

Contents

	Reading	Vocabulary	Grammar	Listening	Speaking	Grammar	Use your English	Writing
1 Jump for joy p5	finding key information in the text; multiple choice with one text	emotions; personality	present simple and present continuous	identifying your reason for listening; multiple choice: one per text	answering personal questions; interview	present perfect simple and continuous	phrasal verbs; prepositions; completing gapped texts; open cloze	using the correct tone; planning your response; writing an informal letter / email
Live well, study well: resilience; positive and negative thinking								
2 Global culture? p17	eliminating 'almost right' answers; matching prompts to text	traditions and festivals	past simple and past continuous; <i>used to</i> and <i>would</i>	predicting content; complete the sentences	talking together; collaborative task	past simple and present perfect; <i>be used to</i> and <i>get used to</i>	phrasal verbs; collocations; sentence transformation	organising your ideas; planning before you write; writing an opinion essay
Video: Intercultural skills for turbulent times								
3 Role models p29	choosing the correct sentences; matching sentences to gaps	success and fame	past perfect simple and past perfect continuous	scanning statements while listening; matching prompts to spoken texts	comparing photos; photo description	past simple, past perfect simple and continuous	phrasal verbs; expressions; thinking about the missing words; open cloze	using the conventions of a story; using prompts; writing a story
Live well, study well: time management; procrastination								
4 City living p41	non-linear reading; matching prompts to texts	cities	future forms	eliminating incorrect answers; multiple choice: seven questions	expressing opinions; collaborative task	countable and uncountable nouns; quantifiers	collocations and expressions; choosing the correct word; multiple-choice cloze	engaging your reader; planning an article; writing an article
Video: Could biking in a city be bad for you?								
5 Emerging technologies p53	coping with technical vocabulary; multiple choice: two short texts	technology; compound nouns	modals of permission and obligation; modals of ability; modals of probability	choosing from pictures; multiple choice with picture options	discussion tasks; discussion	perfect modals	phrasal verbs; prepositions; noticing grammar structures; open cloze	deciding what language to use; including supporting points; writing an essay
Live well, study well: how we use technology; using technology positively								
6 Take it easy p65	identifying the purpose of a text; multiple choice with four texts	sports	the <i>-ing</i> form and infinitives	working out the missing information; complete the sentences	justifying opinions; collaborative task	question tags; indirect questions; negative questions	phrasal verbs; prepositions; collocations; focusing on what you know; sentence transformation	planning and organising a report; reporting information effectively; writing a report
Video: Will future robots and AI take over?								
7 Law and order p77	sentence stems; multiple-choice with one text	crime	the passive	listening for emotions, attitude, etc.; multiple choice: one per text	answering the follow-up question; photo description	causatives	prepositions; phrasal verbs; expressions; transforming the passive; sentence transformation	achieving your purpose; formal letter writing; writing a formal letter
Live well, study well: using your free time; the power of relaxation								
8 A changing world p89	analysing linking words in a text; matching sentences to gaps	the environment	conditionals	identifying function; matching prompts to spoken texts	dealing with disagreements; collaborative task	mixed conditionals; conditionals without <i>if</i>	phrasal verbs; collocations; identifying phrasal verbs; multiple-choice cloze	avoiding common mistakes; using a good range of language; writing an essay
Video: Causes and effects of climate change								
9 And what do you do? p101	identifying the writer's opinions and experiences; matching prompts to texts	jobs and work	relative clauses	focusing on the questions; multiple-choice: seven questions	organising your answer; solving a problem	reduced relative clauses; participle clauses	phrasal verbs; idioms; testing different word endings; word formation	presenting yourself in a positive light; exams vs. real life; writing a cover letter for a job application
Live well, study well: career first steps; coping with uncertainty								
10 Learn to learn p113	focusing on the correct part of a text; multiple choice with one text	education	reported speech	difficult words and phrases; complete the sentences	dealing with difficult questions; discussion	reporting verbs	phrasal verbs; word formation; guessing what comes next; sentence transformation	giving your opinions in an article; persuading and suggesting; writing an article
Video: Surrounded by monkeys								
11 Wish you were here? p125	working out meaning from context; multiple choice with one text	travel	comparative and superlative structures; <i>so</i> , <i>such</i> , <i>too</i> , <i>enough</i>	working with degree; multiple choice: seven questions	organising a long turn; photo description	gradable and ungradable adjectives and adverbs	phrasal verbs; collocations; forming adverbs; word formation	prompts and tenses; conveying emotions; writing a story
Live well, study well: resolving misunderstandings; assertiveness								
12 Fit for life p137	matching by tense and topic; matching sentences to gaps	health and fitness	wishes; other ways of talking about unreal situations	real-life listening; multiple choice: one per text	dealing with a difficult partner; discussion	negative inversion	phrasal verbs; health expressions; recognising grammar structures; multiple-choice cloze	using the right language; deciding what to write about; writing a review
Video: How solving this medical mystery saved lives								