

## Intermediate Word lists

### Greek

#### Συντομογραφίες στο μάθημα λέξεων:

Οι ακόλουθες συντομογραφίες χρησιμοποιούνται στον κατάλογο λέξεων: n = noun (ουσιαστικό), v = verb (ρήμα), adj = adjective (επίθετο), adv = adverb (επίρρημα), phr = phrase (φράση), phr v = phrasal verb (ρήμα με πρόθεση ή/και επίρρημα)

Word	Pronunciation	Definition	Example(s)	Translation
<b>Unit 4</b>				
<b>p44</b>				
vegetarian (n)	/ˌvedʒəˈteəriən/	eating no meat or fish	<i>She has been vegetarian for five years.</i>	χορτοφάγος
<b>p45</b>				
contain (v)	/kənˈteɪn/	to include something as part of it	<i>This dish contains meat.</i>	περιέχω
delicious (adj)	/dɪˈlɪʃəs/	having a very nice taste	<i>I like this cake, it's delicious.</i>	πεντανόστιμο, γευστικότατο
diet (n)	/ˈdaɪət/	all the food and drink eaten by a person or people	<i>It's important to have a healthy diet.</i>	διατροφή
disgusting (adj)	/dɪsˈɡlʌstɪŋ/	having a very bad taste	<i>She's a very bad cook, her food is disgusting.</i>	απαίσιο, αηδιαστικό
ingredient (n)	/ɪnˈɡriːdiənt/	one food that is combined with others to make a meal	<i>Do you have all the ingredients for the cake?</i>	συστατικό
junk food (n)	/ˈdʒʌŋk ˌfuːd/	food that is easy to make but isn't good for you	<i>Crisps, chips, and other junk food are.</i>	πρόχειρο φαγητό, ανθυγιεινές τροφές

meat-eater (n)	/ˈmi:t ˌi:tə(r)/	someone who eats meat	<i>He's not a vegetarian, he's a meat-eater.</i>	κρεατοφάγος
natural (adj)	/ˈnætʃ(ə)rəl/	existing in nature, not made by people	<i>This food only contains natural flavourings.</i>	φυσικός
process (n)	/ˈprəʊses/	a method of making something	<i>A new process for making car parts.</i>	διαδικασία
processed (adj)	/ˈprəʊsest/	processed food has been changed while making it, or had chemicals added to it	<i>Processed food can contain a lot of salt.</i>	επεξεργασμένος
raw (adj)	/rɔ:/	not cooked	<i>She prefers raw carrots to boiled carrots.</i>	ωμός
spicy (adj)	/ˈspɔ:si/	having a strong taste, flavoured with spices	<i>He likes spicy curries best.</i>	πικάντικος
steamed (adj)	/sti:md/	cooked over (not in) boiling water	<i>You can have roasted vegetables or steamed vegetables with your dinner.</i>	μαγειρεμένος στον ατμό
tasty (adj)	/ˈteɪsti/	a strong, nice flavour	<i>This stew is very tasty.</i>	νόστιμος
think of (phr v)	/ˈθɪŋk ˌəv/	to create an idea in your mind	<i>Think of your favourite food.</i>	αναλογίζομαι, σκέφτομαι
unhealthy (adj)	/ʌnˈhelθi/	not good for your healthy	<i>An unhealthy diet.</i>	ανθυγιεινός
vitamin (n)	/ˈvɪtəmiːn/	a natural substance found in food, needed for your body to stay healthy	<i>Oranges are full of vitamin c.</i>	βιταμίνη
well-balanced (adj)	/ˌwel ˈbælənst/	containing a sensible variety of things	<i>People need a well-balanced diet.</i>	καλά ισορροπημένος
wheat (n)	/wi:t/	a plant used to make flour for bread and pasta, etc.	<i>A field of wheat.</i>	σιτάρι
<b>p46</b>				
basic (adj)	/ˈbeɪsɪk/	the simplest and most necessary	<i>He has the basic skills needed for the job.</i>	βασικός
deal (n)	/di:l/	an agreement	<i>If you cook on Monday, I'll cook on Tuesday, is that a deal? .</i>	συμφωνία, σύμφωνος

government (n)	/ˈɡʌvə(r)nmənt/	the group of people controlling a country	<i>The UK government.</i>	κυβέρνηση
recently (adv)	/ˈriːs(ə)ntli/	not long ago	<i>She sent him an email recently.</i>	πρόσφατα
recipe (n)	/ˈresəpi/	instructions that tell you how to cook something and the ingredients you need	<i>He gave me his recipe for banana bread.</i>	συνταγή
secret (n)	/ˈsiːkrət/	something that not many people know; the best way of doing something well	<i>The secret to staying young looking is to eat healthy.</i>	μυστικό
<b>p48</b>				
deep-fried (adj)	/ˈdiːp ˌfraɪd/	something cooked by completely covering it in hot oil	<i>Deep-fried chicken and chips.</i>	τηγανητός, τηγανισμένος σε πολύ λάδι
good-looking (adj)	/ˌɡʊd ˈlʊkɪŋ/	something that looks nice	<i>He's a good-looking young man.</i>	εμφανίσιμος, όμορφος
home-made (adj)	/ˌhəʊm ˈmeɪd/	made at home rather than bought in a shop	<i>All the jams on the table are home-made.</i>	σπιτικός, χειροποίητος
modern-looking (adj)	/ˈmɒdə(r)n ˌlʊkɪŋ/	something that looks modern	<i>The house is very new and modern-looking.</i>	με μοντέρνα/ σύγχρονη εμφάνιση
old-fashioned (adj)	/ˌəʊld ˈfæʃ(ə)nd/	not modern, more traditional	<i>She has an old-fashioned sports car.</i>	παλιομοδίτικος, παραδοσιακός
rice-filled (adj)	/ˈraɪs ˌfɪld/	full of rice	<i>There are rice-filled peppers for lunch.</i>	γεμιστός με ρύζι
stall (n)	/stɔːl/	a table, usually at a market, which people sell things from	<i>The stall by the bridge sells sushi.</i>	πάγκος
sweet-tasting (adj)	/ˈswiːt ˌteɪstɪŋ/	having a sweet flavour	<i>There's a lot of sugar in this drink, it's very sweet-tasting.</i>	γλυκός, με γλυκιά γεύση
undercooked (adj)	/ˌʌndə(r) ˈkʊkt/	not cooked for long enough	<i>This chicken is cold in the middle, it's very undercooked.</i>	άψητος, τροφή που δεν έχει μαγειρευτεί αρκετά
well-known (adj)	/ˌwel ˈnəʊn/	a lot of people have heard of it	<i>We went to a very good restaurant, I understand why it's so well-known.</i>	πασίγνωστος, διάσημος
<b>p49</b>				

coconut (n)	/ˈkəʊkəˌnʌt/	a large edible nut from a palm tree which also has a juice inside of it	<i>Does this drink have coconut in it? .</i>	καρύδα
distinguish (v)	/dɪˈstɪŋɡwɪʃ/	recognize the difference between things	<i>Can you distinguish the different types of rice? .</i>	ξεχωρίζω, διακρίνω
doubt (n)	/daʊt/	the feeling of not being certain about something	<i>She said it was true, but i have my doubts.</i>	αμφιβολία
eastern (adj)	/ˈiːstə(r)n/	to do with the part of the world to the East of Europe	<i>He loves eastern cooking.</i>	ανατολίτικος
explore (v)	/ɪkˈsplɔː(r)/	to study something in order to find out more about it	<i>It's an idea worth exploring.</i>	εξερευνώ, διερευνώ
flour (n)	/flaʊə(r)/	a powder made from crushing grains, eg wheat, and used in cooking	<i>Stir the eggs into the flour.</i>	αλεύρι
grill (n)	/ɡrɪl/	metal bars that you put food on and place over flames to cook the food	<i>Put the kebabs on the grill for 15 minutes.</i>	ψησταριά, σχάρα
illustrate (v)	/ˈɪləstreɪt/	to make something clearer by using an example	<i>This example illustrates my point.</i>	επεξηγώ, απεικονίζω
introduce (v)	/ˌɪntrəˈdjuːs/	to make something available for use for the first time	<i>We are introducing new technology into schools.</i>	Παρουσιάζω, κυκλοφορώ για πρώτη φορά
local (adj)	/ˈləʊk(ə)l/	connected with the place you're talking about	<i>The wheat was grown by a local farmer.</i>	τοπικός, ντόπιος
nation (n)	/ˈneɪʃ(ə)n/	all the people in a country	<i>The whole nation was watching the football.</i>	έθνος
prawn (n)	/praʊn/	an edible shellfish with a long tail	<i>Cook the prawns until they turn pink.</i>	γαρίδα
roll (n)	/rəʊl/	a long strip of something wrapped around something else	<i>These spring rolls have meat in them.</i>	ρολό
style (n)	/staɪl/	the way something is done	<i>Everyone has a different style of teaching.</i>	τρόπος, στυλ

vinegar (n)	/ˈvɪnɪɡə(r)/	a sharp-tasting liquid made from malt or wine, used to flavour food	<i>Try putting some vinegar on your chips.</i>	ξύδι
waste (v)	/weɪst/	to use more of something than you need	<i>Turn off the tap when you're not using it to stop wasting water.</i>	σπαταλάω
wealthy (adj)	/ˈwelθi/	having a lot of money	<i>They're not wealthy, but they're happy.</i>	πλούσιος, εύπορος
<b>p51</b>			.	
damage (n)	/ˈdæmɪdʒ/	harm done to something that makes it less useful	<i>The earthquake caused a lot of damage to the houses.</i>	ζημιά
environment (n)	/ɪnˈvaɪrənmənt/	the world around us	<i>Cutting down trees isn't good for the environment.</i>	περιβάλλον
farming (n)	/ˈfɑː(r)mɪŋ/	working on a farm (where crops are grown, and animals are kept)	<i>Many trees are cut down for farming.</i>	γεωργία, καλλιέργεια, εκτροφή ζώων
<b>p52</b>				
guess (v)	/ges/	(informal) to suppose something is true	<i>I guess she's already left.</i>	μαντεύω, εικάζω
raise (v)	/reɪz/	to look after an animal or child	<i>They raise cows and chickens on the farm.</i>	ανατρέφω παιδί, εκτρέφω ζώα
<b>p53</b>			.	
combined (adj)	/kəmˈbaɪnd/	added together	<i>No one scored more than 10 but our combined score was 75.</i>	συνδυασμένος, συλλογικός
come up with (phr v)	/ˌkʌm ˈʌp wɪð/	to think of or find	<i>He's come up with a great idea.</i>	βρίσκω, σκέφτομαι
in conflict with (phr)	/ˌɪn ˈkɒnflɪkt wɪð/	to be in a situation where there are opposing ideas	<i>His wish to go travelling is in conflict with his plan to open a restaurant.</i>	σε σύγκρουση, σε αντίθεση
weight (n)	/weɪt/	the measure of how heavy something is	<i>I always put on weight at Christmas.</i>	βάρος
<b>p54</b>				
aim (v)	/eɪm/	to try to achieve something	<i>She aims to have her own business by next year.</i>	στοχεύω, αποσκοπώ

come up (phr v)	/ˌkʌm ˈʌp/	to be going to happen soon	<i>The exams are coming up next month.</i>	πλησιάζω
concentrate (v)	/ˈkɒns(ə)nˌtreɪt/	to give your attention to something	<i>I am concentrating on revision at the moment.</i>	συγκεντρώνομαι
honest (adj)	/ˈɒnɪst/	telling the truth	<i>Be honest, did you take my phone?</i>	ειλικρινής
hope to (phr v)	/ˈhəʊp ˌtə/	to want something to happen and think that it might	<i>She hopes to be living in Paris soon.</i>	ευελπιστώ, ελπίζω
long term (n)	/ˌlɒŋ ˈtɜː(r)m/	used to describe what will happen a long way in the future	<i>He's started selling things online, but in the long term he wants to open a shop.</i>	μακροπρόθεσμα
look forward to (phr v)	/ˌlʊk ˈfɔː(r)wə(r)d tə/	to be excited about something that is going to happen	<i>Tim is looking forward to the party on Saturday.</i>	ανυπομονώ
move out (phr v)	/ˌmuːv ˈaʊt/	to leave your home and go to live somewhere else	<i>I'm moving out at the end of the month.</i>	μετακομίζω
stick with (phr v)	/ˈstɪk ˌwɪð/	to continue doing something	<i>I'm sticking to the plan and will go to university in September.</i>	μένω πιστός σε κάτι, δεν αποκλίνω από κάτι
<b>p55</b>			.	
crawl (v)	/krɔːl/	travel slowly	<i>There was such bad traffic, we were just crawling along.</i>	πάω σημειωτόν
exhausting (adj)	/ɪgˈzɔːstɪŋ/	very tiring	<i>Having children is exhausting.</i>	εξουθενωτικός
festival (n)	/ˈfestɪv(ə)l/	a series of special events organised in the same place, e.g. music, dancing, etc.	<i>A weeklong festival of food and music.</i>	φεστιβάλ
huge (adj)	/hjuːdʒ/	very big	<i>They live in a huge house with six bedrooms.</i>	τεράστιος
incredible (adj)	/ɪnˈkredəb(ə)l/	very good	<i>She had an incredible time on holiday.</i>	απίστευτος, απίθανος
interview (v)	/ˈɪntə(r)vjuː/	to ask someone questions about their life and opinions	<i>He interviewed sarah about her time living in Dubai.</i>	συνέντευξη
plenty (pron)	/ˈplenti/	a lot, or as much as you need	<i>Please get to the airport in plenty of time.</i>	άφθονος

reach (v)	/ri:tʃ/	arrive, especially after a long journey	<i>I reached the hotel at midnight.</i>	φτάνω
rush (v)	/rʌʃ/	to move or to do something very fast	<i>She got up late and had to rush to work.</i>	βιάζομαι
trek (v)	/trek/	to walk a long way, especially in mountains	<i>He went trekking in Nepal.</i>	κάνω πεζοπορία
wander (v)	/'wɒndə(r)/	to walk around slowly with no particular aim	<i>We wandered through the market looking at the stalls.</i>	περιπλανιέμαι, περιφέρομαι
welcoming (adj)	/'welkəmɪŋ/	friendly to someone who is visiting	<i>The owner of the hotel was very welcoming.</i>	φιλόξενος