A long time ago, there was a girl called Tender Flower. She lived in a village next to a big forest. Every day she walked her dog, Tic, in the forest.

'I know this forest so well,' she said.
'I can walk through it with my eyes closed.'

In winter, snow fell over Tender Flower's village. Snow covered the forest trails, but Tender Flower still walked in the forest every day.

One morning, Tender Flower heard the sounds of coughs and sneezes coming from inside the village homes.
Facts About Medicines

For thousands of years, people have used plants as medicines. A long time ago, people learnt that some plants helped heal cuts and bruises. Other plants helped people recover from colds and high temperatures. Today, plants are still used to make many medicines.

Many of the plants that people use for medicines today come from Earth’s rainforests. Rainforests are home to more than half of all types of plants on Earth. Scientists say that rainforest plants probably hold the key to many more important medicines.

But rainforests around the world are in danger. People are cutting down many rainforests. When this happens, important plants are lost forever. Without these plants, important medicines cannot be discovered. This is one important reason to protect Earth’s rainforests.

Quinine is a medicine that comes from a rainforest plant. It protects people from an illness called malaria. Before quinine, malaria killed many people around the world.

Rainforests are disappearing because people are cutting them down. People cut down rainforests to get the wood from the trees, to clear the land for farms and to build roads.