


# Tales of survival

## UNIT 8



A bear shows its teeth to a man in a tree.

**Look at the photo. Discuss the questions.**

- 1 What's happening in this photo?
- 2 What do you think you would need to help you survive in this situation?
- 3 What do you think the man in the photo should do next?



1 Listen and read. TR: 56

An eleven-year-old boy called Josh Hopkins, from Nova Scotia in Canada, had a **frightening** experience when he **realized** he'd lost his way in the woods. His phone **battery** was nearly **dead**, but Josh was able to send one text message – to his mum.

Josh had a **horrible** time waiting, but help was on its way. His text message had given information about where he was and a team of people set off on an **expedition** to **search** for him, rescue him and bring him safely home. Night fell and it became very dark, so it was **hard** to see, but Josh had a good idea. The inside of his jacket was orange, so he turned it inside out and it helped the rescue team to find him.

After his adventure, Josh's advice to all explorers is: wear bright colours, make sure you **charge** your phone and tell someone where you're going.

2 Circle the correct answer.

- 1 It was scary for Josh when he realized / *charged* he did not know where he was.
- 2 The *expedition* / *battery* on Josh's phone was nearly *hard* / *dead*, so he couldn't use it.
- 3 When it was dark, it was *hard* / *horrible* to see. It was very *dead* / *frightening*.
- 4 In the future, Josh will always make sure he has *charged* / *searched* his phone.

3 Listen to the podcast about Ernest Shackleton's expedition. Number the events in the correct order.

TR: 57

- A Four and a half months later, the men on Elephant Island were rescued. They had all survived.
- B A boat was sent to rescue the three men.
- C The ship got trapped and Shackleton and the other men had to pull three lifeboats across the ice.
- D Ernest Shackleton set off on an expedition to try and cross Antarctica.
- E Shackleton and five other men had a frightening journey to South Georgia Island to find help.
- F Three men stayed behind while Shackleton and two others walked for 36 hours across high mountains to the other side of the island.
- G They arrived on Elephant Island, but there was no help there.

Shackleton and the men on his ship used ice and ropes to help guide them when it became dark.

1 Study the grammar box.

Past perfect affirmative statements **had + past participle**

We use the past perfect to talk about something that happened before another action or time in the past.

No one **had** ever **crossed** these mountains before.

After the men **had landed** safely, they ate dinner.

2 Read and circle the past perfect verbs.

The ship could not move as the water had frozen around it. The men started to pull the lifeboats across the ice. When they had all arrived on Elephant Island, Shackleton and five other men set off across the ocean to South Georgia. After they had landed, three men waited while Shackleton and two other men walked across the mountains to find help. By the time they had arrived on the other side of the island, they were able to send a boat to rescue the three men. When spring came, Shackleton went back to find the men on Elephant Island. He had not known what he would find, but luckily, all of the men had survived.

3 Complete the sentences with the verbs in brackets. Use the past perfect for the actions that happened first. Use the past simple for the actions that happened second.

- 1 After the men had pulled (pull) the lifeboats across the ice, they arrived (arrive) at the island.
- 2 They \_\_\_\_\_ (set off) for home after they \_\_\_\_\_ (rescue) everyone.
- 3 At the beginning of the expedition, the weather \_\_\_\_\_ (be) terrible, but later it \_\_\_\_\_ (improve).
- 4 After they \_\_\_\_\_ (rest) for twenty minutes, they \_\_\_\_\_ (start) walking again.
- 5 They \_\_\_\_\_ (camp) by a river after they \_\_\_\_\_ (cross) the desert.
- 6 After they \_\_\_\_\_ (eat) all their food, they \_\_\_\_\_ (want) to go home.

4 Work in pairs. Complete the sentences. Use the past perfect.

- 1 When we got to the cinema, we weren't hungry because \_\_\_\_\_.
- 2 By the time I got home yesterday, I was tired because \_\_\_\_\_.
- 3 By the time I finished my homework, \_\_\_\_\_.



# LESSON 3 Reading

1 Look at the photo and read the title of the text. Who's the woman in the photo? What do you think the text will be about?

2 Listen and read. TR: 58

## The kindness of strangers

Alison Wright has an exciting job. She's a photojournalist with National Geographic. She's been taking photos all over the world for many years, and she loves travelling. In fact, she was named a 2013 National Geographic Traveller of the Year.

Travelling is exciting, but sometimes it can be hard. Several years ago, Alison was in a horrible bus accident in Laos. A truck hit the bus and it caught fire. She was rescued by two tourists who pulled her out of the bus and took her to a nearby village. The people in the village looked after her as much as they could, but there weren't any doctors or medicine and she needed to get to a hospital. She was badly hurt. She had broken lots of bones, so she couldn't walk.

Fortunately, a **stranger** offered to help her. Alison hadn't met him before, but he drove her for eight hours to a hospital in Thailand where she was able to receive the **treatment** she needed. Slowly she started to recover.

Alison had a frightening experience and she almost didn't survive. She had a goal and this goal helped her to get better. Her goal was to climb Mount Kilimanjaro in Tanzania and just a few years after her accident, she did it!

Alison has never forgotten the **kindness** of the strangers who helped her. She says she's **alive** today because of the kindness of strangers.

**New words:** stranger treatment kindness alive

3 Read again. Write T (true) or F (false). Correct the false sentences.

- 1 Alison Wright is a doctor.
- 2 She was in an accident when she was travelling in Laos.
- 3 Some tourists helped her get out of the bus.
- 4 There were lots of doctors in the nearby village.
- 5 A friend drove her to a hospital.
- 6 Alison's goal was to climb a mountain in Thailand.
- 7 She says she survived the accident because of the kindness of strangers.

**VALUE** Be kind to others.

Workbook, Lesson 6

# Grammar LESSON 4

1 Study the grammar box.

### Past perfect: negative statements and questions

Alison **hadn't met** the man before.

**Where had** she **been** before she got to Thailand?

**Had** she **broken** any bones in the accident?

2 Complete the sentences with the verbs in brackets. Use the past perfect for the actions that happened first. Use the past simple for the actions that happened second.

- 1 I \_\_\_\_\_ (not / know) anything about Alison Wright before I \_\_\_\_\_ (read) the text.
- 2 It \_\_\_\_\_ (be) dark in the house, because his mum \_\_\_\_\_ (not / turn on) the lights.
- 3 She \_\_\_\_\_ (not / be) to Mexico before she \_\_\_\_\_ (visit) her friend Rosa there last summer.
- 4 He \_\_\_\_\_ (not / charge) his phone battery before he \_\_\_\_\_ (set off) on his journey.
- 5 I \_\_\_\_\_ (not / do) well in the exam, because I \_\_\_\_\_ (not / study).

3 Work in pairs. Ask each other questions. Use the past perfect, the words from the box and your own ideas.

Had you ... ?

study English	hear of Ernest Shackleton
ride a bike	eat pizza
climb a mountain	make pancakes
travel by plane	have a pet
learn to swim	

before you came to this school  
by the time you were seven years old

4 Tell the class about your partner.

By the time Elea was seven years old she'd ridden a bike. She hadn't travelled by plane.



# LESSON 5 Chant

1 Listen, read and repeat. TR: 59

2 Listen again. Act. TR: 60

3 Divide into five groups, one for each verse. Listen and chant in groups. TR: 61 and 62

## The story of Balto

- 1 A long time ago in Alaska,  
Young people were fighting for their lives.  
They didn't have any medicine,  
And they were worried they wouldn't survive.
- 2 The weather that winter was terrible,  
The water had frozen to ice.  
The journey to reach the young people  
Would take many days and nights.
- 3 Teams of dogs carried the medicine.  
Men showed them which way to go.  
By the time they reached the young people,  
They had run miles over ice and snow.
- 4 One of the dogs was called Balto.  
He did the last run in the dark.  
You can see him now in a statue  
In New York's Central Park.
- 5 So this is the story of Balto.  
I'm afraid he's no longer alive.  
He hadn't asked to be famous,  
But he helped many people survive!

The statue of Balto  
in Central Park in  
New York City, USA

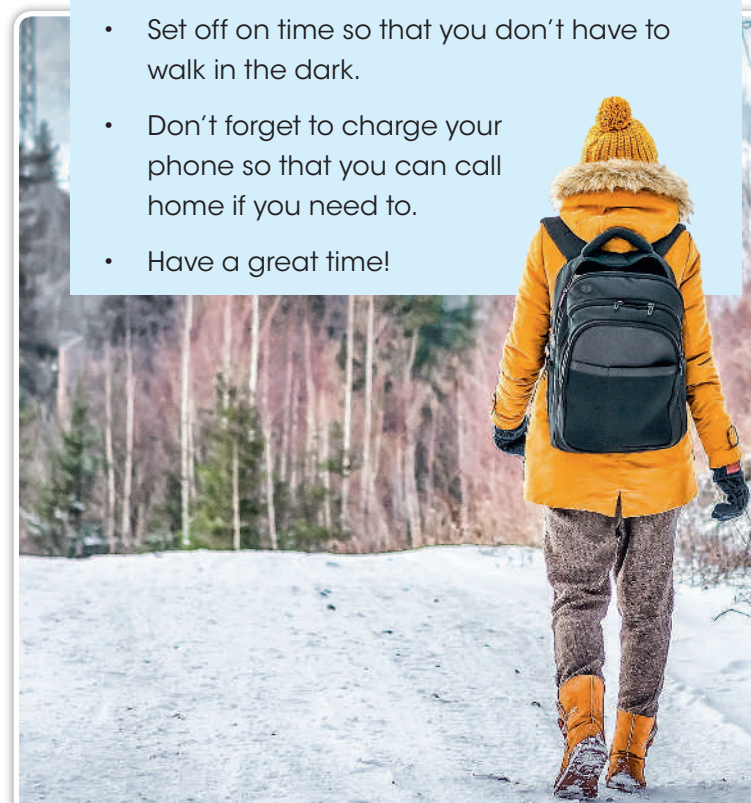
# Writing Survival tips LESSON 6

1 Read the survival tips. Then do steps 1 and 2.

- 1 Make a list of the things you need to wear or take with you.
- 2 Think of another tip to add to the list.

## Survival tips for hiking in the snow

- Wear warm clothes, such as a hat and thick socks.
- Don't forget to put on sun cream to protect your skin. (You can still burn even when it's cold and cloudy.)
- Wear sunglasses to protect your eyes. (The sun can damage your eyes even in the winter.)
- If possible, bring a hot drink.
- Bring lots of food so that you don't get hungry.
- Make sure you have a good thick sleeping bag if you're camping.
- Tell someone where you're going so that he/she can find you if something goes wrong.
- Set off on time so that you don't have to walk in the dark.
- Don't forget to charge your phone so that you can call home if you need to.
- Have a great time!



2 Read the information in the box. Then look at the survival tips and do steps 1 and 2.

Tips for survival – or for anything – need to be clear and easy to read. We use imperatives, for example:  
*Don't forget ... , Remember ... , Wear ... , Make sure ...*

It's also helpful to explain why people should do (or not do) something.

- 1 Circle the imperatives.
- 2 Some tips explain why you should follow the instruction. Underline these explanations.

3 Writing skills Giving reasons

a Read the information in the box. Then complete the sentences with **so that** or **to**.

We use **to** (*in order to*) to explain the purpose of something.

We use **so** or **so that** to explain what will happen (or won't happen) if people follow the instruction.

- 1 Wear a hat \_\_\_\_\_ keep your head warm.
- 2 Bring a map \_\_\_\_\_ find your route.
- 3 Set off early \_\_\_\_\_ you don't have to walk in the dark.

b Complete the sentences with your own ideas.

- 1 Take a mobile phone on your expedition so that \_\_\_\_\_.
- 2 Take some gloves to \_\_\_\_\_.
- 3 Don't forget to take some money so that \_\_\_\_\_.
- 4 Remember to take a camera to \_\_\_\_\_.

4 Think of a type of trip or activity, for example a walk in the hills or a judo class, and write survival tips.





**British adventurer Sarah Outen in her ocean rowing boat during her attempt to row alone across the Indian Ocean from Fremantle to Mauritius**

**1 Watch the video. Match the countries (1-3) with the people (A-C).** ▶ Video 10

- |                                      |                          |
|--------------------------------------|--------------------------|
| <input type="checkbox"/> 1 Brazil    | <b>A</b> Santiago Tito   |
| <input type="checkbox"/> 2 the UK    | <b>B</b> Amyr Khan Klink |
| <input type="checkbox"/> 3 Argentina | <b>C</b> Sarah Outen     |

**2 Watch the video again. Write T (true) or F (false). Correct the false sentences.** ▶ Video 10

- 1 Amyr Khan Klink travelled from Brazil to Argentina on a motorcycle.
- 2 His trip across the South Atlantic took 300 days.
- 3 He's travelled to Antarctica about 15 times.
- 4 Sarah Outen travelled around the world.
- 5 She rode her bicycle for part of the journey.
- 6 Santiago Tito made an expedition to the South Pole.
- 7 He made his expedition because he wanted to study penguins.

**3 Work in groups. Discuss the questions.**

- 1 Which information did you find most interesting and why?
- 2 Do you know of an expedition made by someone from your country? What's the person's name? What did he/she do?
- 3 If you could go anywhere on an expedition, where would you go and why?