



# Contents

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation	Listening	Reading	Critical thinking	Speaking	Writing	
<b>1</b> Lifestyle pages 9–20	simple present adverbs and expressions of frequency simple present and present continuous	everyday routines wordbuilding: collocations with <i>do</i> , <i>play</i> , and <i>go</i> word focus: <i>feel</i> medical problems	talking about illness	/s/, /z/, or /ɪz/ one or two syllables?		someone talking about a national park near a city a radio interview about long life	a quiz about how well you sleep an article about centenarians an article about how nature is good for you	giving examples	finding out about lifestyle your current life making a town healthier	text type: filling out a form writing skill: information on forms
VIDEO: Laughter yoga page 18 ► REVIEW page 20										
<b>2</b> Competitions pages 21–32	modal verbs for rules -ing form	sports wordbuilding: suffixes word focus: <i>like</i>	talking about interests	/ŋ/ silent letters		someone describing an Ironman competition three people talking about competitive sports in schools	an article about crazy competitions an article about female wrestlers in Bolivia	reading between the lines	explaining the rules of a sport or competition talking about your sports preferences your opinions about Olympic sports	text type: an ad writing skill: checking your writing
VIDEO: Mongolian horse racing page 30 ► REVIEW page 32										
<b>3</b> Transportation pages 33–44	comparatives and superlatives as... as comparative modifiers	ways of traveling transportation nouns wordbuilding: compound nouns transportation adjectives transportation verbs taking transportation	going on a trip	<i>than</i> sentence stress intonation		someone describing a photo two people discussing the pros and cons of different types of transportation a documentary about animal transportation	an article about solutions to transportation problems an article about the fate of the rickshaw in Kolkata, India	opinions for and against	talking about and comparing commutes advice on transportation a presentation about a pedicab company	text type: notes and messages writing skill: writing in note form
VIDEO: Indian Railways page 42 ► REVIEW page 44										
<b>4</b> Challenges pages 45–56	simple past past continuous and simple past	risks and challenges personal qualities wordbuilding: verbs and nouns	telling a story	/d/, /t/, or /ɪd/ <i>was</i> / <i>were</i> intonation for responding		a caver talking about his hobby a climber makes an impossible decision	an article about two adventurers an article about different types of challenges	looking for evidence	talking about your past events you remember giving tips or advice on the best ways to learn English	text type: a short story writing skill: structure your writing
VIDEO: A microadventure page 54 ► REVIEW page 56										
<b>5</b> The environment pages 57–68	quantifiers articles: <i>a</i> / <i>an</i> , <i>the</i> , or no article	materials recycling results and figures word focus: <i>take</i>	calling about an order	/ðə/ or /ði:/ sounding friendly		an excerpt from a documentary about a house made from recycled materials a news report about environmental projects	an article about e-waste an article about a boat made of plastic bottles	reading closely (part 1)	talking about recycling a general knowledge quiz changing attitudes and behaviors	a quiz text type: emails writing skill: formal words
VIDEO: Recycling Cairo page 66 ► REVIEW page 68										
<b>6</b> Stages of life pages 69–80	infinitive forms future forms: <i>going to</i> , <i>will</i> , and present continuous	life events describing age celebrations word focus: <i>get</i> wordbuilding: synonyms	inviting, accepting, and declining	/tə/ contractions emphasizing words		differences between the generations a news item about Mardi Gras	an article about how a couple changed their lives an article about how Mardi Gras is celebrated around the world an article about coming-of-age ceremonies	analyzing the writer's view	plan the trip of a lifetime planning a celebration describing annual events	text type: a description writing skill: descriptive adjectives
VIDEO: Steel drums page 78 ► REVIEW page 80										

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<b>7</b> Work pages 81–92	present perfect and simple past present perfect with <i>for</i> and <i>since</i> prepositions of place and movement	language to describe jobs wordbuilding: suffixes in job words parts of a building word focus: <i>make</i> or <i>do</i> job ads	a job interview	intrusive /w/		a woman talks about her job in a steel mill an interview with a scientist two people giving instructions	an article about new jobs in an area an article about modern-day cowboys	analyzing comparisons in a text	describing past experiences giving directions job satisfaction a job interview	text type: a résumé writing skill: leaving out words in résumés
VIDEO: My working life page 90 ► REVIEW page 92										
<b>8</b> Technology pages 93–104	zero and first conditionals defining relative clauses	internet verbs wordbuilding: dependent prepositions instructions	finding out how something works	linking		a documentary about the importance of technology a science program about an invention	an explorer's blog an article about biomimetics	the writer's sources	planning a trip important inventions design an invention for everyday life favorite technology	text type: a paragraph writing skill: connecting words
VIDEO: Ancient languages, modern technology page 102 ► REVIEW page 104										
<b>9</b> Vacations pages 105–116	past perfect subject questions	vacation collocations wordbuilding: <i>-ed</i> / <i>-ing</i> adjectives word focus: <i>place</i>	requesting and suggesting	'd number of syllables /tʃə/		three people talk about their vacations an interview with a tour guide	a vacation story an article about the two sides of Paris	the author's purpose	a story about a vacation planning a group vacation a presentation about a place you know well	text type: an email requesting information writing skill: formal expressions
VIDEO: Living in Venice page 114 ► REVIEW page 116										
<b>10</b> Products pages 117–128	the passive (simple present and simple past) <i>used to</i>	wordbuilding: word forms describing design websites	discussing opinions	stress in different word forms /s/ or /z/		a description of a producer and his products a radio program about a famous product from the past	an article about some famous logos an article about having less "stuff"	fact or opinion?	some famous products or brands talk about things you used to do in the past a presentation on having less "stuff" planning a new website	text type: a review writing skill: giving your opinion
VIDEO: Wind turbines page 126 ► REVIEW page 128										
<b>11</b> History pages 129–140	reported speech reporting verbs ( <i>say</i> and <i>tell</i> )	wordbuilding: verb + preposition communication ancient history word focus: <i>one</i>	giving a short presentation	pausing		a historian talking about Robert Falcon Scott's hut in Antarctica a news story about a message in a bottle	a timeline of video gaming an article about stealing historical objects	emotion words	planning a time capsule opinions about games reporting a message a museum in your town or city	a message in a bottle text type: a biography writing skill: punctuation in direct speech
VIDEO: The Golden Record page 138 ► REVIEW page 140										
<b>12</b> Nature pages 141–152	second conditional <i>anywhere, everyone, nobody, something, etc.</i>	extreme weather nature word focus: <i>start</i>	finding a solution	<i>would</i> / <i>wouldn't</i> / 'd		a description of the life of a storm chaser a documentary about a photographer	an article about a science blog an article about chimpanzee expert Jane Goodall	reading closely (part 2)	hopes and dreams questions with <i>any-</i> interview questions	text type: an article writing skill: planning an article
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