

## Intermediate Word lists

### Greek

#### Συντομογραφίες στο μάθημα λέξεων:

Οι ακόλουθες συντομογραφίες χρησιμοποιούνται στον κατάλογο λέξεων: n = noun (ουσιαστικό), v = verb (ρήμα), adj = adjective (επίθετο), adv = adverb (επίρρημα), phr = phrase (φράση), phr v = phrasal verb (ρήμα με πρόθεση ή/και επίρρημα)

Word	Pronunciation	Definition	Example(s)	Translation
<b>Unit 3</b>				
<b>p33</b>				
achieve something (phr)	/ə'tʃi:v ,sʌmθɪŋ/	to succeed in doing something	<i>She achieved her goal of running a marathon.</i>	επιτυγχάνω κάτι
beat someone (phr v)	/'bi:t ,sʌmwʌn/	to win against an opponent	<i>She beat me at chess</i>	κερδίζω/νικάω κάποιον
bounce (v)	/baʊns/	to move away from a surface after hitting it, or to make something move away from a surface after hitting it	<i>He bounced the ball against the wall.</i>	αναπηδώ
break a record (phr)	/,breɪk ə 'rekɔ:(r)d/	to get the best result that there has ever been	<i>Her 100m sprint broke a record.</i>	σπάω το ρεκόρ
court (n)	/kɔ:(r)t/	a space drawn out on the ground to play games on, eg tennis, basketball	<i>The tennis court is on the left.</i>	γήπεδο
diving (n)	/'daɪnɪŋ/	the sport of jumping into water head and arms first, or of swimming underwater	<i>He won the diving competition.</i>	καταδύσεις

do your best (phr)	/ˌduː jə(r) 'best/	do something as well as it is possible for you to do	<i>Don't worry about winning, just do your best.</i>	κάνω ό,τι καλύτερο μπορώ
encourage someone to do something (phr)	/ɪnˌkʌrɪdʒ sʌmwʌn tə 'duː sʌmθɪŋ/	make someone more likely to do something	<i>He encourages people to try new sports.</i>	ενθαρρύνω/παροτρύνω κάποιον να κάνει κάτι
feel proud (phr)	/ˌfiːl 'praʊd/	pleased about something that you have done or are connected with	<i>I feel proud to be part of the winning team.</i>	αισθάνομαι περήφανος
give someone a sense of (phr)	/ˌɡɪv sʌmwʌn ə 'sens ɒv/	cause the feeling of	<i>Doing something difficult gives me a sense of achievement.</i>	μου δίνει την αίσθηση
gymnastics (n)	/dʒɪm 'næstɪks/	exercises to improve strength and the ability to move, balance, and bend	<i>He is practising his gymnastics routine.</i>	γυμναστική
karate (n)	/kə'reɪti/	a Japanese way of fighting using your hands and feet	<i>She has a black belt in karate.</i>	καράτε
keep fit (phr)	/ˌkiːp 'fɪt/	doing exercises to keep you healthy	<i>I don't like the gym, but I go swimming to keep fit.</i>	κρατιέμαι σε φόρμα, γυμνάζομαι
limit (n)	/ˈlɪmɪt/	the point at which something stops being possible	<i>He knows the limits of his ability.</i>	όριο
opponent (n)	/ə'pəʊnənt/	someone that you play against	<i>Her opponent won the match.</i>	αντίπαλος
pitch (n)	/pɪtʃ/	an area of ground, normally covered in grass, on which you play a game eg football or rugby	<i>The players walked onto the pitch.</i>	γήπεδο, αγωνιστικός χώρος
play an important role (phr)	/ˌpleɪ ən ɪmˌpɔː(r)t(ə)nt 'rəʊl/	being the main person involved in an activity	<i>She played an important role in planning the football match.</i>	παίζω σημαντικό ρόλο
push one's limit (phr)	/ˌpʊʃ wʌnz 'lɪmɪt/	trying to increase the greatest amount or level possible	<i>Every time he runs he pushes his limit to run faster.</i>	πιέζω τον εαυτό μου/τα όρια μου
raise money (phr)	/ˌreɪz 'mʌni/	to collect money for something	<i>Raise money for a local charity.</i>	συγκεντρώνω χρήματα

referee (n)	/ˌrefəˈri:/	a person who watches all the players in a game and makes sure they follow the rules	<i>The referee gave her the point.</i>	διαιτητής
represent (v)	/ˌreprɪˈzent/	to be the person from a particular place to take part in a competition	<i>He is representing Spain in the competition.</i>	εκπροσωπώ
rink (n)	/rɪŋk/	a large, flat surface made for skating on	<i>I go to the ice rink every Sunday to learn to ice skate.</i>	παγοδρόμιο
score a goal (phr)	/ˌskɔː(r) ə ˈɡəʊl/	getting a ball into a net	<i>He wants to score a goal in this match.</i>	βάζω γκολ
score points (phr)	/ˌskɔː(r) ˈpɔɪnts/	to win units that add up to the final score	<i>He scored more points than his opponent, so he wins.</i>	βάζω/κερδίζω πόντο
spectator (n)	/spekˈtətə(r)/	someone who watches an event	<i>The pitch was surrounded by spectators.</i>	θεατής
sprint (n)	/sprɪnt/	running as fast as possible	<i>The race is 200m sprint.</i>	σπριντ
track (n)	/træk/	a special path to hold races on	<i>A running track</i>	στίβος
train for an event (phr)	/ˌtreɪn fə(r) ən ɪˈvent/	practising an activity so you will be able to do it well on a certain day	<i>Start to train for an event six months before.</i>	προπονούμαι
train hard (phr)	/ˌtreɪn ˈhɑː(r)d/	practise a lot for an event	<i>If you want to win the race you will have to train hard.</i>	προπονούμαι σκληρά
trophy (n)	/ˈtrəʊfi/	an object, often a cup or statue, given to the winner of a competition	<i>Paul won the trophy this year.</i>	τρόπαιο, έπαθλο
<b>p34</b>				
athlete (n)	/ˈæθli:t/	someone who takes part in sports	<i>Here are the Olympic athletes.</i>	αθλητής
difficulty (n)	/ˈdɪfɪk(ə)lti/	the measure of how difficult something is	<i>Varying levels of difficulty.</i>	δυσκολία
measure (v)	/ˈmeɪʒə(r)/	to find the amount or size of something	<i>We measured the wall, it is two metres high.</i>	μετράω

professional (adj)	/prə'feɪ(ə)nəl/	doing something as a job, not as a hobby	<i>She is a professional athlete.</i>	επαγγελματίας
shadow (n)	/ˈʃædəʊ/	a patch of darkness made by an object being in front of light	<i>The tree cast a shadow on the ground.</i>	σκιά
solve (v)	/sɒlv/	to work out a problem	<i>Can you help me solve this maths problem?</i>	επιλύω, λύνω
<b>p35</b>				
competitor (n)	/kəm'petɪtə(r)/	someone who takes part in a competition	<i>The competitors all wear red shirts.</i>	διαγωνιζόμενος, αντίπαλος
recover (v)	/rɪ'kʌvə(r)/	to get better	<i>I was ill yesterday but I recovered quickly.</i>	αναρρώνω
shortly (adv)	/ˈʃɔː(r)tli/	not long	<i>She arrived at the hotel shortly after me.</i>	σύντομα, σε λίγο
<b>p36</b>				
compete (v)	/kəm'pi:t/	to take part in a competition or game	<i>There are four teams competing on Thursday.</i>	διαγωνίζομαι, ανταγωνίζομαι
give up (phr v)	/ˌɡɪv 'ʌp/	to stop doing something	<i>She gave up gymnastics and started running.</i>	παρατώ, σταματώ
gym (n)	/dʒɪm/	a place with equipment for exercise	<i>He goes to the gym three times a week.</i>	γυμναστήριο
hunt (v)	/hʌnt/	to chase something in order to kill it	<i>He hunts the animals for their fur.</i>	κυνηγώ
impossible (adj)	/ɪm'pɒsəb(ə)l/	cannot be done	<i>The box is so heavy it is impossible to lift it.</i>	αδύνατο
join in (phr v)	/ˌdʒɔɪn 'ɪn/	to do something with other people	<i>Come and join in our game.</i>	συμμετέχω
keep up (phr v)	/ˌki:p 'ʌp/	to move at the same speed as someone	<i>Walk faster if you want to keep up with us!</i>	συμβαδίζω, φτάνω κάποιον
preparation (n)	/ˌprepə'reɪʃ(ə)n/	the act of getting ready for something	<i>She has been revising in preparation for the exams.</i>	προετοιμασία

take on (phr v)	/ˌteɪk 'ɒn/	to play against somebody	<i>France took on Argentina in last night's World Cup match.</i>	αναμετριέμαι με κάποιον
take up (phr v)	/ˌteɪk 'ʌp/	to start doing something	<i>My sister took up rowing last year.</i>	αρχίζω κάτι
warm up (phr v)	/ˌwɔː(r)m 'ʌp/	to prepare for exercise by doing light exercise or stretches	<i>Before the race she warms up for fifteen minutes.</i>	κάνω προθέρμανση, ζέσταμα
work out (phr v)	/ˌwɜː(r)k 'aʊt/	exercise to increase strength or fitness	<i>He works out at the gym every Tuesday and Thursday.</i>	γυμνάζομαι, ασκούμεαι
<b>p37</b>				
alternative (adj)	/ɔːl'tɜː(r)nətɪv/	something that you can choose to do or have	<i>If you don't eat meat we have a vegetarian alternative.</i>	εναλλακτική
although (conj)	/ɔːl'ðəʊ/	even though	<i>Although it is sunny it's very cold.</i>	παρότι, παρόλο που, αν και
amongst (prep)	/ə'mʌŋst/	happening in certain groups of people	<i>The music is popular amongst teenagers.</i>	σε, ανάμεσα
attitude (n)	/ˈætɪ,tjuːd/	the way that you think and feel about something	<i>She hated travelling, but her attitude has changed.</i>	στάση, αντιμετώπιση
aware (adj)	/ə'weə(r)/	knowing about something	<i>She was well aware of the problem.</i>	γνωρίζω, είμαι ενήμερος
behaviour (n)	/bɪ'heɪvjə(r)/	how someone acts	<i>His behaviour was aggressive.</i>	συμπεριφορά
celebrate (v)	/ˈseləˌbreɪt/	to show admiration for something	<i>She is celebrating her birthday.</i>	γιορτάζω
celebration (n)	/ˌseləˌbreɪʃ(ə)n/	a special act or event to celebrate something	<i>We are having a celebration for his birthday.</i>	γιορτή, εορτασμός
culture (n)	/ˈkʌltʃə(r)/	the way of life of a group of people	<i>European culture.</i>	κουλτούρα, πολιτισμός
dangerously (adv)	/ˈdeɪndʒərəsli/	in a way that is likely to cause something bad to happen	<i>He was dangerously close to the lion.</i>	επικίνδυνα
decrease (v)	/diː'kriːs/	to become smaller in number	<i>The number of students has decreased from 100 to 50.</i>	μειώνω(-ομαι)
destroy (v)	/dɪ'strɔɪ/	to damage beyond repair	<i>The fire destroyed the office.</i>	καταστρέφω

discourage (v)	/dɪs'kʌrɪdʒ/	to try and stop somebody from doing something	<i>An advert to discourage people from smoking.</i>	αποτρέπω, αποθαρρύνω
dramatically (adv)	/drə'mætɪkli/	very suddenly and extremely	<i>The number of people smoking has decreased dramatically.</i>	δραματικά
effective (adj)	/ɪ'fektɪv/	successful	<i>She is an effective teacher.</i>	αποτελεσματικός
estimated (adj)	/ˈestɪmɪtɪd/	used to show that the number or amount of something is a guess, not an exact number	<i>The estimated number of people at the conference is 4,500.</i>	εκτιμώμενος
go on (phr v)	/ˌgəʊ 'ɒn/	to continue	<i>Although smoking inside is banned we know it goes on.</i>	συνεχίζω(-ομαι)
habitat (n)	/ˈhæbɪtæt/	the type of place where something lives	<i>A polar bear's natural habitat is sea ice.</i>	οικότοπος, περιβάλλον
hunting (n)	/ˈhʌntɪŋ/	chasing animals to kill them	<i>Fox hunting is illegal in the UK.</i>	κυνήγι
influence (v)	/ˈɪnfluəns/	to have an effect on the way someone thinks or behaves	<i>She was influenced by her sister to go to university.</i>	επηρεάζω
killing (n)	/ˈkɪlɪŋ/	the act of killing something	<i>A series of terrible killings.</i>	σκοτωμός, θανάτωση, σφάζω ζώο
loss (n)	/lɒs/	the state of not having something	<i>She suffered a loss of blood in the accident.</i>	απώλεια
majority (n)	/mə'dʒɔrəti/	the largest part of a group	<i>The majority of the people wanted to take the train not the bus.</i>	πλειονότητα
percent (n)	/pə(r)'sent/	out of every hundred. Shown by the symbol %	<i>Approximately, 90 percent of the students passed the exam.</i>	τοις εκατό
physical (adj)	/ˈfɪzɪk(ə)l/	to do with the body	<i>His physical fitness has improved.</i>	σωματικός
population (n)	/ˌpɒpjʊ'leɪʃ(ə)n/	the number of people or animals living in a certain place	<i>The village has a population of 500.</i>	πληθυσμός
reduce (v)	/rɪ'dju:s/	to make smaller in quantity	<i>The number of trees has reduced since 2015.</i>	μειώνω(-ομαι)
reflect (v)	/rɪ'flekt/	to be a sign of something	<i>The colour of the painting reflected her mood.</i>	αντανakλώ, φανερώνω

replace (v)	/rɪˈpleɪs/	to do or use something instead of something else	<i>The trains will replace the old buses.</i>	αντικαθιστώ
similar (adj)	/ˈsɪmɪlə(r)/	almost, but not exactly, the same as	<i>My sister's dress is similar to mine.</i>	παρόμοιος
stick (n)	/stɪk/	a long thin piece of wood from a tree	<i>He collected sticks for the fire.</i>	κλαδί
strength (n)	/streŋθ/	being physically strong	<i>She used all her strength to move the rock.</i>	δύναμη
survey (n)	/ˈsɜ:(r)veɪ/	a study of opinions and behaviour, made by asking people questions	<i>The survey showed most people prefer swimming to running.</i>	έρευνα, δημοσκόπηση
take part (phr v)	/ˌteɪk ˈpɑ:(r)t/	to be involved	<i>Nearly 7,000 people took part in the race.</i>	συμμετέχω, λαμβάνω μέρος
though (adv)	/ðəʊ/	despite the fact that	<i>He likes drawing, even though he is not good at it.</i>	παρότι
threat (n)	/θret/	the possibility of danger or harm	<i>The woods are under threat.</i>	απειλή
trade (n)	/treɪd/	buying and selling or exchanging goods	<i>Trade between the villages has increased.</i>	εμπόριο, ανταλλαγή αγαθών
tradition (n)	/trəˈdɪʃ(ə)n/	a way of doing things that has existed for a long time among a group of people	<i>It's a tradition to bring cake to work on your birthday.</i>	παράδοση
traditional (adj)	/trəˈdɪʃ(ə)nəl/	being part of the way of life of a group of people	<i>It's traditional to give presents at Christmas.</i>	παραδοσιακός, εθισται
weapon (n)	/ˈwepən/	an object to fight or hurt someone with eg gun or knife	<i>Put down your weapons.</i>	όπλο
<b>p38</b>				
marathon (n)	/ˈmæərəθ(ə)n/	a race over 26.2 miles	<i>She ran two marathons last year.</i>	Μαραθώνιος
<b>p40</b>				
amount (n)	/əˈmaʊnt/	quantity	<i>It took a huge amount of time.</i>	ποσό, ποσότητα, πολύς
do something (phr)	/ˈdu: ˌsʌmθɪŋ/	take action	<i>He doesn't have a job, he needs to do something about it.</i>	κάνω κάτι

ensure (v)	/ɪn'ʃʊ:(r)/	to make certain something happens	<i>Please ensure that you lock the door when you leave.</i>	φροντίζω να, διασφαλίζω
I believe in you (phr)	/aɪ bi'li:v ɪn ,ju:/	to feel that someone will be successful	<i>You will win, I believe in you.</i>	πιστεύω σε σένα, έχω πίστη σε σένα
<b>p41</b>				
barely (adv)	/'beə(r)li/	just possibly but only with difficulty	<i>He can barely read</i>	μόλις, ίσα που, με το ζόρι
costume (n)	/'kɒstju:m/	a set of clothes for a particular activity	<i>There is a pool so bring your swimming costume!</i>	στολή, φορεσιά
fresh water (n)	/,fref 'wɔ:tə(r)/	water that is not salty (not sea water)	<i>The children went for a swim in the fresh water lake.</i>	γλυκό νερό
someone (phr)	/,sʌmwʌn/	a person who is not known	<i>Someone left their phone on the table.</i>	κάποιος
strongly (adv)	/'strɒŋli/	in a serious way	<i>I strongly disagree with his plan.</i>	έντονα
swollen (adj)	/'swɒlən/	bigger than normal	<i>She hurt her knee, it's very swollen.</i>	πρησμένος
<b>p42</b>				
academic (adj)	/,ækə'demɪk/	connected with reading and studying not with practical skills	<i>She likes academic subjects, but isn't very good at sport</i>	ακαδημαϊκός
compulsory (adj)	/kəm'pʌlsəri/	that must be done	<i>Going to school is compulsory.</i>	υποχρεωτικός
energy (n)	/'enə(r)dʒi/	the ability to be active	<i>After a long day at work I have no energy left!</i>	ενέργεια
firstly (adv)	/'fɜ:(r)s(t)li/	introducing the first of a list of points	<i>I have a few reasons for this. Firstly ...</i>	πρώτον
hero (n)	/'hɪərəʊ/	a person who has done something brave or good	<i>After winning the game he was a hero in his country.</i>	ήρωας
overall (adv)	/,əʊvər'ɔ:l/	including all the things and people in a situation	<i>She is the overall winner.</i>	συνολικά
personally (adv)	/'pɜ:(r)s(ə)nəli/	said to show you are giving your own opinion	<i>Personally, I didn't enjoy the book.</i>	προσωπικά
secondly (adv)	/'sekən(d)li/	introducing the secondly of a list of points	<i>Firstly, it's too expensive, and secondly, it's too big.</i>	δεύτερον
<b>p43</b>				

architect (n)	/ˈɑː(r)kɪtekt/	someone who designs buildings	<i>The bridge was designed by the architect Zaha Hadid.</i>	αρχιτέκτονας
compare (v)	/kəmˈpeə(r)/	to look at how things are similar or different	<i>That's expensive, compare the prices online.</i>	συγκρίνω
incredibly (adv)	/ɪnˈkredəbli/	very	<i>Flying from London to Sydney is an incredibly long flight.</i>	απίστευτα, πολύ, ιδιαίτερα
industry (n)	/ˈɪndəstri/	The people and activities involved in a particular type of business	<i>A lot of money comes from the tourist industry.</i>	κλάδος, βιομηχανία
make sense (phr)	/ˌmeɪk ˈsens/	easy to understand	<i>He's a nice person, it makes sense that everyone likes him.</i>	είναι λογικό
salary (n)	/ˈsæləri/	money you get paid for doing your job	<i>His salary is €20,000 a year.</i>	μισθός, αποδοχές
talented (adj)	/ˈtæləntɪd/	having the ability to do something well	<i>She is a talented footballer.</i>	ταλαντούχος
ton (n)	/tʌn/	(informal) a lot	<i>I have a ton of homework.</i>	παρα πολύς, τόνος