

Grammar L1GLO7

Adverbs of Frequency

Learning Outcome 7: Adverbs of frequency

NOTICING A Look at a student's timetable and read the sentences about it. Answer the questions below.

Sunday	Monday	Tuesday	Wednesday	Thursday
lessons start: 8:00 a.m.	lessons start: 8:00 a.m.	lessons start: 9:00 a.m.	lessons start: 8:00 a.m.	lessons start: 8:00 a.m.
lunch in the cafeteria	lunch in the cafeteria	lunch in the cafeteria	lunch in the cafeteria	lunch in the cafeteria
go home: 2:00 p.m.	go home: 1:00 p.m.	go home: 1:00 p.m.	go home: 3:00 p.m.	go home: 1:00 p.m.
play football		play football		

1. The student always has lunch in the cafeteria.
2. The student usually has his first lesson at 8:00 a.m.
3. The student often goes home at 1:00 p.m.
4. The student sometimes plays football after school.
5. The student hardly ever goes home at 3:00 p.m.
6. The student never has lunch at home from Sunday to Thursday.

Which underlined word do you use for ...

- a. something you do many times? _____
- b. something you do 100% of the time? _____
- c. something you don't do very much? _____
- d. something you do nearly 100% of the time? _____
- e. something you don't do? _____
- f. something you do nearly not at all? _____

Adverbs of frequency

When you want to say how often you do something, you use words called adverbs of frequency.

You use different adverbs of frequency according to how often you do something. You use *always* for something you do 100% of the time, *never* for something you do 0% of the time and other words for frequencies between 0% and 100%.

You use adverbs of frequency after the verb *to be* and before all other verbs in a sentence.

B Complete the sentences with the correct adverbs of frequency.

1. I drive into the city center every morning.

I _____ drive into the city center in the morning.

2. We don't play any video games.

We _____ play video games.

3. I go to the library in the afternoon four days a week.

I _____ go to the library in the afternoon.

4. My sister is very busy from Sunday to Tuesday.

My sister is _____ very busy.

5. Our lessons only finish at 1:00 p.m. once every three weeks.

Our lessons _____ finish at 1:00 p.m.

C Make notes below about the things you do in a normal week at university.

Sunday	Monday	Tuesday	Wednesday	Thursday

D Work in pairs. Use your notes from exercise C to tell your partner about how often you do things.