics they have, especially their good and positive features		<i>make sure they can tell what your best qualities are during the interview she seems to have the right experience and qualities for the job we need someone to show leadership qualities</i>	
trade	Noun	/treɪd/	επάγγελμα, τέχνη	someone's trade is the job that they do to earn a living, especially when it is a job that involves making or fixing things with their hands		<i>I wanted to learn a trade so I didn't go to university as long as you have a trade, you'll always have work he practised his trade in the north of England</i>	Noun: <i>tradesman</i>
pp 118-119	POS	Pronunciation		Definition	Collocates	Examples	Word family
altitude	Noun	/ˈæltɪˌtjuːd/	υψόμετρο	altitude is the height of something above the ground, often measured as being above the height of the sea		<i>passenger planes fly at altitudes of 30,000 or 40,000 feet above sea level the experimental aircraft reached an altitude of 200,000 feet at altitude (very high up), the air is much thinner and it's more difficult to breathe</i>	
celebrity	Noun	/səˈlebrəti/	διάσημος, διασημότητα	a celebrity is a famous person who appears on TV or in films, and who is written about in newspapers and magazines		<i>Armstrong was a worldwide celebrity we're joined by a host of celebrities for tonight's awards he became an international celebrity using celebrities to advertise products is nothing new celebrity endorsement is an effective way to boost sales</i>	
experimental	Adjective	/ɪkˌspɛrɪˈment(ə)l/	πειραματικός	an experiment is a scientific test that you do to see what happens under certain conditions. Activities that you do like this and the equipment that you use are experimental	experimental methods/data/results	<i>he conducted the first flight of the experimental aircraft the experimental methods of Dr Hughes an experimental research project the experimental nature of the scheme the experimental results were encouraging</i>	Noun: <i>experiment</i> Verb: <i>experiment</i> Adverb: <i>experimentally</i>
helmet	Noun	/ˈhelmt/	κράνος	a helmet is a hard hat that you wear to protect your head	put a helmet on take a helmet off	<i>luckily, I was wearing my helmet a cycle helmet always wear a helmet on a motorbike put your helmet on she took off her helmet</i>	

hire	Verb	/ˈhaɪə(r)/	προσλαμβάνω	if you hire someone, you choose them to start a job for you or for the company or organisation you are responsible for		<i>Armstrong was hired to do a particular job you should get in touch with Jaguar – they're hiring at the moment the local factory announced it was hiring another 12 machine operators</i>	
interference	Noun uncount	/ˌɪntə(r)ˈfɪərəns/	παρεμβολή	interference is unwanted electronic noise that you sometimes hear on the radio, TV or during a phone call		<i>when I was a child, we had so much interference on our TV I don't know where this interference is coming from try using a different aerial to reduce the interference</i>	
mankind	Noun uncount	/mænˈkaɪnd/	ανθρωπότητα	you use mankind to refer to all the people who are alive on the Earth at the moment, and who have ever lived in the past		<i>Armstrong said it was a giant leap for mankind climate change is the biggest challenge facing mankind at the moment he felt a love for all mankind mankind needs to act now before it is too late</i>	
mystery	Noun	/ˈmɪst(ə)ri/	μυστήριο	a mystery is something or someone you do not know very much about or cannot explain, although you want to know more about them and to understand them		<i>his private life remains a mystery to us all a mystery that has puzzled scientists for centuries the cause of the fire remain a mystery there is some mystery surrounding his early life</i>	Adjective: <i>mysterious</i> Adverb: <i>mysteriously</i>
passion	Noun	/ˈpæʃ(ə)n/	πάθος	if you have a passion for something, you are very keen on it and want to be very involved with it	a passion for something	<i>Armstrong had a passion for flying my true passion is learning languages her passion in life is distance running his passion has been collecting old books</i>	Adjective: <i>passionate</i>
reflection	Noun	/rɪˈflekʃ(ə)n/	αντανάκλαση	a reflection is an image or picture that you see in something such as a mirror or an area of smooth water		<i>he saw his reflection in the shop window (the image of himself) a reflection of the trees on the surface of the lake I couldn't see the TV screen properly because of the reflection of the lamp</i>	Verb: <i>reflect</i>

pp 120-121	POS	Pronunciation		Definition	Collocates	Examples	Word family
click	Verb	/kɪk/	κάνω κλικ	if something clicks , or if you click something, a short and sharp sound is made		<i>Kish clicks his tongue to help him find his way around Ted clicked his fingers to attract the waiter's attention the lid clicked open</i>	Noun: <i>click</i>
deaf	Adjective	/def/	κουφός	someone who is deaf cannot hear anything	go deaf	<i>he started going deaf when he was in his sixties his second daughter has been deaf since birth I think he's deaf, which is why he didn't react when you shouted at him</i>	Noun: <i>deafness</i>
distinguish	Verb	/dɪˈstɪŋɡwɪʃ/	διακρίνω, ξεχωρίζω	if you distinguish between two things or people, you successfully identify each of them by seeing the differences between them	distinguish between things/people distinguish one person/thing from another	<i>he can't distinguish between a duck and a goose he has difficulty distinguishing between blue and green as children, we have to learn to distinguish good from bad looking at the shape helps you to distinguish individual words</i>	Noun: <i>distinction</i>
eyesight	Noun uncount	/ˈaɪˌsaɪt/	όραση	your eyesight is how well you are able to see things	good/keen eyesight bad/poor eyesight failing eyesight	<i>as we get old, our eyesight gets worse my father had poor eyesight from when he was a child I've never had any problems with my eyesight they test your eyesight as part of your driving test failing eyesight meant he could no longer play the piano</i>	
fence	Noun	/fens/	περίφραξη, φράχτης	a fence is a wooden or metal barrier that separates two areas of land		<i>we used to sit on the fence and watch the cows in the field the fence blew down during the storm my dad put up a new fence around the garden they climbed over the security fence</i>	
fully-sighted	Adjective	/ˈfʊliˈsaɪtɪd/	έχω καλή όραση	someone who is fully-sighted has good eyesight and does not have any problems with their eyes		<i>her fully-sighted colleagues were always willing to help he wants to train fully-sighted firefighters to develop the same skills</i>	
hard of hearing	Adjective	/hɑːd ɒv ˈhɪərɪŋ/	βαρήκοος	someone who is hard of hearing cannot hear very well		<i>I've become rather hard of hearing over the last few years anyone who is hard of hearing will have found that film difficult to watch after years playing loud rock music in a band, he was now quite hard of hearing being hard of hearing causes more problems than you realise</i>	
keen	Adjective	/kiːn/	οξύς, κοφτερός	you use keen to emphasise the way someone's senses work very well. For example, someone who has keen eyesight can see very well		<i>a successful pilot must have keen eyesight he had a keen eye for small details dogs have a keen sense of smell</i>	Adverb: <i>keenly</i> Noun: <i>keenness</i>
nickname	Noun	/ˈnɪkˌneɪm/	παρατσούκλι	a nickname is an informal name people use for someone that is not their real name		<i>at school, his nickname was "Hyde" because his surname was Park they gave me the nickname "Speedy" because I always won the running races did you have a nickname when you were younger?</i>	Verb: <i>nickname</i>
numb	Adjective	/nʌm/	μουδιασμένος, μουδιάζω	if you are numb , or if part of your body is numb, you have no sensations there and cannot feel anything such as heat, cold, pain, etc		<i>my arm went numb from being pressed against the wall for so long her body began to turn numb from cold my lips were numb and I couldn't breathe properly I left the dentist with my mouth still numb from the injection</i>	Verb: <i>numb</i>
potential	Noun uncount	/pəˈtenʃ(ə)l/	προοπτικές	if a place or person has potential , there is a big possibility that they can develop and become different or better in the future	reach/realise your (full/true) potential	<i>the house has got real potential the area has enormous potential he's only a young player, but he has potential she hasn't reached her full potential yet</i>	Adjective: <i>potential</i> Adverb: <i>potentially</i>
sensitive	Adjective	/ˈsensətɪv/	ευαίσθητος	sensitive parts of the body notice smells, sights, sounds, etc., very quickly, even if they are very faint		<i>she doesn't eat ice-cream, saying her teeth are too sensitive to cold a sensitive sense of smell his eyes were sensitive to the slightest change of brightness</i>	
short-sighted	Adjective	/ʃɔːtˈsaɪtɪd/	μύωπας, έχω μυωπία	someone who is short-sighted cannot easily see things that are some distance away		<i>being short-sighted, I have to wear glasses when I'm driving he wore thick glasses because he was so short-sighted I always sat at the front of the class because I was short-sighted</i>	Opposite – Adjective: <i>long-sighted</i>
welcome	Verb	/ˈwelkəm/	καλωσορίζω, καλοδεχούμενος	if you welcome something, you say that you are pleased about it and approve of it		<i>it's a description Kish welcomes any research that can help develop new treatment has to be welcomed the president welcomed the opportunity to meet a group of business leaders he welcomed the announcement of a new enquiry into the disaster the proposals were cautiously welcomed by campaigners</i>	

pp 122-123	POS	Pronunciation		Definition	Collocates	Examples	Word family
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assume	Verb	/əˈsju:m/	αναλαμβάνω	to assume a particular role or title means to take it on for yourself		<i>she assumed the role of queen the prime minister assumed office (became prime minister) exactly two years ago the military assumed power after they arrested the president</i>	
monument	Noun	/ˈmɒnjumənt/	μνημείο	a monument is something that is built to remind people of something important in the past	a monument to someone or something	<i>you'll go past a monument on your right a historic monument a monument to the people who died in the war the monument was built 300 years after the battle</i>	
relegate	Verb	/ˈreləgeɪt/	υποβιβάζω, υποβαθμίζω	if someone is relegated to a lower position or rank, they are put into a less important role or job		<i>he was relegated to second-in-command both players were relegated to the second eleven after six years as chairman, he was relegated to being deputy president of the company</i>	
revenge	Noun uncount	/rɪˈvendʒ/	εκδίκηση	revenge is the action of doing something harmful or bad to someone because you think they did something bad or harmful to you	seek revenge take/get revenge	<i>relatives of the victim were seeking revenge she got her revenge by accusing him of theft 12 people died in a revenge attack police suspect a revenge killing</i>	Verb: revenge
self-conscious	Adjective	/selfˈkɒnʃəs/	ανασφαλής, συνεσταλμένος	if you are self-conscious , you worry about what people think of you and often feel embarrassed when you are in public		<i>I was too self-conscious to go up to her she was very self-conscious about her nose a rather shy, self-conscious man in his forties I do feel self-conscious at parties</i>	Adverb: self-consciously Noun: self-consciousness
self-control	Noun uncount	/self kənˈtrəʊl/	αυτοέλεγχος	self-control is the ability to stop yourself from doing you something you would like to do but that you know might not have a good result		<i>it took a lot of self-control to give up smoking using all his self-control, he followed the diet for another eight weeks children need to learn self-control before they leave school you should exercise more self-control</i>	
self-help	Noun uncount	/self help/	αυτοβοήθεια	self-help is using your own efforts and making your own decisions without relying on other people		<i>I've read several self-help books a local self-help group over the weekend, I learned a lot about self-help</i>	
self-interest	Noun uncount	/selfˈɪntrɪst/	ιδιοτέλεια	self-interest is an attitude that makes you do things that will benefit yourself without considering the effects on other people		<i>he always acts out of self-interest individual self-interest made cooperation unlikely every nation will respond in its own self-interest he promised to serve as president without any self-interest</i>	
self-made	Adjective	/self meɪd/	αυτοδημιούργητος	a self-made man or woman is someone who has become successful entirely through their own efforts, and hasn't had to have help or borrow a lot of money from other people		<i>my father was a self-made man a self-made millionaire a rich, self-made industrialist there's no such thing as a self-made politician</i>	
unmistakably	Adverb	/ˌʌnmɪˈsteɪkəb(ə)li/	σίγουρα, ολοφάνερα, προφανώς	something that is unmistakably true is obviously true		<i>her body is unmistakably a woman's her accent was unmistakably English, not American 12 passengers were unmistakably dead, but two managed to survive the crash this time, unmistakably, the surprise was genuine</i>	

pp 124-125	POS	Pronunciation		Definition	Collocates	Examples	Word family
bright	Adjective	/braɪt/	λαμπρός, ευφυής	someone who is bright is very clever and intelligent		<i>he's very bright – always top of his class a very bright young man the brightest girl in her class an exceptionally bright student he was slow at learning compared to his much brighter sister</i>	
commit	Verb	/kəˈmɪt/	δεσμεύομαι	if you commit to doing something, or if you are committed to it, you are determined that you will do it and promise yourself or other people that you will	be committed to (doing) something	<i>I'm committed to staying with the firm for at least another five years I'm committed to doing the best job I can I understand that you don't want to commit until you know about the company she committed herself to staying another year in Rome</i>	
concept	Noun	/ˈkɒnsept/	έννοια, ιδέα	a concept is an idea		<i>I've read about what they do and I think it's a brilliant concept the concept behind the plan is very complicated the basic concept is described in chapter 2 the original concept of the light bulb was very clever</i>	
consultancy	Noun uncount	/kənˈsʌltənsi/	συμβουλευτική, συμβουλευτικές υπηρεσίες	consultancy is the job of advising businesses about a particular aspect of what they do		<i>she took a job with a large consultancy firm last year, the company spent over £1m on consultancy fees a management consultancy</i>	
cooking utensil	Noun	/ˈkʊkɪŋ ju(:)ˈtensl/	μαγειρικό σκεύος	a cooking utensil is a tool that you use in the kitchen when you are preparing food, such as a bowl, knife, frying pan, etc		<i>the kitchen is fully equipped with cooking utensils we had to supply our own cooking utensils metal cooking utensils</i>	
creative	Adjective	/kriˈeɪtɪv/	δημιουργικός, εφευρετικός	someone who is creative is able to use their imagination well to think of new and interesting things. Their ideas and actions can also be called creative		<i>a creative and adaptable professional turning data into usable information is a creative process she had loads of creative ideas for new apps he made a number of very creative suggestions we need a bit of creative thinking to solve this problem</i>	Verb: create Adverb: creatively Noun: creativity
curious	Adjective	/ˈkjʊəriəs/	περίεργος, φιλοπερίεργος	if you are curious about something, you want to know more about it	curious about something very curious be curious (to know/hear/learn) about something	<i>all children are curious about the world around them the museum has a lot to offer the curious visitor I'm very curious to know what's inside the suitcase she wasn't in the least curious about where he had been</i>	Noun: curiosity Adverb: curiously
easy-going	Adjective	/ˈi:zi ˈgəʊɪŋ/	καλόβολος, χαλαρός	someone who is easy-going is always relaxed and never gets worried or stressed about anything		<i>they're both easy-going types who are passionate about travel we encourage a friendly, easy-going atmosphere I'm lucky my boss is so easy-going she was talkative, cheerful and very easy-going</i>	
flood	Noun	/flʌd/	πλημμύρα	a flood is an occasion when large amounts of water pour into an area, for example after there has been a lot of very heavy rain or if a water pipe bursts		<i>there've been a lot of floods with all this rain the village was cut off by floods the flood water rose rapidly overnight the need for better flood defences the area has regular floods</i>	Verb: flood Noun: flooding

independent-minded	Adjective	/ˌɪndɪˈpɛndənt ˈmaɪndɪd/	με ανεξάρτητη/ελεύθερη σκέψη	someone who is independent-minded makes their own decisions and does what they want rather than doing what other people want them to do		<i>a curious and independent-minded person an independent-minded politician who often disagreed with his own party even as a child she was independent-minded and rebellious</i>	
paperwork	Noun uncount	/ˈpeɪpə(r), wɜː(r)k/	χαρτούρα, γραφειοκρατία, έγγραφα	paperwork is forms that are being filled in, reports that are being written, etc, typically thought of as being dull and uninteresting		<i>the job mostly involves paperwork I'm trying to finish all this paperwork before I go on holiday you need to collect all the necessary paperwork together she had a mountain of paperwork to get through even more paperwork arrived this morning</i>	
passionate	Adjective	/ˈpæʃ(ə)nət/	παθιασμένος, ένθερμος	if you are passionate you feel very fond of and enthusiastic about something		<i>she was very passionate about her work his manager described him as a passionate and committed employee the university was looking for passionate students</i>	
persuasive	Adjective	/pə(r)ˈswɛɪsɪv/	πειστικός	someone or something that is persuasive convinces you that something is true or that you should do something		<i>his analysis is highly persuasive there was persuasive evidence of his guilt he was so persuasive I eventually agreed to the proposal there were persuasive reasons for staying in Prague</i>	Verb: persuade Adverb: persuasively Noun: persuasiveness Noun: persuasion
spreadsheet	Noun	/ˈspredʃiːt/	υπολογιστικό φύλλο, φύλλο excel	a spreadsheet is a computer program that displays information in rows and columns, and that can do calculations with the data it displays. Spreadsheets are used especially for financial information		<i>I've handed out the spreadsheet of current figures I created a spreadsheet for our household expenses this spreadsheet will help you work out how much your electricity bills are likely to be the spreadsheet is updated at the end of every working day</i>	
suited	Adjective	/ˈsuːtɪd/	κατάλληλος, ταιριαστός	if you are suited to something, you have the right qualifications, experience, or personality for it	suited to something	<i>I think I'm quite suited to the job not everyone is suited to working in an office they were perfectly suited to each other</i>	
trek	Verb	/trek/	ταξιδεύω με τα πόδια	if you trek somewhere, you go on a long and difficult journey by walking		<i>he spent two years trekking through South America we trekked up the river for a few days by afternoon, we had trekked 15 miles</i>	Noun: trek Noun: trekking

pp 126-127	POS	Pronunciation		Definition	Collocates	Examples	Word family
capability	Noun	/ˌkeɪpəˈbɪləti/	ικανότητα, δυνατότητα	someone's or something's capabilities are the things that they are good at doing or that they are able to do		<i>she waited for a chance to show her capabilities these capabilities are what makes humans different from animals so they have the capability to finish the project on time? the camera has an automatic focusing capability</i>	Adjective: capable
civil war	Noun	/ˈsɪvəl wɔː/	εμφύλιος πόλεμος	civil war is a war fought between groups of people within one country		<i>Syria is being torn apart in a civil war the English civil war was nearly 400 years ago after the revolution of 1917, Russia faced several years of civil war</i>	
controversy	Noun	/ˈkɒntrəvɜː(r)si/	αντιπαράθεση, διένεξη	controversy is a serious disagreement among a number of people about an important subject	cause/provoke/arouse (a) controversy	<i>there's been some controversy about how they drill for oil the proposals have caused a lot of controversy some recent controversies in the media the proposal aroused a fierce controversy there is some controversy surrounding his place in history</i>	Adjective: controversial Adverb: controversially
elegant	Adjective	/ˈelɪɡənt/	κομψός, καλαίσθητος	someone who is elegant always dresses very well and has a good figure		<i>he was charmed by the elegant Egyptian queen his mother was an elegant woman of 53 I felt so elegant in my new clothes</i>	Adverb: elegantly Noun: elegance
grief	Noun uncount	/ɡriːf/	πένθος, θλίψη	grief is great sadness that you feel when someone you know and like dies		<i>his grief was so great that he killed himself he didn't know how to talk about his grief I'd never experienced grief like this before her early death caused much grief among her family and friends</i>	Verb: grieve
infuriate	Verb	/ɪnˈfjuəriət/	εξαγριώνω, εξοργίζω	if something infuriates you, it makes you very angry		<i>his attitude infuriated her he has the ability to infuriate people with his opinions it just infuriates me that they are allowed to do such things what infuriated him was that she did not even apologise for being so late</i>	Adjective: infuriating Adverb: infuriatingly Adjective: infuriated
overjoyed	Adjective	/ˌəʊvə(r)ˈdʒɔɪd/	πανευτυχής, πολύ χαρούμενος	if someone is overjoyed , they are very happy about something		<i>she was overjoyed to hear that he wasn't hurt in the crash we were overjoyed when he came back alive from the war he was overjoyed to hear the plan was finally working</i>	
rival	Noun	/ˈraɪv(ə)l/	αντίπαλος	a rival is a person or organisation who is competing with you to achieve something that only one of you can have	someone's main/nearest/chief/closest/fiercest rival a bitter/deadly rival	<i>his closest rival was injured two weeks before the race they'd been bitter rivals for 20 years, but now they've found friendship Radcliffe finished the race nearly two minutes ahead of her nearest rival</i>	Noun: rivalry
rug	Noun	/rʌɡ/	χαλί	a rug is a thick piece of cloth that is used to cover part of the floor in a room		<i>a beautiful Turkish rug it has the soft feel of a wool rug a blue rug with matching cushions</i>	
seize	Verb	/siːz/	καταλαμβάνω, αρπάζω	to seize a place or to seize control of somewhere means to use force to take control there	seize control seize power seize the throne	<i>two weeks later she seized the throne rebels seized control of the presidential palace they seized public buildings and the airport Lenin was finally able to seize power in October 1917 he seized the city of Vidin in 1365</i>	Noun: seizure
successor	Noun	/səkˈsesə(r)/	διάδοχος	the successor to someone is the person who takes their place and does their job after they die or stop doing the job		<i>after he resigned, it took the firm over four months to appoint a successor her successor sadly died three weeks later he did not want to resign until they had decided on a successor I'm sure my successor will continue to grow the business</i>	Verb: succeed Noun: succession
throne	Noun	/θrəʊn/	θρόνος	a throne is a special chair that a king or queen sits on at formal occasions. People also talk about the throne to refer to the role and function of being a king or queen	succeed to the throne be on the throne	<i>she succeeded to the throne in 1952 she's been on the throne (queen) for 65 years the throne passed from father to son Henry VII claimed the throne after the Battle of Bosworth Field</i>	

p 128	POS	Pronunciation		Definition	Collocates	Examples	Word family
accommodate	Verb	/əˈkɒmədeɪt/	φιλοξενώ	if a place can accommodate a certain number of people, it can hold them all at the same time		<i>a holiday cottage that can accommodate six people the school was built to accommodate about 300 students the hall can accommodate 700 spectators</i>	Noun: accommodation

debris	Noun uncount	/ˈdeɪbrɪː/	συντρίμμια, ερείπια	debris is the broken pieces of something that remain after it has been destroyed somehow		<i>there was debris all over the road debris from the wreck came onto the beach firefighters started to remove the debris mud and debris flowed through the village after the storm</i>
module	Noun	/ˈmɒdjuːl/	μονάδα, θάλαμος	a module is a part of a spacecraft that can operate on its own when it separates from the rest of the spacecraft		<i>a landing module a lunar module (that is designed to land on the moon) the lunar module separated from the command module</i>

Unit 11 p 129	POS	Pronunciation		Definition	Collocates	Examples	Word family
acquire	Verb	/əˈkwaɪə(r)/	αποκτώ	if you acquire knowledge or a skill, you get it by learning about it and practising it		<i>children can acquire foreign languages more easily than adults I'm keen to acquire new skills his ability to sing was acquired through years of training</i>	Noun: acquisition
get	Verb	/get/	καταλαβαίνω, το πιάνω	when someone understands something difficult or complicated, you can say that they get it		<i>do you get my meaning? oh yes, now I get it he just didn't get how difficult the project was going to be</i>	
hands-on	Adjective	/hændz ɒn /	πρακτικός	hands-on educational materials let you touch and use things to help you learn about them rather than just read about them		<i>there's a lot of hands-on stuff in the museum a hands-on laboratory experiment classroom discussions and hands-on activities</i>	
interactive	Adjective	/ˌɪntərˈæktɪv/	διαδραστικός	an interactive system, display, computer program, etc changes what it does in reaction to the way you communicate with it		<i>an interactive computer game interactive teaching methods the workshops are interactive and great fun the website has an interactive demonstration of the software</i>	
pick up	Phrasal verb	/pɪk ʌp/	μαθαίνω	if you pick up a new skill, you learn it over a period of time and without a lot of effort		<i>she picked up some Spanish when she was living in Madrid I never learned to play guitar the properly - I just picked it up by watching videos we picked up a few phrases from our German neighbours</i>	
take in	Phrasal verb	/teɪk ɪn /	καταλαβαίνω, αφομοιώνω, χωνεύω	if you take in information, you read it or see it or hear it and then remember it		<i>better take notes, there's a lot to take in the lecturer spoke so fast I couldn't take it all in I've read it twice and I still haven't taken it in</i>	
unaware	Adjective	/ˌʌnəˈweə(r)/	δεν γνωρίζω	if you are unaware of something, you do not know about it or do not know that it exists	unaware of something unaware that	<i>I was unaware of that fact they were unaware of the problems that lay ahead everyone else was unaware that she was in such pain we were unaware that the shop was going to close at 5 o'clock</i>	Noun: unawareness Opposites – Adjective: aware Noun: awareness

pp 130-131	POS	Pronunciation		Definition	Collocates	Examples	Word family
by heart	Adverb	/baɪ ha:t/	απ' έξω και ανακατωτά, αποστηθίζω	if you learn something by heart or know something off by heart , you can remember it and repeat it without having to read any of it		<i>we had to learn two poems by heart for homework I've heard it so often I know it off by heart she knew the play by heart</i>	
cram	Verb	/kræm/	σκοτώνομαι στο διάβασμα	if you cram , you do a lot of revision for an exam very quickly and at the last minute	cram for something	<i>she spent the night cramming for her French literature exam we've been cramming since lunchtime</i>	
democratic	Adjective	/ˌdeməˈkræɪtɪk/	δημοκρατικός	if an activity is democratic , it is organised in a way that has the agreement or approval of the majority of people who are involved		<i>school life was far from democratic English has always been a thoroughly democratic language the office is democratic and we each organise our own work</i>	Adverb: democratically Noun: democracy
drop out	Phrasal verb	/drɒp aʊt/	εγκαταλείπω, παρατάω	if you drop out of a course of study, you stop doing it and leave the institution where you were studying. A person who does this is a dropout	drop out of something	<i>he had to drop out of school and earn money for his family he went back to college, but dropped out for a second time my mother was furious when I dropped out of university about one third of students drop out of the course by the end of the second year</i>	Noun: dropout
ensure	Verb	/ɪnˈʃʊ:(r)/	εξασφαλίζω, φροντίζω να	to ensure that something happens means to make certain that it happens	ensure that	<i>please ensure your child returns the signed letter to us you must ensure that all the clips are done up securely precautions to ensure the safety of all passengers</i>	
exam	Noun	/ɪgˈzæm/	εξέταση, διαγώνισμα	an exam is an important test that you do at school or university. When you do it, you are taking an exam . If you pass the exam , you are successful. If you fail the exam , you are not successful		<i>I spent all weekend studying for an exam when do your exams start? she passed all her exams he did all right in maths but failed his English exam I have to take my exams at the end of the year I'm revising for my final exams (the last exams at the end of a course of study)</i>	
in time	Adverb	/ɪn taɪm/	εγκαίρως	if you do something or get somewhere in time , you do it or get there before it is too late		<i>there's not much traffic so we should get there in time we arrived in plenty of time to have a drink before the film started make sure you're in time for the opening speech why do you never hand your homework in in time?</i>	
mark	Noun	/mɑ:(r)k/	βαθμός	a mark is the score or grade you get for a piece of schoolwork or an exam. When teachers mark work, they correct it and give it a score or grade	top marks a pass mark	<i>she expected to get a better mark after all that work I was surprised to get such a high mark he got top marks in the test (the highest marks possible) get a low mark the pass mark is 40 per cent (if you get less than 40%, you have failed the exam) you lose marks for bad spelling</i>	Verb: mark
regular	Adjective	/ˈregjʊlə(r)/	συνηθισμένος, κανονικός, τακτικός	someone or something that is regular is normal and ordinary, rather than being special or important		<i>having regular employees there makes the meetings more honest I'm just a regular bus driver</i>	
revise	Verb	/rɪˈvaɪz/	κάνω επανάληψη, μελετώ	if you revise a subject, you read your notes and textbooks about it in preparation for an exam	revise for something	<i>I'm revising for my history exams you need to spend at least six hours a day revising she spent the weekend revising that week's material the library was full of students revising for their final exams</i>	Noun: revision
speak up	Phrasal verb	/spi:k ʌp/	μιλάω, παίρνω τον λόγο, εκφράζω τη γνώμη μου	if you speak up , you say in public what your opinion is about something		<i>then another boy spoke up and said the school dinners were disgusting no one spoke up when they had the chance she waited a few seconds before speaking up</i>	

pp 132-133	POS	Pronunciation		Definition	Collocates	Examples	Word family
conscious	Adjective	/ˈkɒnʃəs/	συνειδητός, έχω επίγνωση	if you are conscious of something, you are aware of it and know it is happening or present	conscious of something conscious that	<i>I was conscious of what was happening, but I couldn't feel anything she was very conscious that she hadn't done her best in the interview he wasn't conscious of being tired even though he'd been up for 20 hours Tom was suddenly conscious of the fact that he was lost</i>	Adverb: <i>consciously</i>
grateful	Adjective	/ˈɡreɪtʃ(ə)l/	ευγνώμων	if you are grateful for something, you thank someone and say that you are glad that it has happened or that you have it	be/feel grateful for something be/feel grateful to someone	<i>the families are very grateful for the job I've done I'm grateful for all your help I'd be very grateful if you could phone me they were very grateful to us after we found their dog</i>	Adverb: <i>gratefully</i> Noun: <i>gratitude</i> Opposite – Adjective: <i>ungrateful</i> Noun: <i>ingratitude</i>
recall	Verb	/rɪˈkɔːl/	θυμάμαι, ανακαλώ στη μνήμη	if you can recall something, you are able to remember it. The word recall is rather formal, and the usual word to use is remember		<i>I can't recall the name of the artist everyone can recall moments like this if I recall correctly, they cost £12 each I don't recall exactly, but it must have been three or four years ago</i>	Noun: <i>recall</i>
selective	Adjective	/sɪˈlektɪv/	εκλεκτικός	if you are selective when you have a choice, you are very careful about what you choose, and do not choose something unless you are absolutely sure it is the best choice you can make. If you have a selective memory, you pretend that you do not remember certain things, usually because you know they might embarrass you or be unhelpful to you		<i>his selective memory means he won't admit he failed his driving test twice before he finally passed it we need to be more selective when it comes to hiring new staff I am very selective about what hotels I stay in</i>	Verb: <i>select</i>
urgent	Adjective	/ˈɜː(r)dʒ(ə)nt/	επείγων, επιτακτικός	if something is urgent , it is very important and you need to deal immediately		<i>if it's urgent, I'll get her to ring you as soon as she comes back I need to talk to Arthur – it's very urgent he was in need of urgent medical attention that afternoon, Adkin got an urgent call from the hospital</i>	Adverb: <i>urgently</i> Noun: <i>urgency</i>
wise	Adjective	/waɪz/	σοφός	someone who is wise knows and understands a lot of things and can make sensible decisions. If someone's actions or choices are wise , they have used their knowledge and understanding very well		<i>it was a wise decision to go to university my grandad was the wisest man I ever met mixing orange juice with milk was not a wise choice reading books will help you know more, but it won't make you wiser</i>	Adverb: <i>wisely</i> Noun: <i>wisdom</i> Opposite – Adjective: <i>unwise</i> Adverb: <i>unwisely</i>
pp 134-135	POS	Pronunciation		Definition	Collocates	Examples	Word family
beak	Noun	/biːk/	ράμφος	a bird's beak is the hard, sometimes pointed part of the front of its face around its mouth		<i>it has a black beak and yellow legs a long slender beak I drew the bird all right, but got the shape of its beak wrong</i>	
hesitation	Noun	/ˌhezɪˈteɪʃ(ə)n/	δισταγμός	a hesitation is a short pause before you say or do something, for example because you are nervous or worried about what you are going to say or do	without hesitation	<i>John asked if she liked him and without hesitation she said "No" after a long hesitation he agreed to come and visit me I said yes with not a moment's hesitation</i>	Verb: <i>hesitate</i> Adjective: <i>hesitant</i> Adverb: <i>hesitantly</i> Opposites – Adjective: <i>unhesitating</i> Adverb: <i>unhesitatingly</i>
learn from your mistakes	Phrase	/lɜːn frɒm jɔː mɪsˈteɪks/	μαθαίνω από τα λάθη μου	if you learn from your mistakes , you think about something you did wrong or badly and make sure you do not do the same thing again		<i>the film was a disaster, but he learned from his mistakes and the next one he made was a great success each time he fails, he learns from his mistakes and improves his efforts the trouble with Barbara was that she never learned from her mistakes</i>	
learn to walk before you can run	Phrase	/lɜːn tuː wɔːk bɪˈfɔː juː kæn rʌn/	μάθε πρώτα να μπουσουλάς και ύστερα περπάτα	if you tell someone that they have to learn to walk before they can run , you mean that they are trying to do something too quickly and need to do it step by step to make sure that they are doing it right all the time		<i>you can do that maybe next year, but you need to learn to walk before you can run</i>	
learn your lesson	Phrase	/lɜːn jɔː ˈlesn/	παίρνω το μάθημά μου	if you have learned your lesson , a painful or embarrassing experience has taught you something you did not know and this knowledge will help you avoid making the same mistake		<i>I'm glad you didn't get hurt, and I hope you've learned your lesson I learned my lesson not to rely on what the weather forecast says the judge added "You went to prison once before, but you obviously didn't learn your lesson" he manages his money much better now, and says he's learned his lesson</i>	
live with it	Phrase	/lɪv wɪð ɪt/	αποδέχομαι κάτι δύσκολο, μπορώ να το αντέξω, συμβιβάζομαι με την ιδέα	if you tell someone they have to live with it , you mean that they have to accept a difficult situation and not complain any more because there is nothing that can be done to change it	learn to live with it	<i>it's too late now. I've taken the job in Manchester and you'll just have to live with it I don't think dad will pay for you to go back to college, so you'll have to learn to live with it</i>	
mispronounce	Verb	/ˌmɪsprəˈnaʊns/	προφέρω λάθος	if you mispronounce a word, you say it incorrectly		<i>Daffydd gets annoyed when people mispronounce his name – it should sound like Davith and rhyme with "with" it's easy to mispronounce English words because the spelling often doesn't give you any help my French teacher isn't French and mispronounces words all the time</i>	
ripe	Adjective	/raɪp/	ώριμος	ripe fruit or crops have grown enough to be ready to eat		<i>make sure you use only ripe tomatoes ripe bananas will turn black within a few days wait until the grapes are properly ripe before you pick them</i>	Verb: <i>ripen</i>
the tricks of the trade	Phrase	/ðə ˈtrɪks ɒv ðə ˈtreɪd/	τα μυστικά του επαγγέλματος	the tricks of the trade are good ways to do certain things that most people do not know about	learn the tricks of the trade	<i>he showed me a few tricks of the trade I spent a week in the factory learning the tricks of the trade now he's passing on the tricks of the trade to his son I got a few tricks of the trade off their website</i>	
walnut	Noun	/ˈwɔːlnʌt/	καρύδι	a walnut is a nut (the seed of a tree) that you can eat. It has a very hard, brown shell that you have to break to get to the nut inside		<i>the bird has a brain the size of a walnut we have two walnut trees in our garden does the cake have walnuts in it? cracking walnuts (breaking the shells)</i>	
pp 136-137	POS	Pronunciation		Definition	Collocates	Examples	Word family

enquire	Verb	/ɪnˈkwaɪə(r)/	ρωτάω	if you enquire about something, you ask a question intended to get some information about it. The spelling inquire is also used	enquire about something	<i>I'm just calling to enquire about some prices I'm phoning to inquire whether you have any rooms available when I originally enquired about the course you told me there were no places left he politely inquired what I was doing</i>	Noun: enquiry or inquiry
hold back	Phrasal verb	/həʊld bæk/	κρατάω πίσω, επιβραδύνω, συγκρατώ	to hold someone or something back means to prevent their development or progress in some way		<i>half of all teachers believe children are being held back by health and safety regulations all this red tape is holding back the development of a new energy industry the housing crisis is holding back the economy he missed three weeks of school, which has held him back a bit this year</i>	
previous	Adjective	/ˈpriːviəs/	προηγούμενος	previous means happening or existing at some time before the present		<i>the previous owner now lives in Spain in previous years, we kept the hotel open at Christmas I had no previous knowledge of car mechanics my previous laptop only had a 10GB hard disk</i>	Adverb: previously

pp 138-139	POS	Pronunciation	Definition	Collocates	Examples	Word family
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chant	Noun	/tʃɑːnt/	ψαλμός	a chant is a word or group of words that people say or sing over and over again		<i>the yoga lessons always begin with a chant the football fans began a new chant a traditional Buddhist chant someone started a chant of "Freedom, Freedom"</i>	Verb: chanting
deforestation	Noun uncount	/diːˌfɒrɪˈsteɪʃ(ə)n/	αποψίλωση	deforestation is the process of cutting down trees to clear the land for other uses		<i>deforestation can have a seriously bad effect on wildlife we need to slow down the rate of deforestation in South America the Pacific region is experiencing rapid deforestation along with all the problems that come with it</i>	
heal	Verb	/hiːl/	θεραπεύομαι, επουλώνομαι	if a wound or a broken bone heals , or if something heals it, it recovers and becomes well again		<i>the cut will heal quicker if you leave it open to the air it took several weeks for the wound to heal give it time and it will heal itself she was healed by the latest medical treatment</i>	
isolated	Adjective	/ˈaɪsəˌleɪtɪd/	απομονωμένος	an isolated place does not have other houses, towns, or cities nearby		<i>the camp site was quite isolated living in an isolated rural area Hawker has explored some of the most remote and isolated places in the world we rented an isolated farmhouse in Normandy</i>	Noun: isolation
multiply	Verb	/ˈmʌltɪplaɪ/	πολλαπλασιάζω	if something multiplies , it creates more and more of itself		<i>these plants are healthy and multiplying it's amazing how fast these weeds multiply his debts had multiplied greatly</i>	
reserve	Noun	/rɪˈzɜː(r)v/	καταφύγιο	a reserve is a large area of land where wild animals are protected	a wildlife/nature reserve	<i>I spent a year working in a wildlife reserve in West Africa we saw a lot of elephants in the wildlife reserve there's a nature reserve near Pulborough where people go to watch birds</i>	

	POS	Pronunciation	Definition	Collocates	Examples	Word family
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asylum	Noun uncount	/əˈsaɪləm/	άσυλο	asylum is the right to stay in a country. It is given by a government to someone who is unable to return to their own country for political reasons	grant someone asylum seek asylum political asylum an asylum seeker	<i>over 500 refugees were granted asylum a growing number of these people are seeking political asylum the regulation was put in place to protect asylum seekers</i>	
dialect	Noun	/ˈdaɪəlekt/	διάλεκτος	a dialect is a form of a language that is slightly different from the form that most people use, and is spoken by people in a particular region or from a particular social group	regional/local dialect	<i>she spent a year learning the local dialect dozens of dialects are spoken in Japan "twitten" is a Sussex dialect word for a narrow path in a town or village when we first moved to that part of the country, we couldn't really understand the dialect</i>	

Unit 12	POS	Pronunciation	Definition	Collocates	Examples	Word family
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buying power	Noun singular	/ˈbaɪɪŋ ˈpaʊə/	αγοραστική δύναμη	buying power is a measure of how much a person or organisation can buy with the money they have available		<i>when the pound fell against the dollar, my buying power went down too workers' buying power grew over the following decade a country with a lot of buying power</i>	
haves and have nots	Noun	/hævz ænd hæv nɒts/	οι έχοντες και οι μη έχοντες, οι εύποροι και οι πτωχοί	if you talk about the haves and the have nots , you are talking about people who have a lot of money and possessions and people who do not have much money or many possessions		<i>the gap between the haves and the have nots is getting wider our country is divided between the haves and have nots</i>	
income gap	Noun	/ˈɪnkʌm ɡæp/	εισοδηματική ανισότητα	the income gap is the difference between the amount of money that is earned by well-paid people and the amount earned by low-paid people		<i>in Japan, the income gap between rich and poor is very small the income gap continued to grow between 2009 and 2011 Hong Kong's income gap is the greatest in the Asia/Pacific region a 31 per cent gender income gap (men earn on average 31% more than women)</i>	
standard of living	Noun singular	/ˈstændəd ɒv ˈlɪvɪŋ/	βιοτικό επίπεδο	the standard of living is a measure of how much wealth and comfort people have in their lives		<i>we moved out of London to try and improve our standard of living the standard of living declined substantially during the war Ottawa has a high standard of living the standard of living is lower in the north of the country</i>	

pp 142-143	POS	Pronunciation	Definition	Collocates	Examples	Word family
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consistently	Adverb	/kənˈsɪstəntli/	διαρκώς, μόνιμα	if something happens consistently , it usually or regularly happens		<i>Norway is consistently listed as one of the five happiest countries in the world the government consistently refuses to change the law boys consistently show more anger than girls Southern Rail consistently fail to run their trains on time</i>	
dream	Verb	/driːm/	ονειρεύομαι	if you dream , your mind sees things and events while you are asleep. If you dream of something, you imagine something that does not exist or that is unlikely to happen to you	dream of something	<i>Norway offers a quality of life that other countries can only dream of she won the lottery and now has more money than she could ever dream of he was still dreaming of living in New York</i>	Noun: dream

owe	Verb	/əʊ/	οφείλω	if you owe someone money, you have to give it to them because you borrowed it from them or because you have to pay them for something they have done for you or sold to you	owe someone something owe something to someone	<i>I still owe the bank another £2,000 I owe you three Euros from yesterday do you owe any money to anyone? you need to pay back what you owe them by the end of the month</i>	
pension fund	Noun	/ˈpɛnʃən fʌnd/	συνταξιοδοτικό ταμείο	a pension fund is a large amount of money that is saved by a government or organization to be able to pay the pensions of people after they retire		<i>Norway has the biggest pension fund in the world there's not enough in the company pension fund to pay everyone a decent pension the director of a pension fund</i>	
reserves	Noun plural	/rɪˈzɜː(r)vz/	αποθεματικά	reserves of oil, coal, gas etc are the amounts that are still in the ground somewhere waiting to be dug up	oil/gas/coal reserves	<i>Russia has the biggest reserves of natural gas and wood their gas reserves will last another 30 years Egypt has huge oil reserves the region is known to have extensive mineral reserves</i>	
subsidized	Adjective	/ˈsʌbsɪdaɪzd/	επιδοτούμενος	if an activity is subsidized , it gets money from a government or other organization so that it can take place, because there is not enough money available otherwise for it to happen		<i>the industry is still heavily subsidized subsidized childcare subsidized housing students here get subsidized internet access</i>	Verb: subsidize Noun: subsidy
work ethic	Noun uncount	/wɜːk ˈɛθɪk/	εργασιακή ηθική/ευσυνειδησία	someone's work ethic is their belief that it is important and morally right to work hard		<i>I respect his work ethic we need people with a strong work ethic the work ethic was particularly strong in my uncle's family</i>	
pp 144-145	POS	Pronunciation		Definition	Collocates	Examples	Word family
alteration	Noun	/ˌɔːltəˈreɪʃ(ə)n/	μεταποίηση	if you make alterations to a piece of clothing, you make changes to it so that it fits you properly		<i>I need to take my suit in for alteration I've had some alterations done on the trousers are you sure the collar doesn't need alteration?</i>	Verb: alter
child-minding	Noun uncount	/tʃaɪld ˈmaɪndɪŋ/	φύλαξη παιδιών	child-minding is the activity of looking after young children while their parents are at work		<i>a lot of what I earn goes to pay for child-minding child-minding services are available five days a week are there any child-minding facilities?</i>	Noun: child-minder
handyman	Noun	/ˈhændi,mæn/	μάστορας, πολυτεχνίτης	a handyman is someone who does small jobs for people, such as doing small repairs and other practical things		<i>we pay our handyman £12 an hour Dan said we didn't need a handyman but he still hasn't fixed the bathroom tap my usual handyman is in hospital so I had to call out an electrician</i>	
install	Verb	/ɪnˈstɔːl/	εγκαθιστώ	to install something means to put it in place and make it work		<i>we need someone to install our new kitchen (to put all the cupboards, electrical equipment, sink etc. in place) our neighbours have just had a new bathroom installed we need to install some heating they've installed security cameras in the car park the supermarket installed solar power she installed three more apps on her phone</i>	Noun: installation
kitchen cabinet	Noun	/ˈkɪtʃɪn ˈkæbɪnɪt/	ντουλάπι κουζίνας	a kitchen cabinet is a cupboard in a kitchen, usually fixed to the wall, for storing pots and pans and other kitchen utensils		<i>the door just fell off our kitchen cabinet our kitchen cabinets are white, but the walls are yellow we need some new kitchen cabinets</i>	
nanny	Noun	/ˈnæni/	νταντά, γκουβερνάντα	if you have a nanny , you have someone who stays in your house to look after your children while you are at work and at other times when you are busy		<i>she works as a nanny for a family in Kensington we needed a nanny when I went back to work they have a nanny for their three children the nanny looks after our kids and puts them to bed</i>	
personal shopper	Noun	/ˈpɜːsnl ˈʃɒpə/	προσωπικός αγοραστής	a personal shopper is someone who advises people about what to buy or who buys things on someone else's behalf		<i>she's been working as a personal shopper for over a year I don't need a personal shopper, thanks, I'm happier choosing for myself</i>	
personal trainer	Noun	/ˈpɜːsnl ˈtreɪnə/	προσωπικός γυμναστής	a personal trainer is someone who advises you individually on what exercise to do to get fit and stay fit		<i>I found a personal trainer on the Internet Jeremy recommends his personal trainer, who used to be an Olympic athlete he sees a personal trainer three times a week</i>	
take things to extremes	Phrase	/teɪk θɪŋz tuː ðɪ ɪksˈtriːm/	φτάνω στα άκρα, το παρατραβάω	if someone takes things to extremes , they do something much more than is normal or reasonable		<i>it was a good idea to buy a second car, but a Jaguar is taking things to extremes trust Jeff to take things to extremes – that's the fourth time he's been to see that film</i>	
valid	Adjective	/ˈvælɪd/	βάσιμος, εύλογος, έγκυρος	ideas or opinions that are valid are based on reasonable thinking and can be justified even if you do not agree with them	a valid reason/excuse a valid argument/opinion/point a valid objection	<i>a different view, but one that is equally valid not enough evidence to reach a valid conclusion I just don't agree that his criticism was valid do you have any valid reasons for thinking that? they raised a number of valid objections there is no valid argument against the proposal</i>	Noun: validity Antonym: invalid
pp 146-147	POS	Pronunciation		Definition	Collocates	Examples	Word family
buzz	Noun	/bʌz/	έξαψη, βουητό, σούσουρο	if there is a buzz around something, people are interested in it and are talking about it on social media and on TV or radio	a buzz about/around something create a buzz	<i>there's a fantastic buzz about Cardiff at the moment it's expensive to live there, but London has a real buzz I get a real buzz every time I step onto the stage (start performing in public) the exhibition has already created a buzz after just two days</i>	
catchy	Adjective	/ˈkætʃi/	πιασάρικος	something that is catchy gets your attention quickly and is easy to remember		<i>her latest song has a really catchy opening a catchy tune it's an easy tune to remember – so catchy a great song with a catchy chorus a catchy slogan</i>	
fraction	Noun	/ˈfrækʃ(ə)n/	κλάσμα	a fraction of something is a very small amount or quantity of it	a fraction of something	<i>they set up the business at a fraction of the cost of opening a new restaurant Nibali finished just a fraction of a second after Froome only a fraction of the money was ever paid back</i>	
fuel	Verb	/ˈfjuːəl/	καύσιμο(-α)	to fuel something means to provide it with the coal, gas, electricity, etc that it needs to operate. If you fuel yourself, you eat or drink something to give you energy		<i>the boiler is fuelled by wood the use of uranium to fuel nuclear power stations eating together is not just fuelling ourselves, it's a social occasion</i>	Noun: fuel
initially	Adverb	/ɪˈnɪʃ(ə)li/	αρχικά, στην αρχή	you use initially to describe what happens at the start of a process or series of events, especially when this later changes		<i>initially, I didn't enjoy the job the company was quite successful initially Williams was initially reluctant but eventually agreed to the proposal</i>	Adjective: initial

loyal	Adjective	/ˈloɪəl/	πιστός	someone who is loyal supports someone or something reliably and without changing	fiercely loyal loyal support remain loyal (to someone or something)	<i>luckily we have a large number of loyal customers he's very loyal — always there for you when you need him only a few remained loyal to the prime minister you can be sure of our loyal support 25 years' loyal service to the company she is fiercely loyal to her family and her job</i>	Adverb: <i>loyally</i> Noun: <i>loyalty</i> Opposite – Adjective: <i>disloyal</i>
passing fashion	Noun	/ˈpɑːsɪŋ ˈfæʃən/	περαστική/παροδική μόδα	a passing fashion is something that becomes very successful and fashionable but then very quickly goes out of fashion and stops being successful		<i>social media is surely not just a passing fashion people thought neckties were a passing fashion, but they lasted over 100 years shoes that represent timeless style, not passing fashion</i>	
pick up on	Phrasal verb	/pɪk ʌp ɒn/	αντιλαμβάνομαι	if you pick up on something, you become aware of it and react to it		<i>he picked up on the feeling that food was important the audience picked up on what he was trying to say and started laughing am I the only person to have picked up on what's happening out there?</i>	
plugged-in	Adjective	/plʌgd ɪn/	ενημερωμένος	if you are plugged-in , you are aware of what is happening among the group of people who are like you because you follow social media		<i>a group of plugged-in young followers the latest track appeals to the plugged-in fans in the US as well as those in Britain our plugged-in culture</i>	
recession	Noun	/rɪˈseɪʃ(ə)n/	ύφεση	if there is a recession , there is much less business activity in a country, so some businesses do not make enough money to survive and some people lose their jobs	a global/worldwide/world recession a deep/severe recession a prolonged recession a recession deepens be in recession	<i>the whole world is facing a global recession an economic recession the recession deepened in November the country is in recession since the recession ended, companies have created nearly 4.5 million jobs the economy could sink into recession again the measure failed to get the country out of recession</i>	
regular	Noun	/ˈregjʊlə(r)/	τακτικός	a regular is a customer who often goes to the same shop, pub, restaurant, etc		<i>he's been a regular here for nearly 30 years you can tell who the regulars are because they get served straight away they offer special discounts for regular customers</i>	
set up	Phrasal verb	/set ʌp/	στήνω, ιδρύω	if you set up something such as a business, you make all the necessary preparations for it to start and to work properly		<i>she wants to set up her own business when she finishes university I run the company now, but it was my father who set it up life was very hard when they were setting up the company</i>	
sticker	Noun	/ˈstɪkə(r)/	αυτοκόλλητο	a sticker is a piece of paper, usually with writing or a picture on it, that you can attach to something		<i>the trucks were covered with colourful stickers you have to put a sticker on the bag to show that you have paid a sticker on the sofa said it was reduced to £750</i>	
trend	Noun	/trend/	τάση	a trend is a new fashion or activity that lots of people start to like or get involved in		<i>the current trend is to invest heavily in tech companies this hairstyle is the latest trend Hollywood has been a major influence on fashion and trends in many areas of life</i>	Adjective: <i>trendy</i>
truck	Noun	/trʌk/	φορτηγό	a truck is a large road vehicle that is used for carrying goods. A food truck is a truck that carries food and cooking equipment and that stops somewhere and sells cooked meals to people		<i>there was a long line of cars stuck behind a truck there were several food trucks at the music festival he drove a truck for a living it took half an hour to load the truck heavy trucks had damaged the road the cafe was full of truck drivers</i>	
upmarket	Adjective	/ʌp ˈmɑː(r)kɪt/	πολυτελής, ακριβός, αριστοκρατικός	upmarket goods or services are very expensive and are made for people who are prepared to spend a lot of money on them		<i>an upmarket restaurant in Pimlico an upmarket sports car brand there are several upmarket hotels by the harbour they tried to move their cars more upmarket to appeal to the American market</i>	
van	Noun	/væn/	βανάκι, φορτηγάκι	a van is a road vehicle used for carrying things. Vans are bigger than cars but smaller than trucks or lorries		<i>an ice-cream van (that carries and sells ice-creams) we had to hire a van to get the wardrobe home the two men were taken away in a police van there was a white van outside the house I never keep my equipment in the van overnight</i>	
viral	Adjective	/ˈvaɪrəl/	viral, γίνομαι ευρέως γνωστός	when something on the internet goes viral , it suddenly becomes very popular and lots of people see it or download it and talk about it	go viral	<i>a number of their advertisements have gone viral his blog went viral and a social media storm began the video went viral with over a million views viral videos can earn a lot of money through advertising</i>	Adverb: <i>virally</i>

pp 148-149	POS	Pronunciation		Definition	Collocates	Examples	Word family
commitment	Noun	/kəˈmɪtmənt/	δέσμευση	a commitment is a promise you have made or something that you legally must do and that you cannot avoid doing		<i>paying rent for the next ten years is a big commitment a minimum commitment of three months is required a time commitment to the club of eight hours per month I can't come to the meeting on Thursday because I have other commitments</i>	Adjective: <i>committed</i>
follow-up	Noun	/ˈfɒləʊ ʌp/	μετέπειτα έλεγχος, παρακολούθηση	a follow-up is something that is done to add to earlier work or to check that earlier work was done properly and successfully		<i>a follow-up study confirmed the findings a follow-up visit to the doctor two weeks after the operation patients with this condition require follow-up on a regular basis he refused to answer my follow-up questions</i>	Phrasal verb: <i>follow up</i>
get-out clause	Noun	/ɡet aʊt kləʊz/	ρήτρα υπαναχώρησης/εξόδου	a get-out clause in a contract or lease is something that allows one side or the other to break the contract or leave some time before the stated end		<i>it's a ten-year lease with a get-out clause after six years we couldn't agree about the get-out clause they chose to activate the get-out clause after three months</i>	
in someone's shoes	Phrase	/ɪn ˈsʌmwʌnz ʃuːz/	στη θέση κάποιου	you talk about being in someone's shoes when you are trying to explain what the best course of action would be for that person		<i>if I were in your shoes, I wouldn't sign the contract put yourself in his shoes and try and imagine what he should do in your shoes, I'd go to a private doctor rather than wait any longer</i>	
innovative	Adjective	/ɪˈnɒvətɪv/	καινοτόμος	something that is innovative involves the use of new ideas to create something that is original		<i>an innovative approach to traffic management the new packaging has an innovative design it was a highly innovative product when it was launched his ideas did not seem very innovative</i>	Verb: <i>innovate</i> Noun: <i>innovation</i> Noun: <i>innovator</i>
lease	Noun	/liːs/	μίσθωση, μισθωτήριο	a lease is a legal agreement that lets someone use a building, car, piece of land etc for a certain period of time, usually in exchange for regular payments		<i>a ten-year lease the lease is up soon (the period of time will soon end) we want to renew our lease (start a new one) the lease has a get-out clause after three years</i>	

posture	Noun	/ˈpɒstʃə(r)/	στάση του σώματος	your posture is the way you hold your body. If you have good posture you stand or sit very straight		<i>good posture is important if you want to create a good impression in the interview his posture was relaxed and confident his back pain was the result of bad posture there are several health risks associated with poor posture</i>	
pp 150-151	POS	Pronunciation		Definition	Collocates	Examples	Word family
consolidate	Verb	/kənˈsɒlɪdeɪt/	ενοποιώ	when a business consolidates its activities, it starts combining different parts or different activities in order to try and work more efficiently		<i>we're having to consolidate the range of services we provide the companies consolidated into four main businesses the Bristol factory was closed, and operations were consolidated at the Newcastle centre</i>	Noun: consolidation
flip side	Noun	flɪp saɪd	αρνητική πλευρά, η άλλη όψη	the flip side of a good situation is a disadvantage that it has	on the flip side	<i>the hotel was comfortable, but on the flip side, the weather was dreadful the shop was still open, but on the flip side, they'd run out of bread</i>	
greenhouse	Noun	/ˈɡriːnˌhaʊs/	θερμοκήπιο	a greenhouse is a small building with glass sides and a roof that people use for growing seeds and for plants that need to be warm		<i>we have a small greenhouse at the bottom of the garden a south-facing greenhouse I grow tomatoes and cucumbers in the greenhouse</i>	
harvest	Noun	/ˈhɑː(r)vɪst/	συγκομιδή	harvest is the process of collecting crops from the fields where they have been growing. A harvest is all the crops once they have been collected		<i>better farming techniques will lead to better harvests the weather stayed fine throughout the harvest the harvest takes between 10 and 30 days after three weeks, the harvest was all gathered in the wheat harvest yielded 2,500 tons of grain there was a record harvest in 2014 (the biggest amount ever was collected)</i>	Verb: harvest
herb	Noun	/hɜː(r)b/	βότανο	a herb is a plant with leaves that are used to add flavour to food		<i>mint is an easy herb to grow in your garden add some chopped herbs before you serve it use fresh herbs if you can get them a jar of mixed, dried herbs</i>	
inventory	Noun	/ˈɪnvəntəri/	απογραφή, απόθεμα	a shop's inventory is all the items it has available for sale at one time		<i>shops use barcode scanners to keep track of inventory their inventory includes over 3,000 separate items inventory control is essential for a successful business</i>	
massive	Adjective	/ˈmæsvɪ/	ογκώδης, τεράστιος	something that is massive is very big and very serious or impressive		<i>we suffer massive inventory losses they live in a massive house in Newport the factory is absolutely massive the massive shape of Mount Snowdon appeared through the mist we faced massive costs for repairing the house</i>	
pebble	Noun	/ˈpeb(ə)l/	βότσαλο	a pebble is a small, smooth stone found especially on beaches by the sea		<i>most of the beach is covered in pebbles running over pebbles in bare feet is quite uncomfortable I prefer sandy beaches to ones with pebbles she collects pebbles with holes in them</i>	
quality over quantity	Phrase	/ˈkwɒlɪti ˈəʊvə ˈkwɒntəti/	ποιότητα αντί ποσότητας	if you talk about quality over quantity , you are saying it is better to have a small amount of good quality things than a large amount of things of poor quality		<i>I'd choose quality over quantity every time it's time we concentrated on quality over quantity with furniture, choose quality over quantity</i>	
retail area	Noun	/ˈriːteɪl ˈeəriə/	εμπορική περιοχή, χώρος λιανικής πώλησης	a retail area is part of a building or place where goods are sold to the public		<i>the ground floor is a massive retail area we plan to expand the retail area at the farm (make it bigger) this is the main retail area of the town Manchester has two large retail areas</i>	
shipping container	Noun	/ˈʃɪpɪŋ kənˈteɪnə/	εμπορευματοκιβώτιο, κοντέινερ	a shipping container is a very large metal container for transporting goods that can be easily transferred from lorries onto ships and back onto lorries		<i>a standard 40 foot long shipping container the invention of shipping containers in 1956 completely changed the way goods were transported the company bought another 12 shipping containers</i>	
soil	Noun uncount	/sɔɪl/	έδαφος	soil is the earth in which plants grow		<i>fertilisers that will improve the soil a good fertile soil struggling to grow crops in poor soils a sandy soil a clay soil well drained soil is essential for these plants these soil samples were analysed</i>	
p 152	POS	Pronunciation		Definition	Collocates	Examples	Word family
human nature	Noun uncount	/ˈhjuː.mən ˈneɪtʃə/	ανθρώπινη φύση	human nature is the usual and general way in which people behave		<i>someone will offer to help – that's human nature after all it's human nature to ask questions it's in human nature to want to keep things the same making mistakes is human nature too</i>	
ladder	Noun	/ˈlædə(r)/	σκάλα	a ladder is a piece of equipment that you use to climb up to high places, consisting of two long sides connected by wooden or metal bars for your feet		<i>I fell off a ladder and broke my leg I'll need a ladder to clean the upstairs windows the ladder wasn't long enough to reach the roof can you hold the bottom of the ladder while I climb up it?</i>	