

Look Level 3 Word lists – Ελληνικά

Look and remember pp. 4–8

bike (n) /baɪk/ ❖ ποδήλατο
a bicycle; a type of vehicle with two wheels • *Can you ride a bike?*

camera (n) /'kæməɹə/ ❖ φωτογραφική μηχανή
a machine for taking photos • *Janet's new phone has a very good camera.*

catch (v) /kætʃ/ ❖ πιάνω
use your hands to get hold of something that is moving • *Throw the ball and I will catch it.*
➤ catch (n)

jeans (n pl) /dʒi:nz/ ❖ τζιν
a kind of trousers, usually blue • *Mandy never wears jeans at work, but she likes wearing them at weekends.*

jump (v) /dʒʌmp/ ❖ πηδάω
move up off the ground by pushing your legs down quickly • *Terry jumped in the air and put the basketball in the net.*
➤ jump (n)

park (n) /pɑ:k/ ❖ πάρκο
a place in a town, usually with grass and trees, where people can walk or play • *We sometimes ride our bikes in the park.*

skateboard (n) /'skeɪtbɔ:d/ ❖ σκέιτμπορντ, τροχοσανίδα
a board with small wheels on the bottom so that you can stand on it and ride • *I fell off my skateboard, but I'm OK.*
➤ skateboarding (n), skateboard (v)

street (n) /stri:t/ ❖ δρόμος, οδός
a road in a town or city • *There's a children's playground at the end of this street.*

take a photo (phr) /teɪk ə 'fəʊtəʊ/ ❖ βγάζω φωτογραφία
make a picture by using a camera • *I always take my camera on school trips because I love taking photos.*

photo (n) /'fəʊtəʊ/ ❖ φωτογραφία
a picture taken with a camera • *This is a photo of my pet cat, Sandy.*
➤ photograph (n), photography (n), photographer (n)

climbing frame (n) /'klaɪmɪŋ freɪm/ ❖ **πλαίσιο αναρρίχησης**
something made of metal or wood for children to climb on and play • *Be careful when you play on the climbing frame in the park.*

wear (v)/weə (r)/ ❖ **φοράω**
have an item of clothes, shoes, etc. on your body • *Olga is wearing her new brown boots.*

his (det, adj) /hɪz/ ❖ **του**
belonging to a man or boy • *James is playing with his friends, Sam and Theo.*

head (n) /hed/ ❖ **κεφάλι**
the part of your body that has your eyes, nose, mouth and ears, above your neck • *Harry is wearing a green hat on his head.*

eighty (number) /'eɪti/ ❖ **ογδόντα**
80 • *Eighty students are going on the school trip, so we'll need two buses.*

fifty (number) /'fɪfti/ ❖ **πενήντα**
50 • *Each lesson in my school is for fifty minutes.*

ninety (number) /'naɪnti/ ❖ **ενενήντα**
90 • *Can you count up to ninety in English?*

twenty-two (number) /'twenti tu:/ ❖ **είκοσι δύο**
22 • *My sister will finish her university course when she's twenty-two years old.*

forty (number) /'fɔːti/ ❖ **σαράντα**
40 • *Why do people say that life begins at forty years old? I can't wait!*

sixty (number) /'sɪksti/ ❖ **εξήντα**
60 • *There are sixty minutes in an hour.*

one hundred (number) /wʌn 'hʌndrəd/ ❖ **εκατό**
100 • *There are only one hundred people in our small village.*

seventy (number) /'sev (ə)nti/ ❖ **εβδομήντα**
70 • *My grandparents are seventy years old.*

thirty (number) /'θɜːti/ ❖ **τριάντα**
30 • *There are thirty days in the month of April.*

twenty-one (number) /'twenti wʌn/ ❖ **είκοσι ένα**
21 • *People under twenty-one years old aren't allowed to join this club.*

modern (adj) /'mɒd (ə)n/ ❖ **μοντέρνος, σύγχρονος-, η, -ο**
new in style • *He lives in a modern flat in the centre of town.*

designer (n) /dɪˈzaɪnə (r)/ ❖ **σχεδιαστής**
someone who makes drawings or plans to show how something will look • *The designer helped us plan how to paint our home.*
➤ design (v, n)

London (n) /ˈlʌndən/ ❖ **Λονδίνο**
the capital city of the UK

the UK (n) /ðə ˌjuː ˈkeɪ/ ❖ **το Ηνωμένο Βασίλειο**
abbreviation for the United Kingdom (of Great Britain and Northern Ireland)

dining room (n) /ˈdaɪnɪŋ ru:m/ ❖ **τραπεζαρία**
a room for people to eat in • *We've got a big table and six chairs in the dining room.*

my (det, adj) /maɪ/ ❖ **μου**
belonging to me • *I really like blue. It's my favourite colour.*

eat (v) /i:t/ ❖ **τρώω**
put food in your mouth, break it with your teeth and swallow it • *Tony is eating an apple.*

sofa (n) /ˈsəʊfə/ ❖ **καναπές**
a long seat which two or more people can sit on • *Let's sit on the sofa and watch TV.*

armchair (n) /ˈɑːmtʃeə (r)/ ❖ **πολυθρόνα**
a big soft chair with sides to rest your arms on • *Mum is sitting in her armchair and she's reading her book.*

bookcase (n) /ˈbʊk.keɪs/ ❖ **βιβλιοθήκη**
a kind of furniture with shelves for books • *All my school books are on a bookcase in my bedroom.*

play (v) /pleɪ/ ❖ **παίζω**
spend time doing something that is fun; take part in a game or sport • *Can you play tennis?*
➤ player (n)

game (n) /geɪm/ ❖ **παιχνίδι**
a fun activity or sport; a part of a sports competition • *Would you like to play a game of snakes and ladders?*

computer (n) /kəmˈpjʊ:tə (r)/ ❖ **υπολογιστής**
a machine for storing, organising and sharing information, pictures, etc. • *Moheb sends emails on his computer.*

garden (n) /'gɑ:d (ə)n/ ❖ κήπος

an area of land where people put flowers and trees to grow, often next to a house • *How many trees are in the garden?*

watch TV (phr) /wɒtʃ ,ti: 'vi:/ ❖ βλέπω τηλεόραση

spend time looking at programmes on TV • *Do you like watching TV with your family?*

cook (v) /kʊk/ ❖ μαγειρεύω

prepare food on a cooker to make it ready to eat; be made ready for eating by heating on a cooker • *Dad's cooking chicken and I'm making the salad.*

➤ cook (n), cooker (n), cookery (n)

shower (n) /'ʃaʊə (r)/ ❖ ντουζιέρα, ντους

a device you use to wash yourself by standing under water that is falling; a part of a bathroom where you stand to wash yourself • *I like to have a shower after playing basketball.*

➤ shower (v)

bath (n) /bɑ:θ/ ❖ μπανιέρα

a long container that you put water into and sit inside to wash yourself • *After playing in the snow, Kevin had a nice hot bath and went to bed.*

➤ bathe (v)

father (n) /'fa:ðə (r)/ ❖ πατέρας

a dad; a male parent • *My father's name is Nick and he's a farmer.*

floor (n) /flɔ: (r)/ ❖ πάτωμα

the flat surface that you walk or stand on inside a building • *Please take off your boots and keep the floor clean.*

hall (n) /hɔ:l/ ❖ χωλ

a small area inside the front door of a house • *You can put your wet shoes and coats in the hall.*

mirror (n) /'mɪrə (r)/ ❖ καθρέφτης

a piece of flat polished glass that you can see yourself in • *Alice looked in the mirror to see how her new dress looked.*

mother (n) /'mʌðə (r)/ ❖ μητέρα

a mum, a female parent • *Daniel's mother helps him with his maths homework.*

holiday (n) /'hɒlədeɪ/ ❖ διακοπές

a day or more when you have a long break from work or school to relax or go somewhere • *The Watsons are on holiday in Spain.*

your (det, adj) /jɔː (r)/ ❖ σου, δικό σου

belonging to the person or people you are speaking to • *Is this your pencil case?*

felt-tip pen (n) /ˌfelt tɪp ˈpen/ ❖ μαρκαδόρος

a kind of pen with a soft tip for colouring or drawing things • *Draw a house and colour the picture with your felt-tip pens.*

speak (v) /spi:k/ ❖ μιλάω

talk • *Mum is speaking to my teacher about my new school.*

➤ speaker (n), speech (n)

English (n) /ˈɪŋɡlɪʃ/ ❖ Αγγλικά

the language people speak in the UK • *Can your parents speak English?*

➤ English (adj), Englishman (n), Englishwoman (n), England (n)

weather (n) /ˈweðə (r)/ ❖ καιρός

how hot or cold it is and whether there is wind, rain, sunshine, etc. • *What's the weather like today? Is it raining?*

live (v) /lɪv/ ❖ ζω

have your home in a place • *Enrique is from France, but he is living in Italy now.*

➤ life (n)

subject (n) /ˈsʌbdʒekt/ ❖ μάθημα

one of the things that you study at school • *What's your favourite subject at school? I like art.*

➤ subject (v)

doctor (n) /ˈdɒktə (r)/ ❖ γιατρός

someone who treats people who are ill or hurt • *The doctor told Karen to stay off school for a week.*

pear (n) /peə (r)/ ❖ αχλάδι

a light green fruit that is thin at the top and wide at the bottom • *We've got a pear tree and an apple tree in the garden, so we eat a lot of fruit.*

PE (n) /ˌpiː ˈiː/ ❖ Φυσική Αγωγή

the sports and exercise class in school; physical education • *When the weather is sunny, we have our PE classes outside on the sports field.*

Unit 1 Around the world p. 9

around (prep, adv) /ə'raʊnd/ ❖ γύρω, τριγύρω
all round; in all parts of • *You can ride around the park on your bicycle.*

world (n) /wɜ:ld/ ❖ κόσμος
the Earth and all the places and people in it • *Russia is the biggest country in the world.*

Indonesia (n) /,ɪndə'ni:zə/ ❖ Ινδονησία
➤ Indonesian (n, adj)

Lesson 1 Words p. 10

North America (n) /,nɔ:θ ə'merɪkə/ ❖ Βόρεια Αμερική
➤ North American (n, adj)

the US (n) /ðə ,ju: es/ ❖ οι ΗΠΑ
abbreviation for the United States (of America)

South America (n) /saʊθ ə'merɪkə/ ❖ Νότια Αμερική
➤ South American (n, adj)

Brazil (n) /brə'zɪl/ ❖ Βραζιλία
➤ Brazilian (n, adj)

Argentina (n) /,ɑ:dʒən'ti:nə/ ❖ Αργεντινή
➤ Argentinian (n, adj)

Spain (n) /speɪn/ ❖ Ισπανία
➤ Spanish (n,adj), Spaniard (n)

Europe (n) /'jʊərəp/ ❖ Ευρώπη
➤ European (n, adj)

Poland (n) /'pɒlənd/ ❖ Πολωνία
➤ Polish (n, adj), Pole (n)

Asia (n) /'eɪzə/ ❖ Ασία
➤ Asian (n, adj)

Africa (n) /'æfrɪkə/ ❖ Αφρική
➤ African (n, adj)

South Africa (n) /saʊθ 'æfrɪkə/ ❖ **Νότιος Αφρική**
➤ South African (n, adj)

Antarctica (n) /æn'tɑ:kɪkə/ ❖ **Ανταρκτική**
➤ Antarctic (adj)

country (n) /'kʌntri/ ❖ **χώρα**
an area of land that has its own laws, government and culture • *What country are your mum and dad from? Are they from Brazil?*

correct (adj) /kə'rekt/ ❖ **σωστός, -ή, -ό**
right; not wrong • *Is this answer correct? I'm not sure.*
➤ correct (v)

Value Workbook, Lesson 6

make friends (phr) /meɪk frends/ ❖ **κάνω φίλους**
meet and become friends with new people • *Lisa made friends with lots of other children on her holiday in Poland.*

friendly (adj) /'frendli/ ❖ **φιλικός, -ή, -ό**
kind and nice to other people • *I'm happy at my new school because my new classmates are very friendly.*
➤ friend (n), friendship (n), unfriendly (adj)

difficult (adj) /'dɪfɪkəlt/ ❖ **δύσκολος, -η, -ο**
not easy • *It's difficult to run 40 kilometres.*
➤ difficulty (n)

bye (excl) /baɪ/ ❖ **Γεια**
short form of 'Goodbye' • *Bye for now, Mandy!*

tomorrow (n, adv) /tə'mɒrəʊ/ ❖ **αύριο**
the day after today • *It's my birthday tomorrow. Mum's making my birthday cake today.*

arrive (v) /ə'reɪv/ ❖ **φτάνω**
get to a place • *What time does the plane arrive in Rome?*
➤ arrival (n)

Lesson 2 Grammar p. 11

Japan (n) /dʒə'pæn/ ❖ **Ιαπωνία**

➤ Japanese (n, adj)

Oceania (n) /'ɒʃi'ɑːniə/ ❖ **Ωκεανία**

Australia (n) /'ɒstreɪliə/ ❖ **Αυστραλία**

➤ Australian (n, adj)

from (prep) /frɒm/ ❖ **από**

used to show the origin of someone or something • *I'm from Italy. Where are you from?*

travel (v) /'træv(ə)l/ ❖ **ταξιδεύω**

go to another place • *You can travel to the city centre by bus or taxi.*

➤ travel (n), traveller (n)

never (adv) /'nevə(r)/ ❖ **ποτέ**

not at any time • *Simone never walks to school. She goes by bike.*

end (v) /end/ ❖ **τελειώνω, ολοκληρώνω**

finish • *The story ends with a surprise.*

➤ end (n), ending (n)

koala (n) /kəʊ'ɑːlə/ ❖ **κοάλα**

a small, furry kind of animal from Australia • *Koalas have huge ears and no tail.*

my (det, adj) /maɪ/ ❖ **μου**

belonging to me • *Where are my socks? I can't find them.*

Lesson 3 Reading p. 12

son (n) /sʌn/ ❖ **γιός**

a male child • *Philip and Robert are my teacher's sons.*

daughter (n) /'dɔːtə(r)/ ❖ **κόρη**

a female child • *My cousin Dorothy is my Aunt Sylvia's daughter.*

parent (n) /'peərənt/ ❖ **γονιός**

a mother or father • *Do you go out to eat with your parents or with your friends?*

grandparent (n) /'grænpeərənt/ ❖ **παππούς, γιαγιά**
the mother or father of your mum or dad • *Marie's grandparents live in Paris and her mother is French.*

giraffe (n)/dʒə'ra:f/ ❖ **καμηλοπάρδαλη**
an animal with a long neck and very long, thin legs • *Giraffes can eat the leaves from the top of trees.*

expert (n)/'ekspɜ:t/ ❖ **ειδικός, ειδήμονας**
someone who knows a lot about something • *Anita is an expert on castles because she's a history teacher.*

Namibia (n) /nə'mɪbiə/ ❖ **Ναμίμπια**
➤ Namibian (n, adj)

their (det, adj) /ðeə (r)/ ❖ **τους**
belonging to them • *Frank and Jodie are riding their bikes in the park.*
➤ theirs (pron)

because of (prep) /bi'kɔz əv/ ❖ **εξαιτίας, λόγω**
used to show that something/somebody is the reason for something • *We didn't go out because of the bad weather.*
➤ because (conj)

help (v) /help/ ❖ **βοηθάω**
do something for or with someone to make it easier for them • *I'm washing the dishes to help my parents.*
➤ help (n), helper (n)

our (det, adj) /aʊə (r)//ɑ: (r)/ ❖ **μας**
belonging to us • *Our house is near the park. Where do you live?*
➤ ours (pron)

use (v) /ju:z/ ❖ **χρησιμοποιώ**
take something to do a job or make something • *Use a pencil to write your answers.*
➤ use (n), useful (adj), useless (adj)

different (adj) /'dɪf (ə)rənt/ ❖ **διαφορετικός, -ή, -ό**
not the same • *Heather is different from her sister. She's got red hair, but her sister's hair is brown.*
➤ difference (n)

spot (n) /spɒt/ ❖ βούλα

a round mark on something that is a different colour from what it is on • *Do you know which insect has black spots on red wings?*

➤ spotted (adj), spotty (adj)

Germany (n) /'dʒɜ:məni/ ❖ Γερμανία

➤ German (n, adj)

tall (adj) /tɔ:l/ ❖ ψηλός, -ή, -ό

describing how high a person, animal, building or tree is • *Giraffes and elephants are tall animals.*

soft (adj) /sɒft/ ❖ μαλακός, απαλός, -ή, -ό

nice to touch or sit on, etc.; not sharp not hard • *Cats have soft furry coats.*

➤ soften (v)

often (adv) /'ɒf (ə)n/ ❖ συχνά

many times • *We often eat outside on the balcony in summer.*

her (det, adj) /hɜ:(r)/ ❖ της

belonging to a girl or woman • *The mother cat is feeding her kittens.*

➤ her (pron), hers (pron)

Lesson 4 Grammar p. 13

best friend (n) /best frend/ ❖ καλύτερος (-η) φίλος (-η)

someone's favourite friend • *Martha and Kate have been best friends since they were five years old.*

singer (n) /'sɪŋə (r)/ ❖ τραγουδιστής

someone who sings; someone who sings as a job • *That's a nice song. Is Ed Sheeran the singer?*

➤ sing (v)

sports player (n) /spɔ:ts 'pleɪə (r)/ ❖ αθλητής

someone who does a sport • *Some sports players, like Messi, make a lot of money for playing in a team.*

Lesson 5 Song p. 14

kind (n) /kaɪnd/ ❖ είδος

type • *What kind of films do you like?*

cannot (v)/'kænot/ ❖ **δεν μπορώ**
can't • *I cannot tell you what to do.*

Lesson 6 Phonics p. 15

plane (n) /pleɪn/ ❖ **αεροπλάνο**
a vehicle with wings and engines that can fly with people and things in it from place to place
• *Let's go by plane from London to New York.*

train (n) /treɪn/ ❖ **τρένο**
a vehicle with an engine that moves along rails to take people and things from place to place • *The fast train from Athens travels to Thessalonica in four hours.*

paint (v) /peɪnt/ ❖ **ζωγραφίζω, βάζω, χρωματίζω**
make a picture or colour something using paints • *The children painted a picture of animals on the wall in the playground.*

➤ paint (n), painter (n), painting (n)

Friday (n) /'fraɪdeɪ/ ❖ **Παρασκευή**
the day after Thursday and before Saturday • *Elizabeth goes swimming after school on Fridays.*

Lesson 7 Video and Writing p. 16

traditional (adj)/trə'dɪʃən (ə)/ ❖ **παραδοσιακός, -ή, -ό**
following the way people do something in the same way for many years • *At the festival, people play traditional African music and wear colourful, traditional clothes.*

➤ tradition (n)

dish (n) /dɪʃ/ ❖ **πιάτο**
food that is part of a meal • *Mario's favourite Italian dish is pasta with cheese and tomato sauce.*

pierogi (n)/pɪ'rəʊgi/ ❖ **πιροσκι**
a traditional food from Poland that is a small ball of pastry filled with different food • *Ilona's Polish grandma makes traditional pierogi with cheese.*

fill (v)/fɪl/ ❖ **γεμίζω**
make something full of something • *Anna filled her glass with water.*

➤ filling (n)

building (n) /'bɪldɪŋ/ ❖ κτίριο

a structure (e.g. home, school, etc.) that people built • *There are six flats in the building next to our house.*

➤ build (v), builder (n)

come from (phr v)/kʌmfrɒm/ ❖ κατάγομαι από

be from the place where you were born • *Where do you come from? Are you Canadian?*

Saudi Arabia (n) /,sɑʊdi ə'reɪbiə/ ❖ Σαουδική Αραβία

➤ Saudi Arabian (n, adj)

summer (n) /'sʌmə(r)/ ❖ καλοκαίρι

the hottest season of the year • *In summer, we don't go to school and we often swim in the sea.*

desert (n) /'dezət/ ❖ έρημος

a big area of land where there isn't much rain and not many plants can grow • *Do you want to travel across the desert on a camel?*

Riyadh (n)/rɪ'jɑ:d/ ❖ Ριάντ

the capital city of the Kingdom of Saudi Arabia

mountain (n) /'maʊntən/ ❖ βουνό, όρος

a very high area of land • *Martin took some great photos from the top of the high Sarawat Mountains.*

➤ mountainous (adj)

thousand (n, number) /'θaʊz(ə)nd/ ❖ χίλια

1,000 • *Thousands of visitors come to Rio every day.*

baseball (n) /'beɪsbɔ:l/ ❖ μπέιζμπολ

a team game that many people play in the US, using a bat to hit a ball • *I like running to catch the ball in baseball games.*

beach (n) /bi:tʃ/ ❖ παραλία

a flat area of sand or small stones next to the sea • *Let's go swimming and have a picnic on the beach.*

pasta (n) /'pæstə/ ❖ ζυμαρικά, μακαρόνια

a kind of Italian food usually made from flour, water and eggs • *Spaghetti with hot cheese sauce is my favourite kind of pasta dish.*

capital city (n) /'kæpɪt(ə)l 'sɪti/ ❖ πρωτεύουσα

the most important city and where the leaders are in a country • *Moscow is the capital city of Russia.*

Italy (n)/'ɪtəli/ ❖ **Ιταλία**

➤ Italian (n, adj)

Rome (n)/rəʊm/ ❖ **Ρώμη**

the capital city of Italy

➤ Roman (n, adj)

Unit 2 On my way!

p. 17

on (my) way (expr) /ɒn (maɪ) weɪ/ ❖ **πάω, είμαι καθ' οδόν για**
going somewhere • *I'm on my way to the park.*

natural (adj) /'nætʃ (ə)rəl/ ❖ **φυσικός, -ή, -ό**
made by nature, not by people • *The dolphin's natural home is the sea.*
➤ nature (n), naturally (adv)

bridge (n) /brɪdʒ/ ❖ **γέφυρα**
something that we put over a river or road that people can go on to get from one side to the other • *There's a big, new road bridge across the River Forth in Scotland.*

Lesson 1 Words p. 18

farm (n) /fɑ:m/ ❖ **φάρμα, αγρόκτημα**
an area of land where people grow things or keep animals for food • *Nick grows fruit and vegetables on his farm.*
➤ farmer (n), farming (n)

field (n) /fi:ld/ ❖ **χωράφι, αγρός**
an area of land where a farmer grows fruit or vegetables or keeps farm animals • *We looked out the train window at the fields of orange trees.*

forest (n) /'fɒrɪst/ ❖ **δάσος**
an area of land with a lot of trees together • *Many different kinds of plants and animals live in the forest.*

lake (n) /leɪk/ ❖ **λίμνη**
an area of water with land all around it • *We can't swim in this lake because the water is dirty.*

mountain (n) /'maʊntən/ ❖ **βουνό, όρος**
a very high area of land • *The highest mountains in the world are the Himalayas.*
➤ mountainous (adj)

path (n) /pɑ:θ/ ❖ **μονοπάτι**
a small road for people to walk or cycle on • *We walked along the path to see the lake.*

river (n) /'rɪvə (r)/ ❖ **ποτάμι**
a very big stream of water that goes across the land and flows into a sea or lake • *There are some frogs in this part of the river.*

town (n) /taʊn/ ❖ κωμόπολη, πόλη
a place with lots of houses and shops that is smaller than a city • *Chamonix is a small town in the French Alps.*

village (n) /'vɪlɪdʒ/ ❖ χωριό
a place with houses and shops, etc. that is smaller than a town • *Orlando comes from a small village in Mexico.*

waterfall (n) /'wɔ:təfɔ:l/ ❖ καταρράκτης
a place where a stream or river falls down from high rocks into a pool, river, sea, etc. • *Barry had a swim in the cold pool at the bottom of the waterfall.*

Lesson 2 Grammar p. 19

countryside (n) /'kʌntrisaɪd/ ❖ ύπαιθρος, εξοχή
the land with fields and trees outside towns or cities • *We often go for walks in the countryside at weekends to get away from the city.*

tree (n) /tri:/ ❖ δέντρο
a tall, strong plant that can live for many years • *Ian has three big apple trees in his garden.*

near (prep) /nɪə (r)/ ❖ κοντά
not far from; a short distance from • *The family are having lunch at a café near the beach.*

boat (n) /bəʊt/ ❖ βάρκα, σκάφος
a small ship • *You can go across the lake in a boat.*

next to (prep) /'nekst tə/ /'nekst tu/ ❖ δίπλα σε
beside • *I sit next to my friend Stephanie in class.*

right (adj) /raɪt/ ❖ σωστός, -ή, -ό
correct • *All of your answers are right. That's great!*
➤ right (adv)

Lesson 3 Reading p. 20

cable car (n) /'keɪb (ə)l kɑ: (r)/ ❖ τελεφερίκ, εναέριος σιδηρόδρομος
a kind of vehicle that moves on a cable and carries people up or down a mountain • *You travel above the tops of the trees when you go up the hill by cable car.*

subway (n) /'sʌbweɪ/ ❖ μετρό, υπόγειος σιδηρόδρομος
a train system that travels under the ground in a city; the metro • *Many people use the subway to travel to work in Boston.*

exercise (n) /'eksəsaɪz/ ❖ **άσκηση**
activities or movement to keep you strong and healthy • *Walking to school is good exercise.*
➤ exercise (v)

easy (adj) /'i:zi/ ❖ **εύκολος, -η, -ο**
not difficult • *Our English test was easy. I got ten out of ten!*

dangerous (adj) /'deɪndʒərəs/ ❖ **επικίνδυνος, -η, -ο**
that can hurt someone or break something • *It's dangerous to climb mountains when the weather is bad.*
➤ danger (n)

Caracas (n) /kə'rækəs/ ❖ **Καράκας**
the capital city of Venezuela

Venezuela (n) /,venə'zweɪlə/ ❖ **Βενεζουέλα**
➤ Venezuelan (adj, n)

some (det) /sʌm/ /səm/ ❖ **κάποιος, -α, -ο / ορισμένος, -η, -ο**
a number of things or people, etc. or an amount of something, but not all of them • *Some of my friends play football, but I play tennis.*

through (prep) /θru:/ ❖ **μέσα από**
from one side of a place to another • *Don't walk through the forest at night. It's dangerous.*

above (adv, prep) /ə'bv/ ❖ **πάνω από**
in a position higher than something/somewhere • *The plane is flying above the mountains.*

under (prep) /'ʌndə (r)/ ❖ **κάτω από**
in a position lower than something/somewhere; below • *You can stand under my umbrella.*

France (n) /frɑ:ns/ ❖ **Γαλλία**
➤ French (adj)

together (adv) /tə'geðə (r)/ ❖ **μαζί**
with others • *Let's tidy the house together.*

a long way (phr) /ə'lɒŋweɪ/ ❖ **μακριά**
far • *The school is a long way from my house, so I go there by bus.*

the Himalayas (n pl) /ðə,hɪmə'leɪəz/ ❖ **τα Ιμαλίας**
a mountain region • *The highest mountains in the world are the Himalayas.*
➤ Himalayan (adj)

India (n) /ˌɪndiə/ ❖ **Ινδία**
➤ Indian (adj, n)

all the way (phr) /ɔ:l ðəweɪ/ ❖ **ολόκληρη την απόσταση**
the complete distance; on the whole journey • *I walked all the way home from the shops.*

down (adv, prep) /daʊn/ ❖ **κάτω, προς τα κάτω**
from a high place to a lower one; along • *It's easy to go down this street by bike, but it's difficult to ride up it.*

along (prep) /ə'ləŋ/ ❖ **κατά μήκος**
from one end of something to the other • *This bus goes along the road next to the river.*

little (adj) /'lɪt (ə)l/ ❖ **μικρός,-ή,-ό**
small • *A little tree is next to the flowers in the garden.*

on foot (phr)/ɒnfʊt/ ❖ **με τα πόδια, περπατώντας**
by walking • *We can go to the station on foot. It's not far from here.*

journey (n) /'dʒɜ:ni/ ❖ **ταξίδι**
travelling from one place to another • *William is going on a long journey by car across South Africa.*

Lesson 4 Grammar p. 21

past (prep) /pɑ:st/ ❖ **πέρα από, μετά**
by the side of something or someone • *Go down this road past the shops to get to the toy museum.*
➤ past (adv, adj)

every (det) /'evri/ ❖ **κάθε**
used to say how many times we do something; used before a noun to say we mean all the people or things in a group • *We go to the beach every day in summer.*

Lesson 5 Song p. 22

far (adv) /fɑ: (r)/ ❖ **μακριά**
not near; a long way • *My house isn't far from here. Look! There's our garden wall.*

stay (v) /steɪ/ ❖ **μένω**
remain; not go away • *I want to stay on the beach all day. I don't want to go home.*
➤ stay (n)

let (v) /let/ ❖ αφήνω, επιτρέπω
allow (someone to do something) • *My brother let me borrow his laptop.*

between (prep)/bi'twi:n/ ❖ μεταξύ, ανάμεσα
in a place in the middle with one thing/person on one side and another thing/person on the other • *The cinema is between the shoe shop and the café.*

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cross (v) /krɒs/ ❖ διασχίζω
go across; go from one side to the other • *Helen helps children to cross the road outside the school.*

➤ crossing (n)

sad (adj) /sæd/ ❖ λυπημένος, στεναχωρημένος, -η, -ο
not happy • *Brian is sad because it's the end of his holiday.*

➤ sadly (adv), sadness (n)

borrow (v) /'bɒrəʊ/ ❖ δανείζομαι
take something that belongs to somebody else to use for a short time and then give it back
• *You can borrow my jacket, but please bring it back tomorrow.*

➤ borrower (n)

Lesson 6 Phonics p. 23

week (n) /wi:k/ ❖ εβδομάδα
a period of seven days • *Saturday is my favourite day of the week.*

➤ weekly (adj)

please (excl)/pli:z/ ❖ παρακαλώ
we say *please* to ask for something in a polite way • *Can I have a biscuit, please?*

story (n) /'stɔ:ri/ ❖ ιστορία
a real or imaginary description of an event that someone writes or tells • *This is a story about a friendly giant who lives in a forest.*

climb (v) /klaɪm/ ❖ σκαρφαλώνω, αναρριχώμαι
go up something • *The cat is climbing the tree to catch a bird.*

➤ climber (n), climbing (n), climb (n)

sail (v) /seɪl/ ❖ **ταξιδεύω με ιστιοφόρο, πλέω**

travel by boat that has sails or an engine; travel across water using a sail, etc. • *Andreas sailed around the Mediterranean Sea in his little boat.*

➤ sailor (n), sailing (n), sail (n)

follow (v) /'fɒləʊ/ ❖ **ακολουθώ**

move along behind someone/something; go along a road, path, etc. • *A little cat followed me to my house.*

➤ follower (n)

pea (n)/pi:/ ❖ **αρακάς, μπιζέλι**

a small, round, green vegetable • *James is cooking rice with sweet, green peas for dinner.*

Lesson 7 Video and Writing p. 24

while (conj)/waɪl/ ❖ **ενώ, όσο, όταν, την ώρα που**

at the same time when something is happening • *I never listen to music while I'm doing my homework.*

➤ whilst (conj)

the Amazon (n) /ði: 'æməzən/ ❖ **ο Αμαζόνιος**

the River Amazon and the area around it • *Thousands of different kinds of plants grow in the forests around the Amazon.*

➤ Amazonian (adj)

reading (n) /'ri:dɪŋ/ ❖ **διάβασμα, ανάγνωση**

the activity of looking at books, etc. to understand a story or information • *Jean loves reading books. She goes to the library every Friday after school.*

➤ read (v), reader (n)

Mount Fuji (n) /maʊnt 'fu:dʒi/ ❖ **όρος Φούτζι**

the highest mountain in Japan

road trip (n) /'rəʊd trɪp/ ❖ **ταξίδι οδικώς/ με το αυτοκίνητο**

a long journey by car • *Teresa and Pablo are on a road trip around Italy. They're stopping at lots of villages in the countryside.*

video game (n) /'vɪdɪəʊ geɪm/ ❖ **βιντεοπαιχνίδι**

an electronic game that you play by pressing buttons to make pictures move on a screen • *Roberto sometimes plays video games after he finishes his homework.*

movie (n) /'mu:vi/ ❖ **ταινία**

a film • *Let's go to the cinema to see a movie.*

full stop (n) /ˌfʊl 'stɒp/ ❖ **τελεία**

. ; a written mark that shows the end of a sentence

question mark (n) /'kwɛstʃən mɑ:k/ ❖ **ερωτηματικό**

? ; a written mark that shows the end of a question

comma (n) /'kɒmə/ ❖ **κόμμα**
, ; a written mark that shows the end of a clause (part of a sentence)

apostrophe (n) /ə'pɒstrəfi/ ❖ **απόστροφος**
' ; a written mark that shows possession (e.g. *Jane's car*) or the short form of a word (e.g. *isn't*)

Function 1: Talking about dates p. 25

date (n) /deɪt/ ❖ **ημερομηνία**
a day of the month or year in numbers or words • *Today's date is 10th March.*

first/1st (number, det, adv, noun) /fɜːst/ ❖ **πρώτος/1^{ος}**

second/2nd (number, det, adv, noun) /'sekənd/ ❖ **δεύτερος/2^{ος}**

third/3rd (number, det, adv, noun) /θɜːd/ ❖ **τρίτος/3^{ος}**

fourth/4th (number, det, adv, noun) /fɔːθ/ ❖ **τέταρτος/4^{ος}**

fifth/5th (number, det, adv, noun) /fɪfθ/ ❖ **πέμπτος/5^{ος}**

sixth/6th (number, det, adv, noun) /sɪksθ/ ❖ **έκτος/6^{ος}**

seventh/7th (number, det, adv, noun) /'sev (ə)nθ/ ❖ **έβδομος/7^{ος}**

eighth/8th (number, det, adv, noun) /eɪtθ/ ❖ **όγδοος/8^{ος}**

ninth/9th (number, det, adv, noun) /naɪnθ/ ❖ **ένατος/9^{ος}**

tenth/10th (number, det, adv, noun) /tenθ/ ❖ **δέκατος/10^{ος}**

eleventh/11th (number, det, adv, noun) /ɪ'lev (ə)nθ/ ❖ **εντέκατος/ 11^{ος}**

twelfth/12th (number, det, adv, noun) /twelfθ/ ❖ **δωδέκατος/12^{ος}**

thirteenth/13th (number, det, adv, noun) /,θɜː'ti:nθ/ ❖ **δέκατος τρίτος/13^{ος}**

fourteenth/14th (number, det, adv, noun) /,fɔː'ti:nθ/ ❖ **δέκατος τέταρτος/14^{ος}**

twentieth/20th (number, det, adv, noun) /'twentiəθ/ ❖ **εικοστός/20^{ος}**

twenty-first/21st (number, det, adv, noun) /ˌtwenti 'fɜːst/ ❖ **εικοστός πρώτος/21^{ος}**

thirtieth/30th (number, det, adv, noun) /'θɜːtiəθ/ ❖ **τριακοστός/30^{ος}**

January (n) /'dʒænjʊəri/ ❖ **Ιανουάριος**
the first month of the year

February (n) /'februəri/ ❖ **Φεβρουάριος**
the second month of the year

March (n) /mɑːtʃ/ ❖ **Μάρτιος**
the third month of the year

April (n) /'eɪprəl/ ❖ **Απρίλιος**
the fourth month of the year

May (n) /meɪ/ ❖ **Μάιος**
the fifth month of the year

June (n) /dʒuːn/ ❖ **Ιούνιος**
the sixth month of the year

July (n) /dʒuːlaɪ/ ❖ **Ιούλιος**
the seventh month of the year

August (n) /'ɔːgəst/ ❖ **Αύγουστος**
the eighth month of the year

September (n) /sep'tembə (r)/ ❖ **Σεπτέμβριος**
the ninth month of the year

October (n) /ɒk'təʊbə (r)/ ❖ **Οκτώβριος**
the tenth month of the year

November (n) /nəʊ'vembə (r)/ ❖ **Νοέμβριος**
the eleventh month of the year

December (n) /di'sembə (r)/ ❖ **Δεκέμβριος**
the twelfth month of the year

invitation (n) /ˌɪnvɪ'teɪʃ (ə)n/ ❖ **πρόσκληση**
a card, letter, email, etc. to ask someone to come to an event • *Hilde is giving invitations to her friends for her garden party.*
➤ invite (v)

School trip 1 pp. 26–27

reindeer (n) /'reɪndiə (r)/ ❖ **τάρανδος**

a big kind of deer that lives in cold countries in the north • *The Sami people use the skins of reindeer to make their homes.*

region (n) /'ri:dʒən/ ❖ **περιοχή**

an area of the world or a part of a country • *Dorset is a coastal region in the UK.*

➤ regional (adj)

find out (phr v) /faɪnd aʊt/ ❖ **μαθαίνω**

learn things about • *I'm reading a book to find out about animals from Africa.*

important (adj) /ɪm'pɔ:t (ə)nt/ ❖ **σημαντικός,-ή,-ό**

that people do things need to do, have, etc. • *It's important to cook the potatoes to make them soft.*

➤ importance (n)

north (n) /nɔ:θ/ ❖ **βορράς, βόρεια**

the direction on your right when you see the sun going down • *Norway is a country in the north of Europe.*

➤ north (adj), northern (adj)

map (n) /mæp/ ❖ **χάρτης**

a drawing of the land that shows where the roads, towns, mountains, etc. are • *Can you find your country on this map of the world?*

meat (n) /mi:t/ ❖ **κρέας**

a piece of an animal or bird that people or animals eat for food • *Lots of my friends don't eat meat because they can eat all kinds of vegetables.*

migrate (v) /maɪ'greɪt/ ❖ **μεταναστεύω, αποδημώ**

move from one part of the world to live in another • *Some birds migrate north from hot countries in summer.*

➤ migration (n), migrant (n), migratory (adj)

winter (n) /'wɪntə (r)/ ❖ **χειμώνας**

the coldest season of the year • *Do you like playing in the snow in winter?*

land (n) /lænd/ ❖ **γη, χώρα, στεριά, ξηρά, τόπος**

an area of Earth that isn't sea; a country • *The Sami travel across the land to find food.*

look after (phr v) /lʊk 'ɑ:ftə (r)/ ❖ **προσέχω, φροντίζω**

take care of • *Please look after my cat while I'm on holiday.*

Unit 3 Helping out

p. 29

help out (phr v) /help aʊt/ ❖ βοηθάω

help with something difficult • *Yazan's sister always helps him out when his homework is difficult.*

Lesson 1 Words p. 30

do the washing up (expr)/du ðə 'wɒʃɪŋ ʌp/ ❖ αναλαμβάνω το πλύσιμο

wash plates, etc. after a meal • *You cooked dinner, so I will do the washing up.*

feed (v) /fi:d/ ❖ ταιΐζω

give food to • *The farmer is feeding his hungry chickens.*

➤ food (n)

fix (v) /fiks/ ❖ φτιάχνω, επιδιορθώνω

correct something that is broken; make something work better • *Please help me to fix my computer.*

go shopping (expr)/gəʊ ʃɒpɪŋ/ ❖ πάω για ψώνια

buy things that you need, e.g. food, clothes • *I don't like going shopping for food with my parents. I hate supermarkets!*

➤ shop (v, n)

make (my) bed (expr)/meɪk (maɪ)bed/ ❖ στρώνω το κρεβάτι (μου)

tidy the covers on your bed • *I never make my bed in the morning, so my room isn't very tidy.*

practise (the piano) (v) /'præktɪs (ðə pi'æniəʊ)/ ❖ εξασκούμαι (στο πιάνο)

do something often to get better at doing it, e.g. playing the piano/guitar, etc. • *Pauline usually practises the piano for an hour every day. She wants to take a music exam this year.*

➤ practice (n)

rubbish (n) /'rʌbɪʃ/ ❖ σκουπίδια, απορρίμματα, άχρηστα είδη

things that you throw away because you don't need them • *It's important to recycle rubbish, like plastic and glass, to save our planet.*

take out the rubbish (expr) /teɪk aʊt ðə 'rʌbɪʃ/ ❖ **βγάζω έξω τα σκουπίδια**
throw away the rubbish from the house in a place outside • *The kitchen smells terrible!*
Please take the rubbish out.

tidy (my bedroom) (v) /'taɪdi (maɪ 'bedrʊm)/ ❖ **τακτοποιώ (το δωμάτιό μου)**
put things away or in the right place • *Greta always tidies her bedroom after school on Fridays.*

➤ tidy (adj)

water (the plants) (v) /'wɔ:tə (r) (ðə plɑ:nts)/ ❖ **ποτίζω (τα φυτά)**
put water on plants, etc. to help them to grow • *My aunt waters the plants in our garden when we go on holiday.*

➤ water (n)

Lesson 2 Grammar p. 31

sometimes (adv) /'sʌmtaɪmz/ ❖ **κάποιες φορές, μερικές φορές, ενίοτε**
not always • *I sometimes meet my friends after school, but not every day.*

usually (adv) /'ju:ʒuəli/ ❖ **συνήθως**
as a normal routine • *We usually go to school by bus, but today we're going in Mum's car.*
➤ usual (adj)

always (adv) /'ɔ:lweɪz/ ❖ **πάντα, πάντοτε**
all the time • *I always go to school on foot.*

Lesson 3 Reading p. 32

pick (v) /pɪk/ ❖ **μαζεύω, συλλέγω**
collect fruit or vegetables from the ground or from a plant/tree; cut or take small pieces of something or small things from something else • *The farm workers picked the oranges from the trees and put them into boxes.*

➤ pick (n)

put away (phr v) /pʊt ə 'weɪ/ ❖ **τακτοποιώ, μαζεύω, συγυρίζω**
put (something) in its correct place • *Sally put away her school books before she went to bed.*

recycling (n) /,ri:'saɪk (ə)lɪŋ/ ❖ **ανακύκλωση**
something new from something that you used already • *Put your old notebooks into the paper recycling bin.*

➤ recycle (v), recycled (adj)

collect (v)/kə'lekt/ ❖ συλλέγω, παίρνω, μαζεύω
come and take (something/somebody) away; find things of a particular kind to use them • *The teacher collected our notebooks at the end of the lesson.*
➤ collection (n), collector (n)

breakfast (n) /'brekfəst/ ❖ πρωινό
the first meal of the day after you wake up • *Do you eat cereal for breakfast, or do you have pancakes or eggs?*

once (adv) /wʌns/ ❖ μια φορά, κάποτε
one time • *Alistair played a game of chess once, but he didn't enjoy it.*

make sure (phr)/meɪk ʃʊə (r)//meɪk ʃʊ: (r)/ ❖ βεβαιώνομαι, φροντίζω, διασφαλίζω
do something so that you know something will happen or something is true • *Phone your parents to make sure they know when you'll be home.*

weekend (n) /,wi:k'end/ ❖ Σαββατοκύριακο
Saturday and Sunday • *In my country, children don't go to school at the weekend.*

Lesson 4 Grammar p. 33

How often ...? (phr)/haʊ 'ɒf (ə)n/ ❖ Πόσο συχνά ...; / Κάθε πότε ...;
How many times ...? • *How often do you go swimming? Every day, or once a week?*

twice (adv) /twɑɪs/ ❖ δύο φορές
two times • *I don't go to the cinema often. I go about twice a year.*

bottle (n) /'bɒt (ə)l/ ❖ μπουκάλι, φιάλη
a glass, plastic or metal container for water or other liquids • *Don't forget to take a bottle of water in your bag for the trip.*

recycle (v) /,ri:'saɪk (ə)l/ ❖ ανακυκλώνω
make something from something that was used before • *Put your glass bottles and jars in the special bin to recycle them.*
➤ recycling (n), recycled (adj)

Lesson 5 Song p. 34

night (n) /naɪt/ ❖ νύχτα, βράδυ
the time when it's usually dark between the end of one day and the start of the next
• *I finished my homework at 11 o'clock last night and went to bed very late.*

broken (adj) /'brʊkən/ ❖ **χαλασμένος, -η,-ο**
damaged or not working correctly • *Let's fix these broken toys and somebody can play with them again.*

➤ break (v), break (n)

whole (adj) /həʊl/ ❖ **ολόκληρος, -η,-ο**
complete; all of something • *The whole family went cycling in the park.*

(my) own (adj, det) / (maɪ) əʊn/ ❖ **δικός, -ή,-ό μου**
belonging to (me) • *I always tidy my own bedroom.*

➤ own (v)

way (n) /weɪ/ ❖ **τρόπος**
how you do something • *Show me the best way to cook eggs.*

Lesson 6 Phonics p. 35

fly (v) /flaɪ/ ❖ **πετάω**
make something move in the air above the land • *Don't fly your drone camera near people's houses.*

➤ flying (n), flight (n)

kite (n) /kaɪt/ ❖ **χαρταετός**
a toy that is a frame covered with paper, plastic or cloth, which you fly in the air • *Children were flying Chinese dragon-shaped kites before the festival.*

ride (v) /raɪd/ ❖ **ιππεύω, καβαλάω, ανεβαίνω σε**
sit on top of something and make it move to travel • *Can you ride a horse?*

➤ ride (n), rider (n), riding (v)

pineapple (n) /'paɪnæp (ə)l/ ❖ **ανανάς**
a kind of fruit that has a hard skin outside and soft juicy yellow fruit inside • *Can I have a glass of pineapple juice? It's my favourite fruit.*

Lesson 7 Video p. 36

chore (n) /tʃɔː (r)/ ❖ **αγγαρεία, δουλειά του σπιτιού**
a small job that you have to do often • *I don't like doing boring chores like washing the dishes.*

clean (v) /kli:n/ ❖ καθαρίζω

make something clean • *Please clean the kitchen table after your lunch.*

➤ clean (adj), cleaner (n)

evening (n) /'i:vnɪŋ/ ❖ βράδυ

the time of day between when you have dinner, and when you go to bed • *My parents are going out to have dinner at a restaurant this evening.*

Unit 4 Playtime!

p. 37

playtime (n) /'pleɪtaɪm/ ❖ **ώρα για παιχνίδια**

the short time between lessons when children can play at school • *At playtime, children can go out of their classrooms and play in the playground.*

Thailand (n) /'taɪlənd/ ❖ **Ταϊλάνδη**

➤ Thai (adj)

Lesson 1 Words p. 38

bake (v) /beɪk/ ❖ **ψήνω**

cook food in an oven • *Do you know how to bake a cake?*

➤ baker (n), bakery (n), baking (v)

collect stickers (phr) /kə'lekt 'stɪkəz/ ❖ **συλλέγω αυτοκόλλητα**

collect sticky labels with pictures or words on them, sometimes to stick them on something

• *Bernie collects football stickers and sticks them in a notebook.*

do puzzles (phr) /du:'pʌz (ə)ls/ ❖ **φτιάχνω παζλ**

do games that make you think • *Anita loves doing jigsaws and crossword puzzles.*

dress up (phr v) /dres ʌp/ ❖ **ντύνομαι, μεταμφιέζομαι**

put on special clothes to look like somebody/something else • *We're all dressing up as superheroes for the party.*

make things (phr) /meɪk θɪŋz/ ❖ **φτιάχνω πράγματα**

create new things from something else • *Tony is great at making things like model planes.*

hide-and-peek (n) /haɪd ænd si:k/ ❖ **κρυφό**

a game where children hide and one person tries to find them • *Let's play hide-and-peek in the park.*

computer game (n) /kəm'pjʊ:tə geɪm/ ❖ **παιχνίδι υπολογιστή**

a game that people play on a computer • *Do your homework. Then you can play a computer game.*

roller-skate (v) /'rɒlə skeɪt/ ❖ **κάνω πατίνι (-α)**

move over the ground wearing roller skates on your feet • *There's a special place in the park where we can go to roller-skate.*

➤ roller-skate (n), roller-skating (n)

comic book (n) /'kɒmɪk bʊk/ ❖ **βιβλίο με κόμικς, βιβλίο κινουμένων σχεδίων**
a magazine with picture stories • *I'm reading a comic book about Iron Man.*

watch films /wɒtʃ fɪlms/ ❖ **βλέπω ταινίες**
see films on TV, on a computer or in the cinema • *I don't go to the cinema, but I often watch films on TV.*

hobby (n) /'hɒbi/ ❖ **χόμπι, ενδιαφέροντα**
an activity you do for fun in your free time • *Marianna's hobbies are playing the guitar and swimming.*

Lesson 3 Reading p. 40

stick (n) /stɪk/ ❖ **κλαρί, κλαδάκι**
a long thin piece of wood • *In the forest, you can see lots of sticks on the ground; I throw them for my dog.*

teenager (n) /'ti:neɪdʒə (r)/ ❖ **έφηβος,-η**
a person between 13 and 19 years old • *Dad started playing piano when he was a teenager at high school.*
➤ teenage (adj)

interested (in) (adj) /'ɪnt (ə)rəstɪd (ɪn)/ ❖ **ενδιαφέρομαι για, με ενδιαφέρει**
liking or wanting to know more about something • *Are you interested in reading books about history?*
➤ interest (v, n), interesting (adj)

real (adj) /ri:l/ ❖ **πραγματικός, αληθινός,-ή,-ό**
which actually happened; true, not false • *Graham likes horses, but he can't ride a real horse in the city.*
➤ really (adv), reality (n)

Finland (n) /'fɪnlənd/ ❖ **Φινλανδία**
➤ Finnish (adj, n)

competition (n) /,kɒmpə'tɪʃ (ə)n/ ❖ **διαγωνισμός**
an event in which you try to win something • *Our class is entering the art competition.*
➤ compete (v), competitor (n)

high (adv) /haɪ/ ❖ **ψηλά**
in a position far up above the ground • *The kites are flying high above the trees.*
➤ high (adj), height (n)

fast (adv) /fɑ:st/ ❖ γρήγορα
quickly • *Don't roller-skate so fast near the road. It's dangerous.*
➤ fast (adj)

popular (adj) /'pɒpjələ (r)/ ❖ δημοφιλής,-ής,-ές
liked by many people • *Flying kites a popular hobby in China.*
➤ popularity (n), unpopular (adj)

interest (n) /'ɪntrest/ ❖ ενδιαφέρον
something that you enjoy doing or want to know more about • *Tamara and Kate have the same interests. They like playing computer games and doing puzzles.*
➤ interesting (adj), interested (adj)

Lesson 5 Song p. 42

closed (adj) /kləʊzd/ ❖ κλειστός, -ή, -ό
not open • *Our school is closed at weekends.*
➤ close (v)

Lesson 6 Phonics p. 43

window (n) /'wɪndəʊ/ ❖ παράθυρο
a space in a wall or door, usually covered with glass, where light and air can come in and you can see out • *It's hot in here. Please open the window.*

know (v) /nəʊ/ ❖ γνωρίζω, ξέρω
have information about somebody/something that you learnt about or did • *Do you know who sings this song? Is it Ariana Grande?*
➤ knowledge (n)

coat (n) /kəʊt/ ❖ παλτό, πανωφόρι, μπουφάν
a kind of clothing that people wear over their clothes to keep warm outside • *It's cold and rainy, so put on a coat and take an umbrella.*

goat (n) /gəʊt/ ❖ κατσίκα
an animal that looks like a sheep with horns and short hair and lives on mountains or on a farm • *The farmer collects milk from his goats to make cheese.*

Lesson 7 Video and Writing p. 44

jigsaw puzzle (n) /'dʒɪɡsɔ: 'plz (ə)/ ❖ παζλ

a picture on cardboard or wood, which is made with a lot of small pieces of different shapes that you have to fit together • *This jigsaw puzzle has 1000 pieces! Do you want to help me to do it?*

mean (v)/mi:n/ ❖ σημαίνω

have as a meaning • *What does this word mean?*

➤ meaning (n)

news (n) /nju:z/ ❖ ειδήσεις, νέα

the latest information about things that are happening • *The film is on tonight after the nine o'clock news.*

as well (adv)/əz wel/ ❖ επίσης, καθώς και

too; also • *I like reading and my sister likes it as well.*

Game 1 p.45

guitar (n) /gɪ'tɑ: (r)/ ❖ κιθάρα

a musical instrument that usually has six or four strings, which you play with your fingers or a small piece of plastic or metal • *We've got two guitars, one piano and drums in our band.*

tango (n) /'tæŋgəʊ/ ❖ τανγκό

a kind of dance from South America in which two people dance together • *The tango is an exciting dance that comes from Argentina.*

polar bear (n) /'pəʊlə beə (r)/ ❖ πολική αρκούδα

a big white bear that lives near the North Pole • *Polar bears live in northern countries, like Alaska and Greenland.*

Reading extra 1 pp. 46–47

artist (n) /'ɑ:tɪst/ ❖ καλλιτέχνης, -ίδα

a person who does painting, drawing or other kinds of art • *Quentin Blake is a great artist.*

famous (adj) /'feɪməs/ ❖ διάσημος, -η, -ο

that lots of people know about • *He's famous for drawing pictures in children's story books.*

➤ fame (n)

proud (adj) /praʊd/ ❖ **περήφανος, -η,-ο**

very pleased with your actions or another person's actions • *Alice is proud of her beautiful garden. She looks after all her plants very well.*

➤ pride (n)

hear (v) /hɪə (r)/ ❖ **ακούω**

get information about something • *I hear that we are getting a new Maths teacher because Ms Jackson is leaving.*

portrait (n) /'pɔ:tret/ ❖ **πορτρέτο**

a photo or painting of a person • *The museum walls are full of portraits of old kings and queens.*

palace (n) /'pælɪs/ ❖ **παλάτι, ανάκτορο**

a big house, especially where a king, queen or other important person lives • *The king's family live in a palace on top of a hill.*

emperor (n) /'empərə (r)/ ❖ **αυτοκράτορας**

the leader of an empire • *Julius Caesar was a famous Roman emperor.*

advisor (n) /əd'vaɪzə (r)/ ❖ **σύμβουλος**

someone who tells you the right things to do • *Marcia is talking to an advisor about how to start her own clothes shop.*

➤ advise (v), advice (n)

laugh (v) /lɑ:f/ ❖ **γελάω**

make sounds from your mouth to show that you are happy or think something is funny • *We always laugh at Timothy's jokes. He's very funny.*

➤ laughter (n), laugh (n)

pack (v) /pæk/ ❖ **πακετάρω, φτιάχνω βαλίτσα**

put things into a bag or box, etc. • *Make sure you pack your bags with everything you need for the trip.*

➤ pack (n), packing (n)

quietly (adv) /'kwaɪətli/ ❖ **σιγανά, ήσυχα, αθόρυβα**

without much or any noise • *The birds are flying quietly over the sea.*

➤ quiet (adj)

turn (v) /tɜ:n/ ❖ **γίνομαι, μετατρέπομαι**

change to become something different • *The weather is so cold. My hands are turning blue now.*

cry (v)/kraɪ/ ❖ κλαίω

have tears coming from your eyes because you are sad or hurt • *That sad song always makes me cry.*

➤ cry (n)

nature (n)/'neɪtʃə(r)/ ❖ φύση

all the wild things like plants, animals, rocks, etc. • *I love going for walks in the forest to be close to nature.*

➤ natural (adj), naturally (adv)

Unit 5 Eating out

p. 49

eat out (phr v)/i:t aʊt/ ❖ τρώω έξω

have a meal in a restaurant and not at home • *Sometimes I eat out with my family at weekends.*

busy (adj) /'bɪzi/ ❖ πολυσύχναστος, γεμάτος

full of people • *The metro stations are very busy every morning.*

Lesson 1 Words p. 50

milkshake (n) /'mɪlkʃeɪk/ ❖ μιλκσέικ

a drink made of milk mixed with different flavours of fruit or chocolate, etc. • *Yvonne is drinking a cool banana milkshake.*

noodles (n pl) /'nu:d (ə)lz/ ❖ νούντλς, μακαρόνια

a kind of long thin pasta used in Chinese or Italian meals • *My favourite Chinese dish is chicken soup with noodles.*

pancake (n) /'pæŋkeɪk/ ❖ τηγανίτα, pancake

a flat round cake made from flour, eggs and milk which is fried on both sides • *When we visit Grandma, she often makes delicious hot pancakes with jam.*

pasta (n) /'pæstə/ ❖ ζυμαρικά, μακαρόνια

a kind of food made from flour and water and made into different shapes (e.g. spaghetti) • *This Italian restaurant serves different types of pasta with sauce, as well as pizza.*

salad (n) /'sæləd/ ❖ σαλάτα

a mixture of different uncooked vegetables like tomatoes, peppers or lettuce, etc. that is part of a meal • *We had a fresh green salad with our pizza.*

sandwich (n) /'sænwɪtʃ/ ❖ σάντουιτς

a snack made from two slices of bread with different food, like meat, vegetables or cheese, between them • *Mum is making cheese and tomato sandwiches for lunch.*

sauce (n) /sɔ:s/ ❖ σως, σάλτσα

a thick liquid put on food to add different tastes to it • *Have some pancakes with apple sauce. They're very tasty.*

soup (n) /su:p/ ❖ σούπα

a kind of food made by boiling vegetables, meat or fish in water to make a thick liquid • *On a cold day, it's nice to have a bowl of hot soup.*

vegetable (n) /'vedʒtəb (ə)/ ❖ λαχανικό

a plant that you can eat as food • *Broccoli is not my favourite vegetable, but I love carrots.*

Lesson 2 Grammar p. 51

snack bar (n) /'snæk bɑ: (r)/ ❖ σνακ μπαρ, καντίνα

a place where you can buy a small meal, like sandwiches, to eat quickly • *On the long road between cities, there are lots of snack bars where drivers can stop for a quick meal and a break.*

treat (n) /tri:t/ ❖ κέρασμα, δώρο

something nice that you give to somebody or do for them for a special reason • *Georgia's parents are taking her and her friends to a restaurant as a special birthday treat.*

burger (n) /'bɜ:gə (r)/ ❖ μπιφτέκι, μπέργκερ

a kind of food made from chopped meat, vegetables, etc. made into flat round shapes and cooked on both sides • *Brian doesn't eat meat, so he's having bean burgers with salad.*

fridge (n) /frɪdʒ/ ❖ ψυγείο

an electric kind of large metal box that is cold inside to keep food fresh • *Don't leave the milk and cheese on the table — put them in the fridge.*

Lesson 3 Reading p. 52

cup (n) /kʌp/ ❖ φλιτζάνι

a container, like a small bowl with a handle, used for hot drinks, etc. • *Let's have a nice cup of tea.*

plate (n) /pleɪt/ ❖ πιάτο

a flat dish to put food on • *Don't use plastic plates for the party. Use the dinner plates from your kitchen.*

bowl (n) /bəʊl/ ❖ μπολ

a deep round plate for food or liquid • *Helena has a bowl of yoghurt and fruit for breakfast every day.*

straw (n) /strɔ:/ ❖ καλαμάκι

a thin plastic or paper tube that you drink something through • *Why are you drinking drink juice through a straw?*

glass (n) /glɑ:s/ ❖ ποτήρι

a container made of a clear hard material for drinking out of • *You can drink your orange juice out of the glass.*

➤ glass (adj)

problem (n) /'prɒbləm/ ❖ πρόβλημα
something that is difficult to do or understand • *When I have a problem with school work, I ask my teacher for help.*

restaurant (n) /'rest (ə)rɒnt/ ❖ εστιατόριο
a place where people can buy meals and sit down to eat • *There's a good fish restaurant near the beach. Let's have dinner there.*

buy (v) /baɪ/ ❖ αγοράζω
give money to get something • *Where can I buy a ticket for the train?*
➤ buyer (n)

Value Workbook, Lesson 6

environment (n)/ɪn'veɪrənmənt/ ❖ περιβάλλον
the air, water, land around us • *Keep the countryside clean and look after the environment.*
➤ environmental (adj), environmentally (adj)

Lesson 4 Grammar p. 53

grape (n) /greɪp/ ❖ σταφύλι
a small purple or green fruit that is soft and juicy inside • *At the end of summer, you can see Italian farmers picking their grapes.*

slice (n) /slaɪs/ ❖ φέτα
a flat, thin piece of food that is cut from a bigger piece • *Cut some slices of cheese and onions to put in the sandwiches.*

fountain (n) /'faʊntən/ ❖ σιντριβάνι
a place where water goes up into the air or pours out of something, often in a park or garden • *Tourists like to take photos near the famous fountains in the streets of Rome.*

Lesson 5 Song p. 54

huge (adj) /hju:dʒ/ ❖ τεράστιος, πολύ μεγάλος
very big • *The singer is staying at a huge hotel for her holiday.*

boring (adj) /'bɔ:riŋ/ ❖ βαρετός, ανιαρός, -ή, -ό
not interesting • *My classmates say history is boring, but I like it.*
➤ bore (v), bored (adj)

choose (v)/tʃu:z/ ❖ επιλέγω, διαλέγω
think about things, and then decide which one you want • *There are so many nice restaurants here. Let's choose the best place near the sea.*
➤ choice (n)

blue (adj) /blu:/ ❖ μπλε, γαλανός, κυανός
having the colour blue • *The sun is shining in the clear blue sky.*
➤ blue (n)

smoothie (n) /'smu:ði/ ❖ smoothie
a drink made of fruit or fruit juice mixed quickly, sometimes with milk or cream • *Gemma and Joanna are drinking smoothies in the café.*

Lesson 6 Phonics p. 55

Tuesday (n) /'tju:zdeɪ/ ❖ Τρίτη
the day after Monday and before Wednesday • *Our volleyball team practises every Tuesday after school.*

ruler (n) /'ru:lə(r)/ ❖ χάρακας
a long flat piece of wood, plastic or metal that has inches or centimetres marked on it to measure or draw lines • *Use your ruler to see how big your book is.*

metre (n) /'mi:tə(r)/ ❖ μέτρο
100 centimetres • *Fidel is very tall. He's over two metres!*
➤ metric (adj)

Lesson 7 Video and Writing p. 56

celebrate (v) /'selɪbreɪt/ ❖ γιορτάζω
do something to show that an event is special • *We're having a party to celebrate the last day of the school year.*
➤ celebration (n)

shrimp (n) /ʃrɪmp/ ❖ γαρίδα
a kind of small shellfish that people can eat • *This fish restaurant has different kinds of seafood dishes, like spaghetti with shrimps.*

Vietnam (n) /,vi:et'nɑ:m/ ❖ Βιετνάμ
➤ Vietnamese (adj, n)

yoghurt (n) /'jɒɡət/ ❖ **γιαούρτι**

a thick white creamy food made from milk • *Would you like chocolate ice cream or yoghurt with honey for dessert?*

mint (n) /mɪnt/ ❖ **μέντα, δυόσμος**

a plant with dark green leaves that you put in food and drinks to give flavour or decorate them with • *Emma put a few mint leaves on top of the fruit salad.*

➤ minty (adj)

diner (n) /'daɪnə (r)/ ❖ **diner, εστιατόριο**

a small restaurant (usually in North America) • *Some Americans like to eat out for breakfast at diners.*

➤ dine (v)

Unit 6 Animal behaviour

p. 57

behaviour (n) /bɪ'heɪvjə (r)/ ❖ συμπεριφορά

the way a person or animal acts towards others • *The teacher is angry because of his students' bad behaviour.*

➤ behave (v)

wild (adj) /waɪld/ ❖ άγριος, -ια, -ιο

living and growing in nature • *Lions and tigers are wild animals. You can't keep them as pets.*

Lesson 1 Words p. 58

ant (n) /ænt/ ❖ μυρμήγκι

a small insect which lives in a big group • *I can see a group of tiny ants carrying pieces of food together on their backs.*

bat (n) /bæt/ ❖ νυχτερίδα

an animal like a mouse or rat with wings, that hunts and eats at night • *There are always bats flying around the trees in this street at night.*

dolphin (n) /'dɒlfɪn/ ❖ δελφίνι

an animal like a large fish which lives in the sea • *Two dolphins are swimming and jumping in the sea next to our boat.*

kangaroo (n) /,kæŋgə'ru:/ ❖ καγκουρό

a large animal from Australia which uses its long back legs and strong tail to move by jumping • *The mother kangaroo has a tiny baby kangaroo looking out of her pocket.*

panda (n) /'pændə/ ❖ πάντα

a large animal from China that looks like a black and white bear • *Pandas naturally live in the forests and eat bamboo, but some of them live in zoos around the world.*

parrot (n) /'pærət/ ❖ παπαγάλος

a large colourful bird with a large beak • *People think that parrots can speak, but they only copy sounds made by humans.*

penguin (n) /'penɡwɪn/ ❖ πιγκουίνος

a large black and white bird which lives in Antarctica • *Penguins can't fly, but they can swim well.*

shark (n) /ʃɑ:k/ ❖ **καρχαρίας**
a large fish which has a long mouth with sharp teeth • *People are often scared of sharks, but sharks are not all dangerous.*

whale (n) /weɪl/ ❖ **φάλαινα**
an animal like a very big fish which lives in the sea • *Whales look like fish, but they need to breathe air to live.*

Lesson 2 Grammar p. 59

cross (v) /krɒs/ ❖ **διασχίζω**
go across from one side to the other • *You can cross the river in a small boat.*
➤ crossing (n)

Lesson 3 Reading p. 60

wake up (phr v) /weɪk ʌp/ ❖ **ξυπνάω**
stop sleeping and feel lively • *Dad usually wakes up early and makes breakfast for everyone before we go to school.*

busy (adj) /'bɪzi/ ❖ **απασχολημένος, πολυάσχολος, -η,-ο**
having a lot of things to do • *Matilda works hard and she's got four children, so she's always very busy.*

lizard (n) /'lɪzəd/ ❖ **σαύρα**
a small animal which has four small legs and a tail, and a long tongue • *Lizards use their long tongues to catch insects to eat.*

hungry (adj) /'hʌŋɡri/ ❖ **πεινασμένος, πεινάω**
needing food; feeling that you want to eat • *I'm not hungry now, so I don't want anything to eat.*
➤ hunger (n)

safe (adj) /seɪf/ ❖ **ασφαλής, -ής,-ές**
not in any danger • *The mother cat keeps her kittens safe and doesn't let people touch them when they are small.*
➤ safety (n)

meerkat (n) /'mi:kæt/ ❖ **σουρικότα**
a small animal from South America which has a long tail and can stand up on its back legs
• *Meerkats look funny standing up, but they are just looking to see which other animals are around.*

sunshine (n) /'sʌnʃaɪn/ ❖ **φως του ήλιου, ηλιοφάνεια, λιακάδα**
the light and heat from the sun • *Finland doesn't have much sunshine in winter. It's dark nearly all day.*

warm up (phr v) /wɔ:m ʌp/ ❖ **ζεσταίνομαι**
stop feeling cold • *You look cold. Have a bowl of soup to warm up.*

fruit (n)/fru:t/ ❖ **φρούτο**
a soft part of a plant that has its seeds and usually has a sweet taste • *Pineapple is my favourite fruit.*

climb a tree (phr) /klaɪmtri:/ ❖ **σκαρφαλώνω σε δέντρο**
move up a tree by using arms and legs • *There's a cat climbing a tree in the garden.*

eagle (n)/'i:g (ə)/ ❖ **αετός**
a big bird that eats small animals • *A huge eagle is flying high above the mountain, watching for animals on the ground.*

burrow (n)/'bʌrəʊ/ ❖ **λαγούμι**
an animal's home underground • *Meerkats sleep in burrows underground, like rabbits and other small animals.*
➤ burrow (v)

relax (v)/rɪ'læks/ ❖ **χαλαρώνω**
have a break and do something you like doing without stress • *Silvia likes taking a warm shower to relax before bedtime.*
➤ relaxed (adj), relaxation (n)

Lesson 4 Grammar p. 61

enjoy yourself (phr) /ɪn'dʒɔɪjɔ:'self/ ❖ **απολαμβάνω, περνάω καλά**
have fun • *I'm sure you'll enjoy yourselves at the party.*
➤ enjoyment (n)

Lesson 5 Song p. 62

incredible (adj)/ɪn'kredəbl/ ❖ **απίστευτος, -η, -ο**
hard to believe • *Whales make incredible sounds to speak to each other.*
➤ incredibly (adv)

surprising (adj)/sə'praɪzɪŋ/ ❖ που προκαλεί έκπληξη, απίστευτος, απροσδόκητος, -η,-ο
that you don't expect • *It's surprising how many people don't know where chocolate comes from.*

➤ surprise (v, n), surprised (adj), surprisingly (adv)

surf (v) /sɜ:f/ ❖ σερφάρω, κάνω σερφ

do the sport of riding on waves while standing or lying on a board • *Steve enjoys surfing at the beach at the weekends.*

➤ surfing (n), surf (n)

back (n) /bæk/ ❖ πλάτη

the part of the body which is below the neck and above the legs and is on the opposite side to the chest • *I can't carry this heavy bag on my back.*

for free (expr) /fəfri:/ ❖ δωρεάν

without paying money • *Children under 12 can visit the museum for free.*

Value Workbook, Lesson 6

pet (n)/pet/ ❖ κατοικίδιο

an animal which somebody keeps at home • *Kemal has three pets: a dog and two cats.*

programme (n) /'prəʊgræm/ ❖ πρόγραμμα

something you can watch on TV or listen to on the radio • *Do you like watching TV programmes about nature?*

Lesson 6 Phonics p. 63

elephant (n) /'elɪfənt/ ❖ ελέφαντας

a very big animal with a long nose and thick grey skin • *Elephants are bigger than other land animals.*

fish (n) /fɪʃ/ ❖ ψάρι

a living thing that lives in water, breathes through openings on the sides of its head, and has fins and a tail for swimming • *Sharks are the biggest kind of fish in the sea.*

➤ fish (v), fishing (n)

Lesson 7 Video and Writing p. 64

swimmer (n)/'swɪmə(r)/ ❖ κολυμβητής

a person or animal that swims • *George is the best swimmer in our class. He practises in the pool every day.*

➤ swim (v), swimming (n)

in the wild (expr) /ɪnðəwaɪld/ ❖ στη φύση, στην άγρια φύση

in nature • *Parrots live in the wild in warm parts of the world like South America and Australia.*

bamboo (n)/,bæm'bu:/ ❖ μπαμπού

a tall thin type of grass which can be used to make chairs, etc. • *Our garden chairs are made of bamboo.*

macaw (n)/mə'kɔ:/ ❖ μακάο

a kind of big colourful parrot from South or Central America which has a long tail • *Macaws are in danger because too many people are catching them to sell as pets.*

species (n)/'spi:ʃi:z/ ❖ είδος

the type of group that each living thing belongs to • *There are many different species of plants growing in the Alps.*

rainforest (n)/'reɪnfɔ:ɪst/ ❖ τροπικό δάσος

an area with lots of trees together in warm parts of the world where there's a lot of rain • *It's important to take care of the world's rainforests to help our planet.*

Function 2: Talking about preferences p. 65

amazing (adj)/ə'meɪzɪŋ/ ❖ εκπληκτικός, απίστευτος, -η, -ο

very surprising • *It's amazing how ants work together as a team.*

➤ amaze (v), amazement (n)

School trip 2 pp. 66–67

the Antarctic (n)/ði:ænt'ɑ:ktɪk/ ❖ η Ανταρκτική

ocean (n)/'əʃj(ə)n/ ❖ ωκεανός

one of the huge areas of sea which cover parts of the world • *Whales live in deep waters of the oceans around the world.*

food chain (n)/'fu:d tʃeɪn/ ❖ τροφική αλυσίδα

the system of living things in which each kind eats another kind to live • *Insects are an important part of the food chain because they are food for birds and other animals.*

energy (n)/'enədʒi/ ❖ **ενέργεια**

power • *Eating fruit and nuts is a healthy way to give you energy.*

krill (n)/krɪl/ ❖ **κριλ**

a small kind of shellfish • *Whales in the Atlantic Ocean usually eat krill.*

leopard seal (n)/'lepədsi:l/ ❖ **φώκια λεοπάρδαλη**

a kind of seal which lives in the Antarctic and has spots like a leopard • *Leopard seals live on the ice and swim in the cold Antarctic Ocean.*

include (v)/ɪn'klu:d/ ❖ **περιλαμβάνω**

have as a part of something • *The leopard seal's food includes small fish and penguins.*

Unit 7 Happy faces

p. 69

short (adj)/ʃɔ:t/ ❖ **κοντός, -ή, -ό**
not long; not tall • *My dog has got short hair and a long tail.*

Lesson 1 Words p. 70

beard (n)/biəd/ ❖ **μούσι**
hair which is on a man's face on his chin and cheeks • *Nicola's grandpa has a long white beard and a moustache.*

moustache (n)/'mʌstæʃ/ ❖ **μουστάκι**
hair on a man's face between his nose and mouth • *My teenage brother is growing a moustache. He looks like a pirate!*

dark hair (n)/dɑ:kheə (r)/ ❖ **σκούρα μαλλιά**
brown or black hair • *People from India often have dark hair.*

fair hair (n)/feə (r)heə (r)/ ❖ **ανοιχτόχρωμα μαλλιά, ξανθά μαλλιά**
light-coloured hair • *People with fair hair usually can't stay in the sun very long. Their skin goes red.*

curly hair (n)/'kɜ:li heə (r)/ ❖ **σγουρά μαλλιά, σπαστά μαλλιά**
hair with lots of curls • *Sotiria has long curly hair, but it's difficult to brush it.*

straight hair (n)/streɪtheə (r)/ ❖ **ίσια μαλλιά**
hair that has no curls • *I like having short, straight hair because it's easy to take care of.*

fat (adj)/fæt/ ❖ **χοντρός, -ή, -ό**
having a lot of flesh on the body • *Ryan eats so much, but he never looks fat.*

thin (adj)/θɪn/ ❖ **λεπτός / αδύνατος, -η, -ο**
without much fat on the body • *That dog looks very thin. Let's give it some food and water.*

tall (n)/tɔ:l/ ❖ **ψηλός, -ή, -ό**
higher than others • *I don't like sitting behind tall people at the cinema. I can't see the film!*

round face (n)/raʊndfeɪs/ ❖ **στρογγυλοπρόσωπος**
a face that is in a shape like a circle • *The baby has a lovely round face and curly hair.*

giant (n)/'dʒaɪənt/ ❖ γίγαντας
a very big strong person • *Jack is climbing down the tree to run away from the giant.*
➤ giant (adj)

Denmark (n) /'denmɑ:k/ ❖ Δανία

Lesson 3 Reading p. 72

nearly (adv) /'niəli/ ❖ σχεδόν
almost • *Don't stop cycling now. We're nearly home.*

take (two hours) (phr) /teɪk (tu:'aʊəz)/ ❖ χρειάζομαι/διαρκώ (δύο ώρες)
need (two hours) to do • *It takes two hours to fly from Greece to Cyprus.*

die (v) /daɪ/ ❖ πεθαίνω
stop living • *These plants are dying. They need water fast.*

centimetre (n) /'sentɪmi:tə (r)/ ❖ εκατοστό
a small measure of length or distance • *There are 100 centimetres in a metre.*

Value Workbook, Lesson 6

accept (v) /ək'sept/ ❖ αποδέχομαι
make somebody feel welcome and part of a group; agree that something is okay
• *The family are beginning to accept that they have to move to another country.*

difference (n) /'dɪf (ə)rəns/ ❖ διαφορά
the way that two or more things are not the same • *There's a big difference between English and Chinese, so I can't understand anything on this menu!*
➤ different (adj), differently (adv)

Lesson 4 Grammar p. 73

New Zealand (n) /,nju: 'zi:lənd/ ❖ Νέα Ζηλανδία

taste (v) /teɪst/ ❖ έχω γεύση
have a certain flavour • *This soup tastes horrible! What is in it?*
➤ taste (n)

young (adj) /jʌŋ/ ❖ νέος, μικρός -ή,-ό
not old • *Irene is younger than the other players in her basketball team.*

Lesson 5 Song p. 74

wonder (v)/'wʌndə (r)/ ❖ **αναρωτιέμαι**

think about something to decide what to do or what something is, etc. • *I wonder where my keys are. I can't find them anywhere.*

➤ wonder (n), wonderful (adj)

Lesson 6 Phonics p. 75

birthday (n)/'bɜ:θdeɪ/ ❖ **γενέθλια**

the date every year that is the same date you were born • *Are you doing something special to celebrate your birthday?*

dirty (adj)/'dɜ:ti/ ❖ **βρώμικος,-η,-ο**

not clean • *Your car is really dirty. Do you need help to wash it?*

➤ dirt (n)

morning (n)/'mɔ:niŋ/ ❖ **πρωί**

the first part of the day up to 12 o'clock • *Sarah gets up at seven o'clock every morning.*

dark (adj)/dɑ:k/ ❖ **σκοτεινός, -η,-ό**

with no light • *It's dark outside. There are no lights on the street.*

➤ dark (n)

car (n) /kɑ: (r)/ ❖ **αυτοκίνητο**

a small vehicle that has an engine and four wheels and can carry people from place to place

• *Simon hasn't got a car, so he goes everywhere by bus or train.*

Lesson 7 Video and Writing p. 76

describe (v)/dɪ'skraɪb/ ❖ **περιγράφω**

say details about how/what something is • *Can you describe your home? Is it big or small?*

➤ description (n)

opinion (n)/ə'pɪnjən/ ❖ **γνώμη, άποψη**

what you think or feel about something/somebody • *Tell me your opinion of the film. Do you think it's good?*

size (n)/saɪz/ ❖ **μέγεθος**

how big something is • *What size shoes do you take?*

shape (n)/ʃeɪp/ ❖ **σχήμα**

the form of something on the outside • *The tables in this restaurant have a round shape.*

Unit 8 Healthy body, healthy mind

p. 77

healthy (adj)/'helθi/ ❖ υγιής, -ής, -ές
well; not ill • *Getting exercise and eating good food helps keep you healthy.*
➤ health (n)

mind (n)/maɪnd/ ❖ νους, μυαλό
the part of your body that you use to think, learn and make decisions • *Nancy's mind was full of ideas for her new book.*

Lesson 1 Words p. 78

shoulder (n)/'ʃəʊldə (r)/ ❖ ώμος
a part of the body between the arm and the neck • *Peter carried his bag over his shoulder.*

stomach (n)/'stʌmək/ ❖ στομάχι
the part inside your body where food goes when you eat it • *My stomach was sore after eating so quickly.*

tooth (n)/tu:θ/ ❖ δόντι
one of the hard white things in your mouth that you use to bite food • *Remember to clean your teeth before you go to bed.*
➤ teeth (n pl)

cold (n)/kəʊld/ ❖ κρύο, έχω κρυώσει
an illness which gives you a sore throat and a runny nose • *I don't feel well. I think I've got a cold.*

cough (n)/kɒf/ ❖ βήχας
a sound from your throat when you are ill • *The baby can't sleep because he has a cough. Has he got a cold?*
➤ cough (v)

sore (adj)/sɔ: (r)/ ❖ που πονάει, ερεθισμένος, -η, -ο
which hurts • *Eat more slowly or you'll get a sore stomach.*

neck (n)/nek/ ❖ λαιμός
the part of the body below the head and above the shoulders • *Wear a scarf around your neck to keep warm.*

ill (adj)/ɪl/ ❖ άρρωστος, -η,-ο
not well; not healthy • *Our teacher isn't at school today because she's ill.*
➤ illness (n)

toothache (n) /'tu:θeɪk/ ❖ πονόδοντος
a pain in your teeth • *I feel terrible! I've got toothache and it hurts a lot.*

medicine (n) /'meds (ə)n/ /'medɪs (ə)n/ ❖ φάρμακο
something you drink or eat to make you feel better when you are ill • *Take this medicine three times a day for a week and you will feel better.*

backache (n) /'bækeɪk/ ❖ πόνος στη μέση/πλάτη
a pain in the back • *This heavy school bag is giving me backache.*

What's the matter? (phr) /wɒts ðə 'mætə (r)/ ❖ Τι συμβαίνει; / Τι τρέχει;
What's wrong? • *What's the matter, Jane? You don't look well.*

Lesson 2 Grammar p. 79

stomach ache (n) /'stʌməkəɪk/ ❖ στομαχόπυνος, κοιλόπυνος
a pain in the stomach • *I don't think that food was very good. I've got stomach ache now.*

earache (n) /'ɪəreɪk/ ❖ πόνος στο αυτί
a pain in the ear (s) • *People often get earache when they have a cold.*

dentist (n) /'dentɪst/ ❖ οδοντίατρος
a doctor who takes care of people's teeth • *I'm going to the dentist because I've got toothache.*

Lesson 3 Reading p. 80

calm (adj) /kɑ:m/ ❖ ήρεμος, ψύχραιμος -η, -ο
not worried; relaxed • *Keep calm and do your best in the exam.*

worry (v) /'wʌrɪ/ ❖ ανησυχώ
feel that something bad might happen • *Don't worry. I can help with your maths homework.*
➤ worry (n), worried (adj)

grade (n) /greɪd/ ❖ βαθμός
a mark for school work • *Ewan got good grades in all his exams.*

elementary school (n)/,elɪ'mentri sku:l/ ❖ **δημοτικό σχολείο**
a school for children between about six and twelve years old; a primary school • *Alicia is twelve and she's finishing elementary school this year.*

yoga (n)/'jəʊgə/ ❖ **γιόγκα**
a type of exercise that keeps you fit and helps you relax • *Yoga is a great form of exercise and it helps you to breathe better.*

study (v)/'stʌdi/ ❖ **σπουδάζω**
spend time learning about something by going to classes and reading, etc. • *Lena is studying art at university.*

➤ study (n), student (n)

try (v)/traɪ/ ❖ **προσπαθώ**
do your best to do something • *I don't know if I can pass the test, but I'll try my best.*
➤ try (n)

give it a go (expr)/gɪvɪtəgəʊ/ ❖ **κάνω μια προσπάθεια, δοκιμάζω**
try something to see if you can do it or like it • *There's a new restaurant in our street. Let's give it a go and have dinner there.*

Lesson 4 Grammar p. 81

sugary (adj) /'ʃʊgəri/ ❖ **πολύ γλυκός**
that has a lot of sugar or tastes of sugar • *This cola is really sugary. It tastes too sweet for me.*
➤ sugar (n)

Lesson 5 Song p. 82

downstairs (adv)/daʊn'steəz/ ❖ **κάτω, στον κάτω όροφο**
on the floor of a building below the floor you are on • *In our home, the living room is downstairs and the bedrooms are upstairs.*

now (adv)/naʊ/ ❖ **τώρα**
at this time • *Angela was a student for years, and now she's a doctor.*

playground (n)/'pleɪgraʊnd/ ❖ **παιδική χαρά**
an area where children can play outside at school • *I meet my friends in the playground at the school break.*

bounce (v)/baʊns/ ❖ αναπηδώ

move quickly up and down on a surface • *Roger hit the ball hard and it bounced over the net.*
➤ bounce (n)

down (prep)/daʊn/ ❖ κάτω, προς τα κάτω

from a high point to a lower one • *The boys cycled down the road.*

forward (adv)/'fɔ:wəd/ ❖ μπροστά, προς τα εμπρός

towards a position in front of you • *The teacher asked Tom to move forward and sit at the front of the class.*

step (v)/step/ ❖ κάνω βήμα (step out = βγαίνω)

make a move forward by lifting your foot • *It was raining when he stepped out of the plane.*
➤ step (n)

traditional (adj)/trə'dɪʃən(əl)/ ❖ παραδοσιακός, -ή, -ό

which people have done in the same way for many years • *In the UK, it's traditional to give someone a present on their birthday.*

➤ tradition (n), traditionally (adv)

Value Workbook, Lesson 6

keep fit (expr)/ki:pfit/ ❖ κρατιέμαι/ διατηρούμαι σε φόρμα, ασκούμεαι, αθλούμαι
stay healthy • *Walking in the park is a good way to keep fit.*

Lesson 7 Video and Writing p. 84

badminton (n)/'bædmɪntən/ ❖ μπάντιντον, αντιπτερίση

a game like tennis played indoors with smaller rackets and a different shape of ball •
Badminton is a popular sport in countries where the weather is wet because you can play inside.

cross-country running (n)/,krɒs 'kʌntri' rʌnɪŋ/ ❖ τρέξιμο σε ανώμαλο δρόμο

the sport of running across fields in the countryside, not on a running track • *Heather likes cross-country running better than running around a stadium.*

judo (n) /'dʒu:dəʊ/ ❖ τζούντο
a sport in which two people try to push or throw each other down • *Jeremy started doing judo when he was ten and now he has a black belt.*

skipping (n) /'skɪpɪŋ/ ❖ κάνω σκοινάκι
a kind of exercise or game in which you jump over a rope which you hold in both hands and turn it over your head • *Skipping with a rope looks easy, but it is good exercise.*
➤ skip (v)

finally (adv) /'faɪnəli/ ❖ επιτέλους, τελικά
after everything has happened; used to talk about the last in a list of things • *We walked for hours. Finally, we arrived at the village.*
➤ final (adj, n)

Reading extra 2 pp. 86–87

solar eclipse (n) /səʊlə (r) ɪ'klɪps/ ❖ ηλιακή έκλειψη, έκλειψη Ηλίου
what happens when the moon goes between the Earth and the sun • *It wasn't cloudy, but the sky was grey because of the solar eclipse.*

unusual (adj) /ʌn'ju:zʊəl/ ❖ ασυνήθιστος, -η, -ο
not normal; different • *It's unusual to see people playing badminton in Turkey.*

event (n) /ɪ'vent/ ❖ γεγονός, εκδήλωση
an occasion that is planned • *New Year's Eve is an important event in Scotland.*

ray (n) /reɪ/ ❖ ακτίνα
a thin line of light • *The rays of light from the sun made a rainbow.*

normal (adj) /'nɔ:m (ə)l/ ❖ συνηθισμένος / συνηθης, -ης, -ες
usual • *It's not normal to have snow in Spain in summer.*

pinhole (n) /'pɪnhəʊl/ ❖ τρυπούλα, μικρή τρύπα
a very small hole • *The light is coming through a small pinhole in the paper onto the wall.*

viewer (n) /'vjʊ:ə (r)/ ❖ εικονοσκόπιο
a part of a camera or something you look through to see things • *We made pinhole viewers from boxes to watch the solar eclipse.*
➤ view (v)

glasses (n pl) /glɑːsɪz/ ❖ **γυαλιά**

something you wear over your eyes to see better • *Ann can't see very far without her glasses.*

during (prep) /'djʊərɪŋ/ ❖ **κατά τη διάρκεια**

through a period of time or event • *I haven't got much free time during the school week.*

Unit 9 I love my town

p. 89

building (n) /'bɪldɪŋ/ ❖ κτίριο

a structure, e.g. a house, school, hospital, etc. • *Our town is full of big new buildings, so it looks different from how it was the past.*

➤ build (v), builder (n)

Lesson 1 Words p. 90

bus stop (n) /bʌs stɒp/ ❖ στάση λεωφορείου

a place in the street where buses stop for people to get on or off • *There are a lot of people standing at the bus stop outside the cinema.*

café (n) /'kæfeɪ/ ❖ καφέ, καφετέρια

a small restaurant where you can have a drink or snack • *Let's have an ice cream in this café.*

car park (n) /kɑː(r) pɑːk/ ❖ χώρος στάθμευσης, πάρκινγκ

a special area where you can leave cars (outside a building, etc.) • *There's a car park with space for two hundred cars next to the shopping centre.*

cinema (n) /'sɪnəmə// 'sɪnəmə:/ ❖ κινηματογράφος, σινεμά

a building like a theatre where you can watch films • *My brother is going to see the new James Bond film at the cinema with his friends.*

hospital (n) /'hɒspɪt(əl)/ ❖ νοσοκομείο

a place where sick people go to get help from doctors, etc. • *Francesca is ill and she's going to see a doctor at the children's hospital.*

market (n) /'mɑːkɪt/ ❖ λαϊκή (αγορά)

a place where you can go to buy or sell things from open tables • *You can buy fruit and vegetables or clothes at the street market here on Tuesdays.*

sports centre (n) /'spɔːts sentə(r)/ ❖ αθλητικό κέντρο

a building where people can do different kinds of sport • *The services at the sports centre include a gym, showers, toilets and a café.*

supermarket (n) /'suːpəmə:kɪt/ ❖ σούπερ μάρκετ

a big shop that sells food, drinks and many other things for the home • *We do our weekly shopping on Friday afternoon when the supermarket isn't busy.*

Malta (n) /'mɔːl.tə/ ❖ Μάλτα

Lesson 3 Reading p. 92

skyscraper (n) /'skaɪskreɪpə (r)/ ❖ ουρανοξύστης

a very tall building with many floors • *The skyscrapers in Hong Kong are amazing. All the modern buildings are so tall.*

factory (n) /'fækt (ə)ri/ ❖ εργοστάσιο

a building where people make things • *Many people in this town work in a factory that makes laptops and phones.*

shopping centre (n) /'ʃɒpɪŋ 'sentə (r)/ ❖ εμπορικό κέντρο

a group of shops with a common area for cars to park • *The shopping centre is always really busy with people buying things at weekends.*

megacity (n) /'megəsi:ti/ ❖ μεγαλούπολη

a very big city with more than ten million people • *People come to live in megacities because it's easy to find jobs there.*

ago (adv) /ə'gəʊ/ ❖ πριν από

in the past; used after a period of time to show when something happened in the past • *The train arrived ten minutes ago.*

company (n) /'kʌmpəni/ ❖ εταιρεία

a business • *My aunt and uncle work for a company that makes clothes.*

soon (adv) /su:n/ ❖ σύντομα

after a short time • *Don't stop working now. You can have a break soon.*

these days (expr) /ði:zdeɪz/ ❖ Σήμερα / Στις μέρες μας

now; in the present time • *These days, children have more activities to choose from than in the past.*

Lesson 4 Grammar p. 93

compare (v) /kəm'peə (r)/ ❖ συγκρίνω

look at things to see what is the same or different about them • *Scotland is a small country compared to Germany or France.*

➤ comparison (n)

Value Workbook, Lesson 6

member (n)/'membə (r)/ ❖ μέλος

somebody who belongs to a club or group, etc. • *Kirsten is a member of the school band. She plays the drums.*

➤ membership (n)

Lesson 6 Phonics p. 95

person (n)/'pɜːsən/ ❖ πρόσωπο, άτομο

one man, woman, boy or girl • *The person in the centre of this photo was my grandfather's father.*

➤ people (n pl), personal (adj), personally (adj), personality (n)

Lesson 7 Video and Writing p. 96

Marrakesh (n)/mæ'rækɛʃ/ ❖ Μαρακές

a city in Morocco

Mexico City (n) /'meksɪkəʊ 'sɪti/ ❖ Πόλη του Μεξικού

the capital city of Mexico

Tokyo (n) /'tɒʃkiəʊ/ ❖ Τόκυο

the capital city of Japan

subway station (n) /'sʌbweɪ'steɪʃ (ə)n/ ❖ σταθμός μετρό

an underground train station • *The subway stations in New York are always very busy when people are going to work in the morning or coming home in the afternoon.*

tourist (n) /'tʊərɪst/ ❖ τουρίστας

a person who goes to a place for a holiday • *Thousands of tourists visit Morocco every year.*

➤ tour (n, v), tourism (n)

square (n) /skweə (r)/ ❖ πλατεία

an open area, usually with four sides, with buildings around in a town or city • *There are lots of cafés around the village square and a fountain in the centre.*

➤ square (adj)

office (n) /'ɒfɪs/ ❖ γραφείο

a room where people sit at desks to work • *The head teacher's office is next to our classroom.*

Unit 10 People in the past

p. 97

past (n) /pɑːst/

❖ παρελθόν, παλιά

the time before now • *The life I have now is easier than my grandparents' life in the past.*

➤ past (adj)

Native American (adj) /neɪtɪv əˈmerɪkən/

❖ ιθαγενείς Αμερικανοί, Ινδιάνοι

from the people who first lived in North America • *I don't understand how Native American people lived in tents in winter.*

➤ Native American (n)

Lesson 1 Words p. 98

cycle to school (phr) /ˈsaɪk (ə)ltəsku:l/

❖ πάω με ποδήλατο στο σχολείο, ποδηλατώ

ride a bike to school • *The streets here are very busy, so I can't cycle to school. It's dangerous to ride a bike.*

need water (phr) /niːdwɔːtə (r)/

❖ χρειάζομαι νερό

feel thirsty; be very dry • *The people in this African village need water, but the only river is very dirty.*

stay at home (phr) /steɪəthəʊm/

❖ μένω σπίτι

not go out of your house • *Let's stay at home and play some games tonight.*

wait for the bus (phr) /weɪtʃəðəʊbʌs/

❖ περιμένω το λεωφορείο

stand at a bus stop waiting for the bus to arrive • *We waited for the bus for twenty minutes in the rain.*

walk to school (phr) /wɔːktə sku:l/

❖ πάω με τα πόδια στο σχολείο

go to school on foot • *There are no cars or buses on the island, so the children walk to school.*

Lesson 2 Grammar p. 99

ancient (adj) /ˈeɪnʃənt/ ❖ αρχαίος, -α, -ο

very old • *Ancient Romans tried to take over the whole of Europe.*

electricity (n) ɪˌlekˈtrɪsəti/

❖ ηλεκτρική ενέργεια, ρεύμα

energy that moves through wires to give power to machines, lights, etc. • *We couldn't use the computer because there was no electricity.*

➤ electric (adj)

apartment (n)/ə'pɑ:tmənt/ ❖ διαμέρισμα

a home on one floor of a building that has other homes in it; a flat • *Our apartment is on the first floor.*

Lesson 3 Reading p. 100

archaeologist (n)/,ɑ:ki'plədʒɪst/ ❖ αρχαιολόγος

somebody whose job is to study ancient buildings and things found in the ground to help us understand history • *The archaeologists found the ancient theatre when they were digging in a field.*

➤ archaeology (n), archaeological (adj)

machine (n)/mə'ʃi:n/ ❖ μηχανή, μηχανήμα

a device that works with electricity or with an engine • *Imagine how life was before people had flying machines to travel anywhere in the world.*

remains (n pl)/rɪ'meɪnz/ ❖ απομεινάρια, ερείπια, χαλάσματα

the parts of something that you can still see after the other parts have been used or damaged • *The remains of a Roman castle were under the farm buildings.*

➤ remain (v), remainder (n)

change (v)/tʃeɪndʒ/ ❖ αλλάζω

make something different from before • *The film about children working in Africa changed Tracy's ideas about the companies that make chocolate.*

Lesson 4 Grammar p. 101

image (n) /'ɪmɪdʒ/ ❖ εικόνα

a picture • *This photo shows an image of the Earth from space.*

Lesson 5 Song p. 102

anywhere (adv) /'eniweə (r)/ ❖ οπουδήποτε, πουθενά

to/in any place • *We didn't go anywhere for a holiday last year.*

➤ anywhere (pron)

match (n)/mætʃ/ ❖ αγώνας, ματς

a game of sport • *Did you see the final match on TV?*

in fact (expr) /ɪnfækt/ ❖ μάλιστα, στην πραγματικότητα

actually; used to give more information about something • *I love Paris! In fact, I want to live in France.*

at all (expr) /ətɔ:l/ ❖ καθόλου
in any way • *Sue's not afraid of flying at all. She loves travelling by plane.*

Lesson 6 Phonics p. 103

air (n)/eə(r)/ ❖ αέρας
the gases that are all around us • *Open a window to let some air in.*
➤ air (v)

bear (n) /beə(r)/ ❖ αρκούδα
a big wild animal with thick hair and sharp claws • *David doesn't want to go camping because he's afraid of bears and snakes.*

Lesson 7 Video and Writing p. 104

get married (expr)/get'mærid/ ❖ παντρεύομαι
become husband and wife • *Julia and George are getting married next month. They've been going out together for years.*

invite (v)/In'vaɪt/ ❖ προσκαλώ, καλώ
ask to come to an event or to go somewhere • *Did Laura invite you to her birthday party?*
➤ invitation (n)

Function 3: Making suggestions and responding p. 105

Shall we ...? (phr) /ʃæl wi:/ ❖ Να ...; / Θα ...;
Will we ...?; Let's • *Shall we order pizza for dinner?*

School trip 3 pp. 106–107

European (adj, n)/,jʊərə'pi:ən/ ❖ Ευρωπαϊός
a person from Europe • *Europeans sailed around the world hundreds of years ago.*
➤ Europe (n)

original (adj)/ə'ridʒənəl/ ❖ αρχικός, πρωτότυπος, -η, -ο
as it was at first before something changed in some way • *The original plan was to stay in Mexico City, but we didn't find a good hotel room.*
➤ original (n), originally (adv)

ancestor (n) /'ænsɛstə/ ❖ **πρόγονος**
person in a family who is born before others • *Eric's ancestors from his father's family came from Malta.*

brick (n) /brɪk/ ❖ **τούβλο**
something like a stone which is man-made for building walls • *Most modern homes in European countries are made from bricks.*

oven (n) /'ʌv (ə)n/ ❖ **φούρνος**
the inside part of a cooker where food is cooked • *The bread was still in the oven when we came home.*

nearby (adv) /,nɪə'baɪ/ ❖ **κοντά**
not far away • *When my grandparents lived in a village, many of their family members lived nearby and they could see them often.*

culture (n) /'kʌltʃə (r)/ ❖ **πολιτισμός, κουλτούρα**
the beliefs, art and way of life in a country • *We learnt a lot about Polish culture on our visit to Warsaw.*
➤ cultural (adj)

Unit 11 Outdoor adventure

p. 109

outdoor (adj) /ˌaʊtˈdɔː(r)/ ❖ **υπαίθριος, -ια, -ιο**

which happens outside, not in a building • *It's too cold for us to play outdoor sports here in winter, so we play badminton.*

➤ outdoors (adv)

adventure (n) /əd'ventʃə(r)/ ❖ **περιπέτεια**

a journey or experience that is exciting and sometimes dangerous • *The first time I travelled by plane was a big adventure for me.*

➤ adventurous (adj)

Lesson 1 Words p. 110

eat outside (phr) /i:tˌaʊtˈsaɪd/ ❖ **τρώω έξω**

eat in an open area like a garden or park, not in a house • *When the weather is nice, we can eat outside on our balcony.*

go canoeing (phr) /gəʊkəˈnuːɪŋ/ ❖ **πάω για κανό, κάνω κανό**

do the sport of travelling in a small open boat • *Let's go canoeing on the Loch Ness this summer.*

go on a roller coaster (phr) /gəʊɒnəˈrəʊlɪ kəʊstə(r)/ ❖ **ανεβαίνω στο τρενάκι**

take a ride on a small train that goes up and down at a funfair • *Nora was scared when she went on the roller coaster because it moved up and down very fast.*

have a picnic (phr) /hævəˈpɪknɪk/ ❖ **κάνω πικνίκ**

pack some food and drinks and take them to eat somewhere outside • *It's a lovely day! We can make some sandwiches and have a picnic on the beach.*

lose (your) way (expr) /luːz (jɔː(r)) weɪ/ ❖ **χάνω τον δρόμο (μου)**

not know where you are going when you are travelling somewhere • *It was dark and the walking group lost their way in the forest.*

ride on a motorbike (phr)/raɪdɒnə'məʊtəbaɪk/ ❖ **ανεβαίνω σε μοτοσυκλέτα/μηχανή**
travel on a bike which has an engine • *You must be over sixteen to ride on a motorbike.*

see a shooting star (phr)/si:ə,ʃu:tiŋ 'stɑ: (r)/ ❖ **βλέπω πεφταστέρι/ διάπτοντα αστέρα**
see a bright light, which is a small meteor travelling across the sky • *Ben looked up at the night sky and saw a shooting star.*

sleep in a tent (phr)/sli:pɪntent/ ❖ **κοιμάμαι σε σκηνή**
sleep outside in a shelter that is made from cloth held up with poles and tied with ropes
• *Many families from Syria had to live in tents when they first came to Europe and had no other homes.*

swim in a lake (phr)/swɪmɪnləɪk/ ❖ **κολυμπάω σε λίμνη**
move your body through an area of water that has land all around it • *It's dangerous to swim in this lake because it is deep and rocky.*

Lesson 2 Grammar p. 111

move off (phr v) /mu:vɒf/ ❖ **απομακρύνομαι, φεύγω**
start moving • *The bus moved off when I was running to the bus stop.*

seat (n) /si:t/ ❖ **θέση, κάθισμα**
something that you sit on • *Do you like to sit in the window seat on a plane?*

Lesson 3 Reading p. 112

ski (v) /ski:/ ❖ **κάνω σκι**
move across snow using long flat boards on your boots • *Betty learnt to ski down snowy mountains when she was six.*

➤ ski (n), skiing (n), skier (n)

sled (n) /sled/ ❖ **έλκηθρο**
a vehicle that moves across ice and snow, which has pieces of wood or metal instead of wheels • *Keith sat in his sled and raced down the snowy hill.*

explorer (n) /ɪk'splɔ:rə (r)/ ❖ **εξερευνητής**
a person who travels to new places to learn more about them • *Christopher Columbus was one of the greatest explorers in history.*

➤ explore (v), exploration (n)

meet (v)/mi:t/ ❖ **συναντάω**

come together with others and talk with them • *Ivan sometimes meets his friends in a café after work.*

➤ meeting (n)

become – became (v)/bi'kɒm – bi'keɪm/ ❖ **γίνομαι**

start to be • *After studying for years, Angela became a dentist.*

heavy (adj) /'hevi/ ❖ **βαρύς, -ιά, -ύ**

with a lot of kilos, etc. • *These boxes are very heavy. Please help me to move them.*

pull (v)/pʊl/ ❖ **τραβάω, έλκω**

hold onto something and use your strength to try to move it towards you • *In the past, people used horses to pull heavy things along the road.*

the North Pole (n)/ðə 'nɔ:θ 'pəʊl/ ❖ **ο Βόρειος Πόλος**

the part of Earth that is the furthest north • *Polar bears live on the ice near the North Pole.*

exciting (adj)/ɪk'saɪtɪŋ/ ❖ **συναρπαστικός,-ή,-ό**

which makes you feel happy and thrilled or interested to know what will happen • *Her first roller coaster ride was so exciting!*

➤ excitement (n), excited (adj), excite (v)

Lesson 4 Grammar p. 113

last (adv)/lɑ:st/ ❖ **τελευταία, τελευταία φορά**

the last time • *When did you last have a holiday?*

➤ last (adj), last (v), last (n)

yesterday (adv) /'jestədeɪ/ ❖ **χθες**

the day before today • *I didn't go to school yesterday because I was ill.*

Lesson 5 Song p. 114

paddle (v) /'pæd (ə)/ ❖ **κωπηλατώ, κάνω κουπί**

move a boat through water using one or two long flat poles • *We paddled our canoes across the lake.*

➤ paddle (n)

Value Workbook, Lesson 6

helmet (n) /'helmit/ ❖ κράνος

a hard hat that you wear on your head to protect it • *Put on your helmet before you start cycling.*

sun cream (n) /'sʌnkri:m/ ❖ αντηλιακό

cream to protect your skin from the sun • *Don't forget to put on your sunscreen before you go to the beach.*

lifeguard (n) /'laɪfgɑ:d/ ❖ ναυαγοσώστης

a person whose job is to save people who are in trouble in a pool, the sea or a lake, etc.
• *The lifeguard saw the old man having a problem in the sea and swam quickly out to help him.*

life jacket (n) /'laɪfdʒækt/ ❖ σωσίβιο

a small plastic jacket that you fill with air to keep you up in the sea • *Put on your lifejacket before you get into the canoe.*

Lesson 6 Phonics p. 115

human (adj) /'hju:mən/ ❖ ανθρώπινος,-η,-ο

connected with people, not animals • *Food and water are basic human needs.*

➤ human (n)

Lesson 7 Video and Writing p. 116

experience (n) /ɪk'spɪəriəns/ ❖ εμπειρία

an activity that has an effect on somebody • *Skiing down the slope through the trees was a scary experience.*

➤ experience (v)

Egypt (n) /'i:dʒɪpt/ ❖ Αίγυπτος

➤ Egyptian (adj, n)

excited (adj) /ɪk'saɪtɪd/ ❖ ενθουσιασμένος,-η,-ο

feeling happy and enthusiastic • *I'm really excited about travelling to Peru.*

➤ excitement (n), exciting (adj), excite (v)

Switzerland (n) /'swɪtsələnd/ ❖ Ελβετία

➤ Swiss (adj, n)

snowball (n) /'snəʊbɔ:l/ ❖ χιονόμπαλα

a ball made from snow • *The children were having a snowball fight in the park.*

club (n) /klʌb/ ❖ λέσχη

a group of people who meet together often to do an activity or sport • *Are you a member of a swimming club or do you just swim for fun?*

brilliant (adj) /'brɪliənt/ /brɪljənt/ ❖ πανέξυπνος, θαυμάσιος, -ια, -ιο

wonderful or very clever • *It was a brilliant idea to go camping by the lake.*

➤ brilliantly (adv)

Unit 12 Let's have fun!

p. 117

Ecuador (n)/'ekwədɔː (r)/ ❖ Ισημερινός, Εκουαδόρ

➤ Ecuadorian (n, adj)

Lesson 1 Words p. 118

art gallery (n)/ɑ:t'gæləri/ ❖ γκαλερί τέχνης

a building where you can see a lot of paintings or other art • *The artist's paintings are in an art gallery in Paris.*

funfair (n)/'fʌnfɛə (r)/ ❖ λούνα παρκ

an outdoor place where people can ride on different machines and play games • *Let's go on the roller coaster at the funfair.*

museum (n) /mju:'zi:əm/ ❖ μουσείο

a building where very old objects are on display for people to see • *You'll have fun at the science museum in London.*

summer camp (n)/'sʌməkæmp/ ❖ θερινή κατασκήνωση

a place where people stay in tents or small buildings for a short time in the summer • *We're learning how to paddle canoes at our summer camp near the river.*

theme park (n)/'θi:m pɑ:k/ ❖ θεματικό πάρκο

a large funfair where the rides are connected to one subject or idea • *Euro Disney is a huge theme park near Paris.*

water park (n)/'wɔ:təpɑ:k/ ❖ υδάτινο πάρκο

a fun park with different activities in water • *Children have lots of fun on the slides at the water park.*

wildlife park (n) /'waɪldlaɪfrɑ:k/ ❖ πάρκο άγριας ζωής

a large park where you can see different wild animals in a natural environment • *Please don't feed the monkeys in the wildlife park. They know where to find their own food.*

dinosaur (n) /'daɪnəsɔː (r)/ ❖ δεινόσαυρος

an animal which lived thousands of years ago • *You can see the bones of a huge dinosaur in this museum.*

sculpture (n)/'skʌlptʃə (r)/ ❖ γλυπτό

a work of art like a statue, etc. that is made by cutting shapes in stone or other hard material • *This artist makes sculptures from recycled plastic bottles.*

➤ sculptor (n)

ride (n) /raɪd/ ❖ **παιχνίδι, τρενάκι**

a machine at a funfair that you can ride on • *What was your favourite ride at the theme park?*

➤ ride (v), rider (n)

Lesson 2 Grammar p. 119

leave – left (v)/li:v – left/ ❖ **αφήνω**

go away (from); go out of • *Don't leave your car when you're driving through the wildlife park.*

ticket (n) /'tɪkɪt/ ❖ **εισιτήριο**

a paper or card for a journey or to go into a place or do an activity • *Don't forget to take your ticket when you go for the plane.*

camping (n) /'kæmpɪŋ/ ❖ **κάμπινγκ, κατασκήνωση**

living in a tent on a holiday, etc. • *I've got a new tent and I'm going camping this weekend.*

➤ camp (v), camper (n)

natural history (n) /,nætʃ (ə)rəl 'hɪst (ə)ri/ ❖ **φυσική ιστορία**

the study of plants and animals • *Alistair is going on a trip with the natural history club to study different plants in the countryside.*

Lesson 3 Reading p. 120

chef (n) /ʃef/ ❖ **σεφ, μάγειρας**

a person who cooks as a job in a restaurant, etc. • *Oliver works as a chef at a famous London restaurant.*

circus (n) /'sɜ:kəs/ ❖ **τσίρκο**

a show where a group of people perform to entertain others, sometimes in a big tent • *We laughed a lot at the clowns in the circus.*

juggle (v) /'dʒʌɡ (ə)l/ ❖ **κάνω ζογκλερικά, πετάω κάτι στον αέρα και το πιάνω**

throw things in the air and catch them • *Can you juggle with more than one ball without dropping them?*

➤ juggler (n), juggling (n)

skill (n)/skɪl/ ❖ δεξιότητα, ταλέντο

something you are good at • *Painting is one of Mary's greatest skills. She's really good at it.*

unicycle (n) /'ju:nɪsaɪk (ə)l/ ❖ μονόκυκλο

a one-wheeled thing like a bike • *Can you ride a unicycle without falling off?*

rope (n) /rəʊp/ ❖ σχοινί

a strong thick string • *The men tied the boat with ropes on the harbour to stop it moving.*

Lesson 4 Grammar p. 121

Afghanistan (n)/æf'gænɪstɑ:n/ ❖ Αφγανιστάν

➤ Afghan (adj, n)

Lesson 5 Song p. 122

high-speed (adj)/,haɪ 'spi:d/ ❖ υψηλής ταχύτητας

which travels very fast • *Let's take the high-speed train to Brussels.*

waterfall (n)/'wɔ:təfɔ:l/ ❖ καταρράκτης

a place where a river falls down from high rocks • *Hundreds of pretty little waterfalls run down the sides of the hills into Loch Lomond.*

Value Workbook, Lesson 6

practice (n) /'præktɪs/ ❖ εξάσκηση

doing something often to get better at it • *Patricia had extra lessons for practice at speaking before her French exam.*

➤ practise (v)

calendar (n) /'kælɪndə (r)/ ❖ ημερολόγιο

a page or pages showing the days and months of the year • *I always note my friends' birthdays on my calendar to remember them.*

Lesson 7 Video and Writing p. 124

cabin (n) /'kæbɪn/ ❖ **καλύβα**

a small house, usually made of wood • *It's too cold to go camping in winter, so you can stay in a cabin in the mountains.*

resort (n)/rɪ'zɔ:t/ ❖ **θέρετρο**

a place which many people stay at for a holiday • *The island became a popular holiday resort when the airport opened.*

kayaking (n)/'kaɪækɪŋ/ ❖ **κάνω καγιάκ, κωπηλασία με κανό**

the activity of travelling in a small boat like a canoe • *We're going kayaking down the river – just like the Native Americans did!*

➤ kayak (n, v)

Reading extra 3 pp. 126–127

chief (n)/tʃi:f/ ❖ **αρχηγός**

the person who is the leader of a group • *The tribe listened carefully to their chief's advice.*

feast (n) /fi:st/ ❖ **τσιμπούσι, λουκούλλιο γεύμα, πλουσιοπάροχο γεύμα**

a very large meal • *The people in the Saudi village were enjoying their big feast at Eid.*

gourd (n)/gʊəd/ ❖ **νεροκολόκυθο**

a large fruit with hard skin that can be dried and used to carry liquids • *In the past before they had bottles, people used gourds to carry water and other drinks.*

pour (v)/pɔ: (r)/ ❖ **χύνω, βάζω**

hold up a container and move it so that the liquid inside flows down into another container • *Can you pour the orange juice into the glasses, please?*

pot (n)/pɒt/ ❖ **κατσαρόλα, δοχείο**

a deep container for holding food or for cooking things in • *Is there any more tea in the pot?*

Look further

One more look p.129

spend (v) /spend/ ❖ **δαπανάω, ξοδεύω**

use (time, money, etc.) • *The tourists spent two hours walking around the city centre.*

BONUS School trip pp.130–131

bungee jumping (n)/'bʌndʒi dʒʌmpɪŋ/ ❖ bungee jumping, **μπάντζι τζάμπινγκ**
a sport in which you jump from a high bridge or other place with special ropes holding you so you bounce back up and down • *Bungee jumping off the bridge was exciting, but I don't want to do it again!*

Pacific Ocean (n)/pəˌsɪfɪk 'eɪʃ(ə)n/ ❖ **Ειρηνικός Ωκεανός**

rugby (n) /'rʌɡbi/ ❖ **ράγκμπι**
a ball game like football played with an egg-shaped ball in teams of 13 to 15 players • *Ian was so excited when the Scottish team won the rugby match.*

island (n) /'aɪlənd/ ❖ **νησί**
a piece of land with water all around it • *The island is not far away, so you can swim to it from the beach.*

adventurous (adj) /əd'ventʃərəs/ ❖ **περιπετειώδης, -ης, -ες**
happy to try things that can be dangerous • *Adventurous climbers can use ropes to go to the top of the mountain.*
➤ adventure (n)

volcano (n) /vɒl'keɪnəʊ/ ❖ **ηφαίστειο**
a mountain that has (or had) hot gases and hot melted rocks coming out of a hole on its top
• *Did you know that one area in Russia has over 60 volcanoes?*
➤ volcanic (adj)

suitcase (n) /'su:tkeɪs/ ❖ **βαλίτσα**
a large bag with flat sides that you can pack clothes in to take for travelling • *Sandra packed all her nice summer clothes and swimsuits in her suitcase for her holiday.*

BONUS Reading extra pp.132–133

award (n) /ə'wɔ:d/ ❖ **βραβείο**
a prize for doing something special • *Isaac's photo is sure to win an award. It's so unusual.*
➤ award (v)

photographer (n) /fə'tɒɡrəfə (r)/ ❖ **φωτογράφος**
a person who takes photos as a job • *I want to become a photographer, but I need a lot more practice at using my camera.*
➤ photography (n)

decide (v)/dɪˈsaɪd/ ❖ αποφασίζω

choose something • *I can't decide what to have for lunch. Everything on this menu looks good.*

➤ decision (n)

comedian (n)/kəˈmiːdiən/ ❖ κωμικός

a person who makes you laugh • *Jeff's jokes are so funny. He's a real comedian!*

photobomb (v)/ˈfəʊtəʊbɒm/ ❖ photobombing

get in another person's photo to make it funny • *Somebody was dancing behind the reporter to photobomb her during the interview.*

entry (n)/ˈentri/ ❖ συμμετοχή, εγγραφή

something someone does or makes for a competition • *There were thousands of entries in the writing competition, but Marina's story was the best.*

➤ enter (v)

BONUS Game pp.134–135

vowel (n)/ˈvaʊəl/ ❖ φωνήεν

the letters A, E, I, O and U in the English alphabet

miss (v)/mɪs/ ❖ χάνω

fail to reach or catch something • *Leave now, quickly, or you will miss the bus.*

win (v)/wɪn/ ❖ κερδίζω, νικάω

be first in a competition, etc. • *Ken was happy when Liverpool won the match and got the cup.*

➤ winner (n)