

ADVANCED WORD LIST

Greek

Unit 1 p 9	POS	Pronunciation		Definition	Collocates	Examples	Word family
easier said than done	Phrase	/ˈiːziə seɪd ðəən dʌn/	εύκολο να το λες δύσκολο να το κάνεις, πιο εύκολο να το λες παρά να το κάνεις	if you say that something is easier said than done , you mean that it is a difficult thing to do and you might not be able to succeed if you try to do it		<i>getting a job in the film industry is easier said than done trying to get a pay rise out of them was easier said than done I know it's easier said than done, but I'm determined to do it</i>	
guiding principle	Noun	/ˈgaɪdɪŋ ˈprɪnsəpl/	κατευθυντήρια αρχή, βασική αρχή	a guiding principle is a belief or rule that is important to you and that influences the way you act or the decisions you make		<i>“more haste, less speed” was her guiding principle for years the guiding principle behind the organisation was fairness to customers and staff one of the guiding principles has to be trust</i>	
make a point of	Phrase	/meɪk ə ˈpɔɪnt ɒv/	δίνω έμφαση/σημασία, τονίζω	if you make a point of doing something, you deliberately do it, even if it is difficult or takes a lot of effort	make a point of doing something	<i>she always made a point of talking to her grandmother after church you should make a point of checking your bank statement every month we used to make a point of cooking a big family meal every Sunday</i>	
rule of thumb	Noun	/ruːl ɒv θʌm/	εμπειρικός κανόνας	a rule of thumb is a practical way of deciding something, based on experience rather than any theory, which is accurate enough but might not be precise		<i>a good rule of thumb is to add twice as much milk as flour my rule of thumb is that when the dough stops sticking to the bowl, it's ready her rule of thumb was to wait three minutes before trying again</i>	
pp 10-11	POS	Pronunciation		Definition	Collocates	Examples	Word family
act on	Phrasal verb	/ækt ɒn/	δρω, προβαίνω σε ενέργεια	if you act on something, you do something that it suggests or recommends		<i>neither recommendation has yet been acted on he's never acted on my advice yet, so I don't suppose he'll start now the police failed to act on the information they had received</i>	
boom	Noun	/buːm/	άνθηση, έκρηξη, αύξηση	a boom is a period when a country's economy is very successful and when there is a lot of business activity		<i>the city is undergoing an economic boom the building boom of the 1990s a boom in house prices the 1970s were boom years for the capital</i>	Verb: <i>boom</i> Adjective: <i>booming</i>
individualistic	Adjective	/ˌɪndɪˌvɪdʒuəˈlɪstɪk/	ατομικιστής	if someone is individualistic , they do things for their own benefit and do not bother about other people in society		<i>Dutch society is individualistic and modern we're a much more individualistic society than we were 40 years ago individualistic cultures value the self above the group</i>	Noun: <i>individual</i> Adjective: <i>individual</i>
misinterpret	Verb	/ˌmɪsɪnˈtɜː(r)prɪt/	παρανοώ, παρερμηνεύω	if you misinterpret something, you understand it wrongly		<i>I think he deliberately misinterpreted my email the Prime Minister said her comments had been misinterpreted even though the article was very clear, it was misinterpreted by some people the statistics were misinterpreted by several journalists</i>	Noun: <i>misinterpretation</i>
point the way	Phrase	/ˈpɔɪnt ðə weɪ/	δείχνω τον δρόμο	if something points the way , it serves as a useful example of what someone should do or should avoid doing		<i>the mistakes of the past should point the way for us in the future let our experience point the way for you ministers praised the proposal as pointing the way forward</i>	
strive	Verb	/straɪv/	αγωνίζομαι, πασχίζω, προσπαθώ	if you strive to do something, you try very hard to do it	strive to do something strive for something	<i>all hospitals strive to offer the best medical care possible great athletes are always striving to improve their performance we must always strive for peace she is driven to strive for perfection</i>	
pp 12-13	POS	Pronunciation		Definition	Collocates	Examples	Word family
aches and pains	Noun plural	/eɪks ænd peɪnz/	πόννοι, πονάκια	aches and pains are general feelings of pain that are not very severe		<i>as you get older, you get more aches and pains I had a few aches and pains after playing rugby for the first time last week he's been complaining of aches and pains for weeks after a good night's sleep my aches and pains disappeared</i>	
as and when	Conjunction	/æz ænd wɛn/	εάν και όταν, εφόσον, μόλις	if you do something as and when something else happens, you do it whenever that happens or at the same time		<i>we'll have the next meeting as and when it's necessary we'll give you more news as and when it comes in you pay for the phone calls as and when you make them</i>	
bits and pieces	Noun plural	/bɪts ænd ˈpiːsɪz/	πραγματάκια, αποσπασματικά στοιχεία, ψιλοπράγματα	you use bits and pieces to refer to a number of small, not very significant or important things		<i>I put a few bits and pieces into a suitcase and set off have you got all your bits and pieces? he picks up bits and pieces of work whenever he can</i>	
control freak	Noun	/kənˈtrəʊl friːk/	μανιώδης με τον έλεγχο, τέρας ελέγχου	a control freak is someone who hates things happening by chance and who always wants to be in control of what is happening around them		<i>her sister is such a control freak don't be such a control freak! I'll be back by nine I admit I'm a control freak when it comes to my camping equipment my first husband was a control freak</i>	

dreamer	Noun	/ˈdri:mə(r)/	ονειροπόλος	a dreamer is someone who is not very practical or realistic, but who wants everything to be the way they imagine it even though that is unlikely to happen	<i>my brother's just a dreamer who'll never get to act in Hollywood I thought he was a dreamer who'd never come to anything, but now he's a successful lawyer we need a few dreamers in the company to come up with new and wild ideas</i>	Verb: <i>dream</i> Noun: <i>dream</i>
driven	Adjective	/ˈdrɪv(ə)n/	αποφασιστικός, ωθούμενος, με στόχους	someone who is driven is very determined to succeed in what they are doing	<i>her father was a driven man who worked twenty hours a day to build his business a team of driven mountain climbers</i>	
family	Noun	/ˈfæm(ə)li/	οικογένεια	a family is a group of people, usually including parents and their children, who are related to each other and who live together until the children are grown up and leave home	<i>my dad was a real family man (a man whose family is very important to him and who spends a lot of time and energy being with them and looking after them) there are five of us in our family, my parents, my two sisters, and me she came from a big family they're a lovely family a family holiday (when everyone in the family goes on holiday together)</i>	
far and wide	Adverb	/fɑːr ænd waɪd/	από κάθε γωνιά της γης, παντού	you use far and wide to emphasize that an area is very large or that distances are very great	<i>people come from far and wide to see Stonehenge their popularity spread far and wide she travelled far and wide in her youth they searched far and wide for the best place to start their business</i>	
first and foremost	Adverb	/fɜːst ænd ˈfɔːməʊst/	πρώτον και κύριον, πρώτ' απ' όλα	you use first and foremost to emphasize the most important element of what you are talking about	<i>the committee is first and foremost a decision-making body first and foremost, we need to recruit more salespeople Dan was first and foremost a brilliant musician</i>	
free spirit	Noun	/friː ˈspɪrɪt/	ελεύθερο πνεύμα	a free spirit is someone who always does what they want to do and does not let other people tell them what they should do	<i>she's an artist, a free spirit, and a loyal sister I'm a free spirit and I'll go wherever I feel like going they were both free spirits who loved the outdoor life</i>	
fun and games	Noun uncount	/fʌn ænd geɪmz/	γέλια και χαρές	if you refer to activity or behaviour as not all fun and games , you mean that it can be quite serious a lot of the time even though it might look enjoyable	<i>my job is not all fun and games, you know bringing up children is not all fun and games, I can tell you it's not always fun and games as a professional footballer</i>	
joker	Noun	/ˈdʒəʊkə(r)/	πλακατζής	a joker is someone who doesn't take life very seriously and who is always telling jokes and trying to make people laugh	<i>he's changed a lot now, but at school, he was always such a joker my uncle's something of a joker she came from a family of practical jokers (people who like to play funny tricks on other people for fun)</i>	Verb: <i>joke</i> Noun: <i>joke</i>
judgmental	Adjective	/ˌdʒʌdʒ ˈment(ə)l/	επικριτικός	someone who is judgmental is very quick to criticise someone or something, often before they really know enough to be able to make a fair judgment	<i>do you realise how judgmental you are being? I'm tired of listening to all these judgmental parents I don't think he was being judgmental, he was just saying what he'd seen I'd rather you kept your judgmental comments to yourself</i>	Noun: <i>judgment</i> Verb: <i>judge</i> Noun: <i>judge</i>
life and soul of the party	Noun	/laɪf ænd səʊl ɒv ðə ˈpɑːti/	η ψυχή του πάρτι	if you describe someone as being the life and soul of the party , you mean they are always ready to have a good time and will always encourage other people to have a good time during social gatherings	<i>with her personality and energy, she's the life and soul of every party she goes to apparently he was the life and soul of the party when he was at university my dad was the life and soul of the party, but my mum was a very private person</i>	
movement	Noun	/ˈmuːvmənt/	κίνημα	a movement is a group of people who share the same ideas and beliefs and who work together to try and spread these beliefs	<i>he belonged to a right-wing, anti-immigration movement several new political movements began life during the war the Scottish independence movement</i>	
outgoing	Adjective	/ˈaʊtgəʊɪŋ/	κοινωνικός, εξωστρεφής	someone who is outgoing is friendly and lively, and likes meeting new people	<i>they're both quite chatty and outgoing Sandra remembers him as a very outgoing person he's very funny and outgoing she has a very outgoing personality</i>	
peace and quiet	Noun uncount	/piːs ænd ˈkwaɪət/	λίγη ηρεμία/ησυχία	peace and quiet is a quiet atmosphere with no loud activity, in contrast to a busy, noisy atmosphere	<i>it's hard to find peace and quiet in the city I go down to the river for a bit of peace and quiet just give me some peace and quiet will you! (don't make a lot of noise or try and talk to me) we took the children out for the afternoon to give Jo's dad some peace and quiet all she wanted was some peace and quiet after a long journey on a crowded train</i>	
safe and sound	Adjective	/seɪf ænd saʊnd/	σώος και αβλαβής	if you say that someone or something is safe and sound , you mean that they are all right and not hurt, especially after being in a dangerous situation	<i>everyone got home safe and sound after the thunderstorm the comfort of knowing the family was safe and sound they promised to keep him safe and sound until his parents came to collect him</i>	
settle down	Phrasal verb	/ˈsetl daʊn/	τακτοποιούμαι, νοικοκυρεύομαι	if you settle down , you start to live somewhere permanently and make it your home, for example after you get married	<i>after a few years travelling around Asia and America, she came back and settled down in Scarborough he's 44 and he still hasn't settled down yet he remarried three years later and settled down with his new family it's time to settle down and have children</i>	
short and sweet	Adjective	/ʃɔːt ænd swiːt/	σύντομος και περιεκτικός, λίγοι και καλοί	if you say that something is short and sweet , you mean that it is short in a very good way and does not go on too long	<i>keep your blog posts short and sweet the meeting was short and sweet and we were home in time for dinner luckily, the ceremony was short and sweet</i>	
to and fro	Adverb	/tuː ænd frəʊ/	πέρα-δώθε	if you go to and fro , you go first in one direction or to one place, and then back in the other direction	<i>buses come to and fro all day long bringing tourists to the site I spent all day going to and fro with medical supplies he ran to and fro between the two kitchens</i>	
pp 14-15	POS	Pronunciation	Definition	Collocates	Examples	Word family

a fact of life	Noun	/ə fækt ɒv laɪf/	είναι μια πραγματικότητα	a fact of life is a difficult situation that you cannot avoid and that is part of everyday life		<i>stress at work is a fact of life these days having to pay tax is a fact of life. No point complaining about it</i>
a wild goose chase	Phrase	/ə waɪld guːs tʃeɪs/	ψάχνω ψύλλους στ' άχυρα, κυνήγι μαγισσών, χαμένος/μάταιος κόπος	if you say that something is a wild goose chase , you mean that it involves a lot of effort and activity but will never succeed	send someone on a wild goose chase	<i>the discovery sent us on a wild goose chase to the other side of the city don't bother, it'll just be a wild goose chase we ended up on a wild goose chase trying to find a restaurant that had closed three years ago</i>
all walks of life	Phrase	/ɔːl wɔːks ɒv laɪf/	κάθε λογής ανθρώπους, κάθε καρυδιάς καρύδι	if you refer to people from all walks of life , you mean that they come from lots of different places and backgrounds		<i>the concert attracted people from all walks of life people from all walks of life attended the conference</i>
assertion	Noun	/ə ˈsɜː(r)j(ə)n/	ισχυρισμός	an assertion is a statement made firmly and convincingly		<i>I disagreed with his assertion about the value of swimming lessons he couldn't provide any evidence for his assertion I stick by my original assertion (I insist it is true) no one dared to challenge her latest assertion that global warming was unstoppable</i> Verb: <i>assert</i> Adjective: <i>assertive</i>
bluff	Noun	/blʌf/	μπλόφα, μπλοφάρω	a bluff is something untrue that you say deliberately in order to deceive someone or make them do what you want. If you call someone's bluff, you tell them you know they are trying to deceive you so there is no point in their continuing to try. In the game Call my Bluff, you read out three definitions for a word, only one of which is correct. The other players have to guess which definition is the correct one		<i>let's play Call my Bluff he said he would shut down the factory, but we knew it was just a bluff you should call his bluff and see what he does next</i> Verb: <i>bluff</i>
break the ice	Phrase	/breɪk ðɪ aɪs/	σπάω τον πάγο	if you break the ice , you do something that helps people relax in a social situation where they had been feeling awkward or shy		<i>when Alan came in with two dogs, it certainly broke the ice she broke the ice by offering to show them round the garden a joke helped to break the ice</i>
come full circle	Phrase	/kʌm fʊl ˈsɜːkl /	ξαναγυρίζω στο σημείο εκκίνησης, διαγράφω πλήρη κύκλο	if you say that events have come full circle , you mean that despite a lot of activity a situation is still basically the same and nothing has really changed		<i>history has repeated itself, going full circle this brings the event almost full circle his career has gone full circle, and he's back working for the Post Office</i>
foregone conclusion	Noun	/fɔːˈɡɒn kənˈkluːʒən/	εξυπακούεται, εννοείται ότι, τετελεσμένο γεγονός, βέβαιη έκβαση	if something is a foregone conclusion , it is so obviously true that there is no point discussing it to see if there is any alternative		<i>the result of the match was a foregone conclusion by half time it was a foregone conclusion that he would win the election the outcome of the battle was a foregone conclusion</i>
have the time of your life	Phrase	/hæv ðə taɪm ɒv jɔː laɪf/	περνάω υπέροχα, διασκεδάζω όσο ποτέ άλλοτε	if you are having the time of your life , you are enjoying something very much indeed		<i>he's having the time of his life in Oxford at the moment she danced all night and had the time of her life I've just turned 60 and I'm having the time of my life</i>
life-saver	Noun	/ˈlaɪfˈseɪvə/	σωτήρας, μ' έσωσες	a life-saver is something that helps you out of a difficult or dangerous situation		<i>this website has been a life-saver music has been a life-saver for me over the years thanks for the lift – it was a real life-saver</i>
love is blind	Phrase	/lʌv ɪz blaɪnd/	η αγάπη είναι τυφλή	if you say that love is blind , you mean that when someone is in love they do not see any faults in the person they love		<i>it is said that love is blind but friendship can see clearly he trusted her the whole time – it must be true that love is blind</i>
manipulation	Noun	/məˌnɪpjʊˈleɪʃ(ə)n/	χειραγώγηση	manipulation is the action of controlling something or influencing someone to do what you want by being clever or deliberately dishonest		<i>what's the difference between persuasion and manipulation? there was no evidence of fraud or manipulation his mistaken belief led to the manipulation of many other people</i> Verb: <i>manipulate</i> Adjective: <i>manipulative</i>
neither here nor there	Phrase	/ˈneɪðə hɪə nɔː ðeə/	είναι άσχετο/ασήμαντο, ουδόλως έχει σημασία	if you say that something is neither here nor there , you mean that it is not at all important or relevant		<i>whether she's French or German is neither here nor there, she's just a brilliant singer the fact that he should have been at school is neither here nor there I don't care if it was lunchtime or dinnertime, that's really neither here nor there</i>
see better days	Phrase	/siː ˈbetə deɪz/	έχω δει και καλύτερες ημέρες, κάθε πέρασι και καλύτερα, ας τα λέμε καλά	if you say that something has seen better days , you mean that it is now old and not in very condition		<i>my bike has seen better days, but it still gets me to work every day the house had seen better days when we bought it, but we've done a lot to it and it looks great now we stayed in a hotel that had seen better days</i>
succinctly	Adverb	/səkˈsɪŋktli/	λακωνικά, περιεκτικά	if you express something succinctly , you express it using only a few words		<i>as he succinctly put it: “never” try and answer the questions succinctly the article succinctly explains how to apply for an Irish passport she summarized the main points of the lecture succinctly and entertainingly</i> Adjective: <i>succinct</i>
the story of my life	Noun singular	/ðə ˈstoːri ɒv maɪ laɪf/	τι είχες Γιάννη τι είχα πάντα	if you refer to an event as “ the story of my life ”, you mean that it was slightly unfortunate, and typical of the bad luck that you get. But it's not a serious comment and is usually meant to be humorous		<i>I was late for work three times last week – story of my life</i>
the world is my oyster	Phrase	/ðə wɜːld ɪz maɪ ˈɔɪstə /	όπου γης και πατρις	if you say that the world is someone's oyster , you mean that they have the opportunity or possibility to do anything that they want to		<i>once you've finished university, the world's your oyster relax! The world's your oyster the world was her oyster</i>
wear your heart on your sleeve	Phrase	/weə jɔː ha:t ɒn jɔː sliːv /	είμαι ανοιχτό βιβλίο, είμαι εκδηλωτικός, είμαι άνθρωπος έξω καρδιά	if you wear your heart on your sleeve , you do not hide your emotions, and everyone can see what you are really feeling		<i>she's a singer who wears her heart on her sleeve I daren't wear my heart on my sleeve it's Valentine's Day, so wear your heart on your sleeve for once</i>

pp 16-17	POS	Pronunciation		Definition	Collocates	Examples	Word family
bargain hunting	Noun uncount	/ˈbɑːɡɪn ˈhʌntɪŋ/	κυνήγι ευκαιριών/προσφορών	bargain hunting is the activity of going round shops looking for things to buy that have a lower price than normal		<i>we went bargain hunting in Camden market I did some bargain hunting online and found a jacket for just £12 let me give you some tips on bargain hunting</i>	Noun: <i>bargain hunter</i>
buddy	Noun	/ˈbʌdi/	φιλαράκι	a buddy is a friend. A buddy system is when someone who is new to an organisation or institution is paired with someone else who has been there longer and who can help and offer advice		<i>thanks to the buddy system I settled in very quickly you don't have to take part in the buddy system if you don't want to she volunteered to be a buddy in the buddy system</i>	
compulsory	Adjective	/kəmˈpʌlsəri/	υποχρεωτικός	if something is compulsory , you must do it because of a law or rule		<i>English and maths are both compulsory subjects at my school sport is compulsory until you're in the fifth year I had to do two years of compulsory military service</i>	Opposite – Adjective: <i>optional</i>
counsellor	Noun	/ˈkaʊns(ə)lə(r)/	σύμβουλος	a counsellor is someone whose job is to listen to people who have problems and to help them find a way to solve those problems	a marriage counsellor a debt counsellor	<i>they went to a marriage counsellor, but it was too late a visit from the bereavement counsellor (someone who helps people after the death of a very close relative) a counsellor for people with anxiety</i>	Noun: <i>counselling</i>
diverse	Adjective	/daɪˈvɜː(r)s/	ποικίλος	a diverse number of things includes many different sorts		<i>the place she lives in is very racially diverse the university offers courses covering a diverse range of subjects Southern California is culturally diverse London has a diverse population</i>	Noun: <i>diversity</i> Verb: <i>diversify</i>
New Year's Resolution	Noun	/njuː ˈjɪəz ˌrezəˈluːʃən/	απόφαση για το νέο έτος	if you make a New Year's Resolution , you make a firm and determined decision to do something differently to improve your life after 1st January	make a New Year's Resolution keep a New Year's Resolution	<i>have you made any New Year's Resolutions? a magazine article offering advice on how to keep your New Year's Resolutions my New Year's Resolution was to get a new job by the end of February</i>	
on loan	Phrase	/ɒn ləʊn/	ήδη δανεισμένος	if something such as a book, CD, DVD, etc is on loan from a library, someone has borrowed it and you will have to wait for it to be returned before you can borrow it yourself		<i>two copies are out on loan, but we have a third copy you can borrow I couldn't do my history essay yesterday because a book I needed for it was out on loan</i>	
pp 18-19	POS	Pronunciation		Definition	Collocates	Examples	Word family
disproportionate	Adjective	/ˌdɪsprəˈpɔː(r)(ə)nət/	δυσανάλογος	something that is disproportionate has too much of one element or feature and not enough of another		<i>a disproportionate number of politicians went to private school a disproportionate number of victims were over 70 Native Americans continue suffer on average disproportionate poverty</i>	Adverb: <i>disproportionately</i>
elder	Noun	/ˈeldə(r)/	γηραιότερος	an elder is an older and very respected member of a community, especially one in a position of leadership		<i>the village elders met to discuss the problem one of the elders disagreed with the others and had to leave the village we knew we could always ask one of the elders for advice</i>	
fund	Verb	/fʌnd/	χρηματοδοτώ	if someone funds something, they provide the money that is needed to pay for it		<i>we're looking for someone to fund an expedition to the South Pole the government should fund more research the project was funded by a major oil company the latest study was funded by Goethe University</i>	Noun: <i>funding</i>
invaluable	Adjective	/ɪnˈvæljuəb(ə)l/	ανεκτίμητος	something that is invaluable is extremely useful		<i>his advice was invaluable and helped me decide on the right university our weekly meetings throughout the project were invaluable an invaluable contribution to the design of the factory their support proved invaluable</i>	
self-esteem	Noun uncount	/self-ɪsˈtiːm/	αυτοεκτίμηση	someone's self-esteem is the opinion they have of themselves	low/negative self-esteem high/positive self-esteem	<i>after he lost his job he went through a period of very low self-esteem they should try and strengthen their child's self-esteem success leads to higher self-esteem our goal is to promote positive self-esteem</i>	
p 20	POS	Pronunciation		Definition	Collocates	Examples	Word family
brazier	Noun	/ˈbreɪziə(r)/	μαγκάλι	a brazier is a metal basket on legs which people use outdoors to burn wood or coal for heat or to be able to cook things		<i>workmen stood warming their hands over a brazier the fire in the brazier had gone out put more coal on the brazier</i>	
trading post	Noun	/ˈtreɪdɪŋ pəʊst/	εμπορικός σταθμός, κατάστημα σε ερημική περιοχή	in the past, a trading post was a shop or other place where people could exchange goods, especially one that was a long way from large towns or cities		<i>Timbuktu was a key trading post until 1842 the settlement was an important fur trading post Ibiza was a major trading post along the Mediterranean routes they were allowed to establish a trading post just outside Colombo</i>	
Unit 2 p 21	POS	Pronunciation		Definition	Collocates	Examples	Word family
livelihood	Noun	/ˈlaɪvlɪhʊd/	βιοπορισμός, τα προς το ζην, το βίος	your livelihood is the work you do to earn a living		<i>their main source of livelihood is fishing their entire livelihood depends on their cattle when they shut the railway line, his livelihood was lost people earned their livelihoods mainly at farming</i>	
nomad	Noun	/ˈnəʊmæd/	νομάς	nomads are groups of people who never stay for long in one place but always move on to live somewhere else very soon		<i>they lived as nomads, travelling and camping in different locations the nomads earned their living by selling sheep most nomads travel in groups of families called bands or tribes humans lived as nomads, surviving by hunting and gathering</i>	Adjective: <i>nomadic</i>

pony	Noun	/ˈpəʊni/	πόνυ	a pony is an animal like a small horse		he was riding a white pony there were several ponies in the next field we went pony trekking (went on a journey riding on a pony) last week I always wanted to have a pony when I was a child
vocation	Noun	/ˌvəʊˈkeɪʃ(ə)n/	λειτούργημα	a vocation is a job that someone does because they believe it is their purpose in life to do it		my parents wanted me to be a doctor, but I felt strongly that my vocation lay in teaching she believed her vocation was to serve the church she encouraged me to pursue my vocation as a writer
pp 22-23	POS	Pronunciation		Definition	Collocates	Word family
dotted	Adjective	/ˈdɒtɪd/	διάσπαρτος	if things are dotted somewhere, there are lots of them spread over a wide area	dotted across somewhere dotted around somewhere	the company has offices dotted across the western USA a religion with followers dotted throughout the world if you look at the map, you can see the lakes dotted around the two main cities
get away with	Phrasal verb	/ɡet əˈweɪ wɪð/	την γλυτώνω, ξεφεύγω	if you get away with a crime or with doing something wrong, you are not caught and punished for it	get away with doing something	he can't keep getting away with it it's too risky, you'll never get away with it his mum lets him get away with murder (doesn't punish his bad behaviour) he robbed a bank and got away with it
get back to	Phrasal verb	/ɡet bæk tuː/	ενημερώνω, επικοινωνώ με κάποιον	if you get back to someone, you write to them, phone them, send them an email etc in order to reply to a question or to give them extra information about something you had been discussing with them		I asked him about it a week ago and he still hasn't got back to me I'll get back to you next week after I've had a chance to read the report we make every effort to get back to customers with 24 hours of receiving a complaint
get by	Phrasal verb	/ɡet baɪ/	τα βγάζω πέρα, τα βολεύω	if you can get by , you have just enough of something, for example knowledge or money, so that you can do what you need to do	get by on/with something	I'm not fluent in Spanish, but I can get by I got by on £500 a month when I was a student you could probably get by with a laptop she's hoping to get by without a car
get on with	Phrasal verb	/ɡet ɒn wɪð/	κάνω/προχωράω/συνεχίζω τη δουλειά	if you get on with something, you start to do it in a determined way		I've got to get on with my homework why don't they just get on with it? don't wait for anyone else, you should get on with the task as soon as possible
get out of	Phrasal verb	/ɡet aʊt ɒv/	την σκαπουλάρω, αποφεύγω/γλυτώνω να κάνω κάτι	if you get out of something you have agreed to do or are expected to do, you manage to avoid having to do it		I've got a meeting with my boss at four and I can't get out of it I usually visit my mum on Sunday morning, but if I can get out of it this week I'll come to Northampton with you John's pretending he's hurt his arm so he can get out of painting the bathroom
get over	Phrasal verb	/ɡet ˈəʊvəl/	ξεπερνάω	if you get over something such as a disappointment or an illness, you return to a normal state where you can carry on with your life		she still hadn't got over her husband's death it took a few days to get over my jet lag he hasn't got over the shock yet I had flu, but I've got over the worst of it now
get round to	Phrasal verb	/ɡet raʊnd tuː/	βρίσκω τον χρόνο/καταφέρνω να κάνω κάτι	if you get round to something, you finally start to do it, especially if it is something you have been avoiding doing	get round to doing something	we finally got round to decorating the bathroom two years after we moved in I haven't been able to get round to it yet, but I promise I'll do it over the weekend we lived there for six years and never got round to mending the fence at the side
graphic designer	Noun	/ˈɡræfɪk dɪˈzaɪnə/	γραφίστας	a graphic designer is someone whose job involves putting together text and pictures in books, advertising posters, magazines, etc		she's a photographer, graphic designer and member of a band he trained as a graphic designer your website could do with having input from a good graphic designer when she started as a graphic designer in the 1970s, there were no computers and no software like there are today
intimate	Adjective	/ˈɪntɪmət/	βαθύς, λεπτομερής	if you have an intimate knowledge of something, you have a very thorough understanding of it and of all its details	intimate knowledge of something	the book displayed the author's intimate knowledge of Russian history with his intimate knowledge of every path and stream, he was the perfect guide
mollusc	Noun	/ˈmɒləsk/	μαλάκιο	a mollusc is an animal that has a soft inside and usually has a hard shell on the outside, such as a snail or clam		today, there are about 60,000 different species of molluscs molluscs don't move around very much they managed to catch enough fish and molluscs to feed themselves
physiotherapist	Noun	/ˌfɪziəʊˈθerəpɪst/	φυσιοθεραπευτής	a physiotherapist is someone who treats injured people by getting them to do special exercises in order to help damaged parts of the body recover		she's training to be a physiotherapist I have a weekly session with a physiotherapist
protein	Noun	/ˈprəʊtiːn/	πρωτεΐνη	protein is an important substance in some foods such as eggs, meat, milk, etc, that you need to eat in order to have a healthy body		it's important to have enough protein in your diet you'll get ill if you don't eat enough protein egg white is 87% water and 10% protein the meat has about 28 grams of protein per portion
pupil	Noun	/ˈpjuːp(ə)l/	κόρη ματιού	your pupils are the small dark-coloured centres of your eyes that grow larger or smaller depending on how much light there is around you		researchers measured brain activity and changes in the diameter of the pupils foxes have oval, vertical pupils
spear	Noun	/spiə(r)/	δόρυ, λόγχη, ακόντιο	a spear is a weapon that is a long stick with a sharp, pointed end that you can throw		archaeologists found a Roman spear at the site a group of men armed with spears a few of them had rifles, but most carried just a spear he used a spear to catch fish in the shallow water by the shore
pp 24-25	POS	Pronunciation		Definition	Collocates	Word family

be second nature to you	Phrase	/biː ˈsekənd ˈneɪtʃə tuː j uː/	είναι δευτέρα φύση για μένα	if something is second nature to you , it seems natural and is what you do or believe without having to think about it	be second nature to someone	<i>practise this over and over until it's second nature to you after a few more weeks, the whole procedure became second nature politeness was second nature to her</i>	
better to be safe than sorry	Phrase	/ˈbetə tuː biː seɪf ðæn ˈsɒri/	καλύτερα να έχεις το κεφάλι σου ήσυχο, φύλαγε τα ρούχα σου να έχεις τα μισά, καλύτερα η πρόληψη από τη θεραπεία	if you say better safe than sorry or it's better to be safe than sorry , you are recommending a course of action that does not involve any risk and will not therefore lead to a bad outcome		<i>better to be safe than sorry, so yes, always wear a helmet it's better to be safe than sorry when it comes to your health better safe than sorry, so see your doctor as soon as possible</i>	
contain	Verb	/kənˈteɪn/	έχω υπό τον έλεγχο, περιορίζω	if you contain a dangerous situation, you are able to stop it spreading and affecting a wider area	contain something to somewhere	<i>firefighters managed to contain the fire at the factory rioting was contained to the area around the football stadium smoke damage was mostly contained to the kitchen and dining room</i>	Noun: containment
cut corners	Phrase	/kʌt ˈkoːnəz/	κάνω οικονομία, κόβω δρόμο	if you cut corners , you try and do a task more quickly by leaving out something or by not being as thorough as you should be, and so risk failing or doing a bad job		<i>cutting corners now will create problems later on there was no way we could finish the project on time without cutting corners his first thought was to cut a few corners to save money I want this done properly – no cutting corners</i>	
do things by the book	Phrase	/duː θɪŋz baɪ ðə bʊk/	τηρώ τους τύπους, ακολουθώ τους κανόνες	if you do things by the book , you follow instructions and rules very carefully and precisely		<i>handling these chemicals can be very dangerous so it's important you do everything by the book he had done everything by the book but still hadn't succeeded in fixing the problem if I have to do it all by the book it will take hours</i>	
err on the side of caution	Phrase	/ɜːr ɒn ðə saɪd ɒv ˈkoːʃ ən/	σφάλω επί το ασφαλέστερον, κρατάω πισινή, είμαι υπέρ το δέον προσεκτικός, κάλλιο γαϊδουρόδενε παρά γαϊδουρογύρευε	to err on the side of caution is to make sure you do something so carefully that if there are any mistakes, they are the result of being too careful and therefore not too serious, rather than the result of being careless and possibly very severe		<i>I always err on the side of caution when it comes to adding salt we decided to err on the side of caution and called an ambulance just in case it was serious the Bank of England chose to err on the side of caution and raised interest rates by half a per cent</i>	
inaccessible	Adjective	/ˌɪnəkˈsesəb(ə)/	απρόσιτος, δυσπρόσιτος	somewhere that is inaccessible is impossible or very difficult to get to		<i>the lake was in an inaccessible area north of a huge forest the village is inaccessible during the winter months because of the snow the cellar was inaccessible to anyone who did not have a key they organise holidays in otherwise inaccessible regions of Central Asia</i>	Opposite – Adjective accessible
regardless	Adverb	/rɪˈɡɑː(r)dləs/	ανεξαρτήτως, ασχέτως, όπως και να 'χει	something that happens or exists regardless of something else happens or exists without being influenced at all by the other thing	regardless of something	<i>we welcome new members regardless of their age the basketball court is open to anyone regardless of skill or ability</i>	
relay	Verb	/ˈriːleɪ/	μεταφέρω/πρωθώ/διαβιβάζω το μήνυμα	to relay something such as information or a message means to pass it from one person or organisation to another until it reaches the person or organisation it is meant for		<i>news of the battle was relayed back to parliament in London the satellite receives signals from the spacecraft and relays them to the mission control centre this information is relayed back to headquarters in Washington DC</i>	
shift	Noun	/ʃɪft/	βάρδια	a shift is the period of time someone spends at work during a day, for example in a factory		<i>I'm on night shift next week he wanted to work a few more shifts to earn some extra money before Christmas my shift doesn't finish till 6</i>	
wrap someone in cotton wool	Phrase	/ræp ˈsʌmwʌn ɪn ˈkɒtn wʊl/	παραχαϊδεύω, έχω στα πούπουλα, είμαι υπερπροστατευτικός, έχω μην στάξει και μην βρέξει	cotton wool is a soft white material that people use, for example, for putting lotion on their skin or to stop jewellery moving around in a box. If you talk about wrapping someone in cotton wool , you are talking about protecting someone much more than is reasonable or sensible, when you think they should have to deal with the situation they are in by themselves		<i>if you keep wrapping her in cotton wool, she'll never learn to be independent it's time to stop wrapping them in cotton wool and let them go to the park on their own Terry had never been wrapped in cotton wool and was able to hold his own in a fight with the bigger boys</i>	

pp 26-27	POS	Pronunciation		Definition	Collocates	Examples	Word family
accomplished	Adjective	/əˈkʌmplɪʃt/	επιτυχημένος	if someone is accomplished at something they are very good at it	be accomplished at something	<i>he's an accomplished pianist the author is an accomplished photographer with practice, you'll become very accomplished at both drawing and singing</i>	
blow your mind	Phrase	/bləʊ jɔː maɪnd/	μένω με το στόμα ανοιχτό, συνεπαίρνω	if something blows your mind , it makes a very deep impression on you and you cannot stop thinking about it and admiring it		<i>the first time I watched a Formula One motor race it really blew my mind you should watch the film – I promise you it will blow your mind seeing Lady Gaga live blew my mind</i>	
bump	Noun	/bʌmp/	εξόγκωμα, βουναλάκι, ανώμαλη επιφάνεια	a bump is a raised, uneven part on a surface		<i>one of the tyres burst when I hit a bump in the road he braked too late and hit the bump at speed the car rattled loudly as it went over the bumps a speed bump (a deliberately raised strip across a road which is meant to make drivers slow down)</i>	
fatigue	Noun uncount	/fəˈtiːɡ/	κόπωση	fatigue is a feeling of great tiredness		<i>hunger and fatigue became a problem on the fourth day of the trip the doctor said fatigue was a direct result of the illness some medicines cause fatigue as a side effect he was suffering from fatigue after driving for seven hours without a break</i>	Adjective: fatigued
find your feet	Phrase	/faɪnd jɔː fiːt/	αρχίζω να συνηθίζω, εξοικειώνομαι	if you find your feet , you start getting used to a new situation and begin to feel comfortable and know what you are doing there		<i>he's still finding his feet in his new job I'm sure you'll find your feet in no time at all I'd just began to find my feet in Los Angeles when I was transferred to the New York office</i>	

follow in someone's footsteps	Phrase	/ˈfɒləʊ ɪn ˈsʌmwʌnz ˈfʊtstɛps/	ακολουθώ τα βήματα/χνάρια κάποιου	if you follow in someone's footsteps , you do the same sort of work or have the same sort of life experiences as someone before you, usually someone in your family		<i>I followed in my brother's footsteps and joined the choir at my local church her daughter is following in her footsteps and studying to be a doctor</i> <i>we got off on the wrong foot and things got even worse when he started talking about politics I don't want to get off on the wrong foot, but I have to ask you to stop calling me Mikey the interview got off on the wrong foot because I told them they were not my first choice university</i>
get off on the wrong foot	Phrase	/ɡɛt ɒf ɒn ðə ɹɔŋ fʊt/	κάνω κακή αρχή, δεν ξεκινώ καλά	if you get off on the wrong foot , you have a bad start to a relationship		
get your foot in the door	Phrase	/ɡɛt jɔː fʊt ɪn ðə dɔː/	αρπάζω την ευκαιρία, ξεκινώ από χαμηλά	if you get your foot in the door , you get into a situation where you are able to start a particular job or career from a low level but with an opportunity to work your way up		<i>I took a job as a secretary in a publishing firm just to get my foot in the door acting is a difficult profession and some people spend years in Hollywood without ever getting their foot in the door</i>
have two left feet	Phrase	/hæv tuː lɛft fiːt/	είμαι αδέξιος, έχω δύο αριστερά πόδια	if you have two left feet , you are very clumsy in the way you move, especially when you try and dance or play sport		<i>he's got two left feet so he gave up football and took up chess if you've got two left feet, there's no point trying to dance</i>
put your foot in it	Phrase	/pʊt jɔː fʊt ɪn ɪt/	κάνω γκάφα ολκής, πετάω κοτσάνα	if you put your foot in it , you say something without thinking about it and embarrass someone or upset them		<i>he really put his foot in it when he said he wanted Germany to beat England in the football just think before you say anything, that way you might avoid putting your foot in it every time he opens his mouth he puts his foot in it</i> <i>he rallied strongly in the second half of the race and finished in second place Murray rallied in the fourth set and came out the winner by three sets to one</i> <i>he's always shooting himself in the foot by admitting he's not good at his job don't shoot yourself in the foot this time – tell them you like classical music</i> <i>we needed to reach the summit before dark the summit of Everest is over 29,000 feet up he's the youngest person to have climbed the seven summits (the highest mountain of each of the seven continents)</i>
rally	Verb	/ˈræli/	συνέρχομαι, ανακάμπτω	if you rally , you recover from feeling tired and find new energy so that you can carry on doing what you were doing		
shoot yourself in the foot	Phrase	/ʃuːt jɔːˈself ɪn ðə fʊt/	σκάβω τον λάκκο μου, πυροβολώ τα πόδια μου	if you shoot yourself in the foot , you accidentally say or do something that will cause problems for you		
summit	Noun	/ˈsʌmɪt/	κορυφή	the summit of a mountain is its highest point	the summit of something	

pp 28-29	POS	Pronunciation		Definition	Collocates	Examples	Word family
break into	Phrasal verb	/breɪk ˈɪntuː/	μπαίνω στον χώρο, αρχίζω να εργάζομαι ως	if you break into a new job or business activity, you get a chance to become involved in it		<i>the media is a very difficult sector to break into we're hoping to break into the home security market he hoped to break into journalism by getting an interview with David Beckham</i>	
conscientious	Adjective	/ˌkɒnʃiˈɛnʃəs/	επιμελής, φιλότιμος, ευσυνείδητος	someone who is conscientious always makes sure they do their job very thoroughly and very well		<i>if you'd been a bit more conscientious this mistake wouldn't have happened she was a conscientious student a clever and very conscientious young woman</i>	Adverb: <i>conscientiously</i>
enthusiastic	Adjective	/ɪnˌθjuːziˈæstɪk/	ενθουσιώδης	someone who is enthusiastic shows their interest in something in a very lively way	enthusiastic about (doing) something wildly enthusiastic	<i>my son is an excited and enthusiastic student who loves going to school the audience was wildly enthusiastic she was an enthusiastic admirer of the president he was very enthusiastic about going swimming it was hard to feel enthusiastic about the election</i>	Adverb: <i>enthusiastically</i> Noun: <i>enthusiasm</i> Opposite – Adjective: <i>unenthusiastic</i>
fast learner	Noun	/fɑːst ˈlɜːnə/	μαθαίνω γρήγορα, τα πιάνω γρήγορα	a fast learner is someone who is clever and able to learn and understand things very quickly		<i>she's very bright and a fast learner the job advert said candidates needed to be fast learners I felt lost in a class of fast learners</i>	
feel free	Phrase	/fiːl friː/	μπορείς ελεύθερα, μην διστάσεις να	if you tell someone to feel free to do something, you are giving them your permission to do it and encouraging them to do it		<i>feel free to call me any time, day or night please feel free to take as many photos as you want feel free to leave a comment at the end of this blog post</i>	
flexible	Adjective	/ˈfleksəb(ə)l/	ευέλικτος	someone who is flexible can easily change what they are doing and start doing something different if necessary		<i>I'm very flexible, so if you want me to move to the other team that's fine as a manager you have to be focused but at the same time flexible an experienced and flexible member of staff</i>	Adverb: <i>flexibly</i> Noun: <i>flexibility</i>
focused	Adjective	/ˈfəʊkəst/	συγκεντρωμένος	someone who is focused is able to concentrate very hard on one particular task and do it very thoroughly		<i>a group of very focused and motivated musicians we are both highly competitive and focused</i>	Verb: <i>focus</i> Noun: <i>focus</i>
get carried away	Phrase	/ɡɛt ˈkæərɪd əˈweɪ/	παρασύρομαι	if you get carried away , you do something in an enthusiastic and energetic way but without making sure that it is the best thing to be doing at the time		<i>he got a bit carried away and ended up painting the whole house bright yellow let's not get carried away just yet – we need to think a bit harder about what to do next she got carried away and was tweeting thirty times a day</i>	
innovative	Adjective	/ˈɪnəveɪtɪv/	καινοτόμος, πρωτοποριακός	something that is innovative involves the use of new ideas to create something that is original		<i>an innovative approach to traffic management the new packaging has an innovative design it was a highly innovative product when it was launched his ideas did not seem very innovative</i>	Verb: <i>innovate</i> Noun: <i>innovation</i> Noun: <i>innovator</i>
motivated	Adjective	/ˈməʊtɪˌveɪtɪd/	ενθουσιώδης, ο έχων κίνητρα	if someone is motivated , they have the enthusiasm and determination needed to achieve something	highly motivated	<i>children are highly motivated learners of language what we need is a team of motivated individuals motivated employees feel that their work is special and important</i>	Verb: <i>motivate</i> Adjective: <i>motivating</i> Noun: <i>motivation</i> Noun: <i>motive</i>

reliable	Adjective	/rɪˈlaɪəb(ə)l/	αξιόπιστος	if someone is reliable , you can trust them and depend on them	<i>she's a very reliable babysitter he's very reliable – if he says he'll do something, then he'll do it a friendly and reliable taxi driver a reliable worker</i>	Verb: <i>rely</i> Adverb: <i>reliably</i> Noun: <i>reliability</i> Opposite – Adjective: <i>unreliable</i>
resourceful	Adjective	/rɪˈzɔː(r)sf(ə)l/	πολυμήχανος, εφευρετικός	someone who is resourceful is able to use their intelligence to solve different sorts of problem or difficulty without much help from other people	<i>an independent-minded and resourceful young man the lecturers here are very helpful and resourceful the equipment is very old and unreliable so you'll need to be resourceful to get the best out of it</i>	Adverb: <i>resourcefully</i> Noun: <i>resource</i>
well-organised	Adjective	/wəl-ˈɔːɡənəɪzd/	καλά οργανωμένος	someone who is well-organised manages to organise their work and do everything they need to do in an efficient way	<i>my school report said I was conscientious and well-organised by the end of the third week we were an effective and well-organised team the campaigners were well-organised and gathered a lot of support for their cause</i>	

pp 30-31	POS	Pronunciation		Definition	Collocates	Examples	Word family
assignment	Noun	/əˈsaɪnmənt/	ανάθεση, εργασία	an assignment is a piece of work you are given to do at school or as part of your job		<i>I have to hand in my history assignment tomorrow this is a difficult assignment and I'll have to work over the weekend to finish it his assignment was to contact 40 customers and ask them about their experience I was always handing in my assignments late</i>	
cerebral	Adjective	/ˈserəbrəl/	εγκεφαλικός, πνευματικός	something that is cerebral involves someone having to think very hard and use their brain and intelligence. If a person is cerebral , they are good at thinking and using their brain and not so good at physical activity like sport		<i>translating Shakespeare into Finnish is a very cerebral activity she was a cerebral individual and didn't even want to play tennis on holiday a rather cerebral novel by a famous philosopher</i>	
cringe	Verb	/krɪndʒ/	μορφάζω, ζαρώνω	if you cringe , you feel awkward and embarrassed because you are seeing something that is of very bad quality		<i>I cringed when she started singing the national anthem seeing him up on the stage made me cringe I cringe every time I see myself on video I can't read these letters without cringing</i>	
methodical	Adjective	/məˈθɒdɪk(ə)l/	μεθοδικός	if you are methodical , you do things in a thorough and well-organised way. You can also say that the way you do things is methodical		<i>everything will get done on time so long as you stay calm, don't panic, and work in a methodical way he was very methodical in his habits a methodical approach to problem solving I suggest finding a methodical process that works for you</i>	Adverb: <i>methodically</i> Noun: <i>method</i>
realm	Noun	/reɪlm/	σφαίρα, κλάδος, τομέας, βασίλειο	a realm is any area of activity, knowledge, or thought		<i>she was highly respected in the political realm a company that is trying to break into the social networking realm that is the same problem we face in the academic realm we're finally making progress in the educational realm</i>	
shovel	Noun	/ˈʃʌv(ə)l/	φτυαρίζω	if you shovel something such as sand or snow, you move large amounts of it out of the way using a spade or shovel		<i>we spent the afternoon shovelling snow off the pavement his job was to shovel coal into the boiler she helped me shovel the leaves off the path</i>	Noun: <i>shovel</i>
shrink back	Phrasal verb	/ʃrɪŋk bæk/	κάνω πίσω, οπισθοχωρώ	if you shrink back , you feel awkward and embarrassed by something		<i>she shrank back in embarrassment when she saw her dad on the dance floor she shrank back, thinking he wanted to kiss her</i>	

Unit 3 p 33	POS	Pronunciation		Definition	Collocates	Examples	Word family
built-up	Adjective	/bɪlt-ʌp/	οικοδομημένος, κτισμένος, οικιστικός	a built-up area is one where there are a lot of buildings and streets and not very much open space	a built-up area	<i>there used to be fields there when I was growing up, but it's all built-up now you can't build an airport so close to a built-up area the city's built-up area extends as far as the motorway now a densely built-up area</i>	
deprived	Adjective	/dɪˈpraɪvd/	στερημένος	a place that is deprived is one where very poor people live. You can also say that a person is deprived if he or she is very poor	a deprived area a deprived childhood/background	<i>one of the most deprived areas in the country a deprived inner city school deprived children he wrote a play about his deprived background (about growing up very poor) she had a very deprived childhood</i>	Noun: <i>deprivation</i>
high-rise	Adjective	/ˈhaɪraɪz/	πολυώροφος	a high-rise building is a very tall building in a built-up area		<i>a modern high-rise apartment building a high-rise hotel two high-rise buildings from the 1960s are being demolished they're building a high-rise development in the financial quarter of the city</i>	Noun: <i>high-rise</i>
imposing	Adjective	/ɪmˈpəʊzɪŋ/	επιβλητικός	something that is imposing is very large and impressive		<i>the entrance is through some imposing gates the imposing appearance of Bodiam Castle seen from the opposite hill despite their imposing physical presence, elephants are actually rather friendly</i>	Verb: <i>impose</i>
run-down	Adjective	/rʌn-ðaʊn/	ρημαγμένος, καταβεβλημένος	a building that is run-down is not in good condition because it is old and hasn't been looked after well. You can also say that an area of a town or city is run-down		<i>when we bought the house, it was old and run-down the flat's very run-down and needs a lot of work a run-down block of flats a run-down area with lots of social problems</i>	
shabby	Adjective	/ˈʃæbi/	φθαρμένος, άθλιος, της κακιάς ώρας	something that is shabby looks old and in poor condition, as if it has not been looked after for a long time		<i>he's always wearing that shabby old overcoat to work houses in the next street were even shabbier a shabby hotel behind the station a shabby neighbourhood on the other side of the river</i>	

storey	Suffix	/ˈstoːri/	όροφος	a storey is a level in a building. A three-storey building has a ground level and two more levels above it. A four-storey building has three levels above the ground floor		<i>she lives in a five-storey block of flats plans for a 40-storey skyscraper</i>
tree-lined	Adjective	/triː-laɪnd/	δενδρόφυτος	a tree-lined road, street, alley, etc has trees all the way along either side of it	tree-lined avenue/street/path	<i>a sloping, tree-lined avenue leads to the cemetery cross the field, then follow the tree-lined path that goes off to the left a busy city with tree-lined streets</i>
pp 34-35	POS	Pronunciation		Definition	Collocates	Word family
amenity	Noun	/əˈmiːnəti/	παροχές, υποδομές, υπηρεσίες, ανέσεις	amenities are things like shops, libraries and restaurants that are useful to the people who live or are staying nearby		<i>the village has two shops and other amenities there are amenities within walking distance of the house an ideal holiday location close to essential amenities a camp site with only very basic amenities</i>
boom town	Noun	/buːm taʊn/	ακμάζουσα πόλη	a boom town is a town where there is suddenly a lot of economic activity and people there have money and it grows very quickly		<i>when the railway arrived in 1850, Chattanooga became a boom town Aberdeen was a boom town once oil was discovered in the North Sea Westport was a boom town until a cholera epidemic in the 1840s killed half the population</i>
characterless	Adjective	/ˈkæɹɪktə(r)ləs/	ανιαρός, ουδέτερος, χωρίς χαρακτήρα	somewhere that is characterless is dull and has nothing interesting happening it		<i>we were surrounded by a characterless city centre which closed down by eight in the evening there was a rather characterless bar on the first floor of the hotel wide characterless streets led to the stadium it was the third characterless airport I'd been through in a week</i>
cheat	Verb	/tʃiːt/	κλέβω, κάνω ζαβολιά	to cheat means to do something that is not normally allowed by the rules		<i>it's cheating to call Granada a town because it's really a city it's quite difficult to cheat at chess not paying your taxes is cheating</i>
ghost town	Noun	/gəʊst taʊn/	πόλη φάντασμα	a ghost town is a town where everyone has left because there is no more work, and all the buildings are empty		<i>we passed through a ghost town on our way out of the mountains Worthing was like a ghost town on Sunday afternoon we were given a tour of the ghost town</i>
historic town	Noun	/hɪsˈtɒɹɪk taʊn/	ιστορική πόλη	a historic town is an old town that still has a lot of old buildings in it		<i>welcome to the historic town of Arundel a riverside walk with views over the historic town Goslar is a historic town in Lower Saxony, Germany</i>
holiday town	Noun	/ˈhɒlədeɪ taʊn/	πόλη διακοπών	a holiday town is a town where a lot of people come to spend their holidays		<i>I grew up in a holiday town on the west coast the coast has a string of holiday towns along it a popular Scottish holiday town a quiet holiday town with beautiful beaches</i>
industrial town	Noun	/ɪnˈdʌstriəl taʊn/	βιομηχανική πόλη	an industrial town is a town where there are a lot of factories		<i>Runcorn is an industrial town and port in Cheshire a medium-sized industrial town people left the countryside to find work in the growing northern industrial towns</i>
lively	Adjective	/ˈlaɪvli/	ζωντανός, γεμάτος ζωή	a place that is lively has a lot of social activity going on and people enjoying themselves		<i>the area around the university is very lively the school has a lively atmosphere the city has a lively arts centre</i>
magnet	Noun	/ˈmæɡnɪt/	μαγνήτης	a magnet is a piece of metal that can pull other pieces of metal towards it. A place that is a magnet for people or things is very popular and attracts a lot of visitors		<i>Granada is a magnet for tourists the beach here is a magnet for surfers Berlin was a magnet for students the ice cream van was a child magnet</i>
market town	Noun	/ˈmɑːkɪt taʊn/	πόλη που έχει λαϊκή αγορά	a market town is a town where they hold a market, usually at least once a week		<i>Huddersfield has been a market town for about 1,000 years a friendly and lively market town Bideford is a small market town in Devon</i>
photogenic	Adjective	/ˌfəʊtəʊˈdʒenɪk/	φωτογενής	someone or something that is photogenic always looks pretty or attractive in photographs		<i>a photogenic village in the Pyrenees people queued to take photos of the photogenic little cottage I'm not photogenic and hate being photographed the scenery around here is very photogenic</i>
port town	Noun	/pɔːt taʊn/	πόλη που έχει λιμάνι	a port town is a town by the sea where cargo ships and passenger ships operate from		<i>the largest port town on the north coast a port town with ferries going to and from Sicily and Sardinia these port towns were vital to the growth of trade in the sixteenth century</i>
quaint	Adjective	/kweɪnt/	γραφικός	somewhere that is quaint has a lot of interesting and old-fashioned buildings		<i>the hotel was on a quaint little street by the harbour it was such a quaint little town we spent a week in a quaint little cottage in Norfolk</i>
regional capital	Noun	/ˈriːdʒənl ˈkæpɪtl/	επαρχιακή πρωτεύουσα	a regional capital is an important town or city that is also the main town or city in a county, province, state, etc		<i>Rennes is the regional capital of Brittany the map shows major towns and regional capitals half the population of the whole province live in the regional capital</i>
scruffy	Adjective	/ˈskrʌfi/	ατημέλητος, παραμελημένος	somewhere that is scruffy is not well looked after and looks slightly dirty and untidy. If a person looks scruffy , their clothes are not smart or clean and they look very untidy		<i>the city centre is all right, but the suburbs are a bit scruffy he always looks scruffy she was wearing a pair of scruffy jeans a scruffy-looking garden</i>
self-contained	Adjective	/ˌself kənˈteɪnd/	αυτόνομος, αυτάρκης	somewhere that is self-contained has everything it needs to operate without having to bring in services from outside		<i>the campus is self-contained and if you don't want to, you don't have to leave it till the end of term she lives in a self-contained flat on the second floor houses were built as part of a self-contained neighbourhood</i>

shanty town	Noun	/ˈʃæntɪ taʊn/	φτωχογειτονιά, παραγκούπολη	a shanty town is a poor area in or near a city where the buildings are badly made huts and where there are no proper services like gas, water, or electricity	he grew up in a shanty town outside Santiago around many south American cities you'll find shanty towns they lived in horrible conditions in a shanty town		
sleepy	Adjective	/ˈsliːpi/	νυσταγμένος, βαρετός, πόλη που κοιμάται	a sleepy town is one where there is not much social activity and nothing very interesting ever happens	we spent a week in a sleepy village outside Cirencester it used to be a sleepy little town until they discovered gold in the hills behind it for most of the year, it was a quiet, sleepy place		
spa town	Noun	/spaː taʊn/	λουτρόπολη	a spa town is a town where there is natural water under the ground, and where people come to drink it because they think it is good for their health	Buxton and Ashbourne are two spa towns in the Peak District of Derbyshire another spa town is Matlock Bath, popular in the nineteenth century he was a doctor in the spa town of Harrogate		
sprawling	Adjective	/ˈsprɔːlɪŋ/	επεκτεινόμενος, με άναρχη επέκταση	a sprawling town or city is one that has spread out in all directions	a sprawling suburb with 325,000 inhabitants the university is housed on a sprawling campus to the south of the city the sprawling town is the largest in eastern Mali	Verb: sprawl Noun: sprawl	
university town	Noun	/ˌjuːnɪˈvɜːsɪti taʊn/	πανεπιστημιακή πόλη	a university town is a town with one or more universities, and which therefore has a lot of students living in it	nowadays, Brest is an important university town with over 23,000 students Heidelberg is the oldest university town in Germany the two university towns of Oxford and Cambridge are about 100 kilometres apart		
well-kept	Adjective	/wəl-kept/	καλοδιατηρημένος, καλοσυντηρημένος	somewhere that is well-kept is properly looked after and looks neat and tidy	behind the well-kept garden stood a two-storey wooden house the playground is colourful and well-kept a modest, well-kept house in Kemptown tourists come for the cathedral and to visit the well-kept park		
pp 36-37	POS	Pronunciation		Definition	Collocates	Examples	Word family
bitterly	Adverb	/ˈbɪtə(r)li/	πικρά	you use bitterly to emphasize how bad and extreme an emotion or situation is		it was a bitterly disappointing result for the England football team he returned home a bitterly disappointed man she bitterly resented the way her brother was treated so much better than her I bitterly regret telling him his work was not acceptable	
closely	Adverb	/ˈkləʊsli/	στενά, άρρηκτα	you use closely to emphasize how firmly two things are connected or similar to each other		the two companies have been closely linked for five years the food at dinner closely resembled what we had eaten for lunch the wallpaper closely matches the colour of the curtains	Adjective: close
conservatory	Noun	/kənˈsɜː(r)vət(ə)ri/	αίθριο	a conservatory is an extra room attached to the side of a house, often with a lot of windows to make the room light and warm		as usual, we had breakfast in the conservatory our conservatory developed a leak in the roof they built a conservatory almost as soon as they moved in to their new house	
deadly	Adverb	/ˈdedli/	θανάσιμα, πολύ	you use deadly to emphasize the unpleasantness of a situation		the situation is deadly serious, but help is on its way cancer is a deadly disease the two men were deadly enemies a dangerous and deadly stretch of road	
desperately	Adverb	/ˈdesp(ə)rət(ə)li/	απεγνωσμένα	you use desperately to emphasize the extreme nature of an unpleasant quality or emotion		she was desperately sad after her father died he was desperately unhappy in his last job, and left after three months he came from a desperately poor family we were desperately short of food and medicines	
domestic appliance	Noun	/dəˈmeɪstɪk əplaɪəns/	οικιακή συσκευή	a domestic appliance is a piece of electrical equipment such as a vacuum cleaner or a washing machine		a shop selling a range of domestic appliances turn off domestic appliances to save electricity most domestic appliances these days have little computers inside them	
hopelessly	Adverb	/ˈhəʊpləsli/	απεγνωσμένα, υπερβολικά	you use hopelessly to emphasize how extreme or bad something is		one umbrella was hopelessly inadequate for the three of us by the time it got dark I was hopelessly lost and had to sleep under a hedge he left the meeting feeling hopelessly depressed and confused	
ideally	Adverb	/aɪˈdɪəli/	ιδανικά	you use ideally to emphasize that something exists or is happening in the best possible way		he was ideally suited to a career in the army each session should ideally be 30 minutes long the cottage is ideally situated in the historic heart of the village	Adjective: ideal
insulator	Noun	/ˈɪnsjuˌleɪtə(r)/	μονωτήρας, μονωτής	an insulator is an object or material that is very good at stopping heat passing from one side to another, and that can help keep a building or room warm by stopping the heat getting out		reindeer skin is a good insulator fat is an excellent insulator against the cold common building materials that are poor insulators include glass and metal	Verb: insulate Noun: insulation
mildly	Adverb	/ˈmaɪldli/	ελαφρώς	you use mildly to say that a quality is not very intense or extreme		a mildly interesting documentary about the Russian Revolution he seemed mildly surprised by my question his first two books were only mildly successful a mildly entertaining play	
painfully	Adverb	/ˈpeɪnf(ə)li/	οδυνηρά	you use painfully to emphasize how undesirably extreme something is		she was painfully shy when she started school the fact that he couldn't speak English soon became painfully apparent it was painfully obvious that I was going to fail the exam the ending of the film was painfully sad	

patently	Adverb	/ˈpeɪt(ə)ntli/	εμφανώς, φανερά	you use patently to emphasize that a particular quality is very apparent		<i>it was patently obvious that he had only just got up his suggestion was patently ridiculous her explanation of what had happened was patently untrue a patently incorrect analysis</i>
perfectly	Adverb	/ˈpɜː(r)fɪk(t)li/	απόλυτα	you use perfectly to emphasize a particular quality		<i>his answer was perfectly reasonable whatever they did, it was perfectly legal I feel perfectly fine, thanks he didn't want to stay for perfectly understandable reasons</i>
sliding	Adjective	/ˈslaɪdɪŋ/	συρόμενος	sliding doors, windows, walls, etc do not swing but slide sideways		<i>the sliding walls make the house very flexible the sliding doors open automatically as you approach them the room at the back was fitted with sliding windows</i>
stunning	Adjective	/ˈstʌnɪŋ/	εκπληκτικός	something that is stunning is extremely impressive and beautiful	absolutely stunning stunning scenery a stunning view	<i>the film is visually stunning a stunning building the room looked stunning and was decorated beautifully a stunning view from the hotel window the cottage is set in stunning scenery the stunning countryside of Wensleydale</i> Adverb: <i>stunningly</i>
timber	Noun uncount	/ˈtɪmbə(r)/	ξυλεία	timber is wood, especially wood that is used as a building material		<i>a timber merchant (someone who sells timber) a timber-framed house we use local timber whenever we can it's important to use good quality timber</i>
vaguely	Adverb	/ˈveɪɡli/	αμυδρά	you use vaguely to emphasize that something is not very precise or definite		<i>he looked vaguely familiar, but I couldn't remember where I'd seen him before she was vaguely aware of a smell of smoke the instructions were very vaguely written he vaguely remembered seeing the film many years earlier</i> adjective: <i>vague</i>
wildly	Adverb	/ˈwaɪldli/	άκρως	you use wildly to emphasize how extreme or unreasonable something is		<i>the weather forecast for today was wildly inaccurate the early solar system was a wildly unstable place they were wildly enthusiastic about moving to Australia</i>
pp 38-39	POS	Pronunciation		Definition	Collocates	Word family
break new ground	Phrase	/breɪk ɪnjuː graʊnd/	καινοτομώ, πρωτοτυπώ, ανοίγω νέους ορίζοντες	if you break new ground , you start doing something that no one else has done before or start doing something in a way that has never been done before		<i>her work is highly original and succeeds in breaking new ground Concorde broke new ground in passenger air travel but lost its makers a lot of money the university broke new ground by opening a second campus in China</i> Adjective: <i>groundbreaking</i>
charmed	Adjective	/tʃɑː(r)mɪd/	γοητευμένος	if you are charmed , you are fascinated by something nice that you have seen or heard		<i>the visitors will be charmed when they step through the door Andy was charmed by the man, but his wife was very suspicious of him everyone was charmed by her granddaughter's singing</i> Verb: <i>charm</i>
cover a lot of ground	Phrase	/ˈkʌvə ə lɒt ɒv graʊnd /	καλύπτω πολύ έδαφος/πολλά θέματα	if you cover a lot of ground , you have a discussion or you produce a piece of writing that successfully deals with a lot of important information		<i>we covered a lot of ground in the first three lessons of the course the book is only 120 pages long but it covers a lot of ground in her 15-minute talk she managed to cover a lot of ground</i>
establishment	Noun uncount	/ɪˈstæblɪʃmənt/	κατεστημένο	the establishment is the existing set of institutions and people who have control and influence in a country, and who do not want to introduce any changes that will affect their position in society		<i>a member of the establishment she felt she had to challenge the establishment the election of Trump was seen as a protest against the establishment</i>
get off the ground	Phrase	/ɡet ɒf ðə graʊnd/	απογειώνομαι, αρχίζω	if a plan or a business activity gets off the ground , it starts to work in the way that is intended		<i>we thought the project would never get off the ground, but after Jim joined the team we made good progress most of his ideas never got off the ground because he never had enough money to fund them strong social media support helped the website get off the ground</i>
keep your feet on the ground	Phrase	/kiːp jɔː fiːt ɒn ðə graʊnd/	μένω προσγειωμένος, δεν παίρνουν τα μυαλά μου αέρα	if you keep your feet on the ground , you do not let a moment of success influence you too much and carry on acting in a sensible and practical way		<i>it's important to keep your feet on the ground and carry on working hard she even had an email from the prime minister, but she was determined to keep her feet on the ground</i>
on the grounds that	Phrase	/ɒn ðə graʊndz ðæt/	επειδή, λόγω, με το σκεπτικό ότι	the grounds for doing something are reasons for doing it. If you do something on the grounds that something else is true, then that something else is the reason for doing it		<i>he begged for mercy on the grounds that he had never meant to hurt anyone she refused to resign on the grounds that she was not responsible for the problem his application was rejected on the grounds that he did not have enough experience</i>
sketch out	Phrasal verb	/sketʃ aʊt/	κάνω πρόχειρο σκίτσο, περιγράφω εν συντομία	if you sketch something out , you make a rough drawing of it or write a brief plan of action to see what it might look like or what might need to be done		<i>she would initially sketch out her ideas on a sheet of plain paper he sketched out a design for the new kitchen I've only sketched it out so far, but I believe this project could be completed within two years</i>
sought-after	Adjective	/ˈsoːt ˌɑːftə(r)/	περιζήτητος	if something or someone is sought-after , lots of people want to have them or use them		<i>one of the most sought-after architects in the world a highly sought-after first edition of Harry Potter and the Philosopher's Stone he became much sought-after as a lecturer on global warming</i>

stand your ground	Phrase	/stænd ʃɔː graʊnd/	εμμένω στη θέση μου	if you stand your ground , you continue to insist that you are right when other people think you are wrong or want you to change what you are doing		<i>she stood her ground and proved them all wrong by the end of the week you should have stood your ground – he was never going to carry out his threats Alec stood his ground and cancelled his order</i>
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pp 40-41	POS	Pronunciation		Definition	Collocates	Examples	Word family
bluntly	Adverb	/ˈblʌntli/	απερίφραστα, ωμά	if you say something bluntly , you say exactly what you think in a direct way and don't care if you offend the people you are speaking to		<i>to put it bluntly, he's stupid Jeff told me bluntly that he wasn't going to work for me any more she bluntly refused to listen to what he was trying to say Don asked me bluntly “Did you steal my wallet?”</i>	Adjective: <i>blunt</i> Noun: <i>bluntness</i>
heritage	Noun uncount	/ˈherɪtɪdʒ/	κληρονομιά	a country's heritage is its cultural traditions that have developed over a long time, its important and historical buildings, and its sense of its own history	a rich heritage a national/cultural heritage preserve/protect one's heritage	<i>people should appreciate their own heritage it's important to protect our national heritage buildings that are part of our heritage the country's rich cultural heritage trying to preserve their Scottish heritage</i>	

pp 42-43	POS	Pronunciation		Definition	Collocates	Examples	Word family
court house	Noun	/kɔːt haʊs/	δικαστικό μέγαρο	a court house is a building where trials take place to decide if someone is guilty of a crime they have been accused of		<i>the court house was built in 1889 police took him out through the back door of the court house to avoid the waiting journalists she stood on the steps of the court house and read a prepared statement</i>	
profound	Adjective	/prəˈfaʊnd/	βαθύτατος, ουσιαστικός, σημαντικός	something that is profound is very significant and important		<i>both directors had a profound influence on world cinema this experience had a profound effect on his career the novel made a profound impression on me the implications for the government are profound</i>	Adverb: <i>profoundly</i>
put your finger on	Phrase	/pʊt ʃɔː ˈfɪŋɡər ɒn/	προσδιορίζω	if you can't put your finger on something, you can't quite explain or understand something		<i>I knew there was something wrong, but I couldn't quite put my finger on what it was I can't put my finger on why that music is so great I think you put your finger on it when you said they must have looked at the wrong set of data</i>	
sole	Adjective	/səʊl/	μοναδικός	the sole person, thing, idea, etc is the only one present in a particular situation		<i>his sole aim was to finish writing the book before the end of the year your sole responsibility is to make sure you recover from the illness the sole function of the server is to act as a central storage device the company's sole purpose is to make a profit for its shareholders</i>	Adverb: <i>solely</i>
uplifting	Adjective	/ʌpˈlɪftɪŋ/	ανεβαστικός, ενθαρρυντικός, δυναμικός	something that is uplifting makes you feel happy and full of hope		<i>it's a really inspiring story, really uplifting a joyful and uplifting occasion an uplifting experience energetic and uplifting music it was uplifting to see the results of all her hard work</i>	Adjective: <i>uplifted</i>

p 44	POS	Pronunciation		Definition	Collocates	Examples	Word family
flipper	Noun	/ˈflɪpə(r)/	πτερύγιο	a flipper is the flat arm or leg of a sea animal such as a whale or a penguin		<i>whales move easily through water because of their flippers it had flippers instead of feet the flippers help it swim very fast</i>	
outstretched	Adjective	/ˌaʊtˈstretʃt/	τεντωμένος	if a person or animal has a part of their body outstretched , it is extended out as far as it can go		<i>he sat there silently, staring at his outstretched feet she ran towards him, arms outstretched it looks like a large turtle with its flippers outstretched the eagle hovered over the edge of the cliff with large outstretched wings</i>	Phrasal verb: <i>stretch out</i>

Unit 4 p 45	POS	Pronunciation		Definition	Collocates	Examples	Word family
amplify	Verb	/ˈæmplɪˌfaɪ/	ενισχύω, εντείνω	to amplify a sound means to make it louder and easier to hear		<i>a hearing aid that amplifies speech his voice was amplified by the echo coming off the walls the music was amplified to an unacceptable level</i>	Noun: <i>amplifier</i> Noun: <i>amplification</i>
cut out	Phrasal verb	/kʌt aʊt/	κόβω, αποκόπτω	if you cut out something unwanted, you do something that stops it from reaching you or affecting you		<i>these ear buds cut out external noise we drew the curtains to cut out the light I've cut out alcohol for January</i>	
ear bud	Noun	/ɪə bʌd/	ακουστικό ψείρα	an ear bud is a small object that you can put in your ear, and that can carry a sound signal, for example from a mobile device or as part of a hearing aid		<i>some ear buds will block out external sounds a pair of Bluetooth ear buds my ear buds keep falling out you get much better sound quality with these ear buds</i>	
virtually	Adverb	/ˈvɜː(r)tʃʊəli/	σχεδόν, ουσιαστικά	you use virtually to say that a particular quality or feeling is almost complete		<i>she was virtually blind it was virtually impossible to see across to the other side of the road the town looked virtually unchanged since his childhood the operation was virtually painless</i>	Adjective: <i>virtual</i>

pp 46-47	POS	Pronunciation		Definition	Collocates	Examples	Word family
afford	Verb	/əˈfɔː(r)d/	έχω την οικονομική δυνατότητα	if you can afford something, you have enough money to be able to pay for it. Something that you can afford is affordable . Something you cannot afford is unaffordable		<i>once I start work, I'll be able to afford a new coat she can't afford a new car I don't know how they could afford to buy a house in Hampstead I could never afford to live in London she could only just afford to pay her rent</i>	Adjective: <i>affordable</i> Opposite – Adjective: <i>unaffordable</i>

break	Verb	/breɪk/	σπάω, χαλάω	if you break something, you damage it badly so that it doesn't work any more or so that it goes into lots of pieces. If it is easy to break an object, it is a breakable object. If it is almost impossible to break something, it is unbreakable		<i>I dropped a plate and broke it who broke my cup? please don't break it he broke the window with a football how did you break your phone?</i>	Adjective: <i>breakable</i> Opposite – Adjective: <i>unbreakable</i>
coated	Adjective	/ˈkəʊtɪd/	επικαλυμμένος	something that is coated has a thin layer of something all over the outside of it	coated with something	<i>many tablets today are coated the walls were coated with a fine plaster stir until all the rice is coated with oil the statue was coated with very thin gold leaf</i>	Verb: <i>coat</i> Noun: <i>coating</i>
cosmetic	Adjective	/kɒzˈmetɪk/	επιφανειακός, αισθητικός, πλαστικός, διακοσμητικός	changes or actions that are cosmetic deal only with the appearance of something and not with its actual nature or substance	a cosmetic change	<i>the stadium was given a cosmetic upgrade last year the work was being done for purely cosmetic reasons changes to the outside were cosmetic cosmetic surgery (to improve someone's appearance)</i>	
dispose of	Phrasal verb	/dɪsˈpəʊz ɒv/	ξεφορτώνομαι, πετάω	if you dispose of something, you succeed in throwing it away because you no longer need it or use it. Something that is intended to be used once then thrown away is disposable		<i>it costs \$100 per tonne to dispose of rubbish what's the best way to dispose of old batteries? the company is disposing of all its old computer screens</i>	Noun: <i>disposal</i> Adjective: <i>disposable</i>
excuse	Verb	/ɪkˈskjuːs/	συγχωρώ, δικαιολογώ	if you excuse someone, you forgive them or do not punish them for something bad they have said or done. If they do something so bad that you cannot excuse them, they have done something inexcusable		<i>I can't excuse his behaviour I understand why he did it but I still can't excuse his actions</i>	Adjective: <i>excusable</i> Opposite – Adjective: <i>inexcusable</i>
fabric	Noun	/ˈfæbrɪk/	ύφασμα	fabric is cloth or material used for making clothes, sheets, covering for furniture, etc		<i>a light cotton fabric silk is my favourite fabric for this sort of dress a shop window displaying several colourful fabrics a roll of fabric</i>	
fold	Verb	/fəʊld/	διπλώνω, τσακίζω	if something folds , or if you fold it, it bends so that one part of it covers the other. If something is foldable , it is possible to fold it	fold down fold up fold out	<i>the chair will fold down flat he folded up the newspaper and put it back in his briefcase the screen folds out so you get twice the size</i>	Adjective: <i>foldable</i>
imagine	Verb	/ɪˈmædʒɪn/	φαντάζομαι	if you imagine something, you have a picture or impression of it in your mind even though you cannot see it or it is not actually happening. Something you can imagine is imaginable		<i>I never imagined it would be this hot in Brighton can you imagine what it would be like to be blind? I tried to imagine him as a young man it's hard to imagine a better way to spend a weekend</i>	Noun: <i>imagination</i> Adjective: <i>imaginable</i> Opposite – Adjective: <i>unimaginable</i>
negotiate	Verb	/nɪˈɡəʊʃieɪt/	διαπραγματεύομαι	to negotiate means to talk about something until you can agree with someone what you will both do or accept. If you are prepared to change your demand about something, it is negotiable . If there is something that you will not change your mind about, it is non-negotiable	negotiate (something) with someone	<i>we negotiated a price with the taxi driver we are negotiating a big deal with a Chinese TV company the company said it won't negotiate with the workers the government is not willing to negotiate with terrorists</i>	Adjective: <i>negotiable</i> Opposite – Adjective: <i>non-negotiable</i>
push the boundaries	Phrase	/pʊʃ ðə ˈbaʊndərɪz/	σπρώχνω/πιέζω τα όρια	if you push the boundaries , you do something more intensely, better, faster, etc than it has ever been done before		<i>scientists have pushed the boundaries of what is possible and produced graphene, a material that is just one atom thick a research laboratory pushing the boundaries of technology if we don't push the boundaries we won't survive in business</i>	
refund	Verb	/ˈriːfʌnd/	επιστροφή χρημάτων	if someone refunds some money, they return some money to you that you gave them earlier, for example because they sold you something that doesn't work. If money that you give someone can be refunded later, it is refundable		<i>the amount you paid will be fully refunded we will refund all monies you have paid us we will only refund tickets if the performance has been cancelled</i>	Noun: <i>refund</i> Adjective: <i>refundable</i>
rely	Verb	/rɪˈlaɪ/	βασίζομαι, στηρίζομαι, εμπιστεύομαι	if you can rely on someone or something, you can be sure that they will do what you expect them to do. Someone or something you can rely on is reliable	rely on someone or something	<i>I know he's got the right skills, but can we rely on him? don't worry, you can rely on me the village relied on farming to provide enough work for everyone he relies heavily on his parents to help pay the bills</i>	Adjective: <i>reliable</i> Adverb: <i>reliably</i> Noun: <i>reliability</i> Opposite – Adjective: <i>unreliable</i>
remove	Verb	/rɪˈmuːv/	αφαιρώ	if you remove something, you take it away from where it is, or you take it away from the other things that are with it. If something is designed to be removed or can be easily removed, it is removable	remove something from something	<i>both cars were finally removed from the scene of the crash you should remove the curtains before painting the window first remove the cover and take out the lining these fences can be easily installed and removed</i>	Adjective: <i>removable</i>
repair	Verb	/rɪˈpeə(r)/	επισκευάζω	if you repair something that is broken, you mend it so that it works properly again. If it is possible to repair something, it is repairable		<i>we managed to repair the damage I need to repair my bike I had to get someone to repair the washing machine he took the car to the garage to be repaired</i>	Noun: <i>repair</i> Adjective: <i>repairable</i> Opposite – Adjective: <i>irreparable</i>
reuse	Verb	/riːˈjuːz/	επαναχρησιμοποιώ	if you reuse something, you use it again rather than throw it away or use a new one. If you can use something again, it is reusable		<i>the roof timber was old, but could be reused the new building reused many of the bricks from the old one we reused the wood to make benches</i>	Noun: <i>reuse</i> Adjective: <i>reusable</i>

wash	Verb	/wɒʃ/	πλένω	if you wash something, you make it clean by using water and sometimes soap. Things that you can wash are washable		<i>I need to wash my hands it's your turn to wash the dishes after dinner she washed her hair in the shower let's wash the car before it gets dark he spent the afternoon washing clothes</i>	Noun: wash Adjective: washable
widespread	Adjective	/ˈwaɪdˌspred/	διαδεδομένος, εκτεταμένος	something that is widespread exists in a lot of different places		<i>there is widespread conflict across the continent corruption was widespread in the capital overcrowded cities suffered from widespread poverty physical punishment was widespread throughout the school system</i>	
pp 48-49	POS	Pronunciation		Definition	Collocates	Examples	Word family
come	Verb	/kʌm/	καταλήγω, καταφέρνω να	if you come to do something, you eventually start doing it	come to do something	<i>we've come to depend on the Internet for all our news he slowly came to realise that the company was failing years later, I came to understand why he left home</i>	
come about	Phrasal verb	/kʌm əˈbaʊt/	προκύπτω, συμβαίνω	if something comes about , it happens		<i>how did this strange situation come about? it only came about because we both happened to be in Washington at the same time by the time the change finally came about it was too late</i>	
come across	Phrasal verb	/kʌm əˈkrɒs/	συναντώ, βρίσκω, πετυχαίνω	if you come across something, you find it, even though you weren't looking for it		<i>I came across some old photographs when I was looking for my tennis racket she came across him while doing research into her family history I came across your website just now; it's very good have you ever come across any books by Robertson Davies?</i>	
come off	Phrasal verb	/kʌm ɒf/	πετυχαίνω	if an activity or experiment comes off , it succeeds		<i>his attempt to build a new shed didn't come off if this comes off, no one will be more surprised than me we built a sort of mechanical bread making machine but it didn't come off</i>	
come up against	Phrasal verb	/kʌm ʌp əˈɡenst/	αντιμετωπίζω	if you come up against something or someone, they create problems for you in what you are trying to do or achieve		<i>I had never come up against this sort of difficulty before she came up against all sorts of problems and always managed to find a way through the biggest problem we came up against was lack of money</i>	
come up with	Phrasal verb	/kʌm ʌp wɪð/	σκαρφίζομαι, βρίσκω, σκέφτομαι	if you come up with an idea, you think of it		<i>he's always coming up with really good suggestions that's brilliant! I knew you'd come up with something my wife came up with the idea when we were on holiday well, if you can come up with a better system we'll try it</i>	
commonplace	Adjective	/ˈkɒmənˌpleɪs/	κοινότοπος, συνηθισμένος	something that is commonplace exists in large numbers and over a wide area		<i>cars weren't so commonplace before the war mobile phones are commonplace now, but they hardly existed 30 years ago tattoos are increasingly commonplace in the UK</i>	
mail-order	Noun uncount	/ˈmeɪlˌɔːdə/	ταχυδρομική παραγγελία	mail-order is a method of buying something in which you choose what you want to buy and send an order to the company who are selling it, and they then send it to you through the post		<i>a mail-order catalogue buying shoes by mail order is risky I got it by mail-order and it took weeks before they finally delivered it have you tried mail-order or Internet shopping?</i>	
outing	Noun	/ˈaʊtɪŋ/	εκδρομή, έξοδος	if you go on an outing , you go somewhere not very far away for pleasure	a family outing a works outing	<i>we're off on an outing on Saturday we had an outing to the beach on Saturday my dad said he'd take us on an outing tomorrow if the weather is good the South Downs are a great place to go for a family outing a works outing (when people who work together go for a day out somewhere that is organised by their employer)</i>	
recognition	Noun uncount	/ˌrekəɡˈnɪʃ(ə)n/	αναγνώριση	if you get recognition for something, people see and understand what you have done and show their approval		<i>she hopes they will now get the recognition they deserve the campaign has received international recognition after years of effort, he finally got recognition for his achievements it's a shame she didn't get that public recognition during her lifetime</i>	Verb: recognise
unworthy	Adjective	/ʌnˈwɜː(r)ði/	ανάξιος	if something is unworthy , it is not good enough or valuable enough to deserve being considered or believed		<i>his proposal is unworthy of your consideration it's just unworthy of your attention in my opinion, the book was unworthy of all the praise it received some people thought Bob Dylan was unworthy of the Nobel Prize</i>	Opposite – Adjective: worthy
pp 50-51	POS	Pronunciation		Definition	Collocates	Examples	Word family
burned out	Adjective	/bɜːnd aʊt/	είμαι κομμάτια, εξουθενωμένος, αποκαμωμένος	if someone is burned out , they have been working so hard and for so long that they no longer have the energy to carry on at the same level of intensity		<i>a lot of people in banking are burned out by the age of 30 I felt both physically and emotionally burned out she felt utterly burned-out and had to quit her job</i>	
entrepreneurial	Adjective	/ˌɒntreɪprəˈnɜː(r)ɪəl/	επιχειρηματικός	an entrepreneur is someone who sets up and runs a business. You use entrepreneurial to describe their activities and abilities		<i>his entrepreneurial skills my past entrepreneurial attempts failed her entrepreneurial spirit carried her through</i>	Noun: entrepreneur
give it a go	Phrase	/ɡɪv ɪt ə ɡəʊ/	κάνω μια προσπάθεια/δοκιμή	if you give it a go , you try to do something even if you are not sure how to do it or not sure whether you will succeed		<i>I've never run a marathon before, but I'll give it a go the only way to find out if you can do it is to give it a go I saw someone doing it on YouTube and thought I'd give it a go myself</i>	

give it some thought	Phrase	/ɡɪv ɪt sʌm θɔːt/	σκέφτομαι	if you give something some thought , you think seriously about it for a good while before making a decision or coming to a conclusion		<i>we've give it some thought and decided to offer you the job interesting idea! I'll give it some thought over the weekend take your time, give it some thought, and ring me on Monday</i>
give it some time	Phrase	/ɡɪv ɪt sʌm taɪm/	δίνω λίγο χρόνο, περιμένω	if you tell someone to give it some time , you are encouraging them to wait before making a decision about something because you think things will change or improve for them		<i>it's difficult in your first week at university, but it give it some time and you'll get used to it if I were you, I'd give it some time before deciding to resign give it some time, wear them every day for a week, and you'll see they're the most comfortable shoes you've ever worn</i>
give it your best	Phrase	/ɡɪv ɪt jɔː best/	προσπαθώ για το καλύτερο, δίνω τον καλύτερό μου εαυτό	if you give something your best , you try as hard as you can to succeed in what you are trying to do		<i>I gave it my best, but only managed to come third you've given it your best and you couldn't have done more than that she gave it her best and won the whole tournament</i>
give someone a break	Phrase	/ɡɪv ˈsʌmwʌn ə breɪk/	αφήνω κάποιον ήσυχο, δείχνω επιείκεια, λυπάμαι λίγο, σταματάω να ζαλίζω κάποιον	if you give someone a break , you do not criticise them or treat them harshly even if you think they have made mistakes or done something badly		<i>give me a break! I've been doing my best give him a break, he's only just left school just give me a break will you! At least I tried</i>
give someone the go-ahead	Phrase	/ɡɪv ˈsʌmwʌn ðə ˈɡəʊ əhed/	δίνω το πράσινο φως	if someone in authority gives you the go-ahead , they give you permission to start an activity that you want to do		<i>they liked our proposal and gave us the go-ahead they were given the go-ahead to build a new stadium the project finally finished in 2015, eight years after being given the go-ahead</i>
high-end	Adjective	/haɪ-ɛnd/	ακριβός, ανώτερης ποιότητας	high-end goods or services are very good quality and therefore expensive		<i>a high-end restaurant we only sell high-end brands in this store you won't get a high-end laptop for less than £1,000 these days she bought a high-end sports car with the money she'd won</i>
ill-fitting	Adjective	/ɪl-ˈfɪtɪŋ/	άχαρος, ρούχο που δεν στρώνει καλά	if a piece of clothing is ill-fitting , it does not fit you properly		<i>their shoes were filthy and ill-fitting Jack arrived wearing a pair of ill-fitting jeans an ill-fitting jacket that didn't quite do up at the front</i>
make-up	Noun uncount	/ˈmeɪkʌp/	χαρακτήρας, ιδιοσυγκρασία	someone's make-up is all the different elements of their personality considered together		<i>willingness to say sorry is just not in his make-up modesty has always been part of her make-up nothing in his make-up suggested he would be a bad father</i>
satisfaction rating	Noun	/ˌsætɪsˈfækʃən ˈreɪtɪŋ/	αξιολόγηση ικανοποίησης	the satisfaction rating of a company or its products is the opinion of the customers, usually as expressed in online reviews that people write		<i>they were getting a high satisfaction rating for their shoes Japanese cars regularly top the customer satisfaction ratings the hotel got a satisfaction rating of 85% last year we need to improve our customer satisfaction rating by the end of the year</i>
swell	Verb	/swel/	πρήζομαι, φουσκώνω	if part of your body swells or if something swells it, it becomes bigger	swell up	<i>a disease that swells the feet and ankles my feet always swell up during a plane journey her hand swelled horribly after the wasp sting I could feel my foot starting to swell</i>

pp 52-53	POS	Pronunciation		Definition	Collocates	Examples	Word family
implement	Verb	/ˈɪmplɪˌment/	εφαρμόζω, υλοποιώ	if you implement a plan or course of action, you carry it out		<i>this policy will be implemented in the course of the next 12 months unfortunately, the plan was never implemented the government implemented an ambitious programme of reforms these guidelines have been successfully implemented by the majority of the schools in the city</i>	Noun: <i>implementation</i>

pp 54-55	POS	Pronunciation		Definition	Collocates	Examples	Word family
deforestation	Noun uncount	/diːˌfɒrɪˈsteɪʃ(ə)n	αποψίλωση	deforestation is the process of cutting down trees to clear the land for other uses		<i>deforestation can have a seriously bad effect on wildlife we need to slow down the rate of deforestation in South America the Pacific region is experiencing rapid deforestation along with all the problems that come with it</i>	Verb: <i>deforest</i> Adjective: <i>deforested</i>
household	Noun	/ˈhaʊsˌhəʊld/	νοικοκυριό	a household is a house or flat and all the people living in it		<i>over 3,000 households were without electricity for two hours last night the problem is worse for households with children a household name (a person or brand who is very famous) 70% of households in the city have one or more children under the age of 16</i>	
on the verge of	Phrase	/ɒn ðə vɜːdʒ ɒv/	στα πρόθυρα	if you are on the verge of doing something, you are about to do it but have not quite started yet	on the verge of doing something	<i>I was on the verge of quitting my job when my boss gave me a pay rise we were on the verge of bankruptcy rebel troops were on the verge of surrender the Roman Empire was on the verge of collapsing</i>	
retailer	Noun	/ˈriːˌteɪlə(r)/	έμπορος/κατάστημα λιανικής	a retailer is a shop where people can buy things		<i>one of the biggest High Street retailers of electrical goods an online retailer December is traditionally the best month for most retailers most retailers reported increased sales last month</i>	Verb: <i>retail</i> Noun: <i>retail</i>
under a spell	Phrase	/ˈʌndə ə spel/	μαγεμένος, υπό την επιρροή	if you are under someone's spell , you allow them to influence your decisions and do not make your own independent decisions		<i>I was under her spell for the first two months of university they behaved as if they were under a spell his aunt had him under a spell</i>	

p 56	POS	Pronunciation		Definition	Collocates	Examples	Word family
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diplomat	Noun	/ˈdɪpləmət/	διπλωμάτης	a diplomat is someone who represents their country, and who usually works in an embassy in a foreign country		she worked for 30 years as a diplomat before retiring to Devon an excellent diplomat who spoke several languages a school for the children of diplomats a senior Western diplomat called the proposal “unacceptable” a computer program that can mimic human speech patterns his speech patterns remind me a lot of his father	Adjective: diplomatic Noun: diplomacy
speech pattern	Noun	/spi:tʃ ˈpætən/	τρόπος ομιλίας	someone's speech pattern is the way their voice goes up and down as they speak. Everyone has a unique speech pattern that is different from everyone else's			
Unit 5 p 57	POS	Pronunciation		Definition	Collocates	Examples	Word family
affable	Adjective	/ˈæfəb(ə)l/	καταδεκτικός, φιλικός	someone who is affable is very friendly, relaxed, and easy to talk to		the staff here are very affable and eager to help Dan's an affable sort of chap – I'm sure you'll get on well with him she's intelligent, affable, and extremely clever he had an affable nature	Adverb: affably
cosy	Adjective	/ˈkəʊzi/	ζεστός, χουχουλιάρικος	if a place is cosy , it is warm, comfortable, and relaxing		it's lovely and cosy when everyone's sitting round the table a cosy little restaurant it was warm and cosy by the fire make yourself cosy and I'll bring you a cup of tea if you want to create a cosy atmosphere in a small room, go for darker colours	Adverb: cosily Noun: cosiness
grand	Adjective	/grænd/	μεγαλειώδης	if something is grand , it is big and impressive		the houses looked very grand a grand public building he's got grand plans two grand staircases go up to the top floor	Noun: grandeur
officious	Adjective	/əˈfɪʃəs/	αυταρχικός	someone who is officious applies rules in a very strict way, especially minor or trivial ones that do not really matter		an officious museum curator an officious steward told us we had to use the other entrance I don't know why you're being so officious about this a very officious doctor came and told me I had to make an appointment	
preconception	Noun	/ˌpri:kənˈsepʃ(ə)n/	προκατάληψη	your preconceptions are the ideas you have about something that often turn out to be wrong once you have had a chance to learn more about it	preconception about something	we all came to the theatre with different preconceptions of what to expect this book will challenge your own preconceptions I didn't have any preconceptions so I couldn't be disappointed you should approach the task without any preconceptions	
shape	Verb	/ʃeɪp/	διαμορφώνω, πλάθω	if you shape something, you have a strong influence over its development and over its final form		he wrote a book about how humans have shaped the landscape the battle shaped the course of events that led to the end of the war these changes profoundly shaped the lives of the villagers the character of the neighbourhood is shaped by the history and geography of the city	
wary	Adjective	/ˈweəri/	επιφυλακτικός, διστακτικός	if you are wary , you are slightly cautious about something or someone because you think they might cause problems or difficulties	wary of something/someone	he seemed wary of taking any risks she became increasingly wary of large dogs there are lots of reasons you should be wary he seemed wary of holding my hand	Adverb: warily Noun: wariness
pp 58-59	POS	Pronunciation		Definition	Collocates	Examples	Word family
carefree	Adjective	/ˈkeə(r)ˌfri:/	ανέμελος	someone who is carefree does not have any worries or responsibilities and behaves in a relaxed way		since he retired he's lived a carefree existence she had a carefree attitude to life we were young and carefree then we spent a carefree month in a cottage by the lake	
checklist	Noun	/ˈtʃekˌlɪst/	λίστα ελέγχου	a checklist is a list of things that you want or need to do		we only went there because it was on Sarah's checklist start writing your travel checklist today! that's another capital city I can cross off my checklist I haven't got a checklist – I'll just see where I feel like going every day	
day by day	Phrase	/deɪ baɪ deɪ/	μέρα με τη μέρα	if you do things day by day , you do not plan ahead but deal with things as they arise every day		he just took life day by day it's hard trying to get through things day by day	
disruption	Noun	/dɪsˈrʌpʃ(ə)n/	αναστάτωση, διατάραξη, διακοπή	if there is disruption , something happens that interrupts and spoils a situation		there's been disruption on the railways due to heavy snow measures will be taken to reduce disruption during the building works we suffered serious disruption to our Internet connection all afternoon	Verb: disrupt Adjective: disruptive
face to face	Phrase	/feɪs tuː feɪs/	πρόσωπο με πρόσωπο, κατά πρόσωπο, κατ' ιδίαν	if you deal with something with someone face to face , you are both in the same place at the same time, rather than talking by email or on the phone		we arranged to meet face to face I'd rather do this face to face, not by email we never actually met face to face Richard arrived to discuss the situation face to face	
flank	Verb	/flæŋk/	είμαι στο πλάι, συνοδεύομαι από	if something flanks a place or area, it lies to one side of it		the lagoon was flanked by majestic mountains the wide sandy bay is flanked by high cliffs two large towers flank the main entrance	
go from strength to strength	Phrase	/gəʊ frəm streŋθ tuː strɪŋθ/	πάω από το καλό στο καλύτερο, γίνομαι όλο και πιο ισχυρός	if something goes from strength to strength , it constantly improves and gets better		the company has gone from strength to strength since opening the new factory sales figures went from strength to strength despite the recession, the industry continued to go from strength to strength	
go hand in hand	Phrase	/gəʊ hænd ɪn hænd/	είμαι άρρηκτα συνδεδεμένος, πάω τακέτο, πηγαίνω μαζί	if two things go hand in hand , they each happen because of and with the help of the other	go hand in hand with something	her success went hand in hand with the hard work she had put in over the winter revolutionary art went hand in hand with revolutionary politics poor diet often goes hand in hand with increased levels of disease	

go on and on	Phrase	/gəʊ ɒn ænd ɒn/	μιλάω ασταμάτητα	if someone goes on and on about something, they talk about it without stopping in an annoying way		<i>he went on and on about the traffic on the M25 she's always going on and on about her trip to New York I wish you wouldn't go on and on about it so much</i>	
gorge	Noun	/ɡɔː(r)dʒ/	φαράγγι	a gorge is a very narrow valley with very steep sides		<i>the road through the gorge is incredibly beautiful the gorge ran for six miles before opening out the river runs through a heavily wooded gorge they finally built a bridge across the gorge</i>	
itinerary	Noun	/aɪˈtɪnərəri/	πρόγραμμα, πορεία, δρομολόγιο	an itinerary is a list of all the places that you will go to and activities you will do on a journey		<i>a busy itinerary have you seen the itinerary for tomorrow? you can see the itinerary on their web page I'm afraid the museum is not on the itinerary</i>	
neck and neck	Phrase	/nek ænd nek/	στήθος με στήθος, σώμα με σώμα, ισόπαλος	if competitors are neck and neck , they are both at the same stage in a race or competition and neither of them is winning yet		<i>they were neck and neck as they came to the last 100 metres with one day of the race left, it's still neck and neck the two main parties are neck and neck in the opinion polls</i>	
pretend	Verb	/prɪˈtend/	προσποιούμαι	if you pretend , you behave in a way that deliberately suggests something about you that is not true	pretend to do something pretend that	<i>they pretend to be someone different it's one of those TV programmes everyone pretends to hate we all pretended not to hear what he'd said she had decided to pretend that nothing had happened I had to pretend I really liked the film</i>	Noun: <i>pretence</i>
see eye to eye	Phrase	/siː aɪ tuː aɪ/	συμφωνώ, έχω την ίδια άποψη	if two people see eye to eye , they agree with each other about something	see eye to eye on something	<i>he hasn't always seen eye to eye with his neighbour we instantly saw eye to eye on several important issues I don't think we'll ever see eye to eye on this I'm glad we see eye to eye for once</i>	
smouldering	Adjective	/ˈsməʊldərɪŋ/	σιγοκαίω	something that is smouldering still has smoke coming off it because it has been on fire or has reached a very high temperature		<i>we explored a cave under the smouldering volcano we left the smouldering fire to go out overnight the fire was caused by a smouldering candle</i>	Verb: <i>smoulder</i>
pp 60-61	POS	Pronunciation		Definition	Collocates	Examples	Word family
anticipation	Noun uncount	/ænˈtɪsɪˈpeɪʃ(ə)n/	προσμονή	anticipation is the feeling of excitement you get when you think something pleasant or enjoyable is going to happen		<i>we arrived in Spain with a feeling of great anticipation the weeks before Christmas were full of anticipation he opened the door with pleasurable anticipation the air was full of excitement and anticipation</i>	Verb: <i>anticipate</i>
break	Noun	/breɪk/	απόδραση	a break is a short holiday when you go away somewhere	go on a break have a break a weekend/short break a city break	<i>we went on a weekend break to Paris special offer short breaks available if you book today I can't afford a break, even in Manchester</i>	
exhilarating	Adjective	/ɪɡˈzɪləˌreɪtɪŋ/	αναζωογονητικός, συναρπαστικός, απολαυστικός	something that is exhilarating makes you feel happy and excited		<i>a long but exhilarating trip to the mountains it's been an exhilarating weekend that was an exhilarating experience doing my job can be so exhilarating sometimes</i>	Adjective: <i>exhilarated</i>
expectation	Noun	/ˌekspekˈteɪʃ(ə)n/	προσδοκία	expectation is the feeling you have when you think you know what is going to happen		<i>the film exceeded all our expectations (was better than we thought it would be) unfortunately, the hotel did not meet our expectations if you keep your expectations reasonable, you won't be disappointed</i>	Verb: <i>expect</i>
head for	Phrasal verb	/hed ɹɔː/	κατευθύνομαι	if you head for somewhere, you start to travel in that direction		<i>I'm going to head for Manchester and try to get there by 10 are you heading for the station? the storm is now heading for Mississippi it's time we headed for home</i>	
holiday	Noun	/ˈhɒlɪdeɪ/	διακοπές	a holiday is a period of time when you do not have to work. If you go on holiday , you go and stay somewhere away from where you live in order to have a nice time	go on holiday	<i>we usually go to Spain on holiday have you been on holiday this year? where are you going on holiday? I only get two weeks' holiday a year a public holiday (a day when all the businesses in a country are closed for a special celebration) a summer holiday we had a lovely holiday in Wales</i>	
journey	Noun	/ˈdʒɜː(r)ni/	ταξίδι	if you go on a journey , you travel from one place to another, usually over a long distance	go on a journey a long journey	<i>how long does the journey take? I hope you had a good journey you must be tired after your long journey how was your journey? our journey began in London and ended in Sydney have a safe journey!</i>	
location	Noun	/ləʊˈkeɪʃ(ə)n/	τοποθεσία	a location is the place where something is		<i>our hotel was in a convenient location near the city centre the campsite was in a beautiful location we don't know the exact location of the ship the talks are taking place in a secret location</i>	
magical	Adjective	/ˈmædʒɪk(ə)l/	μαγικός, μαγευτικός	something that is magical is especially good and enjoyable in a way that is almost not real		<i>the cottage was a truly magical place a magical trip down the river Danube we spent a few magical days on the west coast of Scotland</i>	
make your way	Phrase	/meɪk jɔː weɪ/	προχωράω/κινούμαι προς, κατευθύνομαι	if you make your way somewhere or make your way to a particular place, you go there	make your way to somewhere	<i>the shop is closing in five minutes - will customers please make their way to the exit he made his way home slowly in the dark if you make your way to the information desk, someone will be able to help you there</i>	

manage	Verb	/ˈmænɪdʒ/	καταφέρνω να	if you manage to do something, you eventually do it, even though it might be quite difficult	manage to do something	<i>I haven't managed to save much money yet this year did you manage to get the tickets for the match on Saturday? we managed to find a hotel for less than £100 a night don't worry, I can manage on my own</i>	
overcharged	Adjective	/ˌəʊnə(r)ˈtʃɑː(r)dʒ/	υπερχρεώνω	if you are overcharged , someone tells you the wrong price for what you are buying and makes you pay too much		<i>be careful and don't get overcharged in the market I didn't realise I'd been overcharged until I got home and looked at the receipt if you paid 20 euros you were overcharged</i>	Verb: <i>overcharge</i> Opposites – Adjective: <i>undercharged</i> Verb: <i>undercharge</i>
popular	Adjective	/ˈpɒpjʊlə(r)/	δημοφιλής	if someone or something is popular , a lot of people like them		<i>he's very popular with his classmates a popular TV programme her music is very popular all over the world Miss Jenkins is a very popular teacher football is the most popular sport in this country the Harry Potter books are very popular</i>	Noun: <i>popularity</i> Opposite – Adjective: <i>unpopular</i>
ruin	Verb	/ˈruːɪn/	καταστρέφω	to ruin something means to spoil it completely		<i>there was a big argument which ruined the rest of the evening for me the rain ruined my shoes I know it will just ruin my life if I don't get in to university I was so late for the interview it ruined my chances of getting the job</i>	
set off	Phrasal verb	/set ɒf/	ξεκινώ για κάπου, αναχωρώ	if you set off , you start a journey	set off for somewhere set off on something	<i>Wilson set off up the mountain without a guide we set off for home at 5 it's time to set off she set off to walk the two miles back to her flat they set off on a three-day holiday trip to Edinburgh do you want something to eat before we set off?</i>	
sled	Noun	/sled/	έλκηθρο	a sled is an object people use to travel over snow. It has pieces of metal or wood instead of wheels so that it can slide and is usually pulled by animals such as dogs		<i>the sled was pulled by a team of six huskies (dogs) a horse-drawn sled the sled was loaded with tents and other equipment for the expedition</i>	
spoil	Verb	/spɔɪl/	χαλάω	to spoil something means to do something that stops it being good, pleasant, or enjoyable		<i>I don't want to spoil their fun, but I think they should have to stop before midnight Jen's parents were there the whole time which completely spoiled the party my new shoes got spoiled in the rain</i>	
spot	Noun	/spot/	σημείο	a spot is a particular place where someone or something is, or where something happens	a beauty spot a tourist spot	<i>this is the very spot where Lenin got off the train we chose a nice spot for the picnic this is a good spot to catch fish we visited all the popular tourist spots a beauty spot (a place which is very attractive, usually in the countryside) we parked in a shady spot under a tree</i>	
start out	Phrasal verb	/sta:t aʊt/	ξεκινώ για κάπου	if you start out on a journey, you begin it		<i>it was still dark when we started out in the morning they started out early in the hope of getting there for lunch what time did you start out?</i>	
stew	Noun	/stjuː/	στιφάδο, βραστό	stew is a dish consisting of meat and vegetables cooked slowly in a liquid sauce		<i>a beef stew cook the stew for at least three hours we're having stew tonight the stew's not ready yet</i>	
succeed	Verb	/səkˈsiːd/	πετυχαίνω, τα καταφέρνω	if you succeed , you complete what you were trying to achieve	succeed in doing something	<i>she doesn't stop until she succeeds at something we are determined to succeed I succeeded in getting a job in advertising if at first you don't succeed, try again she was determined to succeed where others had failed</i>	Noun: <i>success</i> Adjective: <i>successful</i>
swimming costume	Noun	/ˈswɪmɪŋ ˈkɒstjuːm/	ολόσωμο μαγιό	a swimming costume is a piece of clothing, especially one that covers the top half of your body apart from your arms, that you wear when you go swimming		<i>don't forget to pack your swimming costume a green and white swimming costume I got changed into my swimming costume, then walked down to the beach</i>	
swimsuit	Noun	/ˈswɪmˌsuːt/	μαγιό	a swimsuit is a piece of clothing you wear when you go swimming		<i>I forgot to bring my swimsuit she lay on the beach in her swimsuit a two-piece swimsuit</i>	
thrilling	Adjective	/ˈθraɪlɪŋ/	συναρπαστικός	something that is thrilling is extremely exciting		<i>the movie is a thrilling adventure set the in 23rd century the book describes their thrilling journey across three continents in a thrilling match, Italy beat Germany 3-1 meeting David Beckham was thrilling</i>	Adjective: <i>thrilled</i> Verb: <i>thrill</i>
trip	Noun	/trɪp/	ταξίδι	a trip is a journey you make somewhere		<i>how was your trip to Korea? did you have a good trip? we're planning a trip to see the Taj Mahal in India a three-week trip across the US the round trip took 12 hours (a journey that returns to where you started from) a day trip to Stratford (a trip for just one day) a school trip (an organised visit to somewhere interesting)</i>	
well-liked	Adjective	/wel-laɪkt/	αγαπητός, συμπαθής	if someone is well-liked , they are liked by a lot of people		<i>a well-liked TV personality he was well-liked in the town where he lived she was well-liked by everyone who met her</i>	
wonderful	Adjective	/ˈwʌndə(r)f(ə)l/	θαυμάσιος, υπέροχος	something that is wonderful is very good and you enjoy it very much		<i>we had a wonderful holiday the film was just wonderful the food was wonderful that's wonderful news! what a wonderful surprise we listened to some wonderful music</i>	

pp 62-63	POS	Pronunciation	Definition	Collocates	Examples	Word family
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a matter of time	Phrase	/ə ˈmætər ɒv taɪm/	θέμα χρόνου	if you say that it is only a matter of time before something happens, you mean that it is almost certain that it will happen		<i>it's only a matter of time before someone works out how to do it if he hasn't succeeded yet, it's just a matter of time until he does another economic crisis is only a matter of time</i> <i>I buy apples rather than pears as a matter of course I always have the windows open at night as a matter of course we will have to inform your parents about this as a matter of course</i>	
as a matter of course	Phrase	/æz ə ˈmætər ɒv kɔːs/	αυτόματα, από συνήθεια, ασυναίσθητα	if you do something as a matter of course , you do it without having to make a decision to do it because it is your habit or it is the most sensible or natural thing for you to do			
as a matter of principle	Phrase	/æz ə ˈmætər ɒv ˈprɪn səpl/	θέμα αρχής, για λόγους αρχής, κατ' αρχήν	if you do something as a matter of principle , you do it because you firmly believe it is the right thing to do and are not prepared to change your mind about it		<i>I never fly on a matter of principle we always buy local vegetables as on a matter of principle he made it a matter of principle to take the blame for any mistakes made by members of his team</i>	
for that matter	Phrase	/fɔː ðæt ˈmætə/	καθώς και, αλλά και για, ούτε και	you use for that matter to emphasize that what you have just said is just as important or equally true as what you said before it		<i>the books are ideal for children, and adults too for that matter this was uncomfortable for the horse, and the rider for that matter I don't eat beef, or any other red meat for that matter</i>	
marvel	Verb	/ˈmɑː(r)v(ə)l/	θαυμάζω	if you marvel at something, you look at it with a lot of admiration because it impresses you a lot	marvel at something	<i>I marvelled at the grand buildings in Petra visitors marvel at the gardens and the spectacular view over the lake I still marvel at the sight of St Basil's Cathedral on Red Square</i>	Adjective: <i>marvellous</i>
mind over matter	Phrase	/maɪnd ˈəʊnə ˈmætə/	ζήτημα θέλησης, η δύναμη του μυαλού, το πνεύμα υπερισχύει της ύλης	if you say something is a question of mind over matter , you mean that it is possible to control things like pain or discomfort by using your mind		<i>it might be a case of mind over matter, but it really hurts! come on Sam – mind over matter! You can do it the power of mind over matter got him through the last five miles of the marathon</i>	
no laughing matter	Phrase	/nəʊ ˈlɑːfɪŋ ˈmætə/	δεν είναι για γέλια, δεν είναι αστεία υπόθεση, δεν είναι να το παίρνεις αψήφιστα	if you describe a situation as no laughing matter , you mean it is very serious and important even though some people might think at first that it is funny		<i>getting lost in the mountains was no laughing matter giving someone the wrong dose of medicine is no laughing matter the threat of global warming is no laughing matter it's no laughing matter getting stuck in a lift</i>	
no matter which way you look at something	Phrase	/nəʊ ˈmætə wɪtʃ weɪ juː lʊk æt ˈsʌmθɪŋ/	όπως κι αν το δεις κανείς, από κάθε άποψη	when you are making a statement, you can emphasize that it is an accurate description of a situation by saying no matter which way you look at it		<i>no matter which way you look at it, climate change is a disaster waiting to happen he's going to have to resign after this, no matter which way you look at it it's terrible, no matter which way you look at it</i>	
painstaking	Adjective	/ˈpeɪnz ˌteɪkɪŋ/	επιμελής, επίπονος, ενδελεχής	if you do something in a painstaking way, you do it very thoroughly and carefully		<i>in the early years, it was slow and painstaking work the whole painstaking process of replacing the window took all afternoon she described her experiences in painstaking detail after a painstaking investigation, police announced that they had made an arrest</i>	Adverb: <i>painstakingly</i>
uncanny	Adjective	/ʌnˈkæni/	περίεργος, αφύσικος, μυστηριώδης	something that is uncanny is rather strange or mysterious and is difficult to explain		<i>he had an uncanny ability to know what I was about to say she bore an uncanny resemblance to her aunt I had an uncanny feeling that someone else was in the room she had an uncanny way of making us feel very welcome</i>	Adverb: <i>uncannily</i>
pp 64-65	POS	Pronunciation		Definition	Collocates	Examples	Word family
take precautions	Phrase	/ˈteɪk prɪˈkɔːʃənz/	παίρνω προληπτικά μέτρα	if you take precautions , you do something that will prevent something bad from happening to you or that will make the bad effect of something weaker	take precautions (against something)	<i>wear a scarf just as a precaution take precautions against germs as a sensible precaution against burglary, fit a burglar alarm the cinema had to be closed until they had taken adequate fire precautions</i>	Adjective: <i>precautionary</i>
bandage	Noun	/ˈbændɪdʒ/	επίδεσμος	a bandage is a long piece of cloth that you wrap around a part of your body that is injured		<i>we put a bandage on his knee I wrapped the bandage round his arm he had a bandage on his hand once the bandage is removed, you'll be able to have a shower the nurse came every day to change the bandages</i>	Verb: <i>bandage</i>
blurb	Noun	/blɜː(r)b/	συνοπτική περιγραφή βιβλίου	the blurb on the cover of a book is a short description of the book that is intended to make it sound interesting so that you will buy it		<i>according to the blurb, she wrote this in just three weeks the blurb on the back cover was very honest writing a blurb is harder than you'd think</i>	
compelling	Adjective	/kəmˈpelɪŋ/	συναρπαστικός, ενδιαφέρων	something that is compelling is so interesting that you want to know more about it. A story that is compelling is one that you are very keen to finish so that you can find out what happens in the end		<i>another compelling story from Denmark's favourite author action, adventure and romance make for a compelling read a book with a compelling narrative</i>	
convincing	Adjective	/kənˈvɪnsɪŋ/	πειστικός	something that is convincing succeeds in making you believe something that you did not believe at first		<i>it was a very convincing article she made a convincing case for staying in the EU his explanation was not at all convincing there is convincing evidence that climate change is happening now</i>	Verb: <i>convince</i> Adjective: <i>convinced</i>
destiny	Noun	/ˈdestəni/	μοίρα, πεπρωμένο	someone's destiny is all the things that will happen to them in the future, especially when they believe that they cannot influence these events but that they will happen whatever they do		<i>your destiny is to become a great leader sadly, you cannot choose your own destiny we met quite by chance, but it must have been destiny my father thought he had no control over his own destiny</i>	Adjective: <i>destined</i>

dismay	Noun uncount	/ˈdɪzˈmeɪ/	απόγνωση, απογοήτευση	dismay is sadness and disappointment about something bad or unpleasant that has happened	to someone's dismay with/in dismay voice your dismay	<i>the minister voiced her dismay the look on her face expressed dismay his death caused dismay among his friends Ruth shook her head in dismay to everyone's dismay, the singer failed to arrive</i>	Verb: <i>dismay</i> Adjective: <i>dismaying</i> Adverb: <i>dismayed</i>
far-fetched	Adjective	/ˌfɑː(r) ˈfetʃt/	παρατραβηγμένος, υπερβολικός	something that is far-fetched is so unlikely to be true that you do not believe it		<i>the plot was much too far-fetched it was a pretty far-fetched idea but they decided to try anyway perhaps her suggestion is not so far-fetched as I first thought</i>	
glance	Verb	/ˈɡlɑːns/	ρίχνω ματιά	if you glance at someone or something, you look at them briefly and then look away again		<i>I glanced at my watch she glanced nervously at the door Jed glanced round to make sure no one else was there she glanced down at her notes before continuing her speech</i>	Noun: <i>glance</i>
heavy-going	Adjective	/ˈhevi-ˈɡəʊɪŋ/	βαρύς	a book, film, article, etc that is heavy-going is very difficult to read or watch because it is not very exciting and you have to think very hard about it		<i>I find Arnold Bennett's books very heavy-going a heavy-going biography of Abraham Lincoln I gave up after twenty pages as it was so heavy-going</i>	
monk	Noun	/ˈmʌŋk/	καλόγερος, μοναχός	a monk is a man who is a member of a religious community living in a monastery and remaining separate from the rest of the world		<i>the monastery is home to a community of 45 monks the monks sold honey to shops in the nearby town some monks have to take a vow of silence (they are not allowed to speak to anyone)</i>	
prose	Noun uncount	/ˈprəʊz/	πεζογραφία	prose is writing that is not poetry		<i>most of Bunin's later work is prose, though he wrote a lot of poetry before the Revolution Amis has a remarkable prose style an elegant prose writer</i>	
sheer	Adjective	/ʃɪə(r)/	απόλυτος, και μόνο, από μόνο του	you use sheer to emphasise the great size, weight, or quantity of something	sheer complexity/scale/size/volume/number	<i>by sheer luck, we found a parking space straight away I was overwhelmed by the sheer complexity of the problem the sheer volume of information available has grown enormously the sheer quantity of floodwater was horrifying the sheer number of visitors is posing a threat to the area</i>	
stretched out	Adjective	/ˈstreɪtʃt aʊt/	απλωμένος, εκτείνομαι	if someone is stretched out , they are lying flat with their arms and legs straight		<i>he was lying stretched out on his back the beach was covered in sunbathers stretched out in the morning sun</i>	Phrasal verb: <i>stretch out</i>
strong-willed	Adjective	/ˌstrɒŋ ˈwɪld/	πεισματάρης, αποφασισμένος	someone who is strong-willed is very determined and does not let problems, difficulties, or criticism stop them from doing what they are trying to do		<i>he grew into a powerful and strong-willed young man she was strong-willed and very independent-minded both our children are incredibly strong-willed</i>	Opposite – Adjective: <i>weak-willed</i>
thought-provoking	Adjective	/ˈθɔːt prəˌvʊkɪŋ/	που προκαλεί σκέψη	something that is thought-provoking makes you think about it a lot		<i>we watched a really thought-provoking documentary last night a thought-provoking article in today's newspaper her poems are beautiful and very thought-provoking</i>	
trailer	Noun	/ˈtreɪlə(r)/	τρέιλερ	the trailer for a film is a few short sections of the film that are shown to advertise it and to give you an idea of what the film is like		<i>you can see the trailer for her latest film on YouTube I saw the trailer, and I've just got to see the film we had to sit through ten minutes of trailers before the main film came on</i>	
uneventful	Adjective	/ˌʌnɪˈventf(ə)/	ήσυχος, χωρίς εκπλήξεις, αδιάφορος	an uneventful period of time is not very exciting because nothing interesting happens		<i>the trip home was uneventful the rest of the morning was mostly uneventful after an uneventful visit to the museum we decided to go swimming in the afternoon</i>	Adverb: <i>uneventfully</i>
uninspiring	Adjective	/ˌʌnɪnˈspaɪərɪŋ/	αδιάφορος	something that is uninspiring does not make you feel interested or want to find out more about it but makes you feel bored		<i>it was a dull, uninspiring task an uninspiring film his teaching methods were old-fashioned and uninspiring a disappointing and thoroughly uninspiring exhibition</i>	Adjective: <i>uninspired</i>
virtue	Noun	/ˈvɜː(r)tʃuː/	αρετή	someone's virtues are their good qualities		<i>each character is very human in their virtues and their faults she has many virtues, but patience is not one of them he possesses the virtues of courage and loyalty</i>	Adjective: <i>virtuous</i>

pp 66-67	POS	Pronunciation		Definition	Collocates	Examples	Word family
grab	Verb	/ˈɡræb/	αρπάζω, βουτάω, παίρνω	if you grab something such as food or a drink, you take it from somewhere very quickly, especially because you are in a hurry		<i>I usually grab a quick coffee on my way to work there's no time for lunch; I'll grab a sandwich at the station can you grab me a coffee while I make a phone call? she grabbed a can of Coke on her way into the lecture let's stop here and grab a bite to eat (have some food)</i>	
pilgrim	Noun	/ˈpɪlɡrɪm/	προσκυνητής	a pilgrim is someone who goes to a holy place because they believe it is their religious duty, often walking there over a long distance		<i>more than 350 pilgrims arrived here last week the route has been followed by pilgrims for over 1000 years most of the people in the hostel were pilgrims on their way to Santiago</i>	Noun: <i>pilgrimage</i>
truth be told	Phrase	/truːθ biː təʊld/	για να είμαι ειλικρινής, εδώ που τα λέμε, για να πούμε τα πράγματα με το όνομά τους	you say truth be told to emphasise that you are saying what you really think or what is really true		<i>truth be told, I never liked the James Bond films I don't think Chelsea can win the cup, truth be told truth be told, I didn't really want the job anyway</i>	
p 68	POS	Pronunciation		Definition	Collocates	Examples	Word family
upmarket	Adjective	/ʌpˈmɑː(r)kɪt/	ακριβός, πολυτελείας, ανώτερης ποιότητας	upmarket goods or services are very expensive and are made for people who are prepared to spend a lot of money on them		<i>an upmarket restaurant in Pimlico an upmarket sports car brand there are several upmarket hotels by the harbour they tried to move their cars more upmarket to appeal to the American market</i>	

Unit 6 p 69	POS	Pronunciation		Definition	Collocates	Examples	Word family
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keep in shape	Phrase	/ki:p ɪn ʃeɪp/	διατηρούμαι σε φόρμα	if you keep in shape , you stay healthy and fit by doing exercise and eating a healthy diet		<i>you should get an exercise machine to help you keep in shape how do you keep in shape so well? do you have any suggestions on how to keep in shape over the winter? Ramsey keeps in shape by walking five miles before breakfast every morning</i>	
obsess	Verb	/əb'ses/	έχω εμμονή, ασχολούμαι συνέχεια με κάτι	if you obsess over something or someone, you think about them all the time and find it difficult to think about or do anything else	obsess over something	<i>he was constantly obsessing over his diet I started obsessing over the smallest details try not to obsess too much about your weight</i>	Adjective: <i>obsessed</i> Noun: <i>obsession</i> Adjective: <i>obsessive</i> Adverb: <i>obsessively</i>
work out	Phrasal verb	/wɜ:k aʊt/	γυμνάζομαι	if you work out , you do physical exercises to help you keep fit		<i>I work out three times a week at the gym she listens to music while she's working out working out is really rather boring – I'd rather go for a walk outside</i>	
pp 70-71	POS	Pronunciation		Definition	Collocates	Examples	Word family
backup	Noun	/'bækʌp/	αντίγραφο ασφαλείας	if you make a backup , you copy files from your computer, tablet, phone, etc onto another device in case your computer gets lost or becomes damaged		<i>a weekly backup don't switch the computer off until the backup has finished there was no backup so I lost all my photos when my phone was stolen the backup took nearly an hour</i>	Phrasal verb: <i>back up</i>
break-in	Noun	/breɪk-ɪn/	διάρρηξη	when there is a break-in , one or more criminals force their way into a building in order to steal things		<i>we had a break-in last night, but luckily they didn't take much I phoned the police to report the break-in police are investigating several break-ins in the Holmfirth area we've not had a break-in since the alarm was installed</i>	Phrasal verb: <i>break in</i>
drive-through	Adjective	/draɪv-θru/	ντράιβ - θρου, εστιατόριο όπου παραγγέλνεις μέσα από το όχημά σου	a drive-through restaurant, bank, shop etc is one where you drive in and get served without having to get out of your car		<i>a new drive-through restaurant on the Coventry Road she passed him his burger and fries through the drive-through window no fast food or drive-through restaurants are allowed in San Marino a drive-through ATM</i>	Noun: <i>drive-through</i>
fall back on	Phrasal verb	/fɔ:l bæk ɒn/	καταφεύγω, στρέφομαι σε	if you fall back on something, you use it to try and achieve what you are doing after a previous method failed		<i>they fell back on threats of violence after he refused to agree unable to explain, he fell back on his charm I had to fall back on my savings when the car needed replacing</i>	
far-off	Adjective	/'fɑ:r'ɒf/	μακρινός	something that is far-off is a long way away		<i>the story told of a king and queen in a far-off land he set off on a voyage to far-off islands in the Pacific you could see the far-off mountains from our hotel window the end of the route is still quite far-off</i>	
get out of	Phrasal verb	/ɡet aʊt ɒv/	ξεφεύγω	if you get out of a difficult or dangerous situation, you manage to escape safely		<i>it doesn't matter how much trouble he's in, he always manages to get out of it he got out of a jail sentence by giving evidence against his own brother</i>	
hit on	Phrasal verb	/hɪt ɒn/	ανακαλύπτω, μου έρχεται ιδέα	if you hit on an idea, you have the idea suddenly or unexpectedly		<i>he hit on the idea while he was on a skiing holiday in Zakopane they hit on the solution quite by chance</i>	
holistic	Adjective	/həʊ'lstɪk/	ολιστικός	a holistic approach to something considers all aspects of it, not just one or two		<i>I have a holistic approach to my health we need a holistic strategy to tackle the problem we shouldn't just focus on one part of the problem we should take a holistic view doctors should always try to get a holistic understanding of their patients a society that places a high value on holistic thinking</i>	
immune system	Noun	/ɪ'mju:n 'sɪstɪm/	ανοσοποιητικό σύστημα	your immune system is the way your body protects you from disease		<i>a healthy immune system can usually prevent active disease children build up their immune system gradually as they grow exercise can help boost your immune system (make it stronger) his immune system is much weaker now and he's more likely to get flu</i>	
keep up with	Phrasal verb	/ki:p ʌp wɪð/	ενημερώνομαι, μαθαίνω τα νέα	if you keep up with events or keep up with the news, you make sure that you regularly hear about all the latest developments		<i>I can't keep up with everything that's going on in the fashion world I'm happy to keep up with the news via social media I keep up with my brother on Facebook</i>	
put down to	Phrasal verb	/pʊt daʊn tu:/	αποδίδω	if you put something down to a particular reason, you are saying that that is the real reason why something happens		<i>Ray was in a bad mood, but his sister put it down to his lack of sleep most people put it down to me being lazy they live to a great age, and the book puts this down to their habit of taking exercise every morning</i>	
put off	Phrasal verb	/pʊt ɒf/	αποτρέπω, αποθαρρύνω, ξενερώνω	if something puts you off something, it makes you not want to do it	put someone off (doing) something	<i>the idea of all that cold water might put a lot of people off I felt so sick afterwards that it put me off smoking for life the smell from the kitchen put me off eating there don't let that one bad experience put you off golf</i>	Adjective: <i>off-putting</i>
set aside	Phrasal verb	/set ə'saɪd/	βάζω στην άκρη	if you set aside something such as time or money, you make sure that it is available for a particular purpose at some point in the future		<i>I set aside half an hour every morning for quiet contemplation how much time do you set aside for exercise each week? she sets aside 20% of what she earns so that she has enough to pay her tax bill at the end of the year the rest of the money was set aside in case we needed to do repairs</i>	

set up	Phrasal verb	/set ʌp/	στήνω, ιδρύω	if you set up something such as a business, you make all the necessary preparations for it to start and to work properly	<i>she wants to set up her own business when she finishes university I run the company now, but it was my father who set it up life was very hard when they were setting up the company they set up their first factory in Huddersfield 20 years ago</i>	
stop-off	Noun	/ˈstɒpˈɒf/	στάση	a stop-off is a break on a long journey when you stop travelling for a while before starting the journey again	<i>we had a four-hour stop-off in Dubai on the way to Australia the more stop-offs you take on the way, the longer it will take to get there while on a stop-off in Berlin, he met his future wife we went to see the Eiffel Tower during a stop-off in Paris last year</i>	Phrasal verb: stop off
strenuous	Adjective	/ˈstreɪnjuəs/	κουραστικός, επίπονος, κοπιώδης	strenuous activity is very hard physical activity	<i>after a lot of strenuous effort we got the wardrobe up to the second floor a strenuous five-mile hike across the hills we went for a walk in the afternoon – nothing too strenuous because we had the children with us regular strenuous exercise put a strain on his heart</i>	Adverb: strenuously
take off	Phrasal verb	/teɪk ɒf/	απογειώνομαι, αρχίζω	if an activity takes off , it starts to become popular and involve a large number of people	<i>hockey didn't take off here until after the Olympic Games in 2016 after two years, the business really took off he left acting after his music career took off the project finally took off in late autumn sales took off as demand for the product grew worldwide</i>	
take up on	Phrasal verb	/teɪk ʌp ɒn/	δέχομαι	if you take someone up on something, you agree to a suggestion, proposal, offer etc that they have made	<i>I'd like to take you up on your offer of a loan thanks, I might take you up on that I hope they take me up on the invitation no one took him up on his offer to cook dinner</i>	
tension	Noun	/ˈtenʃ(ə)n/	ένταση, πίεση	tension is a state when your body's muscles feel tight and stiff	<i>try yoga to reduce tension I sat in the bath for half an hour in an attempt to relieve the tension in my shoulders tension in the neck muscles can be very uncomfortable</i>	Adjective: tense
trendy	Adjective	/ˈtrendi/	μοδάτος, τρέντι	something which is trendy is very fashionable	<i>yoga is a very trendy form of exercise heart jewellery is very trendy among young people a district full of trendy bars and nightclubs a trendy hairstyle</i>	Noun: trend
under attack	Phrase	/ˈʌndər ə ˈtæk/	δέχομαι επίθεση	if someone or something is under attack , they are facing danger from people or things that want to harm them or to stop them succeeding	<i>your body is under attack from all sorts of bacteria all the time it was only when under attack that he realised what fear really felt like proposals for a minimum wage came under attack from the opposition the president gave a speech in which he said the American way of life was under attack</i>	

pp 72-73	POS	Pronunciation		Definition	Collocates	Examples	Word family
break	Verb	/breɪk/	σπάω, παθαίνω κάταγμα	if you break a bone in your body, you damage it very badly and it cracks or splits		<i>Simpson fell and broke his knee I think I've broken my arm she broke a leg when she went skiing Walters had to go to hospital when he broke his foot have you ever broken a bone?</i>	Adjective: broken Noun: break
bruise	Verb	/bruːz/	μελανιά	if you bruise a part of your body, your skin there goes purple and becomes painful after you knock against something or after something hits you with a lot of force		<i>don't hold me so firmly, you'll bruise my arm I bruised my leg when I fell off my bike he bruises very easily (his skin changes colour even after a very slight knock)</i>	Noun: bruise
bump	Verb	/bʌmp/	χτυπάω	if you bump a part of your body, it accidentally knocks against something and becomes painful		<i>I bumped my head against the doorway I bumped my knee on the table mind you don't bump your head I fell down and bumped my nose I'm always tripping over and bumping into things</i>	Noun: bump
chip	Verb	/tʃɪp/	σπάω, ραγίζω	if you chip a tooth, a small piece of the tooth comes away		<i>I've never eaten nuts since I chipped a tooth on a piece of shell she went to see the dentist a week after she chipped a tooth</i>	
graze	Verb	/greɪz/	γδέρνω, ξύνω	if you graze a part of your body, it gets scratched painfully but not very deeply		<i>she grazed her knee against the brick wall the bullet grazed his shoulder I slid down the stairs, grazing my legs quite badly</i>	Noun: graze
in a bad way	Phrase	/ɪn ə bæd weɪ/	σε κακή κατάσταση, άσχημα	if you are in a bad way , you are ill or injured and need time to recover		<i>he's in a bad way and still in hospital she sounded in a bad way when I spoke to her on the phone why don't you get some rest – you're obviously in a bad way</i>	
lose	Verb	/luːz/	χάνω	if you lose your voice , you are unable to speak or make any sounds because you have an infection in your throat		<i>the lecture was cancelled because Professor Higgins had lost his voice he caught a cold and almost immediately lost his voice the show finished early after the lead singer lost her voice</i>	
off colour	Phrase	/ɒf ˈkʌlə/	αδιάθετος	if you are off colour , you are feeling slightly ill		<i>I've been feeling a bit off colour all week so I'm going to see the doctor she was off colour all morning and now she seems to be worse Dan looks slightly off colour so we told him he can't go out tonight</i>	
on the mend	Phrase	/ɒn ðə mɛnd/	αναρρώνω, γίνομαι καλύτερα	if you are on the mend , you are recovering well from an injury or illness		<i>glad to hear you're on the mend she's been on the mend all week and will be back at work on Monday he's on the mend and looking forward to leaving hospital next week</i>	

pass out	Phrasal verb	/pɑːs aʊt/	λιποθυμώ	if you pass out , you suddenly become unconscious		<i>he nearly passed out when he saw the blood pouring out of his finger it was so hot on the bus I thought I was going to pass out the pain was so bad she passed out</i>	
pull	Verb	/pʊl/	τραβάω	if you pull a muscle, you injure it by stretching it too much		<i>he pulled a muscle five minutes before the match started, while he was warming up I've pulled my hamstring (the muscle at the top of my leg) she pulled her calf muscle (the muscle at the bottom of her leg)</i>	
rib	Noun	/rɪb/	πλευρό, παϊδί	your ribs are the 12 pairs of bones in the middle of your body that form a cage around your heart and chest	broken/fractured/sore/bruised ribs	<i>he cracked a rib playing rugby he left the field with a rib injury he suffered injuries to his rib cage a warning pain in his ribs made him stay still he was so thin you could see all his ribs my friend was badly injured with bruised ribs, black eyes and a fat lip</i>	
run down	Adjective	/rʌn daʊn/	εξαντλημένος, καταπονημένος	if you are run down , you are tired and have no energy because you have been working too hard or doing too much physical activity		<i>the doctor said I was run down and told me to rest for a couple of days you look run down – let me do the shopping today I felt so run down after working three weeks without a day off</i>	
shaken up	Adjective	/ˈʃeɪkən ʌp/	ταραγμένος	if you are shaken up , you are shocked because you have been in an accident of some sort, but not seriously injured	badly shaken up	<i>she's shaken up but they've let her out of hospital the accident left him badly shaken up and with a broken wrist Joe is still shaken up after the incident, but he'll be fine to go to school tomorrow the driver was killed instantly and the passengers in the back were badly shaken up</i>	
sprain	Verb	/spreɪn/	στραμπουλάω, παθαίνω διάστρεμμα	if you sprain your ankle or wrist, you damage it by twisting or stretching it too much		<i>they were nearly at the top of Mount Snowdon when she slipped and sprained her ankle you've probably just sprained it, but we'll do an X-ray to check I broke my arm and sprained my neck in the fall</i>	Noun: sprain Adjective: sprained
strain	Verb	/streɪn/	παθαίνω θλάση, καταπονούμαι, τραβάω	if you strain part of your body, you twist or stretch it too much and it is painful		<i>I strained my back reaching for the suitcase on top of the wardrobe mind you don't strain yourself doing too much gardening he strained a hamstring (the muscle at the top of his leg)</i>	Noun: strain
stub	Verb	/stʌb/	κοπανάω, χτυπώ, βαράω	if you stub your toe , your toe hits against something very painfully		<i>I stubbed my toe on the bedside table when I got up to answer the phone when you stub a toe, you think the pain is in your toe but actually it's in your head I stubbed the same toe the following night</i>	
under the weather	Phrase	/ˈʌndə ðə ˈweðə/	αδιάθετος	if you are under the weather , you are feeling slightly ill		<i>I'm a bit under the weather, but nothing serious she began to feel under the weather on Thursday, and by Saturday she had flu we took the dog to the vet as she was obviously under the weather</i>	

pp 74-75	POS	Pronunciation		Definition	Collocates	Examples	Word family
aesthetic	Adjective	/iːsˈθetɪk/	αισθητικός, αισθητική	aesthetic considerations are to do with beauty and the appreciation of beauty		<i>we made some aesthetic improvements to the dining room the new design has a strong aesthetic appeal from an aesthetic point of view, it was the best object in the exhibition</i>	Adverb: aesthetically
at face value	Phrase	/æt feɪs ˈvæljuː/	εκ πρώτης όψεως, τοις μετρητοίς, κυριολεκτικά, σοβαρά	if you take something at face value , you accept it and believe it even though it might not be true	take something at face value	<i>you shouldn't take what Johnson says at face value as a lawyer, I never take my clients' statements at face vale at face value, what he said sounded reasonable, but it became clear that he had been lying</i>	
coil	Noun	/kɔɪl/	σπείρα, ρολό, κουλούρα	a coil is a strip of a material such as metal or plastic that is bent into a shape that is a series of circles		<i>the rope was tidied away in a coil they use copper coils to make their necks longer wind it into a coil</i>	Verb: coil Adjective: coiled
complexion	Noun	/kəmˈplekʃ(ə)n/	επιδερμίδα, απόχρωση	your complexion is the appearance of your skin, and its natural colour and smoothness. If you have a glowing complexion , your skin is pinker than usual making you look very healthy and happy		<i>they returned from a weekend camping looking cheerful and with glowing complexions he had a fair complexion and blue eyes she had a beautiful, delicate complexion</i>	
face the music	Phrase	/feɪs ðə ˈmjuzɪk/	μου τα φέλνουν, αντιμετωπίζω τις συνέπειες των πράξεών μου, τρώω τιμωρία	if you face the music , you put yourself in a situation where you will be criticised or punished for something wrong that you have done		<i>I suppose we'd better go and face the music you should just go back and face the music we decided to face the music and admitted we had taken the car</i>	
foot-binding	Noun uncount	/fʊt-ˈbaɪndɪŋ/	φάσκιασμα/δέσιμο ποδιών	foot-binding is the practice of wrapping a bandage tightly round the foot of a growing child so that their feet will be very small even when they have grown up		<i>foot-binding is no longer carried out early explorers returned with stories of foot-binding and other strange practices</i>	
fuss over	Phrasal verb	/fʌs ˈəʊvə/	παραχαϊδεύω, περιποιούμαι ιδιαίτερα	if you fuss over someone, you pay them a lot of attention and treat them with a lot of care and consideration		<i>I watched her being fussed over on the hair salon stop fussing over me – I can do it myself it's fun to fuss over the people I love they're always fussing over their little dog</i>	
jaw	Noun	/dʒɔː/	σαγόني	your jaw is the two bones that go round the bottom of your face and that your teeth are attached to		<i>the boxer suffered a broken jaw in the second round my jaw is aching</i>	
keep a straight face	Phrase	/kiːp ə streɪt feɪs/	μένω σοβαρός/ανέκφραστος, σοβαρή έκφραση	if you keep a straight face , you manage not to laugh when something funny happens		<i>I couldn't keep a straight face when she said she spoke fluent Italian how can you watch that and keep a straight face? she tried to keep a straight face but you could see she was desperate to laugh</i>	

long face	Phrase	/lɒŋ feɪs/	κατεβασμένα μούτρα, κατσουφιάζω, κάνω μούτρα	if someone has a long face , they look very sad or disappointed		why the long face? Did you fail the driving test? he came home with a long face and went straight up to his room I could tell from her long face that things hadn't gone well
lose face	Phrase	/luːz feɪs/	πέφτω στην υπόληψη κάποιου, χάνω το κύρος μου, ρεζιλεύομαι, εκτίθεμαι	if you lose face , something happens that makes someone respect you a lot less than they did before		Johnson refused to apologise, clearly not wanting to lose face they weren't prepared to lose face in the negotiations I'll lose face if I tell them I've changed my mind
on the face of it	Phrase	/ɒn ðə feɪs ɒv ɪt/	επιφανειακά, εκ πρώτης όψεως	if you believe something on the face of it , you believe it even though you do not know all the important details and might change our mind when you know more		on the face of it, it sounds like a good idea this seems a smart move on the face of it on the face of it, electric cars seem like the best solution
preoccupy	Verb	/priːˈɒkjupaɪ/	με απασχολεί κάτι	if something preoccupies you, you think about it nearly all the time		these questions preoccupy politicians from all parties the search for beauty has preoccupied people for generations he's been preoccupied with planning his next novel
put a brave face on	Phrase	/pʊt ə breɪv feɪs ɒn/	κάνω κουράγιο, αντιμετωπίζω με θάρρος, υπομένω κάτι	if you put a brave face on something, you act as if things are all right when actually you are very disappointed or in a very difficult situation		he put on a brave face, but I could tell he was very worried she put a brave face on it, which is what she always did ministers were trying to put a brave face on the election results
quest	Noun	/kwest/	αναζήτηση, κυνήγι, εκστρατεία, περιπέτεια	a quest is a search for something	quest for something	his quest for adventure took him to the very centre of Australia her never-ending quest for the perfect wildlife photograph he began a lifelong quest to find the truth about his father's disappearance
scout	Noun	/skaʊt/	ανιχνευτής, κυνηγός (ταλέντων)	a scout is someone who tries to find people who could work for them, especially in the entertainment industry or in professional sport		a talent scout from Chelsea came to watch my son play football on Saturday he's a scout for a top model agency most football clubs have two or three scouts going round the country for them
shallow	Adjective	/ˈʃæləʊ/	ρηχός, επιπόλαιος, επιφανειακός	someone or something that is shallow is not concerned with serious or important ideas		I thought the film dealt with the topic in a very shallow way he has only a shallow understanding of the problem he made a shallow observation about the need for more security is the search for beauty simply a shallow quest?
status	Noun	/ˈsteɪtəs/	κύρος, πρεστίτζ, υπόληψη	someone's status is the role or position that they have in society, as seen by other people	high/low status	my grandfather's family had very low social status an Oxford degree gave her increased status when she went back to her home town the book achieved the status of a masterpiece
trait	Noun	/treɪt/	χαρακτηριστικό, γνώρισμα	a trait is a particular characteristic or quality that someone or something has	a personality trait	some personality traits lead people naturally into leadership roles this trait is common to most plants genetic traits can affect intelligence she possesses several physical traits that distinguish her from other members of her family
vanity	Noun uncount	/ˈvænəti/	ματαιοδοξία, έπαρση	vanity is the quality of being proud and thinking that you are very attractive or special in some way		products designed to appeal to female vanity a man of great vanity, constantly picking up a mirror and checking himself in it his headteacher described him as being entirely without vanity Donald's vanity was a major problem for his colleagues

pp 76-77	POS	Pronunciation		Definition	Collocates	Examples	Word family
accordingly	Adverb	/əˈkɔː(r)dɪŋli/	αναλόγως, ως εκ τούτου	you use accordingly to introduce something that is the result of what you have just said		accordingly, we recommend setting up a new scheme businesses must ensure they have planned accordingly keep an eye on the temperature and adjust the flame accordingly interest rates went up and accordingly so did my repayments	
admittedly	Adverb	/ədˈmɪtɪdli/	ομολογουμένως	you use admittedly to introduce something that makes what you have just said weaker or less significant		this analysis is admittedly not complete yet admittedly, we used a very small sample for the survey the excuse he gave is admittedly unbelievable	Verb: admit Noun: admission
conversely	Adverb	/ˈkɒnvɜː(r)sli/	αντιθέτως, από την άλλη πλευρά	you use conversely to introduce a fact or idea that is the opposite of what you have just said or referred to		if they succeed, they'll get a bonus. Conversely, if they fail their fee will drop by 5% the album has some great tracks, but conversely has some notable low points the most effective solution, though conversely the cheapest, was to use plastic drainpipes	Noun: converse
monitor	Verb	/ˈmɒnɪtə(r)/	παρακολουθώ, επιβλέπω	if you monitor a situation, you make sure you know what is happening all the time so that you are ready to take action as soon as it is necessary		police are monitoring the situation at the airport very closely we strictly monitor the amount of water we use we use remote cameras to monitor the traffic in the city centre	
overall	Adverb	/ˌəʊvərˈɔːl/	συνολικά, γενικά, σε γενικές γραμμές	you use overall to introduce a statement about the general truth of a situation		she finished second overall overall, it was a disappointing match prices overall have risen by 40% in the last 10 years overall, the new rules have had little effect	
pilot scheme	Noun	/ˈpaɪlət skiːm/	πιλοτικό σχέδιο/πρόγραμμα	a pilot scheme is a project that is carried out as an experiment to see if the basic idea is a good one before deciding on whether to continue on a larger scale		the pilot scheme was abandoned after only three weeks the pilot scheme was a great success and we are now introducing the system in all our regional centres the tax office is running a pilot scheme in Newcastle, Stoke on Trent, and Weston-super-Mare the committee proposed a one-year pilot scheme be launched in January	

premium	Noun	/ˈpriːmiəm/	ασφάλιστρα	a premium is the amount of money you pay to an insurance company for an insurance policy		<i>smokers should pay higher health insurance premiums the premium went up by 4% this year insurance premiums for drivers under 25 are incredibly high the reason healthcare premiums are increasing is very simple – there are more old people</i>
respondent	Noun	/rɪˈspɒndənt/	ερωτηθείς, συμμετέχων, αυτός που απαντάει	a respondent is someone who answers the questions in a survey		<i>well over half the respondents lived in the south of the country the opposite view was held by just 12% of respondents seven respondents said they would not walk alone in the street at night the survey asked respondents three questions about income tax</i>

pp 78-79	POS	Pronunciation		Definition	Collocates	Examples	Word family
apathy	Noun uncount	/ˈæpəθi/	απάθεια, αδιαφορία	apathy is an attitude in which someone does not care about what is happening and does not bother doing anything to change or improve a situation		<i>apathy is one of the biggest problems facing politicians during an election the proposal was greeted with apathy by most of the committee members a feeling of apathy swept over him unfortunately, his family shows a general apathy towards his well-being</i>	Adjective: <i>apathetic</i>
awkwardly	Adverb	/ˈɔːkwə(r)dli/	αδέξια, άγαρμπα	if you do something awkwardly , you do it badly and in a way that might lead to you hurting yourself		<i>I fell awkwardly and hurt my elbow his knee twisted awkwardly and he fell sideways I landed awkwardly and sprained my ankle</i>	Adjective: <i>awkward</i>
draft	Noun singular	/draːft/	(επί)στράτευση	the draft is the obligation in some countries for people to spend a year or more in their country's army	draft dodger	<i>they no longer have the draft in the US her brother was a draft dodger (someone who deliberately and illegally avoids having to be in the army) who lives in Sweden now a lot of people think we should bring back the draft without a draft, we have an entirely volunteer army</i>	Verb: <i>draft</i>
footage	Noun uncount	/ˈfʊtɪdʒ/	πλάνο	footage is a length of film that has been recorded		<i>the documentary includes footage of Trotsky with Lenin on Red Square TV footage showed police surrounding the house footage has emerged online of the prisoners begging to be released the jury watched footage of the truck smashing its way through the door of the jeweller's shop</i>	
stuntman	Noun	/ˈstʌntmən/	κασκαντέρ	a stuntman is an actor who is filmed doing dangerous physical actions in place of another actor in order to make sure the other actor does not get hurt		<i>they wouldn't let him film the scene himself and insisted on using a stuntman they couldn't find a stuntman who was the same height he'd hurt his back working as a stuntman some actors refuse to have a stuntman</i>	

p 80	POS	Pronunciation		Definition	Collocates	Examples	Word family
inevitable	Adjective	/ɪnˈevɪtəb(ə)l/	αναπόφευκτος	something that is inevitable , usually something unwanted, cannot be avoided and is bound to happen		<i>back pain is an inevitable result of walking on two feet by June 1939 everyone knew that war was inevitable it was almost inevitable that he would lose the election</i>	Adverb: <i>inevitably</i> Noun: <i>inevitability</i>
preventive	Adjective	/prɪˈventɪv/	προληπτικός	something that is preventive is meant to stop the bad effects of something from happening	preventive measure preventive medicine	<i>if you take preventive measures, you can reduce the risk of heart attack a firm believer in preventive healthcare we need to spend more on preventive medicine (to stop becoming ill rather than treating them after they have become ill) the best preventive control is to keep the walls as dry as possible</i>	Verb: <i>prevent</i> Noun: <i>prevention</i>
sedentary	Adjective	/ˈsed(ə)nt(ə)ri/	καθιστικός	a sedentary existence, job, routine, etc is one in which you do not do any physical activity		<i>lower back pain is a result of our sedentary habits a sedentary lifestyle we're not designed to be sedentary, we need to do some regular exercise she had a sedentary job so made sure she went to the gym three times a week</i>	

Unit 7 p 81	POS	Pronunciation		Definition	Collocates	Examples	Word family
detract from	Phrasal verb	/dɪˈtrækt frɒm/	μειώνω/αφαιρώ από, υπονομεύω, αναιρώ	if something detracts from something else, it makes it seem worse than it really is		<i>this should not detract from the reality of the change that is happening we mustn't let this detract from our other achievements attempts to cut costs without detracting from the level of service provided</i>	Noun: <i>detractor</i>
moderation	Noun uncount	/ˌmɒdəˈreɪʃ(ə)n/	μετριοπάθεια, με μέτρο	moderation is behaviour or activity that is not extreme. If you do something in moderation , you do it a certain amount but not too much	in moderation	<i>that's all fine so long as it's done in moderation moderation in everything is what he always advised she showed the same moderation in politics as she did in her private life he spoke with much greater moderation than many other opponents of the proposal</i>	Adjective: <i>moderate</i> Adverb: <i>moderately</i> Verb: <i>moderate</i> / 'mɒdəreɪt/
post	Verb	/pəʊst/	ταχυδρομώ	if you post a letter, you send it to someone in an envelope with a stamp on it so that it will be delivered to them. When you post something on the Internet, you put it on a website so that lots of people can see it if they want to		<i>she posted lots of photos of her holiday on Facebook he's always posting comments on newspaper stories on the web pictures of the demonstration were posted online while it was happening can you post this letter for me if you're going out?</i>	Noun: <i>post</i>
take over	Phrasal verb	/teɪk ˈəʊnə/	αναλαμβάνω, παίρνω τον έλεγχο, καταλαμβάνω, κάνω κουμάντο	if something takes over your life, it has a strong influence over you and controls you so that you think about it a lot or do it a lot		<i>don't let social media take over your life he let his enjoyment of football take over, and spent every weekend going to matches</i>	

upload	Verb	/ˈʌpˌləʊd/	ανεβάζω, μεταφορτώνω	if you upload photos, audio files, etc you transfer them from your personal computer, tablet, or phone to a site on the Internet where other people will be able to find them and see them		<i>it's easy to upload your photos it took nearly an hour to upload all my video files we'll email you instructions on how to upload your files</i>	Noun: <i>upload</i> Opposites – Verb: <i>download</i> Noun: <i>download</i>
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pp 82-83	POS	Pronunciation		Definition	Collocates	Examples	Word family
emoji	Noun	/ɪˈmeʊdʒi/	emoji, φατσούλα	an emoji is a small picture that people add to text messages, Facebook posts, Tweets, etc that express an emotion or that represent something that is being mentioned		<i>her text messages seem to be more emojis than words the reply came back. A smiley emoji an emoji of clapping hands</i>	
flip	Verb	/flɪp/	γυρίζω, αναποδογυρίζω, στρίβω	if you flip something, you turn it so that it is facing in the opposite direction		<i>flip the view on your phone to see the image you are taking she flipped the envelope over and wrote my phone number on the back the boat flipped over in the stormy sea</i>	
grasshopper mind	Noun	/ˈgrɑːsˌhɒpə maɪnd/	πηδάω από το ένα θέμα στο άλλο, ασυγκέντρωτος, έχω μνήμη χρυσόψαρου	if someone has a grasshopper mind , they cannot concentrate on anything for long and start thinking about different things all the time		<i>some people believe digital media have given us all grasshopper minds Orson Welles was called a genius with a grasshopper mind my French teacher told me I had a grasshopper mind</i>	
hashtag	Noun	/ˈhæʃˌtæɡ/	ετικέτα, χάσταγκ	a hashtag is a word or short phrase, usually with a # symbol in front of it, used on social media sites to say what a post, tweet, etc is about		<i>use the hashtag #tedtalk when you tweet about it please send your comments using the hashtag #worldcup2022 first there were Twitter hashtags, now most social media sites use them</i>	
indispensable	Adjective	/ˌɪndɪˈspensəb(ə)l/	απαραίτητος	something that is indispensable is so useful or important that you cannot do without it		<i>a dictionary is an indispensable tool for language learners the Internet has become an almost indispensable source of up-to-date news two indispensable ingredients are tomatoes and onions</i>	
initial	Adjective	/ɪˈnɪʃ(ə)l/	αρχικός	an initial idea or action is one that comes at the beginning of a situation, and which later changes		<i>the initial ban was introduced in 2006 the police made an initial breakthrough the initial stages of the illness his initial reaction was positive after an initial success, the business failed in 2009 initial estimates placed total damage in the area at £40m</i>	Adverb: <i>initially</i>
outclass	Verb	/ˌaʊtˈklaːs/	υπερέχω, υπερτερώνω	if you outclass someone, you perform much better than they do in a competition		<i>she completely outclassed her opponent we were outclassed by a much better team Tottenham simply outclassed Real Madrid they were hopelessly outclassed in the second half</i>	
outgrow	Verb	/ˌaʊtˈɡrəʊ/	ξεπερνά, δεν χωράω, παραμεγαλώνω	when children outgrow their clothes, the clothes stop fitting them properly because the children are growing bigger		<i>we bought him some boots in September and he'd outgrown them by February he'd outgrown his school trousers and couldn't do them up at the waist when I outgrew my clothes, my mum used to give them to the neighbour's son</i>	
outlive	Verb	/ˌaʊtˈlɪv/	ζω περισσότερο, θάβω	if you outlive someone, you live longer than they do and carry on living after they have died		<i>she outlived her husband by 15 years I never thought I'd outlive my own daughter females tend to outlive males in many animals, including humans</i>	
outnumber	Verb	/ˌaʊtˈnʌmbə(r)/	υπερέχω αριθμητικά	if one group of people or things outnumbers another, there are more people in the first group of people or things than in the other one		<i>the restaurant was so quiet the staff outnumbered the customers women selfie-takers outnumber men the British troops were heavily outnumbered by 1925 New York City's population outnumbered that of London</i>	
outsell	Verb	/ˌaʊtˈsel/	ξεπερνά σε πωλήσεις, κάνω υψηλότερες πωλήσεις	if one item outsells another, people buy more of the first item than the second one		<i>iPhones outsold Samsung in the first half of the year diesel cars used to outsell the petrol equivalents e-books outsold hardback books last year</i>	
outweigh	Verb	/ˌaʊtˈweɪ/	υπερτερώνω, είμαι πιο σημαντικός	if one consideration outweighs another, it is considered to be more important or useful than the other thing	far outweigh something outweigh the benefits/advantages/disadvantages	<i>I think the negatives far outweigh the positives it seems these fears are outweighed by real concern about rising food costs but the possible gains outweigh any risks that might be made the needs of the group outweigh the needs of the individual the benefits of quitting smoking outweigh the disadvantage of weight gain</i>	
pose	Noun	/pəʊz/	ποζάρω, πόζα	if you pose for a photograph, you stand or sit in the way that you want the photograph to show you. The way you stand or sit is your pose	strike a pose	<i>she struck a pose outside the cathedral he was photographed in various poses can you hold that pose while I change the lighting?</i>	Verb: <i>pose</i>
pp 84-85	POS	Pronunciation		Definition	Collocates	Examples	Word family
alongside	Preposition	/əˈlɒŋˌsaɪd/	παράλληλα, μαζί με	you use alongside to mention something else that exists or happens at the same time or in the same place as something else		<i>a radio station that plays classical music and opera alongside modern pop and rock our students work on an extended project alongside their weekly assignments can we achieve proper environmental protection alongside economic growth?</i>	
ballpark	Noun	/ˈbɔːlˌpɑː(r)k/	στο περίπου, χονδρικά, πάνω κάτω	you use ballpark to refer to figures that you are guessing, and that you think are approximately correct but are not exact	a ballpark figure	<i>how much will it cost? Give me a ballpark figure the concert hall cost somewhere in the ballpark of \$20 million I can give you a ballpark figure over the phone it will cost £250, or somewhere in that ballpark</i>	

best practice	Noun	/best ˈpræktɪs/	βέλτιστη πρακτική	best practice is the way of doing something that is recommended and that will be the most effective		<i>always follow best practice when setting up the project a workshop to explore best practice in the leisure industry this article describes best practices for companies considering this approach the team were trained in best practices</i>	
buy into	Phrasal verb	/baɪ ˈɪntuː/	πείθομαι, επενδύω, το τρώω, το χάβω, τσιμπάω	if you buy into an idea, you accept it and become enthusiastic about it		<i>we want customers to buy into our story I'm not sure I want to buy into this strategy not everyone bought into the proposals</i>	
customer-focused	Adjective	/ˈkʌstəmə-ˈfəʊkəst/	με επίκεντρο τον πελάτη, πελατοκεντρικός	if a company is customer-focused , it makes sure that it considers the needs of its customers and provides them with good service and with what they want		<i>if you're not customer-focused, you won't survive these days creating a customer-focused culture is essential a customer-focused website will help you build a loyal following our department is customer-focused and well-organised</i>	
going forward	Adverb	/ˈgəʊɪŋ ˈfɔːwəd/	μελλοντικά, στο μέλλον	some people say going forward when they mean “in the future”. No one knows why		<i>we're planning to expand the business operation going forward what does this mean for the company going forward he needs to accept responsibility going forward how will this help our customers going forward?</i>	
in the loop	Phrase	/ɪn ðə luːp/	ενήμερος, ενημερωμένος, μέσα στα πράγματα	if you keep someone in the loop , you give them information about how a situation is developing so that they are always aware of what is happening		<i>keep me in the loop, while I'm away, will you I'm not in the loop any more now that I don't live in Manchester if you'd kept me in the loop I might have been able to stop this happening</i>	
loyal	Adjective	/ˈlɔɪəl/	πιστός	someone who is loyal supports someone or something reliably and without changing	fiercely loyal loyal support remain loyal (to someone or something)	<i>luckily we have a large number of loyal customers he's very loyal — always there for you when you need him only a few remained loyal to the prime minister you can be sure of our loyal support 25 years' loyal service to the company she is fiercely loyal to her family and her job</i>	Adverb: <i>loyally</i> Noun: <i>loyalty</i> Opposite – Adjective: <i>disloyal</i>
not rocket science	Phrase	/nɒt ˈrɒkɪt ˈsaɪəns/	δεν είναι πυρηνική φυσική, δεν χρειάζεται πολύ μυαλό για να καταλάβει κανείς	if you say that something is not rocket science , you mean that it is very easy to understand		<i>look, it's not rocket science. Just add the three numbers together filling shelves in the supermarket isn't rocket science even you should be able to learn how to do it. It's not rocket science</i>	
on the same page	Phrase	/ɒn ðə seɪm peɪdʒ/	στο ίδιο μήκος κύματος	if people are on the same page , they are in agreement about something		<i>OK. It looks as though we're all on the same page everybody was on the same page so the meeting went very well it's clear that Ric and Denis are on the same page, even if no one else is</i>	
reality check	Noun	/rɪ(ː) ˈæltɪ tʃek/	επιστροφή στην πραγματικότητα, ταρακούνημα, έρχομαι στα συγκαλά μου, τελειώσαν τα ψέματα	a reality check is something that makes you realise the difficulty of what you are trying to do		<i>after this reality check we revised our plans seeing how much progress our rivals had made was a big reality check thanks for the reality check. I hadn't thought of that</i>	
think outside the box	Phrase	/θɪŋk ˌaʊtˈsaɪd ðə bɒks/	αντισυμβατική/δημιουργική σκέψη, σκέφτομαι έξω από τα τετριμμένα, σκέψη έξω από νόρμες και κανόνες	if you think outside the box , you think very creatively and come up with ideas that are unexpected but very effective		<i>we need to think outside the box if we want to find the solution students were encouraged to think outside the box she's always thinking outside the box and making interesting suggestions</i>	
win-win	Noun	/wɪn-wɪn/	αμοιβαίο όφελος, όλοι κερδίζουν	a win-win or a win-win situation is one in which everyone involved gains something, and nobody loses		<i>he promised us it would be a win-win situation the proposal looked like a win-win for everyone the result was a win-win all round</i>	
worthy	Adjective	/ˈwɜː(r)ði/	άξιος	if something is worthy , it is good and deserves to be admired	worthy of something	<i>the campaign has clear and worthy objectives Murray was a worthy winner of the tournament the poem is worthy of closer examination the proposal was worthy of serious consideration</i>	Opposite – Adjective: <i>unworthy</i>

pp 86-87	POS	Pronunciation		Definition	Collocates	Examples	Word family
amateur	Noun	/ˈæmətə(r)/	ερασιτέχνης	an amateur is someone who is doing something that they are not trained for and that is not their job		<i>he was an enthusiastic amateur on the guitar we were all amateurs, but I think we made a great job of designing the gardens</i>	Adjective: <i>amateur</i>
break even	Phrase	/breɪk ˈiːvən/	ρεφάρω, έρχομαι μία ή άλλη, κάνω απόσβεση, ισοσκελίζω, ισοφαρίζω	if you break even , you do not spend more money than you receive, but you do not receive more than you spend		<i>we didn't make a profit, but at least we broke even after two years of making a loss it was something of a success to break even this year we still need another £20,000 of sales just break even</i>	
break the back	Phrase	/breɪk ðə bæɪk/	τρώω τον γαίδαρο, διεκπεραιώνω το μεγαλύτερο μέρος εργασίας, φέρνω βόλτα	if you break the back of a difficult or long task, you succeed in doing enough of it to be confident that you will be able to carry on and finish the job properly		<i>it's a long job, but we've broken the back of it now by mid-afternoon we'd broken the back of it and finally stopped for something to eat another couple of hours and we'll have broken the back of it</i>	
break the bank	Phrase	/breɪk ðə bæŋk/	ξεπαραδιάζομαι, χαλάω μια περιουσία, μένω ταππί	if you do something that doesn't break the bank , you spend money that you can afford to spend and do not have financial problems as a result		<i>a visit to Australia won't break the bank we had a great holiday, and without breaking the bank replacing the car nearly broke the bank</i>	
break the habit	Phrase	/breɪk ðə ˈhæbɪt/	κόβω τη συνήθεια	if you break the habit , you stop doing something that you always or regularly do		<i>try to break the habit of putting sugar in your coffee a good way to break the habit of eating too quickly is to put your knife and fork down after every mouthful he broke the habit of a lifetime and volunteered to join the club committee</i>	

break the news	Phrase	/breɪk ðə njuːz/	λέω τα νέα/τα κακά μαντάτα	if you break the news , you tell someone about something that has just happened, especially something surprising or shocking		<i>the manager broke the news that the factory was going to close break the news to him gently. It will be a terrible shock to him they finally broke the news to her that Daniel's plane had crashed the hardest thing I ever did was break the news of my father's death to my mother</i>	
dimly-lit	Adjective	/ˈdɪmli-lɪt/	με χαμηλό φωτισμό	a dimly-lit room or building has a very low level of artificial lighting so that it seems quite dark		<i>we went down some steps into a dimly-lit club the restaurant was dimly-lit and I could hardly read the menu they walked through a dimly-lit hall before arriving at the bottom of the stairs</i>	
gross	Adjective	/grəʊs/	κατάφωρος, κραυγαλέος	a gross action is one that is seriously bad and unacceptable		<i>the article was a gross misrepresentation of what I said in the interview it was a gross invasion of privacy he was dismissed for gross misconduct (for very seriously bad behaviour at work) the patient died as a result of gross negligence by the hospital a gross violation of their human rights</i>	
handcuffs	Noun	/ˈhæn(d)ˌklɪfs/	χειροπέδες	handcuffs are two metal rings linked by a chain that are put round someone's wrists to restrict the way they can move their arms and hands. Handcuffs are used by the police on people after they have arrested them	in handcuffs	<i>the two men were led away in handcuffs the prisoners wore handcuffs they took the handcuffs off and put me in a cell they held his arms behind his back then put the handcuffs on him</i>	Adjective: <i>handcuffed</i> Verb: <i>handcuff</i>
mesmerizing	Adjective	/ˈmezməˌraɪzɪŋ/	καθηλωτικός, σαγηνευτικός, μαγευτικός	something that is mesmerizing is so fascinating or mysterious that you cannot pay any attention to anything else that is happening around you		<i>her performance as Cleopatra was mesmerizing he was struck by the mesmerizing beauty of the old city the view from the top of the mountain was mesmerizing the sunsets you can see from here are truly mesmerizing</i>	Adjective: <i>mesmerized</i>
misrepresentation	Noun	/ˌmɪsˌrɛprɪzenˈteɪʃən/	παραπλάνηση, ψευδής παράσταση γεγονότων ως αληθινών, παραπλανητική περιγραφή	a misrepresentation is a statement that is wrong or inaccurate		<i>that's a plain misrepresentation of what I said! a lie is a deliberate misrepresentation of facts it was an entirely innocent misrepresentation and no harm was intended</i>	Verb: <i>misrepresent</i>
plug	Verb	/plʌɡ/	βουλώνω, κλείνω	if you plug a hole, loophole, etc, you do something to repair a weakness or fault in a system so that it works more securely		<i>once they are aware of the weaknesses, they can take action to plug the holes the government are determined to plug the loopholes in the tax system</i>	
retrieve	Verb	/rɪˈtriːv/	ανακτώ, φέρνω πίσω, βρίσκω	if you retrieve something, you get it back from where it has been for a while		<i>he retrieved his passport from the hotel reception desk some bodies were retrieved from the water a week later I had to go back to the office to retrieve my briefcase</i>	
ripped	Adjective	/rɪpt/	σχισμένος	ripped clothes have been torn in places, either by accident, or deliberately because it is fashionable		<i>a pair of ripped jeans it is common to see students with ripped shirts on campus</i>	
strewn	Adjective	/struː/	σπαρμένος	if things are strewn somewhere, they are spread around in an untidy way		<i>the room was filthy and clothes were strewn everywhere a litter strewn beach unwashed dishes and plates were strewn around the woods were strewn with fallen leaves</i>	
vast	Adjective	/vɑːst/	απέραντος, αχανής	something that is vast is extremely big		<i>they've destroyed vast areas of land they travelled a vast distance to get here Canada is a vast country north of the United States a vast region with no roads</i>	Noun: <i>vastness</i>
vulnerable	Adjective	/ˈvʌln(ə)rəb(ə)l/	ευάλωτος	if someone is vulnerable or in a vulnerable position, they can be hurt or upset easily	feel/remain vulnerable be vulnerable to something	<i>more help is needed for vulnerable teenagers I'm feeling a slightly vulnerable at the moment children who are vulnerable to abuse some families are more vulnerable to social change than others the elderly are among the most vulnerable in today's society plans to support vulnerable groups such as young people</i>	Noun: <i>vulnerability</i> Opposite: <i>invulnerable</i>

pp 88-89	POS	Pronunciation		Definition	Collocates	Examples	Word family
arguably	Adverb	/ˈɑː(r)ɡjuəbli/	αναμφίβολα, κατά πάσα πιθανότητα, κατά πολλούς	if you say that something is arguably the case, you mean that there are very good reasons for believing it to be true		<i>his second novel was arguably better than his first that was arguably the best cup final since 1987 this is arguably the most spectacular scenery on the west coast arguably the worst president in the history of the USA</i>	Adjective: <i>arguable</i> Verb: <i>argue</i>
blend	Verb	/blend/	ταιριάζω, δένω, αναμιγνύομαι	if something blends into the background or into its surroundings, or if it blends in, it is similar to the things around it so that you do not always notice it is different from them		<i>it can easily blend into the background the new library blended into its surroundings their dark green colouring lets them blend into their environment I chose the plants for the garden deliberately so they would blend in</i>	
commission	Noun	/kəˈmɪʃ(ə)n/	παραγγελία, ανάθεση	a commission is an order from a customer for someone to make something for them, especially a work of art like a painting or a musical composition		<i>he's received a commission to do a similar painting for a gallery in Santiago she doesn't do commissions, but you can buy any of her work online I can't afford to turn down the commission she has received several significant public commissions</i>	Verb: <i>commission</i>
creature	Noun	/ˈkriːtʃə(r)/	πλάσμα, ον	a creature is any kind of animal, especially one that is unusual or that you do not know or recognise		<i>are there any poisonous creatures in your country? birds are not the only creatures you'll see in the woods it's amazing how many creatures live under the house there were hundreds of tiny creatures swimming in the water</i>	

emit	Verb	/ɪˈmi:t/	εκπέμπω, εκλύω	to emit light, sound or other forms of energy is to release them into the atmosphere		<i>the light is emitted in waves all computers emit a small amount of radiation such machines emit electrical waves up to 40 metres in length</i>	
glowing	Adjective	/ˈgləʊɪŋ/	λαμπερός, φωτεινός	if something is glowing , it is shining with a soft, not very bright light		<i>glowing blue waves the glowing light on the TV remote control in the distance we could see the glowing lights of Edinburgh</i>	Verb: <i>glow</i> Noun: <i>glow</i>
ironic	Adjective	/aɪˈrɒnɪk/	η ειρωνεία είναι	something that is ironic is surprising because it seems to be almost the opposite of what you would expect		<i>it's ironic that we're using a lot of technology but we don't have any mobile phones it's ironic that the first goal was scored by a defender it's slightly ironic that he plays football for England although he was born in Canada</i>	Adverb: <i>ironically</i> Noun: <i>irony</i>
predator	Noun	/ˈpredəte(r)/	θηρευτής, αρπακτικό	a predator is an animal that attacks and kills other animals for food. The animals it attacks are its prey		<i>the fish are easily recognised by predators wild horses have few natural predators polar bears are the world's largest land predator other predators hunt smaller animals such as rabbits and mice there is a natural balance of predator and prey</i>	Adjective: <i>predatory</i>
trick photography	Noun uncount	/trɪk fəˈtɒɡrəfi/	trick photography, φωτογραφία με τεχνάσματα, μοντάζ	trick photography is the use of methods that change a photograph in order to deceive people and make them think something that is not true		<i>the book describes a range of trick photography techniques he was skilled at trick photography they used trick photography to show Astaire dancing with three of his shadows</i>	

pp 90-91	POS	Pronunciation		Definition	Collocates	Examples	Word family
collaboration	Noun	/kəˌlæbəˈreɪʃ(ə)n/	συνεργασία	collaboration is working together with someone else on the same task		<i>the project requires close collaboration with doctors at the city hospital we encourage learning through collaboration in this school collaboration between the three departments was essential successful collaboration requires trust from all sides</i>	Verb: <i>collaborate</i> Noun: <i>collaborator</i> Adjective: <i>collaborative</i> Adverb: <i>collaboratively</i>
devalue	Verb	/diːˈvæljuː/	υποτιμώ, μειώνω	if you devalue something, you make it seem less important or impressive than it really is		<i>we mustn't devalue the role of women in history he'd been feeling devalued at work so started looking for another job don't let them devalue your contribution – you deserve proper recognition for what you did</i>	
endangered	Adjective	/ɪnˈdeɪndʒəd/	υπό εξαφάνιση	endangered animals, plants, etc might not exist for much longer because there is such a small number of them left	endangered species	<i>tigers are now an endangered species the animals are endangered victims of global warming they are endangered due to loss of habitat birds on the island are becoming endangered</i>	
indigenous	Adjective	/ɪnˈdɪdʒənəs/	γηγενής, αυτόχθων, ενδημικός	the indigenous people of a place are the people who belong there and already lived there before other people came. Indigenous animals or plants have always lived where they are and have not been brought there by humans	indigenous to somewhere	<i>the island has no indigenous inhabitants the indigenous population is very small here hardly any indigenous people chose to vote in the election the rubber tree is indigenous to South America</i>	
insight	Noun	/ˈɪnsaɪt/	διορατικότητα, βαθιά γνώση	an insight is a clear way of understanding something		<i>research will provide invaluable insights an experience which gave her insight into the struggle of farmers his writing lacks insight she's got a lot of insight into this problem the book gives a real insight into the causes of the war his words provide valuable insight on this subject</i>	Adjective: <i>insightful</i>
lexicon	Noun	/ˈleksɪkən/	λεξικό	a lexicon is a list of words with explanations of what they mean		<i>a lexicon of technical terms in music it took him seven years to compile a lexicon of Scottish English</i>	
migratory	Adjective	/ˌmaɪˈɡreɪtəri/	μεταναστευτικός	migratory animals, especially birds, spend part of the year in one part of the world, then move to a different part of the world for the rest of the year		<i>the lakes attract a variety of migratory birds in autumn those with longer wings tend to be migratory salt marshes provide a habitat for migratory fish</i>	Verb: <i>migrate</i>
revitalized	Adjective	/riːˈvaɪtəlaɪz/	αναζωογονημένος, ανανεωμένος	if you feel revitalized , you feel full of energy again after you have been feeling tired and lacking energy		<i>I felt revitalized after my shower trust me – if you have a week off work you'll come back revitalized and ready to finish the project</i>	Verb: <i>revitalize</i>

Unit 8 p 93	POS	Pronunciation		Definition	Collocates	Examples	Word family
acoustic	Adjective	/əˈkuːstɪk/	ακουστικός	acoustic musical instruments are not connected to electrical equipment that amplifies the sound		<i>he plays acoustic guitar in the second half of the show the band use both electric and acoustic instruments we recorded an acoustic version of the song</i>	
fingers crossed	Phrase	/ˈfɪŋɡəz krɒst/	ας ελπίσουμε, ευχήσου να πάνε όλα καλά, κάνε τον σταυρό σου	if you say " fingers crossed ", you are saying that you hope something will be successful		<i>I've sent off my job application – fingers crossed fingers crossed for good weather tomorrow</i>	
gifted	Adjective	/ˈɡɪftɪd/	χαρισματικός, προικισμένος	someone who is gifted is especially good at a particular activity, especially an artistic or creative activity		<i>she's a naturally-gifted musician a gifted footballer he is gifted at drawing cars and planes a gifted pianist</i>	Noun: <i>gift</i>
hum	Verb	/hʌm/	μουρμουρίζω, βουίζω	if you hum , you make a musical sound with your lips kept together		<i>if you don't know the words, just hum along with the music if you hum the tune, I'll see if I can play it on the piano I realised I was humming when people started staring at me she began to hum an old Beatles song</i>	

keyboard	Noun	/ˈkiːˌbɔː(r)d/	αρμόνιο, συνθεσάιζερ	a keyboard is an electrical musical instrument that you play by pressing keys similar to those on a piano		<i>a keyboard player he plays keyboard in our band Dylan performs with guitar, keyboards, and harmonica</i>	
nerve-racking	Adjective	/ˈnɜː(r)v ˌrækɪŋ/	αγχωτικός, ψυχοφθόρος, εξουθενωτικός	something that is nerve-racking makes you feel nervous, worried and stressed		<i>I find it very nerve-racking having to speak in front of a large audience the last 20 minutes of the match were really nerve-racking he spent a few nerve-racking moments trying to find his passport</i>	
tour	Verb	/tʊə(r)/	περιοδεία, περιοδεύω	if performers are touring , they are travelling around a country giving performances in a different place every day		<i>we're touring in Scotland next year they've been touring since April and still have two months to go I've been invited to tour Germany with the orchestra</i>	Noun: <i>tour</i>
pp 94-95	POS	Pronunciation		Definition	Collocates	Examples	Word family
eclectic	Adjective	/ɪˈklektɪk/	ετερόκλητος	an eclectic group of people or things involves lots of different sorts of them		<i>he has pretty eclectic tastes (he likes lots of things that are all very different from each other) the city boasts an eclectic mix of architectural styles she has an eclectic collection of artwork an eclectic range of modern classical and electronic music</i>	
goosebumps	Noun plural	/ˈguːsbʌmps/	ανατριχίλα	if something gives you goosebumps or if you get goosebumps , you feel a sudden thrill of excitement or shock	give someone goosebumps get goosebumps	<i>hearing 70,000 Welshmen sing in the stadium gave me goosebumps I get goosebumps just thinking about it we both got goosebumps watching the video</i>	
introspective	Adjective	/ˌɪntrəˈspektɪv/	συνεσταλμένος	someone or something that is introspective is rather quiet and inward-looking rather than lively and sociable		<i>the music was much more introspective then I was very introspective until I went to university the characters in his novels are all very introspective she is very emotional and deeply introspective</i>	Noun: <i>introspection</i>
mass	Adjective	/mæs/	μαζικός	mass actions, events, or activities involve a large number of people at the same time	mass unemployment mass destruction/murder/extinction mass protest/demonstration mass media	<i>the 1930s was a decade of mass unemployment weapons of mass destruction (weapons that can kill a lot of people at one time) mass demonstrations in the capital a mass murderer (a murderer who has killed a lot of people) 20th-century culture was shaped by the mass media</i>	
taste	Noun	/teɪst/	γούστο	your taste in something is how much you like it, or what sorts of things you like	taste in something for someone's taste to someone's taste	<i>we get on really well even though we've got very different tastes she has very good taste in music (she likes only good music) the house was decorated with good taste his paintings are too colourful for my taste poetry is not to my taste (I don't like it)</i>	Adjective: <i>tasteful</i> Adverb: <i>tastefully</i>
upbeat	Adjective	/ˈʌpbiːt/	ζωηρός, χαρούμενος, ανεβαστικός, αισιόδοξος	upbeat music, attitudes, talk, etc is very positive and cheerful		<i>an upbeat mix of Middle Eastern and African music he had a very upbeat approach to life her attitude to things was decidedly upbeat Harris's novels are romantic and upbeat</i>	Opposite – Adjective: <i>downbeat</i>
pp 96-97	POS	Pronunciation		Definition	Collocates	Examples	Word family
blow your own trumpet	Phrase	/bləʊ ʝɔːr əʊn ˈtrʌmpɪt/	κοκορεύομαι, καυχιέμαι	if you blow your own trumpet , you tell people about something you are good at or that you are very clever		<i>I don't want to blow my own trumpet, but I passed my driving test first time he's always blowing his own trumpet – it's so embarrassing listening to him he was better at blowing his own trumpet than actually getting things done</i>	
change your tune	Phrase	/tʃeɪndʒ ʝɔː tjuːn/	αλλάζω τροπάρι/γνώμη/στάση	if you change your tune , you start expressing views or opinions that are very different or opposite to the ones you used to express		<i>you'll soon change your tune when you see how comfortable the hotel is he changed his tune when he found out what the prize was she said she'd never go back to Scotland, but changed her tune when she was offered a job there</i>	
disorder	Noun	/dɪsˈɔː(r)də(r)/	διαταραχή	a disorder is a medical problem or illness		<i>the genetic disorder was more common than they had realised our daughter had an eating disorder the hospital specialises in treating people with personality disorders sleep disorders are very common</i>	
incoherent	Adjective	/ˌɪnkəʊˈhiərənt/	ασυνάρτητος	someone who is incoherent says or writes things that you cannot understand because they are badly expressed, confusing, or difficult to hear clearly		<i>they responded with incoherent sounds and phrases he was incoherent with anger I got another totally incoherent email from him last night</i>	Adverb: <i>incoherently</i>
inhibition	Noun	/ˌɪnhɪˈbɪʃ(ə)n/	αναστολές	if you have inhibitions , you feel embarrassed about doing certain things, especially in public		<i>singing in a choir will help you lose your inhibitions she worked hard to overcome her inhibitions he displayed a total lack of inhibition</i>	Adjective: <i>inhibited</i> Verb: <i>inhibit</i>
make a song and dance	Phrase	/meɪk ə sɒŋ ənd dɑːns/	κάνω κάτι μεγάλο θέμα, χαλάω τον κόσμο	if you make a song and dance about something, you make an unnecessary fuss about it		<i>he made such a song and dance about mending the window there's no need to make such a song and dance about it she made such a song and dance about it that I wish I'd never asked</i>	
music to your ears	Phrase	/ˈmjuzɪk tuː ʝɔːr ɪəz/	αυτό ακριβώς ήθελα να ακούσω, νιώθω αγαλλίαση, χαίρομαι που ακούω κάτι, εξαιρετικά νέα	if a sound, an idea or statement is music to your ears , you like it very much because it is just what you wanted to hear		<i>this news was music to our ears the sound of the car finally starting was music to my ears when she said they'd offer me the job it was music to my ears</i>	

play something by ear	Phrase	/pleɪ ˈsʌmθɪŋ baɪ ɪə/	αυτοσχεδιάζω, βλέποντας και κάνοντας	if you play it by ear , you make decisions about what you are doing as you go along rather than carry out a plan that you have already thought about	don't follow a script in the interview – just play it by ear I'd lost the recipe so I had to play it by ear and hope it would taste all right I've never been to one of their meetings before, so it will be a question of playing it by ear	
pun	Noun	/pʌn/	λογοπαιγνιο, παίζω με τις λέξεις	a pun is a joke that depends on using two different meanings of the same word, or using a word that sounds like another word. For example, a restaurant called 'A Nice Plaice to Eat' uses the word for a kind of fish, 'plaice', but when you say it, it sounds like 'place'	my grandfather likes making puns it's difficult to translate puns from one language to another newspapers are becoming yesterday's news – if you'll pardon the pun plus-size clothing is becoming big business – pun intended!	
sceptic	Noun	/ˈskeptɪk/	σκεπτικιστής, επιφυλακτικός	a sceptic is someone who is not sure if something is true and wants to check all the facts before they believe it	when it comes to climate change, he's still a sceptic the sceptics were still not convinced the sceptics were proved wrong when share prices rose sharply	Adjective: <i>sceptical</i> Adverb: <i>sceptically</i> Noun: <i>scepticism</i>
strike a chord	Phrase	/straɪk ə kɔːd/	αγγίζω ευαίσθητη χορδή, συγκινώ	if something strikes a chord , it makes you feel that you understand it because you share the same opinions or have had the same experience	his joke about giving injections struck a chord with an audience of nurses the photo struck a chord with me, as it showed the house I grew up in John's latest blog post really struck a chord with my classmates	
undergo	Verb	/ˌʌndə(r)ˈɡəʊ/	υποβάλλομαι, υφίσταμαι, περνάω	if you undergo something necessary or unpleasant, you experience it or it happens to you	the city has undergone huge changes in recent years you might need to undergo surgery the port is currently undergoing a programme of expansion and rebuilding students must undergo academic testing prior to entry to the college	

pp 98-99	POS	Pronunciation		Definition	Collocates	Examples	Word family
assassination	Noun	/əˌsæsiˈneɪʃ(ə)n/	δολοφονία, εκτέλεση	an assassination is the murder of an important or famous person such as a politician or entertainment star		<i>the assassination of John Lennon in 1980 an attempted assassination of Hitler the assassination had been planned the previous year news of Kennedy's assassination spread very quickly</i>	Noun: <i>assassin</i> Verb: <i>assassinate</i>
castaway	Noun	/ˈkɑːstəˌweɪ/	ναυαγός	a castaway is someone who has managed to survive after being on a ship that has sunk at sea and who has to live on a small island until they are rescued		<i>Robinson Crusoe is probably the most famous castaway in fiction I don't think I could survive for long as a castaway</i>	Phrasal verb: <i>cast away</i>
displaced	Adjective	/dɪsˈpleɪs/	εκτοπισμένος	displaced people are people who have had to move away from where they live to somewhere completely different, usually by force or because of war or natural disaster		<i>the conflict produced thousands of displaced persons a camp for displaced people just across the border the population rose steeply with the arrival of hundreds of displaced people</i>	Verb: <i>displace</i> Noun: <i>displacement</i>
ecstatically	Adverb	/eksˈtætɪk(ə)li/	εκστατικά	if someone does something ecstatically , they do it in a way that shows they are very excited and happy		<i>he danced and spun around ecstatically on the stage the crowd cheered ecstatically when Ed Sheeran appeared he laughed ecstatically and clapped his hands together</i>	Adjective: <i>ecstatic</i> Noun: <i>ecstasy</i>
faction	Noun	/ˈfækʃ(ə)n/	φατρία, κλίκα, παράταξη	a faction is a group of people within a larger group who strongly disagree with the rest of the people in the larger group or with other smaller groups		<i>an attempt to bring the warring political factions together Lincoln was successful in uniting the factions within his party to fight for the Union the party eventually split into two rival factions</i>	Adjective: <i>factional</i>
hardship	Noun uncount	/ˈhɑː(r)dʃɪp/	κακουχίες, δυσκολίες, ταλαιπωρία	hardship is a situation in which your life is very difficult, for example because you do not have much money	in hardship	<i>too many people are living in hardship here she suffered hardship throughout her childhood losing his job caused him great hardship he faced hardship to get through university the country went through a period of severe hardship during the war</i>	
hit	Noun	/hɪt/	επιτυχία	if something is a hit , it is very successful and popular	be a hit with someone	<i>the video game was a big hit with Luis the film was a hit with audiences across the country I'm sure whatever you cook tonight it will be a hit</i>	
hit a nerve	Phrase	/hɪt ə nɜːv/	χτυπάω ευαίσθητο νεύρο, θίγω ευαίσθητο θέμα, ξύνω πληγές	if you hit a nerve , you say something that makes someone realise a truth that is difficult for them to deal with		<i>you hit a nerve when you told Pedro he needed to study harder I didn't expect him to walk out. I must have hit a nerve somehow she realised she'd hit a nerve when he got angry and said he hadn't done anything wrong</i>	
hit and miss	Adjective	/hɪt ænd mɪs/	πότε έτσι πότε αλλιώς, πενήντα - πενήντα, με προχειρότητα, ό,τι κάτσει, αμφίβολος	if something is hit and miss , it sometimes works well and sometimes fails to work well		<i>the recruitment process is a bit hit and miss the food was much more hit and miss on our second visit productions at the opera house have been very hit and miss recently</i>	
hit the nail on the head	Phrase	/hɪt ðə neɪl ɒn ðə hed/	πετυχαίνω διάννα, πέφτω μέσα	if you hit the nail on the head , you say something that people agree is absolutely correct and describes a situation exactly		<i>you hit the nail on the head there. He's still just a child she hit the nail on the head when she said men over 60 shouldn't wear shorts his email hit the nail on the head as far as I'm concerned, and I think we should do what he's suggesting</i>	
hit the right note	Phrase	/hɪt ðə raɪt nəʊt/	εύστοχος, πιάνω τον παλμό	if you hit the right note , you say something that is appropriate for the people you are talking to. If you don't hit the right note, you say something that might offend them or that they strongly disagree with		<i>the best man managed to hit the right note in his speech I rewrote the opening chapter to make sure it hit the right note he tried hard, but his comments about politics just didn't hit the right note with my parents</i>	

instil	Verb	/ɪnˈstɪl/	ενσταλάζω, εμφυσώ	if you instil a particular feeling or way of behaving in someone, you teach them or encourage them to have that feeling or behave in that way	instil something into someone instil loyalty instil confidence instil discipline	<i>I did try and instil a bit of discipline into him parents need to instil respect in kids and teach them right from wrong if the website looks cheap, it won't instil visitor confidence he doesn't mean to instil fear, but he does like things done his way it helps instil a sense of loyalty in the employees</i>
put your life on the line	Phrase	/pʊt jɔː laɪf ɒn ðə laɪn/	παίζω τη ζωή μου κορώνα - γράμματα, ρισκάρω, βάζω το κεφάλι μου στο στόμα του λύκου	if someone puts their life on the line , they risk getting killed by getting into a very dangerous situation in order to achieve what they are trying to do		<i>Marley put his life on the line for justice he was a soldier who put his life on the line to protect his country are you prepared to put your life on the line for what you believe in?</i>
saviour	Noun	/ˈseɪvjə(r)/	σωτήρας	if you refer to someone as a saviour , you mean that they are changing a situation, stopping it from getting much worse or more dangerous, and making it much better	saviour of something	<i>in many developing countries, Marley is seen as a saviour Gorbachev tried, but failed, to be the saviour of socialism time is running out, and no one with enough money has come forward to be our saviour</i>
take a hit	Phrase	/teɪk ə hɪt/	υφίσταμαι πλήγμα	if a company takes a hit , it suffers a serious loss either because of an unexpected problem or because of the need to do something that costs a lot of money		<i>they took a big hit when the stock market crashed we can't delay building the new factory so we'll just to take the hit this year and hope we can recover the costs next year we took a massive hit, along with the other manufacturers of diesel cars</i>

pp 100-101	POS	Pronunciation		Definition	Collocates	Examples	Word family
disc jockey	Noun	/dɪsk ˈdʒɒki/	ραδιοφωνικός παραγωγός, ντι τζέι	a disc jockey is someone who chooses the music on a radio show and who talks in between the pieces of music		<i>some of the early disc jockeys on Radio 1 he'd always wanted to be a disc jockey who's your favourite disc jockey? the disc jockey John Peel helped a lot of bands to become famous</i>	
fuse	Verb	/fjuːz/	ενώνω, συνδυάζω, γίνομαι ένα	to fuse different styles of things means to create a single thing that uses those different styles together		<i>the show fuses storytelling with folk music and humour the film felt like two different movies fused together a dish that fused the heat of Indian cooking with the flavours of European root vegetables</i>	Noun: <i>fusion</i>
laze around	Phrasal verb	/leɪz əˈraʊnd/	τεμπელიάζω	if you laze around , you spend time not doing any work or anything organised but just relaxing and doing nothing		<i>I was supposed to be revising for my exams but just lazed around for a few weeks come on, you can't laze around all day it's too hot to go for a walk – I'm just going to laze around this afternoon she wasted the evening lazing around instead of preparing for her interview the next day</i>	
pierce	Verb	/pɪə(r)s/	διατρυνώ	if something sharp pierces something else, it makes a hole and cuts into it. If an emotion pierces you, it makes you feel it very powerfully		<i>the intensity of the emotion pierces the listener's body like a knife the audience was pierced to the heart by her performance</i>	
regain	Verb	/rɪˈgeɪn/	ανακτώ, ξαναβρίσκω	if you regain something good or useful that you have lost, you get it back again	regain control regain your health regain consciousness	<i>the important thing is to rest and regain your health he collapsed and never regained consciousness (he died) Radcliffe regained the lead 500 metres from the finish and held on to win troops regained control of the city after a night of heavy fighting</i>	

pp 102-103	POS	Pronunciation		Definition	Collocates	Examples	Word family
gangster	Noun	/ˈgæŋstə(r)/	γκάνγκστερ, εγκληματίας, κακοποιός	a gangster is someone who belongs to a criminal group, often committing violent crime		<i>Al Capone was a famous American gangster a gangster movie police shot and killed three of the gangsters gangsters robbed a bank in Detroit yesterday morning</i>	Noun: <i>gang</i>
oppressed	Adjective	/əˈprest/	καταπιεσμένος	people who are oppressed are treated unfairly and cruelly by people who have authority over them		<i>an oppressed minority living in the north of the country we felt oppressed and unwanted oppressed workers tried to organise a strike</i>	Verb: <i>oppress</i> Adjective: <i>oppressive</i> Noun: <i>oppression</i>
privilege	Noun	/ˈprɪvəlɪdʒ/	προνόμιο	if something is a privilege , you feel lucky to have it or experience it because it is something not many people have or experience		<i>it was a privilege to be invited to a garden party at Buckingham Palace I never had the privilege of working with her before she died meeting the prime minister, can you imagine? What a privilege</i>	
rags	Noun plural	/rægz/	κουρέλια	rags are old clothes that are not in good condition. If someone is wearing rags , their clothes are in very bad condition because they do not have enough money to buy proper clothes		<i>he never bathed, had horrible teeth, and dressed in rags it was dark and she looked like she was wearing rags you can't carry on wearing those rags – go and buy some decent clothes</i>	
solace	Noun uncount	/ˈsɒləs/	παρηγοριά	solace is a feeling of relief that you get which makes you less sad or disappointed about a difficult situation	take solace seek solace find solace	<i>she took solace in the fact that she would see her children again in two weeks' time he sought solace in religion during his final illness Rose found solace in music</i>	
tribulations	Noun	/ˌtrɪbjʊˈleɪʃ(ə)ns/	βάσανα, δεινά, δοκιμασίες	tribulations are difficult or unpleasant problems that you face		<i>life in the navy had its tribulations now and again, but he enjoyed his years as a sailor the novel deals with the trials and tribulations of an immigrant family in Blackburn getting old brings its own tribulations with it</i>	

p 104	POS	Pronunciation		Definition	Collocates	Examples	Word family
cyclone	Noun	/ˈsaɪ.kləʊn/	κυκλώνας	a cyclone is a violent storm involving strong winds that go round and round very powerfully		<i>the islands are occasionally hit by cyclones we managed to get out before the cyclone arrived several houses were damaged in the cyclone luckily, the cyclone didn't reach us but went off to the west</i>	

famine	Noun	/ˈfæmɪn/	λιμός	a famine is a period of time when there is not enough food to supply a large area and many people become ill or die		<i>the district suffered a severe famine in 1770 the Irish famine of 1846-1847 approximately 3 million people died during the famine governments need to do more to prevent famine</i>	
Unit 9 p 105	POS	Pronunciation		Definition	Collocates	Examples	Word family
clue	Noun	/kluː/	ένδειξη, στοιχείο	a clue is a small piece of information that helps you discover the truth about something	give someone a clue look/search for clues find a clue	<i>she gave me some clues about what my present was going to be the police are searching the car for clues we still haven't found any clues all these clues suggest that the thief was left-handed</i>	
deduce	Verb	/dɪˈdjuːs/	συμπεραίνω	if you deduce something, you decide it is true on the basis of whatever evidence you are aware of		<i>we can deduce that these were monuments of great social significance if you know the distance and the time taken you can deduce the speed can we deduce from this that the planet is definitely getting warmer?</i>	Noun: <i>deduction</i>
pottery	Noun uncount	/ˈpɒtəri/	κεραμικά, είδη κεραμικής	pottery is things like pots, dishes, plates, etc that are made from clay		<i>some of the pieces of pottery they found were over 1,000 years old all pottery from this period is hand made tools and pottery vessels (containers) hung on hooks</i>	Noun: <i>potter</i>
pp 106-107	POS	Pronunciation		Definition	Collocates	Examples	Word family
aim	Verb	/eɪm/	στοχεύω	if something is aimed at a particular group of people, it is meant to be noticed, bought, or used by those people.	aim something at someone	<i>the films are aimed at a middle-class audience new laws aimed at reducing road accidents a new magazine aimed at teenagers</i>	
approve	Verb	/əˈpruːv/	εγκρίνω	if you approve of something, you say that you think it is good or that you think it should happen	approve of something or someone	<i>my dad didn't approve of our marriage I can't stop you leaving university, but I don't approve he doesn't approve of my friends</i>	Noun: <i>approval</i> Opposite – Verb: <i>disapprove</i> Noun: <i>disapproval</i>
believe	Verb	/bɪˈliːv/	πιστεύω, έχω πίστη	if you believe in someone, you think they have good qualities and that they can be successful in life	believe in someone	<i>my father never believed in me don't forget I believe in you and will always be here for you I'd be happier if I thought she believed in me</i>	
benefit	Verb	/ˈbenɪfɪt/	επωφελούμαι	if you benefit from something, you get an advantage or something good from it	benefit from something	<i>the garden benefits from sunshine most of the afternoon will anyone benefit financially from the project? patients are benefiting from the new treatment Britain benefits hugely from membership of the EU students can benefit from extra online tuition</i>	Noun: <i>benefit</i>
boarding school	Noun	/ˈbɔːdɪŋ skuːl/	οικοτροφείο	a boarding school is a school where the pupils live during the term time, only going home for the holidays		<i>she went to boarding school from the age of 12 I spent four years at boarding school and hated it Churchill was sent to boarding school at the age of eight a private boarding school for boys</i>	
engaging	Adjective	/ɪnˈɡeɪdʒɪŋ/	καθηλωτικός, συναρπαστικός	something that is engaging keeps you interested all the time		<i>her lessons were always very engaging not all the stories in the book were so fresh and engaging an engaging, interactive display every night there were engaging and educational activities</i>	Verb: <i>engage</i> Adjective: <i>engaged</i> Noun: <i>engagement</i>
eternity	Noun uncount	/ɪˈtɜː(r)nəti/	αιωνιότητα	eternity is the whole of time, without end		<i>do you want to live for eternity? eternity is a difficult concept to understand all past, all future time – eternity itself – seemed concentrated in those few dark hours</i>	Adjective: <i>eternal</i>
focus	Verb	/ˈfəʊkəs/	εστιάζω, επικεντρώνομαι	if you focus on something, you give all your attention to it	focus on something	<i>you need to focus more on your school work I was too busy focusing on my report to notice that the office was about to close the party needs to focus on winning the next election</i>	Noun: <i>focus</i>
mainstream	Adjective	/ˈmeɪnˌstriːm/	κυρίαρχο ρεύμα, συμβατικός, κοινότυπος	something that is mainstream is considered to be normal or typical by most people		<i>the mainstream press (ordinary, general interest newspapers and magazines) didn't cover the event hip hop has become increasingly mainstream do you think this will become popular with mainstream audiences? it took a few years before they enjoyed mainstream success</i>	
participate	Verb	/pɑː(r)ˈtɪsɪpeɪt/	συμμετέχω	if you participate in an activity, you take part in it	participate in something	<i>we try and encourage more people to participate in the arts 12 students participated in the research programme the defence minister participated in talks with the Russians our school team participated in the national tournament</i>	Noun: <i>participation</i> Noun: <i>participant</i>
pine	Verb	/paɪn/	μαραζώνω	if you pine for something or someone that is not with you, you feel sad because you want to have them or be with them	pine for someone or something	<i>her dog spent months pining for her after she died I've been pining for a new kitchen after a few months, she stopped pining for home</i>	
prepare	Verb	/prɪˈpeə(r)/	προετοιμάζομαι	if you prepare for something, you do everything that is necessary for you to be ready for it	prepare for something	<i>I have to prepare a talk for class tomorrow we need to prepare for tomorrow's meeting I wasn't prepared for the exam</i>	Noun: <i>preparation</i>
reflect	Verb	/rɪˈflekt/	συλλογίζομαι, στοχάζομαι	if you reflect on something, you think about it a lot	reflect on something	<i>as I reflected on my actions, I had to accept that they were wrong Paul reflected on an enjoyable and successful year as she goes about her day, she reflects on her life's choices</i>	Noun: <i>reflection</i> Adjective: <i>reflective</i> Adverb: <i>reflectively</i>

relate	Verb	/rɪˈleɪt/	νιώθω, καταλαβαίνω, συµµερίζοµαι	if you can relate to someone, you can understand them and deal with them or communicate with them easily	relate to someone	<i>humour is a key part of how people relate to each other it's difficult to relate to my uncle because he's always talking about politics I didn't enjoy the book because I couldn't relate to any of the main characters</i>	Noun: <i>relationship</i>
shrink	Verb	/ʃrɪŋk/	δειλιάζω, υποχωρώ, αποτραβιέµαι από	if you shrink from something or shrink from doing something, you do not get involved in something or do not do it because you are slightly afraid of what might happen	shrink from something	<i>don't shrink from new experiences he never shrinks from hard choices Jefferson did not shrink from asking difficult questions some people go looking for danger, others shrink from it</i>	
suffer	Verb	/ˈsʌfə(r)/	υποφέρω	if you suffer from an illness or from bad health, you are badly affected by it	suffer from something	<i>Ruth has always suffered from headaches he suffers from high blood pressure they spend too much time sitting, which means their health suffers Ann's got a terrible cold and is really suffering you shouldn't</i>	Noun: <i>wait</i>
wait	Verb	/weɪt/	περιμένω	if you wait for something, you stay somewhere until it happens or arrives	wait for someone or something wait to do something	<i>I've been waiting for your letter the restaurant is full at the moment so we'll have to wait she was waiting to buy some stamps we waited half an hour at the bus stop I've been waiting a long time for an answer a long queue of people waiting for tickets can you wait outside, please?</i>	
pp 108-109	POS	Pronunciation	Definition	Collocates	Examples	Word family	
accuse	Verb	/əˈkjuːz/	κατηγορώ	if someone is accused of a crime, someone says that they committed it and they might then have to go on trial	accuse someone of (doing) something	<i>she was accused of fraud he's been accused of a number of crimes the two men were accused of murder</i>	Noun: <i>accusation</i> Noun: <i>accuser</i>
acquit	Verb	/əˈkwɪt/	αθώνω	if someone is acquitted at the end of a trial, a judge or jury decides they were not guilty of the crime they were charged with		<i>she was acquitted of all the charges against her the jury agreed with the defence and acquitted all three men they went to trial but were acquitted</i>	Noun: <i>acquittal</i>
amputate	Verb	/ˈæmpjʊteɪt/	ακρωτηριάζω	to amputate someone's arm or leg means to cut it off for medical reasons, for example to stop a serious infection spreading to the rest of the body		<i>his other leg was amputated seven years ago the infection was serious and they had no choice but to amputate both her legs were amputated above the knee</i>	Noun: <i>amputation</i> Noun: <i>amputee</i>
assault	Noun	/əˈsɔːlt/	επίθεση, βιαιοπραγία	assault is the crime of violently attacking someone		<i>assault and theft make up the vast majority of crimes in this city violent crimes such as murder and assault he was later charged with assault and battery (a legal term for attacking someone)</i>	Verb: <i>assault</i>
assuming	Conjunction	/əˈsjuːmɪŋ/	αν υποθέσουµε	you use assuming before referring to something that must be true in order for the next part of what you say to be true or reasonable	assuming that	<i>assuming we're all ready, we can leave now assuming that you speak French, you'll get on fine in Tunisia assuming that they win the election, we'll have a new prime minister in two months' time</i>	
burglary	Noun	/ˈbɜː(r)gləri/	διάρρηξη	burglary is the crime of entering a building and stealing things	commit a burglary investigate a burglary	<i>Freddie was accused of committing a burglary on Oak Street there have been a lot of burglaries in the area an attempted burglary when did the burglary take place? police are investigating a series of burglaries</i>	Noun: <i>burglar</i> Verb: <i>burgle</i>
charge	Verb	/tʃɑː(r)dʒ/	κατηγορία	if someone is charged with a crime, the police formally say that that person committed a crime, and that person has to go on trial	be charged with something	<i>he was arrested and charged with murder if they don't charge you within 48 hours they have to let you go</i>	Noun: <i>charge</i>
committed	Verb	/kəˈmɪtɪd/	διαπράττω	if someone commits a crime, they do it	commit a crime/an offence commit murder commit suicide	<i>if you don't want to go to prison, don't commit a crime he admitted that he committed murder his second attempt to commit suicide since leaving prison he has not committed any further offences</i>	
conviction	Noun	/kənˈvɪkʃ(ə)n/	καταδίκη	someone's conviction is the fact of their being found guilty at the end of a trial	his parents believed he was the victim of wrongful conviction he had convictions for three different driving offences she had two previous convictions	<i>Verb: convict</i>	
dangerous driving	Noun uncount	/ˈdeɪndʒərəs ˈdraɪvɪŋ/	επικίνδυνη οδήγηση	dangerous driving is the crime of driving a car or other vehicle so badly that there is a strong risk of people being killed or injured		<i>he was charged with stealing a car and with dangerous driving he denies speeding and dangerous driving Chapman admitted dangerous driving</i>	Verb: <i>deceive</i>
deception	Noun	/dɪˈsepʃ(ə)n/	εξαπάτηση	a deception is an attempt to make people believe something that is not true, usually in order to get money or an advantage from them		<i>when his deception was discovered, Graham was fired the report accused Johnson of deliberate deception he was the victim of an elaborate deception</i>	
fraud	Noun	/frɔːd/	απάτη	fraud is the crime of telling lies or deceiving people in order to gain money for yourself		<i>a victim of fraud he was sent to prison for tax fraud credit card fraud identity fraud (pretending to be someone else to get money) he admitted to committing fraud in his suicide note the fraud was detected in early 2014</i>	Adjective: <i>fraudulent</i> Adverb: <i>fraudulently</i> Noun: <i>fraudster</i> Verb: <i>defraud</i>
given	Preposition	/ˈɡɪv(ə)n/	δεδοµένου, δεδοµένης	you use given to introduce something that influences a situation in some way		<i>given the age of the house, it looks remarkably modern inside she did really well given the circumstances</i>	

go on trial	Phrase	/gəʊ ɒn ˈtraɪəl/	πηγαίνω σε δίκη, δικάζομαι	if someone goes on trial , they have to appear in court because they have been charged with committing a crime		<i>he's due to go on trial at the end of next week five of his associates also went on trial</i>	
grain	Noun uncount	/greɪn/	σιτηρά	grain is the seeds of cereals such as wheat or corn		<i>the main crops were fruit and grain we feed our chickens grain grain supplies were at a very low level a sack of grain</i>	
possession of drugs	Noun uncount	/pəˈzeɪʃən ɒv drʌgz/	κατοχή ναρκωτικών	if the police search someone and find that they have illegal drugs, they charge them with possession of drugs		<i>he spent a year in prison after being convicted of possession of drugs police have arrested a twenty four year old man in connection with alleged possession of drugs</i>	
profess	Verb	/prəˈfes/	δηλώνω, ισχυρίζομαι	if someone professes something, they formally state it even though it might not be true	profess to be something profess to do something	<i>she professes to have a certificate in translation studies he professed to be Martin Guerre he doesn't profess to have any great knowledge of the subject</i>	
provided	Conjunction	/prəˈvaɪdɪd/	εφόσον, υπό την προϋπόθεση	you use provided before referring to something that must happen or be true before something else can happen or be true	provided that	<i>provided that we receive the money tomorrow, the book will be posted to you to arrive by Saturday the interview should go well provided you remember what I just told you</i>	
the game is up	Phrase	/ðə ɡeɪm ɪz ʌp/	τέλος το παιχνίδι, τέλειωσαν τα ψέματα	if the game is up , someone's attempts to deceive other people have come to an end because people have realised that they are being deceived		<i>by that time, the game was up and he tried to escape to South America there's no point pretending any more, Jack. The game's up as soon as he saw her face he realised the game was up</i>	
theft	Noun	/θeft/	κλοπή	theft is the crime of stealing something that does not belong to you	car/bike/vehicle/theft petty theft identity theft the theft of something	<i>he was found guilty of theft car theft has been going down for several years a victim of identity theft (when someone steals your personal details and pretends to be you) a few cases of petty theft (when something not very valuable is stolen) a recent spate of thefts around the college</i>	Noun: thief
trespassing	Noun uncount	/ˈtrespəs/	καταπάτηση, παράνομη είσοδος	trespassing is the crime of going onto private property without permission		<i>the gate was locked and a large sign said "No trespassing" the official charge was trespassing on military property</i>	Noun: trespass Verb: trespass Noun: trespasser
vandalism	Noun uncount	/ˈvændəˌlɪz(ə)m/	βανδαλισμός	vandalism is deliberate damage done to things for no reason, especially things in public places		<i>vandalism is an increasing problem in the suburbs the house had been damaged by vandalism police took measures to prevent further vandalism</i>	Noun: vandal Verb: vandalise Noun: vandalism
pp 110-111	POS	Pronunciation		Definition	Collocates	Examples	Word family
above board	Phrase	/əˈbʌv bɔːd/	καθ' όλα νόμιμος, νόμιμος, πάνω απ' το τραπέζι	actions that are above board are perfectly legal and do not break any rules		<i>are you sure the plan is completely above board? the payments were all above board I'm sure that everything they did during the negotiations was honest and above board</i>	
across the board	Phrase	/əˈkrɒs ðə bɔːd/	για όλους ανεξαιρέτως, συνολικά, οριζόντιος	if something happens across the board , it affects everyone or everything that could be involved, not just a few		<i>the tax increases will be applied across the board the government is cutting spending across the board the economy has been improving across the board</i>	
back to the drawing board	Phrase	/bæk tuː ðə ˈdrɔːɪŋ bɔːd/	ξανά απ' την αρχή, σχεδιάζω εκ νέου	you say back to the drawing board to mean that you have to plan a course of action again, but differently, because the first attempt failed badly		<i>there's no point carrying on with this – it's back to the drawing board if we go back to the drawing board now it will add three months to the project</i>	
chunk	Noun	/tʃʌŋk/	μεγάλο κομμάτι/τμήμα	a chunk of something is quite a large piece of it		<i>a big chunk of the ship's stern was broken off cut the beef into 2cm chunks I was nearly hit by a chunk of roof falling off in the wind</i>	
exquisite	Adjective	/ɪkˈskwɪzɪt/	εξαιρετικός, θεσπέσιος πανέμορφος	something that is exquisite is extremely beautiful and delicate		<i>an exquisite diamond necklace the pictures were drawn in exquisite detail an exquisite example of early 18th century porcelain</i>	Adverb: exquisitely
gem	Noun	/dʒem/	πολύτιμος λίθος, πετράδι, διαμάντι	gems are precious stones, such as diamonds, emeralds, rubies, etc		<i>the ring had a diamond in the middle with six smaller gems around it a small number of loose gem stones the box contained gold coins and several valuable gems</i>	
go overboard	Phrase	/gəʊ ˈəʊvəbɔːd/	το παρακάνω, υπερβάλλω	if you go overboard , you do something in a very enthusiastic way that is much more extreme than it needs to be		<i>get a few snacks for the party, but don't go overboard they went a bit overboard with the wallpaper in the front room no need to go overboard – 15 characters is plenty long enough for a password</i>	
inhospitable	Adjective	/ˌɪnhɒˈspɪtəb(ə)l/	αφιλόξενος	somewhere that is inhospitable has conditions that are very difficult for people to survive in		<i>an inhospitable desert the region is inhospitable for most of the year the island is inhospitable to most plants and animals winter weather made the lake a very inhospitable place</i>	Opposite – Adjective: hospitable
on board	Phrase	/ɒn bɔːd/	πάνω στο πλοίο, εν πλω	if someone or something is on board , they are on the deck of or inside a ship		<i>there were over a thousand passengers on board once we were on board, we went straight to our cabin after three weeks on board a ship, walking on dry land felt very strange</i>	
resist	Verb	/rɪˈzɪst/	αντιστέκομαι	If you resist something you don't want or that might cause you harm, you try to stop it from happening or from having a bad effect on you		<i>he resisted arrest by the police the bank has resisted increasing its charges some people try to resist change he resisted pressure from his parents to marry the city resisted an attack by invading troops</i>	Noun: resistance
scatter	Verb	/ˈskæɾə(r)/	διασκορπίζομαι, σκορπίζω	if something scatters people or things, it makes them move away and spread out over a wide area		<i>the fleet was scattered by a powerful storm my family are scattered across three different continents there are a dozen nuclear power stations scattered around the country</i>	

spice	Noun	/spaɪs/	μπαχαρικό, καρύκευμα	spices are plants whose leaves or seeds have a strong taste and that are added to food to give a nice flavour		<i>add some spices to the dish I like to cook with spices they use a lot of</i>	Adjective: <i>spicy</i>
staggering	Adjective	/ˈstægərɪŋ/	εντυπωσιακός, αποστομωτικός	a staggering amount or quantity is surprisingly large		<i>they found a staggering 22 tons of ingots beneath the sand the amount of data on the Internet is quite staggering a staggering number of medical errors were reported from just one hospital</i>	
take on board	Phrase	/teɪk ɒn bɔːd/	λαμβάνω υπ' όψιν, συνειδητοποιώ, καταλαβαίνω	if you take on board an idea, suggestion, or piece of advice, you think about and use it to change or improve something you are doing		<i>it was a lesson the whole team needed to take on board we took his comments on board and revised the report he's still learning, and he's taken on board what you said to him I have taken on board all your suggestions and will continue the search</i>	
tide	Noun	/taɪd/	παλίρροια	the tide is the regular movement of the sea as the level of water rises and then comes back down again	high tide low tide	<i>at low tide you have to walk 200 metres to reach the water the tide is coming in (the sea is coming further onto the land) the tide will start going out in about half an hour</i>	Adjective: <i>tidal</i>
pp 112-113	POS	Pronunciation		Definition	Collocates	Examples	Word family
ash	Noun	/æʃ/	στάχτη, τέφρα	ash is the grey or black powder that remains after something has been burned in flames		<i>a pile of ash showed where the bonfire had been last night don't put hot ashes in the dustbin the volcano sent ash six kilometres into the air</i>	
drought	Noun	/draʊt/	ξηρασία	a drought is a period of time when there is no rain, causing problems because plants cannot grow properly and because there is not enough drinking water available		<i>severe droughts occur here about once every 25 years drought caused the annual rice harvest to fail these trees can survive drought conditions for up to three years after last year's floods, this year the region was hit by a drought</i>	
erupt	Verb	/ɪˈrʌpt/	εκρήγνυμαι	when a volcano erupts , a lot of hot rocks, steam, and lava (melted rocks) come out of the top of it with a lot of force		<i>the volcano erupted three times between 1988 and 1995 geologists predict that it will erupt sometime in the next three weeks villagers were warned to leave the area before the volcano erupted</i>	Verb: <i>eruption</i>
get something straight	Phrase	/get ˈsʌmθɪŋ streɪt/	ξεκαθαρίζω κάτι	if you get something straight , you make sure that you have properly understood it		<i>let me get this straight, you're saying I owe you another £70? can we just get this straight – there will be no food here so you will have to bring your own I think I've got it straight now</i>	
go over	Phrasal verb	/gəʊ ˈəʊvə/	αναλύω, επανεξετάζω	if you go over something, you look at it, study it or discuss it in some detail		<i>could you go over that again? I went over what I wanted to say several times before picking up the phone we went over every detail together we've gone over this three times already</i>	
strait	Noun	/streɪt/	πορθμός, στενό	a strait is a narrow strip of water between two larger areas of water		<i>there's a strong current in the strait car ferries cross the strait three times a day several bridges cross the strait the cables across Cook Strait are 40 km long</i>	
pp 114-115	POS	Pronunciation		Definition	Collocates	Examples	Word family
auction	Noun	/ˈɔːkɪ(ə)n/	δημοπρασία, πλειστηριασμός	an auction is a sale at which people offer increasing amounts of money until nobody wants to offer any more. The item is then bought by the person who made the last and highest offer	hold/conduct an auction sell something at auction	<i>the contents of the house were sold at public auction let's hold an auction to raise some money the eight paintings were sold at auction an auction house (a business which holds auctions) an online auction site (where you can make offers over the Internet) a charity auction raised nearly £1 million</i>	Verb: <i>auction</i> Noun: <i>auctioneer</i>
bid	Verb	/bɪd/	κάνω προσφορά	if you bid for something at an auction, you say how much you are willing to pay for it, and you succeed in buying it if no one else bids a higher price	bid for something	<i>I spent all afternoon at the sale, but I didn't bid for anything I bid £20 for it on eBay and won how much did you bid for it? I nearly got it, but someone bid more than me at the last minute</i>	Noun: <i>bid</i> Noun: <i>bidder</i>
breed	Noun	/briːd/	είδος, γενιά, ράτσα	a breed of something is a particular sort of it		<i>he was one of a new breed of musicians people like Gemma are a rare breed diesel cars are becoming a dying breed (there won't be many of them in the future)</i>	
dynasty	Noun	/ˈdɪnəsti/	δυναστεία	a dynasty is a family who hold a position of authority through several generations, with power and authority passing from parents to their children		<i>the royal dynasty ruled for over 600 years the Ptolemaic dynasty ruled Egypt from 305 bc to 30 bc a remarkable political dynasty very few Roman dynasties lasted more than three generations</i>	Adjective: <i>dynastic</i>
repatriate	Verb	/ˌriːˈpætriət/	επαναπατριζω	if something is repatriated , it is returned to the country where it originally came from		<i>after years of negotiation, the statues were repatriated the number of people repatriated was rising our policy is to repatriate whole families together</i>	Noun: <i>repatriation</i>
smash a record	Phrase	/smæʃ ə ˈrekɔːd/	σπάω το ρεκόρ	if someone smashes a record, they beat a previous record by a very large margin		<i>two weeks ago, Texas smashed the record for the most wind energy ever produced she didn't just break the record, she absolutely smashed it</i>	
soar	Verb	/sɔː(r)/	εκτινάσσομαι, εκτοξεύομαι, αυξάνομαι πολύ	if prices soar , they increase very quickly and by a large amount. If the rate or level of something soars , it increases greatly and quickly		<i>property prices in London have soared prices are soaring in the area unemployment has soared to 15% profits have soared dramatically inflation looks set to soar in the coming months</i>	Adjective: <i>soaring</i>
p 116	POS	Pronunciation		Definition	Collocates	Examples	Word family

life expectancy	Noun	/laɪf ɪksˈpektənsɪ/	προσδόκιμο ζωής	your life expectancy is the number of years you can reasonably expect to be alive		<i>life expectancy in the UK for women is now over 82 years life expectancy rose throughout the 20th century but might now drop the inhabitants of Liechtenstein have the longest life expectancy in Europe lower than average life expectancy the life expectancy of a horse is 25 to 30 years</i>
metal detector	Noun	/ˈmɛtl dɪˈtɛktə/	ανιχνευτή μετάλλων	a metal detector is a device that can tell if there is a metal object under the surface of the ground or inside a container		<i>archaeologists often use metal detectors before they start digging visitors to the prison have to pass through a metal detector I found some Roman coins in the field using a metal detector a portable metal detector</i>

Unit 10 p 117	POS	Pronunciation		Definition	Collocates	Examples	Word family
close-knit	Adjective	/kləʊs-nɪt/	συνεκτικός, κλειστός, στενά συνδεδεμένος, με ισχυρούς δεσμούς	a close-knit group of people live or work together very closely and support each other a lot		<i>he grew up in a very close-knit community ours was a close-knit family this is a very close-knit organisation, where everyone knows everyone else the novel is about a close-knit group of teenagers growing up in Glasgow</i>	
deep-rooted	Adjective	/ˈdi:pˈruːtɪd/	βαθιά ριζωμένος	something that is deep-rooted has established itself very firmly and is unlikely to change or end soon		<i>the company faced deep-rooted problems caused by lack of skilled workers his pessimism was so deep-rooted that he never believed good news she had a deep-rooted dislike of classical music</i>	
extended family	Noun	/ɪksˈtɛndɪd ˈfæmɪli/	ευρύτερος οικογενειακός κύκλος, σόι	an extended family is parents and children, along with grandparents or uncles and aunts all living together in the same place, rather than a nuclear family , in which there are just parents and children		<i>the number of extended families in the city is going down she got lots of support from her extended family our extended family includes two of my grandparents and three aunts</i>	
harmony	Noun uncount	/ˈhɑː(r)məni/	αρμονία	harmony is a state where different things and/or people are able to exist peacefully alongside each other	in harmony (with someone or something)	<i>harmony between mind, body, and the environment within a few hours, harmony was restored we need to learn to live in harmony here, man and nature have achieved perfect harmony are you in harmony with your surroundings now?</i>	Adjective: <i>harmonious</i> Adverb: <i>harmoniously</i>
long-standing	Adjective	/ˈlɒŋˈstændɪŋ/	μακροχρόνιος	long-standing things have existed for quite a long time		<i>their long-standing business relationship finally came to an end a long-standing tradition is the parade through the village on May Day a long-standing friendship that began when we were in primary school the country has close and long-standing ties with the US</i>	

pp 118-119	POS	Pronunciation		Definition	Collocates	Examples	Word family
alert	Verb	/əˈlɜː(r)t/	προειδοποιώ, εφιστώ την προσοχή	to alert someone means to tell them or warn them about something	alert someone to something be alerted of something	<i>some animals give off a powerful smell to alert others of danger this will alert farmers to any emergency a website that alerts users to special offers we immediately alerted the police none of the residents had been alerted of the danger</i>	Noun: <i>alert</i>
do your bit	Phrase	/duː ʃɔː bɪt/	βάζω το λιθαράκι μου, συνεισφέρω	if you do your bit , you make a useful contribution to a particular task or activity that helps it succeed		<i>I want to do my bit for the village so I'll volunteer to help with the Christmas festival you've done your bit for now. Go home and get some sleep he's doing his bit by keeping the shop open till seven in the evening</i>	
fertile	Adjective	/ˈfɜː(r)tʌɪl/	γόνιμος, εύφορος	a person, animal, or plant that is fertile is able to produce babies, young animals, or new plants		<i>the eggs develop into fertile males the females are fertile for only a short time every year the penguins remain fertile for 10 years</i>	Noun: <i>fertility</i> Opposite – Adjective: <i>infertile</i>
habitat	Noun	/ˈhæbɪtæt/	βιότοπος, περιβάλλον, οικότοπος	the habitat of living things such as animals or plants is the sort of place where they exist in nature	natural habitat	<i>we need to do more to protect their natural habitat these natural habitats are being destroyed by pollution it lives in forest habitats this is not the preferred habitat for foxes</i>	
have a say	Phrase	/hæv ə seɪ/	έχω δικαίωμα λόγου, μου πέφτει λόγος, έχω άποψη για κάτι	if you have a say in something, people listen to your opinion and do what you suggest	have a say in something	<i>of course you'll have a say in the final decision - we won't do anything yet I want to have a say in your decision parents will be allowed to have a say in the choice of a new headteacher if you want to have a say, you'll have to come to the meeting</i>	
lend a hand	Phrase	/lend ə hænd/	δίνω ένα χεράκι, βοηθώ, δίνω χείρα βοηθείας	if you lend a hand , you do something to help someone with a particular task		<i>he was always ready to lend a helping hand when he could see we were struggling she lent a hand when we were moving into the new house there are plenty of people here who can lend a helping hand</i>	
mobilize	Verb	/ˈməʊbəlaɪz/	κινητοποιούμαι	when people or animals mobilize , they prepare to take action together, for example to defend themselves against a dangerous or threatening situation		<i>the ant colony quickly mobilized as a defence unit there's no time to wait, we need to mobilize now over 90,000 troops were mobilized</i>	
play a part	Phrase	/pleɪ ə pɑːt/	παίζω/διαδραματίζω ρόλο, συμμετέχω	if you play a part in something, you are fully involved in it	play a part in (doing) something	<i>he played a part in setting up the new factory religion plays a part in American elections I think luck played a big part</i>	
show concern	Phrase	/ʃəʊ kənˈsɜːn/	δείχνω ενδιαφέρον, ενδιαφέρομαι	if you show concern , you are worried about someone or something and let people know that you hope a bad situation will not arise		<i>he showed concern when he heard my mother was ill she didn't show any concern about the quality of her work it would help if you looked interested and showed a little concern</i>	

take responsibility	Phrase	/teɪk rɪsˌpɒnsəˈbɪlɪti/	αναλαμβάνω την ευθύνη	if you take responsibility for something, you treat it as your duty to make sure it succeeds or works well and agree to take the blame if things go wrong	take responsibility for something	<i>students must take responsibility for their own learning you need to take responsibility for your own actions he agreed to take responsibility for organising the conference</i>
trail	Noun	/treɪl/	ίχνος, χνάρι	a trail is a smell, or physical marks, that a person or animal leaves behind as it moves somewhere, and that other animals can detect even though they can't see them	follow a trail	<i>police used dogs to follow the trail even if you wanted to, you wouldn't be able to stop yourself leaving a trail the trail led to an old barn</i>
unrivalled	Adjective	/ʌnˈraɪv(ə)ld/	απαράμιλλος, ασυναγώνιστος	someone or something that is unrivalled is very good at something, and much better than anyone or anything else		<i>in the art of war, ants are probably unrivalled she had an unrivalled knowledge of Roman history the hotel offers an unrivalled view over Venice the quality of the food here is unrivalled</i>

pp 120-121	POS	Pronunciation		Definition	Collocates	Examples	Word family
absurd	Adjective	/əbˈsɜːd/	παράλογος	something that is absurd is completely ridiculous or unreasonable		<i>her claim was utterly absurd that's an absurd idea! his first explanation was rejected as absurd we were in the absurd position of having a boat but no water for 40 miles</i>	Adverb: <i>absurdly</i> Noun: <i>absurdity</i>
empathy	Noun uncount	/ˈempəθi/	κατανόηση, ενσυναίσθηση, συναισθηματική ταύτιση, συμπόνια	empathy is the ability to understand and share someone else's problems and difficulties as if they were your own	empathy for someone	<i>I certainly felt empathy for him when I heard what had happened he lacked any empathy for the people he worked with to communicate effectively, we have to be able to show empathy the important thing is to demonstrate empathy, not just feel it</i>	Verb: <i>empathise</i>
have a laugh	Phrase	/hæv ə ˈlɑːf/	ρίχνω γέλιο, γελάω	if you have a laugh , you enjoy yourself in a social situation where everyone is relaxing and no one is taking things seriously		<i>we always have a laugh when my aunt comes to visit go on, have a laugh, it's good for you we all had a good laugh in the restaurant last night</i>	
immersed	Adjective	/ɪˈmɜːst/	βυθισμένος	if you are immersed in an activity, you are giving it all your attention and concentration and do not notice anything else that is happening	immersed in something	<i>he walked home, immersed in his thoughts players became completely immersed in the game within minutes she was immersed in a fascinating conversation</i>	Verb: <i>immerse</i>
laterally	Adverb	/ˈlætərəli/	δημιουργικά, έξω από τα συνηθισμένα	if you think laterally , you think in a very creative way rather than following normal or expected thought patterns		<i>our politicians need to start thinking laterally to find solutions to the crisis job applicants need to be able to think laterally and work without supervision forget what we were taught at school, we've got to start thinking laterally</i>	
let go	Phrase	/let ɡəʊ/	χαλαρώνω, διώχνω σκέψεις, δεν ασχολούμαι άλλο	if you let go , you stop worrying about things and allow yourself to relax and have fun		<i>a shared feeling of enjoyment and letting go I found it difficult to let go because I kept thinking about the exam just let go and think about how much fun you're going to have</i>	
light-hearted	Adjective	/ˈlaɪt ˈhɑː(r)tɪd/	ξέγνοιαστος, ανάλαφρος	light-hearted activities are not very serious and are meant to be fun		<i>the programme presented a light-hearted view of life in the capital her blog post was a light-hearted way of giving us some very useful information Feynman was good at mixing hard work with light-hearted games</i>	
pit your wits	Phrase	/pɪt jɔː wɪts/	ανταγωνίζομαι σε εξυπνάδα, κοντράρουμε τις γνώσεις μας	if you pit your wits against someone, you compete with them in something that involves thinking and knowledge rather than physical activity	pit your wits against someone	<i>an online quiz where you can pit your wits against people all over the world do you want to pit your wits against me in a game of Scrabble?</i>	
play a joke	Phrase	/pleɪ ə ˈdʒɔʊk/	κάνω φάρσα, κάνω πλάκα	if you play a joke on someone, you trick them somehow so that you can laugh at them	play a joke on someone	<i>my older brother was always playing jokes on me Danny can't resist playing jokes she loved playing jokes on people</i>	
play on words	Phrase	/pleɪ ɒn wɜːdz/	κάνω λογοπαίγνιο, παίζω με τις λέξεις	a play on words is a humorous use of words that involves two different meanings of the same word		<i>the pub was called the Barge Inn - a play on words that sounds like "barge in" a lot of the names of Dickens' characters are a play on words</i>	
see the funny side	Phrase	/siː ðə ˈfʌni saɪd/	βλέπω την εύθυμη/αστεία πλευρά	if you see the funny side of something, you agree that it is slightly funny even though there is a serious or unpleasant aspect to it as well		<i>luckily, Simon could see the funny side and laughed along with the rest of us they didn't see the funny side and left in a very bad mood I didn't see the funny side at first but after a while I was laughing with everyone else</i>	
take the fun out of	Phrase	/teɪk ðə ˈfʌn aʊt ɒv/	χαλάω τη διασκέδαση	if something takes the fun out of an activity, it stops you enjoying it		<i>having my dad watching me the whole time took the fun out of swimming in the sea they're taking the fun out of it by making up the rules as they go along</i>	

p 122-123	POS	Pronunciation		Definition	Collocates	Examples	Word family
a free hand	Phrase	/ə friː ˈhænd/	ελευθερία κινήσεων, έχω το ελεύθερο	if you have a free hand in something, you can decide how you want to do it without being told by anyone else	give someone a free hand	<i>my boss gave me a free hand to deal with the matter I'm sure he'll succeed so long as we give him a free hand and don't interfere she had a free hand to choose whoever she wanted as her deputy</i>	
accumulate	Verb	/əˈkjuːmjʊleɪt/	συσσωρεύω	if you accumulate something, you get more and more of it over time		<i>they don't accumulate possessions in the way we do he saved his pocket money and by the end of the year had accumulated nearly a hundred pounds she has accumulated a fine collection of Wedgwood plates</i>	Noun: <i>accumulation</i>
axe	Noun	/æks/	τσεκούρι	an axe is a tool with a wooden handle and a heavy, sharp metal blade at the end, used for chopping up wood or cutting down trees		<i>using a hand axe, they cut down the tree can I borrow your axe for a while? he carried the axe on his shoulder</i>	

bush	Noun	/bʊʃ/	θάμνος, θαμνώδης έκταση, ερημότοπος	in Australia, New Zealand, Canada and Africa, the bush is wild, uncultivated land, usually a long way from towns and cities		<i>we spent an uncomfortable night camping in the bush a tourist went missing in the bush south of Taupo never go into the bush alone</i>	
come at a price	Phrase	/kʌm æt ə praɪs/	έχω κάποιο τίμημα (μειονέκτημα)	if something comes at a price , there are disadvantages to it as well as the desired advantages		<i>the rise of agriculture came at a price success came at a price, and his marriage broke up shortly afterwards the win over Chelsea came at a price as the goalkeeper was injured and had to miss the next three games</i>	
exposure	Noun uncount	/ɪkˈspəʊʒə(r)/	έκθεση	exposure to something is the fact of experiencing it or being near it	exposure to something	<i>too much exposure to violent films can cause problems in teenagers in spite of long exposure to modern methods, they still prefer to cut their crops by hand</i>	Adjective: <i>exposed</i>
free lunch	Noun	/ˈfriː lʌntʃ/	τίποτα δεν είναι τζάμπα, όλα έχουν κάποιο τίμημα	if you say “ there's no such thing as a free lunch ”, you mean that you can never can get any benefit without having to pay for it somehow		<i>don't expect a free lunch. He's bound to ask for something I was hoping he'd agree to help with the painting, but there's no such thing as a free lunch and he wants me to lend him my car for a week!</i>	
free-for-all	Noun	/ˈfriːfərˌɔːl/	χωρίς κανόνες, ανεξέλεγκτα, μπάτε σκύλοι αλέστε	a free-for-all is a situation where no one pays any attention to the rules and does exactly what they want to do		<i>it started as a disagreement, then an argument and ended up as a free-for-all with people shouting and swearing at teach other the meeting finished as a free-for-all as the chairman couldn't control it</i>	
infectious	Adjective	/ɪnˈfekʃəs/	μολυσματικός	if an illness or disease is infectious , it can move from one person to another		<i>it's a highly infectious illness as measles is extremely infectious, it can spread very quickly try not to get too close as I might still be infectious (have an infectious illness)</i>	Noun: <i>infection</i> Verb: <i>infect</i> Adjective: <i>infected</i>
opportunistically	Adverb	/ˌɒpə(r)tjuːˈnɪstɪk(ə)li/	καιροσκοπικά	if you do something opportunistically , you do it when the opportunity is there rather than planning exactly when you are going to do it		<i>they doze opportunistically during the heat of the day computer hackers opportunistically scan the Internet looking for unprotected computers cars were stolen opportunistically in the days before car alarms</i>	Adjective: <i>opportunistic</i> Noun: <i>opportunist</i>
scarce	Adjective	/skeə(r)s/	σπάνιος, λιγοστός	if something is scarce , there is not very much of it available		<i>food supplies were scarce during the war in many areas, water is a scarce resource bees are becoming more and more scarce</i>	Noun: <i>scarcity</i>
scot-free	Adverb	/ˈskɒtˈfriː/	την σκαπουλάρω, μένω απιμώρητος, την βγάζω καθαρή, ούτε γάτα ούτε ζημιά	if someone gets off scot-free , they manage to avoid being punished for something wrong or illegal that they have done	get off scot-free	<i>Aaron Burr killed Alexander Hamilton and got off scot-free you can't expect to behave like that and get off scot-free the police couldn't prove he was there and he walked away scot-free</i>	
steward	Noun	/ˈstjuːə(r)d/	επιστάτης, υπεύθυνος διαχείρισης	a steward is someone who looks after something and does what is necessary to protect it		<i>farmers are stewards of the land they work on we are all stewards of our own environment</i>	
swarm	Verb	/swɔː(r)m/	συρρέω, μαζεύομαι, κατακλύζω	when insects, especially bees, swarm , they move or fly somewhere together in large numbers		<i>bees swarm when they run out of room in their hive red ants were swarming through the earth flies were swarming round the kitchen window</i>	Noun: <i>swarm</i>
pp 124-135	POS	Pronunciation		Definition	Collocates	Examples	Word family
end up	Phrasal verb	/ɛnd ʌp/	καταλήγω, καταντάω, τελικά	if you end up in a particular situation, you eventually get there, usually without having planned to be there	end up doing something	<i>I went to France for a couple of months and ended up staying there for six years she went to university to study chemistry but ended up as a lawyer if you don't work a bit harder you'll end up unemployed again the company ended up making parts for vacuum cleaners</i>	
handy	Adjective	/ˈhændi/	χρήσιμος	something that is handy is useful or helpful to you		<i>the phone has lots of handy features a handy app that shows you the weather forecast for the next week it's very handy and fits into a jacket pocket easily</i>	
indicate	Verb	/ˈɪndɪkeɪt/	υποδηλώνω, φανερώνω	if one thing indicates a particular situation or state of affairs, it shows or suggests that the situation or state of affairs exists		<i>the results of the research indicate that there may have been a Roman villa on the site the silver turns black, indicating the presence of poison the graph indicates that the summer months are getting wetter blood samples indicated very low oxygen levels</i>	Noun: <i>indication</i> Noun: <i>indicator</i>
infer	Verb	/ɪnˈfɜː(r)/	συμπεραίνω	if you infer something, you think it must be true because of information that you have		<i>it's possible to infer the meaning of some words from the contexts they occur in we can reasonably infer that the price of oil will have to go up the article allowed the reader to infer that Watson must have been guilty</i>	Noun: <i>inference</i>
prospect	Noun	/ˈprɒspekt/	προοπτικές	someone's prospects are the chances that they will be successful in something		<i>hopefully this is just a setback rather than an end to his career prospects my grandmother married a man with no prospects but it all turned out well his political prospects looked very good after the election</i>	
supportive	Adjective	/səˈpɔː(r)tɪv/	υποστηρικτικός	if people are supportive , they understand your situation and help you		<i>her parents want to be supportive my colleagues are very supportive luckily, I've got a supportive boss thank you for being so supportive while I've been in hospital</i>	Verb: <i>support</i> Noun: <i>support</i>
pp 126-127	POS	Pronunciation		Definition	Collocates	Examples	Word family

agony	Noun uncount	/ˈæɡəni/	οδύνη, πόνος, σπαραγμός	agony is extreme physical pain	in agony	<i>you could see he was in agony when his wrist snapped the agony was unbearable trying to swallow was agony I'd never experienced such agony until I broke my leg</i>	
carnivore	Noun	/ˈkɑː(r)nɪvɔː(r)/	σαρκοφάγος	a carnivore is a person or animal that eats meat		<i>you could tell from the teeth that the animal was a carnivore not all dinosaurs were carnivores my wife is a vegetarian, but I'm very much a carnivore cats are pure carnivores</i>	Adjective: <i>carnivorous</i>
endure	Verb	/ɪnˈdjʊə(r)/	υπομένω, αντέχω	if you endure a difficult or painful situation, you experience it patiently over a period of time		<i>they endured poor working conditions for another five years the twins endured a series of illnesses throughout their childhood I couldn't endure the agony a minute longer</i>	
gruelling	Adjective	/ˈɡruːəlɪŋ/	εξουθενωτικός	a gruelling activity is one that is physically very difficult and lasts a long time		<i>it was a gruelling climb but the view from the top made it worthwhile he spent a gruelling hour in the gym a gruelling training course we went on a gruelling 50 mile walk after four gruelling months at sea they finally reached Australia</i>	
ordeal	Noun	/ɔː(r)ˈdiːl/	δοκιμασία, βασανιστήριο, μαρτύριο	an ordeal is a very difficult and unpleasant experience		<i>the two women suffered a terrifying ordeal Patricia began to describe her painful ordeal Her courage throughout the ordeal was incredible only three of them survived the ordeal</i>	
ritual	Noun	/ˈrɪtʃuəl/	τελετουργικό, ιεροτελεστία	a ritual is an activity that is done in the same way every time, especially as part of a religious ceremony		<i>the wedding ceremony is a long-established ritual it was a ritual traditionally performed before going in to battle the entire ritual lasted over an hour secret rituals</i>	Adjective: <i>ritual</i> Adverb: <i>ritually</i>
sting	Verb	/stɪŋ/	τσιμπάω, κεντρίζω	if you get stung by an insect such as a wasp or a bee, or if the insect stings you, it sticks some poison into your skin, which hurts		<i>every autumn I get stung by wasps I got stung on the end of my nose if the wasp gets angry it will sting you I've never been stung by a bee</i>	Noun: <i>sting</i>
unfazed	Adjective	/ʌnˈfeɪzd/	ατάραχος, απτόητος	if you are unfazed , you succeed in remaining calm and relaxed throughout a difficult or dangerous period of time		<i>he remained unfazed by the constant attacks on him in the newspapers unfazed, she continued to swim across the river the bear was mostly unfazed by humans and refused to leave</i>	
venom	Noun uncount	/ˈvenəm/	δηλητήριο	venom is the poison in some insects and snakes		<i>they gathered some snake venom to use in medical research bee venom is used in some cancer treatments the venom is capable of causing considerable pain the venom took effect incredibly quickly</i>	Adjective: <i>venomous</i>

p 128	POS	Pronunciation		Definition	Collocates	Examples	Word family
banned	Adjective	/bænd/	απαγορευμένος	if something is banned , it is not allowed to happen because of a law or rule		<i>the sport was banned for a while because of violence two cyclists were accused of taking banned substances (drugs that were not allowed) diesel cars are now banned from the city centre the film was banned in Russia</i>	Verb: <i>ban</i> Noun: <i>ban</i>
deteriorate	Verb	/dɪˈtɪəriəreɪt/	επιδεινώνομαι, χειροτερεύω	if something or someone deteriorates , their conditions gets worse and worse over time		<i>the situation is bound to deteriorate his health has deteriorated significantly relations have deteriorated between Russia and the EU the weather is deteriorating rapidly</i>	Noun: <i>deterioration</i> Adjective: <i>deteriorating</i>

Unit 11 p 129	POS	Pronunciation		Definition	Collocates	Examples	Word family
content	Adjective	/kənˈtent/	ικανοποιημένος, ευχαριστημένος	if someone is content , they are reasonably happy		<i>he was quite content living in Cornwall I'm perfectly content to be alone she is clearly content that she decided to stay</i>	Noun: <i>contentment</i>
cross	Adjective	/krɒs/	θυμωμένος, τσαντισμένος	if you are cross , you are slightly angry about something		<i>I was really cross when I found out they'd left without me what are you so cross about? she looks rather cross in the photograph</i>	Adverb: <i>crossly</i>
evoke	Verb	/ɪˈvəʊk/	προκαλώ, φέρνω στο νου	if something evokes a particular emotion, feeling, or memory, it makes you experience it		<i>the images evoke feelings of calm and security we choose designs that evoke a positive reaction just hearing the name again evoked memories of my childhood in Santiago the music evoked a mood of great optimism</i>	Noun: <i>evocation</i> Adjective: <i>evocative</i> Adverb: <i>evocatively</i>
livid	Adjective	/ˈlɪvɪd/	έξαλλος, έξω φρενών	someone who is livid is extremely angry		<i>my mother was livid when she found out she was absolutely livid about the proposal I'm so livid I could scream</i>	
pack a punch	Phrase	/pæk ə ˈpʌnʃ/	είμαι αποτελεσματικός, έχω μεγάλο αντίκτυπο	if something packs a punch , it has a very powerful effect on someone		<i>some of her pictures pack a real emotional punch the last verse of the song packs quite a punch the author knows how to pack a powerful punch</i>	
petrified	Adjective	/ˈpetrɪfaɪd/	κοκαλωμένος από φόβο	if you are petrified you are extremely frightened		<i>I was petrified that I'd fall off the roof he is petrified of dogs now, she's petrified of going anywhere near the sea I went skiing once and was absolutely petrified</i>	Adjective: <i>petrifying</i>
taken aback	Adjective	/ˈteɪkən əˈbæk/	αιφνιδιάζομαι	if you are taken aback , you are very surprised and slightly shocked by something		<i>he was a bit taken aback when I told him I was a policeman she was obviously taken aback by the news I was taken aback by his violent reaction he was too taken aback to reply</i>	Phrasal verb: <i>take aback</i>

pp 130-131	POS	Pronunciation		Definition	Collocates	Examples	Word family
a bit down	Phrase	/ə bɪt daʊn/	έχω τις μαύρες μου, δεν έχω όρεξη	if you feel a bit down , you feel sad and unhappy because something unpleasant has happened to you		<i>he looked a bit down so we took him to a restaurant to try and cheer him up he's been a bit down since his wife left him I thought she looked a bit down so I invited her round for lunch</i>	

all over the place	Phrase	/ɔ:l ˈəʊnə ðə pleɪs/	αλλού γι' αλλού, μπερδεμένος, αλαλούμ, περί ανέμων και υδάτων, ανοργάνωτος, στην κοσμάρα μου	if you are all over the place , you cannot concentrate on anything and make mistakes in what you are trying to do	<i>I hardly slept last night and I'm all over the place this morning my emotions were all over the place he lost his job last week and he's still all over the place</i>
done in	Adjective	/dʌn ɪn/	εξουθενωμένος, είμαι πτώμα/ψόφιος	if you are done in , you are exhausted after a lot of hard activity	<i>I was done in by eight and went to bed before nine last night here, come and sit down. You look done in after eight hours of gardening he was totally done in</i>
gloomy	Adjective	/ˈɡluːmi/	ζοφερός	something that is gloomy makes you think that things are bad and that they are not going to improve	<i>he's always making gloomy predictions about the economy she painted a gloomy picture of conditions on the farm a rather gloomy film about the last election the future for the school looked gloomy</i> Adverb: <i>gloomily</i> Noun: <i>gloom</i>
gut feeling	Noun	/ɡʌt ˈfiːlɪŋ/	έχω ένστικτο, το ένστικτό μου μού λέει, έχω κακό προαίσθημα	your gut feeling is what you really feel about something without thinking or trying to use reason	<i>my gut feeling is that we should try again always go with your gut feeling as a parent I've got a gut feeling that things are going to get worse</i>
momentarily	Adverb	/ˈməʊmənt(ə)rəli/	προς στιγμήν, για μια στιγμή	if you do something momentarily , you do it for a very short time, literally just for a moment	<i>if you lose concentration even momentarily it can be incredibly dangerous he lost consciousness momentarily she was momentarily blinded by the headlights of a car coming the other way his heart stopped momentarily</i> Adjective: <i>momentary</i>
nagging	Adjective	/ˈnæɡɪŋ/	επίμονος, βασανιστικός, ενοχλητικός	a nagging feeling or emotion is one that stays with you for a long time, especially one that slightly annoys you or makes you feel sad	<i>Colin felt the familiar nagging pain in his arm she developed a nagging cough inside him there was a little nagging doubt a nagging feeling that maybe I was wrong</i> Verb: <i>nag</i>
on edge	Phrase	/ɒn ɛdʒ/	είμαι στην τσίτα, σε αναμμένα κάρβουνα	if you feel on edge , you are anxious, and you worry that something bad might happen	<i>you could see he was on edge all the way through the interview I was on edge all morning before the exam you look a bit on edge; are you worried about something?</i>
pick up on	Phrasal verb	/pɪk ʌp ɒn/	αντιλαμβάνομαι, πιάνω	if you pick up on something, you become aware of it and react to it	<i>he picked up on the feeling that food was important to us the audience picked up on what he was trying to say and started laughing am I the only person to have picked up on what's happening out there?</i>
rub	Verb	/rʌb/	τριβω	to rub something means to press and move your hands or an object over its surface	<i>rub the lid with a damp cloth to get it clean wash your face without soap and don't rub the skin too hard he gently rubbed my back to help ease the pain 'I fell over,' the child cried, rubbing her knee Alice yawned and rubbed her eyes</i> Noun: <i>rub</i>
speechless	Adjective	/ˈspiːtʃləs/	άφωνος	if you are speechless , you are so surprised by something that you do not know what to say	<i>when he rang and told me he'd been arrested I was speechless the news left him speechless for a few moments she was speechless she knew the announcement would leave her audience speechless</i>
thrilled to bits	Phrase	/θrɪld tuː bɪts/	δεν κρατιέμαι απ' τη χαρά μου	if you are thrilled to bits , you are extremely pleased about something	<i>she was thrilled to bits when they told her she'd got the job Vicky was thrilled to bits when she found her ring I've always wanted my own car, and I'm thrilled to bits now that I've got one</i>
upbeat	Adjective	/ˈʌpbiːt/	αισιόδοξος, καλοδιάθετος	if you are upbeat , you have very positive thoughts and think good things are about to happen	<i>she was very upbeat about her driving test being upbeat and optimistic really aids recovery he had a very upbeat approach to life her attitude to things was decidedly upbeat</i> Opposite – Adjective: <i>downbeat</i>
vanish	Verb	/ˈvænɪʃ/	εξαφανίζομαι	if something or someone vanishes , they suddenly disappear and you do not know where they are	<i>when I looked round, she'd vanished both men simply vanished before the trial began the magician's final trick was to make the rabbit vanish the boat had vanished without trace he seemed to vanish into thin air she has hardly slept since her daughter vanished</i> vanish without trace simply vanish vanish into thin air

132-133	POS	Pronunciation		Definition	Collocates	Examples	Word family
articulate	Verb	/ɑː(r) ˈɪkjuːleɪt/	εκφράζω, αρθρώνω	if you articulate something, you express it in words in a way that can be easily understood		<i>by the end of the term, children will be able to articulate all seven principles she had difficulty articulating her inner feelings could you articulate your views on the problem?</i>	
articulate	Adjective	/ɑː(r) ˈɪkjuːlət/	ευφράδης, σαφής, κατανοητός	someone who is articulate is able to express themself in words very fluently and clearly		<i>she was highly articulate and keen to share her knowledge he delivered a fascinating and articulate speech an articulate and intelligent instructor</i>	
blank	Adjective	/blæŋk/	κενός, λευκός, άδειος	something that is blank has no writing or decoration on it		<i>a blank piece of paper leave a blank line between each paragraph there were seven blank pages at the end of the book a blank computer screen</i>	
deliberate	Adjective	/dɪˈlɪb(ə)rət/	σκοπίμος, επίτηδες	something that is deliberate happens or is done on purpose and not by accident		<i>a deliberate mistake a deliberate attempt to get me into trouble it was all a deliberate lie his choice of words was deliberate</i>	Adverb: <i>deliberately</i>
deliberate	Verb	/dɪˈlɪbəreɪt/	αναλογίζομαι, σκέφτομαι	if you deliberate , you think hard about something or discuss it seriously with other people before making a final decision about it		<i>while the judges deliberated, we waited impatiently outside the jury deliberated for six hours before deciding he was guilty protesters gathered outside while politicians deliberated over the proposal</i>	Noun: <i>deliberation</i>

dilemma	Noun	/dɪˈlemə/	δίλημμα	a dilemma is a difficult situation that forces you to make a decision that is not easy	face a dilemma be in a dilemma	<i>after two years I faced a dilemma – whether to stop now or carry on for another year I'm in a dilemma about which university to choose a moral dilemma this is the dilemma facing many teachers today</i>	
duplicate	Adjective	/ˈdjuːplɪkət/	αντίγραφο	a duplicate copy or version of something is a second one that can be used if the first one is not available		<i>a duplicate copy of the contract my neighbour has a duplicate key in case I lose mine we keep a duplicate set in a different building</i>	Noun: <i>duplicate</i>
duplicate	Verb	/ˈdjuːplɪkeɪt/	αναπαράγω, αντιγράφω	if you duplicate something, you do something that has already been done by you or by someone else		<i>other scientists have yet to duplicate the results the error was duplicated on both computers, suggesting it was a software issue there's no reason you can't duplicate your sister's success at university we had duplicated work already done in the Manchester laboratory</i>	Noun: <i>duplication</i>
elaborate	Verb	/ɪˈləʊbəreɪt/	αναλύω, επεξηγώ	if you elaborate on something, you say more about it and provide more details about it	elaborate on something	<i>could you elaborate on that a little? I'll elaborate on this idea in the next lecture all this will be fully elaborated in the next chapter in her talk, she elaborated on the topic of Spanish literature</i>	Noun: <i>elaboration</i>
elaborate	Adjective	/ɪˈləʊb(ə)rət/	περίτεχνος, πολύπλοκος	something that is elaborate is quite complicated and has a lot of detail		<i>students attended an elaborate ceremony to be given their degrees an elaborate dance that took a long time to learn they served a very elaborate meal that went on for three hours</i>	
gamble	Noun	ˈɡæmb(ə)l/	τζόγος, ρίσκο	a gamble is a risk that you take, knowing that it might not work for you but that it will give you some benefit if it does work	take a gamble a big/huge gamble be a bit of a gamble	<i>I knew it was a bit of a gamble calling an early election was a huge political gamble his gamble paid off (was successful) Ross risked everything on a last gamble the company was taking a considerable gamble</i>	Verb: <i>gamble</i>
imperfect	Adjective	/ɪmˈpɜː(r)fɪkt/	ατελής, ελαττωματικός	something that is imperfect has something wrong with it or is not complete		<i>he had a certain, though imperfect, knowledge of Greek we live in an imperfect world institutions designed by people are inevitably imperfect</i>	Adverb: <i>imperfectly</i> Opposite – Adjective: <i>perfect</i>
intuitive	Adjective	/ɪnˈtjuːətɪv/	ενστικτώδης	if something is intuitive , you are able to handle it or do it straight away without having to read instructions or learn how to do it		<i>my intuitive response was to keep looking the program is very intuitive (easy to use without having to look at instructions) he had an intuitive understanding of how the system worked an intuitive awareness of the danger</i>	Adverb: <i>intuitively</i> Noun: <i>intuition</i> Verb: <i>intuit</i>
plausible	Adjective	/ˈploʊzəb(ə)l/	αληθοφανής, πιστευτός, εύλογος	something that is plausible is reasonable and seems likely to be true		<i>I couldn't think of a plausible explanation for the incident it was a perfectly plausible theory she needed a plausible excuse for not going to the theatre the story seemed plausible at the time</i>	Adverb: <i>plausibly</i> Opposites – Adjective: <i>implausible</i> Adverb: <i>implausibly</i>
separate	Verb	/ˈsepəreɪt/	ξεχωρίζω, διαχωρίζω	if you separate things, you move them or put them somewhere where they are not together		<i>we need to separate the truth from the lies let's separate into two groups a fence that separated the garden from the swimming pool</i>	
separate	Adjective	/ˈsep(ə)rət/	ξεχωριστός, χωριστός	things that are separate are not connected to each other physically or in any other way		<i>that's a separate question altogether the two groups were completely separate and neither knew what the other was doing the king and queen arrived in separate cars</i>	Adverb: <i>separately</i>

pp 134-135	POS	Pronunciation		Definition	Collocates	Examples	Word family
beyond a joke	Phrase	/bɪˈjɒnd ə ɔʃəʊk/	ξεπερνάω κάθε όριο	if you say that something is beyond a joke , you mean you do not approve of it because it is not fair or reasonable		<i>the amount of spam in my inbox is beyond a joke that's the third time my operation has been cancelled, and it's getting beyond a joke the amount of fuss they made about me being late was beyond a joke</i>	
beyond doubt	Phrase	/bɪˈjɒnd daʊt/	πέρα από κάθε αμφιβολία, αδιαμφισβήτητα	if something is beyond doubt , it is absolutely certain		<i>his loyalty to the government is beyond doubt it is beyond doubt that climate change is the result of human activity the letter proves beyond doubt that he was not in the country at the time he is now, beyond doubt, the most powerful director in the company</i>	
beyond me	Phrase	/bɪˈjɒnd miː/	με ξεπερνά, είναι απορίας άξιο, δεν μπορώ να καταλαβαίνω	you use beyond me when you are describing something you think is bad, unacceptable, or impossible to understand		<i>it's beyond me how they ever got here in the first place why so many Americans want to have guns is beyond me how anyone can treat animals so badly is beyond me</i>	
beyond recognition	Phrase	/bɪˈjɒnd ˌrekəɡˈnɪʃən/	είμαι αγνώριστος	if something or someone has changed beyond recognition , they have changed so much that you can no longer recognise them		<i>Moscow has changed beyond recognition since 1990 most of the victims were burned beyond recognition just painting the outside transformed the house beyond recognition</i>	
beyond someone's means	Phrase	/bɪˈjɒnd ˈsʌmwʌnz miːnz/	ξοδεύω περισσότερα απτ' ότι κερδίζω, πέρα απ' τις οικονομικές μου δυνατότητες	if you are living beyond your means , you regularly spend more money than you earn	live beyond your means	<i>you need to change your lifestyle as you're obviously living beyond your means we're living beyond our means so we'll have to sell the car if you're living beyond your means, you need to do something about it quickly</i>	
beyond the call of duty	Phrase	/bɪˈjɒnd ðə kɔːl ɒv ˈdʒuːtɪ/	ξεπερνώ τα όρια του καθήκοντος, υπερβάλλων ζήλος	if you say that something is beyond the call of duty , you mean that it is much more than you should normally be expected to do		<i>working till ten at night is beyond the call of duty he went far beyond the call of duty to ensure the project finished on time the medal was awarded for bravery and service beyond the call of duty</i>	

bizarre	Adjective	/bɪˈzɑː(r)/	παράξενος	something that is bizarre is very strange and unusual		<i>it was a bizarre-looking instrument by a bizarre coincidence, Prokofiev and Stalin died on the same day the idea of eating a chocolate ant sounds bizarre a rather bizarre suggestion the whole bizarre situation had got out of control she was wearing a bizarre dress made out of towels</i>	Adverb: <i>bizarrely</i>
-crafted	Combining form	/-ˈkraːftɪd/	φτιαγμένος, κατασκευασμένος	you use -crafted to say how something was done or how well or badly it was carried out		<i>a well-crafted report a hand-crafted jug (made by hand) a very finely-crafted vase a beautifully-crafted flower arrangement</i>	
fall short	Phrase	/fɔːl ʃɔːt/	υπολείπομαι, δεν ανταποκρίνομαι, έχω ελλείψεις	if you fall short , you do not quite finish a task, or do not do it quite so well as you ought to		<i>the report fell short of our expectations we fell short of gathering the required number of signatures his explanation fell well short, and we still do not know exactly what happened</i>	
monotonous	Adjective	/məˈnɒtənəs/	μονότονος	something that is monotonous is very dull and boring because it repeats the same activity over and over again		<i>monotonous and low-paid factory jobs his duties were so monotonous he decided to run away she felt her daily life had become monotonous</i>	
obsolete	Adjective	/ˈɒbsəliːt/	απαρχαιωμένος, ξεπερασμένος	something that is obsolete is no longer useful because something better and newer has replaced it		<i>people thought paper books would become obsolete after the arrival of e-books a lot of the equipment in the factory is now obsolete very soon, credit cards will be obsolete technology the plane became increasingly obsolete as newer and faster models became widely available</i>	Noun: <i>obsolescence</i>
opinion	Noun	/əˈpɪnjən/	γνώμη, άποψη	your opinion is what you think or believe about something	in one's opinion an opinion of someone or something an opinion about something or someone	<i>what's your opinion of the new boss? do you have any opinion on the matter? in my opinion, we should sell the company we had a difference of opinion (we disagreed about something)</i>	
subtlety	Noun	/ˈsʌt(ə)lti/	λεπτότητα, επιδεξιότητα	a subtlety is something that is important in a situation but that is not necessarily noticeable		<i>they provide insights into the subtleties of human nature it was easy to miss the subtleties in her speech</i>	
venture	Verb	/ˈventʃə(r)/	τολμώ, μαντεύω	if you venture an opinion, you express it in a slightly uncertain way, for example because you are not certain about it	venture an opinion venture that	<i>he ventured the opinion that the government was making a big mistake I would venture a guess that they don't own the house, they just rent it she ventured a mild criticism of the chairman I know you disagree, but I venture that the project will fail</i>	

pp 136-137	POS	Pronunciation		Definition	Collocates	Examples	Word family
abrupt	Adjective	/əˈbrʌpt/	απότομος, ωμός	if someone is abrupt , they say something that makes them seem rude or unfriendly		<i>sorry, that probably sounded a bit abrupt his abrupt objection came as something of a surprise her abrupt manner meant she did not make friends easily</i>	Adverb: <i>abruptly</i>
distracted	Adjective	/dɪˈstræktɪd/	αφηρημένος	if you are distracted , you are not paying attention to what you are meant to be doing or thinking about but are thinking about something else		<i>she seemed a little distracted during the meal distracted drivers can cause serious accidents avoid getting distracted when crossing busy roads on the way to school he was bored and easily distracted</i>	Verb: <i>distract</i> Adjective: <i>distracting</i> Noun: <i>distraction</i>
guarded	Adjective	/ˈɡɑː(r)dɪd/	επιφυλακτικός, εσωστρεφής	someone who is guarded is very private and does not express their emotions in public or tell people much about themselves		<i>she seemed rather guarded, but very agreeable his reaction was a very guarded welcome others were much more guarded in what they said to the reporters</i>	
offend	Verb	/əˈfend/	προσβάλλω	if you offend someone, you say something that makes them upset or angry		<i>sorry, I didn't mean to offend you I hope this hasn't offended anyone, but it needed to be said the book offended many of his former colleagues she managed to offend both her grandparents without realising it</i>	Adjective: <i>offended</i> Adjective: <i>offensive</i>
puzzled	Adjective	/ˈpʌz(ə)ld/	μπερδεμένος, απορημένος, σαστισμένος	if you are puzzled , you are slightly confused because you do not properly understand something and you wonder what the actual truth is	a puzzled look/expression/voice	<i>people were puzzled when I said I lived in a basement flat she sounded rather puzzled he had a puzzled expression on his face the policeman looked puzzled, but eventually agreed when he finally understood we were all puzzled about the ending of the film</i>	Verb: <i>puzzle</i> Adjective: <i>puzzling</i>
to the point	Phrase	/tuː ðə pɔɪnt/	επί του θέματος, στο διααύτα, στο θέμα, στο ψητό	if something is to the point , it deals with the important matter being discussed and does not waste time on less important considerations		<i>the letter was admirably concise and to the point his response was quick and to the point keep your answers short and to the point the article was very clear and to the point</i>	
pp 138-139	POS	Pronunciation		Definition	Collocates	Examples	Word family
gesture	Noun	/ˈdʒestʃə(r)/	χειρονομία	a gesture is a movement of your hand or arm which you do in order to help make yourself understood, often at the same time as you are speaking	an angry/rude gesture a hand gesture make a gesture	<i>using mostly gesture, I explained that they were in the wrong street the waiter didn't speak English so we used hand gestures he made a gesture for me to sit down he held up his hand in an angry gesture she made a gesture towards the armchair</i>	Verb: <i>gesture</i>
premise	Noun	/ˈpremis/	υπόθεση, δεδομένο	a premise is a fact or belief that you use as the basis for developing an idea or plan of action		<i>she based the film on the premise that global warming would continue for another hundred years the basic premise of the book was just wrong the premise of the theory was correct, in my view if you accept that premise, then logically we should be at war</i>	

tweak	Noun	/twi:k/	μικροδιορθώσεις, μικροαλλαγές	a tweak is a small change to something that makes it a lot better		with a few tweaks here and there your essay should get a very good mark the program just needs a couple of final tweaks let's hope this last tweak fixes it even minor tweaks can make a big difference	Verb: tweak
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Unit 12 p 141	POS	Pronunciation		Definition	Collocates	Examples	Word family
blot	Noun	/blɒt/	αμαυρώνω, στίγμα	a blot on the landscape is something ugly and unattractive that spoils the scenery		the old mine is a blot on the landscape the wind farm was considered a blot on the landscape	
coal	Noun uncount	/kəʊl/	κάρβουνο, άνθρακας	coal is a solid, black substance that is dug out of the ground and burned to provide energy and heat		we used to produce a lot of coal in Wales coal was transported from there to the gas works there was plenty of coal available in Pennsylvania coal miners usually earned more than farm labourers	
dune	Noun	/dju:n/	αμμόλοφος	a dune is a hill of sand, for example by a beach or in the desert	sand dune	the dunes can reach 75 feet high there were sand dunes on the edge of the beach	
lush	Adjective	/lʌʃ/	με πλούσια βλάστηση, πυκνόφυτος	something that is lush has a lot of green plants, leaves, etc		a handsome tree with lush foliage (leaves) we found ourselves in a lush, green valley the cattle had a constant supply of lush summer grass we cycled through the lush countryside as far as Moon Hill	
rugged	Adjective	/ˈrʌɡɪd/	τραχύς, δύσβατος	a rugged landscape is not smooth, has lots of rocks or small bare hills, and not many trees or other plants		the rugged coastline of the island more rugged landscape can be found further north, in the Peak District the rugged scenery of Bardsey Island the wild and rugged cliffs of the Gower	
scale	Noun	/skeɪl/	κλίμακα, έκταση	the scale of something is its size or extent	the (sheer) scale of something on a particular scale	it's difficult for us to get our heads round the sheer scale of the devastation they had never seen flooding on such a scale before the scale of the problem was frightening a large scale research project there was evidence of fraud on a massive scale	
snow-capped	Adjective	/ˈsnəʊ kæpt/	χιονισμένος, χιονοσκεπαστος	mountains or hills that are snow-capped have a covering of snow on the top		most of the peaks are snow-capped throughout the year in the distance we could see the snow-capped mountains the snow-capped Rockies of Colorado	
sparse	Adjective	/spɑː(r)s/	αραιός	if something is sparse , there is not very much of it or it is spread out over a large area		a rather sparse crowd of 2,000 in a stadium that can hold 40,000 in dune areas, vegetation is sparse a large country with a relatively sparse population the sparse information available did not help our research very much	Adverb: sparsely
terrain	Noun	/təˈreɪn/	έδαφος	terrain is an area of land, especially when you are describing its physical features		these boots are good for walking over rough terrain the route included a section of very steep terrain the trail crosses rugged terrain to the south of the island the hilly terrain was suitable for growing rubber plants	
vegetation	Noun uncount	/ˌvedʒəˈteɪʃ(ə)n/	βλάστηση	vegetation is the plants and trees that are growing somewhere		most of the island is covered in vegetation vegetation is sparse and consists of a few small trees the dense vegetation here supports over 50 species of butterfly the nest is made of twigs and lined with grass and other vegetation	

pp 142-143	POS	Pronunciation		Definition	Collocates	Examples	Word family
active	Adjective	/ˈæktɪv/	δραστήριος	if you are active , you have a lifestyle that involves a lot of physical exercise		she stayed active well into her eighties (until she was over 80) you should be physically active every day he leads a very active lifestyle I'm planning to keep active through the winter	Adverb: actively
advanced	Adjective	/ədˈvɑːnst/	προηγμένος	a country or region that is advanced uses modern ideas and up to date technology		the industrially advanced nations of the north an advanced, post-industrial society the rivalry between advanced capitalist economies	
aerosol	Noun	/ˈeəəˌsɒl/	αερόλυμα, αεροζόλ	an aerosol is a liquid kept under pressure that you spray out of a metal container. The container is also called an aerosol		don't leave aerosol containers near the cooker don't use aerosol cleaners on the furniture aerosols are the main reason for the hole in the ozone layer this deodorant is available as an aerosol	
amateurish	Adjective	/ˈæməˌteərɪʃ/	ερασιτεχνικός	something that is amateurish is not very good and has been done in a very crude or simple way		a rather amateurish painting of London Bridge ordinary, rather amateurish snapshots an amateurish jazz band spelling mistakes in the article make the whole magazine look amateurish	Adverb: amateurishly
appalling	Adjective	/əˈpɔːlɪŋ/	ειδεχθής, σοκαριστικός, φρικτός	if you say that something is appalling , you mean that it shocks you because it is so bad or unpleasant		this wastefulness is appalling children were forced to work in appalling conditions the number of mosquitoes here is appalling you behaved in an absolutely appalling manner last night the stories they told were simply appalling	Adjective: appalled Verb: appal
aware	Adjective	/əˈweə(r)/	ενήμερος	if you are aware of something, you know about it or know that it exists	be aware of something aware that make someone aware	she became much more politically aware at university I wasn't aware that she was back in London he was aware that he had drunk too much coffee I was made aware of the danger by my doctor he became aware that he was speaking too loudly	Noun: awareness Opposite – Adjective: unaware

culturally	Adverb	/ˈkʌltʃərəli/	πολιτισμικά, πολιτιστικά	you use culturally when you are describing things to do with culture, that is, the art, literature, music, etc of a country or region	<i>a culturally significant exhibition a culturally rich city a culturally exciting visit to Tallin</i>	Adjective: <i>cultural</i> Noun: <i>culture</i>
economically	Adverb	/ˌiːkəˈnɒmɪkli/	οικονομικά	you use economically when you are describing something to do with a country's or region's economy	<i>an economically developed country the village has suffered economically since the nearby factory closed down the EU has made Europe an economically powerful region</i>	Noun: <i>economy</i>
environmentally-friendly	Adjective	/ɪnˌvaɪəərənˈmentli-ˈfrɛndli/	φιλικός προς το περιβάλλον	something that is environmentally-friendly does not cause damage to the environment	<i>he wanted the boat to be environmentally-friendly please use environmentally-friendly soap and shampoo which is the most environmentally-friendly form of energy?</i>	
ethnically	Adverb	/ˈeθnɪkli/	εθνολογικά	you use ethnic to refer to a particular group of people of the same race or who have the same culture and traditions. If you talk about an ethnically mixed group, you mean the people in it are of different nationalities	<i>London is an ethnically exciting city the population of New York City is very ethnically diverse the neighbourhood had become ethnically mixed over the years</i>	Adjective: <i>ethnic</i> Noun: <i>ethnicity</i>
famous	Adjective	/ˈfeɪməs/	περίφημος, διάσημος	if lots of people know about someone or something, that person or thing is famous	<i>Messi is the most famous footballer in the world it's a very famous painting by Leonardo da Vinci is Lady Gaga more famous than Adele? the Ritz is a famous hotel in Paris I want to be famous</i>	Noun: <i>fame</i>
geographically	Adverb	/dʒɪəˈɡræfɪkəli/	γεωγραφικά	you use geographically when you are describing things to do with geography	<i>the city is divided geographically from the rest of Canada Armenia is geographically located within Western Asia the state is geographically divided into six regions</i>	Adjective: <i>geographical</i> Noun: <i>geography</i>
hemisphere	Noun	/ˈhɛmɪˌsfɪə(r)/	ημισφαίριο	a hemisphere is one half of the planet Earth, especially above or below the Equator. Above the Equator is the northern hemisphere and below the Equator is the southern hemisphere	<i>there have been significant rises in temperature in the northern hemisphere it's spring now in the northern hemisphere the two charts show average rainfall in the southern and northern hemispheres</i>	
homogenous	Adjective	həˈmɒdʒɪnəs/	ομοιογενής	in a homogenous group, the people or things in it are all similar or of the same type	<i>although the population is not homogenous , the majority is Slovene others see the upper middle class as being more homogenous anyone can tell you that Singapore is not a homogenous society a number of recent reports have emphasized that 'the elderly' are not at all a homogenous group</i>	
industrially	Adverb	/ɪnˈdʌstriəli/	βιομηχανικά	you use industrially when you are describing something to do with industry	<i>cheap, industrially produced consumer goods the process is still being developed and is not yet used industrially industrially bottled water</i>	Adjective: <i>industrial</i> Noun: <i>industry</i>
intellectually	Adverb	/ˌɪntɪˈlektʃuəli/	διανοητικά, πνευματικά	you use intellectually when you are describing things to do with thinking in an intelligent way and applying knowledge cleverly	<i>he was intellectually curious and read a wide range of books she was very active, both intellectually and physically her poems are intellectually very satisfying a simple but intellectually challenging card game</i>	Adjective: <i>intellectual</i> Noun: <i>intellect</i>
internationally	Adverb	/ˌɪntə(r)ˈnæʃ(ə)n(ə)li/	διεθνώς	you use internationally when you are describing things to do with many different countries	<i>an internationally famous opera singer the band has been touring internationally since 1999 the company sells its products both at home and internationally</i>	Adjective: <i>international</i>
literate	Adjective	/ˈlɪt(ə)rət/	εγγράματος, μορφωμένος	someone who is literate knows how to read and write. Someone who is, for example, economically literate knows about and understands economics. Someone who is geo-literate understands the way the various geographical, political, and social systems operate across the world	<i>we need more of our children to grow into geo-literate adults being geo-literate will enable us to plan for the future much more effectively most of the population is highly literate over 90% of the population is literate in 1600, very few ordinary people were literate an influential and literate middle class</i>	Noun: <i>literacy</i>
musically	Adverb	/ˈmjuːzɪkəli/	μουσικά	you use musically when you are describing things to do with music	<i>a musically gifted child musically, the two operas have a lot in common he was musically talented, with a fine singing voice</i>	Adjective: <i>musical</i> Noun: <i>music</i>
physically	Adverb	/ˈfɪzɪkli/	σωματικά, φυσικά	you use physically when you are describing something to do with a person's body rather than their mind	<i>you need to be physically fit to do this job despite his age, he was still physically active having a physically healthy body is very important he was physically very strong</i>	Adjective: <i>physical</i>
politically	Adverb	/pəˈlɪtɪkli/	πολιτικά	politics is the work of getting power and running a country. If people are active in politics, you can say they are politically active, or if they are aware of politics they are politically aware	<i>she was politically active at university she came from a politically influential family a politically motivated assassination the organisation was small but politically powerful we encourage politically aware young people to get involved in the movement</i>	Noun: <i>politics</i> Noun: <i>politician</i>
politically correct	Adjective	/pəˈlɪtɪkəli kəˈrɛkt/	πολιτικά ορθό	politically correct people do not say anything that might offend people who in the past have been discriminated against. You can also refer to their behaviour and what they say as politically correct	<i>I'd say he was mad, but that wouldn't be politically correct the article was politically correct he wasn't interested in being politically correct politically correct language</i>	Noun: <i>political correctness</i>
remote	Adjective	/rɪˈməʊt/	απομακρυσμένος, απόμερος	somewhere that is remote is a long way from towns or cities	<i>it takes a long time to get there as it's quite remote he comes from a remote town in Australia a remote corner of Scotland a remote village in the mountains his travels took him to the remotest regions of China</i>	

rich	Adjective	/rɪtʃ/	πλούσιος	if something is very rich in a particular place, or if a place is rich in something, there is a lot of it there	be rich in something	<i>a culturally rich city the grass is very rich at this time of year the castle is rich in history (a lot of interesting things have happened there in the past) this area is rich in wildlife (there are a lot of animals, birds, insects, etc)</i>	
pp 144-145	POS	Pronunciation		Definition	Collocates	Examples	Word family
asleep	Adjective	/əˈsli:p/	κοιμάμαι, με παίρνει ο ύπνος	if you are asleep , you are sleeping	fast asleep fall asleep	<i>he was fast asleep (very asleep) in bed she fell asleep (started being asleep) in front of the TV he's asleep upstairs don't wake the baby – he's asleep I'm half asleep (very tired)</i>	Opposite: <i>awake</i>
black	Adjective	/blæk/	μαύρος	something that is black is the colour of complete darkness	pitch black	<i>the road leading to the hotel was pitch black (extremely black) she wore a black skirt with a white blouse his sister has black hair a black car was parked outside</i>	Noun: <i>black</i>
celebrity	Noun uncount	/səˈlebrəti/	διασημότητα, διάσημος	someone's celebrity is the fact of their being famous		<i>he didn't want his celebrity to change the way he lived she was more interested in her celebrity than in performing well his never-ending attempt to acquire celebrity</i>	
clear	Adjective	/kliə(r)/	διαυγής, διαφανής, καθαρός	something that is clear can be seen through easily and has nothing on its surface	crystal clear	<i>the water is warm and crystal clear (extremely clear) a beautiful autumn day with clear skies (no clouds) the beach is famous for its soft sand and clear waters</i>	
cold	Adjective	/kəʊld/	κρύος	if it is cold , the temperature is very low, for example because it is winter or the sun is not shining	freezing cold	<i>the house was freezing cold (very cold indeed) it gets very cold in the winter here it's really cold – I'm going to put the heater on would you like a cold drink? if you're cold, put your coat on</i>	Opposite – Adjective: <i>hot</i>
dry	Adjective	/draɪ/	ξηρός	if something is dry , there is no liquid on it or on it. If the weather is dry , it is not raining	bone dry	<i>the ground outside was bone dry (extremely dry) I had to wait till my hair was dry before going out are the clothes dry yet? tomorrow is expected to be sunny and dry</i>	Verb: <i>dry</i> Opposite – Adjective: <i>wet</i>
existence	Noun	/ɪgˈzɪst(ə)ns/	ύπαρξη	the existence of something is the fact that it exists in the world and is a real thing. A person's existence is their life, especially when talking about what sort of life they have	be in existence	<i>think critically about your previous existence I led a miserable existence until I left home she simply ignored my existence the club was founded in 1895 and is still in existence</i>	Verb: <i>exist</i> Adjective: <i>existing</i> Opposite – Adjective: <i>non-existent</i>
hard	Adjective	/hɑː(r)d/	σκληρός	something that is hard is stiff and cannot bend or break easily	rock hard	<i>the cake spent too long in the oven and was rock hard (extremely hard) when it came out I didn't want to go to sleep on the hard, wooden floor the ground was hard when a room has so many hard surfaces it's sometimes difficult to hear what people are saying</i>	Opposite – Adjective: <i>soft</i>
new	Adjective	/njuː/	νέος, καινούργιος	something that is new has not existed or been owned by someone for long	brand new	<i>she's got a brand new car (very new) there's a new Playstation game going on sale tomorrow I need a new suit for work I had to buy two new tyres for the car</i>	Opposite – Adjective: <i>old</i>
open	Adjective	/ˈəʊpən/	ανοιχτός	a container or doorway that is open is in a position that allows things or people to get in or out	wide open	<i>the door was wide open (very open) when we arrived the envelope was already open when it was delivered if the gates aren't open, ring the bell and someone will come and let you in</i>	Verb: <i>open</i>
overgrown	Adjective	/ˌəʊvə(r)ˈgrəʊn/	με υπερβολική βλάστηση, κατάφυτος	if a place is overgrown , plants have grown over it in an uncontrolled way	overgrown with something	<i>the old pavilion had become overgrown with ivy the path was overgrown and difficult to follow the graves were neglected and overgrown the overgrown ruins of the church are still visible</i>	
profound	Adjective	/prəˈfaʊnd/	ριζικός, σημαντικός, βαθύς, άκρως	something that is profound is very significant and important		<i>this simple idea has profound evolutionary implications both directors had a profound influence on world cinema this experience had a profound effect on his career</i>	Adverb: <i>profoundly</i>
quick	Adjective	/kwɪk/	γρήγορος	something that is quick is very fast	lightning quick	<i>my new broadband connection is lightning quick (extremely quick) police carried out a quick search of the building we got a very quick response from our MP when we wrote to her I've just got a few quick questions to ask you</i>	Adverb: <i>quick</i> Adverb: <i>quickly</i>
scared	Adjective	/skeə(r)d/	φοβισμένος	if someone is scared , they are afraid because they think something bad is going to happen to them	scared stiff scared of something scared that	<i>before my first parachute jump I was scared stiff (extremely scared) I'm scared of spiders there's no need to be scared I thought I heard someone downstairs and got really scared she was scared that she'd fall into the water</i>	Verb: <i>scare</i> Adjective: <i>scary</i>
spray	Noun	/spreɪ/	σπρέι	spray is the liquid that bounces and flies into the air when a large amount of liquid hits against a surface with force		<i>the spray from the waterfall made a rainbow don't forget to use the shower curtain, otherwise the spray will soak the floor</i>	Verb: <i>spray</i>
wet	Adjective	/wet/	βρεγμένος	something that is wet is covered with water or another liquid. If the weather is wet , it rains a lot	sopping wet	<i>the towel was sopping wet (extremely wet) careful – the floor's wet another wet weekend in Manchester it's going to be wet tomorrow (it's going to rain) we're going to have a wet summer</i>	Verb: <i>wet</i> Opposite – Adjective: <i>dry</i>
worried	Adjective	/ˈwʌrɪd/	ανήσυχος, ανησυχώ	if you are worried , you are thinking about problems or about something bad that might happen	worried sick worried about something	<i>he still wasn't home at midnight and I was worried sick (extremely worried) I'm worried about my exams the guide was great, so I wasn't worried</i>	Verb: <i>worry</i> Noun: <i>worry</i> Adjective: <i>worrying</i>
pp 146-147	POS	Pronunciation		Definition	Collocates	Examples	Word family

alley	Noun	/ˈæli/	στενό, σοκάκι	an alley is a short narrow passage between buildings in a town or city		<i>a small alley on the left led to the canal there's an alley running along behind these houses I didn't like walking down that dark alley alone at night the alley was too narrow for the police car to go down</i>	
boar	Noun	/bɔː(r)/	αγριογούρουνο, κάπρος	a boar is a wild pig		<i>they liked to hunt wild boar we saw a boar in the woods the boar turned and ran away when he saw us</i>	
bold	Adjective	/bəʊld/	τολμηρός	a person or animal that is bold does things in a very confident way that shows they are not afraid		<i>these pigeons are quite bold and will come right up to you his grandmother thought he was far too bold and needed to be more careful it was very bold of him to ask for another pay rise</i>	Adverb: <i>boldly</i> Noun: <i>boldness</i>
coyote	Noun	/kɔɪˈəʊti/	κογιότ	a coyote is a sort of dog that looks like a small wolf and lives in North America		<i>coyotes sometimes kill foxes small to medium size mammals such as rabbits and coyotes</i>	
discarded	Adjective	/dɪsˈkɑːdɪd/	πεταμένος	something that is discarded has been left somewhere or thrown away because it is no longer needed or wanted		<i>discarded electrical or electronic devices a discarded plastic water bottle the oceans now have a huge amount of discarded plastic in them</i>	Verb: <i>discard</i>
extinction	Noun	/ɪkˈstɪŋkʃ(ə)n/	εξαφάνιση	if a type of animal or plant is extinct , it no longer exists anywhere in the world. Extinction is the fact of a particular animal or plant no longer existing	face extinction	<i>they're on the verge of extinction (almost extinct) these bears are facing extinction (are at risk of becoming extinct) the extinction of the dinosaurs efforts to save the species from extinction</i>	Adjective: <i>extinct</i>
falcon	Noun	/ˈfɔːlkən/	γεράκι	a falcon is a bird that hunts and kills other animals for food		<i>falcons' eggs have very thin shells the Peregrine is a large and powerful falcon</i>	
get a move on	Phrase	/ɡet ə muːv ɒn/	ας βιαστούμε, καλύτερα να πηγαίνουμε	if you tell someone to get a move on , you are telling them to hurry up		<i>get a move on or we'll be late it's time we got a move on. It's already ten o'clock if we get a move on we can still catch the early train</i>	
move	Verb	/muːv/	μετακινώ	if you move something, you take it from where it is and put it somewhere else		<i>we need to move the armchair I need some help moving the fridge let's move the table into the other room can you move your briefcase away from the door</i>	
move	Verb	/muːv/	συγκινώ	if something moves you, it makes you feel very emotional	move someone to tears	<i>the song moved her to tears (made here extremely emotional) if the story didn't move you, then you must have a heart of stone</i>	Adjective: <i>moving</i>
move in	Phrasal verb	/muːv ɪn/	μετακομίζω	if you move in , you bring all your things and start living in a house, flat, etc		<i>our new neighbours moved in last week my mum has moved in with us for a few months we should be able to move in next week they decided to move in together (both start living in the same place)</i>	
move off	Phrasal verb	/muːv ɒf/	φεύγω, απομακρύνομαι	if a vehicle moves off , it starts moving		<i>the car moved off before I could say goodbye to them the lights changed to green and we moved off again make sure you indicate and look behind you before you move off</i>	
move on	Phrasal verb	/muːv ɒn/	πάω παρακάτω, προχωράω, ξεπερνώ	if you move on , you stop thinking or worrying about a particular problem or bad experience so that it does not influence you any more or have a bad effect on you		<i>it's a year since she died, and it's time for you to move on I've moved on now and I'm really enjoying my new job Dan has moved on, but Alec is still very upset sometimes, it's better to admit you were wrong and then just move on</i>	
move out	Phrasal verb	/muːv aʊt/	μετακομίζω	if you move out , you leave the place where you have been living in order to go and live somewhere else		<i>the children have moved out so there's just two of us in the house now we can't ask him to move out until he's got a job we thought we'd rented a flat, but the previous tenant refused to move out they had a huge row and two days later Sam moved out</i>	
move over	Phrasal verb	/muːv ˈəʊvə/	κουνιέμαι λίγο, μετακινούμαι, κάνω στην άκρη	if you move over , you move sideways a little to make room for someone or something else		<i>could you move over so I can sit down please? if you move over a little we can get another chair in even though I asked her politely, she refused to move over</i>	
swoop	Verb	/swuːp/	χιμώ, βουτώ, εφορμώ, βουτιά, εφόρμηση	if a bird swoops on something, it flies down quickly towards it from above	swoop on something swoop down	<i>the eagle swooped down towards the goat they can swoop on insects while still in the air a hawk swooped down and carried off a mouse</i>	
timid	Adjective	/ˈtɪmɪd/	ντροπαλός, συνεσταλμένος	a person or animal that is timid behaves very cautiously as if they are afraid of what might happen		<i>the cat was so timid it ran into the garden every time visitors came to the house a timid little child a timid man who always avoided arguments ad disagreements some dogs are quite fierce, while others are really timid</i>	Adverb: <i>timidly</i> Noun: <i>timidity</i>
tiptoe	Verb	/ˈtɪpˌtəʊ/	πατάω στις μύτες των ποδιών	if you tiptoe somewhere, you go there very quietly walking just on the front part of your feet		<i>I tiptoed to the top of the stairs I could hear her tiptoeing down the corridor the lecture had already started so I tiptoed in to a seat in the back row</i>	Noun: <i>tiptoe</i>
pp 148-149	POS	Pronunciation		Definition	Collocates	Examples	Word family
discriminate	Verb	/dɪˈskrɪmɪneɪt/	κάνω διακρίσεις	to discriminate against someone means to deliberately and unfairly treat them worse than other people	discriminate against someone	<i>it's illegal to discriminate against people because of their religious beliefs the rules had to be changed because they discriminated against women</i>	Adjective: <i>discriminatory</i>

exempted	Adjective	/ɪɡˈzemptɪd/	εξαιρούμαι, απαλλάσσομαι	if you are exempted from doing something, you have permission not to do it	exempted from (doing) something	<i>residents are exempted from paying the charge farmers are exempted from inheritance tax as an MP he was exempted from military service</i>	Verb: <i>exempt</i> Adjective: <i>exempt</i>
objection	Noun	/əbˈdʒekʃ(ə)n/	ένσταση, αντίρρηση	an objection to a proposal or idea is a statement that expresses strong disagreement with it	raise an objection	<i>no objections had been raised so far the proposal was met with several hundred objections despite our objections, the chairman went ahead with the plan my chief objection is that it will cost far more than we can afford</i>	Verb: <i>object</i> Noun: <i>objector</i>
outskirts	Noun plural	/ˈaʊtˌskɜː(r)ts/	περίχωρα	the outskirts of a town or city are the areas around the edge and away from the centre		<i>the business moved to the outskirts of the city a small town on the outskirts of Bolton it was dark when we reached the outskirts of Edinburgh there was nothing of interest to see in the outskirts</i>	
sealed	Adjective	/siːld/	σφραγισμένος	a sealed container is tightly closed and it is not possible for anything or anyone to get in or out of it		<i>the jam will keep for months in a sealed jar the money was kept in a sealed envelope store it in a sealed container</i>	Verb: <i>seal</i>
will	Noun	/wɪl/	θέληση	someone's will is their desire and determination to do something once they have decided to do it, and their refusal to give up	against someone's will	<i>with sufficient political will, the law could be changed very quickly it was a battle of wills that Connie was determined to win she'd always had a strong will and wasn't going to let the accident stop her from continuing he was taken to hospital against his will</i>	

pp 150-151	POS	Pronunciation		Definition	Collocates	Examples	Word family
cursed	Adjective	/kɜː(r)st/	καταραμένος, ματιασμένος	if someone is cursed , they are always having bad luck	be cursed with something	<i>he was cursed with one illness after another last year we've been cursed with bad luck ever since we moved to this town it's going to rain again tomorrow – I think we must be cursed</i>	
dictate	Verb	/dɪkˈteɪt/	υπαγορεύω	if something dictates what you do, it controls or influences your actions		<i>the size of my pay increase will dictate whether we can have a holiday abroad this year or not new staff roles dictate new management structures the weather tends to dictate my moods</i>	
miraculously	Adverb	/mɪˈrækjʊləsli/	ως εκ θαύματος, από θαύμα	if something good happens miraculously , it actually happens even though people were afraid that it would not happen and that people would be hurt or things would be damaged		<i>he miraculously survived by holding onto a tree Isabella miraculously crawled out of the burning car miraculously, the demonstration went off without any violence</i>	Adjective: <i>miraculous</i> Noun: <i>miracle</i>
scope	Noun	/skəʊp/	πεδίο εφαρμογής, πλαίσιο	the scope of something is its range and the limits that are placed on it	limit/narrow/reduce the scope of something widen/broaden the scope of something outside/beyond the scope of something	<i>I didn't have an oven, which somewhat reduced the scope of my cooking they widened the scope of the investigation the chairman tried to limit the scope of the discussion a detailed account of the events is outside the scope of this article</i>	
yacht	Noun	/jɒt/	θαλαμηγός, σκάφος αναψυχής, γιότ	a yacht is a boat, either with sails or a motor, used for racing or for leisure		<i>they spent all summer on a yacht in the Mediterranean a 30 metre yacht the yacht has room for ten guests as well as the crew a luxury yacht can cost millions of pounds</i>	