

1

# Who's Hungry?



A busy market,  
Chongqing, China

**A** Look at the photo. Read the sentences and write *T* (true) or *F* (false).

1. The woman is selling hot snacks. ☐
2. The people are at a restaurant. ☐
3. It's a hot and sunny day. ☐

**B** Work in pairs. Discuss.

1. What snacks do you like eating?
2. How often do you eat out with your friends or family?



A Listen and point. TR: 1.1



ketchup



milkshakes



noodles



pancakes



pasta



salad



sandwiches



soup



vegetables

B Listen and repeat. TR: 1.2

C Ask and say.

Do you like pasta?

Yes, I do! What about you?

I like noodles!



Mermaid snacks in a café, Thailand

A Listen and read. TR: 1.3

Count nouns

There's **a sandwich**.

There are **some noodles**.

There are **a lot of things** to eat.

There aren't **any milkshakes**.

Are there **any pancakes**?

Noncount nouns

There's **some juice**.

There's **some water**.

There's **a lot of ketchup**.

There isn't **any salad**.

Is there **any water**?

B Listen and chant. TR: 1.4

There's a snack bar down the street.

There are a lot of things to eat.

There isn't any salad,  
but that's OK.

There are noodles as a yummy treat.

There's some fruit juice for us all.

Some cheese sandwiches — big and small.

There aren't any milkshakes,  
but that's alright.

There are pancakes with lots of chocolate on top!

C Draw and ask.

Is there any salad in your refrigerator?

No, there isn't. Are there any eggs in your refrigerator?

Yes, there are. There are six.



**A** Look at the words. Listen and repeat.  TR: 1.5

cups   plates   straws   bottles   glass

**B** How are restaurants good and bad? Listen and read. 🎧 TR: 1.6

## Don't Waste Food . . . and Plastic!

Eating at restaurants is fun. You can spend time with family and friends. But eating in restaurants can be bad for the planet.

Food in restaurants is usually delicious. Many people ask for more food than they can eat. A lot of it goes into the trash. Farmers use 70 percent of the world's water to grow the world's food. So, wasting food is wasting water, too!

Some restaurants use a lot of plastic: **cups, plates, straws,** and **bottles,** too. This makes a lot of plastic trash. This trash often goes into rivers and oceans. It's very bad for wildlife and humans.

Next time you go to a restaurant, here are some ideas to try:

- Always ask: "Can I have a **glass** of water with no straw, please?"
- Don't ask for more food than you can eat.
- Don't ask for plastic knives and forks.

**C** Read again and complete.

bad   help   plastic   restaurants   straw   trash

Many people like going to <sup>1.</sup> \_\_\_\_\_ to eat. They often order too much food. This can be <sup>2.</sup> \_\_\_\_\_ for the planet. A lot of food goes into the <sup>3.</sup> \_\_\_\_\_.

Also, some restaurants use a lot of <sup>4</sup>. \_\_\_\_\_ that goes into rivers and oceans.

What can you do to <sup>5.</sup> \_\_\_\_\_? One thing is to ask for a glass of water with no <sup>6.</sup> \_\_\_\_\_.

**D** What can you do to help the planet?

## 10 UNIT 1

**A** Listen and read.  TR: 1.7

Can I have **a glass of** water, please?

Can I have **a bottle of** juice, please?

Can I have **a bowl of** rice, please?

Can I have **a plate of** pasta, please?

Can I have **a slice of** bread, please?

Can I have **a bag of** grapes, please?

**B** Listen. Complete the notes.  TR: 1.8

1. a bowl of soup

\_\_\_\_\_ of noodles

2. \_\_\_\_\_ of pasta

\_\_\_\_\_ of juice

3. \_\_\_\_\_ of pizza

\_\_\_\_\_ of salad

\_\_\_\_\_ of strawberry milkshake

 Ask and answer.

Can I help you?

Yes. Can I have a bowl of pasta, please? And a glass of pineapple juice?

Yes, of course. Here you are.

Thank you.

## Plastic garbage floating in the sea



# Lesson 5 Phonics

**A** Listen and say.  TR: 1.9



moon




blue




flute

**B** Listen. Say the sounds.  TR: 1.10

- n – oo – d – l – es      noodles
- ch – oo – se              choose
- bl – ue                      blue
- T – ue – s – d – ay      Tuesday
- r – ule – r                  ruler
- h – uge                     huge

**C** Write oo, ue, or u\_e. Listen and chant.  TR: 1.11

On T\_\_\_\_\_days I ch\_\_\_\_\_se n\_\_\_\_\_dles —  
h\_\_\_\_\_, bl\_\_\_\_\_, two-meter n\_\_\_\_\_dles.  
How do I know they’re two meters?  
My r\_\_\_\_\_r’s two meters,  
and so are my n\_\_\_\_\_dles!

**D** Write oo, ue, or u\_e. Say the words. Listen and repeat.  TR: 1.12



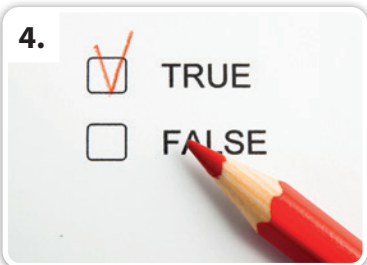
z\_\_\_\_\_



comp\_\_\_\_\_r



ball\_\_\_\_\_n



tr\_\_\_\_\_



bedr\_\_\_\_\_m



J\_\_\_\_\_

**E** Play Bingo! Choose and write nine words. Take turns to say the words.



Noodle-making show in Yunnan, China

- moon
- balloon
- spoon
- zoo
- blue
- true
- Tuesday
- ruler
- flute
- cube

Phonics

B

I

N

G

O




## Lesson 6 Song

**A** Listen, read, and write. 🎧 TR: 1.13

Welcome to the Huge, Crazy Snack Food Bar!  
Most restaurants are boring, but this one is fun.  
There are lots of crazy things to choose from.  
So can I have a green \_\_\_\_\_ with noodles and juice?  
And my friend wants blue \_\_\_\_\_ ...  
... with some lemonade \_\_\_\_\_ !

Welcome to the Huge, Crazy Snack Food Bar!  
Other restaurants are boring, but this one is cool.  
There are lots of crazy foods to choose from.  
So can I have a cheese smoothie with \_\_\_\_\_ and fruit?  
Then some dinosaur eggs ...  
... in a mango \_\_\_\_\_ ?

VALUE

Try new things.

**B** Listen and sing. 🎧 TR: 1.14 and 1.15

**C** Sing and rate. 🎧 TR: 1.16

Blue pancakes with  
blueberries and  
coconut chips

